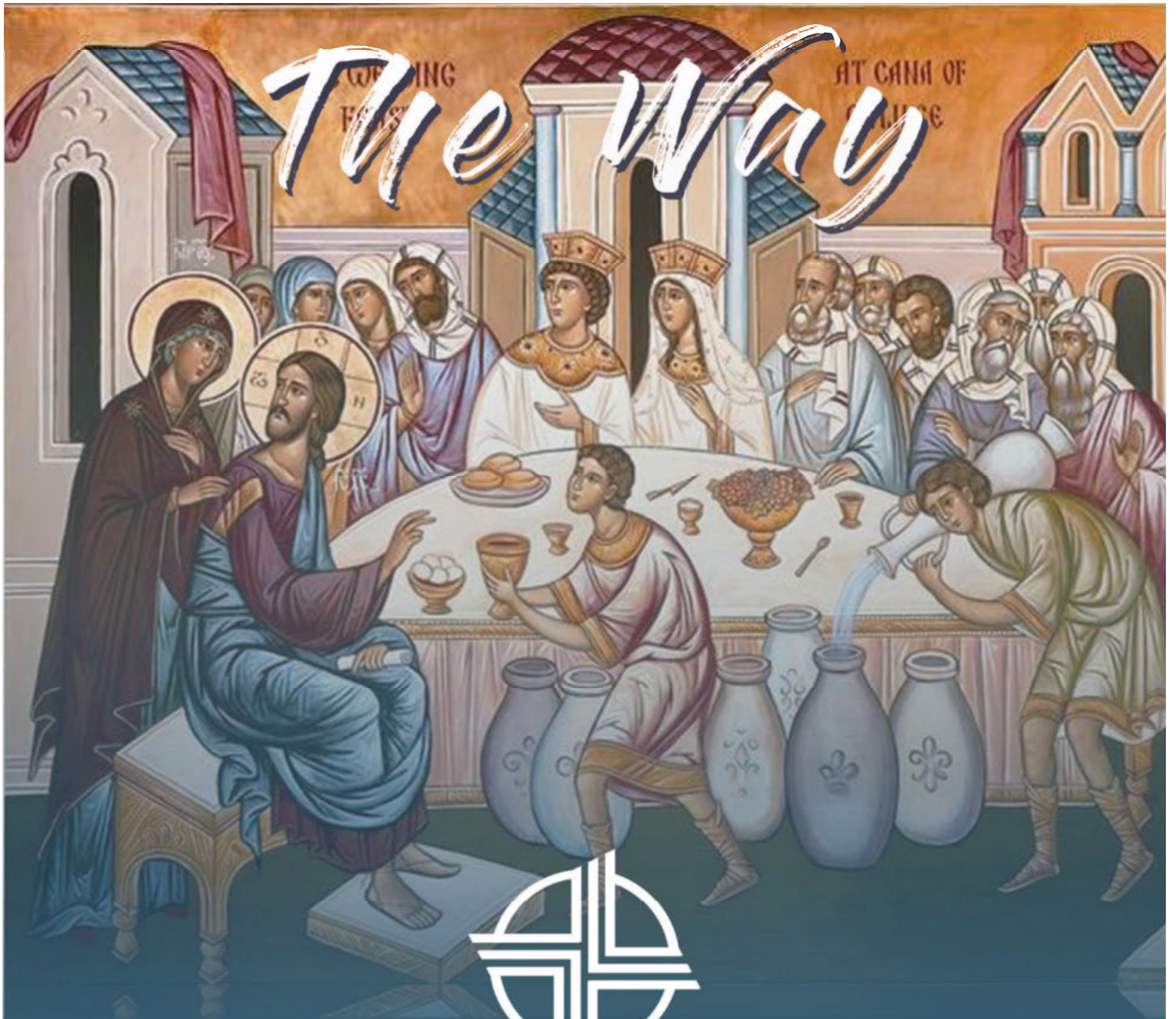


# The Way



## SAINT BRIGID — PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

SECOND SUNDAY IN ORDINARY TIME • WEEK OF JANUARY 16, 2022

[saintbrigidparish.org](http://saintbrigidparish.org) 4735 Cass Street San Diego, CA 92109 858.483.3030

MASSSES: SATURDAY 5:30 pm, SUNDAY 7:30 am, 9 am (also livestreamed), 11 am, and 5:30 pm  
DAILY 7:30 am (Monday-Saturday) EUCHARISTIC ADORATION: THURSDAYS 8 am-8 pm  
RECONCILIATION: SATURDAYS 4-5 pm and by appointment



@SaintBrigidSD

**WELCOME!** We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.



## CLERGY CORNER Deacon Patrick McCay

### TAKE THAT STEP IN 2022

**"Take the first step in faith. You don't have to see the whole staircase, just take the first step."** —Dr. Martin Luther King, Jr.

As a nation on Monday we honor Dr. Martin Luther King, Jr. In his short life, Dr. King challenged us to make real the promise of America as a land of freedom, equality, opportunity, and brotherhood. This quote really spoke to me as we start a new year after living nearly two years in a pandemic. Two years marked with fear, anxiety, isolation, lockdowns, burnout, stress, disunity, and grief for the unexpected loss of loved ones. As we deal with a highly infectious surge of a new COVID variant, many of us are feeling uncertain of what the future holds. We wonder "where is life taking us now?"

Martin Luther King's message to "just take the first step" explains that people should have faith present in their daily lives, and continue their journey even if they don't see the whole picture yet. With a strong faith that Jesus walks with us, we can move onward step by step. We can trust that the next step in the staircase will become visible as we continue to progress forward. We should embrace our journey into the unknown, and never give up.

In the book "Life is Messy", bestselling Catholic author Matthew Kelly says "The messiness of life can be paralyzing." When change seems too daunting, Mathew Kelly encourages us to "imagine the smallest adjustment you could make to your life. Something tiny. Liken it to turning and facing in the right direction at the beginning of a thousand miles. That's right, not even the first step, just turning and facing in the right direction. If that is all you can manage right now it's enough."

As we start a new year, let us turn in the right direction, and take that first tiny step in faith. With each successive step may we grow in confidence, hope and courage. May we become more like Jesus each step of the way.



## WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	John 2:1-11	St. Fursey	<b>MASS INTENTIONS</b>
Monday	Mark 2:18-22	St. Anthony the Abbot	Susie Johnson †
Tuesday	Mark 2:23-28	St. Volusian	Mary Brown †
Wednesday	Mark 3:1-6	St. Fillan	Vicky Ripplier Broaded †
Thursday	Mark 3:7-12	St. Fabian	Michael Nowak †
Friday	Mark 3:13-19	St. Agnes	Oswaldo Mello †
Saturday	Mark 3:20-21	St. Vincent Pallotti	Rolanda Shaffer †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at [saintbrigidparish.org/prayer-request](http://saintbrigidparish.org/prayer-request).

# GROWTH IN THE NEW YEAR



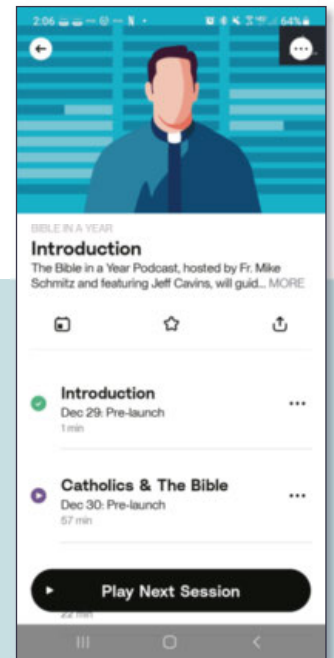
THE #1 CATHOLIC PRAYER & MEDITATION APP IS OUR GIFT TO YOU!

We have partnered with Hallow to provide you free access to Hallow Plus, the premium version of their app, through Pentecost, June 5! The App includes over 3,000 audio-guided sessions designed to help you grow closer to God. To learn more and download the app today, scan the QR code or visit [hallow.com/holydaypackage](http://hallow.com/holydaypackage).

## TODAY'S TIP: THE BIBLE IN A YEAR PODCAST

If you've struggled to read the Bible, this podcast is for you! Hosted by Fr. Mike Schmitz and featuring Jeff Cavins, this podcast will guide you through the Bible in 365 daily episodes. Each twenty to twenty-five minute episode includes two to three Scripture Readings, a reflection from Fr. Mike Schmitz, and guided prayer to help you hear God's voice in His word. With the Hallow app, you may add the podcast to your daily routine, set reminders, and take notes.

Why not let the Hallow app help you make daily reading and reflection on Scripture your new habit for 2022?



## Unwrap Your Spiritual Gifts!



### CALLED & GIFTED 5-WEEK WORKSHOP

Thursdays, 6:30–8:30 pm  
Beginning January 20  
Bay Room  
Cost for Materials: \$45

Did you know that God has given you spiritual gifts known as charisms? Come discover your unique gifts and learn how to live your life with passion and purpose!

Pre-register by Sunday, January 16 to [saintbrigidparish.org/charisms](http://saintbrigidparish.org/charisms). For more information, contact Maryanne Russell at [maryanne@saintbrigidparish.org](mailto:maryanne@saintbrigidparish.org) or 858.483.3155.

# THE WAY OF A DISCIPLE

## YOU HAVE A SPECIFIC ROLE IN THE GARDEN!

"If every flower wanted to be a rose, spring would lose its loveliness."

—St. Therese of Lisieux

Who is God asking you to be today? Your quick answer might be something like, "a good person," but this answer, while not wrong, does not address the unique purpose God has for you. This week's readings give us a glimpse of our general calling and the diversity of our unique paths in answering that call.

There are many players in this Sunday's gospel, the Wedding at Cana: bride, groom, guests, and servants. Each person has a particular role to play. Though it is to the servants that Mary gives the instructions, "Do whatever he tells you," her words could apply to all—those present at the wedding and us today. How do we know what Jesus is telling us to do? Clues can be found in Scripture, through the teachings of the Church, trusted spiritual companions, and in our personal prayer time. Our gifts, talents, experiences, and desires are also a clue to hearing God's call.



### FOR REFLECTION:

- How do I listen for instruction from God? How do I respond?
- What are some clues to the spiritual gifts God has given me?

Sunday's second reading states, "There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord." While we are all called to service, we will each be gifted in a unique way. In our Called & Gifted\* gifts discernment workshop participants learn about the charisms, or spiritual gifts, that the Holy Spirit has given them. Some of those charisms are: Administration, Encouragement, Leadership, Mercy, Hospitality, Craftsmanship, Evangelism, Intercessory Prayer, Music, and Writing. "To each individual the manifestation of the Spirit is given for some benefit." Of the twenty-four charisms covered in the workshop, most people discover they have two to five that they regularly use to play their part in bringing God's love and provision to the world. How is God asking you to bloom where you are planted?

\*See page 3 for information on our upcoming Called & Gifted Workshop.

## ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

### PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer  
[saintbrigidparish.org/pray](http://saintbrigidparish.org/pray)

### CARE AND SUPPORT


Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support  
[saintbrigidparish.org/care-and-support](http://saintbrigidparish.org/care-and-support)

### COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus  
[saintbrigidparish.org/communities](http://saintbrigidparish.org/communities)

### SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution  
[saintbrigidparish.org/serve](http://saintbrigidparish.org/serve)

 Looking for more? Find details about parish groups for all interests and seasons of life at [saintbrigidparish.org](http://saintbrigidparish.org).

# CARE & SUPPORT



## BEREAVEMENT GROUP

SEASONS OF HOPE  
6-WEEK SUPPORT GROUP  
Thursdays, beginning February 3  
3:30–5 pm, Ministry Center



Seasons of Hope is a Christ-centered grief support group for those in need of consolation after losing a loved one. Each session includes prayer, Scripture, faith-sharing, and fellowship. For registration or more information, visit [saintbrigidparish.org/berereavement](http://saintbrigidparish.org/berereavement).

## DIVORCE SUPPORT

Are you separated or newly divorced? Have you been divorced for a while but are still in need of healing? Do you have questions about being divorced as a Catholic or annulments? You are not alone. Our Divorce Support Ministry is here to help and support you during this difficult time. We invite you to one or both of our upcoming events:

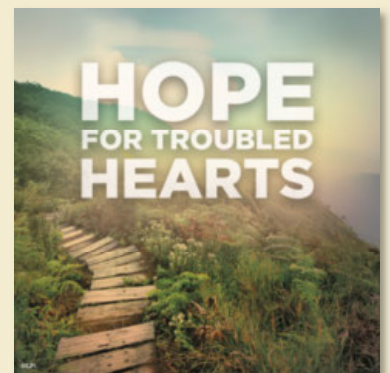
### 10 KEYS TO RECOVERING FROM DIVORCE WORKSHOP

Thursday, January 20  
7–8:30 pm, Ministry Center

### 11-WEEK SUPPORT GROUP

Thursdays, beginning February 10  
7–8:30 pm, Ministry Center

For registration or more information, visit [saintbrigidparish.org/divorce](http://saintbrigidparish.org/divorce).



## SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or [nancy@sandiegocac.org](mailto:nancy@sandiegocac.org) to get connected today!

### YOUNG ADULTS / ADULT COMMUNITY / 60s+

#### *Mardi Gras Party!*

Saturday February 26, 7 pm  
Hilton Garden Inn, Del Mar  
Early pricing \$35 (\$45 after February 23)  
Cocktail Attire  
Appetizers and No Host Bar  
DJ Music and Free Parking

Registration: [sandiegocac.org/mardi-gras](http://sandiegocac.org/mardi-gras)



# FINANCIAL STEWARDSHIP

## Year-End Tax Statements

Did you know that 750 people contributed to our Sunday Offering in 2021? Those contributions, combined with your stewardship of time and talent, enable our faith community to carry out our mission to encounter, love, and serve Jesus, one another, and the world through our various ministries!

Did you give to the Sunday Offering or any of our special collections in 2021? If you contributed via online giving, check, or cash in an envelope marked with your name and contact info, you can be on the lookout for your year-end tax statement by the end of January. All online contributors who are active in our new WeGather system will receive them electronically. All givers who do not have an active WeGather account will receive their statements by mail. Thank you for your stewardship. Together, we make an impact!



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JESUS • ONE ANOTHER • THE WORLD**

## SACRAMENTS AND FORMATION

### SACRAMENTS OF INITIATION



#### BAPTISM

Infants: Parents & Godparents attend orientation. Information:

[saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism).

Adults: prepare in RCIA

[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### FIRST COMMUNION

Children: 2-year process (starting grade 1)

[gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults: prepare in RCIA

[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### CONFIRMATION

Teens: 2-year process (starting grade 9)

[kayla@saintbrigidparish.org](mailto:kayla@saintbrigidparish.org)

Adults: prepare in RCIA

[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)

### SACRAMENTS OF HEALING



#### RECONCILIATION

Saturdays 4-5 pm or by appointment.

Preparation: Children, 2-year process (starting grade 1) [gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults, prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.

858.483.3030

### SACRAMENTS OF VOCATION

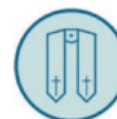


#### MATRIMONY

9-month accompaniment process.

[saintbrigidparish.org/marriage](http://saintbrigidparish.org/marriage)

[weddings@saintbrigidparish.org](mailto:weddings@saintbrigidparish.org)



#### HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.

[saintbrigidparish.org/holy-orders](http://saintbrigidparish.org/holy-orders)

# SAINT BRIGID PARISH CONTACTS

## CLERGY



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Pastor

frsteve@saintbrigidparish.org



**Father Sebastian Bukenya**  
Associate Pastor

frsebastian@saintbrigidparish.org



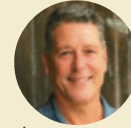
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**Deacon Chris Hulburt**

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**Deacon Patrick McCay**

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## WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member or want to learn more about our parish, visit [saintbrigidparish.org/membership](http://saintbrigidparish.org/membership), scan the QR Code, or call the parish office.



**THE MASS** We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

## THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

### INTRODUCTORY RITE

*Please stand for the entrance and opening hymn.*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

### PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

*Repeat after the priest:*

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

### GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### READINGS FROM SCRIPTURE (see page 9)

*Please sit to receive the Word of God.*

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: \* **Proclaim His marvelous deeds to all nations.**

Second Reading...The word of the Lord.

Thanks be to God.

### GOSPEL ACCLAMATION

*Please stand to receive the Gospel.*

Alleluia!

### GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

### HOMILY

*Please sit as we listen to a reflection from the clergy.*

### PROFESSION OF FAITH

*Please stand as we proclaim the creed together.*

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, \*and by the Holy Spirit was incarnate of the Virgin Mary, and became man. \*(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### UNIVERSAL PRAYER

*Please stand as we pray for our community, united with the entire Body of Christ.*

After each intention, repeat the response said by the reader.

Cover Photo: Icon of this Sunday's gospel about the Wedding at Cana from John 2:1-11. For further reflection, see page 4.



## THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

### THE OFFERTORY

*As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.*

### PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

*Please stand and reply:*

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

### EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

### HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

*Please kneel in reverence for Christ coming in His Eucharist.*

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

### THE GREAT AMEN

Amen.

### COMMUNION RITE

*Please stand as we pray together.*

### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

### THE SIGN OF PEACE

The peace of the Lord be with you always.

**And with your spirit.**

Let us offer each other the sign of peace.

*At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.*

### LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

*Please kneel as we prepare to receive the Body of Christ.*

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

### COMMUNION

*Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.*

### CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

\*The Responsorial Psalm may vary.

### This Sunday's Readings:

First Reading	Isaiah 62:1-5
Psalm	96:1-2,2-3,7-8,9-10
Second Reading	1 Cor 12:4-11
Gospel	John 2:1-11



For weekly readings, visit [saintbrigidparish.org/weekly-readings](http://saintbrigidparish.org/weekly-readings)

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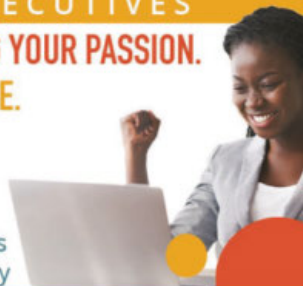
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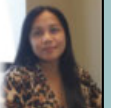
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# OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



Monday  
January 17  
6-7 pm

**In-Person Centering Prayer**  
**John Paul II Room**  
Are you seeking a way to be healed, to find peace? Centering Prayer, also called the prayer of quiet, or resting in God, is designed to reduce the obstacles to an intimate personal relationship with God, and to promote personal healing and spiritual growth. Contact: Brian Curry, [brian.curry77@gmail.com](mailto:brian.curry77@gmail.com)

WEDNESDAY  
JANUARY 19  
7-9 pm

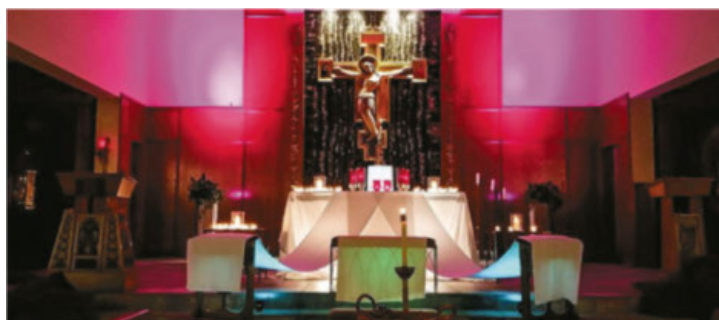
**Young Adult Bible Study**  
**Ministry Center**  
Young Adults (single, engaged, or married in their 20s and 30s) are invited to join us as we read and discuss the upcoming Sunday readings. Contact: Scott and Jacqueline Weeman, 858.775.9722 or [youngadults@saintbrigidparish.org](mailto:youngadults@saintbrigidparish.org)

THURSDAY  
JANUARY 20  
7-8:30 pm

**Divorce Support Workshop**  
**Ministry Center**  
Join us for 10 Keys to Recovering from Divorce. See page 5 for details and registration.

FRIDAY  
JANUARY 21  
7-8:30 pm

**nightWATCH**  
**Church**  
90 minutes of prayer in candlelight with music and Eucharistic Adoration. In the beauty of the darkened church illuminated by candles, enter the mystery of the Lord's presence. Your spirit will be lifted by the beautiful music and time with the Lord's presence.



## RECURRING EVENTS

### Sunday

Healing Prayer Time (1st)  
10-11 am John Paul II Room

### Monday

Catholic in Recovery Men's Group  
7 pm Bride's Room  
Neighbors in Need (2nd and 4th)  
6 pm Parish Hall  
Shifts begin at 3:30 pm  
Centering Prayer JP II Room, 6-7 pm

### Tuesday

Catholic Charities Food Distribution  
9:30 am-12:30 pm  
Centering Prayer  
4-5 pm (virtual)

### Wednesday

Centering Prayer  
4-5 pm (virtual)  
Senior Wednesdays  
11:30 am-4 pm Bay Room  
Young Adults Bible Study  
7-9 pm Ministry Center

### Thursday

Eucharistic Adoration  
8 am-8 pm  
C2C Spanish Group  
10 am-12 pm Bay Room

### Friday

Friday Morning Walks  
9:30-11 am  
nightWATCH  
(3rd Fridays) 7-8:30 pm

### Saturday

Reconciliation  
4-5 pm

Scan for  
Parish  
Calendar



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