



# RIVERDALE CONNECTIONS

June 2022– Issue 54

## Riverdale Senior Center

4433 S 900 W.  
Riverdale, UT 84405  
(801)621-6086

Center Hours  
Monday- Friday  
8 am-3:30 pm

## Riverdale Community Center

4360 S Parker Dr.  
Riverdale, UT 84405  
(801)621-6084

Center Hours  
Monday- Saturday  
6 am-9 pm



**VOLLEYBALL, PARADE, BABY  
CONTEST, 5K, PICKLEBALL  
REGISTRATION BEGINS MAY 15TH**

**FOR MORE INFORMATION VISIT  
[WWW.RIVERDALECITY.COM](http://WWW.RIVERDALECITY.COM)**

**REGISTER ONLINE OR AT THE  
COMMUNITY CENTER**

**VENDOR BOOTH REGISTRATION STILL  
AVAILABLE**

### INSIDE THIS ISSUE:

- Summer programs .....Pg #2
- Pickleball .....Pg #3
- Recreation Programs.....Pg #4
- Lunch Menu .....Pg #6-7
- Senior Activity Calendar.....Pg #8
- Senior Center.....Pg#9
- Employee Spotlight.....Pg #10
- Memories .....Pg #11
- Health fair.....Pg #12

# OLD GLORY

RIVERDALE CITY  DAYS

**ACTIVITY REGISTRATION BEGINS MAY 15**

**PICKLEBALL EVENT**



**VOLLEYBALL TOURNAMENT**



**BABY CONTEST**



**5K & KIDS K**



**PARADE**



**FOR MORE INFO GO TO:  
[RIVERDALECITY.COM/SPECIAL-EVENTS](http://RIVERDALECITY.COM/SPECIAL-EVENTS)**



# Pickleball



**Registration is still available for June Pickleball Club**  
**Call 801-621-6084 or visit our website at**  
**[www.riverdalecity.com](http://www.riverdalecity.com) for more info**

**GROW YOUR  
BUSINESS  
BY PLACING  
AN AD HERE!**

**CONTACT US!**

Contact Bill Clough to  
place an ad today!  
[wclough@lpicommunities.com](mailto:wclough@lpicommunities.com)  
or (800) 950-9952 x2635



*Myers*  
MORTUARIES™  
AND CREMATION SERVICES



"The Funeral Directors Who Care"

Serving Families Since 1940

Roy • (801) 825-2239

Call to receive a FREE Personal Wishes Organizer

[www.myers-mortuary.com](http://www.myers-mortuary.com)

**ARE YOU REACHING  
THE MEMBERS IN  
YOUR COMMUNITY?**

TO ADVERTISE HERE CALL 800.950.9952  
or visit [www.lpicommunities.com/advertising](http://www.lpicommunities.com/advertising)



**SUPPORT OUR ADVERTISERS!**



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Riverdale Community & Senior Center, Riverdale, UT

A 4C 05-1137

# Recreation Programs

## YOUTH SPORTS

### FLAG FOOTBALL

Registration begins July 1st and ends July 31st.

Grades 1st-9th CO-ED

Cost:

\$25 resident

\$50 non-resident



### BASKETBALL

Registration begins August 1st-31st

1st/2nd Grade Co-ed

Girls 3rd-9th Grade

\$25 resident

\$50 non-resident



### FOR MORE INFO:

Go to [Riverdalecity.com/youth-sports.html](http://Riverdalecity.com/youth-sports.html)

## AFTER SCHOOL SPOTLIGHT



### DAXTON HAWKS

Daxton is 8 years old and is in 3<sup>rd</sup> Grade at Riverdale Elementary. His favorite food is pizza, and his favorite talent is playing football. If a genie gave him three wishes he would wish for a new puppy, some new football gloves, and a new basketball hoop. If he could have one superpower he would have ultimate Speed. If he could travel anywhere in the world he would like to go to Germany. This year in the After School Program he would like to learn how to play Pickleball. He is a great listener in class and is always positive.



### MASON TAYLOR

Mason is 8 years old and is in 3<sup>rd</sup> Grade at Riverdale Elementary. His favorite food is peaches, and his favorite talent is playing any kind of games. If a genie gave him three wishes he would wish for a new lizard, a new fish, and a new dog. If he could have one superpower he would like to be able to fly. If he could travel anywhere in the world he would go to Florida. This year in the After School Program he would like to learn how to get better at every sport. He is a very good teammate to everyone, and always includes others in games.



### MIAGROS CANALES

Miagros (Mili) Canales is 10 years old and is in 5<sup>th</sup> grade at Riverdale Elementary. Her favorite food is fried chicken, and her favorite talent is doing front flips on her trampoline and drawing. If a genie gave her three wishes she would wish for an iPad, Air pods, and an Apple pen. If she could have one superpower she would like to be invisible. If she could travel anywhere in the world, she would go to Los Angeles California. This year in the After School Program she would like to learn how to play leapfrog and jump rope. She is very quiet during class but is friendly and fair to everyone.

Community Center Events

Last day for 5k T-shirt is June 23rd  
Pickleball Event: June 28 and 29th  
Last day for T-shirt is June 10th

Senior Center Events

June 2nd- **The Honey Buns** will perform at lunch.  
June 9th, 23rd, & 30th- Create Better Health Cooking Classes 10:30am  
June 14th – Foot Care Clinic– 9:00– 3:00 By appointment only. Call (801) 621-6086 for an appointment.  
June 13th– **Robin Arnold** will perform at lunch.  
June 17th – Ensure Pickup  
June 20th The Senior Center will be CLOSED.

STAND OUT

with a PREMIUM DIGITAL AD on MYCOMMUNITYONLINE.COM



CONTACT US AT 800-950-9952

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized Provider

SafeStreets

1-855-225-4251



# RIVERDALE SENIOR CENTER MENU

# Menu

Monday	Tuesday	Wednesday
		<b>1</b> Orange Chicken White Rice Egg Roll Carrots Box Cake Cookie
<b>6</b> Fish & Chips Coleslaw Apple Turnover	<b>7</b> Angel Chicken White Rice Beets Birthday Cake	<b>8</b> Turkey Sandwich Chips Potato Salad Jell-O
<b>13</b> Sloppy Joes Chips Tossed Salad Chocolate Pudding	<b>14</b> Honey Lime Chicken Enchiladas Spanish Rice Corn Snickerdoodle	<b>15</b> Meatball Sub Macaroni Salad Fresh Carrots Sugar Cookie Bar
<b>20</b> <u><b>CLOSED</b></u> 	<b>21</b> Beef Enchiladas Refried Beans Salad Cinnamon Stack	<b>22</b> Chicken Fingers French Fries Peas Apples Slices
<b>27</b> Apricot Chicken White Rice French Bread Vanilla Pudding	<b>28</b> Biscuit & Sausage Gravy Scrambled Eggs Hashbrowns Peaches	<b>29</b> Meatloaf Mashed Potatoes Carrots Oatmeal Raisin Cookie

## JUNE 2022

Thursday	Friday
<b>2</b> French Dip French Fries Tossed Salad Vanilla Pudding	<b>3</b> Chicken Bowtie Pasta Salad Cantaloupe Roll Frosted Brownie
<b>9</b> Glazed Ham Mashed Potatoes & Gravy Roll Carrots Cherry Cobbler	<b>10</b> Chicken Pillow Chicken Gravy Peas Chocolate Chip Cookie
<b>16</b> Sweet N Sour Chicken White Rice Green Beans French Bread Pineapple Dessert	<b>17</b> Pepperoni Pizza Garden Salad Chocolate Cupcake
<b>23</b> Baked Ziti Caesar Salad Breadstick Creampuff w/Chocolate syrup	<b>24</b> Cheeseburger Puzzle Pieces Carrot Sticks w/Ranch Peanut Butter Cookie
<b>30</b> BBQ Chicken Cheesy Potatoes Peas Orange Jell-O Salad	

Lunch is served at noon weekdays for seniors 55 and older for \$3.50  
 Reservations are needed by 8am the day of for a lunch.


Coffee and treats are available beginning at 8 AM–12:30 PM. There is a suggested donation of \$0.50.

### Donations:

**Chipotle**– Monday, Wednesday, & Friday  
**Longhorn**– Wednesday  
**Starbucks**– Monday, Wednesday, and Friday

### ATTENTION:

We are in need of Seniors to make handmade crafts for our Fall Sale.  
 Please inquire with Miranda if you are interested.

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 10:00 Decorative Painting 10:00 Zumba Gold <b>The Honey Buns will perform at lunch</b> 12:00 Bridge 1:00 Karaoke	<b>2</b> 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	<b>3</b> 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
<b>6</b> 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	<b>7</b> 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo	<b>8</b> 9:00 Ogden Quilt Guild 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge 1:00 Karaoke	<b>9</b> 8:30 Senior Aerobics 9:00 Men's Fitness 10:00 Roy Pioneer Quilter's 10:30 Cooking Class 1:00 Computer Help	<b>10</b> 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
<b>13</b> 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping <b>Robin Arnold will perform at lunch</b> 12:00 Bridge	<b>14</b> 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:00 Foot Clinic-By appointment only 12:30 Bingo	<b>15</b> 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge 1:00 Karaoke	<b>16</b> 8:30 Senior Aerobics 9:00 Men's Fitness 10-2:30 Driver's Safety Course 1:00 Computer Help	9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge  <b><u>ENSURE PICKUP</u></b>
<b>20</b> <b><u>CLOSED</u></b> 	<b>21</b> 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo	<b>22</b> 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge 1:00 Karaoke	<b>23</b> 8:30 Senior Aerobics 9:00 Men's Fitness 10:30 Cooking Class 1:00 Computer Help	<b>24</b> 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
<b>27</b> 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	<b>28</b> 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 12:30 Bingo	<b>29</b> 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge 1:00 Karaoke	<b>30</b> 8:30 Senior Aerobics 9:00 Men's Fitness 10:30 Cooking Class 1:00 Computer Help	



# Senior Center

## Volunteer of the Month



### Fredericka White

Fredericka has volunteered at the Senior Center since 2018. She enjoys having positive interactions with everyone that comes in. Her hobbies are being healthy, crocheting, cooking, and being a fun hostess. She enjoys mowing her lawn and laughing with her family and friends. Her sincerest goal is to have a healthy and happy life. The Senior Center is very lucky to have her as a volunteer.

## Hamilton Relay Award

2022 Better Hearing and Speech Recognition Award



# NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at [www.mycommunityonline.com](http://www.mycommunityonline.com)



# Registrations

## Ongoing:

**Summer programs for Tennis and Archery**

**Old Glory Days**

## Upcoming:

**Youth Pickleball**

# Employee Spotlight

## Name

Jake Henstra

## Worked for the city since

June 2021

## What is your favorite part of your job?

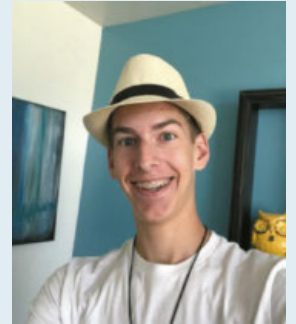
Being able to work in a great environment & meet city residents in fun engaging activities

## What is your favorite food?

Toasted peanut butter and honey sandwich

## What are your hobbies?

3D art and design, 3D printing, rock climbing, historic mid-evil techie.

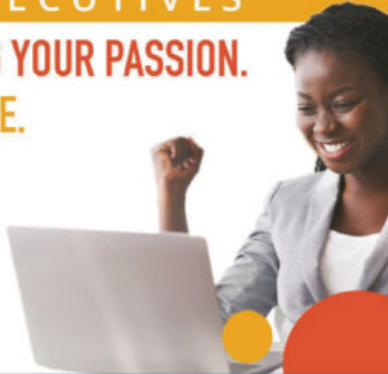


# WE'RE HIRING

AD SALES EXECUTIVES

**BE YOURSELF. BRING YOUR PASSION.  
WORK WITH PURPOSE.**

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at [careers@4lpi.com](mailto:careers@4lpi.com)  
[www.4lpi.com/careers](http://www.4lpi.com/careers)

# Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

**AD CREATOR STUDIO**



[lpicomunities.com/adcreator](http://lpicomunities.com/adcreator)

# SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Riverdale Community & Senior Center, Riverdale, UT

D 4C 05-1137

# Memories



# Thanks for the memories Colleen!

After almost 20 years Colleen Winget, a Community Center Clerk, is retiring. Colleen has helped Riverdale in many ways especially with Old Glory Days. We wish Colleen and her husband Rick all the best in their new adventures.

