



ST. THÉRÈSE OF CARMEL

SUNDAY | SEPTEMBER 14, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



THE EXALTATION OF THE HOLY CROSS

Jesus said to Nicodemus: "No one has gone up to heaven except the one who has come down from heaven, the Son of Man." For God did not send his Son into the world to condemn the world, but that the world might be saved through him. - Jn 3:13, 17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

GLPI

OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."

PRAYER AND READINGS



| September 14, 2025

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

PASTORAL ASSISTANT/ WEDDING DIRECTOR

Mary Lucena Stevens

BUSINESS MANAGER

Malou Palmore

BOOKKEEPING

Stephanie Decker

FUNERALS

Rev. Christopher Tozzi

Lyn Pflaum

RECEPTION/ COMMUNICATIONS

Vanessa Gramajo

FACILITIES & MAINTENANCE

Elias Damian

José Sanchez

MUSIC

DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEM. FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson

Priscilla Trastoy

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 9/13 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Donald Fanelle

SUNDAY, 9/14 | FEAST OF THE EXALTATION OF THE HOLY CROSS NUMBERS 21:4B-9, PHILIPPIANS 2:6-11, JOHN 3:13-17

9:00 AM † Rod & Neissy Graf

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

MONDAY, 9/15 | MEMORIAL OF OUR LADY OF SORROWS

1 TIMOTHY 2:1-8, JOHN 19:25-27 OR LUKE 2:33-35

7:30 AM † Leilani Childs

TUESDAY, 9/16 | MEMORIAL OF SAINTS CORNELIUS, POPE, AND CYPRIAN, BISHOP, MARTYRS

1 TIMOTHY 3:1-13, LUKE 7:11-17

7:30 AM † Kenneth Ricker

WEDNESDAY, 9/17 |

1 TIMOTHY 3:14-16, LUKE 7:31-35

7:30 AM † Rosa Lepe

THURSDAY, 9/18 |

1 TIMOTHY 4:12-16, LUKE 7:36-50

7:30 AM † Hope McLoed

FRIDAY, 9/19 |

1 TIMOTHY 6:2C-12, LUKE 8:1-3

8:00 AM † Pedro Jaunarena, Richard Nelson & William Alfred Mandeville

SATURDAY, 9/20 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Donald Fanelle

NEXT SUNDAY, 9/21 | TWENTY-FIFTH SUNDAY IN ORDINARY TIME

AMOS 8:4-7, 1 TIMOTHY 2:1-8, LUKE 16:1-13

9:00 AM † Mass for the Recently Departed

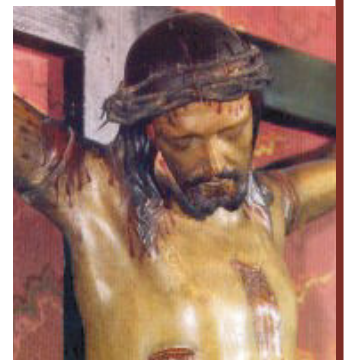
11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

Feast of the Exaltation of the Holy Cross

September 14th

O God, who willed that your Only Begotten Son should undergo the Cross to save the human race, grant, we pray, that we, who have known his mystery on earth, may merit the grace of his redemption in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.





40th ANNIVERSARY

ST. THÉRÈSE OF CARMEL

ANNIVERSARY GALA

SATURDAY OCT 4TH, 2025

AT 6PM

Dempsey Social Hall

Individual: \$75

Table: \$600

\$500 Sponsorship:
2 tickets + Company name
featured in the Gala Program

Appetizers and drinks
followed by dinner
and dance

Cocktail attire



**PURCHASE
TICKETS HERE**

BONJOUR Fall Festival & Parish Picnic

SUNDAY OCT 5TH, 2025

12-4 pm

Family Fun!

Games & Prizes

Jumpy House

Food

Cake Walk

Dad's Club Biergarten

DJ & Music

Purchase Tickets Early and
Save or Buy at the Event

20th Annual Welcome Back GOLF TOURNAMENT & PICKLEBALL

MONDAY OCT 6TH, 2025

The Fairmont Grand Del Mar

Golf Tournament

Check-In: 11:00 AM

Shotgun Start: 12:30 PM

Scramble Format

\$375 Entry Fee

Includes: Golf, Lunch, Balls,
Forecaddie, Dinner

Tennis & Pickleball Mixer

Check-In: 11:45 AM (Tennis Courts)

Event: 12:00PM – 2:00 PM

\$125 Entry Fee

Includes: Clinic, Mixer, Lunch

Dinner

Fairmont Grand Del Mar

Reception: 5:00PM

Dinner: 6:00PM

\$75 per person

Consider Sponsoring a Teacher
to Attend – \$75

RE-IMAGINE PARISH LIFE:

**Journeying together in communion,
participation, and mission**



- **Unite Ministries:**
Align around shared mission and goals
- **Strengthen Partnerships:**
Deepen connection
with Notre Dame Academy
- **Engage Families & Young Adults:**
Find new ways to invite and involve them
- **Deepen Worship:**
Emphasize sacredness and tradition
- **Parish Renewal Weekend
& Ministry Fair**
Sept 13-14
- **Parish Anniversary Weekend**
Oct 4-5
- **Eucharistic Mission of Love**
Oct 9-14
- **Back to the Garden Concert**
Oct 25

We can't re-imagine without YOU!

★★ Bring a Picnic Dinner! ★★ Cash Bar for Beer & Wine ★★

STOC

★★ **Fundraiser Concert** ★★

Featuring the Band: Back to the Garden



When: Saturday October 25, 2025

★★★ 5:30pm (drinks & mingling) ★★★
with music starting at 6:30pm

4355 Del Mar Trails Road, San Diego, CA 92130

**Concert Theme: The Best of Woodstock &
Monterey Pop Festival**

**It should sell out fairly quickly so purchase
your tickets early and often.
Bring family and friends.**

Click QR code for tickets



October 9-14:

EUCHARISTIC MISSION OF LOVE

**Let your heart be rekindled by the
Real Presence of Jesus in the Eucharist**

**Come experience
the Vatican Exhibit
of Eucharistic
Miracles,
powerful talks
and testimonials.**



October 9-14

Eucharistic Miracles exhibit open
daily from 8:00 AM – 8:00 PM

Thursday, Oct 9

- Visit Blessed Sacrament Chapel
- Venerate Relic of St. Thérèse

Friday, Oct 10

- Eucharistic Talks & Movie

Saturday, Oct 11

- Eucharistic Talks & Movie

Sunday, Oct 12

- Eucharistic Talks & Movie

**Monday, Oct 13
& Tuesday Oct 14**

- Eucharistic Miracles
exhibit



Faith Formation Registration

JOIN US!
2025-26 SCHOOL YEAR
REGISTER ON THE STOC
WEBSITE

Class sessions, offered on
Wednesdays and Thursdays from
4:15pm to 5:30pm.

Begins on September 24th and
September 25th

Classes for Grades 1-6.
Communion prep for ALL ages!



Hey, High Schoolers!



CALLED



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Do you know everything there is to know about your
faith? About life? Probably not! But that's why we're all
here!

Join us for our new **CALLED** nights: evenings where
we'll explore **ANY QUESTIONS** you have about faith
and life in general.

FIRST SESSION

Wednesday,
Sept. 24th
7:30 pm - 8:30 pm
Dempsey Social
Center

Enjoy exploring and searching
for truth alongside your friends!
All High School teens welcome.



Scan the QR code to see the full schedule & more youth
ministry details.



7TH & 8TH GRADERS WELCOME BACK TO EDGE

Registration for **EDGE** (grade 7 - 8)
2025- 2026 Year is

NOW OPEN!

To Register, visit
www.sttheresecarmel.org/edge
or scan the QR code



First Session will be

Wednesday, Sept 24th
6 - 7:30 pm

Parent Orientation
the first half hour.



Looking for Teens!

7-12th graders

Do you want service hours?



To serve during the 11am Mass, use the
Sign-Up Genius via the QR code.



We are in need of 2-3 volunteers to
make the ministry possible each week.



We will be offering a short training
before you host your first Little Kids
Liturgy.

Upcoming Confirmation Sessions

Sept. 21st & Oct. 5th

YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include
Youth Mass from
5:30 pm - 6:30 pm.
Please arrive on time.



Scan the QR code to view the full calendar,
for more information on this year,
and to **REGISTER**, if you haven't
done so already.



STOCYAM SEPTEMBER EVENTS

All *Young Adults (18 - 39)* are welcome!

18 Faith & Fellowship Night
THURS 7:00 - 9:00 PM, Youth Room

20 Salsa Dance Night
SAT 6:00 - 9:00 PM, Dempsey Social Center

25 Faith & Fellowship Night
THURS 7:00 - 9:00 PM, Youth Room

CONTACT:



ST. THÉRÈSE
OF CARMEL



Meet the Staff



Hi Everyone!

My name is Annalua Corwin, and I'm excited to join the Youth and Young Adult Ministry team at Saint Thérèse of Carmel. I'll be leading the Middle School EDGE group and supporting High School Confirmation, Youth Group events, and the Young Adult group. I'm also working part-time at Notre Dame Academy as the Extended Care teacher.

Saint Therese has always been home to me—I grew up here, received my sacraments, and was active in youth and young adult ministries. It's a gift to return in a leadership role!

I graduated from UC Santa Barbara with a degree in Art and recently returned from Boise, Idaho, where I served as a FOCUS missionary at Boise State University. I'm excited to bring my experience in evangelization and discipleship to the youth of our parish and walk with them in their journey of faith.

Blessings,
Annalua







SAVE THE DATE
Saturday, November 8, 2025
Women's Marian Day Retreat
Theme: *The Visitation*
LOCATION:
ST. THÉRÈSE OF CARMEL
ST. ANNE'S CHAPEL
 Sponsored by the STOC Parish Guild



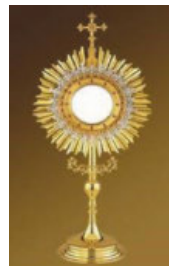
Embark on a transformative exploration of Jesus' life and mission with **Luke: The Story of Salvation Fulfilled**. There are many parables found only in Luke, including the Prodigal Son and The Good Samaritan. The scriptural roots for Mary, the Rosary, and the Mass that are found in Luke will strengthen your relationship with Jesus. Join us. All are welcome!

An 8 week Bible Study Sept 18- Nov 7th
 Thursday evening, 7-8:30PM on Zoom or
 Friday 9:00- 11:00AM in the Dempsey Social Center
REGISTER BY SEPT 17TH
 \$35 Registration fee includes workbook
 Questions: cward@stocsd.org



ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
 (following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM



OUR LADY OF FATIMA Devotion

Host Family:

9/7—9/14: Kathy Hornik
9/14—9/21: Kris & Britin Hanson



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM
 For more information contact the
 Parish Office at
parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following
 Masses:

Sunday, 9/21 after the 9:00AM Mass

Saturday, 9/27 after the 4:30PM Mass



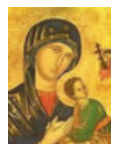
KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION

| September 14, 2025



Mass Intention Calendar

October—December 2025 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR
CONTINUED SUPPORT AND
FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS



Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or remove from this list.

Lisa Carney-Carmichael	Gail McDonnell
Sabrina Cheung	Jack McGuire
Teresa Cox	Carol Nowak
Cathy Daly	Dorothy Nuss
Dan Daly	Paddy O'Donnell
Allison Demmler	Mary Olvera
Charles Dorthàlina	Mauro Pacelli
Lawrence D'Souza	Wendy Papera
Albert Espinola	Roger Parker
Stacey Farley	Leonor Pierce
LaVerne Franke	Jeanne Pirolli
Felix Galasan	Fr. Larry Purcell
Ellen Gallego	Emily Schiller-Reeder
Jake Garcia Sr	Elaine Schlunt
Jonathan Garvey	Romaine Sullivan
Brian Hawkins	Emilia Teotico
Mateus Hemmingson	Tamatha Thomas
Emilia Javier	Diana Todaro
Chuck Kirby	Mytu Tran
MJ Lane	Luverne Travis
Nga Thu Le	Cathleen Yang
Tuan Anh Le	Edly Villanueva
Mark Lotz	Alex Yiu
Mary Marshall	Joe Vondrachek
Cecilia Martin	David Yorck
Virgina McDeed	Binh Vu
Bill McDonnell	Thao Vuong

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

9/7/2025

Basket: \$5,819

Envelope: \$6,401

Online: \$15,500

SDCCC: \$926

Total: \$28,646

Weekly Expenses: \$28,372

Thank you for your continued support
and faithful giving!
Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION



| September 14, 2025

BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

"Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish. Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Tuesday, 7 October 2025	Sunday, 19 October 2025
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 9 December 2025	Sunday, 21 December 2025
Tuesday, 6 January 2026	Sunday, 18 January 2026
Tuesday, 3 February 2026	Sunday, 15 February 2026
Tuesday, 3 March 2026	Sunday, 15 March 2026
Tuesday, 7 April 2026	Sunday, 26 April 2026
Tuesday, 5 May 2026	Sunday, 17 May 2026
Tuesday, 2 June 2026	Sunday, 21 June 2026
Tuesday, 7 July 2026	Sunday, 19 July 2026

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

UPDATED RECORDS

If you have moved, received a new phone number or email, please contact the Parish Office to update your profile!

CALLED TO SERVE!

LITURGY

• Called to Serve:

Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality

• Liturgical Music:

Offering varied musical styles to enrich worship

PRAYER

• Eucharistic Adoration:

Rest in Jesus' true presence & love

• Liturgy of the Hours:

Sanctify the day with psalms & Scripture

• Marian Devotions:

Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through his Blessed Mother

• Healing Prayer:

Experience Christ's mercy & peace

FAITH FORMATION

• Notre Dame Academy:

Catholic education, preschool-8th grade

• Children & Teens:

Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation

• Adults:

Bible studies, Small Faith Sharing groups, Retreats

• Order of Christian Initiation of Adults (OCIA):

OCIA is not just a class, but a journey of conversion and formation to prepare for the sacraments and active membership in the Catholic Church

PARISH LIFE

• Welcome Committee:

Register, connect, and belong

• Young Adults (18-39):

Grow in faith, friendships, service, and fun

• Mom's Ministry:

Faith, friendship, & support at every stage

• Parish Guild:

Fellowship, prayer, & service rooted in Christ

• Knights of Columbus:

Catholic men (18+) serving in charity, unity, and fraternity

• Super Seniors (50+):

Monthly friendship, fun, & community

• Ministry to the Sick & Bereaved:

Bringing Christ's comfort & presence

• Filipino & Chinese Catholics:

Celebrate and support faith traditions

• Community Outreach:

Food & clothing drives, care kits, parish service, pro-life ministry

GET INVOLVED!

Come and see - pray, serve, and grow with us at St. Thérèse of Carmel.

For more info, contact the Parish Office at either 858-481-3232 or parishoffice@stocsd.org

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San Diego, CA

Jeanne A. Shannon, C.P.A.
jeanne@sdtac.com

Jeremiah S. Marquard, C.P.A.
jeremy@sdtac.com

Anne Truitt, M.D. - Parishioner & Nativity School Parent

Board-certified Dermatologist
Fellowship-trained Mohs Micrographic Surgeon
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ebryson@san.rr.com

Wendy Choisser

Realtor® & Parishioner

Coldwell Banker Realty, Del Mar

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Periodontal Disease Surgery and Management

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single crown to replace missing tooth,
no other teeth veneered or treated*



Stephen Hutton, DMD, MS, MPH

- Board Certified Periodontics & Implant Surgery
- Diplomate International Congress of Oral Implantologists
- Certified LANAP Clinician (Laser Periodontal & Implant Regeneration)



Peter Nordland, DMD, MS

- Board Certified Periodontist
- Fellow American Academy of Esthetic Dentistry
- President International Society of Periodontal Plastic Surgeons

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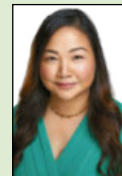


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STEP RIGHT UP! BONJOUR FALL FESTIVAL & PARISH PICNIC!

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When: October 5th, 12-4pm

**Where: NDA Field - Entrance located
through gate by west lower parking lot**

**What: Family Fun!
Games & Prizes - Jumpy House Area
Cake Walk - DJ & Music - Food
Dad's Club Biergarten**

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**Hope to
see you
there!**