



ST. THÉRÈSE OF CARMEL

SUNDAY | JUNE 22, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



THE MOST HOLY BODY AND BLOOD OF CHRIST

Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets. - Lk 9:16-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."

PRAYER AND READINGS



| June 22, 2025

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

PT BUSINESS MANAGER

Cindy Keane

BOOKKEEPER

Malou Palmore

FUNERALS

Rev. Christopher Tozzi

*Please contact the parish office
to schedule an appointment.*

RECEPTION/ COMMUNICATIONS

Vanessa Gramajo

MAINTENANCE

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEM. FAITH FORMATION COORD.

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

PT YOUTH COORDINATORS

Priscilla Trastoy

Joey Pye

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 6/21 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM **SI** Father's Day Novena

SUNDAY, 6/22 | SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

GENESIS 14:18-20, 1 CORINTHIANS 11:23-26, LUKE 9:11B-17

9:00 AM **SI** Father's Day Novena

11:00 AM **SI** Father's Day Novena

5:30 PM **SI** Father's Day Novena

MONDAY, 6/23 | MONDAY OF THE TWELFTH WEEK IN ORDINARY TIME

GENESIS 12:1-9, MATTHEW 7:1-5

7:30 AM † Joseph Silva

TUESDAY, 6/24 | SOLEMNITY OF THE NATIVITY OF ST. JOHN THE BAPTIST

ISAIAH 49:1-6, ACTS 13:22-26, LUKE 1:57-66, 80

7:30 AM **SI** Jonathan Garvey

WEDNESDAY, 6/25 | WEDNESDAY OF THE TWELFTH WEEK IN ORDINARY TIME

GENESIS 15:1-12, 17-18, MATTHEW 7:15-20

7:30 AM † Joyce Alfonso-Bautista

THURSDAY, 6/26 | THURSDAY OF THE TWELFTH WEEK IN ORDINARY TIME

GENESIS 16:1-12, 15-16, MATTHEW 7:21-29

7:30 AM † Ann Stepanian

FRIDAY, 6/27 | SOLEMNITY OF MOST SACRED HEART OF JESUS

EZEKIEL 34:11-16, ROMANS 5:5B-11, LUKE 15: 3-7

8:00 AM **SI** Michael & Lisa Wojcik

SATURDAY, 6/28 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Dolly Wojcik

NEXT SUNDAY, 6/29 | SOLEMNITY OF SAINTS PETER AND PAUL, APOSTLES MASS DURING THE DAY

ACTS 12:1-11, 2 TIMOTHY 4:6-8, 17-18, MATTHEW 16:13-19

9:00 AM **SI** Fr. Chris

11:00 AM † Mass for the Recently Departed

5:30 PM **SI** Missa Pro Populo

The Solemnity of Corpus Christi

June 22nd

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, on God, for ever and ever.



| June 22, 2025

ADVANCING OUR
Mission

 DIOCESE OF
SAN DIEGO
2025 ANNUAL CATHOLIC APPEAL



2025
Goal
ANNUAL CATHOLIC APPEAL
\$3,500,000

Catholic Schools

\$1,000,000

Clergy Formation
and Support

\$1,000,000

Faith Formation

\$1,000,000

Catholic Charities

\$500,000



Please make your donation or online pledge TODAY! It's easy...

Online: Just visit sdcatholic.org/giving then select
"Annual Catholic Appeal."

Brochure: Fill out the attached form and give to your parish.

Note that the Annual Catholic Appeal qualifies for many company matching gift programs.

Your participation in our **Annual Catholic Appeal** accomplishes something very simple yet very powerful: It touches people's hearts with God's love through your gift and deepens our collective faith. By contributing to the **Advancing Our Mission** campaign, you are helping our brothers and sisters to truly know and love Jesus Christ, His grace and His mercy.



Hello Everyone,

Meet the Staff



My name is Malou Palmore, and I'm honored to introduce myself as the new bookkeeper. I will be handling various bookkeeping and accounting responsibilities for both the Parish and Notre Dame Academy.



As both an employee and a parishioner of St. Thérèse of Carmel, it is a true blessing to serve my parish community. I'm actively involved in several ministries, including serving as a Minister of Hospitality at the 9:00 a.m. Mass every third Sunday. I'm also a member of the Parish Guild and previously served a one-year term as its Treasurer. In addition, I volunteer for funeral services and was formerly part of the Rosary Prayer Group.

I aspire to make a positive impact on our community and am committed to growing in faith while supporting and inspiring those around me.

I look forward to seeing you around!

Blessings,
Malou Palmore

ANNOUNCEMENTS

| June 22, 2025



THANK YOU



**For Making this Year's
Million Meals Event
A HUGE Success**

ANNOUNCEMENTS

| June 22, 2025



A Celebration of Life

on the

3rd Anniversary of the Dobbs Decision

Sponsored By: Knights of Columbus Council #13124

Tickets on Sale!

St. Thérèse of Carmel Catholic Church
4355 Del Mar Trails Rd, San Diego, CA 92130

June 24, 2025

Mass: 5PM

Delicious Family Dinner in the Hall prepared by,
Joe Bartel & Massimo Breda at 6:30PM

Guest Speakers:

Bishop Joseph Coffey & Paul Jonna

Questions, Contact Melissa at msanchez@colfs.org

Adult: \$15, Above age 12.

Child \$5, Ages 3-12

Family: \$40. Includes 2
adults & 2 or more kids.

All meals include
a drink ticket.

Water at no charge.

Additional options online

Register Now



<https://kofc13124.info>

Activities for the Children.



Want to become Catholic?

Do you know friends or family who are
interested in becoming a Catholic
Christian? Registration is now OPEN for the
next OCIA (Order of Christian Initiation in
Adults) group beginning in September!

If you would like additional information
about the OCIA process and group, please
contact Karen Klause, OCIA Coordinator at
parishoffice@stocsd.org

We look forward to you joining the group!

FRIDAY, JUNE 27TH, 2025

@ DEMPSEY SOCIAL CENTER

**6:30PM SOCIAL HOUR
7:00PM LECTURE**

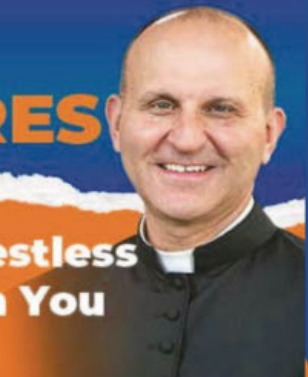


**LOCAL
LECTURES**

6.27.25

**Our Hearts are Restless
Until They Rest in You**

Fr. Paul Check



ONLY TWO HEARTS IN HISTORY ROSE ABOVE THE RESTLESSNESS TO WHICH ALL OF US ARE PRONE.
WHY? BECAUSE THEY RESTED IN THE HEART OF GOD. THESE TWO HEARTS WERE NOT ONLY
PEACEFUL IN A FALLEN WORLD; THEY ALSO WERE JOYFUL.

IN THE GOOD GOD'S PROVIDENCE, THE SACRED HEART OF JESUS AND THE IMMACULATE OF HEART
OF MARY ARE PAIRED IN THE LITURGICAL CALENDAR, ALWAYS ON THE FRIDAY AND SATURDAY
FOLLOWING CORPUS CHRISTI.

JOIN US FOR A MEDITATION ON THESE TWO NOBLE AND HEROIC HEARTS, IN HONOR OF THEIR FEAST
DAYS AND SO THAT YOUR HEART MAY BE ALSO HEROIC AND AT PEACE.

YOUTH ANNOUNCEMENTS

| June 22, 2025



WILDERNESS ADVENTURE
THROUGH THE SACRAMENTS

SIGN UP
TO ATTEND
VBS!

ST. THÉRÈSE
OF CARMEL

VBS 2025 MAKING FIRST AID KITS TO BENEFIT CATHOLIC CHARITIES



Please drop off
requested items
@ STOC by
July 20!



SUPPLIES NEEDED:

- Bandages
- Antiseptic Wipes
- Antibacterial Ointment
- Cotton Swabs
- Cotton Pads
- Blister Treatment
- Safety Pins
- Sunscreen
- Lip Balm
- Gloves
- Toothbrush
- Toothpaste



STEUBENVILLE SAN DIEGO HIGH SCHOOL YOUTH CONFERENCE



AUGUST 1-3, 2025



Steubenville SD is a lively Faith Conference for teens:
incoming freshmen to graduated seniors. **Cost \$355**
(includes conference, housing on-site, 5 meals & t-shirt)
email jnavarette@stocsd.org for info to sign up your teen!
Limited spots; first come, first serve.



YOUNG ADULT (18-38)
PAINT & SIP

Join our STOC Young Adults
for a Paint & Sip Night led by
**Evan Collene, a Watt's
Atelier art teacher & visual
artist!**

Register using our QR code!



**Early Bird: \$10
At Door: \$15**



7:00-9:00PM
Thursday, June 26th

At STOC Patio

ST. THÉRÈSE
OF CARMEL



2025 Parish Guild



The mission of the Parish Guild is to assist our St. Thérèse of Carmel Parish and its parishioners with events that strengthen the spirit, faith, and love within our community. We do this through church functions, charity, fundraising, social activities and outreach to all parishioners and the community. We invite you to join the Guild and help us to serve the Parish Community.

Please see upcoming Flocknotes for more details.

Weekend SILENT RETREATS

Spend a peaceful weekend with our Lord in silence, contemplation, and prayer at the Spiritual Exercises of St. Ignatius of Loyola.



Miles Christi Silent Retreats
2025 Oceanside, CA

Men

September 5-7, 2025
Mission San Luis Rey

Women

September 26-28, 2025
Prince of Peace Abbey, CA

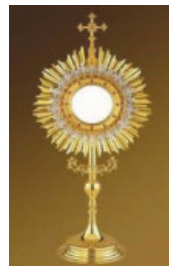


For more retreat dates, locations and registration visit mileschristi.org/spiritual-exercises or call 858-768-0872



ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM



OUR LADY OF FATIMA Devotion

Host Family:

6/22—6/29:

Theresa Martinez

6/29—7/6: Luis & Maricruz Osorio



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at
St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM

For more information contact the Parish Office at parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following Masses:

Sunday, 6/22 after the 9:00AM Mass

Saturday, 6/28 after the 4:30PM Mass



KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION

| June 22, 2025



Mass Intention Calendar

September 2025 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR CONTINUED SUPPORT AND FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS

PRAY FOR ONE ANOTHER

James 5:16

Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or

Regina Aulisio	Bill McDonnell
Joe Bartel Sr.	Gail McDonnell
Carol Bunke	Jack McGuire
Robert Bunke	Carol Nowak
Lisa Carney-Carmichael	Dorothy Nuss
Sabrina Cheung	Paddy O'Donnell
Teresa Cox	Mary Olvera
Cathy Daly	Mauro Pacelli
Dan Daly	Wendy Papera
Allison Demmler	Barry Paquette
Charles Dorthalina	Roger Parker
Lawrence D'Souza	Sr Marie Pascal
Albert Espinola	Leonor Pierce
Felix Galasan	Jeanne Pirolli
Jake Garcia Sr	Fr. Larry Purcell
Jonathan Garvey	Emily Schiller-Reeder
Brian Hawkins	Elaine Schlunt
Mateus Hemmingson	Alec Schmall
Wayne Kay	Emilia Teotico
Chuck Kirby	Tamatha Thomas
MJ Lane	Diana Todaro
Nga Thu Le	Mytu Tran
Tuan Anh Le	Luverne Travis
Gerry Leneweaver	Cathleen Yang
Mark Lotz	Edly Villanueva
Sally Macalma	Alex Yiu
Walter Macalma	David Yorck
Cecilia Martin	Binh Vu
Fr. Paddy McCafferty	Thao Vuong
Virginia McDeed	

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

6/15/2025

Regular: \$11,083

Online: \$10,506

SDCCC: \$525

Total: \$22,114

Weekly Expenses: \$28,372

Thank you for your continued support and faithful giving!
Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION

| June 22, 2025



BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

"Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish. Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx.12:15pm)
Tuesday, 1 July 2025	Sunday, 20 July 2025
Tuesday, 5 August 2025	Sunday, 17 August 2025
Thursday, 4 September 2025	Sunday, 28 September 2025
Tuesday, 7 October 2025	Sunday, 19 October 2025
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 2 December 2025	Sunday, 21 December 2025
Tuesday, 6 January 2026	Sunday, 18 January 2026
Tuesday, 3 February 2026	Sunday, 15 February 2026
Tuesday, 3 March 2026	Sunday, 15 March 2026
Tuesday, 7 April 2026	Sunday, 26 April 2026

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**



TO LEARN MORE ABOUT THE
PETER'S PENCE COLLECTION,

PLEASE VISIT
[HTTPS://SDCATHOLIC.ORG/
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WILL BE COLLECTED
6/28-29

Peter's Pence Collection

CALLED TO SERVE!

Adoration
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Altar Servers
Baptism
Bereavement
Chinese Community
Chinese RCIA
Culture of Life
Eucharistic Ministry
Finance Council
Growing in Faith
Healing Prayer Team
Knights of Columbus
Ministers of Hospitality
Ministry to the Sick
Ministry of the Word
MOMs Ministry
Music Ministry
Outreach Ministry
Parish Pilgrimage
Pastoral Council
Parish Guild
Pro-Life

Religious Education Programs:

Confirmation
Edge
Faith Formation
Young Adults
Youth Ministry
OCIA
Rosary Group
Sacristans
Super Seniors
Wedding Coordinator
Welcome Committee

For more info, contact the Parish Office at either 858-481-3232 or parishoffice@stocsd.org.

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San Diego, CA

Jeanne A. Shannon, C.P.A.
jeanne@sdtac.com

Jeremiah S. Marquard, C.P.A.
jeremy@sdtac.com

Anne Truitt, M.D. - Parishioner & Nativity School Parent

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ebryson@san.rr.com

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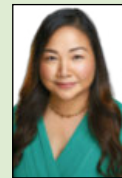
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