

SAN RAFAEL GOLDENAIRES NEWSETTE

NOVEMBER

2021

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CONTACT US

www.srgoldenaires.org
(415) 485-3348

OFFICE HOURS

Mon, Tues, Wed, Fri
10:00am - 2:00pm
(CLOSED THURSDAYS)



CRAFTS SALE

**November 13th
11am-4pm**



Looking for a special gift? The craft group has been busy creating a wide variety of fantastic items including: kitchen towels, sweaters, scarves, gloves, slippers, holiday decorations and much more. The watercolor group will also be selling beautiful handmade cards and paintings.

Do you have something you would like to donate for the sale? Contact the office and we can put you in touch with Elida.

BAKE SALE

Saturday, November 13th, 11am-4pm

Come down to the Community Center and pick up some delicious homemade sweets and treats. Stay and play some bingo if you like.

Ready - Set - Bake!

It's time to preheat the oven and get out that secret family recipe. We need your delicious baked items for the fundraising sale. Whole cakes, pies, cupcakes, and cookies are requested. You can bring them by on Friday, November 12th, 10am-2pm. If you can't make it Friday, come Saturday at 10:00am.



ORGANIZATION INFORMATION

ABOUT US

Mission Statement

The purpose of the San Rafael Goldenaires is to offer opportunities for senior citizens (persons 62 years of age or older) to participate in recreational, cultural, educational, community service and social welfare activities.

San Rafael Goldenaires Senior Citizens Organization, Inc. and the Library & Recreation Department / San Rafael Community Center

Location

618 B Street | San Rafael, CA 94901
Next to Safeway, off 2nd Street

Phone: (415) 485 - 3348

Fax: (415) 485- 3186

Non-Profit #59-3837185

All Goldenaires activities take place at the ADA accessible San Rafael Community Center.

Annual Membership

Have a friend who would like to join the Goldenaires? Annual membership fee is \$35/ year through December 31, 2022. Name badge is optional - \$12 fee. Members must be 62 years of age and may reside anywhere, not just Marin County!

Office Hours

Mon, Tues, Wed, Fri
10:00am - 2:00pm
CLOSED THURSDAYS

Office will be closed:

Thursdays

2020 BOARD OF DIRECTORS

President

Chris Chew

Vice President

Elida Canziani

Recording Secretary

Dorothy Rogers

Treasurer

Effie Lee

Past President

Vacant

Board Members

Bette Bohman

Cindylu Janisen

Marilyn Ryan

Bill Raudio

Donna Robertson

Carol Cox

COMMITTEE CHAIRPERSONS

Kitchen A: Jackie, Carol & Pat

Kitchen B: Effie Lee & Crew

Bingo: Lynne Goodfellow & Crew

Decorations: Sherilyn Chew

Crafts: Elida Canziani & Mary Ellen Chronister

Newsette: Bill Raudio

Dances: Jackie Dema, Rose Marie Heckman, Gwen Long, Cindylu Janisen, Bette Bohman

Office Volunteers: Marcia Higgins, Dorothy Rogers, Gina Ranney, Karen Falk

Program Coordinator:

Patty McCulley

Memorial Fund

San Rafael Goldenaires Organization appreciates all bequests, whether large or small. All gifts either in memory of a loved one, a friend or in your estate helps with the continued programs and success of this organization. For many of our deceased members, their families have listed the Goldenaires as a recipient to send donations. We deeply appreciate your support as these monies allow us to offer programs and services at either a reduced cost or no cost to the members. Donations are 100% tax deductible. Thank you!

Thank You!

Effie Lee, CindyLu Janisen & Donna Robertson



Dear Goldenaires,

Well, the holidays are fast approaching and I hope they'll be much more festive than they were last year!



With most of our seniors having been thoughtful and cautious throughout the pandemic, and now vaccinated, we look forward to seeing other vaccinated friends and family members safely and with joy! It's been a long and arduous 18 months and I look forward to seeing you soon, now that we have finally opened our office and started a few activities with safety protocols in place!

Mahalo – that's Hawaiian for Thank You – to all of our Helper Ohana (family) that came out to help at our Hawaiian Luau Takeout meal pick-up: Bob, Dorothy, Donna, Carol and Sherilyn! Tropical décor supplied by Sherilyn and Carol, and everyone dressed with island flair swept us away on a mini vacation, even if it was for just a couple hours! The Spirit of Aloha was present and shared amongst all who came! Congratulations to the lucky winners of the Hawaiian Luau Lunch Raffle:

- Hawaiian-themed Gift Basket filled with goodies – Rae Ann Marler
- \$25 Safeway Gift Certificate – Donna Robertson
- \$25 Goldenaires Gift Certificate – Sherilyn Chew
- \$20 Starbucks Gift Certificate – Gilbert Iwanaga
- \$15 Goldenaires Gift Certificate – Sherilyn Chew

Our first in-house gathering will be on Saturday, November 13, 2021, 11:00 am – 4:00 pm. Our Bingo Luncheon with Bake Sale and Craft Sale will be in place of our annual Craft Fair, since there wasn't enough time to get it all together. We hope you'll join us and see friends and enjoy a meal! It's been so long!

Then on Friday, December 10, get into the spirit of the holiday season, as you are all invited to the "Winter Holiday Gala," which we have moved from evening to afternoon, so more members, family and friends can join us for a fabulous traditional Turkey Dinner by Debbie Ghiringhelli Catering, with all the trimmings, mashed potatoes, peas & carrots, tossed green salad, jolly cranberry jello mold, rolls & butter and pumpkin pie! Plus, after the delicious meal, enjoy dancing to the big band sounds of the Lee Russell Band, who are really looking forward to playing for us again! Gala tickets will be \$40 for members and \$45 for non-members. Also, our "Winter Raffle" will be on again, raffle tickets will be

\$1 each or 12 tickets for \$10, and we will also have a Special Holiday Raffle Basket and tickets will be \$5 each or 5 for \$20. As our first big fundraiser since before the pandemic, we hope this will be a big success to support the Goldenaires, so, please invite your family and friends, and make sure other members attend, to join us in the festive celebrations of Winter and the holidays! If that doesn't get us in the holiday mood, I don't know what will! Also, we'll have the Installation of the New Board of Directors.

Don't forget to join me, Sherilyn, Carol, Donna and Jackie for our "Harvest Feast" (October) luncheon takeout, and Dorothy and Bob will be back for the "Fall Festival" (November) luncheon takeout – our last ones for the year! We are always so happy to see you all!



Wednesday Bingo has started and we hope everyone will be eager to come out and participate! We look forward to seeing many new faces joining our "regulars," and being at our first General Meeting before the October 27 Bingo at 11:30 am.

In the meantime, send in your dues for 2022, now, so you can take advantage of member prices on activities, shows, etc, now through next year!

Wishing you all a safe and HAPPY THANKSGIVING!

Chris Chew



President



GOLDNAIRES NEWS & UPDATES

SUNSHINE REPORT

"The future belongs to those who believe
in the beauty of their dreams."

by Eleanor Roosevelt

Departed Members

Gladys Stella, sister of Effie Lee, our treasurer will be greatly missed. Elizabeth (Betty) Alderson Reddell, was a member of Goldenaires years ago, passed away on her 98th birthday August 18th. We remember with sadness and sorrow, all our relatives and members.

Do you know of a fellow member that could use a bit of cheer? Please let us know. Call 415-485-3348 or email srgoldenaires.org. We are looking for more "sunshine" to report about. If you know of a member who is celebrating a special anniversary, a birthday over 90, a birth of a new grand/great grand child...Please let the office know and we will pass along the news to Sunshine chairperson, Lorraine Raggio.

GENERAL MEETING

Goldenaires Monthly General Meeting November 24th—11:30am

Keep up to date on what is happening with your club. Join us for the monthly general meeting where the Executive Board minutes are read, Treasurer's report is given and there is open time for new business.



IT'S TIME...2022 DUES!

It's time to pay your annual dues. Beginning October 1st we will accept renewals and new member applications. New members will get October, November and December 2021 for free.

Being a Goldenaire's member gives you access to many great classes, events and trips at a member price. You need to be a Goldenaires member to participate in the painting classes, arts & crafts, woodworking, bridge and many others. As a member you can attend Goldenaires events and classes at a reduced fee. Your membership pays for itself in only a few trips or events.

The 2022 dues will be \$35.00 per person.

Checks can be made payable to *The Goldenaires* and mailed or dropped off at the office. You can also pay by credit card, just give us a call or stop by the office.



UPCOMING EVENTS

Fall Festival Luncheon Take-Out Lunch/Dinner Friday, November 19th

It's time for a blast from the past. Enjoy this 1960's favorite that has Spanish flair with sweet and savory flavors. Lunch will be prepared by Debbie Ghiringhelli Catering. Menu: Chicken Marbella, Rice Pilaf, haricot vert, rolls & butter and pecan pie for dessert.



We will also hold a Raffle! \$5 for 2 tickets donation or \$3 for 1 ticket donation! Please send in your raffle donation along with your Harvest Feast reservation. **Prizes:** 1st- Gift Basket filled with

Harvest Feast only \$22 per person

A great way to celebrate the season with delicious food in the comfort of your own home. Dinners will be packed in microwavable containers.

Harvest Feast goodies, 2nd - \$25 Safeway Gift Card, 3rd- \$25 Goldenaires Gift Certificate, 4th - \$20 Starbucks Gift Certificate, 5th - \$15 Goldenaires Gift Certificate.

Reservation/Cancellation Deadline - November 16

Pick up at Debbie Ghiringhelli Catering, 1241 Andersen Dr., San Rafael. Last names pick up times:

A-H 12:00-12:30pm I-R 1:00-1:30pm S-Z 2:00-2:30pm

AVAILABLE FOR A LIMITED TIME!

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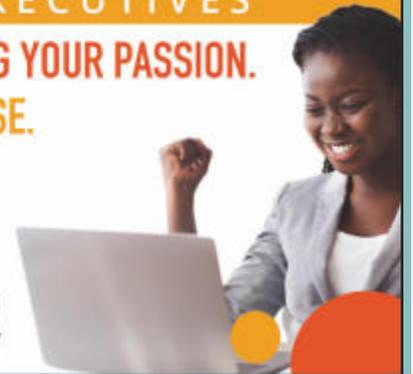
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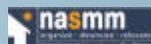
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San Rafael Goldenaires Sr. Citizens, San Rafael, CA

A 4C 05-1265

UPCOMING EVENTS



WINTER AFTERNOON GALA

FRIDAY, DECEMBER 10TH, 12:00PM– 4:00PM

Reservation/ Cancellation Deadline -

December 7, 2021

Doors Open: 11:30am

Lunch Served: 12:30pm

No Host Bar: 11:30am-
3:30pm

Live Band: 2:00-4:00pm

Tickets Only

\$40 per member

\$45 non-member

Assigned seats will be given at time of sign-up. Round tables with seating for 10.

Proof of vaccination required to attend this event.

'Tis the season for love, happiness, peace, good health and good times! This will be our first in-person event since 2020! Come join your fellow members and friends at the most festive event of the year.

Lunch Menu: Roast Turkey Breast & Dark Meat, Turkey Stuffing, Turkey Gravy, Mashed Potatoes (no garlic), Peas and Carrots, Cranberry-Sour Cream Jello Molds, Caesar Salad with Garlic Croutons, Rolls, Butter and Cranberry Sauce, Pumpkin Pie with Whipped Cream. Catered by Debbie Ghiringelli Catering.

No host bar will be open with wine & beer \$4 and sodas \$1. Bottles of wine \$10.

Bring your dancing shoes and get out on the floor or sit back and enjoy the sounds of the "Lee Russell Band". Installation of the new Board of Directors will also take place.



TWO SPECIAL HOLIDAY RAFFLES

WINTER RAFFLE

CASH PRIZES, GIFT CARDS & MORE!

Tickets \$1 ea. Or

12 for \$10



BASKET RAFFLE

Tickets \$5 ea. or

4 for \$20

The more tickets you buy, the more chances you have to win. Please specify raffle when you buy.

PAST EVENTS

"Aloha - Hawaiian Luau"

It was a fun time seeing friends and picking up a tasty meal!



4th place winner!



And the Winner is...



The Big Draw!



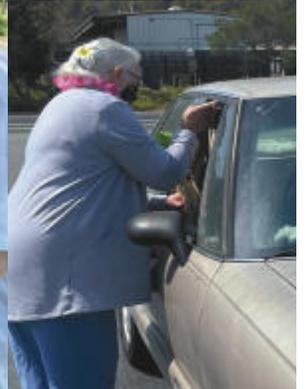
Mahalo!



2nd place winner



Lucky Girl! 3rd & 5th place winner!



UPCOMING EVENTS



Do you have questions about your Medicare?

Every year EVERYTHING changes.

Join us for a free UNBIASED seminar so you can make informed decisions about your Medicare.

HICAP Health Insurance Counseling & Advocacy Program
Free Service to Medicare Beneficiaries

We are your unbiased source for individual help

Free Seminar:
Medicare Annual Choices & Changes
San Rafael Community Center
October 25 or November 19, 2021 10:00 am
618 B Street, San Rafael, Ca

This project was supported, in part by a grant from the Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

 www.SASNB.org  **SHIP**
State Health Insurance Assistance Program

Did you know that the Goldenaires has a website?

This website is updated on a regular basis and you can view upcoming announcements on this site.

You can also view the latest Newsette on the site.

Please check it out regularly—there may be something new or interesting. You may leave a message at 415-485-3348.

A TRIP TO THE BANK

An elderly lady left her home one day and headed to the bank to make a withdrawal. When she got to the bank she took out her bank card from her purse and handed it to a cashier. Upon handing the card to the bank cashier, she told him that she would like to withdraw \$10. In response to her request, the cashier explained to her that they would not attend to withdrawals of sums less than \$100. Taken aback by the seemingly strange rule, the old lady demanded to know why she could not make a withdrawal of less than \$100. Already irritated, the cashier returned her bank card and told her that those were the rules. The cashier told her to make use of the ATM outside the bank and advised her to leave if there was no other matter she needed to address. He gestured at the long line of customers waiting impatiently behind her. The elderly woman stayed silent for a couple of seconds before she handed the card back to the cashier. She then asked him to help her withdraw all the money that she had in her account. When the cashier checked the old lady's account balance, his eyes widened like saucers in astonishment. He nodded his head, leaned down, and whispered to the old lady: "You have \$500,000 in your account and the bank doesn't have that much cash currently. Could you make an appointment and come back tomorrow?" Uninterested in returning the next day, the old lady asked the cashier how much she could withdraw immediately. The cashier told her any amount up to \$3,000. In a heartbeat, the elderly lady requested that precise amount. Exasperated with his customer's persistence, the cashier went back to the vault to retrieve the money. He retrieved stacks of \$20s and \$10s. The next ten minutes were spent counting out \$3,000. When he handed the older lady the cash, the teller sternly asked if she needed anything else. The old lady who knew what she had done put \$10 in her purse and replied to him: "Yes. I'd like to deposit \$2,990 into my account."



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DAY TRIPS

Current Trip procedures and requirements

To make a trip reservation, please mail full payment with a self-addressed stamped envelope for receipt to be returned. Reservations can be made in the office starting September 7th. See office hours on page 1 of this Newsette.

Current COVID policy: All participants must be vaccinated. Seating on bus will be spaced and masks, covering the nose and mouth, are required on the bus and during the shows. Specific venue requirements will also have to be followed.

MY FAIR LADY

Wednesday, November 3, 2021 - \$125

We will head to S.F to the Orpheum Theatre to see "My Fair Lady" – 2:00pm performance. Boasting such classic songs as "I Could have Danced All Night", "The Rain in Spain", "Wouldn't It Be Lovely" and "On the Street Where You Live", My FAIR LADY tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a "proper lady". But who is really being transformed? 2:00PM performance. NO PARKING IN CENTER/SAFEWAY LOTS. Driver's gratuity included.

Departure #1	Smith Ranch Road Park & Ride	12:00 PM
Departure #2	San Rafael Community Center	12:30 PM
Return	Approximately 5:30 PM	
Price	Members \$125 Non-Members \$135	
Reservation/ Cancellation Date	September 20, 2021	



IT'S TIME TO GET OUT OF DODGE! Form a Group or Travel Solo!

Five Favorite Destinations with a twist for 2021 & 2022

NORTHERN CALIFORNIA BY DESIGN – NO FLYING – San Francisco to Yosemite

This is an Ultra First Class Tour - 9 days - \$3005 (down from \$3339)

ROSE BOWL PARADE AND FESTIVITIES – Roundtrip Los Angeles – 5 days

December 30 to January 3, 2022 \$2079

UNDISCOVERED NORTH AMERICA – Lost Canyons of the Southwest -- \$2809/2021

9 Days – Phoenix to Las Vegas – September and October 2021

April & May, September & October 2022 - \$2639 (was \$2929)

NEW ORLEANS – Boogie and Blues – 8 days from \$2299 – SAVE 10% Book by Sept. 13

EAST COAST – The Bold and the BREWtiful !! – From \$3209 – 9 Days

**Many added features too numerous to print here !! Contact: Barbara Nelson,
San Marin Travel at 866-462-7887 or barbarastravel@earthink.net**



We don't stop playing because we grow old. We grow old because we stop playing.

—GEORGE BERNARD SHAW



Lucky Winners... Use your Gift Certificates!

Below is a list of lucky people who have gift certificates on file. Please use them for any Goldenaires activity; trips, lunches, events.

Donna Robertson, Sherilyn Chew, Lupe Coleman, Joyce Littler, Cindylu Janisen, Barbara Starrett, Marie Peixotto, Toni Crawford, Joannie Ciardelli, Michalene Thone, Effie Lee, Chris Chew, Jim Martin, Bette Bohmann, John Janisen

Use your Gift Certificates for the Holiday Gala!



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DAY TRIPS

THE BANDS VISIT

Wednesday, January 19, 2022 - \$123 (only 20 tickets)

The critically acclaimed smash-hit Broadway musical *THE BAND'S VISIT* is the winner of 10 Tony Awards, including Best Musical, making it one of the most Tony-winning musicals in history. It is also a Grammy Award® winner for Best Musical Theater Album. In this joyously offbeat story, set in a town that's way off the beaten path, a band of musicians arrive lost, out of the blue. Under the spell of the desert sky, and with beautiful music perfuming the air, the band brings the town to life in unexpected and tantalizing ways. Even the briefest visit can stay with you forever. With a Tony and Grammy-winning score that seduces your soul and sweeps you off your feet, and featuring thrillingly talented onstage musicians, *THE BAND'S VISIT* rejoices in the way music makes us laugh, makes us cry, and ultimately, brings us together. Showtime 2pm (100 minute show - no intermission). Driver's gratuity included. NO PARKING IN CENTER/SAFEWAY LOTS.



Departure #1	Smith Ranch Road Park & Ride	11:45 AM
Departure #2	San Rafael Community Center	12:15 PM
Return	Approximately 5:00 PM	
Price	Members \$123 Non-Members \$133	
Reservation/ Cancellation Date	December 15, 2021	



Cruise America's Rivers in 2021 & 2022

Cruise the 4 America Queen Voyages River/Paddle Boats

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10% discount on some 2022 cruises and \$100 /couple onboard credit

Free Drinks, Free Wi-Fi, Free Shore Excursions, Lobster & Prime Rib every night, Free Pre-Cruise Hotel & Transfers

Choose Your Cruise—Book Now!

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barbarastravel@earthlink.net

DAY TRIPS - SHOW SURVEY

2021-2022 San Francisco Broadway by the Bay Show line-up. Let us know which shows you think look interesting and might be interested in attending. We will develop a list and let people on the list know as soon as we begin taking reservations.

HADESTOWN - June - July 3, 2022

Cleaning up during the 2018/19 awards season, plucky folk opera Hadestown garnered eight Tony Awards (including the coveted Tony for Best Musical), four Drama Desk Awards, six Outer Critics Circle Awards and a Drama League Award. Rollicking tunes like 'Road to Hell', 'Way Down Hadestown' and 'Wait for Me' punctuate the story of Orpheus, narrated by Hermes. The penniless muso and poet resolves to retrieve his love, the beautiful runaway Eurydice, when she is tempted by Hades to enter the underworld in a bid to escape the frost, famine and empty bellies of the winter months brought on by Persephone's annual tenure below. As with the ancient original, tragedy awaits in the wings, offset by exquisite melodies, jaunty rhythms and a brilliant, inventive way of story telling.

THE PROM - June 21-July 17, 2022

Making its Broadway debut in October 2018 The Prom wowed the critics for its welcoming message and high-energy production. A hit with New York audiences The Prom garnered seven 2019 Tony Award nominations and won the 2019 Drama Desk award for Outstanding Musical. In a small town in Indiana, prom has been canceled! And it's not down to bad behavior or financial issues - it's because the high school has forbidden, a female student, Emma from bringing her girlfriend! When a group of quirky Broadway actors hear her story, filled with outrage they swiftly travel to the community in an attempt to correct the injustice.



OKLAHOMA - August 16 - September 11, 2022

First making its bow on the Great White Way in 1943, Rodgers and Hammerstein's evergreen classic *Oklahoma!* A 12 member ensemble shines a new light on *Oklahoma's* corn-fed romantic triangles, naturally tapping into contemporary issues of gun violence, sexual politics and class-based discrimination. Still set in an Oklahoma Territory on the verge of statehood in the early 1900s, it follows what seems like the simple trials and tribulations of cocksure cowboy Curly and broody farmhand Jud, who vie for the affections of the enchanting farm girl Laurey whilst angling to win her as a date at a local party. But within its lighthearted exterior, sex and violence bubble to boiling point and Fish artfully sets them free in a whirlwind, blood-drenched climax that makes Game of Thrones look tame.

MOULIN ROUGE! - September 7 - November 6, 2022

Enter a world of splendor and romance, of eye-popping excess, of glitz, grandeur and glory! A world where Bohemians and aristocrats rub elbows and revel in electrifying enchantment. Pop the champagne and prepare for the spectacular spectacular...Welcome to *Moulin Rouge! The Musical*. Baz Luhrmann's revolutionary film comes to life onstage, remixed in a new musical mash-up extravaganza.

AIN'T TOO PROUD - THE LIFE & TIES OF THE TEMPTATIONS - November 8-December 4, 2022

Garnering twelve 2019 Tony Award nominations (one of the season's most nominated productions) Ain't Too Proud garnered praise from the critics for its sublime performances and refreshing telling of how one of the world's most successful bands came to be. Full to the brim with some of The Temptation's most iconic hits (*My Girl*, *Papa was a Rolling Stone*, *Just My Imagination* to name a few), Ain't Too Proud follows the rise of the five-piece from Detroit, from their humble beginnings and dud starts to international superstardom!



TOO KILL A MOCKINGBIRD - September 13 - October 9, 2022

Oscar winner Aaron Sorkin brings his Broadway smash hit out on tour for the first time! Opening to much critical acclaim back in 2018, To Kill A Mockingbird tells the story of a black man accused of rape in pre-civil rights era Alabama and the noble lawyer who defends him. Directed by the iconic, and Tony-winning Barlett Sher, witness the tale of an era come to life on stage!

BRAIN EXERCISE

Thanksgiving Word Search

S S D N E I R F S Q U A S H S L G P D
 Y R S R H A T E R R N S F A M I L Y I
 E P C S T U M H E D U T I T A R G M N
 K F A E U T T A A E P O T A T O E S N
 R E R D O U M R H N K A O D B R U E E
 U A V P M M A X E O K W E B L O I E R
 T S E N Y N Y Z O S C S L K I P N M C
 E T S A L H F C S R S E G C A O O R L
 S G T C P T L O T Q B E I I B B A R E
 L U U A F A O R S E N L D H V N U G F
 H I F E O G W N I F E O S M B I R O T
 A O F P O B E U N D E I V E E A N P O
 R T I F T A R C O H W L R E T A U G V
 V G N G B P Y O L O E R L E M M L E E
 E R G R A P U P O L Y R F A P B T H R
 S A L L L L W I C I A U T K F S E H S
 T V C V L E K A T D L I I N A C I R B
 E Y Y E M F V A J A E N S B C U D G F
 A N M I R G L I P Y C E L E B R A T E

Word List:

APPLE
 BASTE
 CORNUCOPIA
 DESSERT
 FAMILY
 GOBBLE
 HAM
 MAYFLOWER
 PUMPKIN
 POTATOES

PIE
 CELEBRATE
 CRANBERRY
 DELICIOUS
 FEAST
 GRATEFUL
 HARVEST
 MEAL
 PLYMOUTH
 SQUASH

AUTUMN
 THANKSGIVING
 CARVE
 DINNER
 FOOTBALL
 GRATITUDE
 HOLIDAY
 NOVEMBER
 PILGRIM
 WISHBONE

BAKE
 COOK
 COLONISTS
 FALL
 FRIENDS
 GRAVY
 LEFTOVERS
 PEACAN
 STUFFING
 TURKEY

**Don't forget to turn
your bathroom scales
back 15 pounds
Wednesday night at
1 AM for Thanksgiving.**

FREE LENDING LIBRARY
Paperback books are always welcome for our own free Goldenaires lending library. Bring them to the office and we will add them to our shelves. Take a few home to read while you are there!



Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

	3	9						
							3	
		7					8	
	7				1		5	
			4		7	8		
		8		2	3			4
			1	8	5			
	1			3		2		7
4					9			

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TRIP POLICIES & PROCEDURES | OTHER PROGRAMS

Trips

COVID 19 REQUIREMENTS: MUST HAVE COVID 19 VACCINATION. MUST WEAR MASK ON BUS AND IN LOCATIONS THAT REQUIRE THEM.

Bus Information: When riding on our chartered buses, you are not allowed to walk around while the bus is in motion. Please remember that water may not be available on the bus, so bring a bottle of water if you require some while on a trip. Please, no talking to the bus driver while he/she is driving, as it is unsafe. Please wear your name badge while on trips and at events. No drinking of alcohol or smoking allowed on the bus. Bus restrooms are for emergencies only! **NO PARKING IN COMMUNITY CENTER/SAFEWAY LOTS FOR TRIPS.**

Payments & Refunds: Cash, checks and credit cards (minimum purchase \$30) are gladly accepted. Receive a 100% refund if you cancel before the deadline date; **NO REFUND** if you cancel after the deadline. If we can fill your space after the deadline, you will receive a 90% refund, unless there are additional charges from the tour company OR if you cancel the day of the tour. Checks returned to our office will be charged a \$10 fee in addition to your bank's fee. Refund checks will take two weeks to process.

Trip Reservations: Reservations can be made by phone with a credit card, in person at the office or mailed in. **Reserve Early!**

Guests Are Welcome to Join Trips, Dinners & Luncheons: We welcome guests that are over the age of 21 to join trips and dinners. For Bingo, we ask that guests are at least 18 years old and for luncheons, guests must be 13 years and older. Non-members must pay an additional \$10 for trips and sign a release form. Dinners and luncheons, there is an extra \$5 fee for non-members.

Perfume, Aftershave and Cologne Are Not Allowed on Trips! We appreciate your cooperation and consideration of others.

Be On Time: When the trip escorts tell you the time to re-board the bus, i.e. Reno/Tahoe/day trip, please be on time – don't make passengers wait. Escorts have been instructed to leave passengers -- therefore late passengers will have to pay for their transportation home!

Be Courteous to Members: Please limit use of cell phones while on bus trips. Calling for your ride home is acceptable, but not a lengthy conversation while riding on the bus. In addition, please cover your mouth when coughing – germs spread like wildfire when on a bus/plane.

Parking Reminder! While on bus trips, please **NO PARKING in the Community Center or Safeway parking lots.** If you are being picked up after a trip, please have your driver pick you up at the Center and NOT Park and Ride. The Center parking lot is for participants - Goldenaires - while in the building, participating in a class, doing business with the office or Bingo.

to ride public transit due to a disability and provides door to door service.

Whistlestop Carepool

Free Ride: Get a FREE RIDE to medical appointments and to the grocery store. If you are 65 years or older or a person with disabilities, a Marin resident and able to travel in a passenger vehicle-requesting a ride is a phone call away! Call (415) 454-0927 or email carepool@whistlestop.org to sign up for CarePool.

Volunteer: Make a difference in your community by volunteering to Drive Marin County neighbors-in-need to medical appointments and to the grocery store. Sign-up and accept rides through email. (415) 456-9062, ext. 117 or Email: volunteer@whistlestop.org.

Giving Gift Certificates

The Goldenaires Organization provides gift certificates for any dollar amount that can be applied to any activity, class, trip or event that we offer. In addition, we also issue certificates for BINGO! So, looking for a gift for a fellow Goldenaire? Look no further!

Purchase certificates in Goldenaires office. Don't forget our Memorial Fund in memory of a member or a loved one.

Memorial Fund

San Rafael Goldenaires Organization appreciates all bequests, whether large or small. All gifts either in memory of a loved one, a friend or in your estate helps with the continued programs and success of this organization. For many of our deceased members, their families have listed the Goldenaires as a recipient to send donations. We deeply appreciate your support as these monies allow us to offer programs and services at either a reduced cost or no cost to the members. Donations are 100% tax deductible. Thank you!

Other Marin Medical Equipment Recyclers

This is a locally run volunteer non-profit based in San Rafael. They accept donations of clean and usable medical equipment and supplies and give them to individuals in our community who need them. To donate items: Wednesdays ONLY- 11:00-2:00pm 3100 Kerner Blvd., San Rafael. Contact for more information (415) 388-8198.

Transportation Options

Marin Access

Volunteer Program: (415) 454-0902 Provides transportation support for seniors and ADA eligible riders in Eastern Marin. Provides mileage reimbursement to the driver- \$0.35 per mile at 100 miles/mo or 300 miles/mo in West Marin.

Catch-A-Ride: (415) 446-0902 Allows Marin residents who are age 80 and older as well as residents 60 and older who no longer drive to receive a subsidy to use taxis and other licensed vehicles within Marin. Receive a \$14 subsidy toward rides, \$18 if low income. Receive eight one-way rides a month.

Marin Access Paratransit: (415) 454-0902 This is for Marin residents who are unable

ONGOING CLASSES & PROGRAMS

Contract Bridge

Mondays | 10:30am-2:30pm

If you have played bridge previously, join us. If you don't know how to play, join us, we'll teach you. No reservations needed, but you MUST arrive no later than 10:15am and bring your own lunch.

Chairperson: Bill Nicholson

Mahjong—Call for information

Chinese tiles are used for (Asian) play. No fee – this is an ongoing program.

Instructors will assist in helping members learn the game.



Duplicate Bridge (non-sanctioned)

Wednesdays | 10:00am-2:00pm

You must already know how to play; this is not a teaching class. If you would like to join the game, please call the office and we will put you in touch with the group leader. Bring your own lunch.



Wood Carving

Fridays | 9:00am-12:00pm

A great, inexpensive, fun class that promotes a truly rewarding hobby. Beginners welcome! NO FEE. Students help out, teaching each other techniques and showing you how much fun wood carving can be!

Crafts Boutique

Fridays | 12:00pm-2:00pm

Enjoy the fun of learning new crafts while making new friends. The craft group meets every Friday. They design some items and hand-make all our crafts – ideas here are always welcome. Our items are always on sale for a reasonable price, so come down and look at the display in the trophy case and in the Goldenaires office. Better yet, if you have a talent you would like to share with the craft group, come on down and join us.



Acrylic Painting

Mondays | 11:30am-3:30pm

Practice your painting skills and create new things in a fun-loving, encouraging environment. Bring your own supplies. Ongoing. New persons may join at any time. Yvonne Brown, artist, is willing to guide/suggest painting techniques.



Watercolor Painting

Tuesdays | 10:30am-3:00pm

Beginner and experienced students are welcome to join this friendly group for a day of painting. Bring your own supplies and instructor Ann Carroll will provide a still life display for you to paint or work on your own subject matter. Students work at their own pace. Instruction is given if desired. A small fee for the instructor's mileage is requested. Instructor: Ann Carroll.

Bocce – Open Play

Tues/Fri/Sat/Sun | 9:00am-4pm

Albert Park -next to SR Comm. Center. If interested in lessons, please arrive at 9am or after 12Noon. Everyone is welcome, and no experience is required! Call for current fees.

League play begins in March-October on M/W/TH. Goldenaires subsidizes part of league fee-\$15/ team. It is a lot of fun, great exercise & you'll meet new friends.

For complete details, fees and current schedule, call the Bocce office (415) 485-5583.

WEDNESDAY AFTERNOON BINGO

WEDNESDAY



©LPI

Games begin at **12:00 PM**

Doors open at **10:30 AM**

October 27 & November 3, 10, 24

at the San Rafael Community Center
618 B Street, San Rafael



CASH PRIZES \$50-\$125

15 Games of Bingo Played

9 Regular Games - \$50 prizes

1 Regular Blackout - \$90 prize

4 Specials - \$90 prizes

1 Special Blackout - \$125 prize

Regular Game Packs \$5 - \$10

Special Games \$1 each



PROOF OF VACCINATION REQUIRED. MUST WEAR MASK IN BUILDING.

2021 Dates: October 13, 20, 27. November 3, 10, 24. December 1, 8, 15.

For more information or questions call 415-485-3348

ONGOING CLASSES & PROGRAMS

Until we can exercise in person without masks, Jeanette will continue to offer her classes online.

Zoom Fitness with Jeanette Logan Jeanette Logan, our fabulous fitness instructor, continues to offer classes on Zoom from her own living room. Jeanette always offers a wonderful class in a caring environment. She will contact you before you begin so you know what to expect and the options available. Give her a call or send her an email to get started, Jeanette Logan at jl@youthfulhearts.com or call her at (707) 642-3603. Now is the time to get moving if you haven't started already! New year & a new you! You will feel better too!

Monday: 9:15am - 10am, Fit and Fun, Low Impact Aerobics + more
10:30am - 11:15am, Still Going Strong, Strength & Stretch + more
12:45pm - 1:15pm Line Dancing (we'll do 2 or 3 beginner dances.)

Thursday: 9:15am - 10am, Fit and Fun, Low Impact Aerobics + more
10:30am - 11:15am, Still Going Strong, Strength & Stretch + more
12:45pm - 1:30pm, Chair Exercise, light cardio, strength & stretch

At this time, classes are offered on a donation basis to support our very caring and special teacher Jeanette. She is helping you stay healthy, so please keep her in business with your donations. Any questions you may also call 415-485-3348.



FREE AD DESIGN

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Providing safe and exciting tours for seniors for over 20 years

Bay Magic Tours is anxiously waiting to take our customers on tours as soon as it is safe to do so. Past tours have included destinations like Yosemite, Grand Canyon, Zion National Park, Southern California, Ashland, Oregon, and many more!



Upcoming tours planned for 2021 include Yosemite and Yellowstone National Parks and the California Central Coast. More information will be available soon.

For more information, call Bay Magic Tours at 925-932-8687

CST 2116790-40

NEVER MISS A NEWSLETTER!

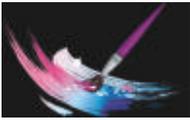
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NOVEMBER CALENDAR OF EVENTS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 Board Mtg 10:00 Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p>  <p>BOARD MEETING</p>	<p>2 Watercolor 10:30-3</p> <p>National Deviled Egg Day</p>	<p>3 Duplicate Bridge 10-2</p> <p>BINGO!! 12noon</p>  <p>BINGO</p>		<p>5 Wood 9-12 Crafts 12-2</p> <p>National Doughnut Day Stop by the office and enjoy a doughnut and coffee.</p> 	
<p>7</p>  <p>FALL BACK Daylight Savings time Ends</p>	<p>8 Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p>	<p>9 Watercolor 10:30-3</p> 	<p>10 Duplicate Bridge 10-2</p> <p>BINGO!! 12noon</p>  <p>BINGO</p>	<p>11</p>  <p>VETERANS DAY</p> <p>City Buildings Closed</p>	<p>12 Wood 9-12 Crafts 12-2</p> 	
	<p>15 Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p> 	<p>16 Watercolor 10:30-3</p> 	<p>17 Duplicate Bridge 10-2</p> <p>National Take a Hike Day</p>		<p>19 Wood 9-12 Crafts 12-2</p>	
	<p>22 Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p>	<p>23 Watercolor 10:30-3</p> 	<p>24 Duplicate Bridge 10-2</p> <p>General Mtg 11:45</p> <p>BINGO!!!! 12noon</p>  <p>BINGO</p>	<p>25</p>  <p>Holiday</p>	<p>26</p> <p>City Buildings Closed</p>	
<p>28</p>	<p>29 Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p> 	<p>30 Watercolor 10:30-3</p>	<p><i>Happy Thanksgiving</i></p> 			

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



Protect Your Medicare

Follow these Tips to prevent Medicare ID fraud:

- >> Keep your Medicare and Social Security cards secure.
- >> Don't share your numbers with anyone but your health care team.
- >> If someone calls and asks for your Medicare information, hang up. Medicare will only call you if you've called and left a message or a representative said that someone will call you back.
- >> Check your statements carefully and log into **Medicare.gov** to spot any possible fraud or billing mistakes.
- >> Report suspicious activities by calling **Senior Medicare Patrol:**



1-855-613-7080



This project was supported, in part, by grant 90MPPG019-04-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.



For ad info. call 1-800-950-9952 • www.lpicommunities.com

San Rafael Goldenaires Sr. Citizens, San Rafael, CA

D 4C 05-1265

San Rafael Goldenaires

Bingo Fundraiser

BINGO - LUNCH - BAKE SALE - CRAFT SALE

Saturday, November 13th

**at the San Rafael Community Center
618 B Street, San Rafael**Public
Welcome!**Doors Open 11:00am Lunch Served 11:30-12:15****BINGO GAMES BEGIN PROMPTLY AT 12:30pm****CASH PRIZES \$60-\$150**

16 Games of Bingo Played

Anyone over the age of 18 is welcome!**SIGN UP NOW!**

Mail in your reservation with payment or come to the
San Rafael Community Center / San Rafael Goldenaires' office
Phone: 415.485.3348 Mon, Tues, Wed, Fri 10am-2pm

**ADVANCE RESERVATION:****\$20 per person**

Adv. Reservation Deadline:

Wednesday, November 10, 2021

At the Door: \$25 per person

Includes: Dinner (1/2 Roasted Chicken, Potato Salad, Roll/Butter, Dessert, Coffee/Tea), 1- 6-on game pack & 1- FREE dauber

Dinner Only: \$15 Play Bingo Only: \$10 one (1)-6-on game pack & one (1) FREE bingo dauber

Additional Games available:

Packs of 10 sheets - 3 squares per sheet - \$5/pack

6 squares per sheet - \$10/pack

SPECIAL GAMES: \$1.00 per sheet, Prizes pay out: \$100

4-5-6 GAME is \$2.00 per sheet or 3 sheets for \$5

Prizes pay out: \$150

PROOF OF VACCINATION REQUIRED. MUST WEAR MASK IN BUILDING.**CRAFT SALE
11am - 4pm**

Purchase handmade items and gifts from the Goldenaires Craft Group. Knitted & Crocheted scarves, gloves, hats, blankets, kitchen towels and much more.

**BAKE SALE
11am - 4pm**

Purchase delicious homemade baked goodies from the Goldenaires.
Cookies, cakes, pies and more!

For more information or questions call 415-485-3348



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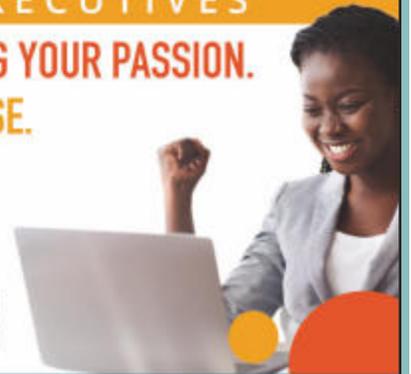
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San Rafael Community Services

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San Rafael, CA. 94901

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Organization
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San Rafael, CA
94901
Permit No. 147

CURRENT RESIDENT OR

Please read the Newsette!

Dates are subject to change & more activities may be added!

Also...Check out the
Goldenaire's website
www.srgoldenaires.org for up to
date news and information.



All activities held at the San Rafael
Community Center

BINGO FUNDRAISER

Saturday, November 13th

FALL FESTIVAL

Friday, November 19th

HOLIDAY GALA LUNCHEON

Friday, December 10th

SUNDAY "B" STREET BALLROOM

Coming in 2022