

APRIL 2022 Issue

PO Box 849
501 E Moore Street
Granbury TX 76048

HOURS

Monday thru Friday
 8 am to 3 pm
NO Membership Fees

LUNCH

Lunch is served from
 11:30 am to 12:15 pm,
 Monday thru Friday
 \$3.50 donation (60yr+)
 \$5.50 donation (under 60yrs)

EVENING DANCES

*Every Thursday evening from
 7pm to 9:15pm.*



Who is this masked woman?

If you have ever called Meals on Wheels (or the Senior Center) on a Friday before noon, it is likely that you had the joy of speaking with Kelli. She is one of our front desk volunteers. She answers phones, transfers calls, takes messages, greets people, answers tons of questions, and is our first contact with the public as they walk in or call. She does it with that beautiful smile of hers! We can't do all we do every day without dedicated volunteers like Kelli!

VOLUNTEER APPRECIATION RECEPTION

April 19, 2022

April is Volunteer Appreciation Month.

The Hood County Senior Center/ Meals on Wheels Hood County is taking this opportunity to sincerely appreciate all of our volunteers.

Meals on Wheels is serious business. So is feeding and entertaining people at the Senior Center. The fact of the

matter is that it seems like sometimes we are all running so fast to keep ahead of the game that we don't take a moment to say THANK YOU to the people who make it happen every day.

If you are a VOLUNTEER for our

There will be many door prizes.

You are asked to RSVP to Shylo at shylo@mowhctx.org by April 9th.

Note to our clients: Please take a moment to thank the volunteer(s) that you encounter each day in April.

organization, you have been invited to join us for a come and go reception on April 19th from 3pm to 6pm.

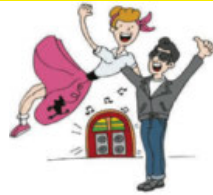
Light hors d'oeuvres will be served.



**Friday, April 22nd
10:30 am**

It's a Sock Hop, folks!

Don't be lame. Put on your groovy duds and join us for a cool, hip time.



Margie Hartasfield is performing, and the sponsor is bringing coke floats and snacks!



Chair Fitness Classes



Wednesdays in April:

April 6th @ 9:30 am

April 13th @ 9:30 am

April 20th @ 9:30 am

April 27th @ 9:30 am

Woodcarving Club

If you have ANY interest in carving wood, you should stop by the Senior Center and speak with Len, or just watch as they carve any number of creations from a block of wood.



Our woodcarving expert, Len Cooper is here every Wednesday from just before noon until about 1:00pm.



Friday, April 8th @ 10:30

Don't Be Shy!

This event is now scheduled EVERY month on the 2nd Friday!



Line dancing class with Keron Vanlandingham is a HUGE hit! Mark your calendars for the 2nd & 4th Wednesdays at 1pm.

**Line
Dancing
IS MY
Cardio**

Classic Deviled Eggs



INGREDIENTS

- 4 large hard boiled eggs (cooled & peeled)
- 2 tablespoon light mayonnaise
- 1 teaspoon Dijon mustard
- Paprika (for garnish)
- Salt & black pepper (to taste)
- 2 tablespoons chopped fresh chives



INSTRUCTIONS

- Boil the eggs
- Cut eggs in half lengthwise. Remove yolks and put them in a bowl.
- Add mayonnaise, mustard, salt and pepper to the yolks and mash.
- Transfer them to a plastic bag, snip the corner and pipe them into the egg whites.
- Top with chives and paprika.

Makes 4 servings. *This recipe is taken from www.skinnytaste.com*

Elara Caring

Skilled Home Health

- Have you or a loved one had a...
- recent hospitalization, surgery or ER visit?
 - new diagnosis or change in health condition?
 - fall/near fall or unsteady gait/poor balance?



Hospice Care

Hospice care isn't about giving up. It's a shift in the focus of care to improve quality of life and offer support to patients and caregivers.

Would you or a loved one like more information about the added benefits of hospice care?



We Can Help

In-home support teams include: nurses, physical therapists, occupational therapists, speech therapists, social workers, home health aides and more.

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4 | APRIL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Menus are subject to change without notice. Suggested donation for age 60+ is \$3.50 per meal. Meals are delivered Monday-Friday to Meals on Wheels clients. For this service, please call and cancel if you will not be home for delivery. Congregate clients are served in the dining room from 11:30 am to 12:15 pm, Monday-Friday. Congregate clients do not need to make a reservation.</i></p>				<p>1</p> <p>Cheeseburger Baked Beans Tater Tots Lettuce/Tomato Onions/Pickles Dessert</p> <p>Mayo Mustard/Ketchup</p>
<p>4</p> <p>Pinto Beans with Ham Potato Wedges Corn Bread Dessert</p>	<p>5</p> <p>Lemon Pepper Chicken Cabbage Carrots Roll Dessert</p> <p>Butter</p>	<p>6</p> <p>Beef Goulash Corn Cucumber Tomato Salad Dessert</p> <p>Butter</p>	<p>7</p> <p>Chicken Broccoli Stir Fry Fried Rice Egg Roll Fortune Cookie Dessert</p> <p>Sweet 'n Sour Sauce Soy Sauce</p>	<p>8</p> <p>BBQ Chicken Mashed Potatoes Okra & Tomatoes Roll Dessert</p> <p>Butter</p>
<p>11</p> <p>Chicken Tenders with Gravy Garlic Mashed Potatoes Vegetables Roll</p> <p>Butter</p>	<p>12</p> <p>Country Ham Sweet Potatoes Vegetables Dessert</p>	<p>13</p> <p>BIRTHDAY DAY! Meat Loaf Mashed Potatoes Green Beans Roll Dessert</p> <p>Butter</p>	<p>14</p> <p>Potato Crusted Cod Turnip Greens Ranch Beans</p> <p>Tartar Sauce Ketchup</p>	<p>15</p> <p>CLOSED FOR:</p> 
<p>18</p> <p>Chicken Breast with Gravy Mixed Vegetables Rice Roll Dessert</p> <p>Butter</p>	<p>19</p> <p>Baked Tilapia Black Eyed Peas Squash Dessert</p>	<p>20</p> <p>Chicken Spaghetti Vegetable Medley Garden Salad Roll Dessert</p> <p>Ranch Dressing Tartar Sauce</p>	<p>21</p> <p>Turkey with Gravy Carrots Peas Roll Dessert</p> <p>Butter</p>	<p>22</p> <p>Hamburger Baked Beans French Fries Lettuce/Tomato Onions/Pickles Dessert</p> <p>Mustard Ketchup/Mayonnaise</p>
<p>25</p> <p>Smoked Sausage Baked Beans Potatoes Dessert</p> <p>Mustard/Ketchup</p>	<p>26</p> <p>BBQ Beef Sandwich Pinto Beans Squash Bun Dessert</p> <p>Mayo/Mustard</p>	<p>27</p> <p>Turkey Pot Pie with Biscuit Garden Salad Dessert</p> <p>Ranch Dressing Butter</p>	<p>28</p> <p>Braised Beef with Tomatoes Macaroni & Cheese Cauliflower Roll Dessert</p> <p>Butter</p>	<p>29</p> <p>Chicken Alfredo Broccoli Tossed Salad Bread Dessert</p> <p>Butter/Parmesan</p>



5 | APRIL ACTIVITY CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Every Monday:



Did You Know??

April is Volunteer Appreciation Month!

We have an amazing group of incredibly dedicated volunteers who keep the Senior Center and Meals on Wheels running like a well oiled machine. Your commitment to serve our seniors is unmatched. The lives you touch every time you serve are numerous. **THANK YOU TO ALL OF OUR VOLUNTEERS!!!** You have no idea how much we love you and need you.

1

10am Dominoes
10:30 Hand & Foot
11am Finding Help in the Home with Jackie @ ADRC
12:15 BINGO

4

10am Dominoes
10:30 Mexican Train
10:30 Gospel Sing-A-Long
12:15 BINGO

5

10am Dominoes
10:30 Hand & Foot
10:30 Margie Hartsfield Musician
1:30 Volunteer Driver Training

6

9:30 Chair Fitness
10am Dominoes
12pm Woodcarving Club
1pm Needlers

7

10am Dominoes
10:30 Mahjong
10:30 Bobby Don Shelton Musician
10:30 Health Screen Renew Home Health
7pm to 9:15 DANCE
Band: Pete & Patti

8

10am Dominoes
10:30 Hand & Foot
10:30 Beta Sigma Phi
10:30 KARAOKE with Travis Moncrief
10:30 Health Screen Trinity Nrsng
12:15 BINGO

11

10am Dominoes
10:30 Mexican Train
10:30 Gospel Sing-A-Long
12:15 BINGO

12

10am Dominoes
10:30 Hand & Foot
12pm to 2pm Week 4 Acrylic Painting

13

BIRTHDAY DAY!
Spsnr: Quail Park
9:30 Chair Fitness
10am Dominoes
10:30 Bob Smith Musician
12pm Woodcarving Club
1pm Needlers
1pm Line Dancing

14

10am Dominoes
10:30 Mahjong
7pm to 9:15 DANCE
Band: Outcast/CB Sutton
Snack Host: Jerry Durant

15



18

10am Dominoes
10:30 Mexican Train
10:30 Gospel Sing-A-Long
12:15 BINGO

19

9:30 AAA Benefits Counselor, Simon Manrique
10am Dominoes
10:30 Hand & Foot
10:30 Bluegrass Boys
12pm to 2pm Week 5 Acrylic Painting
3pm Volunteer Appreciation Reception

20

9:30 Chair Fitness
10am Dominoes
11am Legal Advice with Attorney, Tracy Bush
12pm Woodcarving Club
1pm Needlers

21

10am Dominoes
10:30 Health Screen Interim Health
10:30 Mahjong
7pm to 9:15 DANCE
Band: Outlaw Run

22

Sock Hop Party!
Spsnr: Harbor Lakes

10am Dominoes
10:30 Margie Hartsfield Musician
10:30 Hand & Foot
10:30 Beta Sigma Phi
12:15 BINGO

25

10am Dominoes
10:30 Mexican Train
10:30 Gospel Sing-A-Long
12:15 BINGO

26

10am Dominoes
10:30 Doug & Dar Musicians
10:30 Hand & Foot
12pm to 2pm Week 6 Acrylic Painting

27

9:30 Chair Fitness
10am Dominoes
12pm Woodcarving Club
1pm Line Dancing
1pm Needlers

28

10am Dominoes
10am Veterans Coffee Break
10:30 Mahjong
7pm to 9:15 DANCE
Band: Cowboy Country Productions

29

Bingo Prize Day
Spsnr: STAR Council

10am Dominoes
10:30 Hand & Foot
12:15 BINGO

6 | VOLUNTEERS!



It is an honor to serve you!

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Hood County Senior Center, Granbury, TX

B 4C 05-1271

DONATION CARD

We are a non-profit organization. All donations are tax deductible.
Call the office to make a credit card donation or tear off this card and mail to:

Meals on Wheels Hood County
PO Box 849
Granbury, TX 76048



Name: _____
 Address: _____ City/St/Zip: _____
 Phone: _____
 Email: _____
 Credit Card #: _____
 Exp: _____ CSV#: _____ Donation Amount: _____



- | | | | |
|--|--|---|---|
| Jeanette Scott
<i>Executive Director</i> | Shylo Preston
<i>Meal Program Manager</i> | Melissa Saucedo
<i>Volunteer Coordinator</i> | Barbara Facer
<i>Transportation Director</i> |
| Crystal Smith
<i>Activity Mgr/Admin Assistant</i> | Debbie Langston
<i>Meal Program Assistant</i> | Tomika Elliott
<i>Kitchen Manager</i> | Shelly Moorehead
<i>Transportation</i> |
| Shayn Arbuckle
<i>Activities Assistant</i> | OPEN POSITION
<i>Meal Program Assistant</i> | Tracy Drake
<i>Kitchen Staff</i> | Fernando Abalos
<i>Custodian</i> |
| | Jane Hill
<i>Meal Program Assistant</i> | OPEN POSITION
<i>Kitchen Staff</i> | |

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VETERANS COFFEE BREAK



2022 Schedule:

Feb 24th	Jul 28th
Mar 24th	Aug 25th
Apr 28th	Sep 22nd
May 26th	Oct 27th
Jun 23rd	Nov 17th

**NO meeting in December



Beginner Lessons for Men & Women!

2nd & 4th Wednesdays @ 1pm

April 13th & 27th @ 1:00 pm

We hope to see you!!

Sponsored By:

THURSDAY NIGHT DANCE SCHEDULE

Doors open at 6pm
 Dance starts at 7pm
 \$5 per person entry fee
 Music ends at 9:15pm



- Apr 7th **Pete & Patti**
- Apr 14th **Outcast (CB Sutton)**
 Snack Host: Jerry Durant
- Apr 21st **Outlaw Run**
- Apr 28th **Cowboy Country Productions**
- May 5th **Pete & Patti**
 Snack Host: Home Instead
- May 12th **Outcast (CB Sutton)**

Bring this ad in and enjoy a FREE lunch!

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