



# ST. THÉRÈSE OF CARMEL

SUNDAY | FEBRUARY 16, 2025

## MASS SCHEDULE

Saturday Vigil | 4:30 pm  
Sunday | 9:00 am, 11:00 am, 5:30 pm  
Chinese | 2:00 pm  
(Mandarin/Cantonese)  
Monday-Thursday | 7:30 am  
Friday | 8:00 am

## RECONCILIATION

Saturday | 3:00-4:00pm

## ADORATION

Tuesday | 5:00-8:00 pm  
Wednesday | 8:00-9:00 am

## GET IN TOUCH

4355 Del Mar Trails Road  
San Diego, CA 92130  
858-481-3232  
parishoffice@stocsd.org  
www.sttheresecarmel.org

## OFFICE HOURS

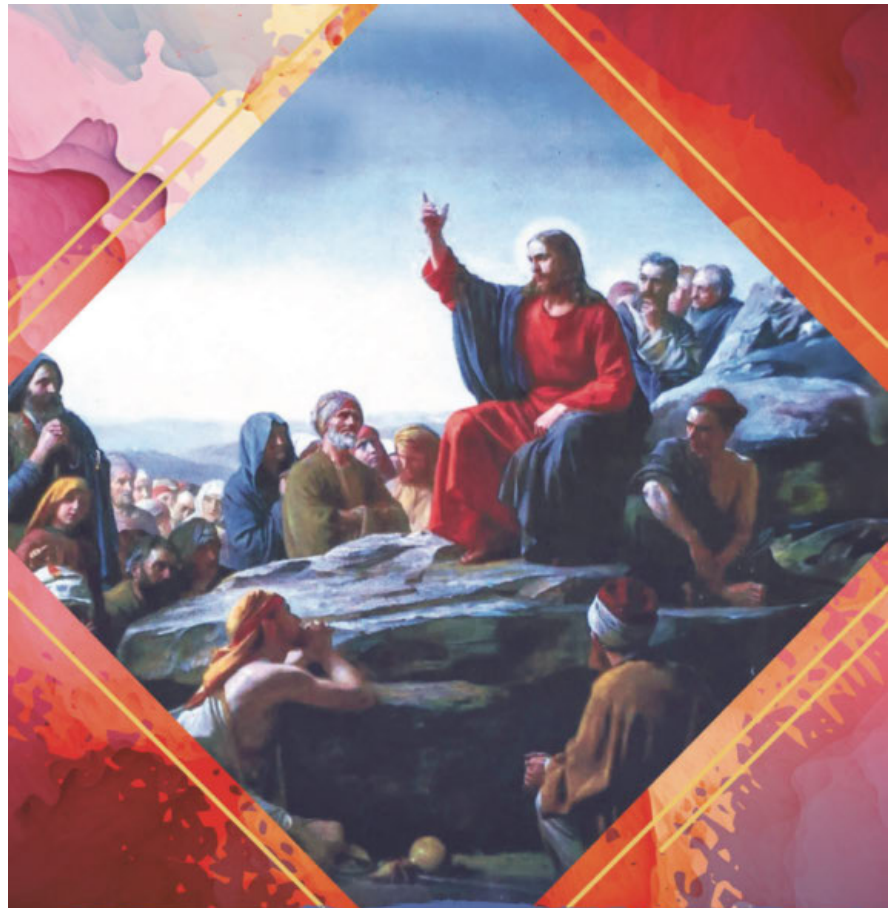
Monday- Thursday | 8:00am-3:00pm  
Friday | 9:00am - 3:00pm  
(Closed 12:00-1:00pm)

## DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

## NOTRE DAME ACADEMY

858-509-2300 or [www.ndasd.org](http://www.ndasd.org)



6TH SUNDAY IN ORDINARY TIME

“Blessed are you.” - Lk 6:21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

## OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, “we seek to do small things well for the glory of God.”

# PRAYER AND READINGS



| February 16, 2025

## PARISH CLERGY

### PASTOR

Rev. Christopher Tozzi

### DEACON/BAPTISM COORDINATOR

John Fanelle

## ADMINISTRATION

### PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

### BUSINESS MANAGER

Susan Orelli

### FUNERALS

Rev. Christopher Tozzi

*Please contact the parish office  
to schedule an appointment.*

### RECEPTION/ COMMUNICATIONS

Students from Cristo Rey  
High School

### MAINTENANCE SUPERVISOR

José Sanchez

## MUSIC

### DIRECTOR OF MUSIC

Catherine Marshall

## CATECHESIS & PARISH LIFE

### ELEM. FAITH FORMATION COORD.

Britin Hanson

### COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

### PT YOUTH COORDINATORS

Priscilla Trastoy  
Joey Pye

### OCIA COORDINATOR

Karen Klause

### GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

## WEEKLY INTENTIONS AND READINGS

SATURDAY, 2/15 | SATURDAY VIGIL MASS  
(SEE SUNDAY READINGS)

4:30 PM **SI** Mary Rusher

SUNDAY, 2/16 | SIXTH SUNDAY IN ORDINARY TIME

JEREMIAH 17:5-8, 1 CORINTHIANS 15:12, 16-20, LUKE 6:17, 20-26

9:00 AM † Thaddeus Nguyen

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

MONDAY, 2/17 |

GENESIS 4:1-15, 25, MARK 8:11-13

7:30 AM † Terence Darby

TUESDAY, 2/18 |

GENESIS 6:5-8; 7:1-5,10, MARK 8:14-21

7:30 AM † Raul Flacon

WEDNESDAY, 2/19 |

GENESIS 8:6-13, 20-22, MARK 8:22-26

7:30 AM **SI** Thomas and Tweedy Phan

THURSDAY, 2/20 |

GENESIS 9:1-13, MARK 8:27-33

7:30 AM † Micheal Incantalupo

FRIDAY, 2/21 |

GENESIS 11:1-9, MARK 8:34-9:1

8:00 AM † Cora Galasan

SATURDAY, 2/22 | SATURDAY VIGIL MASS  
(SEE SUNDAY READINGS)

4:30 PM † Joseph A. Gavieres

NEXT SUNDAY, 2/23 | SEVENTH SUNDAY IN ORDINARY TIME

1 SAMUEL 26:2, 7-9, 12-13, 22-23, 1 CORINTHIANS 15:45-49, LUKE 6:27-38

9:00 AM † John Patrick Teotico

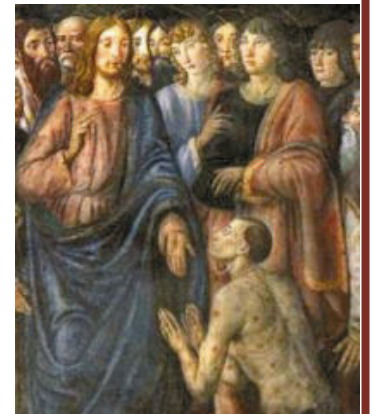
11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

## Sixth Sunday in Ordinary Time

February 16

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.



**MEN'S LENTEN DAY OF REFLECTION**  
*Are you Ready?*

February 22, 2025

10:00 am – 4:00 pm

St. Thérèse of Carmel Dempsey Social Center  
Spiritual Direction by Father Dennis Mikulanis

Sponsored for men of our Parish by the Knights of Columbus, St. Thérèse of Carmel Council. The day will consist of fellowship, multiple large and small group discussions, and an opportunity for confession.

Please Register by February 16th  
Suggested Offering: \$25  
Refreshments and Lunch Included



Register through PayPal by scanning the QR Code from your mobile device.

You can also register by emailing your contact information to: [kofc@stocsd.org](mailto:kofc@stocsd.org) or phone 858-361-2234.  
Please bring cash or check Payable to: KofC Council 13124



**FAITH SHARING  
GROUPS**

SIGN UP TODAY!



1 Thessalonians 5:11

“Therefore, encourage one another and build one another up, as indeed you do.”



**SAVE THE DATE  
12TH ANNUAL GALA**

**MARCH 1ST, 2025  
6 TO 9 PM**

ST THÉRÈSE OF CARMEL CATHOLIC CHURCH  
4355 DEL MAR TRAILS RD. SAN DIEGO 92130



Scan the QR code or visit the link below  
for more information & to buy tickets  
<https://app.dvforms.net/api/dv/ok2d8r>

Children of the Immaculate Heart (CIH) is a Catholic apostolate helping sex trafficking survivors find healing, dignity, and freedom through therapy, education, and spiritual care. Join us in restoring lives. Visit [childrenoftheimmaculateheart.org](http://childrenoftheimmaculateheart.org) for more details on supporting our mission.

# ANNOUNCEMENTS

| February 16, 2025



## STOC YA SCHEDULE

FEBRUARY '25

06  
THU  
HABITS FOR HOLINESS SERIES  
7:30PM-9PM

13  
THU  
HABITS FOR HOLINESS SERIES  
7:30PM-9PM

20  
THU  
HABITS FOR HOLINESS SERIES  
7:30PM-9PM

25  
TUE  
YA HOLY HOUR & SOCIAL  
7-8PM

27  
THU  
HABITS FOR HOLINESS SERIES  
7:30PM-9PM



ST. THÉRÈSE  
OF CARMEL  
@STOCYAM



ST. THÉRÈSE  
OF CARMEL

## Super Seniors! St. Valentine's Party

Wednesday, 2/19

11:30 AM

Dempsey Social Center

Bring your favorite dish

Special guest speaker: Cort Peters

Please RSVP by 2/17 on Flocknote or Parish Office

*The Parish Office  
will be closed for*  
**PRESIDENT'S  
DAY**

Monday, February 17th



ST. THÉRÈSE  
OF CARMEL

Miles Christi  
Women's Morning of  
Recollection

TUESDAY, FEBRUARY 18

9:30 AM - 12:00 PM

@ ST. ANNE'S CHAPEL

| February 16, 2025



ST. THÉRÈSE  
OF CARMEL



# GARLIC & GAELIC

St. Patrick & St. Joseph

*Irish dancers \*Entertainment\* Cocktail party*

*Catered Lasagna & Corned Beef dinner*

*Saints dessert table*

*March 15, 2025 - 5:30PM*

*Dempsey Social Center*

*4355 Del Mar Trails Rd, San Diego, CA 92130*



Adult - \$45



Child - \$15



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Columbus®

## COUNCIL 13124 MONTHLY MEETING TUESDAY, FEB 25

@ DEMPSEY SOCIAL HALL

### MENU:

**PORCHETTA, MASHED POTATOES, SALAD**

**MEN IN THE PARISH ARE WELCOMED**

Rosary at 6pm, dinner at 6:15, followed by presentations and fellowship.

Meeting ends at 8:30pm.

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This Week on Formed  
Week of February 16, 2025

### Personal Apostolate



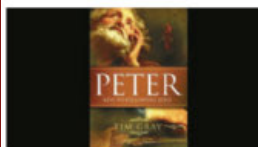
Every Catholic is called to share their faith - and there are simple, easy ways to do this. No megaphones needed. Just start the journey of discipleship with two friends. This episode's focus is sharing our faith with others.

### Saint Peter



Watch the epic story of the spread of Christianity during the early years of the Church. This film follows the journey of St. Peter through his martyrdom on a cross.

### Peter: Keys to Following Jesus by Tim Gray



Renowned scholar Dr. Tim Gray masterfully guides you through the tumultuous and inspiring life of Peter - from his call to discipleship to his eventual martyrdom in Rome. Using Sacred Scripture and tradition, Dr. Gray highlights important lessons from Peter's life.

Our parish has a Formed subscription. Visit [signup.formed.org](http://signup.formed.org) and select our parish name.

# YOUTH ANNOUNCEMENTS



| February 16, 2025



## O.A.T.S.

Older Adults Technical Support

WEDNESDAY, FEBRUARY 26TH  
1:30-2:30PM  
@ DEMPSEY SOCIAL CENTER



6th Graders from NDA will help you with your questions about phones, tablets, computers, and apple watches.

## Upcoming Youth Ministry Events



All high schoolers grades 9 - 12 welcome!

# XLT

FEBRUARY 23  
6:30 - 8PM

Join us for a talk & worship through Adoration!

**WILDERNESS ADVENTURE THROUGH THE SACRAMENTS**

SAVE THE DATE!  
JULY 21 - 25, 2025  
@ DEMPSEY SOCIAL HALL

ST. THÉRÈSE OF CARMEL

## Next Confirmation Sessions

Sunday

March 2  
&  
March 16

YEAR 1

4-6:30PM

**MASS AT 5:30PM**

YEAR 2

5:15-8:30PM

We ask the community to continue to pray for our teens as they prepare for this important step in their faith journey

# ANNOUNCEMENTS

| February 16, 2025



## 2025 Parish Guild



The mission of the Parish Guild is to assist our St. Thérèse of Carmel Parish and its parishioners with events that strengthen the spirit, faith, and love within our community. We do this through church functions, charity, fundraising, social activities and outreach to all parishioners and the community. We invite you to join the Guild and help us to serve the Parish Community.

**February 16** Guild Donut Sunday \*Spread the LOVE\* Donuts and Baked goods in honor of Valentine's Weekend.

*Please see upcoming Flocknotes for more details.*

## Weekend SILENT RETREATS

Spend a peaceful weekend with our Lord in silence, contemplation, and prayer at the Spiritual Exercises of St. Ignatius of Loyola.



*Miles Christi* Silent Retreats  
Prince of Peace Abbey

### Women

March 7-9, 2025  
Oceanside, CA

### Men

April 11-13, 2025  
Oceanside, CA

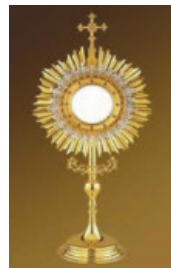


For more retreat dates, locations and registration visit [mileschristi.org/spiritual-exercises](http://mileschristi.org/spiritual-exercises) or call 858-768-0872



## ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM  
Wednesday Exposition | 8:00 AM - 9:00 AM  
(following daily Mass)  
Adoration on First Friday of every month  
8:30 AM - 12:00 PM & 7:00 PM - 8:00 PM



## OUR LADY OF FATIMA Devotion

### Host Family:

2/9- 2/16 Mike & Mary Holmes

2/16-2/23 Noel & Helena Kim



## ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel  
Monday - Thursday, 8 AM  
Friday - following the 8 AM Mass  
St. Anne's Chapel



## BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM

For more information contact the Parish Office at [parishoffice@stocsd.org](mailto:parishoffice@stocsd.org).



## HEALING PRAYER MINISTRY

Available after the following Masses:

Saturday, February 16 after the 9:00AM Mass

Sunday, February 22 after the 4:30PM Mass



## KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



## OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



# COMMUNITY INFORMATION



| February 16, 2025

## Mass Intention Calendar

March 2025 thru  
June 2025 Openings

3 Mass intention requests per person, per calendar period \*

### Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

\* Subject to change.

Call the parish office to make a request.



Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or remove from this list.

|                               |                              |
|-------------------------------|------------------------------|
| <b>Ismael Abuan</b>           | <b>Bill McDonnell</b>        |
| <b>Regina Aulisio</b>         | <b>Gail McDonnell</b>        |
| <b>Sally Barrara</b>          | <b>Jack McGuire</b>          |
| <b>Carol Bunke</b>            | <b>Carol Nowak</b>           |
| <b>Robert Bunke</b>           | <b>Dorothy Nuss</b>          |
| <b>Lisa Carney-Carmichael</b> | <b>Mary Olvera</b>           |
| <b>Sabrina Cheung</b>         | <b>Mauro Pacelli</b>         |
| <b>Theresa Cox</b>            | <b>Roger Parker</b>          |
| <b>Cathy Daly</b>             | <b>Sr Marie Pascal</b>       |
| <b>Dan Daly</b>               | <b>Jeanne Pirolli</b>        |
| <b>Charles Dorthalina</b>     | <b>Ben Ramaeker</b>          |
| <b>Albert Espinola</b>        | <b>Emily Schiller-Reeder</b> |
| <b>Felix Galasan</b>          | <b>Elaine Schlunt</b>        |
| <b>Jake Garcia Sr</b>         | <b>Alec Schmall</b>          |
| <b>Mike Gorman</b>            | <b>Julie Simone</b>          |
| <b>Brian Hawkins</b>          | <b>Diana Todaro</b>          |
| <b>Wayne Kay</b>              | <b>Emilia Teotico</b>        |
| <b>Barbie Kuehn</b>           | <b>Tamatha Thomas</b>        |
| <b>MJ Lane</b>                | <b>Mytu Tran</b>             |
| <b>Nga Thu Le</b>             | <b>Luverne Travis</b>        |
| <b>Tuan Anh Le</b>            | <b>Cathleen Yang</b>         |
| <b>Mark Lotz</b>              | <b>Alex Yiu</b>              |
| <b>Kelly Sean Lynch</b>       | <b>Binh Vu</b>               |
| <b>Cecilia Martin</b>         | <b>Thao Vuong</b>            |
| <b>Fr Paddy McCaffery</b>     |                              |

## GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

## ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR CONTINUED SUPPORT AND FAITHFUL GIVING!  
MANY BLESSINGS, FR. CHRIS

## SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit [safeinourdiocese.org](http://safeinourdiocese.org) for more information.

## STEWARDSHIP

2/9/2025

Regular: \$11,597  
Online: \$12,958  
Total: \$24,555  
Weekly Expenses: \$28,372

Thank you for your continued support and faithful giving!  
Many Blessings, Fr. Chris



# SACRAMENT & MINISTRY INFORMATION



| February 16, 2025

## BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms. "Community" baptisms occur after the 11am mass (Approximately 12:15PM).

If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class: [jfanelle@stocsd.org](mailto:jfanelle@stocsd.org) Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish.

### Baptism Schedule

| Baptism Class             | Community Baptism                 |
|---------------------------|-----------------------------------|
| 7:30pm Via Zoom           | After 11am Mass (approx. 12:15pm) |
| Tuesday, 4 March 2025     | Sunday, 16 March 2025             |
| Tuesday, 8 April 2025     | Sunday, 4 May 2025                |
| Tuesday, 6 May 2025       | Sunday, 18 May 2025               |
| Tuesday, 3 June 2025      | Sunday, 15 June 2025              |
| Tuesday, 1 July 2025      | Sunday, 20 July 2025              |
| Tuesday, 5 August 2025    | Sunday, 17 August 2025            |
| Tuesday, 5 September 2025 | Sunday, 28 September 2025         |
| Tuesday, 7 October 2025   | Sunday, 19 October 2025           |
| Tuesday, 4 November 2025  | Sunday, 16 November 2025          |
| Tuesday, 2 December 2025  | Sunday, 21 December 2025          |

## GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

## UPDATED RECORDS

If you have moved, received a new phone number or email, please contact the Parish Office to update your profile!

## CALLED TO SERVE!

Adoration  
AA/Al-Anon  
Altar Servers  
Baptism  
Bereavement  
Chinese Community  
Chinese RCIA  
Culture of Life  
Eucharistic Ministry  
Finance Council  
Growing in Faith  
Healing Prayer Team  
Knights of Columbus  
Minsters of Hospitality  
Ministry to the Sick  
Ministry of the Word  
MOMs Ministry  
Music Ministry  
Outreach Ministry  
Parish Pilgrimage  
Pastoral Council  
Parish Guild  
Pro-Life

### Religious Education Programs:

Confirmation  
Edge  
Faith Formation  
Young Adults  
Youth Ministry  
OCIA  
Rosary Group  
Sacristans  
Super Seniors  
Wedding Coordinator  
Welcome Committee

For more info, contact the Parish Office at either 858-481-3232 or [parishoffice@stocsd.org](mailto:parishoffice@stocsd.org)

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Jeanne A. Shannon, C.P.A.  
 jeanne@sdtac.com

Jeremy S. Marquard, C.P.A.  
 jeremy@sdtac.com

**Anne Truitt, M.D. - Parishioner & Nativity School Parent**

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 Fellowship-trained Mohs Micrographic Surgeon  
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 Veteran and USAF Academy Graduate

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Ellen Bryson

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Wendy Choisser

Realtor® & Parishioner Coldwell Banker Realty, Del Mar 3790 Via De La Valle, Suite 301, Del Mar, CA 92014 C: 619.737.7630 | O: 858.755.0075 wchoisser@outlook.com

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Peter Nordland, DMD, MS • Board Certified Periodontist • Fellow American Academy of Esthetic Dentistry • President International Society of Periodontal Plastic Surgeons

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Garrett Brown, Owner; son of Parishioners Cathy & Mike Brown



Kay Carreon, CFEI, CFP, CRTP, MBA

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