

**PO Box 849**  
**501 E Moore Street**  
**Granbury TX 76048**



**HOURS**

Monday thru Friday  
8 am to 3 pm

*NO Membership Fees*

**LUNCH**

Lunch is served from  
11:30 am to 12:15 pm,  
Monday thru Friday

\$3.50 suggested donation 60yr+  
\$5.50 donation if under 60yrs

**EVENING DANCES**

*Every Thursday evening from  
7pm to 9:15pm.*



**UPDATE: Senior Angel Tree Project 2021**

The 8th Annual Senior Angel Tree Project is a wrap! 114 Senior Angels were gifted items from their personal wish lists this year. Depending on what was asked for and who chose the list from the tree ... there might just be a memorable story attached to each gift.

The most popular items requested this year were things such as: pajamas, house shoes, robes, socks and candy. In fact, the most requested item this year was house shoes. Pajamas and/or night gowns came in a close second. Lots of people asked for necessities, like toilet paper. Some of the less common requests were things that not everyone is looking for, like a ceramic Christmas tree, an alarm clock, a can opener, crab legs, knick-knacks, a doorbell with two receivers where you can speak to the person at the door, a calculator with BIG numbers on it, or a Bible.

We always enjoy reading the wish lists and speaking to some of the angels on the phone to narrow down their desires. The most fun phone call this year was with a senior who has a deep love for the theatre. He lives within walking distance of the square and has a desire to see the "Sound of Music" and "West

Side Story" this coming year at the Granbury Opera House. He asked if there was some way that he could get a gift certificate for one performance. We told him that we would certainly find out. Another staff member overheard the conversation and mentioned it to a friend. Fast forward a couple of weeks and a local Sunday School class showed up with a smile on their faces. We were so grateful that a Season Pass was soon hand-delivered to this sweet man for Christmas!

There was a conversation with an angel whose request simply stated, "A friendly, smiling face is all I need". She said the only thing she really needed was yard help. She would welcome something like a gift certificate for raking or weeding because she is unable to perform the tasks alone. Another angel desperately needed her home "fumigated" for insects. Before her wish list was delivered to the Senior Center, it was already being taken care of.

Senior Center staff and volunteers sincerely appreciate the opportunity to be able to come together with the Hood County Community each year to make dreams come true.



# A LITTLE HUMOR:

## Funny Stuff from Barb Facer

Now that we can go places again...

- *I have been in many places in my life but I've never been in Cahoots! Apparently, you can't go alone. You have to be in Cahoots with someone.*
- *I've also never been in Cognito, but I hear no one recognizes you there.*
- *I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my friends and family. I live close, so it's a short drive.*
- *I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore.*
- *I have been in Doubt. That is a sad place to go and I try not to visit there too often.*
- *I've been in Flexible, but only when it was very important to stand firm.*
- *Sometimes I'm in Capable, and I go there more often as I'm getting older.*
- *One of my favorite places to be is in Suspense? It really gets the adrenalin flowing and pumps up the old heart! At my age I need all the stimuli I can get!*
- *And, sometimes I think I am in Vincible, but life shows me I am not.*
- *People keep telling me I'm in Denial, but I'm positive I've never been there before!*
- *So far, I haven't been in Continent, but my travel agent says it's on the list.*



# WANTED

**Friday, January 21st**  
**10:00 to 11:30 am**

**ATTN: Cowboys & Cowgirls**

**Break out your Boots and Saddle Up for Some Fun.**  
**Music provided by Cowgirl Margie Hartsfield.**

Wear your best Old Western Apparel for an Old West Party

## THURSDAY NIGHT DANCE

Thursdays | 7 pm



- |          |   |
|----------|---|
| Jan 6th  | Pete & Patti  |
| Jan 13th | Outcast (CB Sutton)   |
| Jan 20th | Outlaw Run<br><small>*Snack Host: Lakestone Terrace</small> |
| Jan 27th | Cowboy Country Productions                                  |
| Feb 3rd  | Pete & Patti  |
| Feb 10th | Outcast (CB Sutton)   |
| Feb 17th | Outlaw Run  |
| Feb 24th | Cowboy Country Productions                                  |

Doors open at 6pm  
Dance starts at 7pm  
\$5 per person entry fee

PROUDLY SPONSORED BY:



Get Ready to

# Karaoke



Friday, January 7th

10:30am to 11:30am

Thank You, Travis Moncrief!

# Chicken Enchilada Soup



**FOR TOPPING:**

- 3/4 cup shredded part skim cheddar cheese
- 1/4 cup chopped scallions
- 1/4 cup chopped cilantro
- 4 oz haas avocado, diced
- 6 tbsp sour cream



**INGREDIENTS**

- 2 tsp olive oil
- 1/2 cup chopped onion
- 3 cloves minced garlic
- 3 cups low sodium chicken broth
- 8 oz can tomato sauce
- 1 tsp chipotle chili in adobo sauce
- 1/4 cup chopped cilantro
- 15 oz black beans (rinsed, drained)
- 14.5 oz can petite diced tomatoes
- 2 cups frozen corn
- 1 tsp cumin
- 1/2 tsp dried oregano
- 2 skinless chicken breasts

**INSTRUCTIONS**

- Heat oil in saucepan over medium-low heat. Add onion and garlic and saute until soft, 3 to 4 minutes. Slowly add chicken broth, tomato sauce and chipotle adobo sauce and bring to a boil. Add cilantro and remove from heat. Pour into crock pot.
- Add drained beans, diced tomatoes, corn, cumin, oregano and stir. Add chicken breasts; cover and cook on low heat 4 to 6 hours.
- Remove chicken and shred with two forks. Add chicken back into the soup, adjust salt and cumin to taste. Serve in bowls and top with cheese, avocado, scallions and cilantro. Also great with sour cream or crushed tortilla chips.

*This recipe is taken from www.skinnytaste.com*

## Elara Caring

**Skilled Home Health**

- Have you or a loved one had a...
- recent hospitalization, surgery or ER visit?
  - new diagnosis or change in health condition?
  - fall/near fall or unsteady gait/poor balance?



**Hospice Care**

Hospice care isn't about giving up. It's a shift in the focus of care to improve quality of life and offer support to patients and caregivers.

Would you or a loved one like more information about the added benefits of hospice care?



## We Can Help

In-home support teams include: nurses, physical therapists, occupational therapists, speech therapists, social workers, home health aides and more.

833.GoElara  
(833.463.5272)  
Elara.com



# 4 | JANUARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
BBQ on a Bun Corn Cucumber & Tomato Salad Dessert	Mushroom Ravioli with Chicken Peas Carrots Garlic Bread Dessert	Beef Stew Corn Bread Dinner Salad Dessert  Ranch Dressing/Butter	Chicken Pot Pie Okra & Tomatoes Dessert	Salisbury Steak With Gravy Baked Potato Capri Vegetables Roll Dessert  Butter
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Meatballs with Gravy Ricee Broccoli Roll Dessert  Butter	Chicken & Dumplings Vegetables Roll Dessert  Butter	<b>BIRTHDAY DAY!</b>  Meat Loaf Mashed Potatoes Green Beans Roll Dessert  Butter	Potato Crusted Cod Black Eyed Peas Corn Dessert  Tartar Sauce	Cheese Burger French Fries Baked Beans Lettuce/Tomato Onion/Pickles Dessert  Ketchup Mayo/Mustard
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Herb Baked Chicken Sweet Potatoes Peas Roll Dessert  Butter	Beef Enchilada Refried Beans Spanish Rice Dessert  Picante	Chicken Parmesan Noodles Vegetables Garlic Bread Dessert  Parmesan	Tuna Casserole Green Beans Dessert	Turkey with Gravy Carrots Dressing Roll Dessert  Butter
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Chicken Fried Steak With Gravy Mashed Potatoes Okra & Tomatoes Roll Dessert  Butter	Beef Tips with Gravy Egg Noodles Tuscan Vegetables Bread Dessert  Butter	Chicken Tenders With Gravy French Fries Pinto Beans Dessert  Ketchup	Mexican Beef Stew Dinner Salad Crackers Dessert  Ranch	Ham & Cheese Quiche Two Bean Salad Spinach Dessert
<b>31</b>				
Smoked Sausage Baked Beans Potato Salad Dessert				

*Menus are subject to change without notice. Suggested donation for age 60+ is \$3.50 per meal. Meals are delivered Monday-Friday to Meals on Wheels clients. For this service, you are asked to call and cancel if you will not be home for delivery. Congregate clients are served in the dining room from 11:30 am to 12:15 pm, Monday-Friday. Congregate clients do not need to make a reservation. 817.573.5533*

# 5 | JANUARY ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10am Dominoes 10:30 Gospel Sing-A-Long 12:15 BINGO	10am Dominoes 10:30 Margie Hartsfield Musician 10:30 Hand & Foot 1:30 Volunteer Driver Training	9:30 Chair Fitness with Rusty 10am Dominoes 11am Elderly Abuse Presentation 12pm Woodcarving Club 1pm Needlers	10am Dominoes 10:30 Bobby Don Shelton Musician 10:30 Health Screen Renew Home Health 7pm to 9:15 DANCE Band: Pete & Patti	10am Dominoes 12:15 BINGO
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
10am Dominoes 10:30 Gospel Sing-A-Long 12:15 BINGO	10am Dominoes 10:30 Hand & Foot 10:30 Health Screen Stephen's 12pm to 2pm Week 1 Acrylic Painting	BIRTHDAY DAY! Spnsr: 9:30 Chair Fitness with Rusty 10am Dominoes 10:30 Bob Smith Musician 12pm Woodcarving Club 1pm Needlers	10am Dominoes 7pm to 9:15 DANCE Band: Outcast	10am Dominoes 10:30 KARAOKE with Travis Moncrief 10:30 Beta Sigma Phi 10:30 Health Screen Trinity Nrsng 12:15 BINGO
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Martin Luther King Jr Day 10am Dominoes 10:30 Gospel Sing-A-Long 12:15 BINGO	9:30 AAA Benefits Counselor, Simon Manrique 10am Dominoes 10:30 Hand & Foot 12pm to 2pm Week 2 Acrylic Painting	9:30 Chair Fitness with Rusty 10am Dominoes 12pm Woodcarving Club 1pm Needlers	10am Dominoes 10:30 Health Screen Interim Health 7pm to 9:15 DANCE Band: Outlaw Run Snacks: Lakestone Terrace	OLD WEST PARTY DAY! 10am Dominoes 10:30 Margie Hartsfield Musician 10:30 Hearing Aid Cleaning with Connect Hearing 12:15 BINGO
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
10am Dominoes 10:30 Gospel Sing-A-Long 12:15 BINGO	10am Dominoes 10:30 Hand & Foot 10:30 Doug & Dar Musicians 10:30 Health Screen Stephen's 12pm to 2pm Week 3 Acrylic Painting	9:30 Chair Fitness with Rusty 10am Dominoes 11am Legal Advice with Attorney, Tracy Bush 12pm Woodcarving Club 1pm Needlers	10am Dominoes 10am Veterans Coffee Break 11am Finding Help in the Home with Jackie @ ADRC 7pm to 9:15 DANCE Band: Cowboy Country Productions	Bingo Prize Drawing Day 10am Dominoes 10:30 Beta Sigma Phi 12:15 BINGO
<b>31</b>				
10am Dominoes 10:30 Gospel Sing-A-Long 12:15 BINGO				

# 6 | ANGEL TREE DELIVERIES



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Hood County Senior Center, Granbury, TX

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Call the office to make a credit card donation or tear off this card and mail to:

**Meals on Wheels Hood County**  
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Granbury, TX 76048



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Jeanette Scott <i>Executive Director</i>	Shylo Preston <i>Meal Program Manager</i>	OPEN POSITION <i>Volunteer Coordinator</i>	Michelle Schmidt <i>Bookkeeper</i>
Crystal Smith <i>Activity Mgr/Admin Assistant</i>	Debbie Langston <i>Meal Program Assistant</i>	Tomika Elliott <i>Kitchen Manager</i>	Barbara Facer <i>Transportation Director</i>
Shayn Arbuckle <i>Activities Assistant</i>	Stacy Brown <i>Meal Program Assistant</i>	Tracy Drake <i>Kitchen Staff</i>	Shelly Moorehead <i>Transportation</i>
	Jane Hill <i>Meal Program Assistant</i>	Jessica Harkins <i>Kitchen Staff</i>	Fernando Abalos <i>Custodian</i>

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Whether you were a driver that delivered the meal and the wish list, or the volunteer who answered the phone and sent out another form, or the person in the community who read about the Angel Tree in the newspaper and decided to make a difference by participating, or the person who took the angels from the tree and went shopping as if you were shopping for your own family, or the volunteer who delivered the gifts to the angels, or the community member who couldn't shop, but made a donation to help purchase gifts... from the very bottom of our hearts, we THANK YOU!!

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