



ST. THÉRÈSE OF CARMEL

SUNDAY | DECEMBER 22, 2024

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



"BLESSED ARE YOU AMONG WOMEN, AND BLESSED IS
THE FRUIT OF YOUR WOMB." - LK 1:42

4TH SUNDAY OF ADVENT

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD, ©LPI

OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."

PRAYER AND READINGS



| December 22, 2024

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Susan Orelli

FUNERALS

Rev. Christopher Tozzi

RECEPTION/ COMMUNICATIONS

Students from Cristo Rey
High School

MAINTENANCE SUPERVISOR

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

FAITH FORMATION COORD.

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

PT YOUTH COORDINATORS

Priscilla Trastoy

Joey Pye

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 12/21 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM **SI** Roxas & Almazon Family

SUNDAY, 12/22 | FOURTH SUNDAY OF ADVENT

MI 5:1-4A, **HEB** 10:5-10, **LK** 1:39-45

9:00 AM **SI** Missa Pro Populo

11:00 AM † Jim Palecek

5:30 PM **SI** Missa Pro Populo

MONDAY, 12/23 | ADVENT 4

MAL 3:1-4, 23-24, **LK** 1:57-66

7:30 AM † Terence Darby

TUESDAY, 12/24 | ADVENT 4

IS 9:1-6, **TI** 2:11-14, **LUKE** 2:1-14

4:00, 7:00 & 10:00PM **SI** Missa Pro Populo

WEDNESDAY, 12/25 | THE NATIVITY OF THE LORD

IS 9:1-6, **TI** 2:11-14, **LUKE** 2:1-14

7:00, 9:00 & 11:00 AM **SI** Missa Pro Populo

THURSDAY, 12/26 | FEAST OF SAINT STEPHEN, FIRST MARTYR

ACTS 6:8-10; 7:54-59, **MT** 10:17-22

7:30 AM **SI** Maganta Pierik

FRIDAY, 12/27 | FEAST OF SAINT JOHN, APOSTLE & EVANGELIST

1 JN 1:1-4, **JN** 20:1A AND 2-8

8:00 AM † Amelia Gadi

SATURDAY, 12/28 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Yolanda Villalobos

NEXT SUNDAY, 12/29 | FEAST OF THE HOLY FAMILY OF JESUS, MARY & JOSEPH

SIR 3:2-6, 12-14, **COL** 3:12-21, **LK** 2:41-52

9:00 AM **SI** Missa Pro Populo

11:00 AM **SI** Missa Pro Populo

5:30 PM † Ann Moyer

Fourth Sunday of Advent

December 22

Pour forth, we beseech you, O Lord,
your grace into our hearts, that we, to
whom the Incarnation of Christ your
Son was made known by the message
of an Angel, may by his Passion and
Cross be brought to the glory of his
Resurrection. Who lives and reigns
with you in the unity of the Holy Spirit,
God, for ever and ever.





Christmas Mass Schedule

CHRISTMAS EVE

December 24th
4:00 PM, 7:00 PM,
& 10:00 PM

CHRISTMAS DAY

December 25th
7:00 AM, 9:00 AM, &
11:00 AM



STOC PARISH CHOIR
ANNUAL CHRISTMAS EVE
CONCERT
DECEMBER 24TH, 9:00PM
(BEFORE THE 10PM MASS)

COME SING ALONG &
SUPPORT OUR MUSIC
MINISTRY.

YOU WON'T WANT TO MISS IT!



Parish Office
Closure
December 24th - January 1st



ANNOUNCEMENTS

| December 22, 2024



We will **not** have Tuesday evening

Adoration

on Christmas Eve or New Year's Eve.

As a reminder, there will not be morning Mass on Christmas Eve.



DOES YOUR CHILD LOVE TO SING OR PLAY AN INSTRUMENT?

Come sing in our Children's Choir!

Who: All children grades 3-8, both singers & instrumentalists
What: As a part of our Youth Choir, children will have the opportunity to receive vocal training in a group setting, sing at a rotating Sunday Mass once a month, and learn music of both traditional and contemporary styles
When: Thursdays 4-4:45pm every week (SPRING Semester)

CONTACT CATHERINE MARSHALL
(CMARSHALL@STOCSO.ORG)

Bereavement Group

"Grief is not just pain, grief is love."
-David Kessler

The loss of a loved one can make the holiday season harder to navigate. Our STOC Bereavement Group meets weekly to study scripture, share stories, and pray together as we heal from our grief.

All who have experienced a loss are welcome to join the group which meets every Thursday* at 10AM in the Multi-Purpose Room.

* except
11/28/24
12/26/24
1/2/25

UNITED STATES BANKRUPTCY COURT FOR THE SOUTHERN DISTRICT OF CALIFORNIA

In re The Roman Catholic Bishop of San Diego
Case No. 24-02202

Notice of Deadline for Filing Claims: FEBRUARY 3, 2025

YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM AGAINST THE DIOCESE OF SAN DIEGO

On June 17, 2024, The Roman Catholic Bishop of San Diego, sometimes referred to as The Diocese of San Diego ("Debtor") filed for protection under chapter 11 of Title 11 of the United States Code (the "Bankruptcy Code").

If you were sexually abused by any person connected with Debtor, you must file a claim so as to be received by February 3, 2025, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Debtor. Even if you have already filed a lawsuit against Debtor alleging abuse you must still file a claim to maintain and/or preserve your rights.

Claims based on acts or omissions of the Debtor that occurred before June 17, 2024, must be filed on or before February 3, 2025, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before June 17, 2024.

For more information on how to obtain and file a proof of claim form and associated documents, please visit <https://www.donlinrecano.com/rcbsd>, or contact Donlin Recano, the Debtor's claims agent, via email at rcbsdinfo@drc.equiniti.com or by phone at 1-866-521-4424, between the hours of 9:00 a.m. and 5:00 p.m. (prevailing Eastern Time), Monday through Friday.



ST. THÉRÈSE
OF CARMEL

JANUARY 3&4

Join us for 1st Friday & Saturday

1/3 ADORATION FROM:
8 AM-12PM
& 7-8 PM IN CHAPEL
1/4 7:30 AM
CONFESSION
9AM MASS
& ROSARY IN CHURCH



Growing in Faith Scripture Studies presents
Who is Mary, the mother of Jesus? Why is she so important to Catholics, and why have so many people been devoted to her over the centuries? What can we learn from Sacred Scripture? Find out the answers to these questions and much more as we engage in this in-depth biblical study from the Augustine Institute. All are welcome!

January 9th - February 28th, 2025
Thursdays 7-8:30 PM on Zoom or Fridays 9-11AM in the
Dempsey Social Center

Register online at
<https://www.sttheresecarmel.org/growing-in-faith-studies> OR
the Parish office for \$35.

Registration opens until Jan 7th, 2025
Questions: Carlie Ward cward@stocsd.org



Give yourselves the best Christmas present ever –
take time for your marriage. Deepen your
communication, strengthen your relationship,
rekindle your romance and renew your
sacrament by attending the next
Worldwide Marriage Encounter Experience on

January 10th-12th
at Mission San Luis Rey

Food and lodging are provided.
Sign up today and learn more at

www.wwme.org



Save the Date

Liturgy for Protection of
the Unborn and Blessing
of Expectant Parents

Wednesday Jan 22, 2025
at 6pm



ST. THÉRÈSE
OF CARMEL

Here are our students ministering at Mass on December 8th. Great job to our 5th and 6th graders!



Our teens had a great retreat!



Offered every Sunday during the 11am Mass

Children will listen to the Gospel.

- For children ages 3-7 before their First Communion.
- For children willing to attend on their own.



ANNOUNCEMENTS

| December 22, 2024



2024 Parish Guild



The mission of the Parish Guild is to assist our St. Thérèse of Carmel Parish and its parishioners with events that strengthen the spirit, faith, and love within our community.

We do this through church functions, charity, fundraising, social activities and outreach to all parishioners and the community. We invite you to join the Guild and help us to serve the Parish Community.

Please see upcoming Flocknotes for more details.

Weekend SILENT RETREATS

Spend a peaceful weekend with our Lord in silence, contemplation, and prayer at the Spiritual Exercises of St. Ignatius of Loyola.



Miles Christi Silent Retreats
Prince of Peace Abbey

Women

January 17-19, 2025
Oceanside, CA

Men

February 21-23, 2025
Oceanside, CA

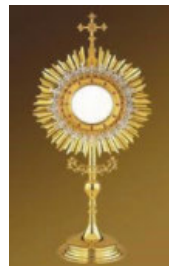


For more retreat dates, locations and registration visit mileschristi.org/spiritual-exercises or call 858-768-0872



ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM & 7:00 PM - 8:00 PM



OUR LADY OF FATIMA Devotion

Host Family:

12/15 – 12/22 Tina Armar
12/22–12/29

Cristoforo Fornaro



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM
For more information contact the Parish Office at parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following Masses:

Sunday, January 5 after the 5:30PM Mass



KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION

| December 22, 2024



Mass Intention Calendar

January 2025 thru
March 2025 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.



Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to

Ismael Abuan	Bill McDonnell
Regina Aulisio	Gail McDonnell
Sally Barrara	Jack McGuire
Carol Bunke	Carol Nowak
Robert Bunke	Dorothy Nuss
Lisa Carney-Carmichael	Mary Olvera
Sabrina Cheung	Mauro Pacelli
Theresa Cox	Gia Palomino
Cathy Daly	Sr Marie Pascal
Dan Daly	Jeanne Pirolli
Charles Dorthalina	Ben Ramaeker
Alice Dorthalina	Emily Schiller-Reeder
Albert Espinola	Elaine Schlunt
Jake Garcia Sr	Alec Schmall
Mike Gorman	Julie Simone
Brian Hawkins	Emilia Teotico
Wayne Kay	Tamatha Thomas
Barbie Kuehn	Mytu Tran
MJ Lane	Luverne Travis
Nga Thu Le	Cathleen Yang
Tuan Anh Le	Alex Yiu
Mark Lotz	Binh Vu
Kelly Sean Lynch	Thao Vuong
Cecilia Martin	

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR CONTINUED SUPPORT AND FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

Stewardship

The breakdown of contributions is not available this week. We will update you the weekend of December 29th.

*Thank you for your continued support and faithful giving!
Many Blessings, Fr. Chris*

SACRAMENT & MINISTRY INFORMATION

| December 22, 2024



BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

"Community" baptisms occur after the 11am mass (Approximately 12:15PM).

If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish. Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Tuesday, 7 January 2025	Sunday, 19 January 2025
Tuesday, 4 February 2025	Sunday, 16 February 2025
Tuesday, 4 March 2025	Sunday, 16 March 2025
Tuesday, 1 April 2025	Sunday, 4 May 2025
Tuesday, 6 May 2025	Sunday, 18 May 2025
Tuesday, 3 June 2025	Sunday, 15 June 2025
Tuesday, 1 July 2025	Sunday, 20 July 2025
Tuesday, 5 August 2025	Sunday, 17 August 2025
Tuesday, 5 September 2025	Sunday, 28 September 2025

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

Emails are needed!

DEAR PARISHIONERS,
THE 2024 TAX DONATION STATEMENTS
WILL BE EMAILED TO YOU BY THE END OF
JANUARY 2025.

IF YOU WOULD LIKE TO UPDATE YOUR
EMAIL ADDRESS WITH US, OR DOUBLE
CHECK THE EMAIL ON RECORD, PLEASE
EMAIL PARISHOFFICE@STOCS.D.ORG.

CALLED TO SERVE!

Adoration
AA/Al-Anon
Altar Servers
Baptism
Bereavement
Chinese Community
Chinese RCIA
Culture of Life
Eucharistic Ministry
Finance Council
Growing in Faith
Healing Prayer Team
Knights of Columbus
Ministers of Hospitality
Ministry to the Sick
Ministry of the Word
MOMs Ministry
Music Ministry
Outreach Ministry
Parish Pilgrimage
Pastoral Council
Parish Guild
Pro-Life

Religious Education Programs:

Confirmation
Edge
Faith Formation
Young Adults
Youth Ministry
OCIA
Rosary Group
Sacristans
Super Seniors
Wedding Coordinator
Welcome Committee

For more info, contact the Parish
Office at either 858-481-3232 or
parishoffice@stocsd.org.

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Jeanne A. Shannon, C.P.A. jeanne@sdtac.com
 Jeremiah S. Marquard, C.P.A. jeremy@sdtac.com

Anne Truitt, M.D. - Parishioner & Nativity School Parent

Board-certified Dermatologist
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 Veteran and USAF Academy Graduate

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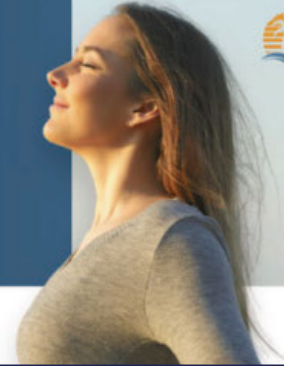
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St. Therese of Carmel Church, San Diego, CA

A 4C 05-1236

NOTRE DAME ACADEMY



Join Us!

OPEN HOUSE

2025

**Sunday,
January 26th
10am-12pm**

WWW.NDASD.ORG

858-509-2300

Open for Registration

Preschool
to
8th grade



One Family, Always United.