100 3rd Avenue SE, Pacific WA 98047 | (253) 929-1150

JUNE 2021

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*The City of Pacific does not endorse any of the products or services advertised within this publication.

PACIFIC CITY COUNCIL MEETING

Live stream via zoom Monday 6:30pm

Link and Agenda Located at:
pacificwa.gov/government/agenda_minutes

JUNE 7TH

JUNE 14TH

JUNE 21ST

JUNE 28TH

CITY OF PACIFIC

Food Support

New Hope Food Bank

603 3rd Ave SE,
Pacific, WA 98047
Open Tuesdays 10am-1pm

Stone Soup Free Lunch

Pacific Senior Center
Free Soup lunch, call by
10am to reserve a meal
(253) 929-1150

Free Youth Meals

Free Lunch to Youth 0-18
M-F 11:30am-12:30pm
Pacific Community Center

Pack the Pack

A weekends worth of food support
for youth between lunches. Friday's
@ Pacific Community Center

Free Groceries

Pacific Senior Center
Free bag of groceries
and other food items.
Fridays 1:30pm-2:30pm

Visit the Community Garden Today!
A small handful of dedicated individuals tend to the garden. Please feel free to work in the garden, and help yourself to ripe fruits and vegetables!
100 3rd AVE SE
(253) 929.1150

NEVER MISS A NEWSLETTER!
Sign up to have our newsletter emailed to you at www.mycommunityonline.com

The Disciple

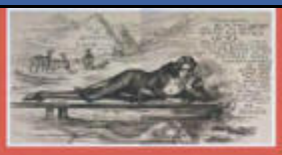
When Narcissus died the pool of his pleasure changed from a cup of sweet waters into a cup of salt tears, and the Oreads came weeping through the woodland that they might sing to the pool and give it comfort.

And when they saw that the pool had changed from a cup of sweet waters into a cup of salt tears, they loosened the green tresses of their hair and cried to the pool and said, `We do not wonder that you should mourn in this manner for Narcissus, so beautiful was he.'

`But was Narcissus beautiful?' said the pool.

`Who should know that better than you?' answered the Oreads. `Us did he ever pass by, but you he sought for, and would lie on your banks and look down at you, and in the mirror of your waters he would mirror his own beauty.'

And the pool answered, `But I loved Narcissus because, as he lay on my banks and looked down at me, in the mirror of his eyes I saw ever my own beauty mirrored.'



by Oscar Wilde

The Disciple is Wilde's clever poem told from the pool's point of view while Narcissus gazes lovingly at his reflection. It was published as a collection of six prose poems in 1894 in The Fortnightly Review.

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RESOURCE NAVIGATOR

South King County Senior Centers and Resources
King County Veterans, Seniors & Human Services Levy

Funded through the Veterans, Seniors, Human Services Levy (VSHSL), we are a hub that serves the Auburn Senior Center, Pacific Senior Center, and Federal Way Senior Center (in unincorporated Auburn).

Our goal is to provide social services to seniors and veterans to help them navigate the resources that will help them thrive in our community. Our focus population is underserved seniors who may be socially or physically isolated and may not be engaged with their local senior center. We also are doing outreach with seniors from diverse communities in South King County and have interpretation services available.

We serve seniors who are age 55+, as well as veterans of any age (or the family of a veteran). They must live in our hub service area, which includes: Auburn, Pacific, Algona, and unincorporated Auburn/Federal Way.

The Resource Navigators are Masters-Level providers, who can provide short-term counseling, case management, crisis intervention, and ensure that people get connected with resources in their community. We can meet with clients 1:1, meet with them in the community, or connect in our Zoom support groups.

Some of the things that we can help seniors with include: affordable housing, home care, assistance with online applications, accessing benefits online, transportation, utility assistance, financial assistance, access to food, dementia care, and veterans issues.

Residents of Pacific should contact….

Sarah ButlerWills, MFT, MDiv.
Resource Navigation Program Specialist
sbutlerwills@auburnwa.gov
c: 253-294-3857

JUNE LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
THIS MENU IS SUBJECT TO CHANGE	1 BBQ Pork Sandwich, Green Beans, Carrot Raisin Salad, With a Lemon Bar	2 Salmon Filet, Wild Rice, Caesar Salad, Roll With Ice Cream	3 **Beef Tostada,** Refried Beans, Mandarin Oranges, with Lemon Pudding	4 Baja Chicken, Black Bean, Corn, And Rice Salad, With Ice Cream and Pineapple Sauce
7 **FREE LUNCH TAKE OUT STYLE FOR EVERYONE 11 AM-1 PM**	8 Meatloaf, Potatoes and Gravy, Carrots, With an Orange	9 Vegetarian Stuffed Peppers, Salsa, With Lemon Bars	10 Philly Cheese Sandwich, Brussel Sprouts, With Grapes	11 Baked Cod Roasted Veggies, With an Oatmeal Raisin Cookie
14 **FREE LUNCH TAKE OUT STYLE FOR EVERYONE 11 AM-1 PM**	15 Chicken Cheese Taco, Cauliflower, With Bananas	16 Beef Macaroni, Broccoli, Roll, With Applesauce	17 Broccoli Cheese Soup, Turkey Sandwich, With Apple Crisp	18 Pork Chops with Apples, Cucumber Tomato Feta Salad, With Rice Pudding
21 **FREE LUNCH TAKE OUT STYLE FOR EVERYONE 11 AM-1 PM**	22 Hungarian Goulash, Broccoli, Pound Cake with Strawberries	23 BBQ Chicken , Pasta Salad, Green Beans, and Ice Cream, with Pineapple Sauce	24 Chicken Cacciatore, Zucchini and Tomato Medley, Roll, with Pears	25 Creamy Tomato Fettuccine, String Beans, A Roll, with Fruit Cocktail
28 **FREE LUNCH TAKE OUT STYLE FOR EVERYONE 11 AM-1 PM**	29 Beef Chili Colorado, Cauliflower and Broccoli , with an Orange	30 Fish & Chips, Coleslaw, with Yogurt and Strawberry Rhubarb Compote		

JUNE

Would You Rather ?

Watch an outdoor baseball game? Or Go to an outdoor concert?

Summer Break - School Lunches

The City of Pacific will continue to host daily free lunches for the A.S.D. during summer break. Lunches will be served Monday - Friday from 11:30 - 12:30 out in front of the community center.

Joke of the Day

How do hamburger's wear their hair?
(answer on page 12)

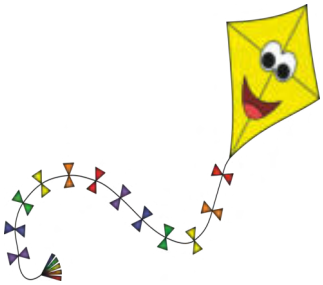
Quote of the Month - (Inspired by Ozzy's Corner)

" Great Leaders Don't Set Out To Be A Leader ….
They Set Out To Make A Difference.
It's Never About The Role—Always's About The Goal ".

National Flag Week
June 10th—15th .

Fun to do's List.

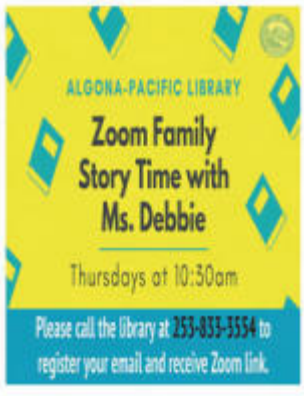
Purchase a Yo - Yo and challenge yourself to learn new tricks.
Let's go fly a kite - Plan a day trip to ocean shores it's a great place to learn how.
Visit your local skate board park, youth baseball games, walking trails.

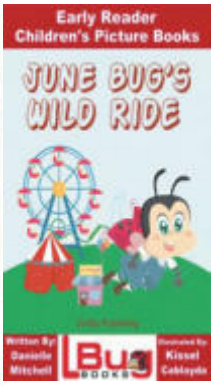


Out Door Activities and Venues

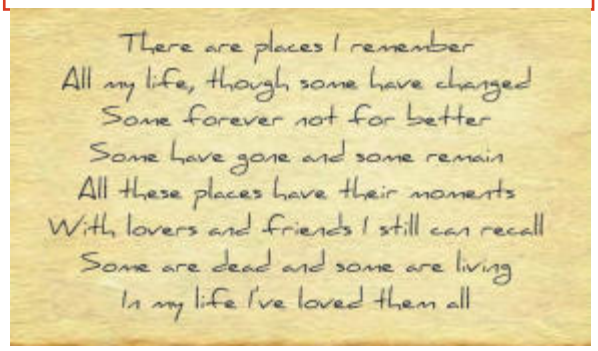
Farm 12 Restaurant & Bakery - Puyallup, Wash
Visit your local farmers market - Puyallup, Wash (Saturday's)
Movies & concerts in the park. (goggle for nearest locations)

Let's get out and get MOVE - IN again ! Support Re–Open of local businesses.





Music Trivia Name the Artist



JUNE 2021			Senior Bus Trips	
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
	1 12:00 CCS LUNCH DELIVERY	2 12:00 CCS LUNCH DELIVERY	3 12:00 CCS LUNCH DELIVERY	4 12:00 CCS LUNCH DELIVERY
7 12:00 STONE SOUP LUNCH DELIVERY	8 12:00 CCS LUNCH DELIVERY	9 12:00 CCS LUNCH DELIVERY	10 12:00 CCS LUNCH DELIVERY	11 12:00 CCS LUNCH DELIVERY
14 12:00 STONE SOUP LUNCH DELIVERY	15 12:00 CCS LUNCH DELIVERY	16 12:00 CCS LUNCH DELIVERY	17 12:00 CC LUNCH DELIVERY	18 12:00 CCS LUNCH DELIVERY
21 12:00 STONE SOUP LUNCH DELIVERY	22 12:00 CCS LUNCH DELIVERY	23 12:00 CCS LUNCH DELIVERY	24 12:00 CCS LUNCH DELIVERY	25 12:00 CCS LUNCH DELIVERY
28 12:00 STONE SOUP LUNCH DELIVERY	29 12:00 CCS LUNCH DELIVERY	30 12:00 CCS LUNCH DELIVERY		

WORD SEARCH

Cooking Terms

E	G	B	M	I	X	B	O	I	L	E	L	H	L
G	R	I	L	L	F	C	R	E	A	M	F	E	T
G	A	L	R	D	R	E	E	M	S	L	C	T	R
L	T	E	D	N	Y	R	O	T	G	R	U	R	E
C	E	N	I	E	C	A	E	B	P	P	T	T	N
E	I	I	B	L	E	P	W	I	I	E	I	M	I
F	L	B	E	B	R	P	H	I	S	T	N	A	O
B	S	N	H	G	O	L	I	C	T	O	A	I	N
H	L	F	B	H	E	B	P	B	P	S	S	A	R
A	Y	R	C	L	R	E	M	I	E	S	P	A	E
I	M	E	L	T	A	S	T	E	A	M	M	A	R
R	M	E	E	Y	E	F	I	C	T	F	A	E	L
Z	I	Z	R	H	B	E	A	T	T	F	I	S	E
L	T	E	K	D	Y	B	A	K	E	A	H	W	S

GRILL
WHIP
CHOP
TOSS
BOIL
STEAM
MELT
GRATE
BLEND
BEAT
PARE
SIFT
BAKE
CREAM
FREEZE
MIX
CUT IN
FRY

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CROSSWORD

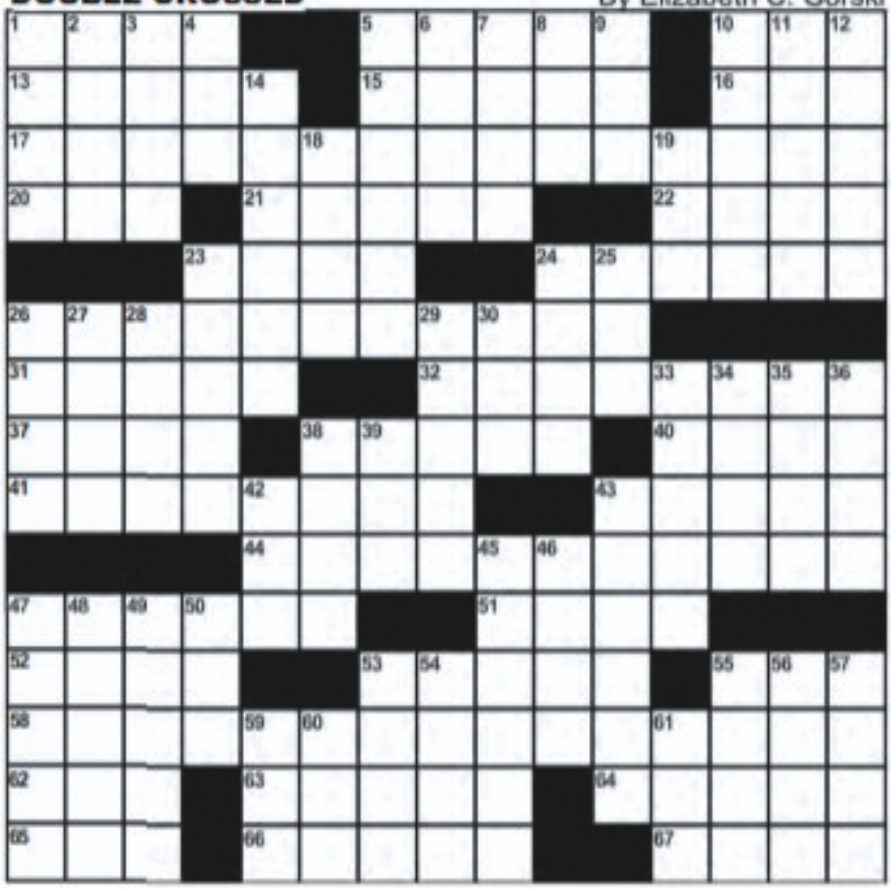
ACROSS

1) In __ land (spaced)
5) Millan, "the Dog Whisperer"
10) Wall St. whiz
13) Perp's cover story
15) All together
16) Heckler's hoot
17) Hinged Andersen products
20) Zener cards test for it
21) Wards (off)
22) Spot for a roast
23) He sang of Alice
24) Beanery patrons
26) NBC drama starring Martin Sheen
31) Beer belly, say
32) Hosp. triage worker
37) Pulitzer winner James
38) Uses serrated shears
40) Actress Downey
41) Sharpton's title
43) More tender
44) Port or sauternes, e.g.
47) Focused at work
51) Laundry unit
52) Brilliant stroke
53) Hawaii's "Pineapple Island"
55) AOL, e.g.
58) Sweepstakes payouts
62) Play for a sap
63) Palin's 2008 counterpart
64) In a way, slangily
65) Visibly embarrassed
66) Low man at the Met
67) Place that's for the birds?

DOWN

1) Add kick to, as punch
2) "Sigh!"
3) Talk like Daffy Duck
4) Rushmore prez
5) Defeatist's word
6) Cornerstone abbr.
7) Sty dwellers
8) Singer DiFranco
9) Latest "Star Wars" villain Kylo
10) Higher-ranking than
11) Crew team member
12) They serve under cap'ns
14) Escapee's cry
18) Wriggly swimmers
19) Braille bit
23) "Bummer!"
24) Pulls the plug on
25) In the past
26) Skier's ride
27) Ginormous
28) Everest fig.
29) Makes one's way
30) Grate on
33) Get too close to
34) "Crucify" singer Amos
35) Gathering clouds, say
36) Hard to find
38) Sneak a look
39) Helpful connections
42) Country rtes.
43) Deck treatments
45) Current event around Christmas?
46) Parti-colored horse
47) Take place
48) Lariat loop
49) Brought into pitch
50) Well-chosen
53) Old Ford models
54) Leaves slack-jawed
55) Memo opener
56) Boot camp barkers (Abbr.)
57) HS junior's exam
59) Flow back
60) "Chandelier" singer/songwriter
61) Charged bit

DOUBLE CROSSED By Elizabeth C. Gorski



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Community Center

100 3rd Ave. S.E.
Pacific, WA 98047

Answer to Joke of the Day

In a Bun.

Name that Artist answer

The Beatles - In my Life
Singer Songwriter– John Lennon.

Contact Us

CITY OF PACIFIC SENIOR CENTER
100 3RD AVE. S.E.
(253) 929-1150

HOURS OF OPERATION
MONDAY 8:30-4:30
TUESDAY-FRIDAY 8:00-4;30

COMMUNITY CENTER
305 MILWAUKEE S.E.
(253) 929-1155

HOURS OF OPERATION
MONDAY-FRIDAY 9:30-5:00

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