

5th Sunday in Ordinary Time

February 7, 2021

St. Gabriel Catholic Church
13734 Twin Peaks Road, Poway

Phone: 858-748-5348

Text to Give: 858-771-2284

Website: www.saintgabrielschurch.com

Email: office@saintgabrielschurch.com

Very Reverend Michael Froidurot, Pastor
Rev. Patrick Murphy, Senior Associate
Rev. Chuck Fuld
Rev. James Rafferty
Rev. Hal Tindall, Retired
Deacon Ricardo Elizondo

Mass Schedule

Saturday 5pm Mass

Sunday 8:30am Mass (Livestreamed)

10:30am Mass

12:30pm Bilingual Mass

5pm Mass

Monday & Wednesday 9am Mass

Tuesday & Thursday 6pm Mass

Friday 12:10pm Mass



Mass Intentions

Saturday, February 6 5pm Mass <i>5th Sunday in Ordinary Time</i>	Delia Gloria Vasquez, dec.
Sunday, February 7 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5pm Mass <i>5th Sunday in Ordinary Time</i>	Jim Perkins, dec. Ernie Robles, dec. Gustavo Beltran, dec. Sophia Graciela Solis, int. .
Monday, February 8 9am Mass	Irena Fiszer, int.
Tuesday, February 9 6pm Mass	Nina Wojtalewicz, int.
Wed, February 10 9am Mass <i>Memorial of St. Scholastica, Virgin</i>	Cathy Chesser, dec.
Thursday, February 11 6pm Mass	Gregory Dire, dec.
Friday, February 12 12:10pm Mass	Tomas Jimenez, Jr., dec. .
Saturday, February 13 5pm Mass <i>6th Sunday in Ordinary Time</i>	Jesus Chavez, dec.
Sunday, February 14 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5pm Mass <i>6th Sunday in Ordinary Time</i>	James Speth, int. Hipolita O. Fontanos, dec. Esmeralda Warshaw, dec. Carlota Chavez, dec. .

Our Mass intention calendar for January 1, 2021 – June 30, 2021 is now open! Visit www.stgabrielspoway.org/massintentions to view available Masses and request a Mass for a deceased loved one or someone in need of extra blessings.

Prayer List

Please keep the following members of our faith community in your prayers.

Agrimis Family	Jeric Macatuno
Diane Borzych	Liza Macatuno
Raudel Cortez Castañeda	Jerry Martin
Owen Coolley	Cathy Mejias
A & K Dela Cruz	Phyllis Merino
Paulo Ruiz Ibarra	Neagle Family
Ann Jaburg	David Saunders
Don Janiuk	Cristy Tiglao
Lynn Kondzela	Naty Tiglao
Wendy Kondzela	Eddie Vaquerano
Marjorie Kramer	
Len Lingat	

Name(s) will remain on the prayer list for 2 months during which time parishioners and priests pray for the specific healing need of the individual. **After that time, trust in the Lord as He continues to embrace you.**

Lord, we lift up all those who are facing illness today. We ask You to bring healing, comfort and peace to their bodies, calm their fears and let them experience the healing power of Your love. Amen.

Prayer for Married Couples

February 7-14 is National Marriage Week

Almighty and eternal God, You blessed the union of married couples so that they might reflect the union of Christ with His Church: look with kindness on them.

Renew their marriage covenant, increase Your love in them, and strengthen their bond of peace so that, with their children, they may always rejoice in the gift of Your blessing.

We ask this through Christ our Lord.

Amen.

Pray for the repose of the soul of
Juana Vivas Hernández

Mario Fierro

May the choirs of angels, come to greet you, may they speed you to paradise. May the Lord enfold you, in His mercy, may you find eternal life.

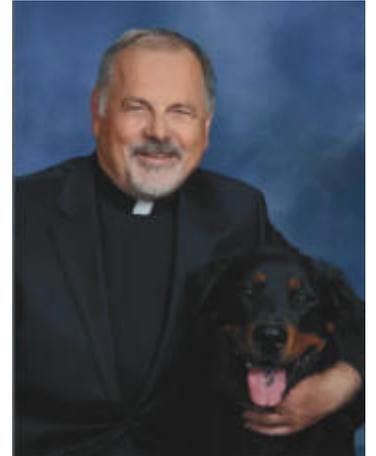
A note from the Pastor...

Dear St. Gabriel Family,

Each year we are invited to participate in the Diocese of San Diego Annual Catholic Appeal, which is an opportunity for all of us to support essential ministries and services which benefit so many in our local Church. The theme of this year's appeal, Renewing Hope, fits so well with what all of our hearts long for during these difficult times. Not only does the Annual Catholic Appeal support so many ministries and services that BRING hope to many of us and those in need around us, the act of giving itself to such a beautiful and hope-filled cause can be exactly what we most need.

This year's Annual Catholic Appeal focuses on several key ministries including:

- Making affordable and accessible Catholic school education available to every child and family who desires it.
- Evangelization and Catechetical ministries that reach out to those seeking the love and hope of Christ in their lives.
- Youth and Young adult ministries to serve the youngest members of our faith community as they grow.
- Prison ministry to reach out to those who are incarcerated and may find strength in renewed faith.
- Catholic Charities that promotes the dignity of each and every human person.
- Seminary formation programs to help build a new generation of priests to serve Christ and His Church.



This year, our parish goal is \$71,000. Last year, 248 of our 2,800 families participated in the Annual Catholic Appeal. I know this is a financially difficult time for so many of us. Every gift, no matter the size helps us reach our goal and bring hope to our local Church. I invite you to prayerfully consider your response as a faithful steward of the gifts which God has joyfully bestowed on you. Don't hesitate to experience the deep and true joy that can be found in giving. Visit our website to find out more and donate to this year's Annual Catholic Appeal: www.stgabrielspoway.org/aca.

In His Service,
Very Reverend Michael Froidurot



This Sunday's Readings

First Reading: Job 7: 1-4, 6-7

Job spoke, saying:
Is not man's life on earth a drudgery?
Are not his days those of hirelings?
He is a slave who longs for the shade,
a hireling who waits for his wages.
So I have been assigned months of misery,
and troubled nights have been allotted to me.
If in bed I say, "When shall I arise?"
then the night drags on;
I am filled with restlessness until the dawn.
My days are swifter than a weaver's shuttle;
they come to an end without hope.
Remember that my life is like the wind;
I shall not see happiness again.

Responsorial Psalm: Psalm 147: 1-2, 3-4, 5-6

R. Praise the Lord, who heals the brokenhearted.

Praise the LORD, for he is good;
sing praise to our God, for he is gracious;
it is fitting to praise him.
The LORD rebuilds Jerusalem;
the dispersed of Israel he gathers.

R. Praise the Lord, who heals the brokenhearted.

He heals the brokenhearted
and binds up their wounds.
He tells the number of the stars;
he calls each by name.

R. Praise the Lord, who heals the brokenhearted.

Great is our Lord and mighty in power;
to his wisdom there is no limit.
The LORD sustains the lowly;
the wicked he casts to the ground.

R. Praise the Lord, who heals the brokenhearted.

Second Reading: 1 Corinthians 9: 16-19, 22-23

Brothers and sisters:
If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it!
If I do so willingly, I have a recompense, but if unwillingly, then I have been entrusted with a stewardship. What then is my recompense?
That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel.

Although I am free in regard to all, I have made myself a slave to all so as to win over as many as possible. To the weak I became weak, to win over the weak. I have become all things to all, to save at least some. All this I do for the sake of the gospel, so that I too may have a share in it.

Gospel: Mark 1: 29-39

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.

When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

Este Domingo Lecturas

Primera Lectura: Job 7: 1-4, 6-7

En aquel día, Job tomó la palabra y dijo:
“La vida del hombre en la tierra es visa de soldado
y sus días, como días de un jornalero.
Como el esclavo suspira en vano por la sombra
y el jornalero se queda aguardando su salario,
así me han tocado en suerte meses de infortunio
y se me han asignado noches de dolor.
Al acostarme, pienso: ‘¿Cuándo será de día?’
La noche se alarga y me canso de dar vueltas
hasta que amanece.

Mis días corren más aprisa que una lanzadera
y se consumen sin esperanza.
Recuerda, Señor, que mi vida es un sopro.
Mis ojos no volverán a ver la dicha”.

Salmo Responsorial 146: 1-2, 3-4, 5-6

R. Alabemos al Señor, nuestro Dios.
Alabemos al Señor, nuestro Dios,
porque es hermoso y justo el albarlo.
El Señor ha reconstruido a Jerusalén,
y a los dispersos de Israel los ha reunido. R.
R. Alabemos al Señor, nuestro Dios.

El Señor sana los corazones quebrantados,
y venda las heridas;
tiende su mano a los humildes
y humilla hasta el polvo a los malvados. R.
R. Alabemos al Señor, nuestro Dios.

El puede contar el número de estrellas
y llama a cada una por su nombre.
Grande es nuestro Dios, todos lo puede;
su sabiduría no tiene límites. R.
R. Alabemos al Señor, nuestro Dios.

Segunda Lectura: 1 Cor 9: 16-19, 22-23

Hermanos: No tengo por qué presumir de predicar
el Evangelio, puesto que ésa es mi obligación. ¡Ay
de mí, si no anuncio el Evangelio! Si yo lo hiciera
por propia iniciativa, merecería recompensa; pero
si no, es que se me ha confiado una misión.
Entonces, ¿en qué consiste mi recompensa?
Consiste en predicar el Evangelio gratis,
renunciando al derecho que tengo a vivir de la
predicación.

Aunque no estoy sujeto a nadie, me he convertido
en esclavo de todos, para ganarlos a todos. Con los
débiles me hice débil, para ganar a los débiles. Me
he hecho todo a todos, a fin de ganarlos a todos.
Todo lo hago por el Evangelio, para participar yo
también de sus bienes.

Evangelio: Mark 1: 9-39

En aquel tiempo, al salir Jesús de la sinagoga,
fue con Santiago y Juan a casa de Simón y
Andrés. La suegra de Simón estaba en cama, con
fiebre, y enseguida le avisaron a Jesús. Él se le
acercó, y tomándola de la mano, la levantó. En
ese momento se le quitó la fiebre y se puso a
servirles.

Al atardecer, cuando el sol se ponía, le llevaron
a todos los enfermos y poseídos del demonio, y
todo el pueblo se apiñó junto a la puerta. Curó a
muchos enfermos de diversos males y expulsó a
muchos demonios, pero no dejó que los
demonios hablaran, porque sabían quién era él.

De madrugada, cuando todavía estaba muy
oscuro, Jesús se levantó, salió y se fue a un lugar
solitario, donde se puso a orar. Simón y sus
compañeros lo fueron a buscar, y al encontrarlo,
le dijeron: “Todos te andan buscando”. Él les
dijo: “Vamos a los pueblos cercanos para
predicar también allá el Evangelio, pues para eso
he venido”. Y recorrió toda Galilea, predicando
en las sinagogas y expulsando a los demonios.

Renewing HOPE



2021 ANNUAL CATHOLIC APPEAL
DIOCESE OF SAN DIEGO



Assistance for Catholic Education

Our diocese includes a collaborative network of 47 outstanding Catholic schools, educating nearly 13,000 students each year. Most of our schools are in great shape, while other schools truly need our support. The Annual Catholic Appeal currently provides both a diocesan-wide tuition assistance program and an institutional support program to assist schools in need, impacting the lives of thousands of students.

Since its inception many years ago, the Diocese of San Diego & Imperial Counties Tuition Assistance Program has partnered to assist hundreds of families desirous of a Catholic education for their children who otherwise could not afford it. The Annual Catholic Appeal make this possible. Over the past ten years with the support of the Annual Catholic Appeal, Catholic schools in San Diego have received institutional support grants totaling more than five million dollars! These grants help to keep the vital mission of Catholic education both accessible and affordable for children of families living in neighborhoods that have been the most impacted by economic challenges. "Our entire community will always be grateful for the support we receive from the Annual Catholic Appeal," said Gina Olsen, principal of St. Rita School. "As an urban school with financial pressures, it helps us support our teachers and, without it, our doors would be closed."

Bishop McElroy understands the value and mission of our local Catholic schools. He said, "Our Catholic schools provide the witness to God's presence in the world which is the foundation for developing a strong personal relationship with God, an appreciation for the wonders of creation which lie all around us, the joy of community and the pursuit of academic and personal excellence."

Our Response as Stewards

REFLECT — On the many gifts you have received from God, including your financial blessings.

PRAY — About how God wants you to use the gifts He has given you.

RESPOND — By supporting the mission. You can give at your parish or online at giving.sdcatholic.org.

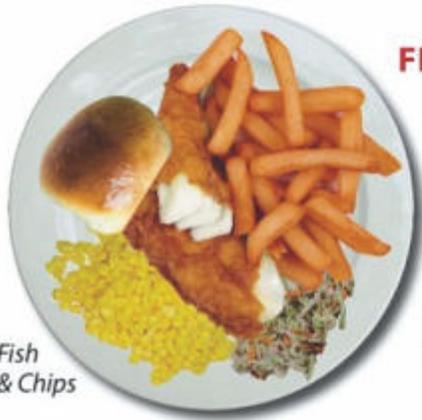


Ash Wednesday is on Wednesday, February 17!
 Join us for Ash Wednesday Mass with Ash Distribution at 9am
 We will have two Liturgy of the Word services with
 Ash Distribution, one at 4pm and a bilingual service at 6pm.
Remember that you are dust, and to dust you shall return.



LENTEN FISH DINNERS

Buy **6** fish dinners and receive
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Fish & Chips

FISH DINNER DATES:

Feb. 19 & 26,
 Mar. 5, 12, 19 &
 26 and Apr. 2
 (Good Friday)

(2 pieces of fried fish
 with tartar sauce,
 French fries, vegetable,
 coleslaw, roll with butter
 and dessert.)

Drive-thru pickup at Church Hall cul-de-sac
 (Knights will direct traffic)

4 assigned pick-up times to ensure hot meal service

All meals **\$10** each

Buy 7 weekly meals (Yes, we're doing Good Friday) all for **\$60**

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A note from Father Hal:

I would like to thank the many women that during my recuperation made sure that I had delicious and healthy dinners. I would also like to thank the gentlemen who came every day during the late afternoon and evening hours to make sure I would not get hurt physically. Once again, this shows me that

LOVE LIVES HERE.



FINANCES

Sunday Collection

Collection 1/30 & 1/31	Amount Received	Contributing Households
Plate/Loose Cash	\$678	Unknown
Envelopes/Checks	\$11,773	119
Online Giving	\$14,505.36	177
Weekly Total	\$26,956.36	296

Thank you for your generous contributions to our parish! Your gifts help us continue our mission!

There are many ways to give:

Online Giving

Visit www.saintgabrielschurch.com and click on Giving to get started.

Text to Give

You can donate via text message by texting the donation amount to: 858-771-2284. Text to give is simple and links directly into our Online Giving system, making it incredibly easy to give one-time gifts!

Envelope Donations

You may still give using your regular Sunday envelope by bringing it to Mass. You can also mail your gift to our Parish Office at 13734 Twin Peaks Road, Poway, CA 92064.

End of the Year Contribution Statements

Anyone who donated to the parish using Online Giving or envelopes/checks in 2020 should have received an **EMAILED** End of the Year Contribution Statement for tax purposes. If you did NOT receive your statement via email, please check your Junk/SPAM folder or contact Mary Romag at the Parish Office: dre@saintgabrielschurch.com.

If you would like a hard copy mailed to you in addition to the emailed statement, please visit www.saintgabrielschurch.com and click on the link on the homepage to request a hard copy.

Building Fund Debt

Debt with National Knights Organization Loan Balance: \$2,627,089.22

We have completed a loan modification with the Knights of Columbus national organization in New Haven, CT. The new interest rate is 4%, down from 4.9%, and the new monthly payment is \$20,560.47, compared to \$23,559.99 on the previous loan. We have only modified the interest rate. The maturity date remains the same at 3/1/2035.

SACRAMENTS

While Reconciliation is not available at this time, general absolution is being given at all of our Masses. General absolution offers the opportunity for us to bring our sins along with a feeling of sincere contrition to God for absolution.

Our souls are wiped clean. Any very serious sins must be confessed in individual confession at the next available opportunity.

Attention parents and godparents! Did you know that we have virtual Baptism classes the first Thursday of every month at 6:30pm on Zoom?

Our next class will be on Thursday, March 4. Contact the Parish Office to register!

Confirmation is a 2 year program through our Life Teen High School Youth Ministry.

This year, students will be Confirmed on Saturday, June 19.

Keep our Confirmation students in your prayers as they prepare!

RELIGIOUS EDUCATION K-8

Office Hours: Tuesday & Wednesday, 1pm-6pm

Phone: 858-748-7475

First Reconciliation

Mrs. Porter's class will receive First Reconciliation this Tuesday at 3:30pm.
Please meet in the Church courtyard.

Home School 6th - 8th Grade

Parents of children grades 6 and up, please access and view CredibleCatholic.com/programs and choose the modules for ages 12+.
Please view these PowerPoint modules with your child. They are excellent and thought provoking. We are using them in our classes and the discussions are amazing. It covers our faith deeper and uses science to prove God exists.
Each module takes about 40 minutes to go through.

Upcoming Dates

February 15 - 18: No class - President's Week

February 17: Ash Wednesday Mass at 9am, Liturgy of the Word at 4pm & 6pm

February 19-21: Religious Ed Congress (Virtual)

March 7: Home School Pick-up



HIGH SCHOOL YOUTH MINISTRY

Youth Ministry Calendar

February 7: Life Night

February 14: Life Night

February 17: Ash Wednesday

Mass at 9am

Liturgy of the Word at 4pm & 6pm

February 20: Winter Retreat

(Registration closed)

February 21: No Life Night, Zoom Safe

Environment begins at 1pm

February 28: Life Night

There are a few spots left!
Register today!

YOU:

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\$15 PER TEEN

In person cohort Tuesdays from 5-6pm, Starts February 16
Online Thursdays from 5-6pm, Starts February 18

Contact the Youth Office with questions:
(858) 435-0752 or youth@saintgabrielschurch.com



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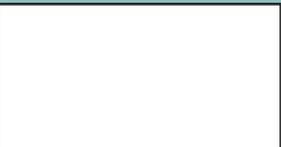
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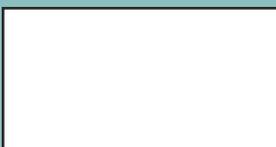
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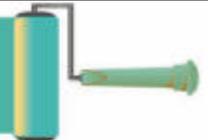
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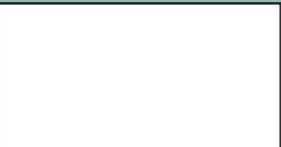
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