

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

THE EPIPHANY OF THE LORD • WEEK OF JANUARY 2, 2022

saintbrigidparish.org 4735 Cass Street San Diego, CA 92109 858.483.3030

MASSES: SATURDAY 5:30 pm, SUNDAY 7:30 am, 9 am (also livestreamed), 11 am, and 5:30 pm
DAILY 7:30 am (Monday-Saturday) EUCHARISTIC ADORATION: THURSDAYS 8 am-4 pm
RECONCILIATION: SATURDAYS 4-5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.



CLERGY CORNER Father Sebastian Bukenya

THE JOURNEY OF THE MAGI IS OUR JOURNEY!

There is a great deal to grab from the journey of the magi. These men went out in search of the light that had dawned on earth. They did not have a clear picture of where and how to move yet within their hearts, they were sure that something unique had happened.

These lines from Joyce Rupp capture the real meaning of Epiphany as it connects to the everyday Christian journey:

Epiphany (Mathew 2:1-12)

*they listened deep inside,
far into darkness
where even a tiny bit of light
seemed like sunburst in the heart.
they pondered the silent music
that echoed in their silent prayer:
"Go. Search. Look. Follow. Find."
a journey without precedent,
adventure wrought with risk,
a time of travel filled with faith.
they went lovingly, eagerly
into the night of their lives,
trusting they would find the way.
they paused to inquire, to study,
they went on in faith, patiently,
following with the hearts' eye,*

*and "the sight of the star
filled them with delight."
a journey not in vain,
a patient search rewarded,
their steady courage in the unknown
led them to their heart's delight,
they found the long-sought One,
waiting to be found,
longing to be discovered,
as they traveled the far stretches
of their long and hidden night.*

—Joyce Rupp

This is what the Christian journey is about. To move on towards the unknown encountering hurdles of all kinds. On the journey we accept to die every day yet not giving up until we come to the finish. May our celebration of this Epiphany rekindle the fire in our hearts so as not to give up.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Matthew 2:1-12	The Epiphany of the Lord	MASS INTENTIONS
Monday	Matthew 4:12-17,23-25	The Most Holy Name of Jesus	Luis Martinez †
Tuesday	Mark 6:34-44	St. Elizabeth Ann Seton	Luis Martinez †
Wednesday	Mark 6:45-52	St. John Neumann	Reuben Hanshaw Jr. †
Thursday	Luke 4:14-22	St. Andre Bessette	Msgr. Van Veggel †
Friday	Luke 5:12-16	St. Raymond of Penyafort	Louis Jabbour †
Saturday	John 3:22-30	St. Thorfinn	Santa Rizzuto †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

GROWTH IN THE NEW YEAR

life is *Messy* NEW YEAR'S BOOK CLUB

Have you made your new Year's resolutions yet? We have a gift that can help transform your 2022! If you did not receive your copy of *Life is Messy*, a new book by renowned and inspirational author Matthew Kelly, please arrange to pick up a free copy at the parish office.

Life is messy! We are all broken and wounded. This book is about putting our lives back together and allowing ourselves to be put back together when life doesn't turn out as we expected it to. Kelley shares how devastation in his own life led him to explore this question, "Can someone who has been broken be healed and become more beautiful and more loveable than ever before?" The answer will fill you will hope. There has never been a more urgent need for us to attend to what is happening within us. This is simply the right book at the right time!

Nothing helps us grow in wholeness and healing like sharing our journey with others. We invite you to make the most out of the book by discussing it with others at our upcoming Life is Messy Book Club. Visit saintbrigidparish.org/book-club for registration and more information.

5-WEEK
BOOK CLUB

Mondays

January 10–February 7

7–8:30 pm

Ministry Center



"There are some moments
in our lives that are so pivotal that
we never stop drawing on them
for wisdom, courage, and direction."

Unwrap Your Spiritual Gifts!



CALLED & GIFTED

5-WEEK SERIES

Thursdays, 6:30–8:30 pm

Starting January 20

Bay Room

Cost for Materials: \$45

Did you know that God has given you spiritual gifts, known as charism? Come discover your unique gifts and learn how to live your life with passion and purpose!

Pre-register today at saintbrigidparish.org/charisms. For more information, contact Maryanne Russell at 858.483.3155 or maryanne@saintbrigidparish.org.

THE WAY OF A DISCIPLE

PRAYER—IT'S ABOUT RELATIONSHIP!

Many of us were taught from a young age how to “say” our prayers. We learned beautiful prayers that we could recite by heart and pray on our own and in community. We learned to thank God for our blessings and to turn to God in times of need. All these forms of prayer are good, but there is more!

A daily habit of personal prayer helps us find the “more.” It is about deepening our relationship with the One who loves us more than we can fathom. Just like a beloved family member or friend, we can share our joys, fears, and hopes with God. We can listen attentively to the voice of God speaking in the depths of our hearts. Sometimes we enjoy just being together without words at all!



The new year is a great time to give our personal prayer lives a tune-up. But how do we do that? First, we reflect on our current prayer habits. When, where, how, and why do we pray? Once we make an honest assessment, we can commit to some small changes that will make a big impact on our heartfelt knowledge and love of God. Here are some ideas for taking the next step:

- **When**—Commit to a daily prayer time. Many people do it first thing in the morning, but the key is to pick a time that works for you and stick with it. Mark it on your calendar. Make it a priority. Start with ten minutes and work your way up as you can.
- **Where**—Some people have a favorite prayer chair or room in their home. The important thing is to find a place where you can be alone with God without interruption. Once daily prayer becomes a habit, you may find it easy to go into your “inner chapel” just about anywhere!
- **How**—There is no right or wrong way to pray. You could begin by reflecting on a passage of Scripture, talking to God about a word or a phrase that stood out to you, and entering into silence with an open ear and an open heart.
- **Why**—Observe your motivation for prayer over time. You may notice a shift from “doing” (checking it off your to-do list) or “asking” (giving God your laundry list of things and people to fix), to simply “being” delighted to be in the presence of the One you love! The fruit of resting with the Lord is an abiding love, joy, and peace that spills out into the rest of your day—enabling you to bring God’s presence to all you encounter.

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT


Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

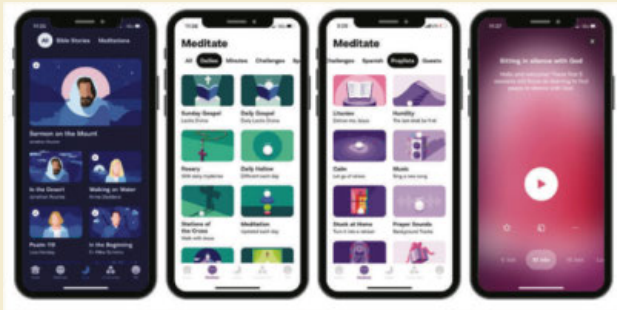
 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

RAMP UP YOUR 2022 PRAYER PRACTICE

Great News! We have partnered with Hallow to provide you free access to Hallow Plus, the premium version of their app, through Pentecost, June 5!

The app includes over 3,000 audio-guided sessions designed to help you grow closer to God.

To learn more and download the app today, visit hallow.com/holydaypackage, or scan the QR Code. When prompted to find your parish, enter "Saint Brigid Parish."



Hallow

THE #1 CATHOLIC PRAYER & MEDITATION APP IS OUR GIFT TO YOU!

A purple rectangular graphic with the Hallow logo at the top, followed by the text 'THE #1 CATHOLIC PRAYER & MEDITATION APP IS OUR GIFT TO YOU!' and a QR code at the bottom.

SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!

GET YOUR TICKETS!

EPIPHANY PARTY
January 8, 7-10 pm
Hilton Garden Inn Del Mar

Calling adults of all ages. Join us for an evening where our whole ministry celebrates together! Early pricing tickets are \$35 until January 6.

Visit sandiegocac.org for more information about all our upcoming events.

YOUNG ADULTS | ADULT COMMUNITY | ACTIVE 60S+

Epiphany Party

SATURDAY, JANUARY 8, 2022

7 PM
HILTON GARDEN INN - 3939 OCEAN BLUFF AVE.

Early Pricing - \$35/person
sandiegocac.org/epiphany

CAC

COCKTAIL ATTIRE | DJ MUSIC | APPETIZERS | NO HOST BAR

A dark blue poster with a gold star border. It features the text 'YOUNG ADULTS | ADULT COMMUNITY | ACTIVE 60S+' at the top, a large gold starburst graphic, and the title 'Epiphany Party' in a white script font. Below the title, it says 'SATURDAY, JANUARY 8, 2022' and '7 PM'. The location is 'HILTON GARDEN INN - 3939 OCEAN BLUFF AVE.'. It also mentions 'Early Pricing - \$35/person' and provides the website 'sandiegocac.org/epiphany'. At the bottom, it says 'CAC' and 'COCKTAIL ATTIRE | DJ MUSIC | APPETIZERS | NO HOST BAR'.

CARE & SUPPORT



BEREAVEMENT GROUP

SEASONS OF HOPE
6-WEEK SUPPORT GROUP
 Thursdays, beginning January 13
 3:30-5 pm, Ministry Center

Seasons of Hope is a Christ-centered grief support group for those in need of consolation after losing a loved one. Each session includes prayer, Scripture, faith-sharing, and fellowship.

For registration or more information, visit saintbrigidparish.org/bereavement.

DIVORCE SUPPORT

Are you separated or newly divorced? Have you been divorced for a while but are still in need of healing? Do you have questions about being divorced as a Catholic or annulments? You are not alone. Our Divorce Support Ministry is here to help and support you during this difficult time.

We invite you to one or both of our upcoming events:

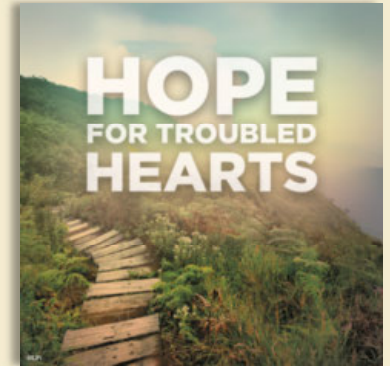
10 KEYS TO RECOVERING FROM DIVORCE WORKSHOP

Thursday, January 20
 7-8:30 pm, Ministry Center

11-WEEK SUPPORT GROUP

Thursdays, beginning February 10
 7-8:30 pm, Ministry Center

For registration or more information, visit saintbrigidparish.org/divorce.



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
 Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) kayla@saintbrigidparish.org
 Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
 Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

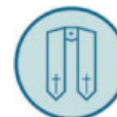
To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
Pastor

frsteve@saintbrigidparish.org



Father Sebastian Bukenya
Associate Pastor

frsebastian@saintbrigidparish.org



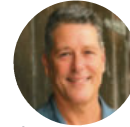
Deacon Mike Daniels

deaconmike@saintbrigidparish.org



Deacon Chris Hulburt

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Deacon Patrick McCay

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PARISH STAFF



Julie Colman
Connection to Christ and Evangelization

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Mary Lucena
Weddings

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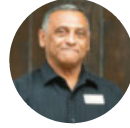
Katie Cavallo
Sunday
7:30 am

kcavallomusic@gmail.com



Noreen Domingo
Receptionist and Parishioner Engagement

noreen@saintbrigidparish.org



John Jay Owens
Grounds

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Tim Foley
Saturday Vigil
5:30 pm

858.344.3164



Greg Espinoza
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Maryanne Russell
Evangelization and Stewardship

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Julie Misleh
Parish Coordinator of Liturgical Music

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Business Manager

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Lauren Swain
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Nancy Wesseln
Adult and Senior Ministries

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Patrick Villa
Sunday Evening Mass

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Lee Hulburt
Baptism, Becoming Catholic, Funerals

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Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, or visit saintbrigidparish.org/membership.



Safe in Our Diocese—The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org/ for more information.

THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * Lord, every nation on earth will adore you.

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh. —Matthew 2:10-11

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

This Sunday's Readings:

First Reading	Isaiah 60:1-6
Psalm	Psalm 72:1-2,7-8,10-13
Second Reading	Ephesians 3:2-3,5-6
Gospel	Matthew 2:1-12



For weekly readings, visit saintbrigidparish.org/weekly-readings

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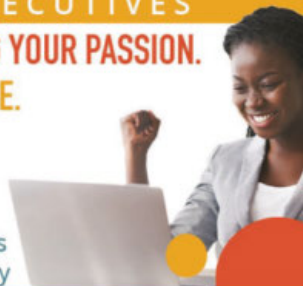
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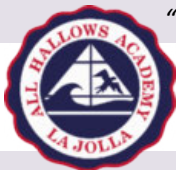
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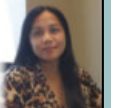
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OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



MONTHLY SENIOR LUNCHEON

*Celebrate the New Year
& Epiphany!*

See details below.

Monday
January 3
6-7 pm

In-Person Centering Prayer
John Paul II Room
Are you seeking a way to be healed, to find peace? Centering Prayer, also called the prayer of quiet, or resting in God, is designed to reduce the obstacles to an intimate personal relationship with God, and to promote personal healing and spiritual growth. Contact: Brian Curry, brian.curry77@gmail.com

Wednesday
January 5
12-2 pm

Monthly Senior Luncheon
Parish Hall
We welcome seniors to join us for our catered January Luncheon celebrating the New Year and Epiphany! Tickets are \$5 at the door. RSVP to the parish office by Monday, January 3, 858.483.3030.

WEDNESDAY
JANUARY 5
7-9 pm

Young Adult Bible Study
Ministry Center
Young Adults (single, engaged, or married in their 20s and 30s) are invited to join us as we read and discuss the upcoming Sunday readings. Contact: Scott and Jacqueline Weeman, 858.775.9722 or youngadults@saintbrigidparish.org

Saturday
January 8
10 am-12 pm

Young Adult Women's Brunch
Ministry Center
Join us for brunch, a reflection, some prayer, and fellowship. All women in their 20s and 30s are invited. Bring a small breakfast or brunch item to share. Contact Haley, 913.522.9507, for more info or simply just show up!



INFANT BAPTISM
ORIENTATION
January 11

6-7pm, via
Zoom
Scan to
register



CELEBRATING
ALL STAGES OF LIFE!

January 15, 8:30 am-12 pm

Waterfront Park
Info: sandiegowalkforlife.org

SAN DIEGO
WALK4LIFE



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
7 pm Bride's Room
Neighbors in Need (2nd and 4th)
6 pm Parish Hall
Shifts begin at 3:30 pm
Centering Prayer JP II Room, 6-7 pm

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm
Centering Prayer
4-5 pm (virtual)

Wednesday

Centering Prayer
4-5 pm (virtual)
Senior Wednesdays
11:30 am-4 pm Bay Room
Young Adults Bible Study
7-9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am-4 pm
C2C Spanish Group
10 am-12 pm Bay Room

Friday

Friday Morning Walks
9:30-11 am
nightWATCH
(3rd Fridays) 7-8:30 pm

Saturday

Reconciliation
4-5 pm

Scan for
Parish
Calendar



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