Use me, God. Show me how to take who I am, who I want to be, and what I can do, and use it for a purpose greater than myself.

— Martin Luther King Jr.
Celebrating the Week of Prayer for Christian Unity

Every year, Christians around the world are invited to celebrate a Week of Prayer for the unity of all Christians, to reflect on scripture together, to participate in jointly-organized ecumenical services, and to share fellowship. The international resources for the 2020 Week of Prayer for Christian Unity have been prepared by colleagues in Malta. The 2020 theme, “They showed us unusual kindness” (Acts 28:2), remembers the historic shipwreck of Paul on the island of Malta and calls us to a greater generosity to those in need. As an island nation, boats are an important part of Maltese life. The Scripture reading in this service describes a perilous sea voyage by the Apostle Paul. A boat is also symbolic of the sometimes tempestuous journey Christians make together towards unity. The Week of Prayer for Christian Unity was first proposed in 1908 as an observance within the Roman Catholic Church by Fr Paul Wattson, founder of the Franciscan Friars of the Atonement in Graymoor, New York. Since the founding of the World Council of Churches in 1948, many other Christian denominations around the world have come to celebrate the Week of Prayer for Christian Unity. (The Canadian Council of Churches)

Cover Photo: Martin Luther King, Jr at the March on Washington for Jobs and Freedom, in which about 250,000 people gathered, drew attention to the continuing inequality and struggles of African Americans.

In 1957, [Mr. King] was elected president of the Southern Christian Leadership Conference, an organization formed to provide new leadership for the now burgeoning civil rights movement. The ideals for this organization he took from Christianity; its operational techniques from Gandhi. In the eleven-year period between 1957 and 1968, King traveled over six million miles and spoke over twenty-five hundred times, appearing wherever there was injustice, protest, and action; and meanwhile he wrote five books as well as numerous articles. In these years, he led a massive protest in Birmingham, Alabama, that caught the attention of the entire world, providing what he called a coalition of conscience. and inspiring his “Letter from a Birmingham Jail”, a manifesto of the Negro revolution; he planned the drives in Alabama for the registration of Negroes as voters; he directed the peaceful march on Washington, D.C., of 250,000 people to whom he delivered his address, “I Have a Dream”; he conferred with President John F. Kennedy and campaigned for President Lyndon B. Johnson; he was arrested upwards of twenty times and assaulted at least four times; he was awarded five honorary degrees; was named Man of the Year by Time magazine in 1963; and became not only the symbolic leader of American blacks but also a world figure. (nobelprize.org)

ALL ARE WELCOME

Let us build a house where love can dwell and all can safely live, a place where saints and children tell how hearts learn to forgive. Built of hopes and dreams and visions, rock of faith and vault of grace; here the love of Christ shall end divisions:

All are welcome, all are welcome, all are welcome in this place.

Let us build a house where prophets speak, and words are strong and true, where all God's children dare to seek to dream God's reign anew. Here the cross shall stand as witness and as symbol of God's grace; here as one we claim the faith of Jesus:

Let us build a house where love is found in water, wine and wheat: a banquet hall on holy ground where peace and justice meet. Here the love of God, through Jesus, is revealed in time and space; as we share in Christ the feast that frees us:

Let us build a house where hands will reach beyond the wood and stone to heal and strengthen, serve and teach, and live the Word they’ve known. Here the outcast and the stranger bear the image of God's face; let us bring an end to fear and danger:

Let us build a house where all are named, their songs and visions heard and loved and treasured, taught and claimed as words within the Word. Built of tears and cries and laughter, prayers of faith and songs of grace, let this house proclaim from floor to rafter:
EVERYDAY STEWARDSHIP

Play That One Again

How many times have you sung the church song, "Here I Am, Lord"? If you grew up Catholic and are around my age (still 50!), the answer is more than you can count. The song that quotes various verses of Scripture is sung using guitar, piano, or organ, by cantors and choirs, in traditional and modern churches. It is truly a Catholic greatest hit of the modern Church. The question is how many times when singing the refrain have you really taken to heart what you were singing.

"Here I am, Lord; is it I, Lord? I have heard you calling in the night." Like the biblical figure Samuel, we are responding to the call of God by asking for clarification that we are indeed the one being called. We then follow up the question with a profound statement: "I will go if You lead me." It is profound because we are pledging to our God that we are willing to go wherever He wants. We are accepting the challenge put forth in the U.S. Bishops’ pastoral letter, "Stewardship: A Disciple’s Response," to become mature disciples who respond to the call of Jesus Christ regardless of the cost. We have sung this pledge repeatedly for many years.

We never have any idea what God will call us to do and where to go. Sometimes the request can ask for quite a lot. Hopefully, we respond like a mature disciple. If not, maybe we should reflect more the next time this song is played. The melody will not allow for the words, "I will see if I am busy and then decide to go if you lead me." Then again, I don't want to sing that to God, the source of all life anyway. Do you?

— Tracy Earl Welliver, MTS

Question:

The Bible talks a lot about “testifying” or “giving testimony” to our faith. That makes me think of a courtroom. What does testifying to faith look like in everyday life?

Answer:

The courtroom image isn’t too far off for some Christians. The Church has often been persecuted, and it was especially intense in the early days of the Church, when Acts and the various epistles were being written. For persecuted Christians, it did mean testifying publicly to their faith in Jesus Christ, sometimes before harsh judges. To testify is to bear witness, and this is something we are all called to do.

The call of Jesus is, first and foremost, a call to conversion of life. It is a repentance from sin, a casting off of old ways of seeing and moving in the world. The Christian life is one of transformation, becoming more and more like our God of love. In one sense, to testify to faith should happen naturally as we live like Jesus did. Our lives should bear witness in the respect we accord to others and the uncompromising dignity we honor in them. We bear witness in our gratitude, in our joy, in our hope in God’s power and grace. This is where we start! Sometimes others might inquire, as St. Peter puts it, as to “a reason for your hope.” Now you’re on the stand! It’s time to offer, “with gentleness and reverence,” the Good News of the Gospel (c.f. 1 Peter 3:15-16).

Did early Christians see the Eucharist as Jesus’ body and blood or just a symbol?

Philip Kosloski | Jan 09, 2020 | Aleteia.org

When you look at the writings of the first Christians, you see that the Catholic teaching on the Eucharist has never changed.

Jesus said to his apostles, “Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day” (John 6:53).

In recent centuries much debate has surrounded those words, but from the beginning Christians took Jesus at his word and believed the Eucharist was truly Jesus’ body and blood, and not just a symbol. Here is a sampling of what various Christian leaders of the first few centuries said about this teaching.

“I have no taste for the food that perishes nor for the pleasures of this life. I want the Bread of God which is the Flesh of Christ, who was the seed of David; and for drink I desire His Blood which is love that cannot be destroyed.” (St. Ignatius of Antioch – 1st century)

“This food we call the Eucharist, of which no one is allowed to partake except one who believes that the things we teach are true, and has received the washing for forgiveness of sins and for rebirth, and who lives as Christ handed down to us. For we do not receive these things as common bread or common drink; but as Jesus Christ our Savior being incarnate by God’s Word took flesh and blood for our salvation, so also we have been taught that the food consecrated by the Word of prayer which comes from him, from which our flesh and blood are nourished by transformation, is the flesh and blood of that incarnate Jesus.” (St. Justin Martyr – 2nd century)

“[Christ] has declared the cup, a part of creation, to be his own Blood, from which he causes our blood to flow; and the bread, a part of creation, he has established as his own Body, from which he gives increase to our bodies.” (St. Irenaeus of Lyons – 2nd Century)

“Since then He says that, if anyone eats of His bread, he lives forever, as it is manifest that they who live who attain to His body and receive the Eucharist by right of communion, so on the other hand we must fear and pray lest anyone, while he is cut off and separated from the body of Christ, remain apart from salvation, as He Himself threatens, saying: ‘Unless you eat the flesh of the Son of man and drink His blood, you shall not have life in you.’ And so we petition that our bread, that is Christ, be given us daily, so that we, who abide and live in Christ, may not withdraw from His sanctification and body.” (St. Cyprian of Carthage – 3rd century)

“And extending His hand, He gave them the Bread which His right hand had made holy: ‘Take, all of you eat of this; which My word has made holy. Do not now regard as bread that which I have given you; but take, eat this Bread, and do not scatter the crumbs; for what I have called My Body, that it is indeed.’” (St. Ephrem of Syria – 4th century)
MEMORIAL BENCH PLACED IN HONOR OF
OFFICER NATALIE CORONA

Most Reverend Jaime Soto, Bishop of Sacramento, the Roman Catholic Diocese of Sacramento, the Newman Catholic Center, Davis and St. Mary Cemetery & Funeral Center are honored to donate a granite memorial bench in honor of Davis Police Officer Natalie Corona.

Officer Corona was shot and killed on Jan. 10, 2019, after responding to a report of a three-car vehicle crash near the intersection of 5th and D Streets in Davis.

During a prayer and remembrance service for Officer Corona on January 10, the bench was unveiled in her honor near the location where she was murdered near the Newman Catholic Center in Davis. Attending the service were members of the Davis Police Department; friends and family of Natalie Corona; Nicole Zamora, Director of Community Outreach for the Catholic Funeral & Cemetery Services of Diocese of Sacramento; and Vince Nims, Director of the Newman Catholic Center in Davis.

Earlier in the week, nearby Davis Firefighters were grateful to lend a helping hand to help place the granite bench and base. Steve Beck, Cemetery Manager of Catholic Funeral & Cemetery Services, along with three grounds crew from the cemetery, worked diligently to secure the bench and ensure that it will be a wonderful place for those to sit and remember the young officer. Davis Police Officers were on hand to view and visit the site to honor their fellow fallen comrade.

THE BIBLE TIMELINE: THE STORY OF SALVATION
BIBLE STUDY BEGAN ON JANUARY 9
You can still join us!

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God’s Word. The study will include a series of twenty-three videos presented by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 in the lower level of the Cathedral. After 23 sessions you will receive a certificate of completion. Attendance is free. We will also provide materials. Please join us for a life-changing journey through the Bible! See you there!

ANNUAL PRO-LIFE MASS OF REPARATION ON ROE V. WADE ANNIVERSARY
WEDNESDAY, JANUARY 22 - 12:10 PM

January 22, 2020 marks the 47th anniversary of the lamentable 1973 U.S. Supreme Court Decision, Roe v. Wade. In the Diocese of Sacramento, January 22 is designated as a Diocesan Day of Reparation. All are asked to observe this Day of Reparation through fasting, prayer, penance and works of mercy.

16TH WALK FOR LIFE WEST COAST
SATURDAY, JANUARY 25, 2020
CIVIC CENTER PLAZA

Join thousands of fellow Catholics and Pro-lifers from all over California and beyond as we proclaim to the world the sanctity of life. Let’s stand up for the littlest among us at the 16th Walk for Life West Coast in San Francisco on January 25, 2020. Reserve your seat or buy your bus ticket today. The Respect Life ministry will be outside the church after masses to give you more information or contact Veronica Avina at (916) 205-0713. For complete information about the walk, visit www.walkforlifewc.com

WORLD MARRIAGE DAY MASS 2020
SATURDAY, FEBRUARY 15

Join us as we honor marriage and salute the beauty of faithfulness, sacrifice and joy in married life. During this Mass, there will be a special blessing for sacramentally married couples and an opportunity for them to renew their marital commitment. An informal reception will follow for couples and their families. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you have questions, call the Office of Family and Faith Formation at (916) 733-0133. If you plan to attend, please register at: https://catholic.formstack.com/forms/wmd

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE, hosted by Fr. Michael Kiernan. This View on Comcast 20, Consolidated 19 and AT&T 14, Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM. All shows are also on YouTube and website CatholicviewpointFHL.com!
## THIS WEEK AT OUR PARISH

<table>
<thead>
<tr>
<th>Date</th>
<th>Mass / Intentions /Readings</th>
<th>Observances &amp; Cathedral Events</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday</strong></td>
<td></td>
<td></td>
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</tbody>
</table>
| **January 18**    | 5:00 pm / Robert & Pam Jones S.I.  
1 Sm 9:1-4, 17-19; 10:1a/Ps 21:2-3, 4-5, 6-7 [2a]/Mk 2:13-17 | Week of Prayer for Christian Unity                           |
| **Sunday**        |                                                                                             |                                                               |
| **January 19**    | 7:30 am / Richard and others S.I.  
9:00 am / Perry Family S.I.  
11:00 am / Deacon Don DeHaven +  
1:00 pm (Spanish) / People of the Parish S.I.  
3:00 pm (Chinese)  
5:00 pm / Gabisch Family S.I.  
7:00 pm / Efrain +  
Is 49:3, 5-6/Ps 40:2, 4, 7-8, 8-9, 10 [8a, 9a]/1 Cor 1:1-3/Jn 1:29-34 | Second Sunday of Ordinary Time                                |
| **Monday**        |                                                                                             |                                                               |
| **January 20**    | 12:10 pm / Cesar R. Fortuno +  
5:10 pm / Holy Souls S.I.  
1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mk 2:18-22 | Martin Luther King Jr Day  
St. Fabian, Pope & Martyr, St. Sebastian, Martyr              |
| **Tuesday**       |                                                                                             |                                                               |
| **January 21**    | 12:10 pm / Oscar O. Alvarez Sr. + & Anastacia A. Alvarez +  
5:00 pm / Maria Chavez + & Maria Perez +  
1 Sm 16:1-13/Ps 89:20, 21-22, 27-28 [21a]/Mk 2:23-28 | St. Agnes, Virgin and Martyr                                  |
| **Wednesday**     |                                                                                             |                                                               |
| **January 22**    | 12:10 pm / Deacon Don DeHaven +  
5:00 pm / Philomena O’Reilly +  
1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10 [1]/Mk 3:1-6 | Day of Prayer for the Legal Protection of Unborn Children     |
| **Thursday**      |                                                                                             |                                                               |
| **January 23**    | 12:10 pm / Jacqueline Sare +  
5:10 pm / Peter & Curtis S.I.  
1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13 [5b]/Mk 3:7-12 | St. Vincent, Deacon & Martyr  
St. Marianne Cope, Virgin  
Bible Timeline 7:00 pm                                       |
| **Friday**        |                                                                                             |                                                               |
| **January 24**    | 12:10 pm / Juliana A. Garcia +  
1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11 [2a]/Mk 3:13-19 | St. Frances de Sales, Bishop & Doctor of the Church           |
| **Saturday**      | 5:00 pm / Seamus, Leah, Liam, & Brigette Perry S.I.  
Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2 [Mk 16:15]/Mk 16:15-18 | The Conversion of Saint Paul the Apostle                      |

## CATHEDRAL PARISH STEWARDSHIP

The Cathedral and its Parish is solely supported by weekly offertories and individual donations. It does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes. Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. The Cathedral’s weekly expenses exceed $20,000. The Finance Council has set a weekly offertory goal of $11,500 to maintain fiscal integrity.

<table>
<thead>
<tr>
<th>Date</th>
<th>Weekly Offertory</th>
<th>Weekly Goal</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>12/21/22</td>
<td>$8,276</td>
<td>$3,224</td>
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<tr>
<td>12/24/25</td>
<td>$19,708</td>
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<tr>
<td>12/28/29</td>
<td>$9,415</td>
<td>$2,085</td>
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<tr>
<td>1/4/25</td>
<td>$10,606</td>
<td>$894</td>
<td>92%</td>
</tr>
<tr>
<td>1/11/25</td>
<td>$9,070</td>
<td>$2,430</td>
<td>84%</td>
</tr>
</tbody>
</table>

Thank you for your generosity and continued support of the Cathedral!
Celebrando la semana de oración para la unidad de los cristianos

Todos los años, se invita a los cristianos de todo el mundo a celebrar una Semana de Oración por la unidad de todos los cristianos, reflexionar juntos sobre las Escrituras, participar en servicios ecuménicos organizados conjuntamente y compartir la comunión. Los recursos internacionales para la Semana de Oración 2020 por la Unidad de los Cristianos han sido preparados por colegas en Malta. El tema 2020, "Nos mostraron una bondad inusual" (Hechos 28: 2), recuerda el histórico naufragio de Paul en la isla de Malta y nos llama a una mayor generosidad hacia los necesitados. Como nación insular, los barcos son una parte importante de la vida maltesa. La lectura de las Escrituras en este servicio describe un peligroso viaje por mar del apóstol Pablo. Un bote también es simbólico del viaje a veces tempestuoso que los cristianos hacen juntos hacia la unidad. La Semana de Oración por la Unidad de los Cristianos fue propuesta por primera vez en 1908 como una observancia dentro de la Iglesia Católica Romana por el Padre Paul Wattson, fundador de los Frailes Franciscanos de la Expiración en Graymoor, Nueva York. Desde la fundación del Consejo Mundial de Iglesias en 1948, muchas otras denominaciones cristianas de todo el mundo han venido a celebrar la Semana de Oración por la Unidad de los Cristianos. (El Consejo Canadiense de Iglesias)

Foto de portada: Martin Luther King, Jr.
en la Marcha por Washington por el Empleo y la Libertad, en la que se reunieron unas 250,000 personas, llamó la atención sobre la continua desigualdad y las luchas de los afroamericanos.

En 1957, [el Sr. King] fue elegido presidente de la Southern Christian Leadership Conference, una organización formada para proporcionar un nuevo liderazgo para el floreciente movimiento de derechos civiles. Los ideales para esta organización los tomó del cristianismo; sus técnicas operacionales de Gandhi. En el período de once años entre 1957 y 1968, King viajó más de seis millones de millas y habló más de mil quinientas veces, apareciendo donde había injusticia, protesta y acción; Mientras tanto, escribió cinco libros y numerosos artículos. En estos años, lideró una protesta masiva en Birmingham, Alabama, que llamó la atención de todo el mundo, proporcionando lo que llamó una coalición de conciencia. e inspirando su "Carta de una cárcel de Birmingham", un manifiesto de la revolución negra; planificó las campañas en Alabama para el registro de negros como votantes; dirigió la marcha pacífica en Washington, D.C., de 250,000 personas a quienes pronunció su discurso, "Tengo un sueño", conversó con el presidente John F. Kennedy e hizo campaña para el presidente Lyndon B. Johnson; fue arrestado más de veinte veces y agredido al menos cuatro veces; le otorgaron cinco títulos honoríficos; fue nombrado Hombre del Año por la revista Time en 1963; y se convirtió no solo en el líder simbólico de los negros estadounidenses sino también en una figura mundial. (nobelprize.org)

TODOS SON BIENVENIDOS

Construyamos una casa donde el amor pueda Morar y todos pueden vivir con seguridad, un lugar donde los santos y los niños cuentan cómo los corazones aprenden a perdonar Construido de esperanzas, sueños y visiones, roca de fe y bóveda de gracia; aquí el amor de Cristo terminará las divisiones:

Todos son bienvenidos, todos son bienvenidos Todas son bienvenidos en este lugar.

Construyamos una casa donde los profetas hablen, y las palabras son fuertes y verdaderas donde todos los hijos de Dios se atreven a buscar soñar el reino de Dios de nuevo. Aquí la cruz será testigo y como símbolo de la gracia de Dios; aquí como uno reclamamos la fe de Jesús:

Construyamos una casa donde se encuentre el amor. en agua, vino y trigo: un salón de banquetes en tierra santa donde la paz y la justicia se encuentran. Aquí el amor de Dios, a través de Jesús, se revela en el tiempo y el espacio; Al compartir en Cristo la fiesta que nos libera:

Construyamos una casa donde las manos lleguen más allá de la madera y la piedra para sanar y fortalecer, servir y enseñar, y vive la Palabra que han conocido. Aquí el paria y el extraño pongamos fin al miedo y al peligro:

Construyamos una casa donde todos se llamen, sus canciones y visiones escuchadas y amado y atesorado, enseñado y reclamado como palabras dentro de la Palabra. Construido de lágrimas, gritos y risas, oraciones de fe y canciones de gracia, que esta casa proclame desde el piso hasta la viga:
IMONIO: lava, limpia del pecado, el Bautismo con el Espíritu Santo nos bautizará con el Espíritu Santo. También el Evangelio revela dos perdón de todos los pecados del mundo y que Él es Dios que Jesús es el Cordero de Dios que será sacrificado para el ese es el que ha de bautizar con el Espíritu Santo.

DÍA MUNDIAL DEL MATRIMONIO: Únase a nosotros para honrar el matrimonio, la belleza de la fidelidad, sacrificio y la alegría en la vida matrimonial. Durante la misa, habrá una bendición especial para las parejas casadas sacramentalmente y la oportunidad de renovar su compromiso matrimonial. Después de misa habrá una recepción informal para las parejas y familiares. En la recepción, se entregará un certificado especial a las parejas que celebran un aniversario significativo (10, 25, 30, 40, 45, 50, 50+). Si tiene alguna pregunta favor de llamar al Oficina de Familia y Formación en la Fe al (916) 733-0133. Si está planeando asistir favor de inscribirse en: https://catholic.formstack.com/forms/wmmd.

VIVIR LA LITURGIA
Nuestras relaciones nos fundamentan y nos definen. Comprender de dónde venimos, quién nos importa y hacia quién tenemos una lealtad todo enmarca y dirige nuestras vidas. Una cosa permanente acerca de quiénes somos es que Dios nos formó en el viernes de nuestra madre. A menos que la comprensión de nosotros mismos comience con este hecho sólido sobre nosotros mismos, nuestro conocimiento siempre será incompleto. Juan el Bautista y Jesús sabían quiénes eran y de dónde venían. Esto les permitió comprender su propósito y expresar su identidad. ¿A quién lo importa? Si tu respuesta principal es Dios, entonces estás en camino a saber quién eres. Cada uno de nosotros tiene un propósito y una misión que cumplir. Ve a Dios como tu fortaleza y aplique en el deber de enfrentar los desafíos de la vida.

LA CORRESPONSABILIDAD DIARIA
Tócalo una vez más
¿Cuántas veces has cantado la canción de la iglesia, "Aquí Estoy, Señor"? Si creciste como católico y tienes alrededor de mi edad (itodavía 50!), La respuesta es más de lo que puedes contar. La canción que cita varios versículos de la Escritura es cantada con guitarra, piano u órgano, por cantores y coros, en iglesias tradicionales y modernas. Es verdaderamente un gran éxito católico de la Iglesia moderna. La pregunta es cuántas veces al cantar el estribillo realmente te has tomado muy en serio lo que estabas cantando.

"Aquí estoy, Señor; ¿Soy yo, señor? Te escuché llamando en la noche." Al igual que la figura bíblica Samuel, estamos respondiendo al llamado de Dios al pedir una aclaración de quiénes somos los llamados. Luego, seguimos la pregunta con una declaración profunda: "Iré si me guías." Es profundo porque estamos prometiendo a nuestro Dios que estamos dispuestos a ir a donde Él quiere. Estamos aceptando el desafío presentado en la carta pastoral de los obispos de los Estados Unidos, "La Corresponsabilidad: respuesta de los discípulos," para convertirse en discípulos maduros que respondan al llamado de Jesucristo sin importar el costo. Hemos cantado esta promesa repetidamente durante muchos años.

Nunca tenemos idea de lo que Dios nos llamará a hacer y a dónde ir. A veces, la solicitud puede pedirnos bastante. Espero, respondamos como un discípulo maduro. Si no, tal vez deberíamos reflexionar más la próxima vez que se toque esta canción. La melodía no permitirá las palabras: "Veré si estoy ocupado y luego decidiré ir si me guías." Por otra parte, no quiero cantarle eso a Dios, la fuente de toda vida de todos modos. ¿Tu sí?

—Tracy Earl Welliver, MTS
January 19, 2020 ~ Ordinary Time, Year A, Cycle II, Liturgical Color: Green

**MASSES**
- Monday to Friday: 12:10 pm
- Monday to Thursday: 5:10 pm
- Saturday Vigil: 5:00 pm
- Sunday: 7:30 am, 9:00 am, 11:00 am, 12:00 pm, 1:00 pm en Español, 3:00 pm Chinese, 5:00 pm, 7:00 pm en Español

**SACRAMENT OF CONFESSION**
- Monday to Friday: 11:30 am to 12:00 pm
- Saturday: 4:00 pm to 4:45 pm
- Domingo en Español: 12:30 pm a 12:45 pm, 6:30 pm a 7:00 pm

**DEVOTIONS:** Divine Mercy Chaplet & Rosary
- Wednesday, Thursday, Friday: 12:45 pm to 1:30 pm

**EUCHARISTIC ADORATION**
- Wednesday: 12:45 pm to 5:00 pm
- Thursday: 12:45 pm to 5:00 pm
- Friday: 12:45 pm to 1:30 pm

**BENEDICTION**
- Wednesday: 5:00 pm
- Thursday: 5:00 pm
- Friday: 1:30 pm
  (No Devotions, Adoration, or Benediction on feast days and holy days)

**ANOINTING OF THE SICK** - By appointment only. Call the rectory at 916-444-3071

**BAPTISMS** - Registration is required. Call Deacon John at the rectory at 916-444-3071
- English - 3rd Saturday of the month, 9:00am
- Español - 4° Sábado del mes, 9:00am

**BAPTISM CLASSES** (No registration required)
- English - 1st Thursday of the month, 7:00pm
- Español - 2do jueves del mes, 7:00pm

**RECTORY OFFICE HOURS:** Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

**VISIT OUR GIFT SHOP DOWNSTAIRS**
- Sundays: 9:00 am to 3:00 pm
- Tuesdays: 10:30 am to 12:00 pm

**TOURS**
We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

**RELIGIOUS EDUCATION PROGRAMS** - The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The Rite of Christian Initiation of Adults (RCIA) sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call 916-444-5364 or email Sister Lisa Marie Doty, Director of Religious Education, lmdoty@cathedralsacramento.org.

**QUINCEAÑERA** - This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tki-la@cathedralsacramento.org.

**MARRIAGE PREPARATION** - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Deacon Omar & Janet Bardales at matrimonyprep@att.net, or 916-427-9160. You do not have to have your wedding at the Cathedral to take this class.

**CONVALIDATION** - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John at 444-3071 Ext. 11 or jgisla@cathedralsacramento.org.

**WEDDINGS** - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tki-la@cathedralsacramento.org at least six months before your desired wedding date to arrange a meeting.
This year for my senior project, I had the opportunity to work with River City Food Bank and assist many struggling families last year through my food and resource drive called Adopt-a-Family. The purpose of this project was to help alleviate hunger in Sacramento and provide happiness to families in need during Thanksgiving and Christmas. In order for this project to be successful, I asked the Director of Education, Sister Lisa Marie Doty to assist me in asking for donations from the Religious Education Program at this church. Overall, we donated over 500 pounds of miscellaneous items and 9 turkeys to River City Food Bank. When I came to donate care packages and cans to the families, they showed pure happiness which was all I ever wanted. The instant gratification that I received from them telling me thank you and their smile was one I will never forget. Especially the children who were so excited to just have chocolate.

The Cathedral has always taught me about how our love for God will help us achieve and do great things for our community. I was so blessed to have fed over 20 families in November with the help of The Cathedral of the Blessed Sacrament community. I will continue to help my community through my love for God. Thank you again for your help!

Jolee Lukas
Senior at Natomas Charter School
Cathechist Aide - Teen Catechumenate

“For I was hungry…”
(Mt 25:35)
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