



St. Gabriel

17th Sunday in Ordinary Time
July 25, 2021

St. Gabriel Catholic Church
13734 Twin Peaks Road, Poway

Phone: 858-748-5348

Text to Give: 858-771-2284

Website: www.saintgabrielschurch.com

Email: office@saintgabrielschurch.com

Very Reverend Michael Froidurot, Pastor
Rev. Patrick Murphy, Senior Associate
Rev. Chuck Fuld
Rev. James Rafferty
Rev. Hal Tindall, Retired
Deacon Ricardo Elizondo

Saturday 5pm Mass
Sunday 8:30am Mass (Livestreamed)
10:30am Mass
12:30pm Bilingual Mass
5pm Mass

Mon & Wed 9am Mass
Tues & Thurs 6pm Mass
Friday 12:10pm Mass



Mass Intentions

Saturday, July 24 5:00pm Mass <i>17th Sunday in Ordinary Time</i>	Francisca Lopez, dec.
Sunday, July 25 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5:00pm Mass <i>17th Sunday in Ordinary Time</i>	Celia Ramirez, int. Gabriela Widjaja, int. Armando & Feliciano Lira, dec. Tim Cobb, dec.
Monday, July 26 9am Mass <i>Memorial of Sts. Joachim & Anne, Parents of the BVM</i>	Paul Martinez, dec.
Tuesday, July 27 6pm Mass	Howell Dela Llana, dec.
Wednesday, July 28 9am Mass	Derek M. Thomson, int.
Thursday, July 29 6pm Mass <i>Memorial of Sts. Martha, Mary & Lazarus</i>	Georgine Gilbert, dec.
Friday, July 30 12:10pm Mass	Rev. Michael Froidurot, int.
Saturday, July 31 5:00pm Mass <i>18th Sunday in Ordinary Time</i>	Shirley Sorensen, dec.
Sunday, August 1 8:30am Mass 10:30am Mass 12:30pm (bilingual) Mass 5:00pm Mass <i>18th Sunday in Ordinary Time</i>	Dcn. Bob Troy, dec. Jo Ann Caspersen, int. Maria Santos Chamu, dec. Patricia Connell, dec.

The Mass intention calendar is now open through December 31, 2021. Visit our website to request Mass intentions for a loved one in need of special prayer.

Prayer List

Please keep the following members of our faith community in your prayers.

Greg Bolinger	Guadalupe Martinez
Joe & Eileen Fagan	Neagle Family
Suzanne Gordon	David Saunders
Joe Heightman	Leigh Schaefer
Christopher Hoslt Jr.	John Sloan
Ann Jaburg	Angela Snyder
Don Janiuk	Cristy Tiglao
Spencer Kerr	Naty Tiglao
Marcy	Eddie Vaquerano
Roseann Marrtila	Nina Wojtalewicz

Name(s) will remain on the prayer list for 2 months during which time parishioners pray for the specific healing need of the individual. **After that time, trust in the Lord as He continues to embrace you.**

Lord, we lift up all those who are facing illness today. We ask You to bring healing, comfort and peace to their bodies, calm their fears and let them experience the healing power of Your love. Amen.

Pray the Rosary with us.

Join us in prayer in the Church:

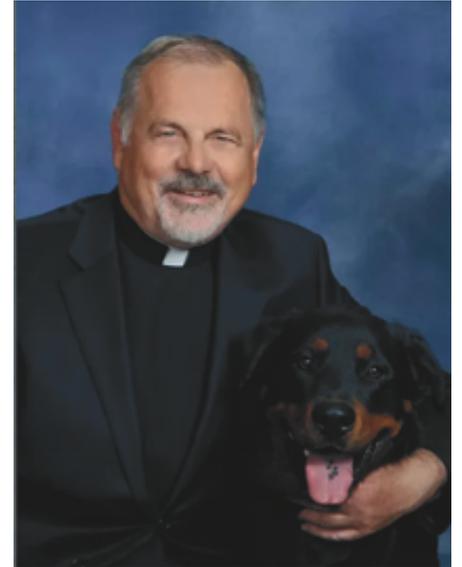
Mondays at 8:30am
 Tuesdays at 5:15pm for the unborn
 Wednesdays at 8:30am
 Thursdays at 9:00am
 Thursdays at 5:15pm

The sacrament of Reconciliation is being offered every Saturday from 3:45-4:45pm in the RCIA room off the church courtyard.

A note from the Pastor...

Dear St. Gabriel Family,

Summer is in full swing, and now is the time to be planning for the 2021-2022 school year! Visit our website to register for Religious Education K-8 or High School Youth Ministry. What better gift can we give our children than a firm foundation of faith? Religious Education and Youth Ministry not only give our youth knowledge about the Catholic faith, they also provide our young people with a faith-based community. This community can teach our young people how to carry their faith beyond the walls of the Church into the deepest parts of their lives and their friendships. If you haven't registered in the past or didn't participate last year due to COVID, consider prioritizing Religious Education this year.



We are very much in need of Catechists and Aides to help with our various classes. With classes being predominately remote last year, we drastically reduced the number of in-person Catechists and Aides. This year we expect to be back in full-swing, which means that we really need to staff up with volunteers again! If you are feeling called to help with Religious Education or High School Youth Ministry, please contact Melinda Casteloes (Religious Education K-8): reled@saintgabrielschurch.com or Kierstin Rowell (High School Youth Ministry): youth@saintgabrielschurch.com.

In His Service,
Very Reverend Michael Froidurot



OFFICE FOR THE
MISSIONS

August 7-8 is Mission Cooperation Plan weekend. Every year a representative from the mission field comes to the parish to share their mission experience and allow us to participate in their ministry work through our prayers and financial support.

This year, due to pandemic protocol, our representative, Fr. Stephen Moeller from the mission in Argentina will not be able to be physically present with us. However, we will still hear about his wonderful missionary work and learn how we can be a part of his mission. We look forward to learning more about the Mission Cooperation Plan and specifically about Fr. Stephen's work.

Save the date

Sarah Hart Concert

Saturday, September 11 at 7pm



Join us for
Mass at 5pm.

Food will be
available for
purchase from
6-7pm.

This Sunday's Readings

First Reading: 2 Kings 4: 42-44

A man came from Baal-shalishah bringing to Elisha, the man of God, twenty barley loaves made from the firstfruits, and fresh grain in the ear. Elisha said, "Give it to the people to eat." But his servant objected, "How can I set this before a hundred people?" Elisha insisted, "Give it to the people to eat." "For thus says the LORD, 'They shall eat and there shall be some left over.'" And when they had eaten, there was some left over, as the LORD had said.

Responsorial Psalm: Psalm 145: 10-11, 15-16, 17-18

R. The hand of the Lord feeds us; he answers all our needs.

Let all your works give you thanks, O LORD,
and let your faithful ones bless you.
Let them discourse of the glory of your kingdom
and speak of your might.

R. The hand of the Lord feeds us; he answers all our needs.

The eyes of all look hopefully to you,
and you give them their food in due season;
you open your hand
and satisfy the desire of every living thing.

R. The hand of the Lord feeds us; he answers all our needs.

The LORD is just in all his ways
and holy in all his works.
The LORD is near to all who call upon him,
to all who call upon him in truth.

R. The hand of the Lord feeds us; he answers all our needs.

Second Reading: Ephesians 4: 1-6

Brothers and sisters:
I, a prisoner for the Lord,
urge you to live in a manner worthy of the call you have received,
with all humility and gentleness, with patience,

bearing with one another through love,
striving to preserve the unity of the spirit through
the bond of peace:
one body and one Spirit,
as you were also called to the one hope of your
call;
one Lord, one faith, one baptism;
one God and Father of all,
who is over all and through all and in all.

Gospel: John 6: 1-15

Jesus went across the Sea of Galilee. A large crowd followed him, because they saw the signs he was performing on the sick. Jesus went up on the mountain, and there he sat down with his disciples. The Jewish feast of Passover was near. When Jesus raised his eyes and saw that a large crowd was coming to him, he said to Philip, "Where can we buy enough food for them to eat?" He said this to test him, because he himself knew what he was going to do. Philip answered him, "Two hundred days' wages worth of food would not be enough for each of them to have a little." One of his disciples, Andrew, the brother of Simon Peter, said to him, "There is a boy here who has five barley loaves and two fish; but what good are these for so many?" Jesus said, "Have the people recline." Now there was a great deal of grass in that place. So the men reclined, about five thousand in number. Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. When they had had their fill, he said to his disciples, "Gather the fragments left over, so that nothing will be wasted." So they collected them, and filled twelve wicker baskets with fragments from the five barley loaves that had been more than they could eat. When the people saw the sign he had done, they said, "This is truly the Prophet, the one who is to come into the world." Since Jesus knew that they were going to come and carry him off to make him king, he withdrew again to the mountain alone.

Lecturas de Este Domingo

Primera Lectura: 2 Reyes 4: 42-44

En aquellos días, llegó de Baal-Salisá un hombre que traía para el siervo de Dios, Eliseo, como primicias, veinte panes de cebada y grano tierno en espiga.

Entonces Eliseo dijo a su criado: “Dáselos a la gente para que coman”. Pero él le respondió: “¿Cómo voy a repartir estos panes entre cien hombres?”

Eliseo insistió: “Dáselos a la gente para que coman, porque esto dice el Señor: ‘Comerán todos y sobraré’ ”.

El criado repartió los panes a la gente; todos comieron y todavía sobró, como había dicho el Señor.

Salmo Responsorial: Salmo 144

R. Bendeciré al Señor eternamente.

Que te alaben, Señor, todas tus obras
y que todos tus fieles te bendigan.
Que proclamen la gloria de tu reino
y den a conocer tus maravillas. R.

R. Bendeciré al Señor eternamente.

A ti, Señor, sus ojos vuelven todos
y tú los alimentas a su tiempo.
Abres, Señor, tus manos generosas
y cuantos viven quedan satisfechos. R.

R. Bendeciré al Señor eternamente.

Siempre es justo el Señor en sus designios
y están llenas de amor todas sus obras.
No está lejos de aquellos que lo buscan;
muy cerca está el Señor de quien lo invoca. R.

R. Bendeciré al Señor eternamente.

Second Reading: Ephesians 4: 1-6

Hermanos: Yo, Pablo, prisionero por la causa del Señor, los exhorto a que lleven una vida digna del llamamiento que han recibido. Sean siempre humildes y amables; sean comprensivos y sopórtense mutuamente con amor; esfuércense en mantenerse unidos en el Espíritu con el vínculo de la paz.

Porque no hay más que un solo cuerpo y un solo Espíritu, como también una sola es la esperanza del llamamiento que ustedes han recibido. Un solo Señor, una sola fe, un solo bautismo, un solo Dios y Padre de

todos, que reina sobre todos, actúa a través de todos y vive en todos.

Evangelio: John 6: 1-15

En aquel tiempo, Jesús se fue a la otra orilla del mar de Galilea o lago de Tiberíades. Lo seguía mucha gente, porque habían visto los signos que hacía curando a los enfermos. Jesús subió al monte y se sentó allí con sus discípulos.

Estaba cerca la Pascua, festividad de los judíos. Viendo Jesús que mucha gente lo seguía, le dijo a Felipe: “¿Cómo compraremos pan para que coman éstos?” Le hizo esta pregunta para ponerlo a prueba, pues él bien sabía lo que iba a hacer. Felipe le respondió: “Ni doscientos denarios de pan bastarían para que a cada uno le tocara un pedazo de pan”. Otro de sus discípulos, Andrés, el hermano de Simón Pedro, le dijo: “Aquí hay un muchacho que trae cinco panes de cebada y dos pescados. Pero, ¿qué es eso para tanta gente?” Jesús le respondió: “Díganle a la gente que se siente”. En aquel lugar había mucha hierba. Todos, pues, se sentaron ahí; y tan sólo los hombres eran unos cinco mil.

Enseguida tomó Jesús los panes, y después de dar gracias a Dios, se los fue repartiendo a los que se habían sentado a comer. Igualmente les fue dando de los pescados todo lo que quisieron. Después de que todos se saciaron, dijo a sus discípulos: “Recojan los pedazos sobrantes, para que no se desperdicien”. Los recogieron y con los pedazos que sobraron de los cinco panes llenaron doce canastos.

Entonces la gente, al ver el signo que Jesús había hecho, decía: “Éste es, en verdad, el profeta que habría de venir al mundo”. Pero Jesús, sabiendo que iban a llevárselo para proclamarlo rey, se retiró de nuevo a la montaña, él solo.

FREEDOM IN GOD'S COMMANDS

Connect! Sunday Reflection from LPI

What is God calling me to give? Where does He want to send me to find the hungry and the suffering? Who needs to hear me witness about my faith? What would it take for me to really surrender my time, treasure and talents to His service?

It does not take much to do good, to relieve suffering, or to show love. Consider the example of [St. Teresa of Calcutta](#). When she began her ministry among the poor, she had nothing. She started her order with no master plan or endowment. Rather, she walked the streets, feeding the hungry, and caring for the sick with

whatever resources she could muster. She gave the little she had, and through her generosity and holiness, she touched hearts and changed lives.

One day, she came upon a homeless man dying in the gutter. With the help of some men, she brought him to her home. There she washed him, prepared a small meal for him, and prayed. For three hours she did nothing but sit with him. He looked up at her and said, "My whole life I have been treated like an animal, now I will die like an angel." She was not able to give him much — just her time and her love — but it meant that, in his final hours on earth, instead of dying in the streets, he could die in the arms of a saint.

In the Gospels, Jesus never turns away those in need. Whether they have a question, whether they need healing or whether they are hungry, He gives them what He has, and it never fails to satisfy. Today's story about the multiplication of the loaves and fish is a case in point. The five barley loaves and two fish would not have been enough to feed the apostles, never mind a throng of five thousand. Yet Jesus refused to keep the food to Himself. Rather He took it, blessed it and gave it away. That small act of generosity was enough to satisfy a hungry mass of people with plenty left over.

It is a spiritual law that God uses those who have the least ability to do His work. We often say, "If you want to get something done, ask a busy person." Well, when God wants to get something done, He asks a poor person. By choosing those who are weak, deprived and even sinful, our Heavenly Father makes it clear that it is He who is at work. Otherwise we might chalk the good deeds up to the cleverness or resourcefulness of those who do them rather than the God who makes all things possible.

God wants to do great things in our families, parishes, and communities. He wants to feed the hungry, He wants to console the suffering and He wants to change hardened hearts. But He needs us to help Him. He needs us to give even when we think we have too little, to work even when we feel exhausted, and to open our mouths even when we think we have nothing to say. We need to take risks as St. Teresa of Calcutta did by ministering to those dying on the streets and as the boy in the Gospel did who gave his basket of food to Jesus. When we do that, when we step outside our comfort zone in faith, God will take care of the rest.

Douglas Sousa, STL



A KNIGHT TO REMEMBER

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August 15, 2021

Ticket Purchases will be online
and in the Church courtyard.

THEOLOGY ON TAP WITH CLARE MCCALLAN

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Thursday, July 29, 7-9:30pm

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FINANCES

Sunday Collection

Collection 7/17 & 7/18	Amount Received	Contributing Households
Plate/Loose Cash	\$1,657.45	Unknown
Envelopes/Checks	\$10,519.00	155
Online Giving	\$11,032.50	170
Weekly Total	\$23,208.95	325

Thank you so much for your generous support of our parish!

No gift is too small. Your ongoing generosity helps us continue to live out our parish mission. There are many ways to give including:

Online Giving

Visit www.saintgabrielschurch.com and click on Giving to get started.

Text to Give

You can donate via text message by texting the donation amount to: 858-771-2284. Text to give is simple and links directly into our Online Giving system, making it incredibly easy to give one-time gifts!

Envelope Donations

You may still give using your regular Sunday envelope by bringing it to Mass. You can also mail your gift to our Parish Office at 13734 Twin Peaks Road, Poway, CA 92064.



17th Sunday
in Ordinary Time
archstl.org

“There is a boy here who has five barley loaves and two fish; but what good are these for so many?”
JOHN 6:9

The miracle of the Loaves and Fishes carries two important messages. First, no matter how little we have, we always have enough to share. Second,

Christ can take our humble gifts and do great things with them if we are just willing to let Him. Nothing is impossible with God. All of our gifts, big or small, were given to us for a reason. No gift is too small or insignificant!

Building Fund Debt

Debt with National Knights Organization Loan Balance:
\$2,582,552.31

We have completed a loan modification with the Knights of Columbus national organization in New Haven, CT. The new interest rate is 4%, down from 4.9%, and the new monthly payment is \$20,560.47, compared to \$23,559.99 on the previous loan. We have only modified the interest rate. The maturity date remains the same at 3/1/2035.

SACRAMENTS

Parents & godparents are required to attend a one-session Baptism class!

Our next class is on August 5. Please contact the Parish Office for more information.

Are you an adult ages 18+ looking to find out more about the Catholic faith? Are you missing one or more of your sacraments?

Visit www.stgabrielspoway.org/rcia for more information about our RCIA program here at St. Gabriels.

Eucharistic Adoration:

Monday, July 26
6:30-7:30pm in Spanish

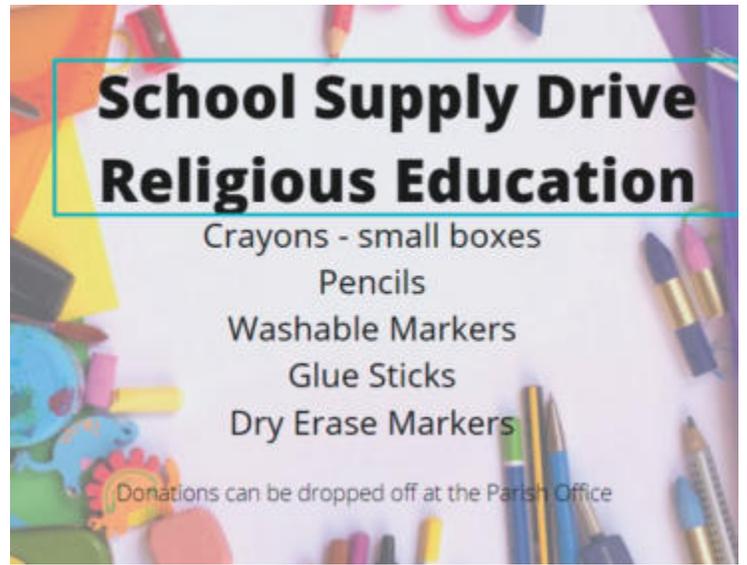
Monday, August 2
7-8pm in English

RELIGIOUS EDUCATION K-8

Religious Education Office
Phone: 858-748-7475
Email: reled@saintgabrielschurch.com

Registration for 2021-2022

Registration for Religious Education for the 2021-2022 school year is now available! Visit our website to register today! Don't miss out on your chance to give your kids the gift of knowledge of their faith. There is no greater treasure.



HIGH SCHOOL YOUTH MINISTRY

Youth Minister: Kierstin Rowell
youth@saintgabrielschurch.com

Registration for High School Youth Ministry 2021-2022 is now available on our website! Visit www.stgabrielspoway.org/youth-ministry to register.

Help us make our Youth room awesome!

We have a wishlist of items to help us make our Youth Ministry room a great gathering place for our youth! A few of the items we still need include:

- Bean bag chairs
- Microwave
- Board games/card games
- Magnetic Dart board
- Spot It! (Card game)



Visit our website: www.stgabrielspoway.org/youth-ministry for our wishlist of items!



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