



RIVERDALE CONNECTIONS

August 2022– Issue 56

Riverdale Senior Center

4433 S 900 W.
Riverdale, UT 84405
(801)621-6086

Center Hours
Monday- Friday
8 am-3:30 pm

Riverdale Community Center

4360 S Parker Dr.
Riverdale, UT 84405
(801)621-6084

Center Hours
Monday- Saturday
6 am-9 pm

Riverdale
Community
Center

GRAND REOPENING Celebration

AUGUST 11TH

LASER TAG

CORN HOLE

OUTDOOR GAMES

& TREATS

JOIN US FOR SOME FREE FUN
WITH OUR CITY
POLICE OFFICERS!

riverdalecity.com/special-events

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Join us for some free fun!

RIVERDALE CITY

MOVIE

IN THE PARK



**FRIDAY
AUGUST
12TH**

7PM

GAMES,
FOOD TRUCKS,
AND BRAVE!

Pickleball

Register now for September PICKLEBALL LEAGUES

Test pickleball to 801-621-6084 for our open play schedule

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Riverdale Community & Senior Center, Riverdale, UT

A 4C 05-1137

Recreation Programs

YOUTH SPORTS

FLAG FOOTBALL

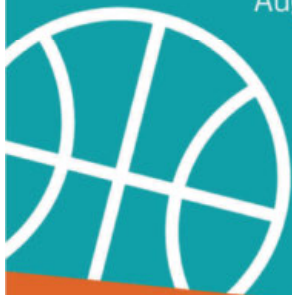
Registration is over.
Season will begin the week of Sept. 5th
Grades 1st-9th CO-ED
Schedules will not be
finalized until Aug. 31st



BASKETBALL

Registration begins
August 1st-31st

- 1st/2nd Grade Co-ed
- Girls 3rd-9th Grade
- \$25 resident
- \$50 non-resident



FOR MORE INFO:

Go to Riverdalecity.com/youth-sports.html



Every summer Riverdale City runs a program/camp called Summer Fun. This Program is for kids ages 3rd-6th grade. These classes includes a bunch of different activities, crafts, and different visitors each week. This last Summer Fun Program just finished. We had a few new visitors come this year. One new visitor was the Ogden Nature Center. They brought a lot of bird items, bird facts, and many hands-on items the kids could touch and hold. Another new visitor this year was Mike and Smokey the Bear from the Forest Department. Smokey The Bear brought a swag bag for each kid filled with fun activities inside about forest safety. Another new visitor was Hill Airforce Base Museum. A few employees came and made Space Rockets with the kids that they launched off in our field. We appreciate all of these visitors and kids that participate in our programs and hope to see some new faces next summer.



AUGUST 2022

Community Center Events

Gym CLOSED for gym floor maintenance until August 8

Grand Re-Opening Events on August 11 and 12

We are still accepting Riverdale Youth City Council applications

Senior Center Events

August 9th- Foot Care Clinic- 9:00- 3:00 By appointment only. Call (801) 621-6086 for an appointment.

August 12th- 12:30pm Trish Paints Party -Please sign up at the Front Desk to participate.

August 18th- Driver's Safety Course- 10:00-2:30. Must sign up to attend.

August 19th- Ensure Pickup

August 19th- Picnic in the Park- Noon @ Riverdale Park . Stampede will perform.

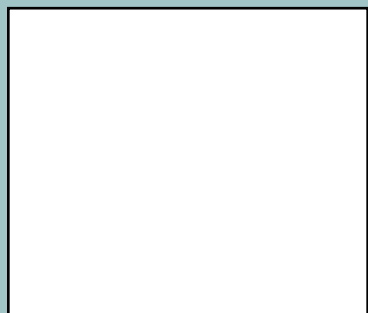
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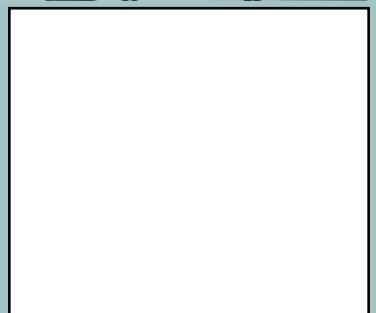


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RIVERDALE SENIOR CENTER MENU

Menu

Monday	Tuesday	Wednesday
1 Glazed Ham Cheesy Potatoes Peas Cherry Cobbler	2 Beef Enchiladas Spanish Rice Cowboy Caviar Birthday Cake	3 Apricot Chicken White Rice Broccoli French Bread Dessert Bar
8 Biscuit w/Sausage Gravy Scrambled Eggs Hashbrowns Fresh Fruit	9 Taco Ring Refried Beans Carrots Cinnamon Stack	10 Broccoli & Cheese Baked Potato Garden Salad Tapioca Puddng
15 Cheesy Eggs Hashbrowns Fresh Fruit Cinnamon Roll	16 Sloppy Joes Chips Carrots Sticks w/Ranch Apple Crisp	17 Salmon Coleslaw Rice Pilaf Bread Pudding
22 Teriyaki Chicken White Rice Egg Roll Green Beans Mandarin Oranges	23 Fettucine Alfredo Breadstick Caesar Salad Chocolate Pudding	24 Country Fried Steak Mashed Potatoes Country Gravy New Brunswick Veggies Peanut Butter Bar
29 Meatloaf Garlic Mashed Potatoes Roll Broccoli Vanilla Pudding	30 Honey Lime Chicken Enchiladas Spanish Rice Corn Snickerdoodle	31 Pancakes Eggs Bacon Apricots

AUGUST 2022

Thursday	Friday
4 Turkey Sandwich Chips Carrot Sticks Apple Turnover	5 Sweet-N-Sour Chicken White Rice Tossed Salad Corn Chocolate Chip Cookie
11 Beef Stroganoff Over Egg Noodles Roll Beets Oatmeal Raisin Cookie	12 Chicken Strips French Fries Green Beans Frosted Brownie
18 Pepperoni Pizza Garden Salad Apricots Cookie	19 <u>Picnic in the Park</u> Fried Chicken Potato Salad Baked Beans Chips Rice Krispie Treat
25 Chicken Pillow w/Chicken Gravy Peas Mandarin Orange Salad	26 Cheeseburger Puzzle Potatoes Fresh Fruit Carrot Cake

Lunch is served at noon weekdays for seniors 55 and older for \$3.50
 Reservations are needed by 8am the day of for a lunch.

Coffee and treats are available beginning at 8 AM–12:30 PM. There is a suggested donation of \$0.50.

Donations:

Chipotle– Monday, Wednesday, & Friday
Longhorn– Wednesday
Starbucks– Monday, Wednesday, and Friday

ATTENTION:

We are in need of Seniors to make handmade crafts for our Fall Sale.
 Please inquire with Miranda if you are interested.

AUGUST 2022

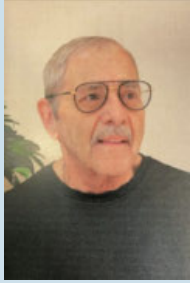
Riverdale Senior Center Activities

Monday	Tuesday	Wednesday	Thursday	Friday
1 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	2 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo	3 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	4 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	5 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
8 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	9 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:00 Foot Clinic-By appointment only 12:30 Bingo	10 9:00 Ogden Quilt Guild 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	11 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	12 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge 12:30 Trish Paints Party
15 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	16 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 9:30 Scrapbooking 12:30 Bingo	17 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	18 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	19 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge 12:00- <u>Picnic in the Park</u> Stampede will perform <u>ENSURE PICKUP</u>
22 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	23 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 12:30 Bingo	24 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge	25 8:30 Senior Aerobics 9:00 Men's Fitness 1:00 Computer Help	26 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge
29 8:00 Pinochle 9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge	30 8:00 Pinochle 8:30 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Lapidary 12:30 Bingo	31 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge		

Senior Center

Volunteer of the Month

Tom Jachim



Tom is the Senior Board Treasurer and the Men's Fitness instructor. He has volunteered at the Center for more than 10 years. He enjoys meeting new people and visiting with friends at the Center. Some of his hobbies are photography, family history, puzzles, cards games, and cruising. He spent 17 years coaching youth hockey and served as an ombudsman for several years. He was a draftsman in the Air Force and civil service. He even saved 2 people from drowning as a teen. Thank you Tom for all you do at The Riverdale Senior Center!

Picnic in the Park

Join us on August 19th at Noon
@ The Riverdale Park. Stampede will perform.



Menu

Fried Chicken
Potato Salad
Chips
Baked Beans
Rice Krispy
Treat



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to you at www.mycommunityonline.com



Registrations

Aug. 1

1st/2nd Grade Basketball

Girls Basketball

Aug 23

After School Programs

Employee Spotlight

Name

Tommy Richards

Worked for the city since

May 2022

What is your favorite part of your job?

Co-workers

What is your favorite food?

Sweet pork burrito from Costa Vida

What are your hobbies?

Baseball, basketball, hammocking, hiking, and exploring.

You would like of lifetime supply of:

Money, food, dogs!

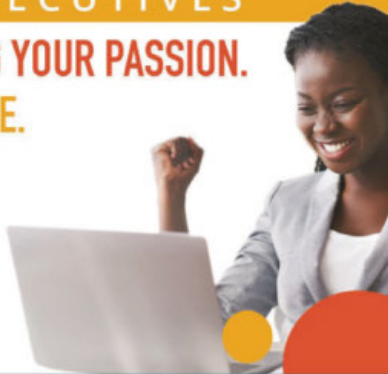


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Riverdale Community & Senior Center, Riverdale, UT

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Memories



Trish Paints Party

August 12th– 12:30– 3:30pm

Sign up at the Front Desk at
the Senior Center

Cost is \$15.00– all supplies will be
provided.



RIVERDALE CITY

YOUTH CITY COUNCIL

APPLY NOW!

Help with fun activities such as:

- Family Fun Nights
- Halloween Boo-nanza
- Carnivals
- Daddy Daughter Dance
- Easter Egg Hunt
- Old Glory Days Parade

Being a part of the Youth City Council is fun and looks great
on scholarship applications! Apply before August 16th

To apply, go to Riverdalecity.com/youth-city-council

