



ST. THÉRÈSE OF CARMEL

SUNDAY MARCH 23, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



"BUT I TELL YOU, IF YOU DO NOT REPENT, YOU WILL
ALL PERISH AS THEY DID!" - LK 13:3

3RD SUNDAY OF LENT

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCB. ©LPI

OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."



| March 23, 2025

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Susan Orelli

FUNERALS

Rev. Christopher Tozzi

*Please contact the parish office
to schedule an appointment.*

RECEPTION/ COMMUNICATIONS

Students from Cristo Rey
High School

MAINTENANCE

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEM. FAITH FORMATION COORD.

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

PT YOUTH COORDINATORS

Priscilla Trastoy

Joey Pye

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 3/22 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Brandon Steele

SUNDAY, 3/23 | THIRD SUNDAY OF LENT

EXODUS 3:1-8A, 13-15, 1 CORINTHIANS 10:1-6, 10-12, LUKE 13:1-9

9:00 AM † Thomas Nguyen

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

MONDAY, 3/24 |

2 KINGS 5:1-15 AB, LUKE 4:24-30

7:30 AM **SI** Diane Godwin

TUESDAY, 3/25 | SOLEMNITY OF THE ANNUNCIATION OF THE LORD

ISAIAH 7:10-14; 8:10, HEBREWS 10:4-10, LUKE 1:26-38

7:30 AM † John Patrick Teotico

WEDNESDAY, 3/26 |

DEUTERONOMY 4:1, 5-9, MATTHEW 5:17-19

7:30 AM † Cora Galasan

THURSDAY, 3/27

JEREMIAH 7:23-28, LUKE 11:14-23

7:30 AM † Maria De Lourdes Araujo

FRIDAY, 3/28 |

HOSEA 14:2-10, MARK 12:28-34

8:00 AM † Teresa de Avila

SATURDAY, 3/29 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Aili Gildof

NEXT SUNDAY, 3/30 | FOURTH SUNDAY OF LENT

JOSHUA 5:9A, 2 CORINTHIANS 5:17-21, LUKE 15:1-3, 11-32

9:00 AM † Edward & Criscelia Olvera

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

Third Sunday of Lent

March 23rd

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.



And he told them this parable: "There once was a person who had a fig tree planted in his orchard, and when he came in search of fruit on it but found none, he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So cut it down. Why should it exhaust the soil?'"

- Lk 13:6-7

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading:

God reveals to Moses that He has heard the cry of His people, and He is coming to rescue them from slavery in Egypt. What prayer do you need answered from God?

Second Reading:

Paul believed the mistakes of the Israelites in the desert serve as an example and a warning of what to avoid in our journey with God. How might you show gratitude to God this upcoming week of Lent?

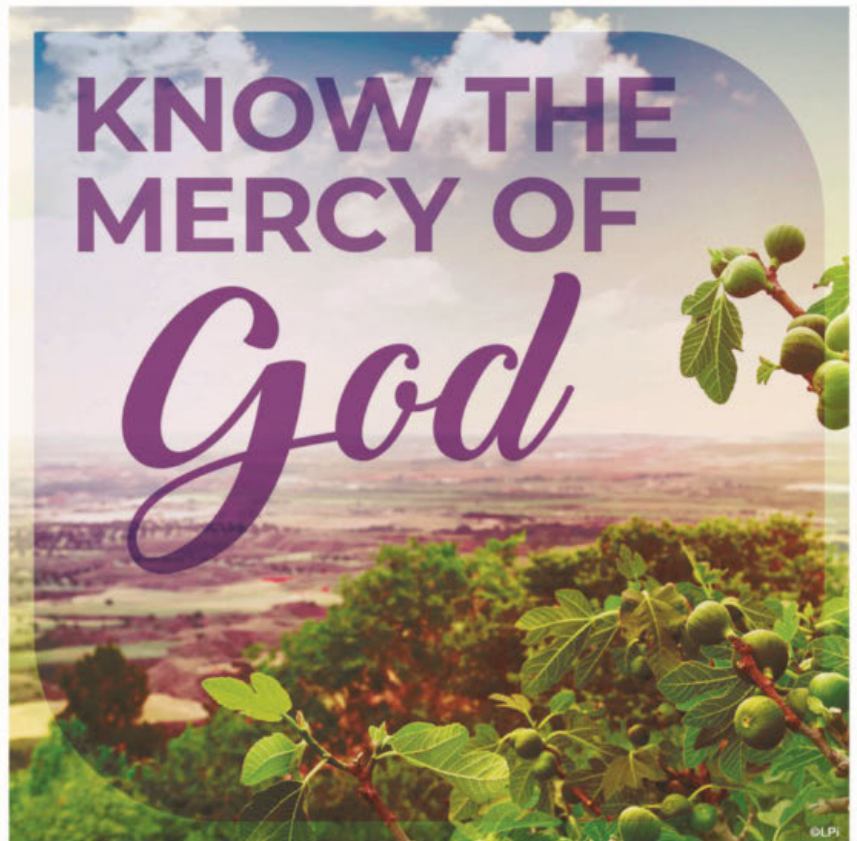
Gospel:

Jesus taught one must repent to bear good fruit in life. Can you think of some good fruit you have borne from repenting?



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(PRACTICING) CATHOLIC

Mini Reflection: What I love most about our Savior is that he didn't — doesn't — give up on us. "Give me more time," he says to the Master. "I can still fix this one."

The Patient Gardener

I have garden beds on the side of my house that I don't deserve.

When we bought the property, this was one of the features that was highlighted in the listing. "Professional landscaping! Tri-level garden beds that bask in the southern exposure!"

But I'm so terrible at weeding these garden beds — they become overgrown quickly, and I shudder to imagine what the previous owners would think of me if they drove by. I'm afraid they would write me off as lazy or disinterested, when really I'm just exhausted and busy. Every time I try to garden, one of my little assistant gardeners runs near the road and I must abandon the project to save them.

So, my husband, bless his heart, is the savior of these garden beds. He goes out there in the cool of the evening to pluck up the weeds that threaten to overtake this beautiful little garden. Patiently and tenderly, he restores it to a presentable state. Without him, they would be lost.

Perhaps I love these garden beds so much because I identify with them. If I were a garden, I would also be a mess, and people who have no time for messes would write me off as hopeless. We all need a savior to stick up for us, to come and quietly prune the unsightly growths that have taken root in our souls and turn the soil that has sat undisturbed for too long.

What I love most about our Savior is that he didn't — doesn't — give up on us. "Give me more time," he says to the Master. "I can still fix this one."

— Colleen Jurkiewicz Dorman

Why do we do that?

Catholic Life Explained

Question:

What is the difference between mortal and venial sin?

Answer:

Sin is a deliberate thought, word, action, or omission contrary to God's law. Since the beginnings of the Church, sin has been distinguished by its gravity. "Grave matter" is traditionally defined by the Ten Commandments. If a person commits a grave sin with full knowledge of the action's evil and with the complete consent of their will, this is a mortal sin. The effects of mortal sin are grave — the loss of sanctifying grace, which can be restored by a fresh outpouring of God's mercy in the sacrament of Reconciliation.

Venial sin does not fit one or more of these conditions (for example, a less serious matter still freely chosen or grave matter committed while under force or ignorance of God's law). The effects of venial sin — while still damaging to the human heart and human society — are less severe. Even so, smaller sins build habits, which can obstruct our growth in virtue. When we are serious about following Jesus, we should do our best to avoid all sin, whether large or small!



LENTEN FISH FRY

The Knights of Columbus will be hosting
a Lenten Fish Dinner!

Friday, March 28th and April 4th

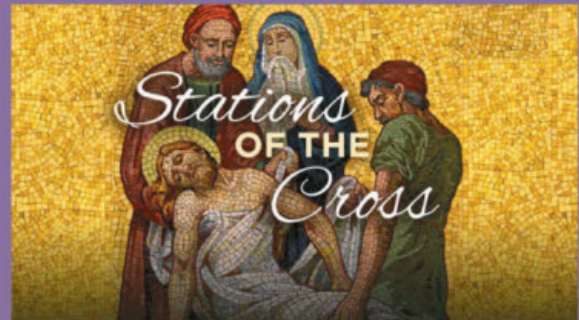
@ Dempsey Social Center

5-7pm

\$10 per adult &
\$5 per child (Kids under 12)



ST. THÉRÈSE
OF CARMEL



FRIDAYS DURING

LENT @ 7 PM

IN THE CHURCH

Bring Us Your Palms!

**Blessed Palms should be
either burned or buried,
never thrown away.**

**Please bring your blessed
palms back to Church. We
are collecting them in a box
at the Church entrance.**

**We will be burning these Old
Blessed Palms in the Easter
Fire on Holy Saturday Night.**

LENTEN PENANCE SERVICE

WEDNESDAY, MARCH 26

@ 7P.M.



ST. THÉRÈSE
OF CARMEL



The St. Thérèse of Carmel Choir Presents

JOHN RUTTER'S REQUIEM

with Psalm 42

Palm Sunday April 13th, 3:00 PM

Catherine Marshall, Director
Emma Whitten, Organist

St. Thérèse of Carmel
4355 Del Mar Trails Road
Free will offering
Reception to follow

HOLY WEEK

4/17 Holy Thursday:

Mass at 7:00 PM

Adoration: 8:00 PM-8:00 AM



4/18 Good Friday:

12:00 PM & 7:00 PM

4/19 Easter Vigil:

Mass at 8:00 PM

4/20 Easter:

Mass at 7:00, 9:00 & 11:00 AM



ST. THÉRÈSE
OF CARMEL

Liturgy of the Hours

Are you interested in praying the Rosary and the Liturgy of the Hours in community?

There are additional opportunities for community prayer to complement the faith-sharing groups, daily Mass, & the Rosary Group.

Come & Join Us for the Rosary @ 6 AM & Morning Prayer, Thursdays @ 6:30 AM @ St. Anne's Chapel

HOLY THURSDAY VIGIL From 8PM - 8AM

We invite all parishioners to participate in a special Holy Hour to pray and reflect on Christ's Passion. Help us keep watch by choosing a time to spend in quiet prayer before the Blessed Sacrament.

Sign up after Mass on 4/5 & 4/6 or visit: <https://www.sttheresecarmel.org/holy-thursday-vigil>



ST. THÉRÈSE
OF CARMEL



**Knights of
Columbus®**

COUNCIL 13124 MONTHLY MEETING TUESDAY, MARCH 25

@ DEMPSEY SOCIAL CENTER

MENU:

GREEK FEAST WITH SOUVLAKI, GREEK CHICKEN,
PILAF, GREEK SALAD AND BAKLAVA

MEN IN THE PARISH ARE WELCOMED

Rosary at 6pm, dinner at 6:15, followed by
presentations and fellowship.

Meeting ends at 8:30pm.

A Lenten invitation from
BIRTHLINE OF SAN DIEGO

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Scan here or visit our
website and look for the
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button.



Each \$100 gift provides
a mother in need with:

- One cozy and durable blanket from Sackcloth & Ashes, a socially conscious business
- Two hours of case management

www.birthlineofsd.org



Join with members of our parish and many others as we take part again in the **40 Days For Life** campaign to end abortion locally through prayer and fasting, community outreach, and a peaceful vigil in front of abortion businesses.

Location:

Sidewalk in front of the Mira Mesa Planned Parenthood
10717 Camino Ruiz, San Diego, CA 92126.

March 5 - April 13
Come and pray 7am - 7pm



Or Scan This QR code

Sign Up for Prayer Times and
Get More Information at:
40daysforlife.com/sandiegomiramesa

STOC YA SCHEDULE

MARCH '25

YOUNG ADULTS (18-39) ARE WELCOME TO JOIN OUR FELLOWSHIP NIGHTS ON THURSDAYS FROM 7:30-9PM IN DEMPSEY HALL. WE WILL BE READING & DISCUSSING "NO GREATER LOVE" BY DR. EDWARD SRI THROUGHOUT LENT.

06 FAITH & FELLOWSHIP NIGHT
THU 7:30PM-9PM

13 FAITH & FELLOWSHIP NIGHT
THU 7:30PM-9PM

20 FAITH & FELLOWSHIP NIGHT
THU 7:30PM-9PM

25 YA HOLY HOUR & TRIVIA NIGHT
TUE 7PM-9PM

27 FAITH & FELLOWSHIP NIGHT
THU 7:30PM-9PM



ST. THERÈSE
OF CARMEL
@STOCYAM



APRIL 4&5

Join us for 1st Friday & Saturday

4/4 ADORATION
8 AM-12PM
& DURING STATIONS OF
THE CROSS 7-8PM
4/5 7:30AM CONFESSION
9AM MASS &
ROSARY AFTER



DIOCESE OF
SAN DIEGO

The College of Consultors elected
Bishop Michael Pham as Diocesan
Administrator for San Diego until a new
Bishop is appointed.

We will include him in the
Eucharistic Prayer along with auxiliaries
Felipe and Ramon.

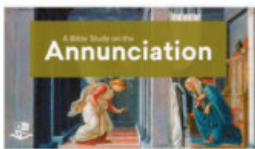
Congratulations to Bishop Pham; pray for
him and pray that we will receive a bishop
with a shepherd's heart to lead us with love,
humility and justice.



This Week on Formed
Week of March 23, 2025

A Bible Study on the Annunciation

In this video, Dr. Ben Akers leads us through a brief study of Luke 1:26-38, highlighting some of the key Old Testament passages evoked by Gabriel's words. The reflection concludes with some thoughts on how we can imitate Mary's Yes in our own life, especially in this time of suffering.



The Annunciation | Sacred Art

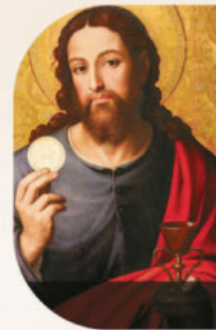
Join Dr. Ben Akers and Taylor Kemp as they discuss the spiritual and theological significance of the Annunciation over a piece of Sacred Art by Elizabeth Zelasko that depicts this incredible scene.



The Annunciation: Hail Mary

Join Ms. Kim as she discusses devotion to Mary and the significance of Mary's "yes." All the while, you will learn new drawing techniques as you draw the Annunciation

Our parish has a Formed subscription. Visit signup.formed.org and select our parish name.



A BIBLICAL WALK THROUGH
THE MASS

EDWARD SRI

A Biblical Walk Through the Mass explores the extraordinary biblical roots of the Liturgy and reveals what it all means and why it all matters. This fascinating tour of the Mass will renew your faith and deepen your love for and devotion to the Holy Eucharist.

A 5 WEEK BIBLE STUDY APRIL 24TH - MAY 23RD

Thursday evening, 7-8:30PM on Zoom or
Friday 9:00-11:00AM in the Dempsey Social Center

REGISTER BY APRIL 23RD.

\$30 REGISTRATION FEE INCLUDES BOOK AND WORKBOOK.

QUESTIONS: CWARD@STOCS.D.ORG



YOUTH ANNOUNCEMENTS



| March 23, 2025

EDGE

Middle School Youth Group

7-8th Grade

Next EDGE meets:
March 26th 6-7:30PM
Dempsey Social Center

- Sign up online -

Any Questions?
Reach out to John
Jnavareffe@stocsd.org

Upcoming Youth Ministry Events



All high schoolers grades 9 - 12 welcome!

LIFE NITE

MARCH 30TH
6:30 - 8PM

Join us for faith and fun!

Next Confirmation Sessions

Sunday

April 6

&

May 4

YEAR 1

4-6:30PM

MASS AT 5:30PM

YEAR 2

5:15-8:30PM

We ask the community to continue to pray for our teens as they prepare for this important step in their faith journey



ST. THERÈSE OF CARMEL

WILDERNESS ADVENTURE

THROUGH THE SACRAMENTS

July 21-25, 9am-12 Noon

Registration and Payment through QR Code



COME JOIN US AT VBS!

ANNOUNCEMENTS

| March 23, 2025



2025 Parish Guild



The mission of the Parish Guild is to assist our St. Thérèse of Carmel Parish and its parishioners with events that strengthen the spirit, faith, and love within our community. We do this through church functions, charity, fundraising, social activities and outreach to all parishioners and the community. We invite you to join the Guild and help us to serve the Parish Community.

Please see upcoming Flocknotes for more details.

Weekend SILENT RETREATS

Spend a peaceful weekend with our Lord in silence, contemplation, and prayer at the Spiritual Exercises of St. Ignatius of Loyola.



Miles Christi Silent Retreats
Prince of Peace Abbey

Women

March 7-9, 2025
Oceanside, CA

Men

April 11-13, 2025
Oceanside, CA

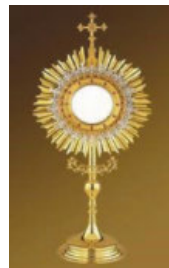


For more retreat dates, locations and registration visit mileschristi.org/spiritual-exercises or call 858-768-0872



ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM & During Stations of the Cross in March & April



OUR LADY OF FATIMA Devotion

Host Family:

3/16—3/23

Elizabeth Esparza

3/23—3/30 Fred & Kirstin Pisacane



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM

For more information contact the Parish Office at parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following Masses:
Saturday, March 22 after the 4:30PM Mass

Sunday, April 6 after the 5:30PM Mass



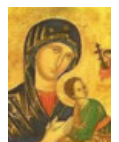
KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION



| March 23, 2025

Mass Intention Calendar

May 2025 thru
June 2025 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.



Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or

Regina Aulisio	Jack McGuire
Carol Bunke	Carol Nowak
Robert Bunke	Dorothy Nuss
Lisa Carney-Carmichael	Sr. Marie Noel Nguyen
Sabrina Cheung	Paddy O'Donnell
Teresa Cox	Mary Olivera
Cathy Daly	Mauro Pacelli
Dan Daly	Raffaella Pacelli
Charles Dorthalina	Roger Parker
Lawrence D'Souza	Sr Marie Pascal
Albert Espinola	Jeanne Pirolli
Felix Galasan	Emily Schiller-Reeder
Jake Garcia Sr	Elaine Schlunt
Brian Hawkins	Alec Schmall
Mateus Hemmingson	Joseph Silva
Wayne Kay	Emilia Teotico
Chuck Kirby	Diana Todaro
MJ Lane	Tamatha Thomas
Nga Thu Le	Mytu Tran
Tuan Anh Le	Luverne Travis
Mark Lotz	Cathleen Yang
Sally Macalma	Alex Yiu
Walter Macalma	David Yorck
Cecilia Martin	Binh Vu
Bill McDonnell	Thao Vuong
Gail McDonnell	

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR CONTINUED SUPPORT AND FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

3/16/2025

Regular: \$9,412

Online: \$12,434

SDCCC: \$350

Total: \$22,196

Weekly Expenses: \$28,372

Thank you for your continued support and faithful giving!
Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION



| March 23, 2025

BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

"Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish.

Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Tuesday, 8 April 2025	Sunday, 4 May 2025
Tuesday, 6 May 2025	Sunday, 18 May 2025
Tuesday, 3 June 2025	Sunday, 15 June 2025
Tuesday, 1 July 2025	Sunday, 20 July 2025
Tuesday, 5 August 2025	Sunday, 17 August 2025
Tuesday, 5 September 2025	Sunday, 28 September 2025
Tuesday, 7 October 2025	Sunday, 19 October 2025
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 2 December 2025	Sunday, 21 December 2025

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

 **Annual
Lenten
Collection** **March 29-30
2025**

Your contribution will be offered to:
the Church in Africa,
the Church in Latin America,
& Catholic Relief Services

Please check with a Minister of Hospitality

CALLED TO SERVE!

Adoration
AA/Al-Anon
Altar Servers
Baptism
Bereavement
Chinese Community
Chinese RCIA
Culture of Life
Eucharistic Ministry
Finance Council
Growing in Faith
Healing Prayer Team
Knights of Columbus
Ministers of Hospitality
Ministry to the Sick
Ministry of the Word
MOMs Ministry
Music Ministry
Outreach Ministry
Parish Pilgrimage
Pastoral Council
Parish Guild
Pro-Life

Religious Education Programs:

Confirmation
Edge
Faith Formation
Young Adults
Youth Ministry
OCIA
Rosary Group
Sacristans
Super Seniors
Wedding Coordinator
Welcome Committee

For more info, contact the Parish Office at either 858-481-3232 or parishoffice@stocsd.org

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Parishioners
 www.SDTAC.com
 (858) 558-5550
 5230 Carroll Canyon Rd.
 Ste 102
 San Diego, CA

Jeanne A. Shannon, C.P.A.
 jeanne@sdtac.com

Jeremy S. Marquard, C.P.A.
 jeremy@sdtac.com

Anne Truitt, M.D. - Parishioner & Nativity School Parent

Board-certified Dermatologist
 Fellowship-trained Mohs Micrographic Surgeon
 Recognized Expert in Aesthetic Procedures
 Veteran and USAF Academy Graduate

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