

"The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor." - Lk 4:18a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



# ST. MEL CATHOLIC CHURCH

#### The Mission of St. Mel Parish

We joyfully live our Catholic faith for the glory of God and the salvation of souls. We welcome and celebrate the gifts God gives His sons and daughters to build up the body of Christ and serve Him in the needs of one another.

#### St. Mel Catholic Church 4745 Pennsylvania Avenue P.O. Box 1180 Fair Oaks, CA 95628 916-967-1229 stmeloffice@yahoo.com Parish Office: 4748 Pennsylvania Avenue Monday - Thursday 9:00AM to 1:00PM Closed Friday and Holidays Website: stmelchurch.org

In an emergency call 916-298-9324 for a priest

### **PARISH STAFF**

#### **Parochial Administrator:**

......Father Aldrin Basarte

#### Priest in Residence:

..... Father Alfredo Tamayo

Deacons:

..... David Lehman Jack Roland

#### St. Mel School Principal:

...... Megan French

#### **Director of Business & Development:**

..... Bob Mayer

Financial Director/Dir. of Religious Education:

...... Sara Donnelly

#### Director of Music:

......Aaron Thompson

#### **Parish Secretary:**

.....Nancy Mammano

#### St. Vincent de Paul

#### PLEASE NOTE! NEW BULLETIN SUBMISSION DEADLINES

Send typed articles, in MS Word - Times New Roman, font 10, via email to **<u>stmeloffice@yahoo.com</u>** no later than 8am on the day indicated below. Mass Intention requests are not subject to these deadlines.

Bulletin Weekend Dates	Articles DUE
January 29 - 30	January 19
February 5 - 6	January 26
February 12 - 13	February 2
February 19 - 20	February 9

### **MASS SCHEDULE**

#### Saturday Vigil 4:30PM Sunday 8:00AM and 10:30AM

The Sunday 8:00AM is the only live streamed weekend Mass.

#### Monday, Tuesday, Thursday, Friday 8:30AM

All weekday Masses will be live streamed

<u>Please go to the St. Mel Facebook page to view</u> <u>the live stream</u>,

### CONFESSIONS

Saturday from 9:00-10:00AM in the Baptismal Room and "Cry" room inside the church or by appointment.

#### **BAPTISMS**

Call the office to make appointment

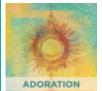
### **CATHOLIC FAITH FORMATION (CFF)**

Email.....ccd@stmelschool.org

#### ST MEL SCHOOL

916-967-2814.....www.stmelschool.org

### Visit Jesus!



The Eucharistic Adoration Chapel has several openings. Visit <u>https://</u> <u>stmel.weadorehim.com</u> to see the full schedule. All are welcome!

0949 or <u>stmeladoration@yahoo.com</u> for more information.

Commentators & Altar Servers January 29th & 30th			
Mass Times	Commentator	Altar Servers	
SAT 4:30PM	Estipular	CJ & Henry	
SUN 8:00AM	Abi Nader F	Michael & Andrew	
SUN 10:30AM	Fisher / Allison	Aaron & Joseph	

### READINGS FOR THE WEEK January 23, 2022

**Sunday:** Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/ Lk 1:1-4; 4:14-21

**Monday:** 2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/Mk 3:22-30

Tuesday: Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/Mk 16:15-18

Wednesday: 2 Tm 1:1-8 or Ti 1:1-5/Ps 89:4-5, 27-28, 29-30/Mk 4:1-20

**Thursday:** 2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25

**Friday:** 2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-11/Mk 4:26-34

**Saturday:** 2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/ Mk 4:35-41

Aiden Hulse Albert Souza Amanda Barron Andrew Cobb Anne Chillemi Arie Cornelis Arlene Michaels Barbara Harris **Betty Cerato Beverly Slattery** Bruce King Bryan Tanglao Carol Bronk Carol Ellen Leever Cecilia Dixon Cheryl Hoffmann Corrie Young Dawna Jones Delia Comstock Della Harmon Delores Bousliman Dolores Leon Donna Mae Eberado Madueno Elizabeth Witt Eve Waggerman Frank & Renee Weiss Gene Fischer George Stevens Gerald Hoffarth Gerry & Paul Parker Gretchen Cahill Harrison Morton Helen S. Worthington Helen Chilcott Jack Callaghan Jackie Lohmeier Jason Bucello Jeffrey Viernes Jenna Barron Jim Carroll Jo Morrison Joan Gamble Joann Buckman



Joanne Frances Miller Joanne & George Kim John Atilano John Lubecki Jonathan Hayes Jonathan Rassmussen Jorges Gonzales June McKenderich Kaitlyn Doyle Kathy Houser Kathryn Hesia Larry Williams Linda Lambrite Louella Mortensen Maggie Harrington Margaret Hesia Margie Reilly Marvin Schluttenhofer Mary Jane Rocha Marylou Tavera Melanie & Sally Edwards Melena Adams Ose Mike Browning **Mike Tompkins** Nick Oakes Norma Kaufman Pat Woods Patti Stevens Paul & Marti Gohring Rhonda Morgan Rita Vicory Ron Barbour Ron Barton Ron & Judy Martinez **Ronnie Denton Rosemary Easter** Rudy Rodoni Sara Donnelly Susan Arthur Talon Bonanno Teresa Lee Tracy Kent Victoria Hummer Walter Thompson

#### TODAY'S GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

Human history reveals many periods where people lost a sense of God's transcendence. It may even be argued that human beings have been wandering and lost more than they have been at home and focused. Human nature being what it is, we struggle with who God really is — the God of our salvation history or the "gods" of human constructs. Relying on our own designs and pursuits, we forget that we really are meant to listen to One upon whom the Spirit of the Lord rests, Jesus Christ, and not to ourselves. That same history that reveals our fickleness and infidelity also reveals God's constancy and faithfulness. God always finds us.

As people wander and fumble to find their way, God is there bringing them back to holiness and giving them the assurance of His presence. We have to allow God's Word, God's life, to touch us and change us. It can make us more flexible and attentive to the sacred in all facets of life so that every day is one that is holy. Every day is a time when fulfillment is possible for one's soul. Jesus stood before those gathered in the synagogue as the fulfillment of words of promise that were echoed long ago. God doesn't forget. He always comes for us.

Now it is time to remember to go to God. Sometimes our lives are so confused and tangled that it is difficult to see the Word and hand of God. But when we realize, deep within, the depth of friendship God offers to us it really has the power to turn sadness to joy. The promise is fulfilled. Going frequently to God's Word, allowing ourselves to be enriched and rejuvenated, and pondering the certainly of God's fidelity and promise permanently transforms us. We will be more aware of the sacred and the holy and less invested in things that pull us away.

### A REMINDER

Before entering the Adoration Chapel, remember that you are in the Real Presence of Our Lord. Please refrain from talking and be sure to turn off your cell phone. This will be greatly appreciated by the other Adorers.



#### Sunday, January 23

8:00am (R) Kathleen Gohring by Paul Gohring
8:00am (R) Barbara Ertl by Costa Family
10:30am (R) Steve Drobeck by Julie Cervantes
10:30am (R) Dale Barngrover by Usher Ministry

#### Monday, January 24

8:30am (R) Barbara Eisengadt by John & Mary Alyce Gisla
8:30am (R) Popa Fred Duesler by McKee Family

#### Tuesday, January 25

8:30am	(R) Kathleen Gohring by Paul Gohring	
8:30am	(R) Rosa Maria Quinonez by A Friend	
8:30am	(R) Frank Franzago	
	by Franzago Family	

Wednesday, January 26

No Mass

#### Thursday, January 27

8:30am (I) Maricela Martinez
by St. Mel School
8:30am (I) Revati Goveas by Goveas Family

#### Friday, January 28

8:30am	(I) Megan French by St. Mel School
8:30am	(I) Jacqueline Goveas
	by Goveas Family

#### Saturday, January 29

4:30pm (R) Sam Cheever by Pitts Family4:30pm (R) Barbara Eisengardtby John & Mary Alyce Gisla

#### Sunday, January 30

8:00am (I) Mass for Parishioners 10:30am (I) Sara Donnelly by Vic & Carol Warmerdam 10:30am (I) Gloria Williams

> CREEP DOWN INTO THE HEART OF JESUS. HE ALONE CAN COMFORT YOU IN YOUR SUPREME HOUR OF SORROW. 99 St. Marianne Cope



Who gave man his mouth? Who makes him deaf or mute? Who gives him sight or makes him blind? Is it not I, the Lord?

**<u>Reflection</u>**: God does not make mistakes. When a human being is alive, it is because God wants him or her to be alive.

People do not have to measure up to our standards or expectations in order to have dignity and deserve protection.

**<u>Prayer</u>**: Lord, I pray for all those who are disabled, frail, and ill. Give them your strength and peace, and give us the eyes to see their dignity and value.

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### **PRAYER INTENTIONS OF POPE FRANCIS**



Please join the **Legion of Mary** in praying daily the intentions of Pope Francis for January-**For true human fraternity** 

We pray for all those suffering from reli-

gious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

Let us pray for those in our community who have passed away.

#### Jim Hallissy

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.



The Parish Office hours are Monday through Thursday from 9:00AM to 1:00PM. <u>The</u> <u>office is closed on Friday</u> <u>and holidays.</u>

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### MONTHLY FOOD DRIVE

The Knights of Columbus Monthly Food Drive to support St. Vincent de Paul is **this** weekend January 22<sup>nd</sup> & 23<sup>rd</sup> St. Vincent de Paul is requesting single-serve, individually wrapped items such as sandwich crackers, flip top cans of tuna or chick-



en salad, cookies, and cookies. These items will help them serve the homeless community safely.

Donations can be left in the plastic containers in the church vestibule or dropped off at the Parish Office Monday - Thursday between 9:00AM and 1:00PM. Thank you for your generosity.



### CARMELITE MONASTERY BENEFIT LUNCHEON

Finally, after two years, we are happy to invite you to attend the Carmelite Luncheon in support of our Carmelite Monastery in Georgetown. The Spaghetti Luncheon will be held on February 12 at St. Mel Parish Hall in Fair Oaks. Doors open at 11:30. The lunch includes spaghetti, salad, bread, antipasto, and dessert. There is a raffle of lovely prizes and a silent auction of great gifts, including a weekend at the Monastery! With Valentine's Day just around the bend, come pour some love on our Carmelite Sisters! Bring your sweetie, your BFF, or your prayer group and have some fun! Tickets still only \$25 pp. TO REGISTER: Go online to www.carmeliteauxiliary.org and scroll down to the luncheon tab email Brenda at or blmcc77@gmail.com.

### **CALVARY CEMETERY & FUNERAL CENTER**

After Masses on January 29<sup>th</sup> and 30<sup>th</sup>, representatives from Calvary Cemetery & Funeral Center will be joining us at a table outside to invite parishioners to join them for a Free Lunch in our hall on February 1st at 11:30 AM. Advance reservations are requested and the opportunity to sign up will be available at their table next weekend. Please stop by and meet our Diocesan Funeral and Cemetery representatives and sign up for a free lunch. If you have any questions, or need a different time or day to meet please reach out Jocelyn Young at 916-840-2155. St. Mel Choir rehearses Thursday evenings at 6:30PM in the church. **New voices are always** welcome! Looking forward to gath-



ering, singing, and praying with you again. Please arrive 5 or 10 mins early so that we can start on time. Questions? Contact Aaron Thompson, Director of Music, at stmelmusic@outlook.com.

### **CHARISMATIC PRAYER GROUP**

The Charismatic Prayer group is now meeting on Wednesday evenings from 6:30-8:00 PM in the Church. Please enter from the upper parking lot. Join us for praise, worship, and healing prayer. For information please call Chris 916-715-1162 or Karen Juten 916-712-3706.



Join Deacon Jack and Deacon Dave for Holy Hour with the Blessed Sacrament- Exposition, Adoration and Benediction the First Friday of each month. The next Holy Hour will

be February 5<sup>th</sup> from 6:30 to 7:30PM in the Church. Just before the Holy Hour, from 6:00 to 6:30PM , the Rosary for an increase in Vocations is said. Please join us.

### **MASK WHILE AT MASS**

We kindly ask that everyone respects Bishop Soto's request to wear a mask while attending Mass. Many of us do wear a mask. **Thank you!** 

Your fellow parishioners will appreciate your compliance to this minor inconvenience. Consider it a small act of kindness to others.



Attention Parents and Godparents. The next scheduled Baptism Preparation class is

Wednesday, February 2<sup>nd</sup> at 7:00PM in the Parish Center. Please call the Parish office to register to attend. 916-967-1229

### ST. MEL SCHOOL AND CFF NEWS

#### **CFF** Classes

CFF will be a homeschool format for at least the first 6 months of the 2021-22 School Year. Registration is open now. The registration form is available on stmelchurch.org under Faith Formation - Religious Education for Children. If you have any questions please email Sara Donnelly, ccd@stmelschool.org.

### ST MEL SCHOOL SCRIP

Now more than ever St. Mel School Scrip needs our help. You can purchase Scrip by calling or emailing Regina Ed-



wards, Scrip Coordinator, at 916-752-3878 or Ed-



wardsfamily@Reagan.com. You can also order online at ShopwithScrip.com by using the St. Mel enrollment code, 3DL76FEA2151L. All Scrip orders will be

sent directly to Regina who will then arrange delivery. Thank you for your support of St. Mel School!

### **ALTAR SERVERS**

Altar Servers are being scheduled to serve at all Masses. If you are interested in becoming an Altar Server, please contact Dave Murray for information about training. If you have received your First Holy Communion, you are eligible to be a server at St. Mel. ALL ages, from second-twelfth grade are WELCOME. Dave Murray, 916-716-5187 or dddrmurray@comcast.net

### **REGINA CAELI ACADEMY**

We are pleased to invite you to our Open House at Regina Caeli Academy - 6365 Douglas Blvd. Granite Bay, January 24th at 1pm.

RCA is a hybrid academy, serving students in grades Preschool-12th grade in the Catholic tradition. RCA provides fully accredited academic and extracurricular classes for homeschoolers. Students attend classes using the Socratic method two days per week and are homeschooled the remaining days. For more information visit www.rcahybrid.org or call Hannah Hollcraft, Center Coordinator, of Education at 530.444.2133 We look forward to welcoming you to RCA!

### **KNIGHTS CORNER**

#### Investments You Can believe In

The Knights of Columbus are most often associated with all of our



charitable actions, but did you know that the Knights were founded as a Fraternal Benefits Society to help widows and orphans financially when a Brother Knight passed away? The Knights continue to offer financial benefits, and now everyone is invited to hear the latest, virtually! The Knights are providing a free seminar on "Pursuing" Growth with Integrity" to help you make an informed and educated decision with your future investments on your way to meeting your financial goals.

As Catholics, we face a common dilemma of choosing between investment goals and our moral values. Now, you have a chance to listen to Anthony Minopoli, the President and Chief Investment Officer for the Knights on how he believes you can reach your investment growth



goals without compromising your Catholic beliefs. This is a virtual meeting that you can watch or listen to anywhere, with no obligations. Our goal is to provide you the information, then you decide. That's it!

The seminar is Thursday, February 3, 2022, at 6:00pm. To register, go to:

https://register.gotowebinar.com/ register/8884217100332523280

We hope you will join us for this informative seminar.

Are you a Catholic gentleman, 18 years of age or order, and interested in becoming a Knight of Columbus? Visit our website: www.KofC.org and click on "Join" at the top. The Knights of Columbus is a family-oriented organization, helping bring communities together.

Please contact me if you have any questions. - 916-548-4962, John Brennan JPBrennan7262@amail.com



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### EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

#### Plant Your Works in the Word

One of the things about Scripture is that even the smallest word and shortest phrase can be critical to the overall message. When you take a quiet moment to rest with the Word, you find how quickly the most mundane sentence can reach out and grab you, pulling you into a deeper con-



templation of some truth you hadn't even considered until then.

But we often fail to act as the Israelites in the Book of Nehemiah, standing before

the Water Gate "listening attentively." Whether it's at Mass during the Liturgy of the Word or at home poring over the Bible, time after time we find ourselves less mindful than we could be. Our ears accept the sounds of the words and our eyes glance over the shape of the letters.

But are we mindful — truly?

The best answer is hopefully at least sometimes. There are always tasks to be completed, problems weighing on our minds that we can't quite give over to God. We lose ourselves in these things instead of in Scripture. We "clock in" with Bible reading instead of "diving in."

We can never forget that the words of the Lord are spirit and life. They are the soil that quickens the seed of all stewardship. There is no mindfulness, no prayer, no graciousness, no gratitude or accountability or sense of commitment unless there is the Word.

So let us pray today for mindfulness, that our every action will be grounded in the law of God — giving it true spirit and life.

— Tracy Earl Welliver, MTS

### **BE AWARE!**

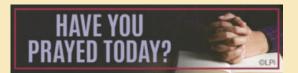
Emails and text messages are being sent from people claiming to be Father Aldrin. If you receive a text or an email asking you to buy gift cards DO NOT RESPOND. Father will never ask for help in this way. If you have any questions, please call the Parish Office. 916-967-1229.



Forty nine years ago today the United States Supreme Court passed the infamous ruling entitled Roe V. Wade, which made abortion rights the law of the land. Since then **62 million American babies** have died; world wide it is 1.5 BILLION! How many of those babies would have grown up to be priests, religious brothers, sisters, or mothers and fathers themselves?

Action item 1: If you have had an abortion, or helped someone else get an abortion, get to the Sacrament of Confession! There is healing and hope and forgiveness waiting for you!

Action item 2: Pray for an end to abortion; be a peaceful, prolife witness on the sidewalk at local Planned Parenthood Clinics, and talk about the Sanctity of Human Life to your children and grandchildren.



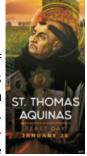
### **CHRIST THE KING PARISH RETREATS**

The 2021-2022 Christ the King Parish Retreat theme is "God's Dream for Our World" to ponder God's dream for our world, though the lens of sacred scripture and storytelling. We invite all to come and probe the depth of God's Love for us in Christ as we gather in prayer, study, meditation, sacraments, and rest. The WOMEN'S retreat for St. Mel will be MARCH 4-6 (but also available: March 25-27, April 1-10 and 22-24) and the men have several options (Feb 4-6, 11-13, 25-27 and April 1-3). Please reserve your spot today by calling your Parish Coordinator Martha Styer at 916-962-3307 or the CTK at 916-725-4720 Ext 301. You can register online at http:// also christthekingretreatcenter.org If you're unable to attend our parish date, sign up for other date. Accept this invitation as a precious gift to yourself as you awaken and rejuvenate the spirit within you. Please know: no one is refused because of inability to pay full amount.

### ST. THOMAS AQUINAS

#### Feast Day January 28

One of the most famous members of the Dominican Order, St. Thomas Aquinas (1225 – 1274) is well-known st thoma by many for his theological work, Aquinas "The Summa Theologiae." Born in Italy, his mother wanted him to become



a Benedictine and had high hopes that he would eventually become abbot of Monte Cassino, where he spent much of his youth. To change his vocation, she had him kidnapped by his brothers on his way to Paris at the age of 19. He spent two years in their captivity. Despite this, nothing could shake him from his vocation to become a Dominican priest and he was eventually released. Once free, he went to Paris and then to Cologne, where he finished his studies with Albert the Great.

His greatest contribution to the Catholic Church is his writings. The unity, harmony, and continuity of faith and reason, of revealed and natural human knowledge, encompasses his writings. The Summa Theologiae, his last and, unfortunately, uncompleted work, deals with the whole of Catholic theology.

The patron saint of teachers, theologians and students, St. Thomas Aquinas died in 1274. His life and the impact he had on the whole Church, however, remains alive today.



Join with other families every first Sunday right after 10:30 Mass. Great chance to meet and share in the joys of family life! Kids have a great time! WHERE: Doheny Hall JOIN January 2- After 10:30 Mass February 6- After 10:30 Mass March 28- After 10:30 Mass

**Catholic Family Life** 

FAITH . FUN. FOOD . FELLOWSHIP

## **Dale Barngrover Memorial Book Fund Collection**

SEE DISPLAY IN THE VESTIBULE

#### NEW Expanded Collection! New items continue to be added. **Check it out!**



Dale converted to the Catholic Faith in June, 2020. He was a proud member of the Knights of Columbus. He passed to his eternal reward on October 16, 2021.



Please help yourself to a book for a suggested minimum \$5 donation (or what you are able from your generosity.)

All collected donations will go to the Knights of Columbus to assist St. Mel in new technology and security improvements at the parish.

Please place your donation in the collection box at the display.



- Peace of Mind
- Minimize Expenses
- 0% Finance Options
- Make your wishes known

Join us for a brief presentation to discuss the benefits of planning funeral, mortuary, cremation or cemetery services ahead of time.

Free Lunch • 30 minute presentation with Q&A

Date: February 1st, 2022

Time: 11:30 AM

Location: St. Mel Catholic Church 4745 Pennsylvania Ave. Fair Oaks, CA 95828

Advance Registration Requested: Scan QR code here or visit our website: cfcssacramento.org/events

Email: jocelyny@cfcssacramento.org



Contact: Jocelyn Young 916-840-2155



cfcssacramento.org/events 916-840-2138



(916) 962-0787 sherwoodflowers.net

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