

# St. Gabriel

CATHOLIC CHURCH

1<sup>st</sup> Sunday of Lent  
February 21, 2021

St. Gabriel Catholic Church  
13734 Twin Peaks Road, Poway

Phone: 858-748-5348

Text to Give: 858-771-2284

Website: [www.saintgabrielschurch.com](http://www.saintgabrielschurch.com)

Email: [office@saintgabrielschurch.com](mailto:office@saintgabrielschurch.com)

Very Reverend Michael Froidurot, Pastor  
Rev. Patrick Murphy, Senior Associate  
Rev. Chuck Fuld  
Rev. James Rafferty  
Rev. Hal Tindall, Retired  
Deacon Ricardo Elizondo

## Mass Schedule

Saturday 5pm Mass

Sunday 8:30am Mass (Livestreamed)

10:30am Mass

12:30pm Bilingual Mass

5pm Mass

Monday & Wednesday 9am Mass

Tuesday & Thursday 6pm Mass

Friday 12:10pm Mass



# Mass Intentions

<b>Saturday, February 20</b> 5pm Mass <i>1<sup>st</sup> Sunday of Lent</i>	Alphonse & Louise Szoka, dec.
<b>Sunday, February 21</b> 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5pm Mass <i>1<sup>st</sup> Sunday of Lent</i>	John & Johnny Bertran, dec. Nicholas Bernardini, dec. Martina Jaramillo, dec. Teofilo Arias, dec.
<b>Monday, February 22</b> 9am Mass <i>Feast of the Chair of St. Peter, Apostle</i>	Joe Busch, dec.
<b>Tuesday, February 23</b> 6pm Mass	Gerard C. Arcilla, dec.
<b>Wed, February 24</b> 9am Mass	Richard Dizon, dec.
<b>Thursday, February 25</b> 6pm Mass	Leo Rega, dec.
<b>Friday, February 26</b> 12:10pm Mass	Carol Pieszchala, dec.
<b>Saturday, February 27</b> 5pm Mass <i>2<sup>nd</sup> Sunday of Lent</i>	Margaret Pizzella, dec.
<b>Sunday, February 28</b> 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5pm Mass <i>2<sup>nd</sup> Sunday of Lent</i>	Linda Tucker, dec. Kurt Redlinger, dec. Gloria Fernandez Jaramillo, dec. Marcia Zolkiewitz, dec.

# Prayer List

*Please keep the following members of our faith community in your prayers.*

Agrimis Family	Len Lingat
Diane Borzych	Jeric Macatuno
Raudel Cortez Castañeda	Liza Macatuno
Owen Coolley	Jerry Martin
A & K Dela Cruz	Cathy Mejias
Chelsea & Colin Gagnano	Phyllis Merino
Paulo Ruiz Ibarra	Neagle Family
Ann Jaburg	David Saunders
Don Janiuk	Cristy Tiglao
Lynn Kondzela	Naty Tiglao
Wendy Kondzela	Eddie Vaquerano
Marjorie Kramer	Nina Wojtalewicz

Name(s) will remain on the prayer list for 2 months during which time parishioners and priests pray for the specific healing need of the individual. **After that time, trust in the Lord as He continues to embrace you.**

*Lord, we lift up all those who are facing illness today. We ask You to bring healing, comfort and peace to their bodies, calm their fears and let them experience the healing power of Your love. Amen.*

## Prayer for the First Sunday of Lent

*Loving God,*

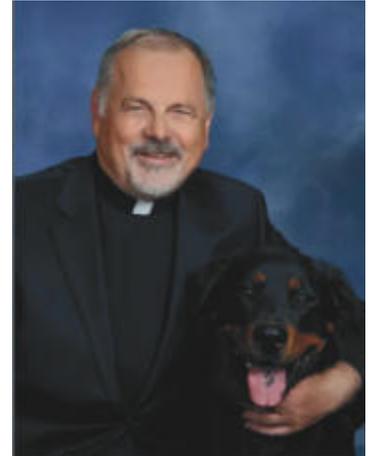
*During the sacred season of Lent, bring me closer to You. Prepare a place in my home and heart for silence and solitude, so that I may re-discover the grace of a prayer-full life. Help me to fast from those things that threaten the well-being of body and soul and remind me of the grace of simplicity. Enlarge my heart so that I give to those in need and, in so doing, re-discover the grace of gratitude and generosity. May this season be a grace-filled time to rekindle my love for and faith in You. Amen.*

# A note from the Pastor...

Dear St. Gabriel Family,

We find ourselves in one of the most blessed, holy seasons of the Church year. I think many of us anticipate this season with mixed feelings. We may view sacrifice, penance and quiet prayer as somber. We make grand plans for what we are “giving up for Lent” this year, only to run out of steam and run into excuses.

The truth is that this season is not about *giving up* but about *filling up*. We empty our lives just a tiny bit of some things that may be pointing us away from Christ and we ask Him to fill us with more of His love, His truth, and His peace. The more we give, the more we are ready to receive. So as we begin this season, if you find yourself feeling frustrated or the excuses begin crowding in, ask Christ to fill those gaps with grace.



If you are still struggling to get into the spirit of the season, consider spending just a few moments each day in prayer and reflection with our 40 Days of Lent Daily Reflections. So many parishioners contributed their time and energy to give us beautiful reflections on what this season means in their lives. Find a quiet spot, and you might just see a familiar friendly face sharing a life-giving moment of grace with you. Visit [www.stgabrielspoway.org/lent](http://www.stgabrielspoway.org/lent) for a new reflection for each day.

The Annual Catholic Appeal is still ongoing. I appreciate all those who have supported this campaign in the past and those who have already done so this year. Our parish goal of \$71,000 cannot be met without each of us participating in some way. No gift is too small. These are wonderful ministries and outreach programs and our support changes so many lives. Visit [www.stgabrielspoway.org/aca](http://www.stgabrielspoway.org/aca) for more information.

In His Service,  
Very Reverend Michael Froidurot

## THIS WEEK



Let's join together as a community of faith this Lenten season.

[www.stgabrielspoway.org/lent](http://www.stgabrielspoway.org/lent)

*Join us on the journey.*

### **40 Days of Lent: St. Gabriel Daily Reflections**

*Join anytime! Videos are available at [www.stgabrielspoway.org/lent](http://www.stgabrielspoway.org/lent). Spend a few minutes in prayer with us each day!*

### **Virtual Stations of the Cross**

*Visit [www.stgabrielspoway.org/lent](http://www.stgabrielspoway.org/lent) if you missed our first Friday stations! New stations posted every Friday.*

### **The Search: Episode 1**

*Visit [www.stgabrielspoway.org/lent](http://www.stgabrielspoway.org/lent) for a link to the first episode of *The Search*! Take a deeper look at what you seek. What is that deep longing in our hearts all about?*

# This Sunday's Readings

## First Reading: Genesis 9: 8-15

God said to Noah and to his sons with him:  
“See, I am now establishing my covenant with you  
and your descendants after you  
and with every living creature that was with you:  
all the birds, and the various tame and wild animals  
that were with you and came out of the ark.  
I will establish my covenant with you,  
that never again shall all bodily creatures be destroyed  
by the waters of a flood;  
there shall not be another flood to devastate the earth.”  
God added:  
“This is the sign that I am giving for all ages to come,  
of the covenant between me and you  
and every living creature with you:  
I set my bow in the clouds to serve as a sign  
of the covenant between me and the earth.  
When I bring clouds over the earth,  
and the bow appears in the clouds,  
I will recall the covenant I have made  
between me and you and all living beings,  
so that the waters shall never again become a flood  
to destroy all mortal beings.”

## Responsorial Psalm: Psalm 25: 4-5, 6-7, 8-9

**R. Your ways, O Lord, are love and truth to those  
who keep your covenant.**

Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior.

**R. Your ways, O Lord, are love and truth to those  
who keep your covenant.**

Remember that your compassion, O LORD,  
and your love are from of old.  
In your kindness remember me,  
because of your goodness, O LORD.

**R. Your ways, O Lord, are love and truth to those  
who keep your covenant.**

Good and upright is the LORD,  
thus he shows sinners the way.  
He guides the humble to justice,  
and he teaches the humble his way.

**R. Your ways, O Lord, are love and truth to those  
who keep your covenant.**

## Second Reading: 1 Peter 3: 18-22

Beloved:  
Christ suffered for sins once,  
the righteous for the sake of the unrighteous,  
that he might lead you to God.  
Put to death in the flesh,  
he was brought to life in the Spirit.  
In it he also went to preach to the spirits in prison,  
who had once been disobedient  
while God patiently waited in the days of Noah  
during the building of the ark,  
in which a few persons, eight in all,  
were saved through water.  
This prefigured baptism, which saves you now.  
It is not a removal of dirt from the body  
but an appeal to God for a clear conscience,  
through the resurrection of Jesus Christ,  
who has gone into heaven  
and is at the right hand of God,  
with angels, authorities, and powers subject to him.

## Gospel: Mark 1: 12-15

The Spirit drove Jesus out into the desert,  
and he remained in the desert for forty days,  
tempted by Satan.  
He was among wild beasts,  
and the angels ministered to him.

After John had been arrested,  
Jesus came to Galilee proclaiming the gospel of  
God:  
“This is the time of fulfillment.  
The kingdom of God is at hand.  
Repent, and believe in the gospel.”

# Este Domingo Lecturas

## Primera Lectura: Genesis 9: 8-15

En aquellos días, dijo Dios a Noé y a sus hijos: “Ahora establezco una alianza con ustedes y con sus descendientes, con todos los animales que los acompañaron, aves, ganados y fieras, con todos los que salieron del arca, con todo ser viviente sobre la tierra. Ésta es la alianza que establezco con ustedes: No volveré a exterminar la vida con el diluvio, ni habrá otro diluvio que destruya la tierra”.

Y añadió: “Ésta es la señal de la alianza perpetua que yo establezco con ustedes y con todo ser viviente que esté con ustedes. Pondré mi arco iris en el cielo como señal de mi alianza con la tierra, y cuando yo cubra de nubes la tierra, aparecerá el arco iris y me acordaré de mi alianza con ustedes y con todo ser viviente. No volverán las aguas del diluvio a destruir la vida”.

## Salmo Responsorial 24: 4-9

### **R. Descúbrenos, Señor, tus caminos.**

Descúbrenos, Señor, tus caminos,  
guíanos con la verdad de tu doctrina.  
Tú eres nuestro Dios y salvador  
y tenemos en ti nuestra esperanza. R.

### **R. Descúbrenos, Señor, tus caminos.**

Acuérdate, Señor, que son eternos  
tu amor y tu ternura.

Según ese amor y esa ternura,  
acuérdate de nosotros. R.

### **R. Descúbrenos, Señor, tus caminos.**

Porque el Señor es recto y bondadoso,  
indica a los pecadores el sendero,  
guía por la senda recta a los humildes  
y descubre a los pobres sus caminos. R.

### **R. Descúbrenos, Señor, tus caminos.**

## Segunda Lectura: 1 Peter 3: 18-22

Hermanos: Cristo murió, una sola vez y para siempre, por los pecados de los hombres; él, el justo, por nosotros, los injustos, para llevarnos a Dios; murió en su cuerpo y resucitó glorificado. En esta ocasión, fue a proclamar su mensaje a los espíritus encarcelados, que habían sido rebeldes en los tiempos de Noé, cuando la paciencia de Dios aguardaba, mientras se construía el arca, en la que unos pocos, ocho personas, se salvaron flotando sobre el agua. Aquella agua era figura del bautismo, que ahora los salva a ustedes y que no consiste en quitar la inmundicia corporal, sino en el compromiso de vivir con una buena conciencia ante Dios, por la resurrección de Cristo Jesús, Señor nuestro, que subió al cielo y está a la derecha de Dios, a quien están sometidos los ángeles, las potestades y las virtudes.

## Evangelio: Mark 1: 12-15

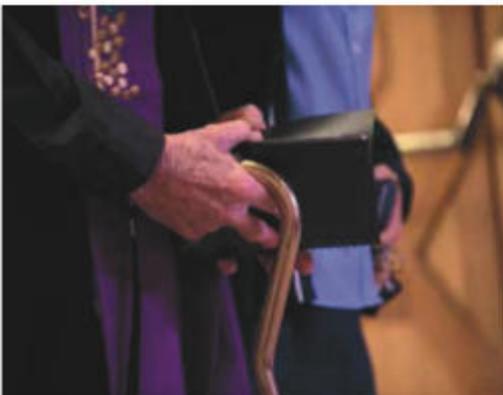
En aquel tiempo, el Espíritu impulsó a Jesús a retirarse al desierto, donde permaneció cuarenta días y fue tentado por Satanás. Vivió allí entre animales salvajes, y los ángeles le servían.

Después de que arrestaron a Juan el Bautista, Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepiéntanse y crean en el Evangelio”.

# Renewing HOPE



2021 ANNUAL CATHOLIC APPEAL  
DIOCESE OF SAN DIEGO



## Care of Retired Priests

When a diocesan priest is ordained, he makes a lifelong commitment to serve the needs of the faithful in our diocese, typically serving 40 to 45 years in ministry. In return, the diocese makes a commitment to the priest to provide for his basic well-being during his lifetime, including retirement.

Everyone is aware of the need to appropriately provide for the spiritual, material, and medical needs during their senior years. Priests have the same concerns. They want to have a certain level of confidence that someone will attend to the nurturing of their faith, helping them find an appropriate physical environment, and assist them when their bodies or minds decline with the passage of time. We play an important part in adding to their sense of security about their senior years.

The normal retirement age for a priest in our diocese is at age 75. Retirement costs including insurance, healthcare, prescription drugs, skilled nursing care, and housing and sustenance continue to escalate. At present, one-third of our diocesan priests are retired.

Our retired priests have a profound trust in the Lord and His Holy Mother; they have a profound trust in the gratitude and generosity of the people of the diocese. Our 1 retired bishop and retired priests rely on the Lord and His people to sustain them in their senior years. As age and physical ability permit, they continue to witness the love of God. They continue to live a life of prayer and sacramental participation.

The Annual Catholic Appeal supports care of retired priests so that they can live in dignity, and free of anxiety about their means of support. This includes providing health and auto insurance, nursing care at Nazareth House San Diego if needed, supplementing their pension when necessary, and covering expenses for them to attend the annual convocation of priests.

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### Our Response as Stewards

**REFLECT** — On the many gifts you have received from God, including your financial blessings.

**PRAY** — About how God wants you to use the gifts He has given you.

**RESPOND** — By supporting the mission. You can give at your parish or online at [giving.sdccatholic.org](http://giving.sdccatholic.org).

## The Catholic Community Foundation is offering a Catholic Wills and Trusts Webinar



Join us for one of our FREE Estate & Legacy Planning Informational sessions led by local estate planning attorneys within our Catholic community. These webinars address how to protect and provide for your loved ones, avoid probate, provide a Catholic perspective on health care directives, who should be your trustee and power of attorney, what is needed to update or create an estate plan, will, living trust, and more.

**Register for Upcoming Webinars at [www.ccsd.org/ongoing-events/wills-trusts/](http://www.ccsd.org/ongoing-events/wills-trusts/)**  
**English: Feb 22: 10am - 12pm, Feb 24: 10am-12pm & 6pm - 8pm, Feb 26: 10am-12pm**  
**Spanish: Feb 23: 10am-12pm, Feb 25: 6pm-8pm**

## St. Gabriel's Day of Prayer to End Abortion March 13, 2021



**Will you pray for ONE HOUR between  
9am - 5pm?**

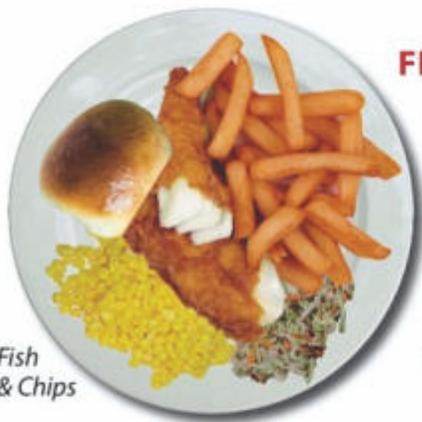
*Directions: I-15 to Mira Mesa Blvd, go west to  
Camino Ruiz, turn right*

Call Jim McBride at 858-204-9933 to volunteer!



## LENTEN FISH DINNERS

Buy **6** fish dinners and receive  
the **7<sup>th</sup>** (Good Friday) **FREE**



Fish  
& Chips

### FISH DINNER DATES:

Feb. 19 & 26,  
Mar. 5, 12, 19 &  
26 and Apr. 2  
(Good Friday)

(2 pieces of fried fish  
with tartar sauce,  
French fries, vegetable,  
coleslaw, roll with butter  
and dessert.)

Drive-thru pickup at Church Hall cul-de-sac  
(Knights will direct traffic)

4 assigned pick-up times to ensure hot meal service

All meals **\$10** each

Buy 7 weekly meals (Yes, we're doing Good Friday) **all for \$60**

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St. Patrick's Day with

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## Traditional Corned Beef and Cabbage Meal



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# FINANCES

## Sunday Collection

Collection 2/13 & 2/14	Amount Received	Contributing Households
Plate/Loose Cash	\$870.71	Unknown
Envelopes/Checks	\$16,552.00	109
Online Giving	\$12,603.50	180
<b>Weekly Total</b>	<b>\$30,026.21</b>	<b>289</b>

*Thank you for your generous contributions to our parish! Your gifts help us continue our mission!*

There are many ways to give:

### Online Giving

Visit [www.saintgabrielschurch.com](http://www.saintgabrielschurch.com) and click on Giving to get started.

### Text to Give

You can donate via text message by texting the donation amount to: 858-771-2284. Text to give is simple and links directly into our Online Giving system, making it incredibly easy to give one-time gifts!

### Envelope Donations

You may still give using your regular Sunday envelope by bringing it to Mass. You can also mail your gift to our Parish Office at 13734 Twin Peaks Road, Poway, CA 92064.

### End of the Year Contribution Statements

Anyone who donated to the parish using Online Giving or envelopes/checks in 2020 should have received an **EMAILED** End of the Year Contribution Statement for tax purposes. If you did NOT receive your statement via email, please check your Junk/SPAM folder or contact Mary Romag at the Parish Office: [dre@saintgabrielschurch.com](mailto:dre@saintgabrielschurch.com).

If you would like a hard copy mailed to you in addition to the emailed statement, please visit [www.saintgabrielschurch.com](http://www.saintgabrielschurch.com) and click on the link on the homepage to request a hard copy.

## Building Fund Debt

Debt with National Knights Organization Loan Balance: \$2,627,089.22

*We have completed a loan modification with the Knights of Columbus national organization in New Haven, CT. The new interest rate is 4%, down from 4.9%, and the new monthly payment is \$20,560.47, compared to \$23,559.99 on the previous loan. We have only modified the interest rate. The maturity date remains the same at 3/1/2035.*

# SACRAMENTS

While Reconciliation is not available at this time, general absolution is being given at all of our Masses. General absolution offers the opportunity for us to bring our sins along with a feeling of sincere contrition to God for absolution.

Our souls are wiped clean. Any very serious sins must be confessed in individual confession at the next available opportunity.

Attention parents and godparents! Did you know that we have virtual Baptism classes the first Thursday of every month at 6:30pm on Zoom?

Our next class will be on Thursday, March 4. Contact the Parish Office to register!

Confirmation is a 2 year program through our Life Teen High School Youth Ministry.

This year, students will be Confirmed on Saturday, June 19.

Keep our Confirmation students in your prayers as they prepare!

# RELIGIOUS EDUCATION K-8

Office Hours: Tuesday & Wednesday, 1pm-6pm

Phone: 858-748-7475

## Lent Almsgiving/Baby Bottle Drive

For Lent Almsgiving, Religious Education is supporting Life Choices based here in Poway. Life Choices gives young women an alternative to abortion by connecting mothers with resources to help. The children will bring home baby bottles this week. During Lent, they should donate money in the bottle and learn the idea of giving to others. Please return the bottles (with or without change) by April 7.



## CCD Stations of the Cross

Watch for the link via your email from the parish this week! It will include Stations of the Cross with artwork, singing and narrative by our own Religious Education students. If you are not signed up for the parish emails, you can sign up on our website.

## Upcoming Dates to Remember

March 7: Home School Pick-up 12pm - 1pm

March 28: Palm Sunday

April 1: Holy Thursday

April 2: Good Friday

April 4: Easter Sunday

# HIGH SCHOOL YOUTH MINISTRY

## Youth Ministry Calendar

February 20: Winter Retreat

February 21: No Life Night, Zoom Safe

Environment begins at 1pm

February 28: Life Night

**Pray for our 80 students who were on retreat this Saturday!**





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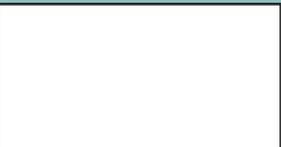
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 Diana@EmpoweredPurpose.org  
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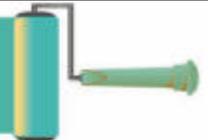
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