

# The Way



**SAINT BRIGID**  
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

THIRD SUNDAY IN ORDINARY TIME • WEEK OF JANUARY 23, 2022

[saintbrigidparish.org](http://saintbrigidparish.org) 4735 Cass Street San Diego, CA 92109 858.483.3030

MASSES: SATURDAY 5:30 pm, SUNDAY 7:30 am, 9 am (also livestreamed), 11 am, and 5:30 pm  
DAILY 7:30 am (Monday-Saturday) EUCHARISTIC ADORATION: THURSDAYS 8 am-8 pm  
RECONCILIATION: SATURDAYS 4-5 pm and by appointment



@SaintBrigidSD

**WELCOME!** We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

## GOSPEL MEDITATION

Human history reveals many periods where people lost a sense of God's transcendence. It may even be argued that human beings have been wandering and lost more than they have been at home and focused. Human nature being what it is, we struggle with who God really is—the God of our salvation history or the "gods" of human constructs. Relying on our own designs and pursuits, we forget that we really are meant to listen to One upon whom the Spirit of the Lord rests, Jesus Christ, and not to ourselves. That same history that reveals our fickleness and infidelity also reveals God's constancy and faithfulness. God always finds us.



As people wander and fumble to find their way, God is there bringing them back to holiness and giving them the assurance of His presence. We have to allow God's Word, God's life, to touch us and change us. It can make us more flexible and attentive to the sacred in all facets of life so that every day is one that is holy. Every day is a time when fulfillment is possible for one's soul. Jesus stood before those gathered in the synagogue as the fulfillment of words of promise that were echoed long ago. God doesn't forget. He always comes for us.

Now it is time to remember to go to God. Sometimes our lives are so confused and tangled that it is difficult to see the Word and hand of God. But when we realize, deep within, the depth of friendship God offers to us it really has the power to turn sadness to joy. The promise is fulfilled. Going frequently to God's Word, allowing ourselves to be enriched and rejuvenated, and pondering the certainty of God's fidelity and promise permanently transforms us. We will be more aware of the sacred and the holy and less invested in things that pull us away.

©LPi

## WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

<b>Sunday</b>	Luke 1:1-4; 4:14-21	St. Barnard	<b>MASS INTENTIONS</b>
<b>Monday</b>	Mark 3:22-30	St. Francis de Sales	Rosemary and George Frances
<b>Tuesday</b>	Mark 16:15-18	Feast of the Conversion of St. Paul	Lee Hulburt
<b>Wednesday</b>	Mark 4:1-20	Sts. Timothy and Titus	Rey Vinole †
<b>Thursday</b>	Mark 4:21-25	St. Angela Merici	Joni Grande
<b>Friday</b>	Mark 4:26-34	St. Thomas Aquinas	Armondo Alegria
<b>Saturday</b>	Mark 4:35-41	Sts. Sarbelius & Barbea	Fr. Des Devine †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at [saintbrigidparish.org/prayer-request](http://saintbrigidparish.org/prayer-request).

# GROWTH IN THE NEW YEAR



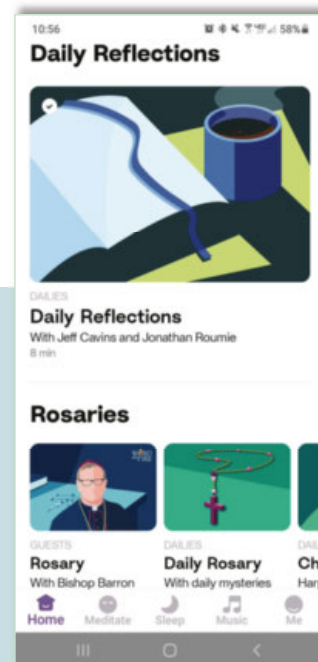
THE #1 CATHOLIC PRAYER & MEDITATION APP IS OUR GIFT TO YOU!

We have partnered with Hallow to provide you free access to Hallow Plus, the premium version of their app, through Pentecost, June 5! The App includes over 3,000 audio-guided sessions designed to help you grow closer to God. To learn more and download the app today, scan the QR code or visit [hallow.com/holidaypackage](http://hallow.com/holidaypackage).

## TODAY'S TIP: DAILY REFLECTIONS

Are you looking to improve your prayer practice? Why not grab your morning coffee and listen to the Hallow App's Daily Reflections? You will hear the Gospel from the day's Mass readings followed by a commentary by Jeff Cavins. These brief and engaging commentaries will help you apply the Gospel to your everyday life.

With the Hallow app, you may add the Daily Reflections to your daily routine, set reminders, and take notes. Why not let the Hallow app help you make daily reflection on the gospels your new habit for 2022?



# CELEBRATING OUR COMMUNITY

## *St. Brigid's Feast Day – February 1*



All are welcome to help us celebrate our patroness Saint Brigid, whose feast day next weekend! Although we are not having a parish-wide party due to the surge in COVID cases, we are still planning to celebrate in a big way! Keep an eye out for:

- Celtic music at the Masses.
- Learn about our logo's connection to the St. Brigid Cross and how we are carrying on her mission.
- Make a St. Brigid Cross for your home! Pick up your cross-making kit at the church exits after Mass next weekend.
- Test your knowledge and hone your creativity with our St. Brigid quiz and coloring page in next week's edition of "The Way."

For more information about Saint Brigid of Kildare, or fun ways to celebrate her feast day, visit [saintbrigidparish.org/our-patroness](http://saintbrigidparish.org/our-patroness).

**DIVORCE SUPPORT MINISTRY**  
Offering Hope and Healing

Are you separated or newly divorced? Have you been divorced for a while but are still in need of healing? Do you have questions about being divorced as a Catholic or annulments? You are not alone. Our Divorce Support Ministry is here to help and support you through this difficult time.



The ministry offers workshops, support groups, and one-on-one meetings to help you find support, hope, and healing. They can also point you to valuable resources, including Retroville, a weekend for couples struggling in their marriage, and Beginning Experience, a weekend retreat for healing from loss suffered through death or divorce.

**“These 11 weeks have totally changed my life. They changed my attitude. I’m a new person.”**

Our Divorce Support Ministry team members have all personally experienced the trauma of separation and divorce, and they want to use their experience to help others grow in faith and hope for the future.

The Divorce Support Ministry team invites you, or a loved one you know who is experiencing separation or divorce, to their upcoming 11-week support group. The group will use resources from Divorced Catholic and the cost for materials is \$35. For more details, or to register, visit [saintbrigidparish.org/divorce](http://saintbrigidparish.org/divorce).

**11-WEEK  
SUPPORT GROUP  
THURSDAYS  
7–8:30 PM  
BEGINNING  
FEBRUARY 10  
MINISTRY CENTER**

Contact: Maryanne Russell at 858.483.3155 or [divorcesupport@saintbrigidparish.org](mailto:divorcesupport@saintbrigidparish.org)

**ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE**

**PRAYER**

Adoration, nightWATCH, Centering Prayer, Healing Prayer  
[saintbrigidparish.org/pray](http://saintbrigidparish.org/pray)

**CARE AND SUPPORT**


Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support  
[saintbrigidparish.org/care-and-support](http://saintbrigidparish.org/care-and-support)

**COMMUNITIES**

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus  
[saintbrigidparish.org/communities](http://saintbrigidparish.org/communities)

**SERVE**

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution  
[saintbrigidparish.org/serve](http://saintbrigidparish.org/serve)

 Looking for more? Find details about parish groups for all interests and seasons of life at [saintbrigidparish.org](http://saintbrigidparish.org).

# CARE & SUPPORT



## BEREAVEMENT GROUP

### SEASONS OF HOPE

#### 6-WEEK SUPPORT GROUP

Thursdays, beginning February 3  
3:30-5 pm, Ministry Center

“Blessed are those who mourn, for they will be comforted.”

—Matthew 5:4

Our Ministry of Consolation offers a quarterly bereavement group, Seasons of Hope. This 6-week Christ-centered support group is for those who have lost a loved one. Support group members gather with facilitators—experienced with grief ministry—who are also Saint Brigid Parishioners. At these sessions, the group reflects on their experience of loss through the lens of Scripture and prayer, inviting

Jesus into their grief for healing and comfort. Each session ends with fellowship in the kitchen, deepening the bonds of the group.

For registration or more information, visit [saintbrigidparish.org/bereavement](http://saintbrigidparish.org/bereavement).



## SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or [nancy@sandiegocac.org](mailto:nancy@sandiegocac.org) to get connected today!

### YOUNG ADULT COMMUNITY EVENTS

- **Torrey Pines Hike, Saturday, January 29, 3-5 pm**  
All are invited to join us for an afternoon hike at Torrey Pines.  
Plan to meet near the bathrooms located in the North Beach Parking Lot.

### ACTIVE 60S+ EVENTS

- **Liberty Station Walk & Social, Saturday, January 29, 9:30 am-12 pm**  
Plan to park in the parking lots by Con Pane.  
We will meet in front of Con Pane, 2750 Dewey Road.  
Walk on the trail along the water and return on that trail. Stop at the Public Market for lunch at 11 am.  
Contacts: Judi and Pauline, RSVP: [Judi@sandiegocac.org](mailto:Judi@sandiegocac.org)

### MARDI GRAS PARTY!

Saturday February 26, 7 pm  
Hilton Garden Inn, Del Mar  
Early pricing \$35 (\$45 after February 23)

Cocktail Attire  
Appetizers and No Host Bar  
DJ Music and Free Parking

Registration: [sandiegocac.org/mardi-gras](http://sandiegocac.org/mardi-gras)



SAN DIEGO CATHOLIC ADULT COMMUNITY



# FINANCIAL STEWARDSHIP

## Year-End Tax Statements

Did you know that 750 people contributed to our Sunday Offering in 2021? Those contributions, combined with your stewardship of time and talent, enable our faith community to carry out our mission to encounter, love, and serve Jesus, one another, and the world through our various ministries!

Did you give to the Sunday Offering or any of our special collections in 2021? If you contributed via online giving, check, or cash in an envelope marked with your name and contact info, you can be on the lookout for your year-end tax statement by the end of January. All online contributors who are active in our new WeGather system will receive them electronically. All givers who do not have an active WeGather account will receive their statements by mail. Thank you for your stewardship. Together, we make an impact!



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## SACRAMENTS AND FORMATION

### SACRAMENTS OF INITIATION



#### BAPTISM

Infants: Parents & Godparents attend orientation. Information: [saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism). Adults: prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### FIRST COMMUNION

Children: 2-year process (starting grade 1) [gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)  
Adults: prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### CONFIRMATION

Teens: 2-year process (starting grade 9) [kayla@saintbrigidparish.org](mailto:kayla@saintbrigidparish.org)  
Adults: prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)

### SACRAMENTS OF HEALING



#### RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) [gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)  
Adults, prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### ANOINTING OF THE SICK

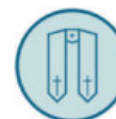
To Inquire about or request this sacrament, please call the parish office. 858.483.3030

### SACRAMENTS OF VOCATION



#### MATRIMONY

9-month accompaniment process. [saintbrigidparish.org/marriage](http://saintbrigidparish.org/marriage) [weddings@saintbrigidparish.org](mailto:weddings@saintbrigidparish.org)



#### HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. [saintbrigidparish.org/holy-orders](http://saintbrigidparish.org/holy-orders)

# SAINT BRIGID PARISH CONTACTS

## CLERGY



**Father Steve Callahan**  
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**Father Sebastian Bukenya**  
Associate Pastor

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**Deacon Chris Hulburt**

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**Deacon Patrick McCay**

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**Gayle Heyman**  
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**Maryanne Russell**  
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## WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member or want to learn more about our parish, visit [saintbrigidparish.org/membership](http://saintbrigidparish.org/membership), scan the QR Code, or call the parish office.



**THE MASS** We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

## THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

### INTRODUCTORY RITE

*Please stand for the entrance and opening hymn.*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

### PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

*Repeat after the priest:*

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

### GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### READINGS FROM SCRIPTURE (see page 9)

*Please sit to receive the Word of God.*

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: \* **Your words, Lord, are Spirit and life.**

Second Reading...The word of the Lord.

Thanks be to God.

### GOSPEL ACCLAMATION

*Please stand to receive the Gospel.*

Alleluia!

### GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

### HOMILY

*Please sit as we listen to a reflection from the clergy.*

### PROFESSION OF FAITH

*Please stand as we proclaim the creed together.*

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, \*and by the Holy Spirit was incarnate of the Virgin Mary, and became man. \*(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### UNIVERSAL PRAYER

*Please stand as we pray for our community, united with the entire Body of Christ.*

After each intention, repeat the response said by the reader.

#### Cover Photo:

Christ the Redeemer statue in Brazil. "The Spirit of the Lord is on me, for He has anointed me to bring the good news to the afflicted." (Luke 4:18)



## THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

### THE OFFERTORY

*As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.*

### PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

*Please stand and reply:*

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

### EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

### HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

*Please kneel in reverence for Christ coming in His Eucharist.*

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

### THE GREAT AMEN

Amen.

### COMMUNION RITE

*Please stand as we pray together.*

### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

### THE SIGN OF PEACE

The peace of the Lord be with you always.

**And with your spirit.**

Let us offer each other the sign of peace.

*At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.*

### LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

*Please kneel as we prepare to receive the Body of Christ.*

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

### COMMUNION

*Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.*

### CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

\*The Responsorial Psalm may vary.

### This Sunday's Readings:

First Reading Neh 8:2-6,8-10

Psalm 19:8-10,15

Second Reading 1 Cor 12:12-30

Gospel Luke 1:1-4;4:14-21



For weekly readings, visit [saintbrigidparish.org/weekly-readings](http://saintbrigidparish.org/weekly-readings)

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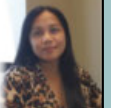
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# OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



## RECURRING EVENTS

### Sunday

Healing Prayer Time (1st)  
10-11 am John Paul II Room

### Monday

Catholic in Recovery Men's Group  
7 pm Bride's Room  
Neighbors in Need (2nd and 4th)  
6 pm Parish Hall  
Shifts begin at 3:30 pm  
Centering Prayer JP II Room, 6-7 pm

### Tuesday

Catholic Charities Food Distribution  
9:30 am-12:30 pm  
Centering Prayer  
4-5 pm (virtual)

### Wednesday

Centering Prayer  
4-5 pm (virtual)  
Senior Wednesdays  
11:30 am-4 pm Bay Room  
Young Adults Bible Study  
7-9 pm Ministry Center

### Thursday

Eucharistic Adoration  
8 am-8 pm  
C2C Spanish Group  
10 am-12 pm Bay Room

### Friday

Friday Morning Walks  
9:30-11 am  
nightWATCH  
(3rd Fridays) 7-8:30 pm

### Saturday

Reconciliation  
4-5 pm

Scan for  
Parish  
Calendar



Monday

January 24  
6-7 pm

**In-Person Centering Prayer**  
John Paul II Room

Are you seeking a way to be healed, to find peace? Centering Prayer, also called the prayer of quiet, or resting in God, is designed to reduce the obstacles to an intimate personal relationship with God, and to promote personal healing and spiritual growth. Contact: Brian Curry, brian.curry77@gmail.com

WEDNESDAY  
JANUARY 26  
7-9 pm

**Young Adult Bible Study**  
Ministry Center

Young Adults (single, engaged, or married in their 20s and 30s) are invited to join us as we read and discuss the upcoming Sunday readings. Contact: Scott and Jacqueline Weeman, 858.775.9722 or youngadults@saintbrigidparish.org

THURSDAY  
JANUARY 27  
8-8 pm

**Adoration**  
Church

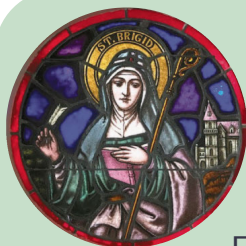
Come before the Blessed Sacrament in adoration. Stay a few minutes, make a Holy Hour, or stay in the Lord's presence as long as you'd like! The Divine Mercy Chaplet is said communally at 3 pm.

FRIDAY  
JANUARY 28  
9:30-11 am

**Friday Morning Walking Group**  
Meet at Bay Room

Join us for a walk to the beach and around PB. All are welcome! Contact: Carol, 619.227.7500

## SAVE THE DATE:



*Saint Brigid's  
Feast Day  
Celebration!*

February 1, 2022

Learn more on page 3!



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