

# The Way



## SAINT BRIGID — PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

### THE NATIVITY OF OUR LORD (CHRISTMAS) • 2021

[www.saintbrigidparish.org](http://www.saintbrigidparish.org) • 4735 Cass Street San Diego, CA 92109 • 858.483.3030

**OFFICE HOURS:** MONDAY–THURSDAY 8 am–7:30 pm, FRIDAY 8 am–4 pm, and SATURDAY 9 am–1 pm  
**MASSES:** SUNDAY 7:30, 9, 11 am, and 5:30 pm SATURDAY 5:30 pm (Vigil) DAILY 7:30 am (Monday–Saturday)  
**RECONCILIATION:** SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

# WELCOME, Merry Christmas!

On this holy day when Christ comes to us once again, we wish to extend a special welcome to each and every one of you. Today and every day, you are most certainly welcome here at Saint Brigid Parish.

Some of you are here with family and friends, or you may be visiting this Christmas, or you may have come by yourself. Either way, Christ has come for you and you are welcome here. Have you had a particularly difficult year, or has it been a good year, or have you only been able to scrape by? Lonely, afraid, or full of joy, either way, Christ has come for you and you are welcome here. Single, married, divorced, widowed, gay or straight, young or old, rich or poor, disabled, employed or looking for work, Christ has come for you and you are welcome here. Are you new here? Are you from another faith tradition? Has it been some time since you have felt welcomed in this church? Or are you a familiar face in the assembly? Wherever you are on life's journey, please know that Christ has come to you and for you. You are welcome here today and every day. It is the unity in our diversity that builds up the Body of Jesus Christ and makes us whole. It is together that we walk in the joyful hope of our Savior. Welcome.

We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be.



## Clergy Corner Father Steve Callahan



Dear Friends,

The great joy of the Christmas mystery we celebrate is that we don't have to find our way to God. God comes to us in His Son Jesus! He comes to us as we are, not as we would like to be. He comes to us especially in our weakness, our woundedness, our brokenness. And so our hearts rejoice as we hear once again the glad tidings the angel of the Lord announced to the shepherds on a cold wintry night some two thousand years ago: "Today in the city of David a savior has been born for you who is Christ and Lord."

As disciples of the Lord we are called to be a people of joy, a joy that is a gift of the Spirit, a joy that is the fruit of faith and an outpouring of love that overflows our hearts. It is a joy that the world cannot give, a joy that is found only when we welcome Jesus into our hearts and let His love transform our lives.

As disciples of the Lord we recognize and celebrate that the risen Lord not only sits at the right hand of the Father, but also dwells now in every human heart in the same Holy Spirit who raised Jesus from the dead.

It is in light of that faith and joy that we welcome everyone who comes to celebrate with us the Christmas mystery, whether on Christmas Eve or Christmas morning. For whenever we come together as people of faith, the Lord is present in our midst. Merry Christmas!

Sincerely yours in Christ,

Father Steve Callahan

# FIND COMMUNITY WITH US!



## RECURRING EVENTS

### Sunday

Children's Liturgy of the Word  
9 am Mass  
Healing Prayer Time (1st)  
10-11 am JPll Room

### Monday

Catholic in Recovery Men's Group  
7 pm Bride's Room  
Neighbors in Need (2nd and 4th)  
6 pm Parish Hall  
Shifts begin at 3:30 pm  
Centering Prayer  
JPll Room 6-7 pm

### Tuesday

Catholic Charities Food Distribution  
9:30 am-12:30 pm  
Centering Prayer  
4-5 pm (virtual)  
High School Youth Group  
6-7:45 pm Lounge

### Wednesday

Centering Prayer  
4-5 pm (virtual)  
Senior Wednesdays  
11:30-4 pm Bay Room  
Young Adults Bible Study  
7-9 pm Ministry Center

### Thursday

Eucharistic Adoration  
8 am-8 pm  
Centering Prayer  
4-5 pm (virtual)  
Senior Wednesdays  
11:30-4 pm Bay Room  
Young Adults Bible Study  
7-9 pm Ministry Center

### Friday

Friday Morning Walks  
9:30-11 am  
nightWATCH (3rd)  
7-8:30 pm Church

### Saturday

Reconciliation  
4-5 pm

Scan for  
Parish Calendar



## YOU'RE INVITED

**Saint Brigid Parish, affectionately called "St. B's," is well known for its vibrant communities. Many people find, friends, support, service opportunities, faith, and even home here! We welcome you to join our many communities, spanning all ages and stages:**

- **GIFT (Growing in Faith Together)**  
Kids and Families gather monthly to experience and grow in faith formation as a parish family.
- **Youth Ministry**  
High school teens, grades 9-12, gather for weekly Youth Group sessions and seasonal social events.
- **Young Adults**  
Adults in their 20s & 30s meet for weekly Scripture reflection and an array of events to meet new people and grow in faith.
- **Adults**  
Gather with adults of all ages at our Connection to Christ small groups, Theology Uncorked, and other formation events, service opportunities, support groups, and socials.
- **Senior Scene**  
Meet other parish seniors at our monthly Senior Luncheons and check the bulletin board outside the Bay Room for more Senior Scene events.
- **San Diego Catholic Adult Community**  
Meet Adults of all ages from across the Diocese of San Diego through spiritual, social, and service activities.

### INTERESTED IN BECOMING A MEMBER?

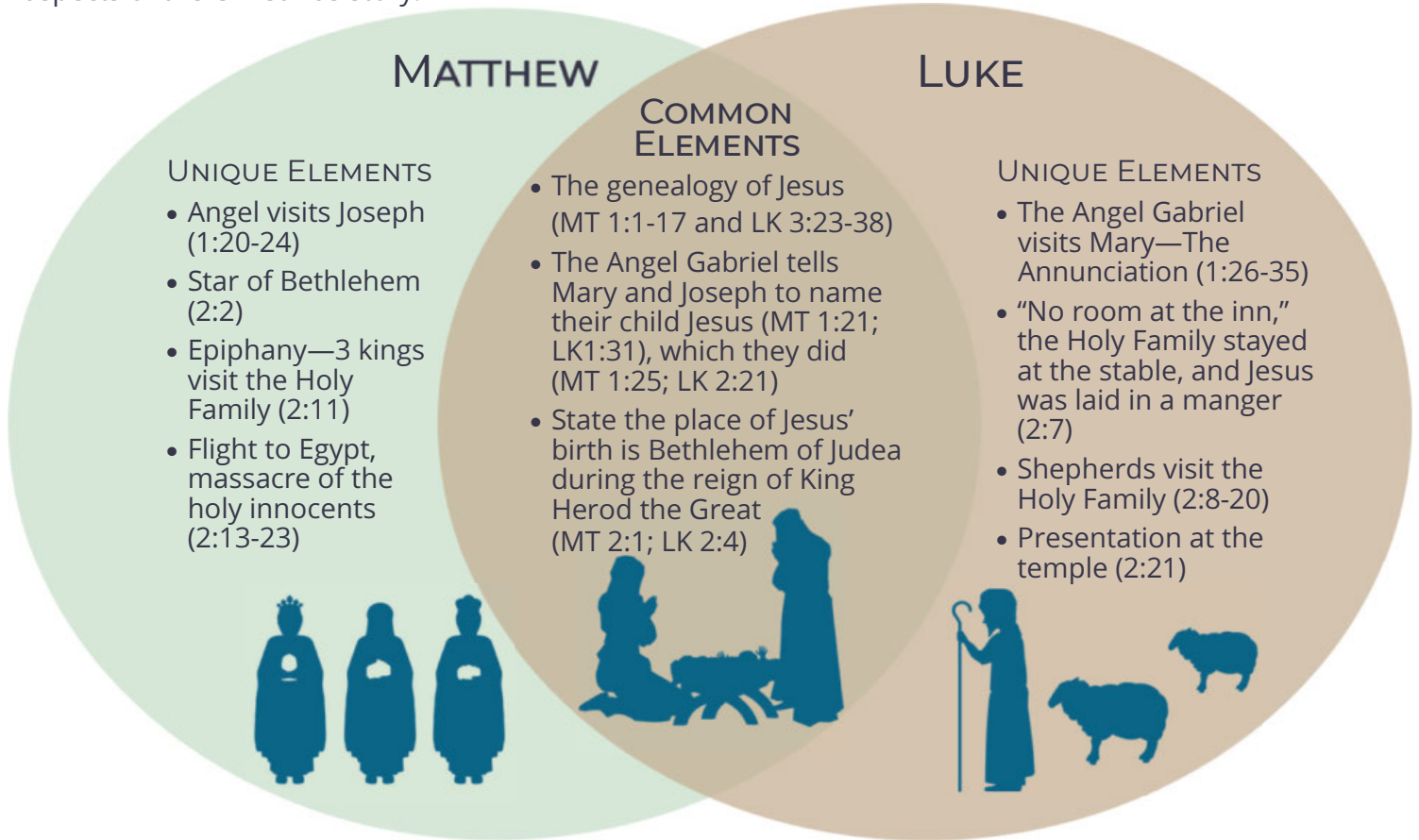
If you are looking for a parish home, St. B's might be the place for you!

We'd love to meet with you to learn a bit about you, find out how we can support you on your journey, and help you get plugged into parish life. Fill out a Connect Card in the pew or visit [saintbrigidparish.org/membership](http://saintbrigidparish.org/membership) to schedule a meeting.

# DID YOU KNOW?

## How we know the details of the Christmas story

Did you know that the Nativity story about the birth of Jesus is only found in two of the Gospels—Matthew and Luke? Their accounts have similarities and differences, because they were written for different audiences and at different times. Matthew’s Gospel was written in the late 70s–early 80s AD to share the Good News of Jesus with the Jewish population. Luke’s Gospel was written in the mid-80s AD, to bring the Good News of Jesus to the Gentiles (anyone outside of Jewish culture). While every aspect of the life of Jesus was important to Mark and John, the Christmas story might not have fallen under the theme or purpose for their Gospels. Mark’s Gospel was thought to be written in haste during a time of Christian persecution, and John’s gospel focused more on the divinity of Christ and less on His humanness. We hope you will look at the Nativity scene even more fondly now that you know the origins of the different aspects of the Christmas story!



## WEEKLY REFLECTION CARRY GOD’S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

<b>Sunday</b>	Luke 2:41-52	Feast of The Holy Family	<b>MASS INTENTIONS</b> Augusta and Dagmar Cayres † Patrick “Eddie” Simone † Ed Von Tobel † Luis Martinez † Luis Martinez † Thomas Schoettle, Sr. † † Indicates Deceased
<b>Monday</b>	John 20:1-8	Feast of St. John, Apostle	
<b>Tuesday</b>	Matthew 2:13-18	Feast of the Holy Innocents	
<b>Wednesday</b>	Luke 2:22-35	5th Day Octave of Christmas	
<b>Thursday</b>	Luke 2:36-40	6th Day Octave of Christmas	
<b>Friday</b>	John 1:1-18	7th Day Octave of Christmas	
<b>Saturday</b>	Luke 2:16-21	Mary ,the Mother of God	

### How can we pray for you?

You are welcome to submit any personal prayer requests at [saintbrigidparish.org/prayer-request](http://saintbrigidparish.org/prayer-request).

# GROWTH IN THE NEW YEAR

## life is *Messy*

### CHRISTMAS GIVE-AWAY & BOOK CLUB

**Have you made your new Year's resolutions yet?** We have a gift that can help transform your 2022! Stop by the church exits to receive your copy of *Life is Messy*, a new book by renowned and inspirational author Matthew Kelly.

Life is messy! We are all broken and wounded. This book is about putting our lives back together and allowing ourselves to be put back together when life doesn't turn out as we expected it to. Kelley shares how devastation in his own life led him to explore this question, "Can someone who has been broken be healed and become more beautiful and more loveable than ever before?" The answer will fill you with hope. There has never been a more urgent need for us to attend to what is happening within us. This is simply the right book at the right time!

Nothing helps us grow in wholeness and healing like sharing our journey with others. We invite you to make the most out of the book by discussing it with others at our upcoming Life is Messy Book Club. Visit [saintbrigidparish.org/book-club](http://saintbrigidparish.org/book-club) for registration and more information.

### 5-WEEK BOOK CLUB

Mondays

January 10–February 7

7–8:30 pm

Ministry Center



"There are some moments  
in our lives that are so pivotal that  
we never stop drawing on them  
for wisdom, courage, and direction."

## Unwrap Your Spiritual Gifts!



### CALLED & GIFTED

#### 5-WEEK SERIES

Starting January 20

6:30–8:30 pm

Bay Room

Charisms are spiritual gifts that help you to live a life of purpose and passion. What are your super powers? Come discover that and more!

Cost for materials: \$45. Pre-register today at [saintbrigidparish.org/charisms](http://saintbrigidparish.org/charisms) or email [maryanne@saintbrigidparish.org](mailto:maryanne@saintbrigidparish.org) for more information.

## Hallow

THE #1 CATHOLIC PRAYER  
& MEDITATION APP  
IS OUR GIFT TO YOU!

**We have partnered with Hallow to provide you free access to Hallow Plus, the premium version of their app, through Pentecost, June 5!**

The App includes over 3,000 audio-guided sessions designed to help you grow closer to God. To learn more and download the app today, simply scan the QR code or visit [hallow.com/holidaypackage](http://hallow.com/holidaypackage).



# CHRISTMAS ACTIVITIES

Get your crayons from a greeter or near any door.

ANGEL  
BAPTISM  
CENSUS  
CHRISTMAS  
EMMANUEL  
EPIPHANY  
FRANKINCENSE  
GABRIEL  
GOLD  
INN  
JESUS  
JOSEPH  
JOURNEY  
KINGHEROD  
LIGHT  
MANGER  
MARY  
MARY  
MESSIAH  
SHEPHERDS  
SONOFGOD  
STABLE

L G M Z M T R D F C X A H A Z L J C I R  
Q G J Q H A S C P B Q C K F U D O E M G  
E X O G Q H R W X B S J C S T E S S V N  
A S I G O L D Y W N K V O G E H E A F O  
C L N M S I T P A B E N R Y R Y P M H E  
M E H E L H T E B F O R A T S M H T Q P  
I J N E C R K U F F X S Y Z A I I S S I  
J P X S V N Y H G U R V M N Z N X I H P  
A S U I U W I O S D T B G K E N I R P H  
C I F L D S D K O F H E D W H Q E H T A  
R M L Z E U R R N A R H Y G X P A C X N  
X Z W E R G E T I A S H E P H E R D S Y  
E C T P I H N S V Y R P N G N D H O J I  
Q M V Y G R S A W P S F R E L B A T S J  
L S M N Z E B W I D X V U O J L S H U Q  
N R I A M N Y A B V A B O D R R R C S M  
D K T T N B B N G X D G J S K W V Z E X  
S P Y L B U W I S E M E N T C G X S J I  
S R G F O R E Z F M I U L X A B C Z X K  
D T G M X W V L G K E P C O V S Y S M R

Circle the one that is different.



## CHRISTMAS QUIZ

TRUE OR FALSE?

- 1) Christmas is the celebration of Jesus' birth.
- 2) The Angel Gabriel told Mary and Joseph to name their son Jesus.
- 3) The Christmas season is only 1 day long.
- 4) Jesus was actually born on December 25, 1 AD.
- 5) The name Emmanuel means "God with us."
- 6) The 3 Wise Men brought Jesus gifts of gold, patchouli, and chrisem.



Quiz Answers: 1) True 2) True 3) False—The Christmas Season lasts from Christmas Eve until the Feast of the Baptism of the Lord, which is three Sundays after Epiphany 4) False—The date of Christmas was determined based on the Winter Solstice. We celebrate Jesus' birth after the winter solstice to symbolize Light coming into the world 5) True 6) False—They gifted Jesus Gold, Frankincense, and Myrrh

# 12 DAYS OF CHRISTMAS?

When and how long is the Christmas season really? It does not actually begin until Christmas Day and continues until the Feast of the Baptism of the Lord (which falls on January 9 this year). The 12 Days of Christmas mark the days from Christmas Day until the Feast of the Epiphany—January 6, when we celebrate the Wise Men visiting Jesus and His parents in Bethlehem.

Legend has it that the song “The 12 Days of Christmas” was written to help young Catholics remember significant elements of our Faith. Next time you hear or sing this song, remember the beauty and joy of our faith, and thank God for allowing us to learn it in lighthearted ways!

The “true love” that gives each day’s gift in the song is God Himself, sharing His abundant love with us throughout the Christmas season.



**1**  
**Partridge in a pear tree:**  
Christ on the Cross, who sacrificed everything for everyone



**2**  
**Two turtle doves:**  
The Old and New Testaments of Scripture



**3**  
**Three French hens:**  
The Cardinal (primary) Virtues— Faith, Hope, and Love

**4**  
**Four calling birds:**  
The gospels/ evangelists— Matthew, Mark, Luke, and John—calling out the Good News



**5**  
**Five gold rings:**  
Gifts of great value, signifying the first 5 books of the Old Testament, where our faith's traditions began



**6**  
**Six geese a-laying:**  
The six days of creation, as described in Genesis



**7**  
**Seven swans a-swimming:**  
7 gifts of the Holy Spirit (Understanding, Knowledge, Counsel, Piety, Wisdom, Fortitude, and Awe of the Lord)



**8**  
**Eight maids a-milking:**  
The eight Beatitudes, given to us by Jesus in Scripture



**9**  
**Nine ladies dancing:**  
Fruits of the Holy Spirit (Love, Patience, Joy, Generosity, Peace, Kindness, Faithfulness, Gentleness, and Self Control)

**10**  
**Ten lords a-leaping:**  
The Ten Commandments (of course)



**11**  
**Eleven pipers piping:**  
The eleven apostles who were faithful to Jesus



**12**  
**Twelve drummers drumming:**  
The 12 points of our Faith, stated within the Apostles' Creed



**Color this page.**

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SERVE



NEIGHBORS IN NEED

2nd and 4th Mondays of the Month  
3-7:30 pm in the Parish Hall

Come help serve a hot meal and other necessities. Opportunities include: prepping, serving meals, set-up and clean-up, and clothing donations.

FOOD DISTRIBUTION & PANTRY

Tuesdays

9 am-12:30 pm in the Parking Lot

In collaboration with Catholic Charities of San Diego, we provide groceries to those in need.

SUNDAY EXPERIENCE

Saturday Vigil and all Sunday Masses

We want to ensure that everyone who comes to our parish feels at home and has a great experience! Serve as an usher, greeter, lector, Eucharistic minister, musician, or minister of hospitality, or help with set-up and clean-up.

Find out more about ways to serve at [saintbrigidparish.org/serve](http://saintbrigidparish.org/serve)



Putting mission in through

ACCOMPANYP

Our parish n... encounter, love, one another and the accompanying each other journeys. We know we are as you are, but and grow in

CONNECTION TO CHRIS

One of the best ways to exp... in a small group. That's w... have a small group compo... where our large church g... Fall the whole parish c... join these groups... deeper in their co... and others. Lo... signups in ea... saintbrigid... small-g

CARE AND SUPPORT



BEREAVEMENT AND GRIEF SUPPORT

Our Ministry of Consolation offers seasonal bereavement groups—**Seasons of Hope**. These 6-week Christ-centered groups are for anyone in need of support after the loss of a loved one. The next group begins on Thursday, January 13, 3:30-5 pm, in the Ministry Center.

DIVORCE SUPPORT

Our Divorce Support Ministry offers hope and healing. Whether you are separated, newly divorced, or have been divorced for a while, we are here for you. Join us for our upcoming gatherings: **10 Keys to Recovering from Divorce Workshop** on Thursday, January 20, and our 11-Week support group, **Recovering from Divorce: A Journey of Hope and Healing**, beginning Thursday, February 3. Both events are 7-8:30 pm in the Ministry Center.

CATHOLIC IN RECOVERY

In partnership with Catholic in Recovery, we offer support for those suffering from substance abuse addiction and other psychological dependencies and addictions.



Find hope and healing at [saintbrigidparish.org/care-and-support](http://saintbrigidparish.org/care-and-support)



PRAY

NIGHTWATCH

3rd Friday of the Month , 7-8:30 pm in the Church

nightWATCH is a time with Jesus in Eucharistic Adoration. Enter into the mystery of the Lord's presence and peace through personal prayer, music, and the beauty of our candlelit church.



HEALING PRAYER

1st Sunday of the month, 10 am in the John Paul II Room

Healing Prayer is an opportunity to have our prayer team members pray with you for whatever healing you need: physical, emotional, mental, or spiritual.

CENTERING PRAYER

Mondays, 6 pm in the John Paul II Room

Sometimes called the prayer of quiet, or resting in God, Centering Prayer brings healing, spiritual growth, and a deeper relationship with God.

Explore these and other ways to pray at [saintbrigidparish.org/pray](http://saintbrigidparish.org/pray)

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ANIMENT

mission is to  
and serve Jesus,  
world. We do this by  
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discipleship.

T (C2C) SMALL GROUPS

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community is invited to  
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arly February.  
[parish.org/](http://parish.org/)  
groups

COMMUNITIES



GIFT (GROWING IN FAITH TOGETHER)

Growing in faith is a lifelong process. GIFT events bring the whole family together for fellowship and exploring faith at every age and stage.

YOUNG ADULT MINISTRY

If you are in your 20s or 30s, our young adult community is the place for you! Whether you are single, engaged, or married, find community and grow in faith. Come join us on Wednesdays for weekly Scripture reflection and fellowship, 7-9 pm in the Ministry Center.



SAN DIEGO CAC

San Diego Catholic Adult Community (CAC) is a partnership of local parishes, providing spiritual and social activities for all adults of all ages—single, married, divorced, or widowed. A great way for Catholics to meet and share their faith.

Find the community that is right for you at [saintbrigidparish.org/communities](http://saintbrigidparish.org/communities)

**THE MASS** We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

## THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

### INTRODUCTORY RITE

*Please stand for the entrance and opening hymn.*  
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.  
And with your spirit.

### PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries  
I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

*Repeat after the priest:*

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

### GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### READINGS FROM SCRIPTURE

*Please sit to receive the Word of God.*

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm:

*Please repeat after cantor.*

Second Reading...The word of the Lord.

Thanks be to God.

### GOSPEL ACCLAMATION

*Please stand to receive the Gospel.*

Alleluia!

### GOSPEL

A reading from the holy Gospel according to ...  
Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

### HOMILY

*Please sit as we listen to a reflection from the clergy.*

### PROFESSION OF FAITH

*Please stand as we proclaim the creed together.*

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, \*and by the Holy Spirit was incarnate of the Virgin Mary, and became man. \*(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### UNIVERSAL PRAYER

*Please stand as we pray for our community, united with the entire Body of Christ.*

After each intention, repeat the response said by the reader.

**Cover Photo:** We recreate the Nativity scene in our homes and at church to commemorate the birth of the Savior of the world. The Three Wise Men are added on the Feast of the Epiphany. Although traditionally celebrated on January 6 (12 days after Christmas), Catholics in the United States have celebrated Epiphany on the first Sunday after January 1 since 1970.

## THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

### THE OFFERTORY

*As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.*

### PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

*Please stand and reply:*

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

### EUCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

### HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

*Please kneel in reverence for Christ coming in His Eucharist.*

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

### THE GREAT AMEN

Amen.

### COMMUNION RITE

*Please stand as we pray together.*

### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever. Amen.

## THE SIGN OF PEACE

The peace of the Lord be with you always.

**And with your spirit.**

Let us offer each other the sign of peace.

*At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.*

### LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

*Please kneel as we prepare to receive the Body of Christ.*

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

### COMMUNION

*Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.*

### CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

## MASS READINGS

### The Nativity of the Lord (Christmas)

First Reading	Isaiah 9:1-6
Psalm	Psalm 96:1-3,11-13
Second Reading	Titus 2:11-14
Gospel	Luke 2:11-14

### December 26: Feast of the Holy Family of Jesus, Mary, and Joseph

First Reading	1 Samuel 1:20-22, 24-28
Psalm	Psalm 84:2-3,5-6,9-10
Second Reading	1 John 3:1-2, 21-24
Gospel	Luke 2:41-52



For weekly readings, visit [saintbrigidparish.org/weekly-readings](http://saintbrigidparish.org/weekly-readings)

# SACRAMENTS—A PASSAGE TO THE SACRED

DID YOU KNOW THE SEVEN SACRAMENTS MARK IMPORTANT MOMENTS OF THE CATHOLIC CHRISTIAN LIFE?



**BAPTISM**—Jesus was baptized and taught his Apostles to do likewise. Through Baptism we are freed from sin and reborn as children of God. We become members of the Body of Christ and share in the mission of the Church.

**RECONCILIATION**—Also known as Confession, this is a celebration of God’s merciful love. We are all in need of healing. Confession is not about punishment, but about making things right again.

**EUCCHARIST**—Often referred to as Communion, it is the source and summit of the Christian life. When we receive the Body and Blood of Jesus Christ we grow deeper in communion with God and in fellowship with one another.

**CONFIRMATION**—In Confirmation, we receive a special outpouring of the Holy Spirit and deepening of baptismal graces needed to grow as mature disciples of Jesus.

**MARRIAGE**—God’s love becomes present to the spouses in their total union and flows through them to their family and community.

**HOLY ORDERS**—Since the time of the Apostles, Christ has personally called forth men to dedicate their lives ministering in the service of the Church as priests or deacons.

**ANOINTING OF THE SICK**—The hoped-for effect is that, if it be God’s will, the person be physically healed of illness. Even if there is no physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit’s gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age.

**If you would like to learn more about becoming Catholic, preparing to receive a sacrament, or returning to the Church, we would love to meet with you!**

SACRAMENTS AND FORMATION

## SACRAMENTS OF INITIATION



### BAPTISM

Infants: Parents & Godparents attend orientation. Information:

[saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism). Adults: prepare in RCIA  
[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



### FIRST COMMUNION

Children: 2-year process (starting grade 1)  
[gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults: prepare in RCIA  
[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



### CONFIRMATION

Teens: 2-year process (starting grade 9)

[kayla@saintbrigidparish.org](mailto:kayla@saintbrigidparish.org)  
Adults: prepare in RCIA  
[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)

## SACRAMENTS OF HEALING



### RECONCILIATION

Saturdays 4–5 pm or by appointment.  
Preparation: Children, 2-year process (starting grade 1)  
[gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults, prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



### ANOINTING OF THE SICK

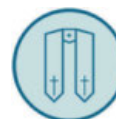
To Inquire about or request this sacrament, please call the parish office.  
858.483.3030

## SACRAMENTS OF VOCATION



### MATRIMONY

9-month accompaniment process.  
[saintbrigidparish.org/marriage](http://saintbrigidparish.org/marriage)  
[weddings@saintbrigidparish.org](mailto:weddings@saintbrigidparish.org)



### HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.  
[saintbrigidparish.org/holy-orders](http://saintbrigidparish.org/holy-orders)

# SAINT BRIGID PARISH CONTACTS

## CLERGY



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Pastor

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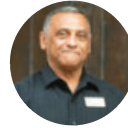
Katie  
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7:30 am

kcavallomusic@gmail.com



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Grounds

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Foley  
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5:30 pm

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Ministries & Media  
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## WE'D LOVE TO GET TO KNOW YOU!

**Consider joining our parish family!** We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, or visit [saintbrigidparish.org/membership](http://saintbrigidparish.org/membership).



**Safe in Our Diocese**—The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit [safeinourdiocese.org/](http://safeinourdiocese.org/) for more information.

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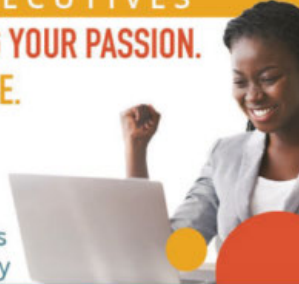
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# WE LOOK FORWARD TO SEEING YOU AGAIN SOON!

DEC 25– JAN 2 **Merry Christmas!**  
 The Parish Office is closed from Christmas to New Year's Day. We wish you and your family peace and joy this season.

JAN 1 9 am **Mass—The Solemnity of the Blessed Virgin Mary, the Mother of God**  
 Start off the new year by joining us for Mass on this feast celebrating Mary's motherhood.

JAN 1 AND 2 **The Epiphany of the Lord—Come get Your House Blessing Kit!**  
 Pick up blessed chalk and a prayer card to bless your homes for the New Year. This is a great opportunity to bring your faith home!

## SAVE THE DATE!



**Saturday, January 8, 7 pm**  
**Hilton Garden Inn Del Mar**  
**Early Pricing: \$35**  
 Young Adults,  
 Adult Community  
 Active 60s+



Cocktail Attire, DJ Music,  
 Appetizers, No Host Bar  
[sandiegocac.org/epiphany](http://sandiegocac.org/epiphany)



**VACATION BIBLE SCHOOL**  
**Monday-Friday**  
**July 18-22**

VBS is offered for ages 3 through 6th grade; there are leader and helper roles for 7th-12th grade and adults. [saintbrigidparish.org/vbs](http://saintbrigidparish.org/vbs)

*Ash Wednesday*

MARCH 2  
 JOIN US FOR MASS!  
**7:30 am, 12, 5:30,  
 and 7:30 pm**




**St. Brigid's Feast Day**  
**Celebration**  
**Saturday, January 30**  
 Fun for all ages!




**MONTHLY SENIOR LUNCHEON**  
*Celebrating the New Year & Epiphany!*  
 Wednesday, January 5, at 12 pm  
 Parish Hall, \$5 at the Door  
 RSVP by January 3 to 858.483.3030



**THE SAN DIEGO SYMPHONY**  
**is coming to our parish!**  
**Saturday, February 19**  
**11 am and 12:30 pm**  
 Tickets available beginning in January.

**CONNECTION TO CHRIST**  
**SMALL GROUPS FOR LENT**  
**Beginning the Week of February 28**  
 Are you looking to meet new people? Are you searching for other ways to grow in faith? Beyond Mass, life at St. B's revolves around our C2C small groups where we like to say our large church gets small. Stay tuned—join in February!



Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. You may easily give online by scanning the QR code, visiting [saintbrigidparish.org/e-giving](http://saintbrigidparish.org/e-giving), or texting LoveOneAnother to 800.950.9952. Thank you!

