

# SAN RAFAEL GOLDENAIRES NEWSLETTE

DECEMBER  
2021

&

JANUARY  
2022

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## CONTACT US

[www.srgoldenaires.org](http://www.srgoldenaires.org)  
(415) 485-3348

### OFFICE HOURS

Mon, Tues, Wed, Fri  
10:00am - 2:00pm

(CLOSED THURSDAYS)



## LET'S GET BACK OUT ON THE DANCE FLOOR!

### "B" Street Ballroom Dances

Last Sunday of the month, 2:00-5:00pm  
January 30, February 27, March 27



Come and enjoy the sounds of big band and pop music by The Manny Gutierrez Band. We offer plenty of parking, air conditioning, a wooden floor and plenty of mixers so everyone can dance.

Open to the Public - all ages, singles & couples are welcome!

**Tickets at the door, \$15 per person**

### Cheers to our Fundraiser Volunteers!

Thank you to everyone who attended the Bingo Fundraiser, Craft & Bake Sale. The day was a huge success with approximately 120 playing bingo. It was so nice to see so many friends at the event.

Thank you to those who donated baked goodies and crafted items at home. We would like to give a special *Thank You* to those who volunteered at the event:

Russell & Sarah Semorile, Pat Fedorchak, Kathy, Dorothy & Bob Rogers, Effie Lee, Carol Jacobs-Courtz, Kevin Courtz, John Jan-isen, Lisa Lue, Lynn Anfinson, Gina Stella, Sherilyn Chew, Chris Chew, Toni Crawford, Karen Falk, Michalene Thone, Lorraine Rag-gio, Beverly Kelly, Elida & Ray Canziani, Bill Raudio, Carol Cox, Rae Ann Marler, Marge Cummings, Marcia Higgins, Ann Carroll, Mary Ellstrom, Virginia De Costa, Yvonne Brown, Doris Jansen.



# ORGANIZATION INFORMATION

## ABOUT US

### Mission Statement

The purpose of the San Rafael Goldenaires is to offer opportunities for senior citizens (persons 62 years of age or older) to participate in recreational, cultural, educational, community service and social welfare activities.

**San Rafael Goldenaires Senior Citizens Organization, Inc. and the Library & Recreation Department / San Rafael Community Center**

### Location

**618 B Street | San Rafael, CA 94901**  
Next to Safeway, off 2nd Street

Phone: (415) 485 - 3348

Fax: (415) 485- 3186

Non-Profit #59-3837185

All Goldenaires activities take place at the ADA accessible San Rafael Community Center.

### Annual Membership

Have a friend who would like to join the Goldenaires? Annual membership fee is \$35/ year through December 31, 2022. Name badge is optional - \$12 fee. Members must be 62 years of age and may reside anywhere, not just Marin County!

### Office Hours

Mon, Tues, Wed, Fri  
10:00am - 2:00pm  
CLOSED THURSDAYS

**Office will be closed:**

Thursdays

## 2020 BOARD OF DIRECTORS

### President

Chris Chew

### Vice President

Elida Canziani

### Recording Secretary

Dorothy Rogers

### Treasurer

Effie Lee

### Past President

Vacant

### Board Members

Bette Bohman

Cindylu Janisen

Marilyn Ryan

Bill Raudio

Donna Robertson

Carol Cox

## COMMITTEE CHAIRPERSONS

**Kitchen A:** Jackie, Carol & Pat

**Kitchen B:** Effie Lee & Crew

**Bingo:** Lynne Goodfellow & Crew

**Decorations:** Sherilyn Chew

**Crafts:** Elida Canziani & Mary Ellen Chronister

**Newsette:** Bill Raudio

**Dances:** Jackie Dema, Rose Marie Heckman, Gwen Long, Cindylu Janisen, Bette Bohman

**Office Volunteers:** Marcia Higgins, Dorothy Rogers, Gina Ranney, Karen Falk

**Program Coordinator:**

Patty McCulley

## 2021 BOARD OF DIRECTORS

### President

Elida Canziani

### Vice President

Carol Cox

### Recording Secretary

Dorothy Rogers

### Treasurer

Effie Lee

### Past President

Chris Chew

### Board Members

Lynne Goodfellow

Marilyn Ryan

Bill Raudio

Donna Robertson

Gilda Selchau

*Welcome to our new board members!*

### Memorial Fund

San Rafael Goldenaires Organization appreciates all bequests, whether large or small. All gifts either in memory of a loved one, a friend or in your estate helps with the continued programs and success of this organization. For many of our deceased members, their families have listed the Goldenaires as a recipient to send donations. We deeply appreciate your support as these monies allow us to offer programs and services at either a reduced cost or no cost to the members. Donations are 100% tax deductible. Thank you!

*Thank You!*

## PRESIDENT'S CORNER

Dear Goldenaires,

As 2021 comes to a close, I write my last letter as President, to you, the members and friends of the Goldenaires.

It's been quite an experience these past 5 years, since I took office! It was more than was promised or could have imagined! Then there was The Pandemic and everything shut down for nearly two years! Everyone had to isolate, wear masks, sterilize everything, stay safe, be careful for each other, learn new ways to function! We couldn't see family or friends or go anywhere, but we did it! When the vaccine finally came out, the seniors were right there and they were the first to get their boosters and flu shots, too! Terrific!!

So, finally, we can start to safely gather and see friends we haven't seen in over a year. The hard-working Board of Directors have been meeting all through the pandemic – safely, masked and distanced at Macy's parking lot! (I wish I had picture of us with our folding chairs!)

It has been my pleasure and honor to have worked with this terrific group of volunteer officers, who have advised, encouraged and befriended me through the years! I couldn't have met the many challenges without their total support, or the background provided by our member, Carol Jacobs-Courtz.

Everything before "covid" was gravy. Now, we can start again and re-establish a new "normal" as I hand over the job to our new President, Elida Canziani. Congratulations, Elida and much luck to you and the new Board, as you go into the future! Let's keep the Goldenaires going for another 50 years!

The "Harvest Feast Lunch" was on a beautiful fall day. We thank Sherilyn for the cute Halloween treat bags and decor, and the wonderful help from Donna, Carol, Jackie and Sherilyn!! Thanks, Jackie for so enthusiastically helping out! It was a fun day! I hope many of you will be joining us for our last takeout "Fall Festival lunch"! It's been a great way to keep in touch during the pandemic and we're grateful for your participation! We hope you've enjoyed the lunches as much as we've enjoyed seeing you!

Now, we've had a good start with "My Fair Lady" and a fabulous start with our first fundraiser, Bingo/Lunch/Bake Sale & Craft table, and raffle (over 100 participants!) Our raffles have been getting

wonderful support, and so I remind you that our big "Winter Raffle" is coming up on December 10<sup>th</sup>, along with our "Winter Afternoon Gala." I hope everyone will be eager to get out to dine and dance and enjoy the music of our favorite "Lee Russell Band." Tickets are \$40 (\$45 for non-members), and the buffet includes Debbie's Caesar salad with garlic croutons, traditional turkey, stuffing, gravy, mashed potatoes, peas + carrots, cranberry-sour cream Jello mold, rolls + butter, cranberry sauce, and pumpkin pie with whipped cream. Sounds festive and delicious! We've decided to have it in the afternoon from 12 Noon to 4:00 pm, in the hopes that more members can join us and not have to drive at night.

We'll also be installing the new Board members: President Elida Canziani, Vice President Carol Cox, and Board members Lynne Goodfellow and Gilda Selchau, as well as having the raffle (raffle tickets will be \$1 each or 12 tickets for \$10, and we will also have a Special Holiday Raffle Basket and tickets will be \$5 each or 5 for \$20.), so, I hope you'll plan on joining us for the festivities and our first holiday gala in two years!

We look to the new year with hope and anticipation. We have already begun planning for our luncheons and Monday Night Bingo, and our Craft Fair on the first Saturday in November. Our first luncheon will be February 11, 2022 "Valentine Lunch" and Joann Saltzgaber is already arranging some wonderful music for us – so keep up with everything "NEW" in the NEW YEAR by reading the Newsette!

I leave you with gratitude and appreciation for all your encouragement and support and most of all – your friendship! I'll look forward to seeing you at lunch or trips and I wish you all Happy Holidays and a MOST HAPPY NEW YEAR!!

It's been fun writing to you, take care and stay safe!

*Chris Chew*

President



# GOLDNAIRES NEWS & UPDATES

## SUNSHINE REPORT

"In the end we remember not the words of our enemies, but the silence of our friends."

by Martin Luther King Jr.

### Ill Members

Maria Meyer of woodcarvers is very ill and is home recovering from pneumonia. Joy Bloom had a knee replacement. We wish you all a speedy recovery.

### Departed Members

Old time member Martha Johnson, age 99, will be missed by her daughter Pamela Pansini, Gladys Stella, sister of Effie Lee passed away and will be missed by the family, Elizabeth (Betty) Alderson Reddell passed away 8/18/21 at age 98 on her birthday, she was a member years ago.

*Do you know of a fellow member that could use a bit of cheer? Please let us know. Call 415-485-3348 or email [sgoldenaires.org](mailto:sgoldenaires.org). We are looking for more "sunshine" to report about. If you know of a member who is celebrating a special anniversary, a birthday over 90, a birth of a new grand/great grand child...Please let the office know and we will pass along the news to Sunshine chairperson, Lorraine Raggio.*

## GENERAL MEETING

### Goldenaires Monthly General Meeting

Dec. 15 & Jan. 26 - 11:30am

Keep up to date on what is happening with your club. Join us for the monthly general meeting where the Executive Board minutes are read, Treasurer's report is given and there is open time for new business.



## IT'S TIME...2022 DUES!

It's time to pay your annual dues. Beginning October 1st we will accept renewals and new member applications. New members will get October, November and December 2021 for free.

Being a Goldenaire's member gives you access to many great classes, events and trips at a member price. You need to be a Goldenaires member to participate in the painting classes, arts & crafts, woodworking, bridge and many others. As a member you can attend Goldenaires events and classes at a reduced fee. Your membership pays for itself in only a few trips or events.

**The 2022 dues will be \$35.00 per person.**

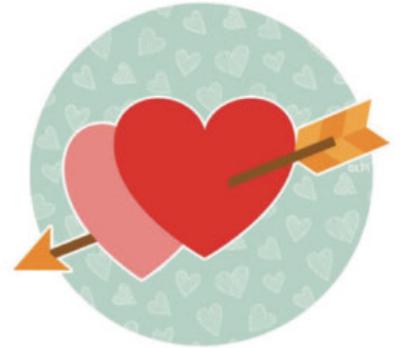
Checks can be made payable to *The Goldenaires* and mailed or dropped off at the office. You can also pay by credit card, just give us a call or stop by the office.



## UPCOMING EVENTS

## Valentine Luncheon Friday, February 21st

Share this special day with your fellow members and friends! Enjoy a fantastic buffet lunch and special entertainment by our own Joanne Saltzgaber. Our wonderful Kitchen Crew B will provide lunch, which will include; carved ham, salad bar, bread, and a lovely dessert.



### Valentines Luncheon only

**\$19 per member**  
**\$24 non-member**

Seating is first come/first served with great seating throughout the room. We will reserve a round table for groups of 6-8. We look forward to celebrating with you.!

Menu will include: Ham, White Sweet Potatoes, salad, rolls & butter, dessert, coffee & tea.

The bar will be open with beer & wine for \$4 a glass & sodas \$1.

### Reservation/Cancellation Deadline - February 19

Lunch served at 12:30pm      Doors open 12-12:15pm

Event should end around 2:00pm

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San Rafael Goldenaires Sr. Citizens, San Rafael, CA

A 4C 05-1265

## UPCOMING EVENTS



## WINTER AFTERNOON GALA

FRIDAY, DECEMBER 10TH, 12:00PM– 4:00PM

### Reservation/ Cancellation Deadline -

**December 7, 2021**

Doors Open: 11:30am

Lunch Served: 12:30pm

No Host Bar: 11:30am-  
3:30pm

Live Band: 2:00-4:00pm

### Tickets Only

**\$40 per member**

**\$45 non-member**

Assigned seats will be given at time of sign-up. Round tables with seating for 6.

Proof of vaccination required to attend this event.

'Tis the season for love, happiness, peace, good health and good times! This will be our first in-person event since 2020! Come join your fellow members and friends at the most festive event of the year.

Lunch Menu: Roast Turkey Breast & Dark Meat, Turkey Stuffing, Turkey Gravy, Mashed Potatoes (no garlic), Peas and Carrots, Cranberry-Sour Cream Jello Molds, Caesar Salad with Garlic Croutons, Rolls, Butter and Cranberry Sauce, Pumpkin Pie with Whipped Cream. Catered by Debbie Ghiringelli Catering.

No host bar will be open with wine & beer \$4 and sodas \$1. Bottles of wine \$10.

Bring your dancing shoes and get out on the floor or sit back and enjoy the sounds of the "Lee Russell Band". Installation of the new Board of Directors will also take place.



## TWO SPECIAL HOLIDAY RAFFLES

### WINTER RAFFLE

CASH PRIZES, GIFT CARDS & MORE!

Tickets \$1 ea. Or

12 for \$10



### BASKET RAFFLE

Tickets \$5 ea. or

5 for \$20

The more tickets you buy, the more chances you have to win. Please specify raffle when you buy.

# PAST EVENTS

## “Harvest Feast”

It was a fun time seeing friends and picking up a tasty meal!



Congratulation to our Harvest Feast Raffle winners: Gift Basket, Donna Robertson. \$25 Safeway GC, Michalene Thone. \$20 Starbucks GC & \$25 Goldenaires GC, Carol Cox. \$15 Goldenaires GC, Richard Woodall.

## “BINGO Fundraiser + Craft & Bake Sale”

What a turnout!!!! Thank you all for attending and volunteering.



UPCOMING EVENTS

*The San Rafael Goldenaires Presents...*

# Monday Night Bingo

## February 7, 2022



at the  
**San Rafael Community Center**  
**618 B Street, San Rafael**

**Doors Open 5:30pm**

**Buffet Dinner 6-6:45pm**

**BINGO GAMES BEGIN PROMPTLY AT 7:00PM**

**CASH PRIZES \$60-\$150**

15 Games of Bingo Played

Anyone over the age of 18 is welcome!

**SIGN UP NOW!**

Mail in your reservation with payment or come to the  
San Rafael Community Center /  
San Rafael Goldenaires' office

Goldenaires Phone: 415.485.3348 Mon-Fri 9am-3pm

**ADVANCE RESERVATION:  
\$20 per person**

Adv. Reservation Deadline:  
Wednesday, February 2nd  
At the Door: \$25 per person

**Includes: Dinner (Ravioli, Salad,  
French Bread, Dessert, Coffee/Tea),  
One (1) 6-on game pack &  
one (1) FREE bingo dauber**

Dinner Only: \$15  
Play Bingo Only: \$10 One (1) 6-on game  
pack & one (1) FREE bingo dauber

**Additional Games available:**  
Packs of 10 sheets—3 squares per  
sheet—\$5/pack  
6 squares per sheet—\$10/pack  
SPECIAL GAMES: \$1.00 per sheet  
Prizes pay out: \$100  
4-5-6 GAME is \$2.00 per sheet or  
3 sheets for \$5  
Prizes pay out: \$150



## WHAT'S HAPPENING

## CONGRATULATIONS &amp; THANK YOU

Over the last several months, actually almost a year, Carol Jacobs Courtz jumped back into assisting the Goldenaires. She not only helped out in the office with paperwork and attended board meetings, she applied for several grants to help keep the Goldenaires afloat. One grant in particular was a lot of work and they kept asking for more information and the application was passed over several times. Finally, her hard work paid off and the Goldenaires received a \$15,000 California Relief Grant. About a week after receiving this grant, we got news that the San Rafael Elks 1108, Alensby Charity Trust had chosen the Goldenaires to receive a \$1,000 award. Congratulations Carol, your hard work paid off and the Goldenaires Board of Directors and membership appreciate everything you have done and continue to do for this organization. You are a very special person and we are lucky to have you in our corner.

Thank You. 

## MAH JONGG GROUP FORMING!

We've received several calls over the last few months from people who would like to get together and play Mah Jongg. If you are interested, please call the office and get your name on the list. We hope to get this group together in early 2022. Call 415-485-3348.



## VALLEY MEMORIAL PARK



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## DAY TRIPS

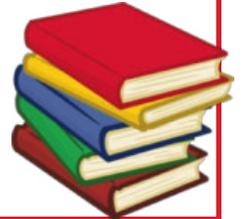
### New day trips are in the works.....



Day trips for 2022 are in the works. Please check in with the office after December 1st for what has been booked for the spring. If there is a trip or destination that you think would be fun, please let Patty know. You can leave her a message at 415-485-3341 or email her at [patty.mcculley@cityofsanrafael.org](mailto:patty.mcculley@cityofsanrafael.org).

### FREE LENDING LIBRARY

Paperback books are always welcome for our own free Goldenaires lending library. Bring them to the office and we will add them to our shelves. Take a few home to read while you are there!



### Did you know that the Goldenaires has a website?

This website is updated on a regular basis and you can view upcoming announcements on this site.

You can also view the latest Newsette on the site.

Please check it out regularly—there may be something new or interesting. You may leave a message at 415-485-3348.

### Current Trip procedures and requirements

*To make a trip reservation, please mail full payment with a self-addressed stamped envelope for receipt to be returned. Reservations can be made in the office starting September 7th. See office hours on page 1 of this Newsette.*

**Current COVID policy: All participants must be vaccinated. Seating on bus will be spaced and masks, covering the nose and mouth, are required on the bus and during the shows. Specific venue requirements will also have to be followed.**

## IT'S TIME TO GET OUT OF DODGE! Form a Group or Travel Solo!

### Five Favorite Destinations with a twist for 2021 & 2022

#### **NORTHERN CALIFORNIA BY DESIGN – NO FLYING – San Francisco to Yosemite**

This is an Ultra First Class Tour - 9 days - \$3005 (down from \$3339)

#### **ROSE BOWL PARADE AND FESTIVITIES – Roundtrip Los Angeles – 5 days**

December 30 to January 3, 2022 \$2079

#### **UNDISCOVERED NORTH AMERICA – Lost Canyons of the Southwest -- \$2809/2021**

9 Days – Phoenix to Las Vegas – September and October 2021

April & May, September & October 2022 - \$2639 (was \$2929)

#### **NEW ORLEANS – Boogie and Blues – 8 days from \$2299 – SAVE 10% Book by Sept. 13**

#### **EAST COAST – The Bold and the BREWtiful !! – From \$3209 – 9 Days**

**Many added features too numerous to print here !! Contact: Barbara Nelson,  
San Marin Travel at 866-462-7887 or [barbarastravel@earthink.net](mailto:barbarastravel@earthink.net)**



**THE BANDS VISIT**

**Wednesday, January 19, 2022 - \$123 (only 20 tickets)**

The critically acclaimed smash-hit Broadway musical *THE BAND'S VISIT* is the winner of 10 Tony Awards, including Best Musical, making it one of the most Tony-winning musicals in history. It is also a Grammy Award® winner for Best Musical Theater Album. In this joyously offbeat story, set in a town that's way off the beaten path, a band of musicians arrive lost, out of the blue. Under the spell of the desert sky, and with beautiful music perfuming the air, the band brings the town to life in unexpected and tantalizing ways. Even the briefest visit can stay with you forever. With a Tony and Grammy-winning score that seduces your soul and sweeps you off your feet, and featuring thrillingly talented onstage musicians, *THE BAND'S VISIT* rejoices in the way music makes us laugh, makes us cry, and ultimately, brings us together. Showtime 2pm (100 minute show - no intermission). Driver's gratuity included. NO PARKING IN CENTER/SAFEWAY LOTS.



Departure #1	Smith Ranch Road Park & Ride	11:45 AM
Departure #2	San Rafael Community Center	12:15 PM
Return	Approximately 5:00 PM	
Price	Members \$123   Non-Members \$133	
Reservation/ Cancellation Date	December 15, 2021	

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## CLASSES

### COOKING WITH EFFIE



It's Cooking Time!

#### COOKING WITH EFFIE

Friday, January 21st, 11:30am-1:30pm

San Rafael Community Center Kitchen

It's Cooking Time!

Reserve your place today at the Goldenaires office.

Maximum 15 members

Fee: \$15.00, members. \$20, non members.

Includes: Demonstration, lunch (Entre', Dessert & Tea), recipes & laughs!



## Cruise America's Rivers in 2021 & 2022

### Cruise the 4 America Queen Voyages River/Paddle Boats

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[barbarastravel@earthlink.net](mailto:barbarastravel@earthlink.net)

## DAY TRIPS - SHOW SURVEY

**2021-2022 San Francisco Broadway by the Bay Show line-up. Let us know which shows you think look interesting and might be interested in attending. We will develop a list and let people on the list know as soon as we begin taking reservations.**

### **HADESTOWN - June - July 3, 2022**

Cleaning up during the 2018/19 awards season, plucky folk opera Hadestown garnered eight Tony Awards (including the coveted Tony for Best Musical), four Drama Desk Awards, six Outer Critics Circle Awards and a Drama League Award. Rollicking tunes like 'Road to Hell', 'Way Down Hadestown' and 'Wait for Me' punctuate the story of Orpheus, narrated by Hermes. The penniless muso and poet resolves to retrieve his love, the beautiful runaway Eurydice, when she is tempted by Hades to enter the underworld in a bid to escape the frost, famine and empty bellies of the winter months brought on by Persephone's annual tenure below. As with the ancient original, tragedy awaits in the wings, offset by exquisite melodies, jaunty rhythms and a brilliant, inventive way of story telling.

### **THE PROM - June 21-July 17, 2022**

Making its Broadway debut in October 2018 The Prom wowed the critics for its welcoming message and high-energy production. A hit with New York audiences The Prom garnered seven 2019 Tony Award nominations and won the 2019 Drama Desk award for Outstanding Musical. In a small town in Indiana, prom has been canceled! And it's not down to bad behavior or financial issues - it's because the high school has forbidden, a female student, Emma from bringing her girlfriend! When a group of quirky Broadway actors hear her story, filled with outrage they swiftly travel to the community in an attempt to correct the injustice.



### **OKLAHOMA - August 16 - September 11, 2022**

First making its bow on the Great White Way in 1943, Rodgers and Hammerstein's evergreen classic *Oklahoma!* A 12 member ensemble shines a new light on *Oklahoma's* corn-fed romantic triangles, naturally tapping into contemporary issues of gun violence, sexual politics and class-based discrimination. Still set in an Oklahoma Territory on the verge of statehood in the early 1900s, it follows what seems like the simple trials and tribulations of cocksure cowboy Curly and broody farmhand Jud, who vie for the affections of the enchanting farm girl Laurey whilst angling to win her as a date at a local party. But within its lighthearted exterior, sex and violence bubble to boiling point and Fish artfully sets them free in a whirlwind, blood-drenched climax that makes Game of Thrones look tame.

### **MOULIN ROUGE! - September 7 - November 6, 2022**

Enter a world of splendor and romance, of eye-popping excess, of glitz, grandeur and glory! A world where Bohemians and aristocrats rub elbows and revel in electrifying enchantment. Pop the champagne and prepare for the spectacular spectacular...Welcome to *Moulin Rouge! The Musical*. Baz Luhrmann's revolutionary film comes to life onstage, remixed in a new musical mash-up extravaganza.

### **AIN'T TOO PROUD - THE LIFE & TIES OF THE TEMPTATIONS - November 8-December 4, 2022**

Garnering twelve 2019 Tony Award nominations (one of the season's most nominated productions) Ain't Too Proud garnered praise from the critics for its sublime performances and refreshing telling of how one of the world's most successful bands came to be. Full to the brim with some of The Temptation's most iconic hits (*My Girl, Papa was a Rolling Stone, Just My Imagination* to name a few), Ain't Too Proud follows the rise of the five-piece from Detroit, from their humble beginnings and dud starts to international superstardom!



### **TOO KILL A MOCKINGBIRD - September 13 - October 9, 2022**

Oscar winner Aaron Sorkin brings his Broadway smash hit out on tour for the first time! Opening to much critical acclaim back in 2018, *To Kill A Mockingbird* tells the story of a black man accused of rape in pre-civil rights era Alabama and the noble lawyer who defends him. Directed by the iconic, and Tony-winning Barlett Sher, witness the tale of an era come to life on stage!

## BRAIN EXERCISE

## Winter Wonderland

E F R B Y R E P P I L S C H I L L Y  
 P R E R S F F U M R A E F W D L O C  
 S O T T I N S Y B S L E Y Y D N I W  
 T Z N R O N L E C A L P E R I F O I  
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 O N W T O O A L M T Y R A U R B E F  
 B S T A W T O G L O V E S T D E L S  
 B I T Z O W C D Y R E T S U L B N S  
 M S E T A N R E B I H O R S S O E S  
 E R K A S E U R S B R E O N W I X K  
 O B N N T S E N H F V N O J R B F A  
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 C C B H S K A N W U U L Z T O A C N  
 I A S T I J I O I A F Z S T K T S G  
 C A O I G B N T R Z A O I C Y E F L  
 I R N A A S A Y G R R Y T S O R F J  
 M G A C N L R A D F T A O C O C Z Q

## Word List:

BELOWZERO  
 BOOTS  
 COCOA  
 FIREPLACE  
 FROZEN  
 HIBERNATE  
 JACKFROST  
 SHIVER  
 SLED  
 SNOWSTORM

BLANKET  
 CABINFEVER  
 COLD  
 FLURRIES  
 GLOVES  
 ICICLE  
 MITTENS  
 SHOVEL  
 SLIPPERY  
 SNOWSUIT

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 CHILLY  
 EARMUFFS  
 FROSTY  
 HAT  
 ICY  
 PLOW  
 SKATING  
 SNOW  
 WINDY

BLUSTERY  
 COATS  
 FEBRUARY  
 FROSTY  
 HEATER  
 JANUARY  
 SCARF  
 SKIING  
 SNOWMAN  
 WINTER



## Goldenaires Gift Certificates

Gift Certificates are available to purchase in the office. They make great gifts for friends and family members can purchase them for you. Any amount is available.



### A FUNNY LITTLE STORY

"Sugar why don't you sit down by the table and we'll start supper." Said Dorothy to her Husband of 50 years.

"Sure thing," said her husband settling himself down.

"Now darling, would you like the soup first or the salad?" Questioned Dorothy.

"Umm I guess I'll take the soup." He responded.

After a whole meal of one endearing term after another, their guest Bob couldn't contain his curiosity any longer.

Bob snuck into the kitchen and asked, "Dorothy do you always talk to your husband like that?"

"Bob, I'll be honest with you," Dorothy replied. "It's been five years now, I just can't remember his name, and I am just too embarrassed to ask him!"



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# TRIP POLICIES & PROCEDURES | OTHER PROGRAMS

## Trips

**COVID 19 REQUIREMENTS: MUST HAVE COVID 19 VACCINATION. MUST WEAR MASK ON BUS AND IN LOCATIONS THAT REQUIRE THEM.**

**Bus Information:** When riding on our chartered buses, you are not allowed to walk around while the bus is in motion. Please remember that water may not be available on the bus, so bring a bottle of water if you require some while on a trip. Please, no talking to the bus driver while he/she is driving, as it is unsafe. Please wear your name badge while on trips and at events. No drinking of alcohol or smoking allowed on the bus. Bus restrooms are for emergencies only! **NO PARKING IN COMMUNITY CENTER/SAFEWAY LOTS FOR TRIPS.**

**Payments & Refunds:** Cash, checks and credit cards (minimum purchase \$30) are gladly accepted. Receive a 100% refund if you cancel before the deadline date; **NO REFUND** if you cancel after the deadline. If we can fill your space after the deadline, you will receive a 90% refund, unless there are additional charges from the tour company **OR** if you cancel the day of the tour. Checks returned to our office will be charged a \$10 fee in addition to your bank's fee. Refund checks will take two weeks to process.

**Trip Reservations:** Reservations can be made by phone with a credit card, in person at the office or mailed in. **Reserve Early!**

## Guests Are Welcome to Join Trips,

**Dinners & Luncheons:** We welcome guests that are over the age of 21 to join trips and dinners. For Bingo, we ask that guests are at least 18 years old and for luncheons, guests must be 13 years and older. Non-members must pay an additional \$10 for trips and sign a release form. Dinners and luncheons, there is an extra \$5 fee for non-members.

**Perfume, Aftershave and Cologne Are Not Allowed on Trips!** We appreciate your cooperation and consideration of others.

**Be On Time:** When the trip escorts tell you the time to re-board the bus, i.e. Reno/Tahoe/day trip, please be on time – don't make passengers wait. Escorts have been instructed to leave passengers -- therefore late passengers will have to pay for their transportation home!

**Be Courteous to Members:** Please limit use of cell phones while on bus trips. Calling for your ride home is acceptable, but not a lengthy conversation while riding on the bus. In addition, please cover your mouth when coughing – germs spread like wildfire when on a bus/plane.

**Parking Reminder!** While on bus trips, please **NO PARKING in the Community Center or Safeway parking lots.** If you are being picked up after a trip, please have your driver pick you up at the Center and NOT Park and Ride. The Center parking lot is for participants - Goldenaires - while in the building, participating in a class, doing business with the office or Bingo.

to ride public transit due to a disability and provides door to door service.

## Whistlestop Carepool

**Free Ride:** Get a FREE RIDE to medical appointments and to the grocery store. If you are 65 years or older or a person with disabilities, a Marin resident and able to travel in a passenger vehicle-requesting a ride is a phone call away! Call (415) 454-0927 or email [carepool@whistlestop.org](mailto:carepool@whistlestop.org) to sign up for CarePool.

**Volunteer:** Make a difference in your community by volunteering to Drive Marin County neighbors-in-need to medical appointments and to the grocery store. Sign-up and accept rides through email. (415) 456-9062, ext. 117 or Email: [volunteer@whistlestop.org](mailto:volunteer@whistlestop.org).

## Giving

### Gift Certificates

The Goldenaires Organization provides gift certificates for any dollar amount that can be applied to any activity, class, trip or event that we offer. In addition, we also issue certificates for BINGO! So, looking for a gift for a fellow Goldenaire? Look no further!

Purchase certificates in Goldenaires office. Don't forget our Memorial Fund in memory of a member or a loved one.

### Memorial Fund

San Rafael Goldenaires Organization appreciates all bequests, whether large or small. All gifts either in memory of a loved one, a friend or in your estate helps with the continued programs and success of this organization. For many of our deceased members, their families have listed the Goldenaires as a recipient to send donations. We deeply appreciate your support as these monies allow us to offer programs and services at either a reduced cost or no cost to the members. Donations are 100% tax deductible. Thank you!

## Other

### Marin Medical Equipment Recyclers

This is a locally run volunteer non-profit based in San Rafael. They accept donations of clean and usable medical equipment and supplies and give them to individuals in our community who need them. To donate items: Wednesdays ONLY- 11:00-2:00pm 3100 Kerner Blvd., San Rafael. Contact for more information (415) 388-8198.

## Transportation Options

### Marin Access

**Volunteer Program:** (415) 454-0902 Provides transportation support for seniors and ADA eligible riders in Eastern Marin. Provides mileage reimbursement to the driver- \$0.35 per mile at 100 miles/mo or 300 miles/mo in West Marin.

**Catch-A-Ride:** (415) 446-0902 Allows Marin residents who are age 80 and older as well as residents 60 and older who no longer drive to receive a subsidy to use taxis and other licensed vehicles within Marin. Receive a \$14 subsidy toward rides, \$18 if low income. Receive eight one-way rides a month.

**Marin Access Paratransit:** (415) 454-0902 This is for Marin residents who are unable

# ONGOING CLASSES & PROGRAMS

## Contract Bridge

**Mondays | 10:30am-2:30pm**

If you have played bridge previously and have a "passing knowledge" of the game, join us. No reservations needed, but you MUST arrive no later than 10:15am and bring your own lunch.

Chairperson: Bill Nicholson

## Mahjong—Call for information

Chinese tiles are used for (Asian) play. No fee – this is an ongoing program.

Instructors will assist in helping members learn the game.



## Duplicate Bridge (non-sanctioned)

**Wednesdays | 10:30am-2:00pm**

You must already know how to play; this is not a teaching class. If you would like to join the game, please call the office and we will put you in touch with the group leader. Bring your own lunch.



## Wood Carving

**Fridays | 9:00am-12:00pm**

A great, inexpensive, fun class that promotes a truly rewarding hobby. Beginners welcome! NO FEE. Students help out, teaching each other techniques and showing you how much fun wood carving can be!

## Crafts Boutique

**Fridays | 12:00pm-2:00pm**

Enjoy the fun of learning new crafts while making new friends. The craft group meets every Friday. They design some items and hand-make all our crafts – ideas here are always welcome. Our items are always on sale for a reasonable price, so come down and look at the display in the trophy case and in the Goldenaires office. Better yet, if you have a talent you would like to share with the craft group, come on down and join us.



## Acrylic Painting

**Mondays | 11:30am-3:30pm**

Practice your painting skills and create new things in a fun-loving, encouraging environment. Bring your own supplies. Ongoing. New persons may join at any time. Yvonne Brown, artist, is willing to guide/suggest painting techniques.



## Watercolor Painting

**Tuesdays | 10:30am-3:00pm**

Beginner and experienced students are welcome to join this friendly group for a day of painting. Bring your own supplies and instructor Ann Carroll will provide a still life display for you to paint or work on your own subject matter. Students work at their own pace. Instruction is given if desired. A small fee for the instructor's mileage is requested. Instructor: Ann Carroll.

## Bocce – Open Play

**Tues/Fri/Sat/Sun | 9:00am-4pm**

Albert Park -next to SR Comm. Center. If interested in lessons, please arrive at 9am or after 12Noon. Everyone is welcome, and no experience is required! Call for current fees.

League play begins in March-October on M/W/TH. Goldenaires subsidizes part of league fee-\$15/ team. It is a lot of fun, great exercise & you'll meet new friends.

For complete details, fees and current schedule, call the Bocce office (415) 485-5583.

WEDNESDAY AFTERNOON BINGO

WEDNESDAY



©LPi

Games begin at **12:00PM**

Doors open at **10:30AM**

*December 1, 8, 15 & January 5, 12, 26*

at the San Rafael Community Center  
618 B Street, San Rafael



**CASH PRIZES \$40-\$100**

**15 Games of Bingo Played**

9 Regular Games - \$50 prizes

1 Regular Blackout - \$90 prize

4 Specials - \$90 prizes

1 Special Blackout - \$125 prize

Regular Game Packs \$5 - \$10

Special Games \$1 each



**PROOF OF VACCINATION REQUIRED. MUST WEAR MASK IN BUILDING.**

**2021/2022 Dates: November 24. December 1, 8, 15. January 5, 12, 26**

For more information or questions call 415-485-3348

## ONGOING CLASSES &amp; PROGRAMS

*We are hoping to resume in-person classes in January. Please call 415-485-3333 for updates. Until we can exercise in person without masks, Jeanette will continue to offer her classes online.*

**Zoom Fitness with Jeanette Logan** Jeanette Logan, our fabulous fitness instructor, continues to offer classes on Zoom from her own living room. Jeanette always offers a wonderful class in a caring environment. She will contact you before you begin so you know what to expect and the options available. Give her a call or send her an email to get started, Jeanette Logan at [jl@youthfulhearts.com](mailto:jl@youthfulhearts.com) or call her at (707) 642-3603. Now is the time to get moving if you haven't started already! New year & a new you! You will feel better too!

**Monday:** 9:15am - 10am, Fit and Fun, Low Impact Aerobics + more  
10:30am - 11:15am, Still Going Strong, Strength & Stretch + more  
12:45pm - 1:15pm Line Dancing (we'll do 2 or 3 beginner dances.)

**Thursday:** 9:15am - 10am, Fit and Fun, Low Impact Aerobics + more  
10:30am - 11:15am, Still Going Strong, Strength & Stretch + more  
12:45pm - 1:30pm, Chair Exercise, light cardio, strength & stretch

**At this time, classes are offered on a donation basis to support our very caring and special teacher Jeanette. She is helping you stay healthy, so please keep her in business with your donations. Any questions you may also call 415-485-3348.**



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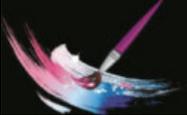
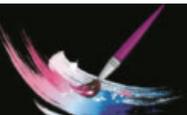
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# NOVEMBER CALENDAR OF EVENTS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Duplicate Bridge 10:30-2 <b>BINGO!!</b> <b>12noon</b> 	<b>2</b>	<b>3</b> Wood 9-12 Crafts 12-2 	<b>4</b>
<b>5</b>	<b>6</b> Board Mtg. 10am Bridge 10:30-2:30 Acrylic Painting 11:30-3:30 	<b>7</b> Watercolor 10:30-3  Pearl Harbor Remembrance Day	<b>8</b> Duplicate Bridge 10:30-2 <b>BINGO!!</b> <b>12noon</b> 	<b>9</b>	<b>10</b> <b>WINTER                      AFTERNOON                      GALA</b> Doors Open 11:30 Lunch @ 12:30 	<b>11</b>
<b>12</b>	<b>13</b> Bridge 10:30-2:30 Acrylic Painting 11:30-3:30 	<b>14</b> Watercolor 10:30-3 	<b>15</b> Duplicate Bridge 10:30-2 General Mtg 11:45 <b>BINGO!!!!</b> <b>12noon</b> 	<b>16</b>	<b>17</b> Wood 9-12 Crafts 12-2 	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>COMMUNITY CENTER &amp; GOLDENAIRES OFFICE CLOSED</b> <b>DECEMBER 19, 2021- JANUARY 2, 2022</b> <i>Happy Holidays!</i>						
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>COMMUNITY CENTER &amp; GOLDENAIRES OFFICE CLOSED</b> <b>DECEMBER 19, 2021 - JANUARY 2, 2022</b> <i>Happy Holidays!</i>						

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## Protect Your Medicare

Follow these Tips to prevent Medicare ID fraud:

- >> Keep your Medicare and Social Security cards secure.
- >> Don't share your numbers with anyone but your health care team.
- >> If someone calls and asks for your Medicare information, hang up. Medicare will only call you if you've called and left a message or a representative said that someone will call you back.
- >> Check your statements carefully and log into **Medicare.gov** to spot any possible fraud or billing mistakes.
- >> Report suspicious activities by calling **Senior Medicare Patrol:**



# 1-855-613-7080



This project was supported, in part, by grant 90MPPG019-04-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.



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San Rafael Goldenaires Sr. Citizens, San Rafael, CA

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# HIGHLIGHT EVENT



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>Happy New Year! 2022</p>
<p>2</p>	<p>3</p> <p>Board Mtg. 10:00 Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p> <p>BOARD MEETING</p>	<p>4</p> <p>Watercolor 10:30-3</p>	<p>5</p> <p>Duplicate Bridge 10:30-2</p> <p><b>BINGO!!</b> 12noon</p>	<p>6</p>	<p>7</p> <p>Wood 9-12 Crafts 12-2</p>	<p>8</p>
<p>9</p>	<p>10</p> <p>Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p>	<p>11</p> <p>Watercolor 10:30-3</p>	<p>12</p> <p>Duplicate Bridge 10:30-2</p> <p><b>BINGO!!!!</b> 12noon</p>	<p>13</p>	<p>14</p> <p>Wood 9-12 Crafts 12-2</p> <p>National Dress Up Your Pet Day</p>	<p>15</p>
<p>16</p>	<p>17</p> <p>Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p>	<p>18</p> <p>Watercolor 10:30-3</p>	<p>19</p> <p>Duplicate Bridge 10:30-2</p> <p>National Popcorn Day</p>	<p>20</p>	<p>21</p> <p>Wood 9-12 Crafts 12-2</p>	<p>22</p>
<p>23</p> <p>30 _____</p> <p><b>"B" Street Ballroom</b> 1-5pm</p>	<p>24</p> <p>Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p> <p>31 _____</p> <p>Bridge 10:30-2:30 Acrylic Painting 11:30-3:30</p>	<p>25</p> <p>Watercolor 10:30-3</p>	<p>26</p> <p>Duplicate Bridge 10:30-2</p> <p>General Mtg 11:45</p> <p><b>BINGO!!</b> 12noon</p>	<p>27</p>	<p>28</p> <p>Wood 9-12 Crafts 12-2</p>	<p>29</p>



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## CURRENT RESIDENT OR

### **Please read the Newsette!**

Dates are subject to change & more activities may be added!

Also...Check out the  
Goldenaire's website  
[www.srgoldenaires.org](http://www.srgoldenaires.org) for up to  
date news and information.



All activities held at the San Rafael  
Community Center

### **HOLIDAY GALA LUNCHEON**

Friday, December 10th

### **COOKING WITH EFFIE**

Friday, January 21

### **SUNDAY "B" STREET BALLROOM**

Sunday, January 30

### **MONDAY NIGHT BINGO**

Monday, February 7

### **VALENTINE'S LUNCH**

Sunday, February 21