



ST. THÉRÈSE OF CARMEL

SUNDAY MARCH 30, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

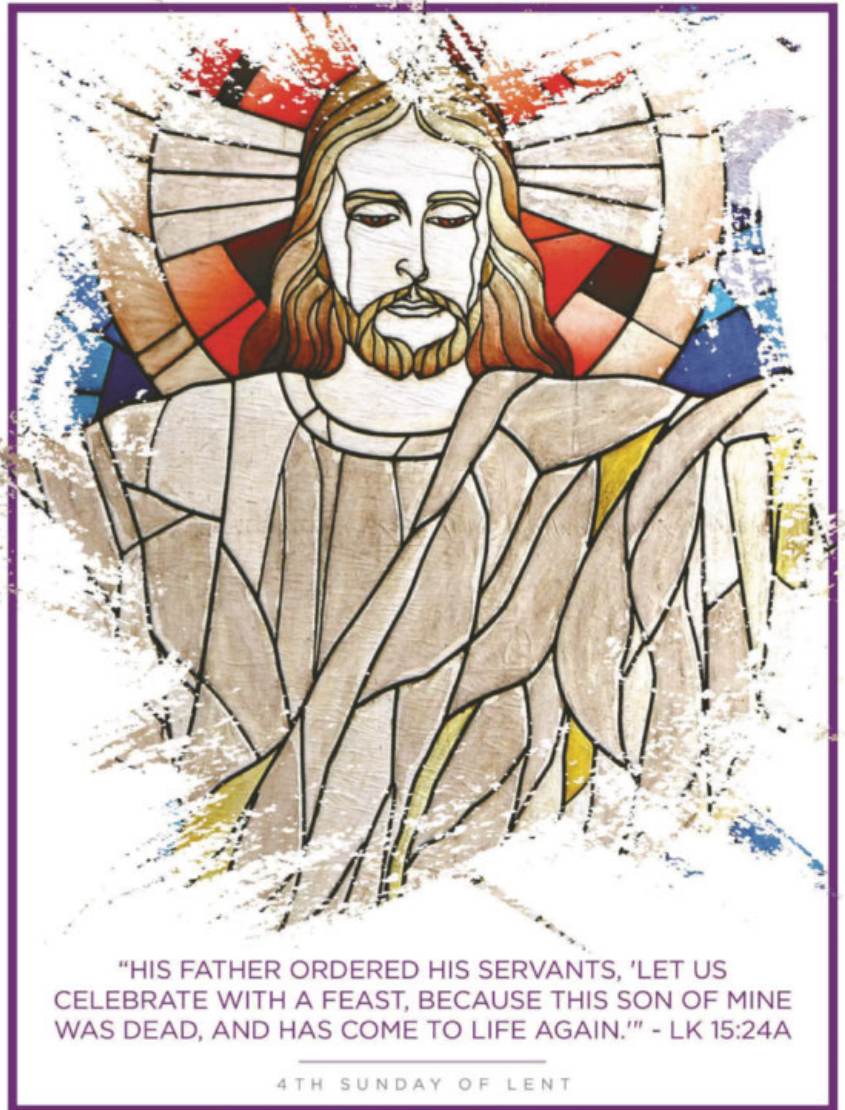
Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



"HIS FATHER ORDERED HIS SERVANTS, 'LET US
CELEBRATE WITH A FEAST, BECAUSE THIS SON OF MINE
WAS DEAD, AND HAS COME TO LIFE AGAIN.'" - LK 15:24A

4TH SUNDAY OF LENT

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCB. ©LPI

OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."



PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM

COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Susan Orelli

FUNERALS

Rev. Christopher Tozzi

*Please contact the parish office
to schedule an appointment.*

RECEPTION/ COMMUNICATIONS

Students from Cristo Rey
High School

MAINTENANCE

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEM. FAITH FORMATION COORD.

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

PT YOUTH COORDINATORS

Priscilla Trastoy

Joey Pye

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 3/29 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Aili Gildof

SUNDAY, 3/30 | FOURTH SUNDAY OF LENT

JOSHUA 5:9A, 10-12, 2 CORINTHIANS 5:17-21, LUKE 15:1-3, 11-32

9:00 AM † Edward & Criscelia Olvera

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

MONDAY, 3/31 |

ISAIAH 65:17-21, JOHN 4:43-54

7:30 AM **SI** Rich & Rod Esteban

TUESDAY, 4/1 |

EZEKIEL 47:1-9, 12, JOHN 5:1-16

7:30 AM † Deacon Al McDaniels

WEDNESDAY, 4/2 |

ISAIAH 49:8-15, JOHN 5:17-30

7:30 AM † Alice Dorthalina

THURSDAY, 4/3

EXODUS 32:7-14, JOHN 5:31-47

7:30 AM † Rosalina McCaw

FRIDAY, 4/4 |

WISDOM 2:1A, 12-22, JOHN 7:1-2, 10, 25-30

8:00 AM **SI** Vicente Esteban

SATURDAY, 4/5 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Bich-Giao Tran

NEXT SUNDAY, 4/6 | FIFTH SUNDAY OF LENT

ISAIAH 43:16-21, PHILIPPIANS 3:8-14, JOHN 8:1-11

9:00 AM † Elizabeth Tran

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

Fourth Sunday of Lent

March 30th

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.



“He said to him, ‘My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.’” - Lk 15:31-32

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading:

As Israel settled into the land of Canaan (the Promised Land), they learned God removed the “reproach” of Egypt from them and they could freely eat from the land. What have you discovered about yourself or others during this season of Lent?

Second Reading:

Paul taught that reconciliation with God and with each other was key to being a “new creation.” How often do you experience reconciliation with God or with others?

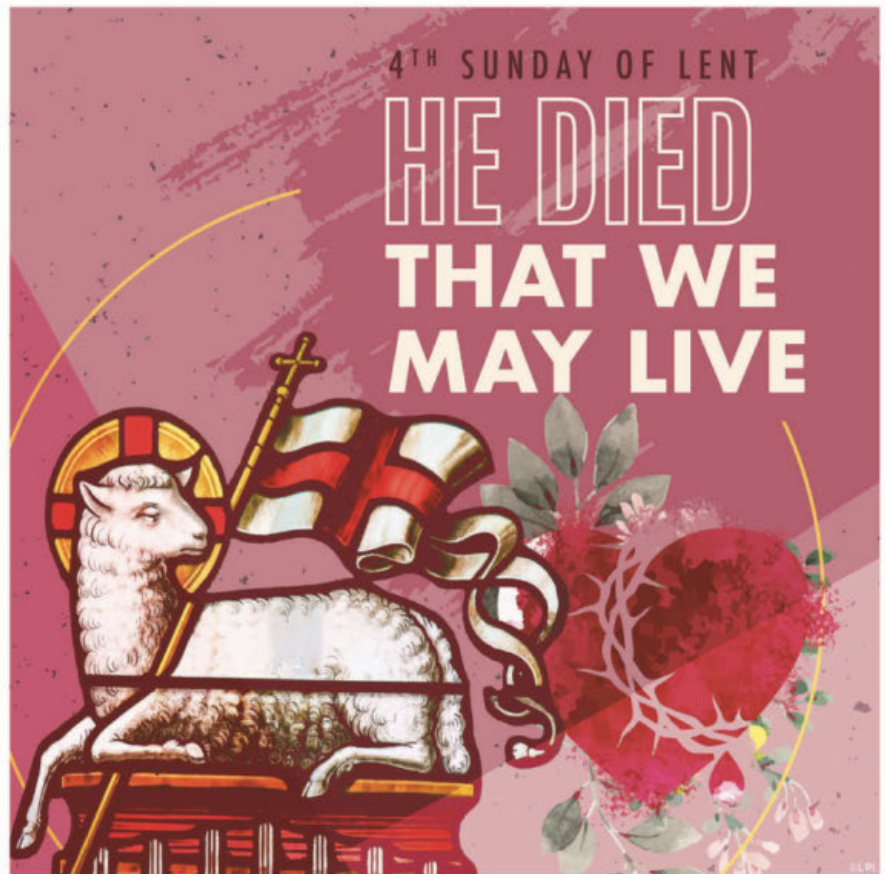
Gospel:

In the parable of the Prodigal Son, in a real sense, both sons are lost. How might you help a lost family member or friend this week?



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(PRACTICING) CATHOLIC

Mini Reflection: God doesn't need our repentance. We need our repentance.

The Apology

I like to imagine the Prodigal Son practicing his apology in the mirror.

He wouldn't have, of course. Mirrors weren't exactly a dime a dozen back then. But I imagine him anyway, rehearsing the words as he contemplates his own gaunt reflection: "Father, I have sinned against God and against you. Treat me as you would treat one of your hired workers."

In other words, I have done wrong. I deserve nothing from you. But please, don't let me starve. Save me.

The apology wasn't necessary to move the heart of the father. We know that because before they meet, before anything is said, the father is overcome with compassion — not because he got his satisfaction, that long-awaited "I'm sorry, I was wrong." No, he's simply overjoyed to see his son alive. Even without apology, we know the father will beg his son to stay.

So why does the son apologize?

The father doesn't need the "I'm sorry." He isn't starving and lost. He knew all along it was a bad idea. He doesn't need to learn any lessons.

But what a tragedy it would have been, if the son had never said he was sorry. Undoubtedly, his father would have let him stay as a hired worker, and he would have had food to eat. He would have survived. But he wouldn't have been what he was born to be.

I often think of the son's apology as I am kneeling in the confessional, awkwardly reciting sins God already knows and is eager to forgive. *Why are you doing this?* some people would ask. *God doesn't need this.*

It's the apology, you see. The apology means everything. The Prodigal Son was dead. The apology brought him back to life.

God doesn't need our repentance. *We need our repentance.*

— Colleen Jurkiewicz Dorman

Why do we do that?

Catholic Life Explained

Question:

Lent always seems to help me renew my relationship with God and strengthen my religious practice. Do you have any suggestions as to what I could do to achieve that the rest of the year?

Answer:

The obvious answer may seem to be to do whatever you do during Lent all year round. But part of the power of Lent is that we focus as a community on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthful food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith. Keeping Lent year round keeps us in spiritual shape!



STOC YOUNG ADULT (18-39)
DAY OF RECOLLECTION
 SATURDAY, APRIL 5TH

Join us for part or all of our Lenten Day of Recollection. If you will be joining us for lunch please offer a \$10 donation. Bring your donation on day of event!

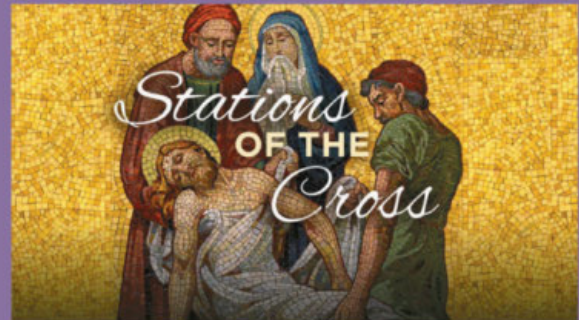
- 9:00AM **First Saturday Mass** (Main Church)
 9:30AM **Coffee & Bagels** (Lobby)
 10:00AM **Talk 1** (St. Anne's Chapel)
 10:30AM **Small Group**
 11:00AM **Adoration/Talk 2** (St. Anne's Chapel)
 12:00PM **Small Group**
 12:30PM **BBQ** (Patio)
 2:00PM **Wrap Up**



ST. THÉRÈSE OF CARMEL CHURCH
 4355 DEL MAR TRAILS ROAD
 SAN DIEGO, CA 92130



ST. THÉRÈSE
 OF CARMEL



FRIDAYS DURING
LENT @ 7 PM
IN THE CHURCH

*Bring Us Your
 Palms!*

Blessed Palms should be either burned or buried, never thrown away.

Please bring your blessed palms back to Church. We are collecting them in a box at the Church entrance. We will be burning these Old Blessed Palms in the Easter Fire on Holy Saturday Night.

**LENTEN
 FISH FRY**

The Knights of Columbus will be hosting a Lenten Fish Dinner!

Friday, April 4th

@ Dempsey Social Center

5-7pm

\$10 per adult &
 \$5 per child (Kids under 12)



The St. Thérèse of Carmel Choir Presents

JOHN RUTTER'S REQUIEM

with Psalm 42

Palm Sunday April 13th, 3:00 PM

Catherine Marshall, Director
Emma Whitten, Organist

St. Thérèse of Carmel
4355 Del Mar Trails Road
Free will offering
Reception to follow

HOLY WEEK

4/17 Holy Thursday:

Mass at 7:00 PM

Adoration: 8:00 PM-6:00 AM



4/18 Good Friday:

12:00 PM & 7:00 PM

4/19 Easter Vigil:

Mass at 8:00 PM

4/20 Easter:

Mass at 7:00, 9:00 & 11:00 AM



ST. THÉRÈSE
OF CARMEL

Liturgy of the Hours

Are you interested in praying the Rosary and the Liturgy of the Hours in community?

There are additional opportunities for community prayer to complement the faith-sharing groups, daily Mass, & the Rosary Group.

Come & Join Us for the Rosary @ 6 AM & Morning Prayer, Thursdays @ 6:30 AM @ St. Anne's Chapel

HOLY THURSDAY VIGIL From 8PM - 6AM

We invite all parishioners to participate in a special Holy Hour to pray and reflect on Christ's Passion. Help us keep watch by choosing a time to spend in quiet prayer before the Blessed Sacrament.

Sign up after Mass on 4/5 & 4/6 or visit: <https://www.sttheresecarmel.org/holy-thursday-vigil>



ST. THÉRÈSE
OF CARMEL

ANNOUNCEMENTS



| March 30, 2025

Super Seniors

Save The Date!

April 23rd @ 11:30AM
Dempsey Social Center



A Lenten invitation from
BIRTHLINE OF SAN DIEGO

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Scan here or visit our
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button.



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a mother in need with:

- One cozy and durable blanket from Sackcloth & Ashes, a socially conscious business
- Two hours of case management

www.birthlineofsd.org



Join with members of our parish and many others as we take part again in the **40 Days For Life** campaign to end abortion locally through prayer and fasting, community outreach, and a peaceful vigil in front of abortion businesses.

Location:

Sidewalk in front of the Mira Mesa Planned Parenthood
10717 Camino Ruiz, San Diego, CA 92126.

March 5 - April 13
Come and pray 7am - 7pm



Or Scan This QR code

Sign Up for Prayer Times and
Get More Information at:
40daysforlife.com/sandiegomiramesa



MILLION MEAL EVENT

Presented by the Deacons of the Diocese of San Diego

"I was hungry, and you gave me something to eat"

The Million Meal Event provides healthy meals to families facing extreme poverty.

JUNE 14, 2025

Cathedral Catholic High School



In collaboration with:



VOLUNTEER OR DONATE

www.ccdsd.org/million-meals-event/

For Questions, call:
(858) 430-8211



ST. THÉRÈSE
OF CARMEL

APRIL 4&5

Join us for 1st Friday & Saturday

4/4 ADORATION
8 AM-12PM

& DURING STATIONS OF
THE CROSS 7-8PM

4/5 7:30AM CONFESSION
9AM MASS &
ROSARY AFTER



A BIBLICAL WALK THROUGH
THE MASS

EDWARD SRI

A Biblical Walk Through the Mass explores the extraordinary biblical roots of the Liturgy and reveals what it all means and why it all matters. This fascinating tour of the Mass will renew your faith and deepen your love for and devotion to the Holy Eucharist.

A 5 WEEK BIBLE STUDY APRIL 24TH - MAY 23RD

Thursday evening, 7-8:30PM on Zoom or

Friday 9:00-11:00AM in the Dempsey Social Center

REGISTER BY APRIL 23RD.

\$30 REGISTRATION FEE INCLUDES BOOK AND WORKBOOK.

QUESTIONS: [CWARD@STOCS.D.ORG](mailto:cward@stocsd.org)



30,000 MEALS

*Thank you for
joining us for "One
Meal Packing" last
Sunday at the
fantastic*

KIDS AROUND THE WORLD

event

*Great job, NDA and
STOC families!*





Upcoming Youth Ministry Events



All high schoolers grades 9 - 12 welcome!

LIFE NITE

MARCH 30TH 6:30 - 8PM

Join us for faith and fun!



EDGE

Middle School Youth Group

7-8th Grade

NO EDGE on April 2

Any Questions?
Reach out to John
Jnavarete@stocsd.org



Next Confirmation Sessions

Sunday

April 6
&
May 4

YEAR 1
4-6:30PM

MASS AT 5:30PM

YEAR 2
5:15-8:30PM

We ask the community to continue to pray for our teens as they prepare for this important step in their faith journey



ST. THERÈSE OF CARMEL

WILDERNESS ADVENTURE

THROUGH THE SACRAMENTS

July 21-25, 9am-12 Noon

Registration and Payment through QR Code



COME JOIN US AT VBS!





2025 Parish Guild



The mission of the Parish Guild is to assist our St. Thérèse of Carmel Parish and its parishioners with events that strengthen the spirit, faith, and love within our community. We do this through church functions, charity, fundraising, social activities and outreach to all parishioners and the community. We invite you to join the Guild and help us to serve the Parish Community.

April 6—General Meeting at the Dempsey Social Center after the 9:00AM Mass.

Please see upcoming Flocknotes for more details.

Weekend SILENT RETREATS

Spend a peaceful weekend with our Lord in silence, contemplation, and prayer at the Spiritual Exercises of St. Ignatius of Loyola.



Miles Christi Silent Retreats
Prince of Peace Abbey

Women
March 7-9, 2025
Oceanside, CA

Men
April 11-13, 2025
Oceanside, CA

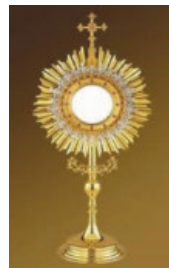


For more retreat dates, locations and registration visit mileschristi.org/spiritual-exercises or call 858-768-0872



ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM & During Stations of the Cross in March & April



OUR LADY OF FATIMA Devotion

Host Family:

3/23—3/30 Fred & Kirstin Pisacane

3/30—4/6 Audrine Yu



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM
For more information contact the Parish Office at parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following Masses:

Sunday, April 6 after the 5:30PM Mass



KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION



| March 30, 2025

Mass Intention Calendar

May 2025 thru
June 2025 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.



Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or

Regina Aulisio	Jack McGuire
Carol Bunke	Carol Nowak
Robert Bunke	Dorothy Nuss
Lisa Carney-Carmichael	Sr. Marie Noel Nguyen
Sabrina Cheung	Paddy O'Donnell
Teresa Cox	Mary Olivera
Cathy Daly	Mauro Pacelli
Dan Daly	Raffaella Pacelli
Charles Dorthalina	Roger Parker
Lawrence D'Souza	Sr Marie Pascal
Albert Espinola	Jeanne Pirolli
Felix Galasan	Emily Schiller-Reeder
Jake Garcia Sr	Elaine Schlunt
Brian Hawkins	Alec Schmall
Mateus Hemmingson	Joseph Silva
Wayne Kay	Emilia Teotico
Chuck Kirby	Diana Todaro
MJ Lane	Tamatha Thomas
Nga Thu Le	Mytu Tran
Tuan Anh Le	Luverne Travis
Mark Lotz	Cathleen Yang
Sally Macalma	Edly Villanueva
Walter Macalma	Alex Yiu
Cecilia Martin	David Yorck
Bill McDonnell	Binh Vu
Gail McDonnell	Thao Vuong

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR CONTINUED SUPPORT AND FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

3/23/2025

Regular: \$9,892

Online: \$12,106

SDCCC: \$1,371

Total: \$23,369

Weekly Expenses: \$28,372

Thank you for your continued support and faithful giving!
Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION



| March 30, 2025

BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

"Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish.

Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Tuesday, 8 April 2025	Sunday, 4 May 2025
Tuesday, 6 May 2025	Sunday, 18 May 2025
Tuesday, 3 June 2025	Sunday, 15 June 2025
Tuesday, 1 July 2025	Sunday, 20 July 2025
Tuesday, 5 August 2025	Sunday, 17 August 2025
Tuesday, 5 September 2025	Sunday, 28 September 2025
Tuesday, 7 October 2025	Sunday, 19 October 2025
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 2 December 2025	Sunday, 21 December 2025

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

 **Annual
Lenten
Collection** **March 29-30
2025**

Your contribution will be offered to:
the Church in Africa,
the Church in Latin America,
& Catholic Relief Services

Please check with a Minister of Hospitality

CALLED TO SERVE!

Adoration
AA/Al-Anon
Altar Servers
Baptism
Bereavement
Chinese Community
Chinese RCIA
Culture of Life
Eucharistic Ministry
Finance Council
Growing in Faith
Healing Prayer Team
Knights of Columbus
Ministers of Hospitality
Ministry to the Sick
Ministry of the Word
MOMs Ministry
Music Ministry
Outreach Ministry
Parish Pilgrimage
Pastoral Council
Parish Guild
Pro-Life

Religious Education Programs:

Confirmation
Edge
Faith Formation
Young Adults
Youth Ministry
OCIA
Rosary Group
Sacristans
Super Seniors
Wedding Coordinator
Welcome Committee

For more info, contact the Parish Office at either 858-481-3232 or parishoffice@stocsd.org



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Ste 102
San Diego, CA


Jeanne A. Shannon, C.P.A.
jeanne@sdtac.com

Jeremy S. Marquard, C.P.A.
jeremy@sdtac.com



Anne Truitt, M.D. - Parishioner & Nativity School Parent

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Fellowship-trained Mohs Micrographic Surgeon
Recognized Expert in Aesthetic Procedures
Veteran and USAF Academy Graduate



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Jon Cunningham, CPA & STOC Parishioner

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ebryson@san.rr.com

Wendy Choisser

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