



June 2022 | Issue 6: Volume 2 | Hot Springs County Senior Center

Hello everyone! It is unbelievable June is already upon us, but here we are, another month into the year and well on our way to a beautiful summer! As most of you know this is our biggest fundraising season and boy howdy do we have our work cut out for us moving forward! You will notice, if you haven't already, that we are trying very hard to come up with new ideas and exciting ways to raise money for the Center that can be fun for and benefit both Seniors and Non-Seniors alike! As you read in the last issue Senior Centers play a very important role in a community and serve many purposes. By being involved in the fundraisers and donating YOU are playing a VERY VALUABLE ROLE in all we do. For that we would like to say a great big thank you! We are excited to eventually move into our new location so that we are able to offer even more in ways of activities and programs, and every little bit helps more than you know!

Hello
JUNE

Summer Word Search

S	W	I	M	M	I	N	G	C	F	S	U	X	E	Y
C	K	Q	S	X	Y	E	L	C	I	S	P	O	P	N
D	S	L	E	E	P	O	V	E	R	N	Q	I	W	X
T	Y	T	C	L	V	N	L	A	E	Q	C	Q	P	T
R	A	L	W	O	W	L	E	O	W	P	V	I	S	E
S	E	E	L	I	O	K	T	E	O	P	J	V	P	S
Q	P	M	H	E	C	K	P	Q	R	P	P	U	U	U
S	A	O	M	C	N	H	O	J	K	C	T	K	H	N
Z	Y	N	L	U	A	U	G	U	S	T	S	J	U	G
D	N	A	S	F	S	E	J	L	T	L	N	N	L	L
B	L	D	L	Z	P	G	B	Y	Z	H	N	G	U	A
N	R	E	X	P	I	I	B	Z	G	N	W	L	M	S
H	Z	G	N	I	X	A	L	E	R	D	P	E	B	S
N	O	I	T	A	C	A	V	F	G	G	Z	A	R	E
Q	E	P	Y	Y	N	R	E	L	K	N	I	R	P	S

AUGUST
 BEACH
 COOKOUT
 FIREWORKS
 FLIPFLOPS
 HEAT
 JULY
 JUNE

LEMONADE
 PICNIC
 PLAY
 POOL
 POPSICLE
 RELAXING
 SAND
 SLEEPOVER

SPRINKLER
 SUMMER
 SUNGLASSES
 SUNSCREEN
 SWIMMING
 VACATION

<https://natashah.com>

Bingo

BINGO

Every Saturday

Doors open at 5:15 p.m.

Play starts at 6:00 p.m.



Trivia:

- 1) The United States is larger than what planet?
- 2) Which animal has no vocal chords?
- 3) Name the only fruit to have its seeds on the outside of it.

Find the answers on page 14



Thermopolis
REHABILITATION AND WELLNESS
www.thermopolisrehabilitationandwellness.com

SKILLED NURSING • REHABILITATION THERAPY
INDEPENDENT LIVING • OTHER CARE OPTIONS
POST ACUTE CARE • LONG-TERM CARE
HOSPICE • RESPITE STAY
MEMORY SUPPORT • HOSPICE SERVICES



(307) 864-5591 • 1210 CANYON HILLS • THERMOPOLIS, WY



Vicklund PHARMACY
QUALITY • SERVICE • SAVINGS

THE SERVICE YOU DESERVE FROM THE NEIGHBORS YOU TRUST
610 S. 6th St., Thermopolis, WY
(307) 864-2369
Delivery or Curbside Pickup Available

WE'RE HIRING
AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community
- Paid Training
- Some Travel

Contact us at: careers@4lpi.com | www.4lpi.com/careers



Paintbrush DENTAL

Dr. William Robinson
Dr. Leif Polson

110 E Arapahoe St. Thermopolis, WY
307.864.9411
SENIORS WELCOME



support our
ADVERTISERS

UPCOMING FUNDRAISERS

Prime Rib Dinner

5:30-7:00 June 11, 2022

Amount: \$26.95 per person

Place: 206 Senior Ave

RSVP: Hot Springs County
Senior Center
307-864-2151

ADVANCE TICKET SALES ONLY!
SILENT AUCTION & OTHER GAMES
OF CHANCE – BRING YOUR
CHECKBOOK TO BUY IN & WIN
GREAT PRIZES!!!

MENU

Main Course
Prime Rib

Sides
Baked Potato
Green Beans
Rolls
Soup & Salad

Dessert
Cherry Fudge Cake

WIN ME!!!

1966 Ford ¾ Ton Flatbed



Tickets \$100 EACH
ONLY 100 WILL BE SOLD!!!

Purchase tickets at The Hot Springs County Senior Center

Upcoming Events

PRIME RIB DINNER FUNDRAISER!!! - JUNE 11, 2022 5:30-7:00

Prime rib dinner with all the fixin's, Silent Auction, other games to win prizes and an all around good time! Tickets must be present to enter and can be purchased through The Senior Center for \$26.95

CODY SHOPPING TRIP!!! - June 7th, 2022

We will leave the Senior Center at 8 a.m. & return later in the afternoon. Come down to the Center to reserve your seat before they fill up! Cost is \$20 & lunch is on you!

Dinner Trip - June 29th, 2022

Come with us to eat out of town! Stay tuned for details on where we are going!! Call us to get signed up!

Blood Drive - July 11th, 2022

Blood drive at the Center from 2:00 p.m. - 6:00 p.m.
Call Melene at 240-1414 to make an appointment!

Cody Shopping Trip — July 12th, 2022

July 2022—Dinner Trip

July 23rd, 2022 POKER RUN!!!

August 14th NOWOODSTOCK!!!

August 2022—Triple C Cowboys Concert!



**ALL OUTINGS ARE SUBJECT TO BE CHANGED OR
CANCELLED DUE TO INCLEMENT WEATHER!**

Strap your party shoes on and help us celebrate our June Birthdays! If you see any of these people please wish them a Happy Birthday!



This Month's Birthdays

Karla Ohrmund—2nd
Allen Whiting— 2nd
Charles Drew—4th
Lynn Betts—5th
June Allen—6th
Fran Richins—6th
Carol Burns—7th
Kenny Buck—7th
Dianne Axtell—
Trenda Moore—9th
Nita Ramsey—9th
Carol Johnson—9th
Colene Smith—9th
Dolly Peck—10th
Mabel Rangel—10th
Mike Cavin—10th
Earl Andrews—10th
Patsy McLean—11th
Ted Brown—12th
Ray Shaffer—13th
Andrea Linn—15th
Craig Faith—15th
Helen Thamm—16th
Emma Weaver—18th
Cheryl Shero—18th
Roger Ward—19th
Peggy Toepke—20th
Maynard Bills—21st
Patty Reynolds—24th
Roberta Elwell—24th
Betty Turgeon—25th
John Brooks—26th
Sharon Lea—28th
Roe Ann Wallin—30th

Positive Changes at The Senior Center!!!

As of June 1st we will be having a position change as well as adding an additional position to the Senior Center. June 1st our beloved Justin will be transferring from Access Care Coordinator to the representative of Hot Springs County for the ERAP program. Taking Justin's place as Access Care Coordinator will be Sara Gentry.

Welcome, Sara, our new Access Care Coordinator!!!

The Access Care Coordinator at the Senior Center is in charge of managing our Homemaking Program which helps our elderly community to stay in their homes by providing home cleaning services for them.

Additionally, the Access Care Coordinator takes care of all information assistance related to Medicare, Medicaid, and other available financial assistance programs for our seniors. Sara is very excited to be taking on this position, and we here at the Senior Center couldn't be happier. Come stop by and welcome her to our family with any questions regarding her new position here!

Emergency Rental Assistance Program and Housing Stabilization!!!

Justin, who has been with the Center for over a year now, and who has already helped a handful of folks in our community with ERAP, will be taking this job on fulltime. ERAP, which stands for Emergency Rental Assistance Program, is a financial relief that is run through the Wyoming Department of Family Services out of Cheyenne. They have moved forward with this program to offer more relief than only rental assistance, and have now made a permanent position here in Thermopolis in hopes that they can reach more people in this area. Given Justin's past year's experience here at the Senior Center, we are more than confident that he will be able to fill these shoes, so please stop by the Senior Center here to inquire further into this amazing program and find out if there's any way we can make it work for you!

VINTAGE RECIPE OF THE MONTH

Elvis Presley's whipping cream pound cake

3	cups sugar	3	cups cake flour
1/2	pound butter, softened	1	cup whipping cream
7	eggs, room temperature	2	teaspoons vanilla extract

- Butter and flour a 10-inch tube pan.
 - Thoroughly cream together sugar and butter.
 - Add eggs, one at a time, beating well after each addition.
 - Sift flour twice.
 - Mix in half the flour, then the whipping cream, then the other half of the flour; add vanilla. Do not overbeat.
 - Pour batter into prepared pan.
 - Place in a **cold** oven; turn to bake and set temperature to 350 degrees.
 - Bake 60 to 70 minutes, or until a wooden pick inserted in cake comes out clean.
 - Cool in pan 5 minutes; remove from pan and cool thoroughly.
- Note:** Wrapped well, this cake keeps several days.

Hot Springs County Senior Center | 7

**GROW YOUR BUSINESS
BY PLACING
AN AD HERE!**

CONTACT US!

Contact Steve Brookshire
to place an ad today!
sbrookshire@4LPi.com or
(800) 950-9952 x2493



*Mortimore
Funeral Home*



75 Years and 3 Generations

Pre-arrangements available

(307) 864-2666

620 Arapahoe
Thermopolis, WY 82443



**Canyon Village &
Hot Springs
Senior Apartments**

103 South D Avenue
Thermopolis, WY 82443

Air Conditioning
Internet High Speed
Patio • Laundry
Wheel Chair Accessible
Paid Utilities



**Thrive
Locally**



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Hot Springs City Senior, Thermopolis, WY B 4C 05-1087

JUNE MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch is served from 11:30a—1:00p</p> <p>There is a suggested donation of \$4.00 for Seniors. The charge for Non-Senior guests is \$9.00</p>	<p>Our menu is subject to change without notice.</p>	<p>Beef & Spinach Wrap 1</p> <p>Potato Chips Cucumber/ Tomato Salad Granola Bar Orange</p>	<p>Breaded Fish 2</p> <p>French Fries Creamy Coleslaw Tapioca Pudding Pineapple</p>	<p>Chicken Enchiladas 3</p> <p>Peas & Onions Lettuce Tomato Salad Tropical Fruit Brownies</p>
<p>Hamburger Steak w/Grilled Onions 6</p> <p>Mashed Potatoes Italian Blend Vegetables Wheat Roll Tossed Salad Pear Crisp</p>	<p>Orange Chicken 7</p> <p>Fried Rice Egg Rolls Oriental Veggies Pumpkin Bread Pineapple</p>	<p>Baked Fish 8</p> <p>Cheddar Mashed Potatoes Peas Garden Salad Banana Bread Peaches</p>	<p>Deli Dog 9</p> <p>Sauerkraut French Fries Russian Salad Baked Beans Apple Sauce Jello</p>	<p>Chicken Fried Steak 10</p> <p>Mashed Potatoes w/ Gravy Garden Veggies German Tomato Salad Cherry Crisp</p>
<p>Sloppy Joes 13</p> <p>Sweet Potato Wedge Veggie Salad Pears Peach & Creme Bars</p>	<p>Chicken Spaghetti over Noodles 14</p> <p>Garlic Bread Broccoli Beets Fruit Cocktail</p>	<p>Taco Salad on Corn Chips 15</p> <p>Peas & Onions Breadstick Apples Chocolate Pudding</p>	<p>Tuna Salad Sandwich 16</p> <p>Broccoli Cheese Soup Pea Salad Carrifruit Salad</p>	<p>Baked Ham 17</p> <p>Scalloped Potatoes Green Beans Rye Bread Pineapple Ginger Snap Cookies</p>
<p>Turkey & Swiss Wrap 20</p> <p>Peaches Broccoli Craisin Salad Peanut Butter Cookies</p>	<p>Chili Dog on a Bun 21</p> <p>California Blend Veggies Waldorf Salad Pea Salad</p>	<p>Meatball Sub 22</p> <p>Sweet Potato Wedge Relish Tray Pears</p>	<p>Chicken Salad on Wheat 23</p> <p>Lettuce Tomato Salad Confetti Salad Potato Salad Oranges</p>	<p>BBQ Pork Wings 24</p> <p>Baked Squash Creamy Coleslaw Wheat Rolls Fruit Cocktail</p>
<p>Philly Steak Sandwich 27</p> <p>French Fries Peas Tossed Salad Sugar Cookies</p>	<p>Sweet & Sour Pork 28</p> <p>Rice Pilaf Peas Asian Salad Angel Food Cake w/ Berries</p>	<p>Oven Fried Chicken 29</p> <p>Mashed Potatoes w/ Gravy Beet Salad Mandarin Oranges Cake</p>	<p>Pizza w/ Meat & Vegetables 30</p> <p>Rice Pudding Three Bean Salad Cinnamon - Apples Tossed Salad</p>	

JUNE ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>HAPPY FATHER'S DAY</p> 	 <p>IT'S SUMMER!</p>	<p>Pool Players 8:00-4:00 ¹</p> <p>Shopping 8:15-11:15 12:15-3:00</p> <p>Bridge 12:30</p>	<p>Pool Players 8:00-4:00 ²</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>Board of Directors 4 pm</p>	<p>Pool Players 8:00-4:00 ³</p> <p>Shopping 8:15-11 12:15-3:00</p> <p>Blood Pressure 10:00-12:00</p> <p>Bridge 12:30</p>
<p>Pool Players 8:00-4:00 ⁶</p> <p>Shopping 8:15-11 & 12:15-3</p> <p>Art Class 9-11</p> <p>Pinochle 6:00</p>	<p>Pool Players 8:00-4:00 ⁷</p> <p>Pioneer Home 1-3</p> <p>Tai Chi 9:00-10:00</p> <p>Silver Stitchers 10:00-4:00</p> <p>CODY SHOPPING</p>	<p>Pool Players 8:00-4:00 ⁸</p> <p>Shopping 8:15-11:00 12:15-3:00</p> <p>Bridge 12:30</p>	<p>Pool Players 8:00-4:00 ⁹</p> <p>Pioneer Home 1-3</p> <p>Golden Age Club 10:00</p> <p>Tai Chi 9a-10a</p>	<p>Pool Players 8:00-4:00 ¹⁰</p> <p>Shopping 8:15-11:15 & 12:15-3:00</p> <p>Blood Pressure 10:00-12:00</p> <p>Bridge 12:30</p>
<p>Pool Players 8:00-4:00 ¹³</p> <p>Shopping 8:15-11:15 & 12:15-3:00</p> <p>Art Class 9-11</p> <p>Ladies Talk 1:00</p> <p>Pinochle 6:00</p>	<p>Pool Players 8:00-4:00 ¹⁴</p> <p>Tai Chi 9:00-10:00</p> <p>Pioneer Home Shopping 1p-3p</p> <p>Silver Stitchers 10-4</p> <p>Project Council 10a</p>	<p>Pool Players 8:00-4:00 ¹⁵</p> <p>Shopping 8:15-11:00 12:30-3:00</p> <p>Bridge 12:30</p>	<p>Pool Players 8:00-4:00 ¹⁶</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>VA Clinic 11-2</p> <p>Tai Chi 9:00-10:00</p>	<p>Pool Players 8:00-4:00 ¹⁷</p> <p>Shopping 8:15-11:15 & 12:15-3:00</p> <p>Blood Pressure 10:00-12:00</p> <p>Bridge 12:30</p>
<p>Pool Players 8:00-4:00 ²⁰</p> <p>Shopping 8:15-11:15 & 12:15-3:00</p> <p>Art Class 9-11</p> <p>Ladies Talk 1:00</p> <p>Pinochle 6:00</p>	<p>Pool Players 8:00-4:00 ²¹</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>Silver Stitchers 10:00-4:00</p>	<p>Pool Players 8:00-4:00 ²²</p> <p>Shopping 8:15-11:15 12:15-3:00</p> <p>Bridge 12:30</p> <p>Mystery Trip</p>	<p>Pool Players 8:00-4:00 ²³</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>Board of Directors 4 pm</p>	<p>Pool Players 8:00-4:00 ²⁴</p> <p>Shopping 8:15-11:15 & 12:15-3:00</p> <p>Blood Pressure 10:00-12:00</p> <p>Bridge 12:30</p>
<p>Pool Players 8:00-4:00 ²⁷</p> <p>Shopping 8:15-11 & 12:15-3</p> <p>Art Class 9-11</p> <p>Ladies Talk 1:00</p> <p>Pinochle 6:00</p>	<p>Pool Players 8:00-4:00 ²⁸</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>Silver Stitchers 10:00-4:00</p>	<p>Pool Players 8:00-4:00 ²⁹</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>Dinner Trip</p>	<p>Pool Players 8:00-4:00 ³⁰</p> <p>Pioneer Home Shopping 1:00-3:00</p> <p>Tai Chi 9:00-10:00</p>	<p><i>When a father gives to his son, both laugh; when a son gives to his father, both cry.</i></p> <p>-William Shakespeare</p> 

Melanoma By Nancy Brown

What is it? Melanoma is a type of skin cancer.

What causes it? No one knows for sure, however factors that can promote the development of melanoma include excessive sun exposure, blistering sunburns and use of indoor tanning beds.

Who can get it? Anyone. Those at greater risk include: fair skinned people who tan poorly or burn easy; people with many moles (greater than 50), and a family history of melanoma.

But remember, anyone can develop melanoma. Periodic routine skin examinations can truly be life saving.

What do I look for? Melanoma can appear any where on the skin — even in places not directly exposed to the sun, IE: between toes.

Melanoma is usually brown, or black but in rare cases may be red. It can arise in a pre-existing mole or appear on its own, on previously normal appearing skin. Melanomas slowly get larger. So anything that seems to be growing, changing or becomes irregular, BEWARE.

WATCH FOR:

A– asymmetry: one half of the lesion is different from the other half.

B– border irregularity: edge or border is ragged, notched, or blurred.

C– color: melanoma usually has a variety of colors.

D– diameter: is the lesion larger than a pencil eraser?

E– evolution: is it changing?

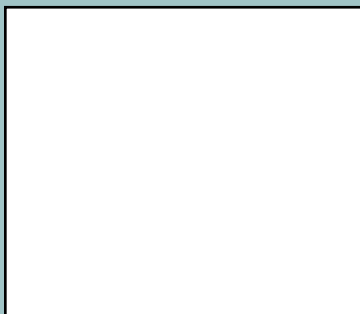
F- (Nancy's question: Do you have a bad feeling about the lesion?)

How can I protect myself?

Avoid sun exposure from 10-4, wear protective clothing (hat– sun protection clothing), wear sunscreen, avoid tanning machines, do monthly self examinations, see a provider for a complete skin examination on a yearly basis.

WyoGives

WyoGives - an initiative of the **Wyoming Nonprofit Network** – is a powerful, statewide 24-hour online fundraising event that is designed to bring the state together as one community to raise money and awareness for Wyoming’s nonprofits. **WyoGives.org provides one, easy-to-use platform where individuals can search and donate to nonprofits across the state that are making a difference in our communities every day.** For the first time, this year our Center will be participating in **WyoGives!** We are very excited and thankful for this wonderful opportunity on **Wednesday, July 13th, 2022!** Stay tuned as more information will be coming out soon! First, we need a little help from YOU! **If our Center has ever impacted your life, and you’re willing to share your story, please come see Desi or Karen in the office!** Your story may be featured on our **WyoGives** website to let others know how our Center helps people and makes a difference in their lives.



Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



Gardening By Mary White

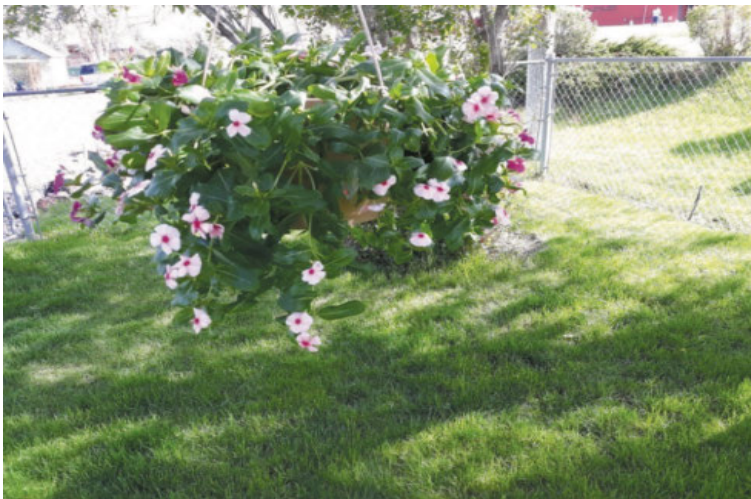
Yesterday, a dear friend in the center office suggested I write about gardening so here I go.

I got up this morning at the very early hours of 4AM, looked out the window and saw frost on all the cars and thought “Oh NO, it’s the middle of May, we can’t have a freeze!!” But we did!! You’d think I’d know better, after all we do live in Wyoming! I didn’t want to go out and check the beautiful flowers my sons gave me for Mother’s Day so I waited until the sun was shining. My whole yard sparkled with dew and the remnants of yesterday’s rain. My flowers were absolutely stunning all covered with the sprinkles of our Spring rain.

In my younger years, my sons and I tended our large country garden and enjoyed the vegetables we grew. I no longer have a vegetable garden but I love my yard and the flowers we plant and take care of. Age has crept up on me so one of my sons gives up part of every Sunday to mow, trim, and help me with whatever I need.

Gardening is all about planting and growing whether it’s the seeds we tend and watch as they grow or the seeds we plant in the lives of the people who are part of the reason for our happiness. Whether we fertilize our friendships with a smile, a compliment, a hug or just letting them know we care, it will have a lasting effect on all of us.

HAPPY GARDENING EVERYONE!!



Sandi Bills Our SUPER Gardener!

Did you enjoy the lovely daffodils that were recently in the bud vases on all our tables? Sandi tends them every year in her garden along with a multitude of flowers and vegetables.

Sandi was born in Livingston, Montana on January 14, 1947. Her family moved to Idaho Falls when she was 13. She graduated from high school in 1964. Eventually they relocated back to Fairview, Montana.

Fairview became a boom town so Sandi & Maynard left in 2014 and moved to

Thermopolis. They have two children and four grandchildren. As Sandi says, she loves, loves Thermopolis. She loves the way our community steps forward to help one another.

She has been gardening and canning for 54 years. She has not purchased a can of vegetables in 52 years! She also makes jelly, wine, and brandy. Because their children are grown, she no longer plants such a big garden, she concentrates on all the flowers she loves, even grows zinnias from seeds that were given to her by Maynard's grandmother.

From the time they moved here, our center has been a part of their lives. It is very important to them, they believe in giving back so they volunteer their time and energy almost every day. They have been delivering meals for seven years including during the pandemic when the center could not serve in house meals.

Sandi and Maynard enjoy eating at the center every day, visiting with the other seniors and taking part in giving back to our center.



Public Service Announcement!

On **Thursday, June 16th, 2022**, our bus service will only be running for appointments and our Lunch Bunch. Please plan accordingly to schedule your outings for a different day that week. We apologize for the inconvenience! Thank you for your understanding!!

HAPPY BIRTHDAY COUPON

If you are sixty or older and have a birthday this month please bring this coupon to the HSC Senior Citizens Center for a FREE meal courtesy of Big Horn Federal.

NAME _____

BIRTH DATE _____

Answers:

1. Pluto
2. A Giraffe
3. The Strawberry

NEVER MISS A NEWSLETTER!

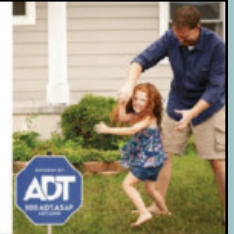
Sign up to have our newsletter emailed to you at www.mycommunityonline.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

1-855-225-4251



Surgical Expertise - Close To Home!

Hot Springs County Memorial Hospital offers procedures often found only in bigger cities. Our expert surgical team is ready to perform routine or emergency surgery from appendectomy to **Total Joint Replacement!** We offer a level of personal care and service that make us one of the leading choices for surgical services in the Big Horn Basin. Ask your doctor about having your surgical needs performed by the experts at Hot Springs County Memorial Hospital. Call 307-864-3121 for more information.

Out-Patient and In-Patient Surgeries Performed at HSCMH:

- Hip, Knee, Shoulder Replacement
- Tonsil Surgery
- General Orthopedic
- Cataract Surgery
- Dental Surgery
- General Surgery
- Colon Surgery
- Hernia Repair
- Gallbladder Removal
- Breast Biopsy
- Mastectomy
- Colonoscopy
- Upper Endoscopy
- Appendectomy
- Arthroscopic Surgery
- Carpal Tunnel Surgery
- C-Section
- Tubal Ligation

Hot Springs County Memorial Hospital
150 E. Arapahoe St. Thermopolis
307-864-3121



Members that Make it Happen

Senior Center Staff Members

Director

Trenda Moore

Secretary/Meals Coordinator

Desi Rangel

Karen Shafer

Access Care Coordinator

Sara Gentry

Homemakers

Roberta Elwell

Emma Goffena

Tina Romero

Transportation

Pam Rangel

Rick Sharp (Substitute)

Kitchen

Stephanie Palu (Head Cook)

Colleen Blakesley

Amy Krueger

Jan Sharp

Custodian

Ralph Worthey

WSHIP Volunteer

Bob Seltzer

Belenda Willson

**AND MANY, MANY MORE
WONDERFUL VOLUNTEERS
WHO ALWAYS HELP US
WHENEVER WE NEED IT!!
THANK YOU!!**

Board of Directors

Gary Holbert- Chairperson

John Lumley- 1st Vice Chairperson

Marty Oravec- 2nd Vice Chairperson

Nancy Brown- Secretary

Cheryl Shero- Treasurer

Butch Hendrickson

Gary O'Brien

Barb Vietti

Ray Shaffer

The Monthly Meeting for the Board of Directors is the 4th Thursday at 4:00pm

Golden Age Club

John Brooks III- Chairperson

Virginia Odde- Vice Chairperson

Roxie Braley- Secretary

Trudi Brooks- Treasurer

Beverly Ward

Jackie Novakovich

Mike Chimenti

Frank Toth

Carolyn Spann

The Golden Age Club meets monthly on the 2nd Thursday at 10:00am

Project Council

Joanne Holbert- Co-Chairperson

Trudi Brooks- Co-Chairperson

Roxie Braley- 1st Secretary

Marilyn Matthews

Mary White

Jackie Novakovich

Joan LaFave

Mary Wojciechowski

Project Council meets monthly on the 2nd Tuesday at 10:00am

Hot Springs County Senior Citizens Center, Inc.

P.O. Box 747 - 206 Senior Ave
Thermopolis, WY 82443

Phone:

307-864-2151

Fax:

307-864-2152

Email:

hscsr1@live.com

Website:

www.hscseniorctr.com

Our Vision

Our vision is to preserve, enhance and stabilize the quality of senior life, to maintain dignity & independence for older adults, and to promote a community in which we all age well.

Our Mission

Provide a variety of activities, services and opportunities for participation, learning and socialization to older individuals, to help them retain their personal skills & diminish stress, to help them remain independent in their own homes & communities for as long as safely possible, thereby reducing the financial & emotional burdens to their loved ones & the state.

This document was developed under Grants (s) from the U.S. Department of Health and Human Services, Administration on Community Living and the Wyoming Department of Health, Aging Division, Community Living Section. You should not assume endorsement by the Federal or State government.

Hot Springs County
Senior Citizens Center, Inc.

P.O. Box 747
Thermopolis, WY 82443

