

WELCOME!

Address:

4001 N. Cook Street
Spokane, WA. 99207
Phone: (509)482-0803
Fax: (509) 474 - 1027

Website:

hillyardseniorcenter.org

Email: hillyardseniorcenter@yahoo.com

Days and Hours of Operations:

8:30AM - 3:30PM
(Monday - Friday)

CENTER STAFF

JERRY UNRUH

Executive Director
& Activity Coordinator

KAREN CLARK-PARSON

Office Manager

MARY SULLIVAN

Senior Nutrition Manager

SANDI WHITE

Program Assistant

LINDA TICHEY

Bookkeeper

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HILLYARD SENIOR CENTER

NEWSLETTER

4001 N. COOK STREET SPOKANE, WA. 99207



Newsletter Date | June 2022



HAPPY FATHER'S DAY

Sunday, June 19th!!

A MESSAGE FROM THE DIRECTOR

Greetings!



Jackie Salisbury

I can't believe it's June and nearly half the way through the year! May seemed to be a blur as we rolled through activities and a Mother's Day Celebration! Now it's June and time to honor all of the Fathers out there! Here's to all the Dads and Fathers who make sure the cars are maintained, and the lawns are mowed, and spiders get squashed! *I hope that all of you great Fathers enjoy your special day on June 19th!* Thank you is in order for all the ladies of our HSC Board who did a fine job in planning and carrying out our first Mother's Day Luncheon in over 2 years. Special thanks to Membership Board Chair Jackie Salisbury who was the days Host for the event! Jackie and her family put a lot of effort into many of the decorations and door prizes that were awarded at the Mother's Day event! This month there are many great day trips to take advantage of and I hope that you will take the opportunity to go on some of these trips! I want to especially encourage many of you to join us on the Senior Summer Jamboree Trip on June 29th, as we venture north to Colbert WA. For an afternoon of fun games, music, and a delicious Pizza Lunch with our friends from the South.... Pullman Senior Center! It will be a nice afternoon social with good friends! Also, watch for details on an upcoming fundraiser here at HSC in July. We hope to host a Silent Auction Event with great items to bid on, live music, light snacks and most importantly, a chance to help the Senior Center raise a few funds for it's operations. Get your tickets! This is already turning out to be a challenging year financially for HSC, so I hope that you'll participate in some of the upcoming summer and fall fundraising activities to help our organization. Lastly, our 2022 overnight tours are out and filling up as we look forward to traveling again! Also.... Interested in Croquet, call HSC for Info on playing this summer on Tuesday Mornings! Best wishes to you all!

Happy Father's Day! Jerry ☺

The mission of the Hillyard Senior Center is to create a philosophy and provide an environment which encourages seniors to keep active in mind, body and spirit; to meet other friends; to share interests with others who enjoy living their life to it's fullest!



TALES & TRIBUTES

Thanks to those who donated supplies to the office recently, including Mary Simpson, Peggy McLaughlin, Letha Kowalski, Pat Palmer, Barbara Heywood, Carol Davis, Georgia & Bob Shumaker, and anonymous donors.

We also greatly appreciate all those who made cash donations, memorials, and senior pledges this month, including: Dorothy & Dave Hutchisson, Winnie Moore, Marlene Whitney, Caryl and Wendy Dooley, Melody Miller, Patty Pein, Ethel Cutler, Gertrude Foster, Nancy Welker, Kathy Fisher, Jan Thread, and anonymous donors. Your generosity makes a big difference! Thank you!

Best wishes to all our members who have been ill or had surgery, including Donna Fox, Darlene Humphrey, John Ornee, Ellen Adams' son, and others we may not be aware of. We are wishing you all a speedy recovery!

Note: Please let us know when someone has passed away or has been ill so that we may send a card. Thank you!

HSC May Scrap Book Photos!



Jackie & Ed Engel's Fiesta Hats!



May Activities at HSC!



Mariachi Band Perform at the Fiesta Birthday Party!



Many of our ladies wearing their Mother's Day Hats! It was a nice party for our HSC Mothers!



A lot of great music performed at the HSC May Jam Session!



Kim Bailey Shows off a Beautiful Hat at the Mother's Day Luncheon!

THANK YOU— PENNY BINGO SPONOR!

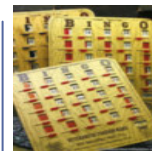


421 Riverside (Downtown Branch)



1st Interstate Bank Sponsors PRIZES & Their Time!

Yes, PENNY BINGO is BACK!! Hillyard Senior Center is partnering with First Interstate Bank for our Penny Bingo Program! Bingo Games are **Tuesdays & Thursdays** and winners will



receive pennies once again! Winners of individual bingo games will still be entered for occasional Prize Drawings to be given out at the conclusion of the Bingo session! In addition, employees of First Interstate Downtown Branch will periodically be on hand as volunteer callers for the program! **Special Thanks** goes to Manager, **Chris Cornell at First Interstate Bank Downtown Branch Manager** for leading the way in helping to support the BINGO Program here at Hillyard Senior Center!



HILLYARD CENTER ANNOUNCEMENTS – JUNE

Hawaiian Theme Birthday Party! : Join us for our Hawaiian Theme Birthday Party on **Wednesday, June 8th**, for lunch at 12:00 and stay for the party (including entertainment) at 1:00 until about 2:30pm! Due to social distancing, this event is limited to 54 people, so please call the office at 509-482-0803 to register. PLEASE specify that you will be at lunch, the party only, or both. Since seating is limited, those coming for both lunch and the party will have preference. Remember to wear **Hawaiian** clothing or bright colors!



WA Senior Farmers Market Coupon Applications! There's still time to pick up Farmers Market Coupon Applications at the HSC office. To qualify, you must live in WA state, be at least 60 years of age (55 if you are Native American/Alaska Native), and make


less than \$25,142 annually for one person or \$33,874 annually for two people. The application only takes about 1 minute to fill out and must be submitted by June 8, 2022. Submission information is on the application. Recipients are drawn in a lottery. (Some years everyone who applies, receives vouchers). Each successful applicant will receive \$80 worth of vouchers which can be used to buy fruits and vegetables at local farmers markets.! If you have questions, please call the HSC office at 509-482-0803. See Hillyard Market Kickoff on page 13 of this newsletter.

Karaoke Day – All about Fun, No Anxiety!

Have some fun singing (or just listening) at our next Karaoke Day, Wednesday, June 15th from 1:00-3:00! No need to be a "professional singer." Just come and have fun. Call the office to register for lunch that day, and make an afternoon of it!



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DAY TRIPS & TOURS

Upcoming Day Trips

NOTE: Call HSC at 482-0803 to see when Trip Registration for June Trips will begin!



Breakfast Out

Wednesday, June 6th (* Easy)
\$6 Member / Non-Member \$9



Join your Director and friends from the HSC for a delicious breakfast at **The Village Kitchen Restaurant in Priest River**. Enjoy the beautiful drive, and have breakfast at a local Idaho area restaurant. **Remember breakfast is on your own**. Hurry this trip fills fast! Trip price includes Transportation, and Escort. HSC Pick-up is at 9:30am, and Home pick-ups before.

Northwood's Spring Chorale:

"A Million Dreams" - Circle Moon
Tuesday, June 7th (* Easy)
\$32 Member / Non-Member \$35



Enjoy the beautiful summer drive through the country and a wonderful Bacon Wrapped Chicken Dinner at the **Circle Moon Dinner Theatre**. Many powerful talents of the Northwoods Performing Arts Chorale will join forces to create an over-the-top musical performance entitled "A Million Dreams". This group is always fantastic! Don't miss it! Trip price includes: Transportation, Dinner Show, and Escort. HSC pickup is at 3:30pm and Home pickups before.

Spokane Civic Theater Presents:

"Murder on the Oriental Express"
Sunday, June 19th (* Easy)
\$37 Member / Non-Member \$40



The Classic Agatha Christie's *Murder on the Orient Express* is a plot-twist masterpiece that has thrilled mystery lovers from television, radio, film, and now theatre. Just after midnight, a snowdrift stops the Orient Express in its tracks. The luxurious train is surprisingly full for the time of the year, but by the morning it is one passenger fewer. An American tycoon lies dead in his compartment, stabbed a dozen times, his door locked from the inside. Isolated and with a killer in their midst, the passengers rely on detective Hercule Poirot to identify the murderer – in case he or she decides to strike again. **Limited Seats available!** HSC Pickup at 12:45pm, 2:00pm Matinee Show!

Casino Trip to CDA Casino

Monday, May 20th (** Moderate)
\$12 Member / Non-Member \$15

We'll enjoy "Senior Day" out at the Coeur d' Alene Casino. Receive bonus extra play, \$5 meal points



on lunch, and more! The drive to Worley is beautiful, gambling is fun, and when you're finished relax in one of their restaurants or hotel lobby. Register early for this trip, space is limited! Trip price includes: Transportation, and Escort. HSC pickup is at 9:00am and no home pick-ups.

Spokane Indians vs. Everett Aqua Sox Baseball Game!



Thursday, June 23rd (* Easy)
\$15 Member / Non-Member \$18

We can't let the summer pass by without going to see our Spokane Indians play! Get your fill of hot dogs and peanuts while being entertained by our hometown **Spokane Indians –vs- the Everett Aqua Sox** (Seattle Mariners Minor League team). See the Indians entertaining mascot "Otto" from the *Spokaneasaurus* species. Trip price includes: Transportation, Escort, and Game Admission. HSC pickup is at 5:45pm and Home pickups before.

Senior Summer Jamboree!!

Wednesday, June 29th (* Easy)
\$17 Member / Non-Member \$20

Enjoy a great social event with Pullman Senior Center and a nice Pizza lunch, fun Lawn Games, and music by **The "Jerry-At-Tricks Band"**.



Trip includes: Transportation, Pizza Lunch, Admission, music games and Escort. HSC Pickup at 11:00am, and Home pick-ups before!.



NOTICE: HSC will still require Masks to be worn while seated in our buses!

HILLYARD SENIOR CENTER TRIPS & TOURS INFO !

Hillyard Senior Center's trip and tour policy for travel. The policy is to establish voluntary participation and assure fair and equal access to sign up for any and all trips & tours.

* Our travel policy will incorporate call in, mail in, and walk in reservations. The center will utilize a first pay, first go, method for registration. Phone and walk in reservations DO NOT guarantee a spot on a trip.

* Participants who call in and request to be signed up on a trip but are unpaid are simply considered to be on an interest list. When participant's money has been received and a receipt has been issued, then and only then is a person considered to be a registered participant of the trip and their spot guaranteed.

* Interest sign ups and paid registration will be done at the Hillyard Senior Center office (4001 N. Cook 482-0803).

Sign up for all trips will be taken at 8:30 am following the receipt of the newsletter. (sorry we cannot control the order in which everyone receives their mail). Participants may contact our office (482-0803) to get an estimated date of registration each month.

* Participants living outside of the normal van pickup boundaries (North to Weile, East to Freya, West to Division, and South to Indiana) will be considered for a trip home pick-up on an individual basis depending on the location of the trip's destination.

* Non members of the Hillyard Senior Center are allowed to participate in a day trip at the Non-Member price.

* Hillyard Senior Center will no longer refund participants for cancellations of day trips or tours. However, if a cancellation is made at least 5 working days prior to the trip, a credit will be issued for the use of a

trip at a later date. NON-Refundable Deposits apply to most overnight tours.

* Individuals requesting a home pick-up should add an additional \$3.00 to the trip advertised price.

* **NOTE:** Your registration and participation in a travel trip with Hillyard Senior Center is considered a voluntary acceptance of liability and shall not hold HSC responsible for any participants own negligence.



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HSC CRAFT GROUP

Thursdays, (AM)

9:00am—12:00pm

Located in the HSC Craft Room

Join our Crafty Ladies here at HSC. They meet every Thursday morning and have a lot of fun creating unique craft items and socializing together! (Free) . See you Thursdays in the craft room!



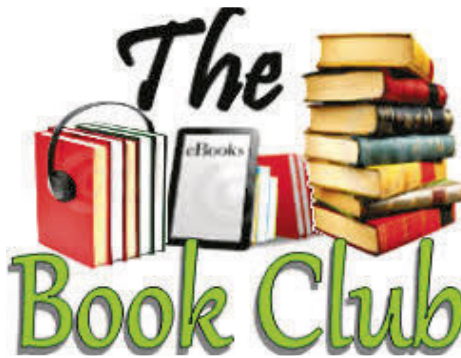
HSC BOOK CLUB

Tuesday, June 21st

10:00am—12:00pm

Located in the HSC Craft Room

Did you know that Hillyard Senior Center has a monthly Book Club that meets the 3rd Tuesday of each month. (Free) The group selects a different book each month to read and discuss at their meetings.



DRAW & COLORING GROUP

Select - Friday Mornings

10:00am—12:00pm

Located in the Craft Room

Do you remember liking to Draw or Color? Here's a chance to grab a pencil, or colored pencils and do a little drawing or adult coloring. There's no bad drawing and it's a great social activity that you'll really enjoy getting back into doing! Come join and meet others who enjoy this form of art!



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Total Giving

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Foundation Grants \$158,716
Bank Donations \$120,136
Employee Matching \$49,394

Volunteer Hours

1,645



Volunteer Activities

222

Nonprofits Served

80



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Presentations Given 36
Attendees Present 640
Info Packets Distributed 306

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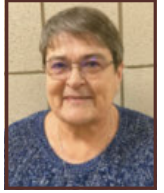


“A MESSAGE”

May Word Scramble Answers

- 1. VISIT RIVERFRONT PARK
- 2. SLIDE ON A RADIO FLYER WAGON
- 3. CROSS THE SWINGING BRIDGE
- 4. STROLL MANITO GARDENS
- 5. BIKE CENTENNIAL TRAIL
- 6. SPOKANE FISH HATCHERY
- 7. BLUE ZOO AT NORTHTOWN
- 8. TURNBULL WILDLIFE REFUGE
- 9. GREEN BLUFF MARKETS
- 10. SKYRIDE OVER THE FALLS
- 11. CAT TALES WILDLIFE CENTER
- 12. PAINTED ROCKS NATURE TRAIL

FROM THE PRESIDENT:



Dear HSC Members,

Happy Summer! I hope you all enjoyed your Mother's Day in May with your families! We enjoyed hosting our Mother's Day lunch with many of you!

More events are in the planning, so come out and support them when they're offered here at HSC! We're always looking for more Card players and Mexican Train players! Check them out on the activity calendar and then come give them a try! There's lots to do so come be a part of it! Have a Great Month of June!

Linda



JUNE WORD SCRAMBLE—WHAT'S HAPPENING!

- 1. RAITGOUDNA SRAITPE _____
- 2. TERSHFA DAY SBIENACTREOL _____
- 3. UNSQEE AMUITPNL EJBLIUE _____
- 4. TWRRSAYBRE VEIASFLT _____
- 5. MMUSER LCSITSEO _____
- 6. KABRADYC SABEECRBU _____
- 7. TFTESAR TA TEH MAC _____
- 8. MSNWIGIM PLOOS ENPO _____
- 9. IHDLRLYA LAKHLACKARTW _____
- 10. SOOHPTFE TTUARNMONE _____
- 11. NIOATM ARKP ATR VSLTAFIE _____



SILVER CAFÉ JUNE LUNCH MENU



WEDNESDAY, JUNE 1

Cheeseburger
on a bun
Baked beans
Sliced pears
Milk or juice

THURSDAY, JUNE 2

Beef with mushroom gravy
Mashed potatoes
Mixed vegetables
Applesauce; Roll
Milk or juice

FRIDAY, JUNE 3

Creamy tuna pasta salad
Sliced beets
Peaches
Roll
Milk or juice

MONDAY, JUNE 6

Egg salad sandwich
on a bun
Celery & baby carrots
Sliced peaches
Milk or juice

TUESDAY, JUNE 7

Beef stroganoff
Broccoli
Sliced apples
Roll
Milk or juice

WEDNESDAY, JUNE 8 HAWAIIAN BDAY PARTY!

Teriyaki chicken stir fry
Brown rice; stir fry veggies
Pineapple; Roll
Milk or juice



THURSDAY, JUNE 9

Asian chicken salad
3 bean salad
Sliced pears
Roll
Milk or juice

FRIDAY, JUNE 10

Italian meatball sub
on a hoagie roll
Green beans
Applesauce
Milk or juice

MONDAY, JUNE 13

Shepherd's pie
Mashed potatoes
Spinach
Sliced pears; Roll
Milk or juice

TUESDAY, JUNE 14

Creamy chicken tomato
pasta salad
Veg salad
Applesauce; Roll
Milk or juice

WEDNESDAY, JUNE 15

KARAOKE DAY!
Beef stew; Corn
Sliced apples
Roll
Milk or juice



THURSDAY, JUNE 16

Greek chicken gyro
with pita bread
Pineapple
Cold slaw
Milk or juice

FRIDAY, JUNE 17

Chicken fajita chili
Peas and carrots
Peaches
Roll
Milk or juice

MONDAY, JUNE 20

Baked fish
Rice pilaf
Mixed vegetables
Pears; Roll
Milk or juice

TUESDAY, JUNE 21

Salisbury steak
Steamed potatoes
Carrots
Applesauce; Roll
Milk or juice

WEDNESDAY, JUNE 22

Baked chicken sandwich
on a bun
Country blend vegetables
Apples
Milk or juice

THURSDAY, JUNE 23

Spaghetti
Green beans
Pineapple
Roll
Milk or juice

FRIDAY, JUNE 24

Taco salad
Sweet corn
Peaches
Tortilla chips
Milk or juice

MONDAY, JUNE 27

Chicken pasta salad
Roasted corn salad
Applesauce
Roll
Milk or juice

TUESDAY, JUNE 28

Fish sandwich
on a bun
Mixed vegetables
Peaches
Milk or juice

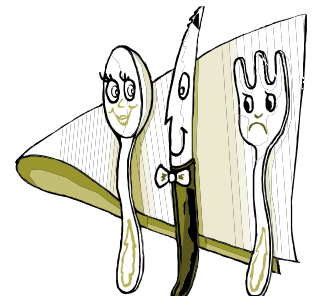
WEDNESDAY, JUNE 29

Swedish meatballs
Brown rice
Peas and carrots
Pears; Roll
Milk or juice

THURSDAY, JUNE 30

Turkey sandwich
on a bun
Broccoli slaw
Sliced apples
Milk or juice

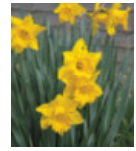
June Lunch Menu








Silver Café: The Senior Nutrition Program of Spokane County and Aging and Long Term Care of Eastern Washington, is funded by the Federal Older American Act & Senior Citizen Services of Eastern Washington. Milk or juice are served with meals. Call 482-0803 by 12:00 noon the day before you plan to eat, so we can order your meal. Cancel as soon as possible, so someone else may have your meal. Suggested donation \$5.00. Please sign in when you arrive for the meal.



JUNE ACTIVITY CALENDAR



09

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		9:00-12:00 Canasta 12:00 Lunch 1:00-3:00 <u>Dance</u> 	9:00-12:00 Crafts Group 12:00 Lunch 1:00-3:00 Bingo 1:00-3:00 H. Belles	9:00-11:30 <u>Cards: "13"</u> 9:00-11:45 <u>Draw/Color</u> 11:45 Lunch 12:15-3:00 Canasta 12:45-3:00 Pinochle
6	7	8	9	10
9:00-12:00 Canasta 12:00 Lunch 1:00-2:00 <u>Sr. Fitness</u> 1:00-2:00 <u>Water Colors</u> 1:00-2:30 <u>Shopping</u>	12:00 Lunch 12:30-3:00 Ceramics 1:00-3:00 Bingo	9:00-12:00 Canasta 12:00-3:00 <u>Lunch & Hawaiian Theme Birthday Party!</u> 	9:00-12:00 Crafts Group 12:00 Lunch 1:00-3:00 Bingo 1:00-3:00 H. Belles	9:00-11:30 <u>Cards:"13"</u> 11:45 Lunch 12:15-3:00 <u>Canasta & Cribbage</u> 12:45-3:00 Pinochle
13	14	15	16	17
9:00-12:00 Canasta 12:00 Lunch 1:00-2:00 <u>Sr. Fitness</u> 1:00-2:00 <u>Water Colors</u>	9:30-11:30 <u>Board Meets</u> 12:00 Lunch 12:30-3:00 Ceramics 1:00-3:00 Bingo	9:00-12:00 Canasta 12:00 Lunch 12:30-2:00 <u>Cardmaking</u> 1:00-3:00 <u>Karaoke!</u>  1:00-3:00 <u>Mex. Train</u>	9:00-12:00 Crafts Group 12:00 Lunch 1:00-3:00 <u>Super Bingo</u>  1:00-3:00 H. Belles	9:00-11:30 <u>Cards: "13"</u> 9:00-11:45 <u>Draw/Color</u> 11:45 Lunch 12:15-3:00 <u>Canasta</u> 12:45-3:00 Pinochle
20	21	22	23	24
9:00-12:00 Canasta 12:00 Lunch 1:00-2:00 <u>Sr. Fitness</u> 1:00-2:00 <u>Water Colors</u>	9:30-11:00 Book Club 12:00 Lunch 12:30-3:00 Ceramics 1:00-3:00 Bingo	9:00-12:00 Canasta 12:00 Lunch 12:30-2:00 <u>Movie Day</u>  1:00-3:00 <u>Mex. Train</u>	9:00-12:00 Crafts Group 12:00 Lunch 1:00-3:00 Bingo 1:00-3:00 H. Belles	9:00-11:30 <u>Cards: "13"</u> 11:45 Lunch 12:15-3:00 <u>Canasta & Cribbage</u> 12:45-3:00 Pinochle
27	28	<h1>Happy Father's Day!</h1>		
9:00-12:00 Canasta 12:00 Lunch 1:00-2:00 <u>Sr. Fitness</u> 1:00-2:00 <u>Water Colors</u>	8:30-3:00 <u>Foot Care</u> 12:00 Lunch 12:30-3:00 Ceramics 1:00-3:00 Bingo			

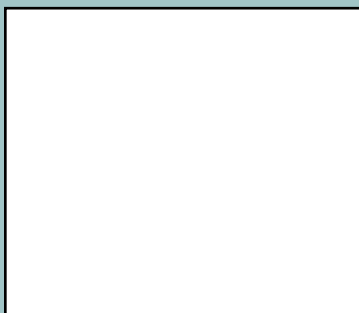
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STAY UPDATED WITH HAPPENINGS AROUND THE CENTER

RECREATIONAL ACTIVITIES:

MEXICAN TRAIN:

Select Wednesdays (PM)
1:00pm-3:00pm
\$2.00

CANASTA:

Monday / Wednesdays (AM)
9:00am-12:00pm
Friday (PM) 12:30-3:00
\$2.00

PENNY BINGO:

Tuesday & Thursday (PM)
1:00pm-3:00pm
Donation / Penny per card

PINOCHLE:

Fridays (PM)
12:45pm-3:00pm
\$2.00

CRIBBAGE:

Select Fridays (PM)
1:00pm-3:00pm
\$2.00

"13"THIRTEEN: (NEW!)

Fridays (AM)
9:30am-11:30am
Introductory Class \$ Donation

CERAMICS:

Tuesdays (PM)
12:30pm-3:00pm
\$50.00 / Qtr

DRAWING / COLORING:

Select Fridays (AM)
9:00am-11:45pm
\$ FREE

CROQUET LEAGUE:

Tuesdays (AM) (June-Aug)
9:00am-11:00am
\$ FREE

WII BOWLING :

Fridays (AM) (Sept-March)
8:30am-12:00pm
\$ FREE

SPECIAL EVENTS:

BIRTHDAY PARTIES:

2nd -Wednesdays (PM)
1:00pm-2:30pm
Lunch served before at 12:00pm
Sign up for lunch is required!
Call 482-0803 to reserve lunch

MOVIE DAY:

last -Wednesday (PM)
12:30pm-2:30pm
\$1.00 donation for Popcorn & Drink
Lunch served before at 12:00pm
Sign up for lunch is required!
Call 482-0803 to reserve lunch

MUSIC JAM SESSIONS:

Select Wednesdays (PM)
1:00pm-3:00pm
Lunch served before at 12:00pm
Sign up for lunch is required!
Call 482-0803 to reserve lunch
\$ FREE

MONTHLY DANCES:

1st -Wednesday (PM)
1:00pm-3:00pm
\$2.00
Lunch served before at 12:00pm
Sign up for lunch is required!
Call 482-0803 to reserve lunch

KARAOKE:

Select -Wednesdays (PM)
1:00pm-3:00pm
\$ FREE
Lunch served before at 12:00pm
Sign up for lunch is required!
Call 482-0803 to reserve lunch

OSBORN FILES:

Select -Wednesday (AM)
10:30AM - 11:30AM
Lunch served after at 12:00pm
Sign up for lunch is required!
Call 482-0803 to reserve lunch

OTHER HSC CLASSES:

MATTER OF BALANCE:

Select Fridays (PM)
12:30pm-2:30pm
\$ FREE

COOKING CLASS:

"Eating Smart - Being Active"
Select Mondays (AM)
10:00pm-12:00pm
\$ FREE

A.A.R.P. DRIVERS SAFETY:

Select Days (ALL Day)
8:30pm-4:30pm
\$15 AARP Members / \$20 Non Members

PAINTING—WATER COLORS: (NEW!)

Select Mondays (PM)
1:00pm-2:00pm
Introductory Class \$ FREE

CARDMAKING:

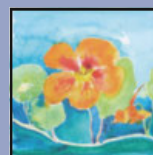
Select Wednesdays (PM)
12:30pm-2:00pm
\$ 3.00

NEW! CARD GAME & CLASS:

"The Card Game: **"13"**
Friday Mornings, 9:30am-11:30
"Come Learn A New Fun Card Game"
"Assembly Room"
Suggested \$2 Donation

NEW ART CLASS at HSC:

Water Colors
Painting Class!
Mondays (Craft Room)
1:00-2:00pm
New Classes in Fall !



LEAVING A LEGACY:

YOUR LEGACY, HSC'S FUTURE

Most of us, if given a chance, would like to leave some kind of legacy to show that our lives made a difference to others in this world.

In the past, only a privileged few could think about leaving legacies. But now, with tax-favored ways of giving, many of us can experience the joy that comes from making a difference in the lives of others. Many of you tell us the Hillyard Senior Center is your "Home Away From Home," and others mention that this place has been a true blessing in your lives.

With these thoughts in mind, if you want to help sustain the Hillyard Senior Center for others to enjoy for years to come, please talk to your attorney or financial planner about providing a gift now or in the future!

NON -DISCRIMINATION STATEMENT

The Hillyard Senior Center does not discriminate on the basis of age, sex, gender, race, color, creed, national origin or disability.



SERVICES OFFERED BY HILLYARD SENIOR CENTER

FOOT CARE SERVICE:

Hillyard Senior Center welcomes Aleen Warren, a certified & professionally trained footcare specialist nurse who will provide a 30 minute individual footcare appointment to addresses thick or weakened toenails, blisters, calluses, corns, ingrown and yellow nails which are all common to many feet. This is not just a toenail clipping but rather a full service foot care! 30 min. appointments. \$35. Call HSC 482-0803 for reservations or more info!



MASSAGE CARE SERVICE:

We are hoping to bring on a new Massage Care Specialist to once again provide 15 minute chair massages. Check back with our office at 482-0803 for when HSC may return this service to it's program.



TAX AID SERVICE:

Did you know that every year February-April 15th, AARP tax specialist volunteers offer free basic tax preparation right here in the NE Community Center. Appointments begin in January and continue until April 15th. Contact the NE Community Center Front desk for the phone number to make your tax preparation appointment! Call 487-1603 for more info! Get tax preparation help you need!



EDUCATIONAL TOPICS/ SPEAKERS:

Each Month Hillyard Senior Center offer education speakers / workshops. Watch the HSC Newsletter Activity Calendar and Center Announcements for these very worthwhile educational and important topics for seniors.



LIBRARY DAY CHECKOUT SERVICE:

If you can't get to the Library, don't worry as representatives from the Hillyard Library Branch bring the Library to us one day a month. They have a selection of Books and CD's to checkout and they will even help you apply for a new Library Card if you don't currently have one!



LIVING CONNECTION SERVICE:

A one stop shop for help with coordinating many senior services. This organization is located here in the NE Community Center!

S.N.A.P SERVICES:

SNAP, or Spokane Neighborhood Action Program, has many services available. These include energy assistance, essential home repairs, homeless street outreach, affordable housing service, home buyers down payment or closing cost assistance loans, and Spokane "ride to health," to name a few. SNAP's number is 456-SNAP.



SPECIAL EVENTS

June Dance | Birthday Party | Karaoke

Call HSC at 482-0803 to make your reservation for lunch and these fun special events!!



Monthly Dance!

Wednesday June, 1st
1:00-3:00PM
\$2.00 Donation

(Call HSC to sign up for lunch before!)



Birthday Party! & Social!

Wednesday, June 8th
12:00-2:30PM
Free Admission!

(Call HSC to sign up for lunch before!)



Karaoke Day!

Wednesday, June 15th
1:00-3:00PM
Free Admission!

(Call HSC to sign up for lunch before!)

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emailed to you at
www.mycommunityonline.com





HILLYARD FARMER'S MARKET

SUMMER KICKOFF PARTY!

Monday, June 6th, 2022
3:00 - 7:00 p.m.
Northeast Community Center
4001 N Cook St, Spokane, WA 99207

Free Admission!
Games!
Prizes!
Free Legal Aid!

Free Food!
Job Fair!
Live Music!
Summer Programming for Adults and Students!

Amerigroup | Northeast Community Center | ZONE | Spokane Public Schools

"Live Music" By HSC Director Jerry Unruh
4:00PM—7:00PM on Cook St. @ NECCA

Movie Day on the Big Screen!

Disney's Adventure




"Jungle Cruise"

Starring: Dwayne Johnson & Emily Blunt!

Wednesday June, 22nd

12:30PM Showtime

\$1.00 DONATION & FREE POPCORN!

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



Hillyard Senior Center



4001 N. Cook
(509) 482-0803



"Where Friends Meet Friends"

Hillyard Senior Center – Membership Registration Form:

Name: _____ Phone Number: _____

Address: _____ Membership Cost: **(\$20 or \$30 per couple)**
Renews every January

City: _____ State: _____ Zip: _____ Date of Birth: ___/___/___

Emergency Contact: _____

Mail Check or Money Order To:
Hillyard Senior Center
4001 N. Cook St.
Spokane, WA. 99207

Emergency Phone: _____

_____ Email Address

The following information is voluntary and will only be used to support data requested by any grantors contracted with the Hillyard Senior Center for financial support. It should be understood that any information collected in this section in regards to ethnicity, income, and or race is done so at a grantor's request. This information will be strictly confidential.

Please Check any of the following that may apply:

ETHNICITY:

Hispanic or Latino _____ NOT Hispanic or Latino _____



RACE: (Check from the following)

- White _____ Asian _____
- Black / African American _____ Asian & White _____
- Black / African American & White _____ Native Hawaiian / Other Pacific Islander _____
- American Indian/ Alaskan Native _____ American Indian/ Alaskan Native & Black / African American _____
- American Indian/ Alaskan Native & White _____ Other _____

INCOME: (Please circle applicable Income under your Family Size)

<u>Income & Number in your Household:</u>					
<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
\$12,100	\$13,850	\$15,500	\$17,300	\$18,700	\$20,050
\$20,150	\$23,050	\$25,900	\$28,800	\$31,100	\$33,400
\$32,250	\$36,900	\$41,500	\$46,100	\$49,800	\$53,500

Check if you are the
HEAD OF HOUSEHOLD:
Female _____
Male _____

Peanut Butter-Choc. No Bake Cookies

(Yields 60 Cookies)

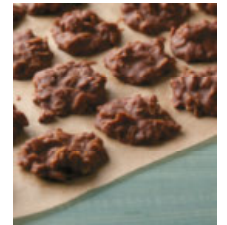
Ingredients:

- 2 cups sugar
- 1/2 cup milk
- 1 stick (8 tablespoons) unsalted butter
- 1/4 cup unsweetened cocoa powder
- 3 cups old-fashioned rolled oats
- 1 cup smooth peanut butter
- 1 tablespoon pure vanilla extract
- Large pinch kosher salt

Directions:

1. Line a baking sheet with wax paper or parchment.
2. Bring the sugar, milk, butter and cocoa to a boil in a medium saucepan over medium heat, stirring occasionally, then let boil for 1 minute. Remove from the heat. Add the oats, peanut butter, vanilla and salt, and stir to combine.
3. Drop teaspoonfuls of the mixture onto the prepared baking sheet, and let sit at

room temperature until cooled and hardened, about 30 minutes. Refrigerate in an airtight container for up to 3 days.

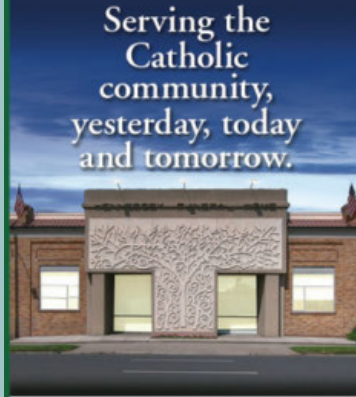


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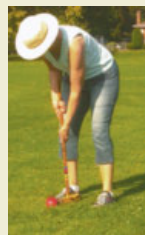
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Bobbi Sabo	

HSC SUMMER EVENT !!



Senior Summer Jamboree!

Hillyard Senior Center will again be hosting a [Summer Senior Jamboree Day on Wed. JUNE 29th](#), from 11:00AM-2:30PM at the Colbert Trading Co. & Pizza Parlor in Colbert! The Party will include a delicious Pizza lunch & Soda, Entertainment from the [Jerry-At-Tricks](#),



and fun [Lawn Games with Door Prizes](#). See the Sign up information on the [Trips and Tours Page of this newsletter](#). Join others from HSC and from [Pullman Senior Center](#) for this fun summer party! Registration is being taken at the HSC office at 482-0803, The Cost for the event is just [\\$17.00 each](#) !



Affiliated with
City of Spokane
Parks & Recreation
Department

