

SUNDAY | SEPTEMBER 7, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm Sunday | 9:00 am, 11:00 am, 5:30 pm Chinese | 2:00 pm (Mandarin/Cantonese) Monday-Thursday | 7:30 am Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road San Diego, CA 92130 858-481-3232

parishoffice@stocsd.org www.sttheresecarmel.org

OFFICE HOURS

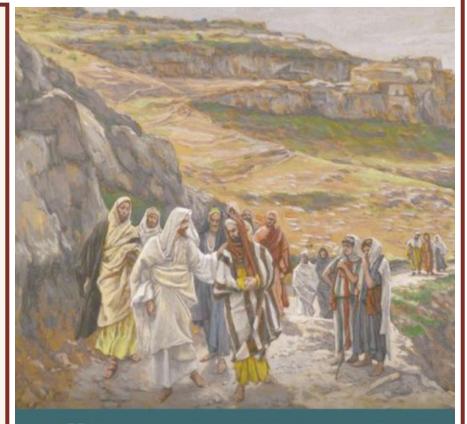
Monday- Thursday | 8:00am-3:00pm Friday | 9:00am - 3:00pm (Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



23RD SUNDAY IN ORDINARY TIME

Gio

"Which of you wishing to construct a tower does not first sit down and calculate the cost to see if there is enough for its completion? ... In the same way, anyone of you who does not renounce all his possessions cannot be my disciple." - Lk 14:28, 33

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."

PRAYER AND READINGS

| September 7, 2025

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

PT BUSINESS MANAGER

Cindy Keane

BOOKKEEPING

Malou Palmore

Stephanie Decker

FUNERALS

Rev. Christopher Tozzi Lyn Pflaum

RECEPTION/ COMMUNICATIONS

Vanessa Gramajo

FACILITIES & MAINTENANCE

Elias Damian

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & **PARISH LIFE**

ELEM. FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH &

YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson

Priscilla Trastov

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE

STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 9/6 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Donald Fanelle

SUNDAY, 9/7 | TWENTY-THIRD SUNDAY IN ORDINARY TIME WISDOM 9:13-18B, PHILEMON 9-10,12-17, LUKE 14:25-33

9:00 AM † Donald Fanelle, SR.

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

MONDAY, 9/8 | FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY MICAH 5:1-4A OR ROMANS 8:28-30, MATTHEW 1:1-16, 18-23

7:30 AM † Theresa Muldoon

TUESDAY, 9/9 | MEMORIAL OF SAINT PETER CLAVER, PRIEST

COLOSSIANS 2:6-15. LUKE 6:12-19

7:30 AM + Maria Consuelo Agurrie

WEDNESDAY, 9/10 |

COLOSSIANS 3:1-11, LUKE 6:20-26

7:30 AM SI Sebastian Jones

THURSDAY, 9/11 |

COLOSSIANS 3:12-17, LUKE 6:27-38

7:30 AM † Donald Fanelle

FRIDAY, 9/12 |

1 TIMOTHY 1:1-2, 12-14, LUKE 6:39-42

8:00 AM † Charles Henderson

SATURDAY, 9/13 | SATURDAY VIGIL MASS (SEE SUNDAY READINGS)

4:30 PM † Donald Fanelle

NEXT SUNDAY, 9/14 | FEAST OF THE EXALTATION OF THE HOLY CROSS NUMBERS 21:4B-9, PHILIPPIANS 2:6-11, JOHN 3:13-17

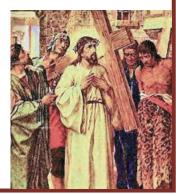
9:00 AM + Rod & Neissy Graf

11:00 AM SI Missa Pro Populo

5:30 PM SI Missa Pro Populo

Twenty-Third Sunday in Ordinary Time September 7th

O God, by whom we are redeemed and receive adoption, look graciously upon your beloved sons and daughters, that those who believe in Christ may receive true freedom and an everlasting inheritance. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.





RE-IMAGINE PARISH LIFE:



Journeying together in communion, participation, and mission

- Unite Ministries:
 Align around shared mission and goals
- Strengthen Partnerships: Deepen connection with Notre Dame Academy
- Engage Families & Young Adults:
 Find new ways to invite and involve them
- Deepen Worship: Emphasize sacredness and tradition

- Parish Renewal Weekend
 & Ministry Fair
 Sept 13–14
- Parish Anniversary Weekend Oct 4–5
- Eucharistic Mission of Love Oct 9-14
- Back to the Garden Concert Oct 25

We can't re-imagine without YOU!



Please make your donation or online pledge TODAY! It's easy...

Online: Just visit *sdcatholic.org/giving* then select "Annual Catholic Appeal."

Brochure: Fill out the attached form and give to your parish.

Note that the Annual Catholic Appeal qualifies for many company matching gift programs.

Your participation in our **Annual Catholic Appeal** accomplishes something very simple yet very powerful: It touches people's hearts with God's love through your gift and deepens our collective faith. By contributing to the **Advancing Our Mission** campaign, you are helping our brothers and sisters to truly know and love Jesus Christ, His grace and His mercy.

PARISH RENEWAL WEEKEND & MINISTRY FAIR

September 13 & 14: After All Masses

Calling All Parishioners!

Join us for a special weekend of renewal and fellowship! After every Mass, enjoy FOOD and refreshments, spend time with fellow parishioners, and visit our Ministry Fair.

Discover the many ways you can grow in faith, serve with love, and deepen your relationship with Jesus Christ. Take time to explore where the Holy Spirit may be calling you to get involved and share your gifts.

Come, connect, and be renewed—we can't wait to see you there!

Liturgy

- · Called to Serve:
 - Altar Servers, Lectors, Eucharistic Ministers, Hospitality
- Liturgical Music: Enrich worship with music.

Faith Formation

- Notre Dame Academy
- · Children & Teens
- · Adults
- Order of Christian Initiation

Prayer

- Eucharistic Adoration
- · Liturgy of the Hours
- Marian Devotions
- Healing Prayer

Parish Life

- · Mom's Ministry
- · Parish Guild
- Knights of Columbus
- Super Seniors
- · Ministry of the Sick & Bereaved
- · Filipino & Chinese Communities
- Community Outreach





ANNIVERSARY GALA

SATURDAY OCT 4TH, 2025 AT 6PM

Dempsey Social Hall

Individual: \$75

Table: \$600

\$500 Sponsorship: 2 tickets + Company name featured in the Gala Program

Appetizers and drinks followed by dinner and dance

Cocktail attire



PURCHASE TICKETS HERE

BONJOUR Fall Festival & Parish Picnic

SUNDAY OCT 5TH, 2025 12-4 pm

Family Fun!

Games & Prizes

Jumpy House

Food

Cake Walk

Dad's Club Biergarten

DJ & Music

Purchase Tickets Early and Save or Buy at the Event 20th Annual Welcome Back GOLF TOURNAMENT & PICKLEBALL

MONDAY OCT 6TH, 2025
The Fairmont Grand Del Mar

Golf Tournament

Check-In: 10:00 AM Shotgun Start: 11:15 AM Scramble Format \$375 Entry Fee Includes: Golf, Lunch, Balls, Forecaddie, Dinner

Tennis & Pickleball Mixer

Check-In: 11:15 AM (Tennis Courts) Event: 11:30 AM – 1:30 PM \$125 Entry Fee Includes: Clinic , Mixer, Lunch





Faith Formation Registration



JOIN US! 2025-26 SCHOOL YEAR REGISTER ON THE STOC WEBSITE

- Class sessions, offered on Wednesdays and Thursdays from 4:15pm to 5:30pm.
- Begins on September 24th and September 25th
- Classes for Grades 1-6.
 Communion prep for ALL ages!











Looking for Teens!
7-12th graders
To serve our parish this school year

Teens, sign up to serve as Liturgy leaders for our preschool aged kids during the 11am Mass. We are in need of 3 volunteers to make the ministry possible each week. We will be offering a short training before you host your first Little Kids Liturgy.

Sign up here:

https://www.signupgenius.com/go/ 10C094AABAF2EA5F5CE9-little#/

FAITH FORMATION

| September 7, 2025



Hey, High Schoolers!



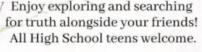
Catholic And Living with Love Every Day

Do you know everything there is to know about your faith? About life? Probably not! But that's why we're all here!

Join us for our new CALLED nights: evenings where we'll explore **ANY QUESTIONS** you have about faith and life in general.

FIRST SESSION Enjoy exploring and searching

Wednesday, Sept. 24th 7:30 pm - 8:30 pm Dempsey Social Center





Scan the QR code to see the full schedule & more youth ministry details.

Hey, High Schoolers!

Upcoming Life Nites

September 14th Theme - *On Ramp* ft. Special Guest

Kick off this year's Life Nites with community, a discussion on Truth, and a <u>special performance by</u> <u>magician Giancarlo Bernini!</u>



September 28th

Talk - Getting to Know God Personally
Time in Eucharistic Adoration
Praise & Worship Music!



Dempsey Social Center 6:30 - 8PM (after 5:30pm mass)

Open to all High Schoolers (grades 9 - 12)
Bring your friends to STOCYM!

Upcoming Confirmation Sessions

Sept. 21st & Oct. 5th YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include Youth Mass from 5:30 pm - 6:30 pm. Please arrive on time.



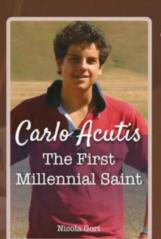
Scan the QR code to view the full calendar, for more information on this year, and to <u>register</u>, if you haven't done so already.

Hey, Young Adults!

FAITH & FELLOWSHIP NIGHTS

All Young Adults (18 - 39) are welcome!

Book of the Month



Thursdays in **September (11, 18, 25)**in the Youth Room

NEW TIME 7:00 - 9:00 PM

Dinner will be provided.

CONTACT

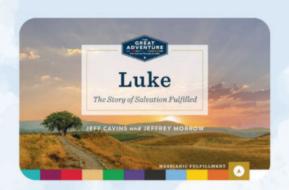




ADULT FAITH FORMATION

| September 7, 2025

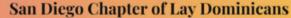




Embark on a transformative exploration of Jesus' life and mission with Luke: The Story of Salvation
Fulfilled. There are many parables found only in Luke, including the Prodigal Son and The Good Samaritan.
The scriptural roots for Mary, the Rosary, and the Mass that are found in Luke will strengthen your relationship with Jesus. Join us. All are welcome!

An 8 week Bible Study Sept 18- Nov 7th
Thursday evening, 7-8:30PM on Zoom or
Friday 9:00- 11:00AM in the Dempsey Social Center
REGISTER BY SEPT 17TH

\$35 Registration fee includes workbook Questions: cward@stocsd.org



Monday, 9/15



6:30-8:30 PM

Although some other religious orders such as Carmelites, Franciscans and Jesuits, involve the laity in various ways in their apostolates, lay Dominicans, faithful to the distinctive charism of St. Dominic, follow the four pillars of Dominican life:

- . (1) Prayer and Contemplation
- (2) Study
- (3) Community
- · (4) Preaching

The chapter meets on the third Monday of each month from 6:30–8:30pm in the St. Anne Chapel at St. Thérèse of Carmel, San Diego. Thank you, Father Chris, for providing space for monthly meetings of the San Diego chapter of Lay Dominican. All parishioners are welcome to observe our meetings to see if this charism aligns with your vocation. For more information, contact us at sandiegodominicans@gmail.com or visit our website at, sddominicans.com.



Miles Christi
Women's Morning of
Recollection

TUESDAY, SEPTEMBER 30
9:30 AM - 12:00 PM

@ ST. ANNE'S CHAPEL

ANNOUNCEMENTS

| September 7, 2025





The loss of a loved one can make the new year harder to navigate. Our STOC Bereavement Group meets weekly to study scripture, share stories, and pray together as we heal from our grief. All who have experienced a loss are welcome to join the group which meets every Thursday* at 10AM in the Multi-Purpose Room.



Wednesday, September 17th @ 3pm Join us for drinks, food, and games.

Carpooling from parish parking lot at 2:30pm.

New English Brewery



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SEPTEMBER 25-28

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CALL (858)-523-4000 EXT. 1170 IF YOU HAVE QUESTIONS



Re-Imagining Parish Life Together

This past May, our parish joined 17 others across the Diocese in a mission: **to reimagine parish life journeying together in communion, participation, and mission.**

What We've Done

We re-established the Parish Pastoral Council, meeting six times in prayer and reflection. We gave thanks for the strengths of our parish and asked: Where is God calling us to grow?

- Bringing our many ministries together around a shared mission and goals.
- Strengthening our connection with **Notre Dame Academy**.
- Finding new ways to engage young adults and families.
- Deepening our sense of **sacredness and tradition** in worship.

We Can't Re-Imagine without YOU!

We invite you to walk with us—discover ways to grow in faith, share your gifts, and journey together as we deepen our faith and parish community.

To kick off our Parish Life we have four major events over the next 60 days. Please mark your calendars and join us for our:

- · Parish Renewal Weekend & Ministry Fair Sept 13-14
- Parish Anniversary Weekend Oct 4–5
- Eucharistic Mission of Love Oct 9–14
- Back to the Garden Fundraiser Concert Oct 25

Guided by the Holy Spirit, and united in the example of St. Thérèse—doing small things with great love—we ask you to walk with us as we re-imagine parish life together.

May the Holy Spirit Guide Our Way,

Fr. Chris Tozzi and the Pastoral Council

ANNOUNCEMENTS

Veekend

SILENT RETREATS

| September 7, 2025







We warmly welcome all men and women of St. Thérèse of Carmel to be a part of our Parish Guild - a faith-filled, service-oriented ministry dedicated to building a strong, Christ-centered community.

The Parish Guild is composed of parishioners committed to growing in spirituality, fellowship, and charitable action. Rooted in the love of Christ and inspired by the Blessed Mother, we strive to support the mission of our parish through:

- Prayer
- Hospitality
- · Outreach
- Leadership

Whether you're looking to deepen your faith, serve others, or simply connect with a welcoming and purposeful group, there is a place for you here.

Flocknotes will be emailed with more details about upcoming events and how you can get involved.

Come journey with us - all are welcome!

For more information or to get involved, please contact Kay Carreon, Elonne Petrin, Cathy St. Marie and Abeer Marji by emailing us at

stthereseparishguild@gmail.com



ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's
Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF FATIMA Devotion

Host Family:

8/31—9/7:

Yoli & Maureen McKenzie

9/7—9/14: Kathy Hornik



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM
For more information contact the
Parish Office at
parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following Masses:



Sunday, 9/7 after the 5:30PM Mass

Saturday, 9/13 after the 4:30PM Mass

OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION

| September 7, 2025



Mass Intention Calendar

November—December 2025 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions * Subject to change.

Call the parish office to make a request.

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass.

See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR CONTINUED SUPPORT AND FAITHFUL GIVING! MANY BLESSINGS, FR. CHRIS



Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or remove from this list.

Lisa Carney-Carmichael	Jack McGuire
Sabrina Cheung	Carol Nowak
Teresa Cox	Dorothy Nuss
Cathy Daly	Paddy O'Donnell
Dan Daly	Mary Olvera
Allison Demmler	Mauro Pacelli
Charles Dorthàlina	Wendy Papera
Lawrence D'Souza	Roger Parker
Albert Espinola	Leonor Pierce
Stacey Farley	Jeanne Pirolli
LaVerne Franke	Fr. Larry Purcell
Felix Galasan	Emily Schiller-Reeder
Ellen Gallego	Elaine Schlunt
Jake Garcia Sr	Romaine Sullivan
Jonathan Garvey	Emilia Teotico
Brian Hawkins	Tamatha Thomas
Mateus Hemmingson	Diana Todaro
Emilia Javier	Mytu Tran
Chuck Kirby	Luverne Travis
MJ Lane	Cathleen Yang
Nga Thu Le	Edly Villanueva
Tuan Anh Le	Alex Yiu
Mark Lotz	Joe Vondrachek
Cecilia Martin	David Yorck
Virgina McDeed	Binh Vu
Bill McDonnell	Thao Vuong
Gail McDonnell	

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

8/31/2025

Basket: \$4,158 Envelope: \$6,861 Online: \$7,654 SDCCC: \$557 Total: \$19,230

Weekly Expenses: \$28,372 Thank you for your continued support and faithful giving! Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION

| September 7, 2025



BAPTISM

Baptism is a Community Celebration where we the faith community of St Thèrése of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

ifanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thèrése or at their own parish.

Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule	
Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Thursday, 4 September 2025	Sunday, 28 September 2025
Tuesday, 7 October 2025	Sunday, 19 October 2025
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 9 December 2025	Sunday, 21 December 2025
Tuesday, 6 January 2026	Sunday, 18 January 2026
Tuesday, 3 February 2026	Sunday, 15 February 2026
Tuesday, 3 March 2026	Sunday, 15 March 2026
Tuesday, 7 April 2026	Sunday, 26 April 2026
Tuesday, 5 May 2026	Sunday, 17 May 2026
Tuesday, 2 June 2026	Sunday, 21 June 2026

GETTING MARRIED?

If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email Mary Lucena Stevens to obtain information and to start making your arrangements, at least nine months in advance of your proposed date.

UPDATED RECORDS

If you have moved, received a new phone number or email, please contact the Parish Office to update your profile!

CALLED TO SERVE!

Adoration AA/Al-Anon Altar Servers **Baptism** Bereavement Chinese Community Chinese RCIA Culture of Life **Eucharistic Ministry** Finance Council Growing in Faith Healing Prayer Team **Knights of Columbus** Minsters of Hospitality Ministry to the Sick Ministry of the Word **MOMs Ministry** Music Ministry Outreach Ministry Parish Pilgrimage Pastoral Council Parish Guild Pro-Life

Religious Education Programs:
Confirmation

Edge

Faith Formation

Young Adults

Youth Ministry

OCIA

Rosary Group

Sacristans

Super Seniors

Wedding Coordinator

Welcome Committee

For more info, contact the Parish Office at either 858-481-3232 or parishoffice@stocsd.org.



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For information and to For information and to schedule a tour contact: Virtual Tour

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*Actual case: single implant and single crown to replace missing tooth, no other teeth veneered or treated





Stephen Hutton, DMD, MS, MPH

- Board Certified Periodontics & Implant Surgery
- Diplomate International Congress of Oral Implantologists
- Certified LANAP Clinician (Laser Periodontal & Implant Regeneration)



Peter Nordland, DMD, MS

- Board Certified Periodontist
- Fellow American Academy of Esthetic Dentistry
- President International Society of Periodontal Plastic Surgeons

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STEP RIGHT UP! BONJOUR FALL FESTIVAL & PARISH PICNIC!

When: October 5th, 12-4pm

Where: NDA Field - Entrance located through gate by west lower parking lot

What: Family Fun!
Games & Prizes - Jumpy House Area
Cake Walk - DJ & Music - Food
Dad's Club Biergarten

PURCHASE
TICKETS EARLY
AND SAVE
OR
BUY AT THE
EVENT!



Hope to see you there!