



RIVERDALE CONNECTIONS

July 2022– Issue 55

Riverdale Senior Center

4433 S 900 W.
Riverdale, UT 84405
(801)621-6086

Center Hours
Monday- Friday
8 am-3:30 pm

Riverdale Community Center

4360 S Parker Dr.
Riverdale, UT 84405
(801)621-6084

Center Hours
Monday- Saturday
6 am-9 pm

Archery



INSIDE THIS ISSUE:

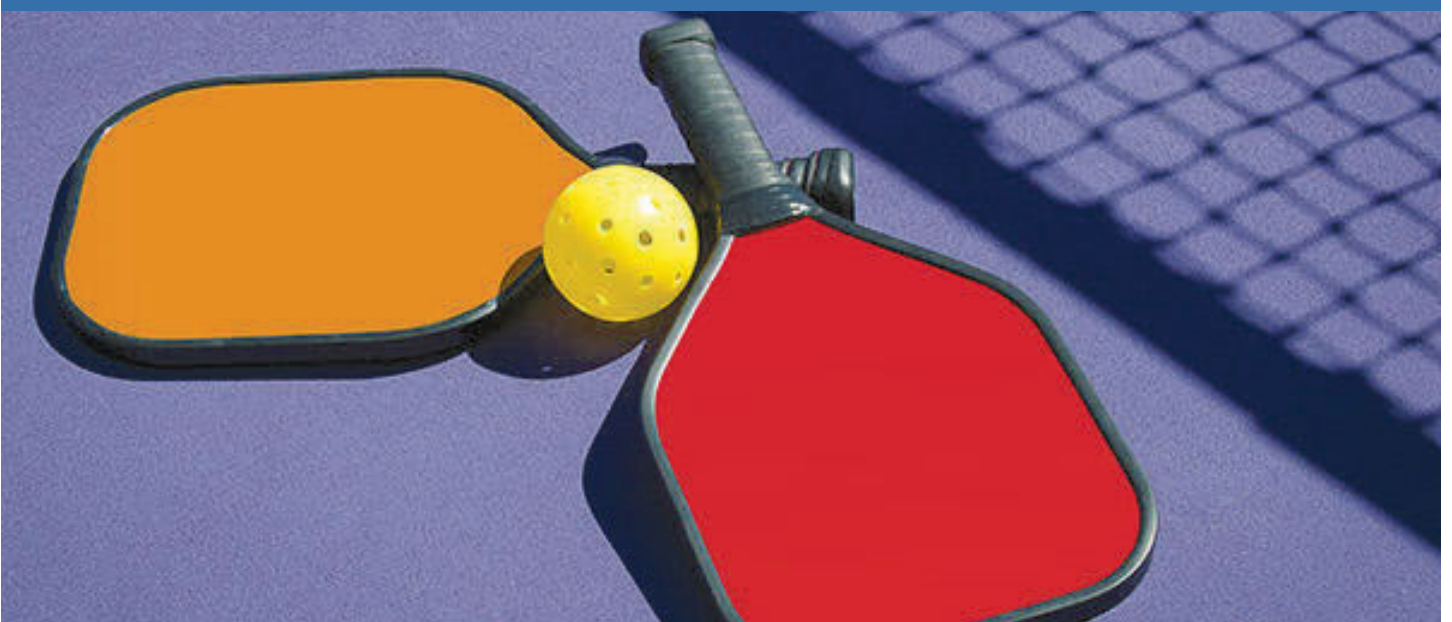
- New programPg #2
- PickleballPg #3
- Recreation Programs.....Pg #4
- Lunch MenuPg #6-7
- Senior Activity Calendar.....Pg #8
- Senior Center.....Pg#9
- Employee Spotlight.....Pg #10
- MemoriesPg #11
- CrosswordPg #12

It's not too late to register for our archery classes this summer. All equipment is provided. Sign up at the Community Center or online.

NEW PROGRAM!!



Youth Pickleball
For more info visit our website



Pickleball

Pickleball open play will be available from July 5 to July 8

Gym will be closed for floor maintenance beginning July 11 for the rest of the month.

GROW YOUR BUSINESS BY PLACING AN AD HERE!

CONTACT US!

Contact Bill Clough to place an ad today!
wclough@lpicommunities.com
or (800) 950-9952 x2635



Myers
MORTUARIES™
AND CREMATION SERVICES

"The Funeral Directors Who Care"

Serving Families Since 1940

Roy • (801) 825-2239

Call to receive a FREE Personal Wishes Organizer

www.myers-mortuary.com



ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?

TO ADVERTISE HERE CALL 800.950.9952
or visit www.lpicommunities.com/advertising



SUPPORT OUR ADVERTISERS!



Recreation Programs

YOUTH SPORTS

FLAG FOOTBALL

Registration begins July 1st and ends July 31st.

Grades 1st-9th CO-ED

Cost:

\$25 resident

\$50 non-resident



BASKETBALL

Registration begins August 1st-31st

1st/2nd Grade Co-ed

Girls 3rd-9th Grade

\$25 resident

\$50 non-resident



FOR MORE INFO:

Go to Riverdalecity.com/youth-sports.html



The Riverdale Summer Fun Program is a Kids Program that Riverdale City puts on every year. This 6 week program is filled with fun activities including sports, crafts, and many awesome visitors. This year we had 2 new visitors come to our Program. The Ogden Nature Center and Hill Air Force Base Museum. These great companies brought a variety of hands-on materials that the kids can touch and ask questions about. Ogden Nature Center brought multiple animal bones and pelts that the kids could touch and study. We made animal masks for Nature Day and the kids seemed to really enjoy it. Hill Air Force Base Museum brought supplies for all the kids to build rockets with and they were able to shoot them into the air at the end of the class. It was fun to see all the different kind of rocket designs. We appreciate these companies coming out to our Summer Programs, and hope to continue to have them visit in the future.



JULY 2022

Community Center Events

July 2 and July 4
OLD GLORY DAYS
See website for more details

July 11- Aug 6
Gym CLOSED for
gym floor maintenance

Senior Center Events

July 4th The Senior Center will be
CLOSED for Independence Day.

July 7th - Create Better Health Cooking
Classes 10:30am

July 12th- Foot Care Clinic- 9:00- 3:00
By appointment only. Call (801) 621-6086
for an appointment.

July 14th **Ann Elkins** will perform at
lunch.

July 18th- **Beans & Frank** will perform at
lunch.

July 15th- Ensure Pickup

July 25th The Senior Center will be
CLOSED for Pioneer Day

STAND OUT

with a PREMIUM DIGITAL AD
on MYCOMMUNITYONLINE.COM



CONTACT US AT 800-950-9952

support our
ADVERTISERS

ADT-Monitored
Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

1-855-225-4251





For ad info. call 1-800-950-9952 • www.lpicommunities.com

Riverdale Community & Senior Center, Riverdale, UT

B 4C 05-1137

RIVERDALE SENIOR CENTER MENU

Menu

Monday	Tuesday	Wednesday
<p>4</p> <p><u>CLOSED</u></p> 	<p>5</p> <p>Kalua Pork Ginger Sauce White Rice Coleslaw Birthday Cake</p>	<p>6</p> <p>Chicken Salad Sandwich Chips Spring Mix Salad Rice Krispie Treat</p>
<p>11</p> <p>Meatball Sub Chips Green Beans Peanut Butter Bar</p>	<p>12</p> <p>Cod Rice Pilaf Coleslaw Pineapple Dessert</p>	<p>13</p> <p>Sub Sandwich Cheetos Fresh Grapes Creamy Popsicle</p>
<p>18</p> <p>Turkey Wrap Chips Fresh Cucumber Slices Watermelon</p>	<p>19</p> <p>Roast Beef Mashed Potatoes & Gravy Green Beans, Roll Jell-O w/Whipped Topping</p>	<p>20</p> <p>Chicken Cordon Bleu w/Hollandaise Sauce Garlic Mashed Potatoes Carrots Rice Pudding</p>
<p>25</p> <p><u>CLOSED</u></p> 	<p>26</p> <p>Pulled Pork Sandwich Coleslaw Chips Apple Crisp</p>	<p>27</p> <p>Taco Bake Refried Beans Corn Cinnamon Stack</p>

JULY 2022



Thursday	Friday
	1 <u>Patriotic Brunch</u> Pancakes, Eggs Bacon Blueberries & Strawberries
7 Ground Beef Gravy Over Noodles Corn Roll Lemon Bar	8 Combo Pizza Tossed Salad Carrot Sticks Butterscotch Rum Brittle Cookie
14 Beef Goulash Breadstick Garden Salad Chocolate Chip Cookie	15 Chicken Patty Sandwich French Fries Broccoli Chocolate Pudding
21 Spaghetti Tossed Salad Garlic Bread Peach Turnover	22 BLT Macaroni Salad Fres Fruit Peanut Butter Cookie
28 Turkey Gravy over Mashed Potatoes Green Beans Roll Cake Box Cookie	29 Chicken Bacon Ranch Pizza Tossed Salad Cantaloupe Jell-O

Lunch is served at noon weekdays for seniors 55 and older for \$3.50
Reservations are needed by 8am the day of for a lunch.

Coffee and treats are available beginning at 8 AM–12:30 PM. There is a suggested donation of \$0.50.

Donations:
Chipotle– Monday, Wednesday, & Friday
Longhorn– Wednesday
Starbucks– Monday, Wednesday, and Friday

ATTENTION:
 We are in need of Seniors to make handmade crafts for our Fall Sale.
 Please inquire with Miranda if you are interested.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
4 <u>CLOSED</u> 	5 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo	6 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	7 8:30 Senior Aerobics 9:00 Men's Fitness 10:30 Cooking Class 1:00 Computer Help	8 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
11 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	12 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:00 Foot Clinic-By appointment only 12:30 Bingo	13 9:00 Ogden Quilt Guild 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	14 8:30 Senior Aerobics 9:00 Men's Fitness 10:00 Roy Pioneer Quilter's Ann Elkins will perform at lunch 1:00 Computer Help	15 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge <u>ENSURE PICKUP</u>
18 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge Beans & Frank will perform at lunch.	19 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo	20 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	21 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	22 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
25 <u>CLOSED</u> 	26 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 12:30 Bingo	27 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	28 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	29 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge

Senior Center

Volunteer of the Month

Carol Daz



Carol has volunteered at The Senior Center for 8 years. She arranges the flowers around the center, sews craft projects, and announces lunch. She enjoys volunteering because it gives her a sense of purpose and she enjoys the people she works with. Her hobbies include crocheting, embroidery, card playing, painting, and sewing. Thank you Carol for all you do!

THANK YOU!!!

In February 2022 we had a Fabric Sale and Charity Quilt drive. We have received so many beautiful quilts to donate to those in need. We appreciate everyone that participated!



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



Registrations

Flag Football

July 1

Youth Pickleball

check website for
more info

Employee Spotlight

Name

Betty Wilson

Worked for the city since

September 2014

What is your favorite part of your job?

Customers and co-workers

What is your favorite food?

Mostly everything

What are your hobbies?

Camping, boating, four wheeling, crocheting and spending time with my family.

You would like of lifetime supply of:

Good Health

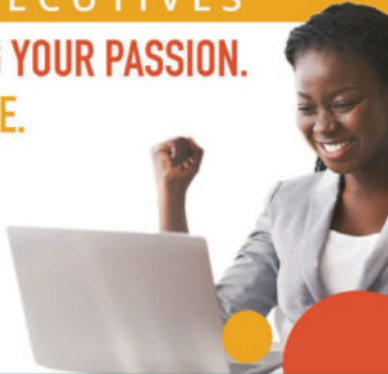


WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com
www.4lpi.com/careers

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicomunities.com/adcreator

SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Riverdale Community & Senior Center, Riverdale, UT

D 4C 05-1137

Memories



Name: _____

Date: _____

Independence Day

B R I T A I N O I F C S R A T S B D
E Y S E P I R T S Z E E R O O E A E
S C T P H I L A D E L P H I A V R T
H I N R C O H S K T E Y R R T A B I
I C T E E F G R V I B A E E R R E N
E R N A D B B Y S H R D I E E B C U
R I T D C N I R X W A I I R M E U M
E C S P M I E L R E T L D F M H E O
S I I N S L R P L R E O E E U T S D
S K Y T K E F E E A J H C H S F E E
A A R R O I I V M D S E L T O O D E
A B A O O I O N G A N A A F H E A R
C P L M W L R U O A O I R O T M R F
S O R U U E G T S L L A A D R O A C
R W L T E H R D A A O F T N U H P J
S C I N C I P I L P I C I A O R S U
R O C E I E A W F O Q C O L F N L L
N O U O B U M A S E L C N U H S Y Y

Word List:

AMERICA
CELEBRATE
FLAG
HOME OF THE BRAVE
LIBERTY
PHILADELPHIA
SPARKLERS
UNCLESAM

BARBECUES
COLONIES
FOURTH
INDEPENDENCE
OLD GLORY
PICNICS
STARS
UNITED

BLUE
DECLARATION
FREEDOM
JULY
PARADE
RED
STRIPES
USA

BRITAIN
FIREWORKS
HOLIDAY
LAND OF THE FREE
PATRIOTIC
REVOLUTION
SUMMER
WHITE