



RIVERDALE CONNECTIONS

January 2022– Issue 49

Riverdale Senior Center

4433 S 900 W.
Riverdale, UT 84405
(801)621-6086

Center Hours
Monday- Friday
8 am-3:30 pm

Riverdale Community Center

4360 S Parker Dr.
Riverdale, UT 84405
(801)621-6084

Center Hours
Monday- Saturday
6 am-9 pm

FAMILY FUN NIGHT

*Carnival
Cornhole &
Cookies*

**JANUARY 21ST
6-8PM**

Join us at the Riverdale Community Center for lots of FREE Family Fun!
We will have cornhole, carnival games, prizes, and cookies.

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**Park pavilion reservations for May 1– Sept
30, 2022 may be made on;
Jan 3 for residents
April 1 for non-residents**



**Old Glory Days booth reservation
may be made on;
Jan 3 for residents
April 1 for non-residents**

Pickleball



Text pickleball to 801-621-0684 for a schedule

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Recreation Programs

NEW 2022 BASKETBALL SEASON



MONDAY- 5:00-9:00
HIGHSCHOOL LEAGUE

TUESDAY-5:30-9:30
6TH GRADE

WEDNESDAY-5:30-9:30
5TH AND 9TH GRADE

THURSDAY-5:00-9:00
HIGHSCHOOL LEAGUE

NOW 4 NIGHTS A WEEK!

JOIN US FOR SOME FUN,
COMPETATIVE, ENTERTAINMENT.

OUR HIGHSCHOOL LEAGUES ARE
ALWAYS FUN TO WATCH.



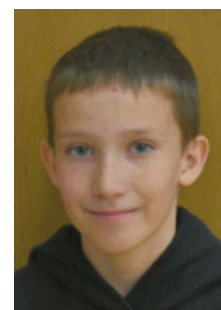
AFTER SCHOOL SPOTLIGHT



Milo Brady is 6 years old and is in 1st grade at Riverdale Elementary. His favorite food is pizza, and his greatest talent is playing four-square and doing voices. If a genie gave Milo three wishes he would wish for 10,000 dollars, to have a new RC car, and a brand new car. If Milo could have one superpower, he would like to be able to stop time. If Milo could travel anywhere in the world he would like to go to Korea. This year in the After School Program Milo wants to learn more about hockey. Milo is always smiling and having fun in class and has the biggest imagination.



Eli Pfaff is 9 years old and is in 4th grade at Riverdale Elementary. His favorite food is lasagna, and his greatest talent is playing foursquare. If a genie gave Eli three wishes he would wish for a million more wishes, to have infinite money, and to have a lasagna dish that never ends. If Eli could have one superpower, he would like to be able to be invisible. If Eli could travel anywhere in the world he would like to go to Paris. This year in the After School Program Eli wants to learn about everything. Eli is always positive and helps out anyway he can in class



Gavin Barber is 12 years old and is in 6th grade at Riverdale Elementary. His favorite food is alfredo, and his greatest talent is playing basketball. If a genie gave Gavin three wishes he would wish for infinite money, to be able to talk to animals, and to be better at basketball. If Gavin could have one superpower, he would like to be able to be invisible. If Gavin could travel anywhere in the world he would like to go to Hawaii. This year in the After School Program, Gavin wants to learn how to play basketball better. Gavin is a very good friend in class, and always tries to get along with everyone.

JANUARY 2022

Community Center Events

Jan. 1– CLOSED

Jan. 3– pavilion reservations and Old Glory Days booths for residents

**Jan. 3– After School begins
Group Fitness begins**

Jan. 10– basketball games begin

Jan. 21– Family Fun Night

Senior Center Events

January 5th– **The Searcy's** will perform at lunch.

January 11th– Foot Care Clinic– 9:30– 3:00 By appointment only. Call (801) 621-6086 for an appointment.

The Senior Center will be closed on January 17th for Martin Luther King Day.

January 20th– **2nd Generation** will perform at lunch.

January 21st– Ensure Pickup

January 27th– DUP 1:00 pm

January 28th—Trish Paints paint class.

Make a reservation at the front desk or call (801)621-6086

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RIVERDALE SENIOR CENTER MENU

Menu

Monday	Tuesday	Wednesday
<p>3</p> <p>Spaghetti Tossed Salad French Bread Peach Cobbler</p>	<p>4</p> <p>Meatloaf Mashed Potatoes & Brown Gravy, Roll New Brunswick Veggies Birthday Cake</p>	<p>5</p> <p>Salmon Rice Pilaf Coleslaw Chocolate Chip Cookie</p>
<p>10</p> <p>Turkey Breast Mashed Potatoes Gravy, Roll Peas Chocolate Pudding</p>	<p>11</p> <p>Ground Beef Enchiladas Spanish Rice Cowboy Caviar Cinnamon Stack</p>	<p>12</p> <p>Broccoli Cheese Soup French Bread Spinach Salad Vanilla Cupcake</p>
<p>17</p> <p><u>CLOSED</u></p> 	<p>18</p> <p>Beef Stroganoff Egg Noodles Beets Jell-O</p>	<p>19</p> <p>Apricot Chicken White Rice Tossed Salad Corn Cookie</p>
<p>24</p> <p>Teriyaki Chicken White Rice Egg Roll Green Beans Peanut Butter Bar</p>	<p>25</p> <p>Chili Cornbread Tossed Salad Apple Turnover</p>	<p>26</p> <p>Ham Sandwich Baked Potato Soup Spinach Salad Tapioca Pudding</p>
<p>31</p> <p>Baked Potato Chili Broccoli Pears</p>		

JANUARY 2022

Thursday	Friday
6 Orange Chicken White Rice Pot Stickers Green Beans Orange Cake	7 Pepperoni Pizza Green Beans Snickerdoodle Cookie Apricots
13 Turkey Sandwich Chips Cottage Cheese Pears	14 Cheeseburger Puzzle Potatoes Carrot Sticks Fruit Cocktail
20 BLT's French Fries Tossed Salad Vanilla Pudding	21 Pulled Pork Sandwich Coleslaw Chips Brownie
27 Chicken Pillows w/Gravy Peas Mandarin Orange Salad Cupcake	28 Cheesy Eggs Hashbrown Patty Fresh Fruit Cinnamon Roll

Lunch is served at noon weekdays for seniors 55 and older for \$3.50
 Reservations are needed by 8am the day of for a lunch.

Coffee and treats are available beginning at 8 AM–12:30 PM. There is a suggested donation of \$0.25.

Donations:


Chipotle– Monday, Wednesday, & Friday

Longhorn– Wednesday

Starbucks– Monday, Wednesday, and Friday

ATTENTION:

We are in need of Seniors to make handmade crafts for our Fall Sale.
 Please inquire with Miranda if you are interested.

Monday	Tuesday	Wednesday	Thursday	Friday
3 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 12:00 Bridge 10:00 Wire Wrapping	4 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 12:30 Bingo 1:00 Cards	5 10:00 Decorative Painting 11:00 Blood Pressure Check 11:45 The Searcy's will perform 12:00 Bridge 1:00 Karaoke	6 8:30 Senior Aerobics 9:00 Men's Fitness 9:30 Scrapbooking 1:00 Computer Help	7 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
10 8:00 Pinochle 9:00 Lapidary 9:30 Sewing Room 10:00 Enhance Fitness 12:00 Bridge 10:00 Wire Wrapping	11 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo 1:00 Cards	12 9:00 Ogden Quilt Guild 10:00 Decorative Painting 12:00 Bridge 1:00 Karaoke	13 8:30 Senior Aerobics 9:00 Men's Fitness 10:00 Roy Pioneer Quilter's 1:00 Computer Help	14 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
17 <u>CLOSED</u> 	18 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Foot Clinic-By appointment only 12:30 Bingo 1:00 Cards	19 10:00 Decorative Painting 12:00 Bridge 1:00 Karaoke	20 8:30 Senior Aerobics 9:00 Men's Fitness 11:45 2nd Generation will perform 1:00 Computer Help	21 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge <u>ENSURE PICKUP</u>
24 8:00 Pinochle 9:00 Lapidary 9:30 Sewing Room 10:00 Enhance Fitness 12:00 Bridge 10:00 Wire Wrapping	25 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:30 Scrapbooking 12:30 Bingo 1:00 Cards	26 10:00 Decorative Painting 12:00 Bridge 1:00 Karaoke	27 8:30 Senior Aerobics 9:00 Men's Fitness 11:00 DUP 1:00 Computer Help	28 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge 12:30 Trish Paints party
31 8:00 Pinochle 9:00 Lapidary 9:30 Sewing Room 10:00 Enhance Fitness 12:00 Bridge 10:00 Wire Wrapping				

Senior Center



Volunteer of the Month **Rosella Weisgerber**

Rosella is a lunch time cashier. She is involved in the yoga program at the Senior Center and heard from there about the volunteer opportunity. She likes to meet so many nice people and likes that there are a lot of volunteers that help things run smoothly. She enjoys reading, playing cards, and going to Wendover. Rosella always has smile and we are so happy she is a Riverdale Senior Center volunteer.

Trish Paints class

January 28th at 12:30pm



Everything you need to paint the picture will be provided. There is a charge of \$15 per person. Please sign up at the Front Desk or call (801)621-6086.



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



Registrations

ONGOING

Group Fitness

After School– January

(Paddle Game and Balloon Blitz)

UPCOMING

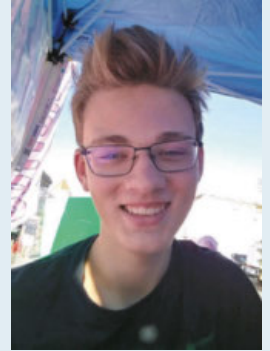
Soccer

Employee Spotlight

Name Jake Roberts
Worked for the city since July 2021

What is your favorite part of your job?

Working with the kids & seeing them improve and spending time with my amazing coworkers.



What is your favorite food? Japanese miso soup

What are your hobbies? Baseball, archery, video games, swimming, & board games with friends and family.

You would like a lifetime supply of: Food. Any Food!

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Riverdale Community & Senior Center, Riverdale, UT

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Winter Wonderland

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Word List:

- | | | | |
|-----------|------------|----------|----------|
| BELOWZERO | BLANKET | BLIZZARD | BLUSTERY |
| BOOTS | CABINFEVER | CHILLY | COATS |
| COCOA | COLD | EARMUFFS | FEBRUARY |
| FIREPLACE | FLURRIES | FROSTY | FROSTY |
| FROZEN | GLOVES | HAT | HEATER |
| HIBERNATE | ICICLE | ICY | JANUARY |
| JACKFROST | MITTENS | PLOW | SCARF |
| SHIVER | SHOVEL | SKATING | SKIING |
| SLED | SLIPPERY | SNOW | SNOWMAN |
| SNOWSTORM | SNOWSUIT | WINDY | WINTER |

Thanks to the Riverdale Youth City Council for helping serve the Christmas dinner at the Senior Center

