



# COMFORT GOLDEN AGE CENTER

JANUARY 2021

628 HIGHWAY 27  
COMFORT, TX 78013  
P.O. BOX 356

## CONTACT US TODAY!

**Email:** [gac.356@gmail.com](mailto:gac.356@gmail.com)

**Phone:** (830) 995-3032

**Director**

Dinah Johnson

**Location:**

628 State Hwy. 27  
Comfort, Texas 78013

**Mailing Address:**

P. O. Box 356  
Comfort, Texas 78013

**Office Hours:**

Monday - Friday  
8:00 AM to 1:00 PM

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**DIRECTOR:**

Dinah Johnson

**GOLDEN AGE CENTER  
FOUNDATION BOARD**

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<https://www.facebook.com/goldenagecenter>



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## Share the Love with Vulnerable Seniors This Year

Exciting news! For the 13th year running, the Meals on Wheels network is participating in the 2020 Subaru Share the Love Event. Over the past twelve years, Subaru and its retailers have helped Meals on Wheels to deliver more than 2.3 million meals nationwide to seniors in need.

Why does Subaru support Meals on Wheels? Too many seniors are struggling to stay independent and healthy. **One in four seniors lives alone in isolation and one in seven seniors might not know from where their next meal is coming.** This is simply unacceptable, which is why Comfort Golden Age Center provides the nutritious meals, friendly visits and safety checks to the seniors of Comfort. This vital support keeps seniors in their own homes, where they want to be.

We're incredibly grateful to Subaru and its Retailers for supporting our organization and the seniors we serve. With that in mind, we thought you might want to learn a little bit more about the Subaru Share the Love Event.

### HERE'S HOW IT WORKS

This November 19, 2020, through January 4, 2021, for every new Subaru vehicle purchased or leased, Subaru will donate \$250 to the customer's choice of participating charities.\* Meals on Wheels is one of four national participating charities and has been since the inception of the event. Through this event, as a member of Meals on Wheels America, Comfort Golden Age Center will receive a share of the donation from Subaru vehicles sold at participating Subaru Retailers.

You might not be in the market to purchase a new car, but if you are, please look into the Subaru Share the Love Event to learn more. If you're not shopping for a new vehicle, *you can still help* by spreading the word to your family and friends.

And remember: this holiday season you can ensure our senior neighbors are not forgotten, when you purchase or lease a new Subaru and select Meals on Wheels as your charity of choice.

\*Disclaimer: Subaru will donate \$250 for every new Subaru vehicle sold or leased from November 19, 2020, through January 4, 2021, to four national charities designated by the purchaser or lessee. Pre-approved Hometown Charities may be selected for donation depending on retailer participation. For every new Subaru vehicle sold or leased during the campaign period, participating retailers will donate a minimum of \$50 in total to their registered Hometown Charities. Purchasers/lessees must make their charity designations by January 15, 2021. The four national charities will receive a guaranteed minimum donation of \$250,000 each. See your local Subaru retailer for details or visit [subaru.com/share](http://subaru.com/share). All donations made by Subaru of America, Inc.



The Comfort Golden Age Center held a **Subaru Share the Love /Stuff the Trunk** event on December 5th at the center. Dinah Johnson and Santa helping at our event.

Schatzie Norris and Evelyn Rolfe accepting donations at the **Stuff the Trunk** event. .

# ACTIVITY CALENDAR- JANUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				- 1 - NEW YEAR'S DAY CLOSED TODAY	- 2 -
- 4 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 5 - Coffee 10 am	- 6 - Coffee 10 am	- 7 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 8 - Bridge 9:30am Coffee 10 am	- 9 -
- 11 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 12 - Coffee 10 am	- 13 - Coffee 10 am	- 14 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 15 - Bridge 9:30am Coffee 10 am	- 16 -
- 18 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 19 - Coffee 10 am	- 20 - Coffee 10 am	- 21 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 22 - Bridge 9:30am Coffee 10 am	- 23 -
- 25 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 26 - Coffee 10 am	- 27 - Coffee 10 am	- 28 - Bingo 9am-10am Coffee 10 am Movement & Music Class 10am-11am	- 29 - Bridge 9:30am Coffee 10 am	- 30 -

## GIFT -n- THRIFT SHOP

The Gift-N-Thrift Shop is open from 10AM -1PM, Monday thru Friday.

Stop by during that time and see what items we now have in our store.

We have an assortment of items that may be of interest to you.

Some of our items can be seen on our Facebook page.

If you are interested in an item or have any questions please call the Center at 830-995-3032 between 10 AM- 1 PM Monday through Friday or text Dinah Johnson at 210-454-7212.

How's your balance? Leg strength? Energy level?  
Need a little help? **For all Seniors! Men/Women invited!**

## GOLDEN AGE CENTER FITNESS MOVEMENT AND MUSIC CLASSES

COME ENJOY SOME TONING AND TUNES JUST FOR YOU !

MONDAY AND THURSDAY AT 10AM-11AM  
AT THE COMFORT VFW CENTER

**CHAIRS, EQUIPMENT and WATER PROVIDED**

Please wear your non-skid tennies!



TAUGHT BY LOCAL COMFORT RESIDENT- MARGARET STONE  
CERTIFIED FITNESS INSTRUCTOR 27 YEARS EXPERIENCE  
QUESTIONS? CALL ME AT 214-293-5655



**Dinah Johnson**

December 8<sup>th</sup> was my 5 year anniversary as Director of the Comfort Golden Age Center. I have dedicated myself to the Center and the work wholeheartedly. I am very proud to be the Director and look forward to many many more years to come. Thank you for the opportunity to serve.



**Gaye Petty**

Gaye Petty has become the newest member of the Comfort Golden Age Center Foundation Board. She will be the Secretary for the board. Welcome

**FEATURED SENIOR OF THE QUARTER  
DOROTHY NELL ATWOOD FALTIN**

Dorothy Nell Atwood Faltin was born in Bishop, Texas August 10, 1931. Living on a farm 5 or 6 miles from town neighbors were scarce, but 1.5 miles away lived a neighbor with 2 little girls and we became lifetime friends. After 1<sup>st</sup> grade the Atwoods moved to Edinburg, Texas going to Middle school and then to La-Pryor, Texas. After high school Dorothy attended A & I College in Kingsville where she met the "Love of Her Life" Dee Dee Faltin over a pair of boots sitting on the stair case in the science building. After graduation, in Spring of '52 Dee Dee took a managerial position with Palmer Ranch in Sarasota, Florida building a pure-bred herd of Santa Gertrudis. In October of '52 we were married, beginning our lives as Mr. and Mrs.!

In September '53 I began teaching school in Fruitville School in Sarasota County, but in November Dee Dee received a letter saying he would be drafted; however he joined the army as he was in National Guard. In November he left for school in Ft Knox, KY After 6 months he was sent back to Camp Irvin, California. I finished teaching the year and joined Dee Dee.

We lived in Yermo and I taught 2<sup>nd</sup> grade there. The following year I spent 6 months in Barstow, California as a home bound teacher. Dee Dee was discharged as a 1<sup>st</sup> lieutenant as they couldn't convince him to stay and we headed back to Sarasota, Fl.

Our son Brian was born in 1956 and daughter Disa in 1963. In 1965 things changed as the Palmers both died and their holdings changed. We then headed back to Texas.

It was the spring of 1965 and much to do. Center Point ISD called and asked me to finish the year as a teacher resigned. After the second call, I reluctantly accepted teaching Home Economics for them and ended up teaching 20 years, taking off a year when our Disa died but the students (my kids) filled a void in my life.



# VOLUNTEER OF THE MONTH

## Kathy Martinez



.Kathy is a volunteer and delivers to our Meals on Wheels Clients. We are very thankful to her for her commitment to delivering meals to our homebound seniors.

## VOLUNTEER OPPORTUNITIES

The center has several volunteer opportunities at this time. If you have some spare time and would like to help out please call Dinah Johnson at 830-995-3032.

There are several areas that she needs help with at this time. Any amount of time that you can help would be greatly appreciated.

We would like to give a big **THANK YOU** to all the people that have been volunteering even more of their time so that we were able to open up again. In order to be open it has taken extra cleaning and changes to the way we have to do things. Thank you so much for all that you are doing to help at the center. We appreciate all of you.



## JANUARY BIRTHDAYS

- 10 Susie McVea
- 10 Betty Murphy
- 11 Keith Norris
- 18 Paul Urban
- 18 Victor Nieto
- 18 Patricia Berck
- 19 Petra Rodriguez
- 25 Paula Neubauer
- 28 Susan Scott Cather
- 28 Janet Pfeiffer
- 29 Ethyleen Flach
- 29 Irma Rios

## JANUARY ANNIVERSARIES

- 1 Keith and Schatzie Norris
- 2 Anthony and Hope Bernal
- 19 Micky and Lola Dunagan
- 26 Al and Pat Berck

## VOLUNTEER OF THE YEAR—2020 EVELYN ROLFE

Dinah Johnson presented Evelyn Rolfe with the Volunteer of the Year Award for 2020.



# LOCAL HISTORY

## FACT OR FICTION? You Tell Me

By Ralph Garcia San Miguel Jr.

Ralph found this strange story on the internet one day while looking for Comfort history.

\*\*\*\*\*

“One day Indians robbed the Comfort Bank. Salvador Trejo was the bank guard. He was married to Angelita Fernandez, who was pregnant at the time. Salvador was taken prisoner by the Indians and never seen again. Salvador and Angelita’s baby girl was born three months later. Her mother named her Serapia.”

Neither Salvador Trejo nor his wife, Angelita Fenandez were ever in town again. Can you recall anything about this robbery story? About the Trejo or Fenandez families in Comfort? The tiniest detail of a story or a rumor may be just what the author needs to conclude this story. The author, Ralph Garcia San Miguel Jr. would appreciate any and all assistance in this mysterious matter.

\*\*\*\*\*

## “EARLY COMFORT BANKING HISTORY”

Compiled by Anne Stewart.

Comfort’s first official bank was established in 1907. The structure was built on the northwest corner of 7<sup>th</sup> and High Streets. And yes, the Comfort State Bank was robbed once and reported in The Comfort News. Frank and Ruth Kiel, assisted by Roy Perkins, turned that news item into a play. It was performed in the Comfort Bank building. No bank guard. No Indians. Too modern day for this story.

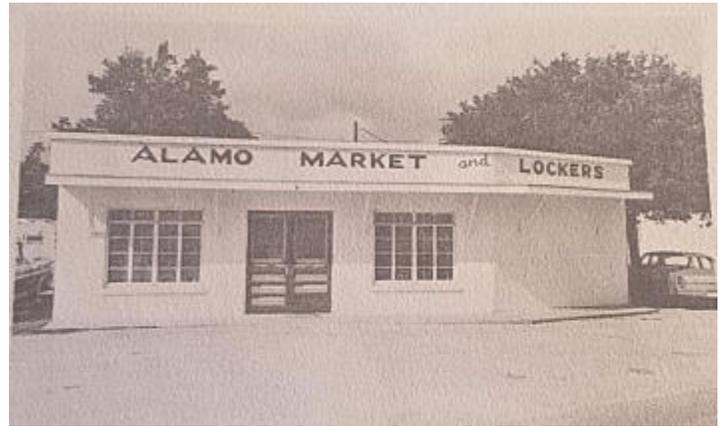
Early on private banks were established and operated by people in our town. Both the Faltin and Ingenhuett families set up and managed the legal and financial intricacies of a bank in the Comfort community for many years.

August Faltin , 1856, purchased the home and general store built in 1854 by the Goldbeck brothers, Theodore and Fritz. Located on the corner of 7<sup>th</sup> and Main Streets, the store also held the United States Post Office.

August Faltin employed his wife’s nephew to help keep the doors open long hours for business. August, writing to his father, explained that Clara his wife also worked in the store. Clara herself wrote a letter home to her in-laws in Germany telling them of how frightened she was by the Indians she saw in the street outside their business and home. She said their baby daughter was also disturbed on seeing them.

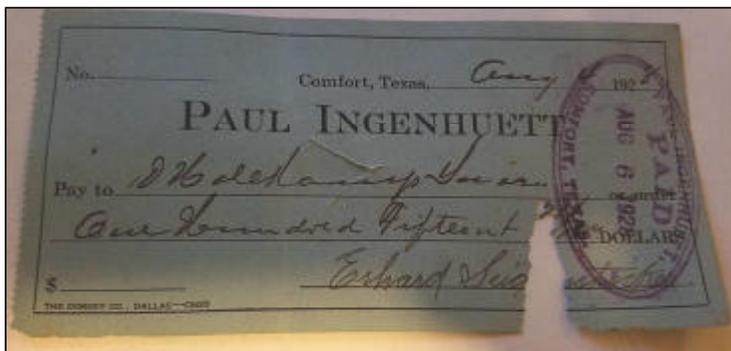
Ingenhuett Store, a family business located on High Street just west of the museum, also employed family members. Ingenhuett Store purchased a large walk-in vault and issued checks to bank customers for convenience and good service practices. (See photo below)

## Comfort’s Alamo Meat Market



A poem by Nancy Lich Jones

Hey, Bobby!  
 Got any happy steaks?  
 The meat market run was always fun.  
 But lo and behold if  
 you were new in town  
 or asked a dumb question  
 or questioned a local’s order being filled before yours,  
 Because, after all,  
 It was Bobby’s Meat market.  
 He could do things HIS way!  
 A searing look from his eyes  
 And a careful, slow shifting of his snuff  
 And the agitator felt the need to clench,  
 But if you were local, it was different.  
 Jokes flowed freely, gossip passed,  
 And did Bobby love the teasing.  
 He could give & take with the best.  
 One day I decided to mess with him.  
 Being Wednesday it was  
 All You Can Eat Chicken Fried Steak Buffet at  
 Guenther’s.  
 I checked out the round steaks instead of saying an  
 Offered steak looked good,  
 I said, “Oh, Bobby, that steak looks happy!”  
 “Yep,” I said. “It does. I’ll have that one.”  
 And on & on until I’d filled my order.  
 For a while each Wednesday,  
 We took the Alamo Meat Market to Hollywood!



## THANKSGIVING MEALS FOR OUR SENIORS

Comfort Golden Age Volunteers delivered meals on Thanksgiving Day. The turkey dinner was provided by the Horseshoe Pub and the chicken dinner was donated by the Comfort Chicken Express and the Kendall County Cowboy Church. These meals were also provided to our congregate members. Julie Pfeiff, Evelyn Rolfe, Schatzie Norris, Keith Norris and John Rolfe all helped deliver the meals.



Volunteers helping to send out Christmas Cards to our members. Keith and Schatzie Norris and Suzanne Flach helped with this project. This is part of the **Subaru Share the Love Event**. Learn more at [www.mealsonwheelsamerica.org/SharetheLove](http://www.mealsonwheelsamerica.org/SharetheLove)



Keith and Schatzie Norris



Suzanne Flach and Schatzie Norris

# JANUARY MENU

COMFORT GOLDEN AGE CENTER 830-995-3032 CALL BEFORE 8:45 AM TO ORDER MEALS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>AACOG Alamo Area Council Of Governments</p>	 <p>Area Agency on Aging <small>Established by State Department of Aging and Health Services Alamo Area Council of Governments</small></p>			<p>01</p> <p>Closed</p>
<p>04</p> <p>Breakfast for lunch: Migas Style Eggs w/ Sausage Tortillas Mild Pico de Gallo O'Brien Potatoes Fruit Cocktail</p>	<p>05</p> <p>Lemon Pepper Catfish Oven Fried Okra Fresh Steamed Cauliflower</p>	<p>06</p> <p>Turkey &amp; Chicken Pot Pie Fresh Minted Peas Lentil &amp; Rice Pilaf</p>	<p>07</p> <p>Beef &amp; Chicken Fajitas w/ Fixings Southwestern Squash Refried Beans</p>	<p>08</p> <p>Grilled Rosemary Chicken Sautéed Butternut Squash Herbed Rice</p>
<p>11</p> <p>All Beef Hotdog Baked Beans Oven-roasted Zucchini &amp; Peppers</p>	<p>12</p> <p>Oven Roasted Pork Loin w/ Au Jus Glazed Carrots Roasted Yukon Herbed Potatoes</p>	<p>13</p> <p>Fish Tacos Vinegar &amp; Pepper Coleslaw Black Bean &amp; Corn Medley</p>	<p>14</p> <p>Bruschetta Grilled Chicken Steamed Broccoli Brown Rice</p>	<p>15</p> <p>Penne Pasta w/ Marinara Sausage &amp; Onions House Salad w/ Ranch Fruit</p>
<p>18</p> <p>Chicken Lasagna Sautéed Spinach Spiced Apricots Garlic Bread</p>	<p>19</p> <p>Pecan Crusted Tilapia w/ Honey Butter Cheesy Grits Zucchini Coins w/ Basil</p>	<p>20</p> <p>Chicken Fried Steak w/ Gravy House Salad Green Beans Garlic Mashed Potatoes</p>	<p>21</p> <p>Green Chili w/ Pork Sautéed Mustard Greens Spiced Apples</p>	<p>22</p> <p>Homemade Beef Stew Spaghetti Squash w/ Basil &amp; Tomatoes Parsley New Potatoes</p>
<p>25</p> <p>Cod Florentine Butternut Squash Medley Steamed Parsley Rice</p>	<p>26</p> <p>Grilled Hamburgers w/ Fixings Chips Creamy Coleslaw Baked Beans</p>	<p>27</p> <p>Loaded Baked Potato w/ BBQ Beef Succotash Spiced Pears</p>	<p>28</p> <p>Chicken Cacciatore Cheese Tortellini Lima Beans w/ Dill</p>	<p>29</p> <p>Pork Schnitzel w/ Piccata Sauce Apple Glazed Carrots</p>



# CENTER INFORMATION

## OUR MISSION

Comfort Golden Age Center's mission statement is to provide opportunities and resources to those over age 55 in the areas of physical and mental health, nutrition and education in the Comfort, Texas area.

The Golden Age Center is a place for senior citizens to gather in an atmosphere that promotes and utilizes life experiences and skills. The goal of the Golden Age Center is to provide an environment that validates the changing needs and interests of the members, enhances growth and dignity and encourages connection with each other and the Comfort Community.

## MEMBERSHIP

As a member of the Comfort Golden Age Center a Comfort community Senior Adult (55+) or a disabled person of any age is able to enjoy important social interaction with other members. We have important health classes on a variety of topics that relate to our seniors.

**Note::** Annual membership fee is \$10 per person.

## YOUR DONATIONS ARE NEEDED!

Our seniors are great folks with lots of happy years ahead! The Golden Age Center provides them with a great place to meet with friends, play games, socialize as they also get good nutrition. YOU CAN HELP to enhance and continue our programs by donating by check to the MAILING address below. Thank you!

## CONTACT

**Email:** gac.356@gmail.com

**Phone:** (830) 995-3032

**Director:** Dinah Johnson

**Location:** 628 State Hwy. 27

**Mailing Address:** P. O. Box 356  
Comfort, Texas 78013



. Santa showing us a new Subaru at the Comfort Golden Age Center/ **Subaru Share the Love/ Stuff the Trunk Event.**

## FROM THE EDITOR

The Golden Age Center is open now with approved restrictions and limited capacity.

Plans have been put in place to keep everyone safe and healthy and still be able to be with friends. Members are playing bingo and the coffee group is able to meet with their friends.

If you have any ideas or comments you can notify me at [jerolfe@hctc.net](mailto:jerolfe@hctc.net).

Evelyn Rolfe  
Newsletter Editor

## MEMBERSHIP RENEWAL

It is now time to renew your membership to the Comfort Golden Age Center.

If you are not a member now is a good time to become a member of the center.

Annual membership fee is \$10 per person.

## SMALL ELECTRIC HEATERS AND BLANKETS



Small electric heaters and blankets have been donated to the center and we have been handing them out to any of our Meals on Wheels clients that have requested them.

If you know of someone that needs a heater or blanket please call Dinah at the Comfort Golden Age Center.

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