

St. Gabriel

CATHOLIC CHURCH

3rd Sunday in Ordinary Time

January 24, 2021

St. Gabriel Catholic Church
13734 Twin Peaks Road, Poway

Phone: 858-748-5348

Text to Give: 858-771-2284

Website: www.saintgabrielschurch.com

Email: office@saintgabrielschurch.com

Very Reverend Michael Froidurot, Pastor

Rev. Patrick Murphy, Senior Associate

Rev. Chuck Fuld

Rev. James Rafferty

Rev. Hal Tindall, Retired

Deacon Ricardo Elizondo

Mass Schedule

Saturday 5pm Mass

Sunday 8:30am Mass (Livestreamed)

10:30am Mass

12:30pm Bilingual Mass

5pm Mass

Monday & Wednesday 9am Mass

Tuesday & Thursday 6pm Mass

Friday 12:10pm Mass



Mass Intentions

Saturday, January 23 5pm Mass <i>3rd Sunday in Ordinary Time</i>	Mary Ann Garbarini, dec.
Sunday, January 24 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5pm Mass <i>3rd Sunday in Ordinary Time</i>	John & Johnny Bertran, dec. Angela Harjanto, int. Patryk Richards, int. Cathy Mejias, int. .
Monday, January 25 9am Mass <i>Feast of the Conversion of St. Paul, Apostle</i>	Jonathon Meehan, int.
Tuesday, January 26 6pm Mass <i>Memory of Sts. Timothy & Titus, Bishops</i>	Leo Rega, dec.
Wed, January 27 9am Mass	Wyatt Lane, int.
Thursday, January 28 6pm Mass <i>Memorial of St. Thomas Aquinas, Priest & Doctor of the Church</i>	Ruperto Belarmino, dec.
Friday, January 29 12:10pm Mass	John Nuovo, dec. .
Saturday, January 30 5pm Mass <i>4th Sunday in Ordinary Time</i>	Benjamin Essey, dec.
Sunday, January 31 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5pm Mass <i>4th Sunday in Ordinary Time</i>	Graciela Steinway, dec. Michelle Porter, int. David Bruce Huber, dec. .

Our Mass intention calendar for January 1, 2021 – June 30, 2021 is now open! Visit www.stgabrielspoway.org/massintentions to view available Masses and request a Mass for a deceased loved one or someone in need of extra blessings.

Prayer List

Please keep the following members of our faith community in your prayers.

Diana Allen	Marjorie Kramer
Rena Atriano	Len Lingat
Diane Borzych	Jeric Macatuno
Raudel Cortez Castañeda	Liza Macatuno
Owen Coolley	Jerry Martin
A & K Dela Cruz	Cathy Mejias
Esther C. Ibarra	Phyllis Merino
Paulo Ruiz Ibarra	Cristy Tiglao
Ann Jaburg	Naty Tiglao
Don Janiuk	Eddie Vaquerano
Lynn Kondzela	Yiovani Lopez Vargaz
Wendy Kondzela	

Name(s) will remain on the prayer list for 2 months during which time parishioners and priests pray for the specific healing need of the individual. **After that time, trust in the Lord as He continues to embrace and heal you.**

Lord, we lift up all those who are facing illness today. We ask You to bring healing, comfort and peace to their bodies, calm their fears and let them experience the healing power of Your love. Amen.

Prayer for the Gift of Human Life

God our Creator,

We give thanks to You, who alone have the power to impart the breath of life as You form each of us in our mother's womb; grant, we pray, that we, whom You have made stewards of creation, may remain faithful to this sacred trust and constant in safeguarding the dignity of every human life. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, forever and ever. Amen.

A note from the Pastor...

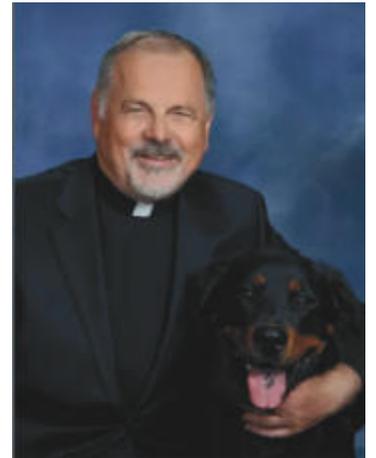
Dear St. Gabriel Family,

In today's Gospel, we see Jesus at the very beginning of His ministry. He walks along the Sea of Galilee and calls His very first disciples: Simon, Andrew, James and John. All were fishermen, and all stepped from their boats, dropped everything they were doing and immediately followed after Jesus. "The kingdom of God is at hand." They were ready to give up all of their plans and the security of their livelihoods for the promised kingdom. And they wouldn't be disappointed.

How many of us are watching and ready to drop all of our worldly plans and securities for God's plan for us? How many of us are searching for the path to God's kingdom? We have been redeemed, have been set free by Christ, but our calling is just as real as that of the first disciples.

Let us ask God for the wisdom to listen for God's voice in our lives and the courage to put God's kingdom before everything else. Let us be like these fishermen who threw down their nets, stepped out of their boats, and never looked back.

In His Service, Very Reverend Michael Froidurot



Lent 2021

Wednesday, February 17: Ash Wednesday

Thursday, April 1: Holy Thursday

Friday, April 2: Good Friday

Saturday, April 3: Easter Vigil

Sunday, April 4: Easter Sunday

Virtual Stations of the Cross featuring:

- Knights of Columbus
- Religious Ed
- Women's Ministry
- St. Vincent de Paul
- Deacon Ricardo
- Life Teen
- Fr. Michael



Enjoy praying the Stations from the comfort of your home or your favorite prayerful spot!



LENTEN FISH DINNERS

Buy **6** fish dinners and receive the **7th** (Good Friday) **FREE**



Fish & Chips

FISH DINNER DATES:

Feb. 19 & 26,
Mar. 5, 12, 19 &
26 and Apr. 2
(Good Friday)

(2 pieces of fried fish with tartar sauce, French fries, vegetable, coleslaw, roll with butter and dessert.)

Drive-thru pickup at Church Hall cul-de-sac
(Knights will direct traffic)

4 assigned pick-up times to ensure hot meal service

All meals **\$10** each

Buy 7 weekly meals (Yes, we're doing Good Friday) all for **\$60**

PREPAID PURCHASES ONLY

(website - PowayKnights.com, Church office or at Café after masses)

This Sunday's Readings

First Reading: Jonah 3: 1-5, 10

The word of the LORD came to Jonah, saying:
“Set out for the great city of Nineveh,
and announce to it the message that I will tell you.”
So Jonah made ready and went to Nineveh,
according to the LORD’S bidding.
Now Nineveh was an enormously large city;
it took three days to go through it.
Jonah began his journey through the city,
and had gone but a single day’s walk announcing,
“Forty days more and Nineveh shall be destroyed, “
when the people of Nineveh believed God;
they proclaimed a fast
and all of them, great and small, put on sackcloth.

When God saw by their actions how they turned from
their evil way,
he repented of the evil that he had threatened to do to
them;
he did not carry it out.

Responsorial Psalm: Psalm 25: 4-5, 6-7, 8-9

R. Teach me your ways, O Lord.

Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior.

R. Teach me your ways, O Lord.

Remember that your compassion, O LORD,
and your love are from of old.
In your kindness remember me,
because of your goodness, O LORD.

R. Teach me your ways, O Lord.

Good and upright is the LORD;
thus he shows sinners the way.
He guides the humble to justice
and teaches the humble his way.

R. Teach me your ways, O Lord.

Second Reading: 1 Corinthians 7: 29-31

I tell you, brothers and sisters, the time is
running out.
From now on, let those having wives act as not
having them,
those weeping as not weeping,
those rejoicing as not rejoicing,
those buying as not owning,
those using the world as not using it fully.
For the world in its present form is passing
away.

Gospel: Mark 1: 14-20

After John had been arrested,
Jesus came to Galilee proclaiming the gospel of
God:
“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”

As he passed by the Sea of Galilee,
he saw Simon and his brother Andrew casting
their nets into the sea;
they were fishermen.
Jesus said to them,
“Come after me, and I will make you fishers of
men.”

Then they abandoned their nets and followed
him.

He walked along a little farther
and saw James, the son of Zebedee, and his
brother John.

They too were in a boat mending their nets.

Then he called them.

So they left their father Zebedee in the boat
along with the hired men and followed him.

Este Domingo Lecturas

Primera Lectura: Jonah 3: 1-5, 10

En aquellos días, el Señor volvió a hablar a Jonás y le dijo: “Levántate y vete a Nínive, la gran capital, para anunciar ahí el mensaje que te voy a indicar”.

Se levantó Jonás y se fue a Nínive, como le había mandado el Señor. Nínive era una ciudad enorme: hacían falta tres días para recorrerla. Jonás caminó por la ciudad durante un día, pregonando: “Dentro de cuarenta días Nínive será destruida”.

Los ninivitas creyeron en Dios, ordenaron un ayuno y se vistieron de sayal, grandes y pequeños. Cuando Dios vio sus obras y cómo se convertían de su mala vida, cambió de parecer y no les mandó el castigo que había determinado imponerles.

Salmo Responsorial 24: 4-5ab, 6-7bc, 8-9

R. Descúbrenos, Señor, tus caminos.

Descúbrenos, Señor, tus caminos,
guíanos con la verdad de su doctrina.
Tú eres nuestro Dios y salvador
y tenemos en ti nuestra esperanza. R.

R. Descúbrenos, Señor, tus caminos.

Acuérdate, Señor, que son eternos
tu amor y tu ternura.
Según ese amor y esa ternura,
acuérdate de nosotros. R.

R. Descúbrenos, Señor, tus caminos.

Porque el Señor es recto y bondadoso,
indica a los pecadores el sendero,
guía por la senda recta a los humildes
y descubre a los pobres sus caminos. R.

R. Descúbrenos, Señor, tus caminos.

Segunda Lectura: 1 Cor 7, 29-31

Hermanos: Les quiero decir una cosa: la vida es corta. Por tanto, conviene que los casados vivan como si no lo estuvieran; los que sufren, como si no sufrieran; los que están alegres, como si no se alegraran; los que compran, como si no compraran; los que disfrutan del mundo, como si no disfrutaran de él; porque este mundo que vemos es pasajero.

Evangelio: Mark 1: 14-20

Después de que arrestaron a Juan el Bautista, Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepiéntanse y crean en el Evangelio”.

Caminaba Jesús por la orilla del lago de Galilea, cuando vio a Simón y a su hermano, Andrés, echando las redes en el lago, pues eran pescadores. Jesús les dijo: “Síguenme y haré de ustedes pescadores de hombres”. Inmediatamente dejaron las redes y lo siguieron.

Un poco más adelante, vio a Santiago y a Juan, hijos de Zebedeo, que estaban en una barca, remendando sus redes. Los llamó, y ellos, dejando en la barca a su padre con los trabajadores, se fueron con Jesús.

TRUST IN FOLLOWING GOD

Connect! Sunday Reflection from LPI

Human beings seem to be hardwired to want to know what's going to happen next. This is how dramas and reality television can grip us so tightly — we simply *have* to stick around and watch the rest to see what's going to happen. I find my own children sometimes asking, “So what are we going to do today, Mommy?” even though we have a fairly simple and consistent schedule each week. There seems to be a thirst to feel just a little bit in control by knowing what's coming next. I remember feeling this whenever we moved to a new city as a military family, navigating unfamiliar roads. My phone's GPS was never far from my hand as I drove, needing to know which turn to take next to feel comfortable driving in a new place.

The readings today call us to something radically different. In the first reading, God calls Jonah, but what is striking is that the call seems to imply that Jonah isn't given all the information right away. “Set out for the great city of Nineveh and announce to it the message that I will tell you.” God doesn't say, “Announce the message I've already mapped out for you word by word so you can say yes, fully knowing every turn this journey will take.” God simply says that He will tell him. So, even if it was brief, there is a sense that Jonah had a moment of just having to trust God and taking Him at His word, not knowing exactly what would come next.

What would it be like in Nineveh? How long would it take the people to turn back to God? However, this wasn't what Jonah needed to do or know to fulfill God's plan. He simply needed to act. He just needed to say yes and move forward with trust.

In the gospel, we hear the call of the Apostles, which take on this same tone. Jesus beckons them to simply follow him. This call doesn't come after a long convincing discourse on how following him will practically take place. There are no lists of steps they need to complete before they can officially be his Apostles. There is just a radical call to drop their very livelihood and, in that moment, decide without knowing the course whether they will follow Jesus or not. The roads they will end up traveling with the Lord are unknown to them, and that isn't the point. The point is that they are called by God, and in that moment, they have a decision to trust the one who is calling them, or to hesitate and feel the need to be in control and know exactly which way this “yes” will take them.

In both readings, there is another worldly response by the prophet and Apostles. Rather than following a base gut reaction to want to know all the details and what would come next, they boldly follow the call of God and trust that He would take care of the rest. This is the same call that Jesus is asking of us today. In our everyday lives, will we trust God in what He sends us, or will we try to control everything?

St. Paul gives us the encouragement we need to decide in the second reading. “The time is running out.” His admonition is urgent, reminding us that deciding to follow Jesus isn't something we calculate and plan every detail before acting on, like other things in life. It's a call we respond to with trust and faith because God is good and only desires our good. The world we live in is not stable. It will not satisfy the deepest longings of our hearts. It will not provide us with what our souls need to live. Jesus is saying to you and to me, “Come, follow me.” It is up to us to let go of our inclination to maintain control of every little bit of how our lives will unfold. God is trustworthy and true, and when He calls us, He will provide all the means necessary for our happiness and holiness.

Let's be bold like the examples in the readings this weekend. Jesus is calling to us right now, today! Let's answer that call by whatever form it comes. It could be to put down the phone during meals and be present to family. It might be to stop making excuses and help serve at the soup kitchen downtown. Maybe it's to finally confess that really difficult sin that we've been struggling with. Or maybe it's reaching out to a person who looks lonely. Whatever it is, big or small, let us have the courage to let go of our own plans and simply act by responding to Jesus' call, “Come, follow me” with deep trust in our unfathomably loving God.

Angie Windnagle



Have you stopped receiving our weekly email blasts?

Help us stay connected! Check your SPAM folder. If our emails are being marked as SPAM, add the email address: bulletin@saintgabrielschurch.com as an email contact and the emails should stop being filtered to your SPAM folder incorrectly.

PRAY TO PROTECT HUMAN LIFE! **Visit www.respectlife.org for daily prayers, reflections and more resources about Respect Life!**

The San Diego Walk for Life has adapted to a car caravan with cars decorated with positive pro-life messages. The caravan was postponed and has now been scheduled for **January 30**. Visit www.sandiegowalkforlife.org/caravan for registration to receive links to various broadcasts happening during the caravan. All route details, etc are available on this page.

In these last days of the *Nine Days for Life* novena, take the time to say a prayer for the love and protection of all human life. Let us show our gratitude for the beautiful gift of life by praying for all lives from the point of conception and praying for mothers struggling with pregnancy, that they might find and recognize the beauty of God's most precious gift.



Divorced Support Ministry via Zoom

A free program open to divorced/separated Catholics throughout the Diocese of San Diego

🕒 WHEN?

Thursdays

January 28 to April 15, 2021

7-8:30pm

The *Recovering from Divorce Program* is specifically designed to accompany divorced/separated Catholics. This 11-week program is designed to confidentially help its participants recover through the light of living their faith.



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FINANCES

Sunday Collection

Collection 1/16 & 1/17	Amount Received	Contributing Households
Plate/Loose Cash	\$658.84	Unknown
Envelopes/Checks	\$8,756.00	103
Online Giving	\$9,655.50	164
Weekly Total	\$19,070.34	267

Thank you for your generous contributions to our parish! Your gifts help us continue our mission!

There are many ways to give:

Online Giving

Visit www.saintgabrielschurch.com and click on Giving to get started.

Text to Give

You can donate via text message by texting the donation amount to: 858-771-2284. Text to give is simple and links directly into our Online Giving system, making it incredibly easy to give one-time gifts!

Envelope Donations

You may still give using your regular Sunday envelope by bringing it to Mass. You can also mail your gift to our Parish Office at 13734 Twin Peaks Road, Poway, CA 92064.

End of the Year Contribution Statements

Anyone who donated to the parish using Online Giving or envelopes/checks in 2020 will be receiving an **EMAILED** End of the Year Contribution Statement for tax purposes by January 31.

If you would like a hard copy mailed to you in addition to the emailed statement, please visit www.saintgabrielschurch.com and click on the link on the homepage to request a hard copy.

Building Fund Debt

Debt with National Knights Organization Loan
Balance: \$2,644,852.76

We have completed a loan modification with the Knights of Columbus national organization in New Haven, CT. The new interest rate is 4%, down from 4.9%, and the new monthly payment is \$20,560.47, compared to \$23,559.99 on the previous loan. We have only modified the interest rate. The maturity date remains the same at 3/1/2035.

SACRAMENTS

While Reconciliation is not available at this time, general absolution is being given at all of our Masses. General absolution offers the opportunity for us to bring our sins along with a feeling of sincere contrition to God for absolution.

Our souls are wiped clean. Any very serious sins must be confessed in individual confession at the next available opportunity.

Attention parents and godparents! Did you know that we have virtual Baptism classes the first Thursday of every month at 6:30pm on Zoom?

Our next class will be on Thursday, February 4. Contact the Parish Office to register!

Confirmation is a 2 year program through our Life Teen High School Youth Ministry.

This year, students will be Confirmed on Saturday, June 19.

Keep our Confirmation students in your prayers as they prepare!

RELIGIOUS EDUCATION K-8

Director of Religious Education: Melinda Casteloes; reled@saintgabrielschurch.com
Assistant Director of Religious Education: Ashely Ibarra; aibarra@saintgabrielschurch.com
Office Hours: Tuesday & Wednesday, 1pm-6pm
Phone: 858-748-7475

LA Congress is
Virtual this year!
recongress.org



Children's Artwork & Music

We are assembling a "Way of the Cross" virtually for Lent. All children are invited to submit a drawing/coloring of one of the 14 stations of the cross. Please email a picture of your child's drawing to reled@saintgabrielschurch.com by February 1. More information was sent in an email this past week.

First Reconciliation Schedule *Parents and students meet in the Church courtyard.*

January 26 at 5pm – Mr. Fallon/Mrs. Krzeminski's class

January 30 at 9am & February 3 at 5pm – Mrs. Gutierrez's class

January 27 at 5pm – Mrs. Perez's class

February 9 at 3:30pm – Mrs. Porter's class

HIGH SCHOOL YOUTH MINISTRY

Next Life Night: January 24

All teens are invited to join us, we hope to see you there.



Registration is open for our day retreat on Saturday, February 20 from 9am – 6pm here at St. Gabriel. Deadline to register is January 31 or when we reach capacity.



Our Confirmation Masses will be on Saturday, June 19.

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**REGISTRATION DEADLINE:
SUNDAY, JANUARY 31
\$15 PER TEEN**

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Online option available, schedule tbd.

Contact the Youth Office with questions:
(858) 435-0752 or youth@saintgabrielschurch.com

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