

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

THE BAPTISM OF THE LORD • WEEK OF JANUARY 9, 2022

saintbrigidparish.org 4735 Cass Street San Diego, CA 92109 858.483.3030

MASSES: SATURDAY 5:30 pm, SUNDAY 7:30 am, 9 am (also livestreamed), 11 am, and 5:30 pm
DAILY 7:30 am (Monday-Saturday) EUCHARISTIC ADORATION: THURSDAYS 8 am-4 pm
RECONCILIATION: SATURDAYS 4-5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Deacon Mike Daniels



CHRIST COMES TO THE RIVER

Imagine for a moment you come to confession on a Saturday afternoon, and standing in front of you in line is Jesus Christ himself. This image conveys something of the shock that John the Baptist must have felt when Christ approached him by the river.

The Son of God comes to the river not only as a man, but as if He were a wretched and sinful man. He is God, after all. Why is He repenting in public—as if the Lord were a thief among thieves, an adulterer among adulterers?

Our God—in His absolute perfection—not only joins the human race but identifies with us at our worst. Pope Benedict XVI said of that moment that Jesus “blends into the gray mass of sinners waiting on the banks of the Jordan.” Christ has come to the river that day to place Himself among sinners, to make Himself a penitent with us.

Thomas Merton, an American Catholic author of the twentieth century, once said: “Christ came on earth, not to wear the awful cold beauty of a holy statue, but to be numbered among the wicked, to die as one of them...If Christ is not really my brother with all my sorrows, with all my burdens on His shoulder and all my poverty and sadness in His heart, then there has been no redemption.”

What an amazing God we worship. Like those who stood with Jesus that day, we gather like a “gray mass of sinners,” all too aware of our faults. And every time, we find the Messiah, our sinless Redeemer, standing in our midst as one of us. Jesus coming to John for baptism demonstrates Jesus' solidarity with us; the Lord puts Himself in the place of sinners, identifying with us in a supreme gesture of compassion. How blessed we are to be followers of Jesus Christ! He totally gets us and loves us anyway.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday Luke 3:15-16, 21-22
 Monday Mark 1:14-20
 Tuesday Mark 1:21-28
 Wednesday Mark 1:29-39
 Thursday Mark 1:40-45
 Friday Mark 2:1-12
 Saturday Mark 2:13-17

St. Adrian
 St. Dermot
 St. Alexander
 St. Martin of Leon
 St. Elian
 St. Felix of Nola
 St. Paul the Hermit

MASS INTENTIONS
 Mr. Jabbour †
 Colleen and Stu Patton †
 Madeline Kerbage †
 Evelyne Von Tobel †
 Tom O'Connell †
 Eric Paul Schaaf †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

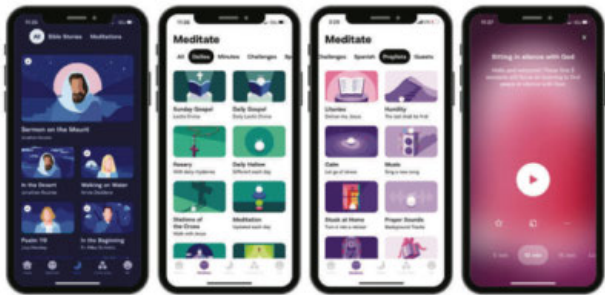
GROWTH IN THE NEW YEAR

RAMP UP YOUR 2022 PRAYER PRACTICE

Great News! We have partnered with Hallow to provide you free access to Hallow Plus, the premium version of their app, through Pentecost, June 5!

The app includes over 3,000 audio-guided sessions designed to help you grow closer to God.

To learn more and download the app today, visit hallow.com/holydaypackage or scan the QR Code. When prompted to find your parish, enter "Saint Brigid Parish."



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5-WEEK SERIES**

Thursdays, 6:30–8:30 pm
Beginning January 20
Bay Room
Cost for Materials: \$45

Did you know that God has given you spiritual gifts known as charisms? Come discover your unique gifts and learn how to live your life with passion and purpose!

Please pre-register by Wednesday, January 12 to saintbrigidparish.org/charisms.

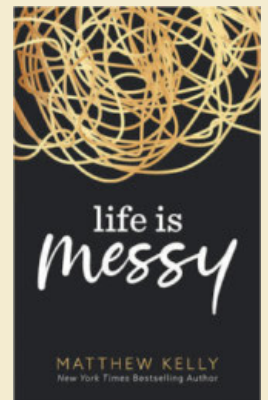
For more information, contact Maryanne Russell at 858.483.3155 or maryanne@saintbrigidparish.org.

life is *Messy*
BOOK GIVE-AWAY

If you did not receive your gift copy of *Life is Messy*, a new book by renowned and inspirational author Matthew Kelly, you may grab one from the baskets at the church exits this weekend.

Note: The Life is Messy Book Club that was due to start Monday, January 10 has been postponed.

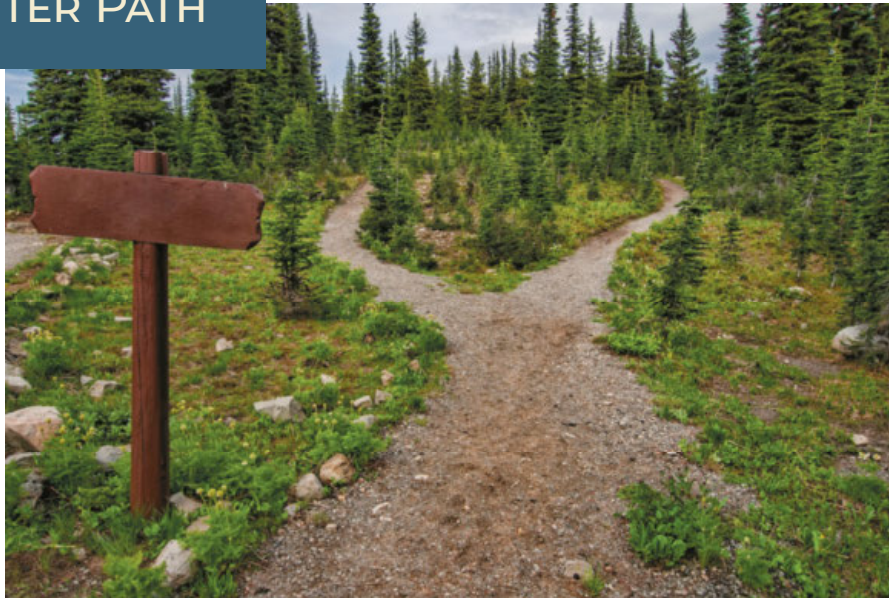
If you are interested in joining the group when the meetings commence, email julie@saintbrigidparish.org.



THE WAY OF A DISCIPLE

HOW TO CHOOSE THE BETTER PATH

We are faced with many decisions in our lives—big and small. Some of the most difficult choices involve discerning between two seemingly good things. We may be told to “pray about it,” but what does that mean? Here are some practical steps to try the next time you are faced with a decision.



- **Pray**—What decision are you facing that you feel God is inviting you to discern? Spend some time in prayer, trusting that God is with you, desires goodness in your life, and will guide you in the discernment process.
- **Gather Data**—Start with the facts. At this point, what do you know about your choices? Who else will be impacted and how? Write down your thoughts and feelings as you pray about your decision. Are you feeling joy, excitement, trepidation, uneasiness? These are clues. Are you sensing that one choice will bring more faith, hope, love, and peace than the other? Some tools to help with this process include: making a pros and cons list, imagining that you have already made the decision and pondering the outcome, or asking yourself what advice you would give a friend in a similar situation. You can even try imagining yourself on your deathbed and looking back at your life. Which choice do you think you would wish you had made?
- **Come to a Decision**—Are you ready to make a decision or is God inviting you to spend more time in prayer? If you feel that you have your decision, sit with it internally. Do you feel peace about it? If so, talk to a trusted friend, family member, or spiritual companion—someone who loves you and knows you well. Do they affirm your choice?
- **Act**—Once you are ready, make a commitment to act on your choice. What action step is God inviting you to take? Live into what God has made clear. As you do, check and see if the fruits are there. Is there an increase in faith, hope, love, joy, and peace? This is how the Holy Spirit helps us check. Continue to walk in prayer as you act on your discernment, trusting that God is with you and guiding you every step of the way.

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT


Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

CARE & SUPPORT



BEREAVEMENT GROUP

SEASONS OF HOPE

6-WEEK SUPPORT GROUP

Thursdays, beginning January 13
3:30–5 pm, Ministry Center

Seasons of Hope is a Christ-centered grief support group for those in need of consolation after losing a loved one. Each session includes prayer, Scripture, faith-sharing, and fellowship.

For registration or more information, visit saintbrigidparish.org/berereavement.

DIVORCE SUPPORT

Are you separated or newly divorced? Have you been divorced for a while but are still in need of healing? Do you have questions about being divorced as a Catholic or annulments? You are not alone. Our Divorce Support Ministry is here to help and support you during this difficult time.

We invite you to one or both of our upcoming events:

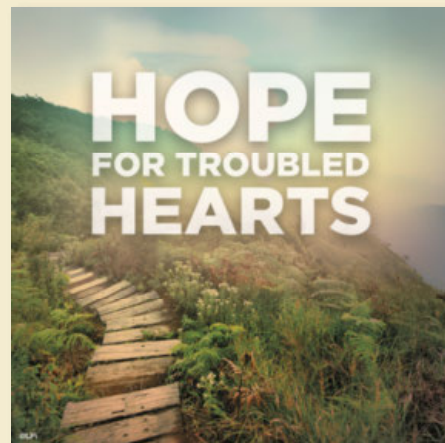
10 KEYS TO RECOVERING FROM DIVORCE WORKSHOP

Thursday, January 20
7–8:30 pm, Ministry Center

11-WEEK SUPPORT GROUP

Thursdays, beginning February 10
7–8:30 pm, Ministry Center

For registration or more information, visit saintbrigidparish.org/divorce.



SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!

ACTIVE 60S+ EVENTS

- **Faith and Belief**
Tuesday, January 11, 6:30–8 pm via Zoom
Once a month we take an article or topic for guided reflection and discussion. Wherever you are in your faith walk, join us! There is no homework or preparation. Contact warren@sandiegocac.org for Zoom link and more information.
- **Lake Murray Walk and Social**
Saturday, January 15, 9–11:30 am
All are invited to join us for a 40-minute social walk and then out to a local restaurant for breakfast. Meet at the boat rental and concession area. RSVP to Tricia at 619.300.3065 or eileen@sandiegocac.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY

DID YOU KNOW?

Baptism

Baptism is the first sacrament of Christian initiation. It incorporates us into the life of Christ and forms us into God's people. Baptism pardons all our sins, rescues us from the power of darkness, and brings us to the dignity of God's adopted children—a new creation—through water and the Holy Spirit.

We baptize because Jesus told us to "Go, therefore, and make disciples of all nations," He said, "baptizing them in the name of the Father, and of the Son, and of the Holy Spirit" (Matthew 28:19).

Baptism not only incorporates us into the life of Christ, but also into the Church. Through baptism, we are built up together in the Spirit into a house where God lives. Baptism is a sacramental bond of unity linking all who have been signed by it.

The Catholic Church recognizes the valid baptisms of all Christian denominations. Once baptism has been validly celebrated, it is forever complete and may not lawfully—and not ever—be repeated.

Would you like to learn more about baptism for yourself or your child? Visit saintbrigidparish.org/baptism or contact Lee Hulburt at lee@saintbrigidparish.org or 858.483.3030 x117.



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) kayla@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

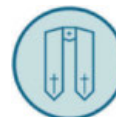
To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
Pastor

frsteve@saintbrigidparish.org



Father Sebastian Bukenya
Associate Pastor

frsebastian@saintbrigidparish.org



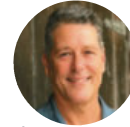
Deacon Mike Daniels

deaconmike@saintbrigidparish.org



Deacon Chris Hulburt

deaconchris@saintbrigidparish.org



Deacon Patrick McCay

deaconpatrick@saintbrigidparish.org

PARISH STAFF



Julie Colman
Connection to Christ and Evangelization

julie@saintbrigidparish.org



Mary Lucena
Weddings

weddings@saintbrigidparish.org



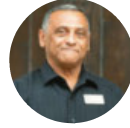
Katie Cavallo
Sunday 7:30 am

kcavallomusic@gmail.com



Noreen Domingo
Receptionist and Parishioner Engagement

noreen@saintbrigidparish.org



John Jay Owens
Grounds

johnjay@saintbrigidparish.org



Tim Foley
Saturday Vigil 5:30 pm

858.344.3164



Greg Espinoza
Maintenance

greg@saintbrigidparish.org



Maryanne Russell
Evangelization and Stewardship

maryanne@saintbrigidparish.org



Julie Misleh
Parish Coordinator of Liturgical Music

858.366.2060



Debbie Hedley
Business Manager

debbie@saintbrigidparish.org



Jacqueline and Scott Weeman
Young Adult Ministry

youngadults@saintbrigidparish.org



Lauren Swain
Sunday Evening Mass

858.483.3030



Gayle Heyman
Children's Faith Formation

gayle@saintbrigidparish.org



Nancy Wesseln
Adult and Senior Ministries

nancy@saintbrigidparish.org



Patrick Villa
Sunday Evening Mass

858.483.3030



Lee Hulburt
Baptism, Becoming Catholic, Funerals

lee@saintbrigidparish.org



Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, or visit saintbrigidparish.org/membership.



Safe in Our Diocese—The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * O bless the Lord, my soul.

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: ...heaven was opened and the Holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, "You are my beloved Son; with you I am well pleased." —Luke 3: 21-22

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

This Sunday's Readings:

First Reading Isaiah 40:1-5, 9-11

Psalm 104:1-2, 3-4, 24-25, 29-30

Second Reading Titus 2:11-14; 3:4-7

Gospel Luke 3:15-16, 21-22



For weekly readings, visit saintbrigidparish.org/weekly-readings

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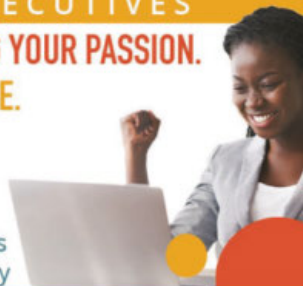
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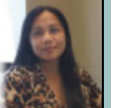
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A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
7 pm Bride's Room
Neighbors in Need (2nd and 4th)
6 pm Parish Hall
Shifts begin at 3:30 pm
Centering Prayer JP II Room, 6-7 pm

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm
Centering Prayer
4-5 pm (virtual)

Wednesday

Centering Prayer
4-5 pm (virtual)
Senior Wednesdays
11:30 am-4 pm Bay Room
Young Adults Bible Study
7-9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am-4 pm
C2C Spanish Group
10 am-12 pm Bay Room

Friday

Friday Morning Walks
9:30-11 am
nightWATCH
(3rd Fridays) 7-8:30 pm

Saturday

Reconciliation
4-5 pm

Scan for
Parish
Calendar



Monday
January 10
3:30-7 pm

Neighbors in Need

Parish Hall

We serve our Neighbors in Need on the 2nd and 4th Mondays of the month. Contact Mo at 858.270.5416 if you would like to help serve.

6-7 pm

In-Person Centering Prayer

John Paul II Room

Are you seeking a way to be healed, to find peace? Centering Prayer, also called the prayer of quiet, or resting in God, is designed to reduce the obstacles to an intimate personal relationship with God, and to promote personal healing and spiritual growth. Contact: Brian Curry, brian.curry77@gmail.com

TUESDAY
JANUARY 11
6-7 pm

Infant Baptism Orientation

Zoom

Parents and Godparents, if you are anticipating the birth of a child, want to pursue the Sacrament of Baptism for your child under age 7, or need preparation as a godparent, please register at saintbrigidparish.org/baptism. Contact: Lee, lee@saintbrigidparish.org.

WEDNESDAY
JANUARY 12
7-9 pm

Young Adult Bible Study

Ministry Center

Young Adults (single, engaged, or married in their 20s and 30s) are invited to join us as we read and discuss the upcoming Sunday readings. Contact: Scott and Jacqueline Weeman, 858.775.9722 or youngadults@saintbrigidparish.org

THURSDAY
JANUARY 13
3:30-5:45 pm

Seasons of Hope Bereavement Group

Ministry Center

See page 5 for info and registration.

SATURDAY
JANUARY 15
8:30 am-
12 pm

San Diego Walk 4 Life

Waterfront Park

Celebrating all stages of life!
Info: sandiegowalkforlife.org



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