



SAINT MICHAEL PARISH

A Catholic Community of Olympia, Washington



MAY 30, 2021 | SOLEMNITY OF THE MOST HOLY TRINITY

1208 11th Ave. SE, Olympia 98501
(360) 754-4667
www.saintmichaelparish.org

OFFICE HOURS

Monday–Thursday: 9AM–5PM **Friday:** 9AM–1PM

CALVARY CEMETERY (360) 292-7138
3850 Cleveland Ave., Tumwater 98501

ST. MICHAEL SCHOOL (360) 754-5131

ST. VINCENT DE PAUL SOCIETY

Rent/Utility assistance: (360) 972-0661
General assistance: stmichaelsvdpoly@gmail.com
Office closed until further notice

CLOTHING BANK

Donations only Sat. 9AM–1PM

PREGNANCY AID (360) 956-7413

M & F 2–4PM Wed 9AM–12PM

PASTOR:

Fr. Jim Lee

PAROCHIAL VICAR:

Fr. Lou Cunningham

DEACONS:

Rob Rensel
John Bergford

MASS TIMES:

DOWNTOWN:

1055 Boundary St. SE

Monday–Thursday: 12NOON (*Mondays at 9AM holidays*)

Friday & Saturday: 9AM

Saturday: 5PM

Sunday: 7:30AM, 9:30AM, 11:30AM & 5PM

WESTSIDE CHAPEL:

1835 Overhulse Rd. NW
Closed until further notice

RECONCILIATION TIMES (DOWNTOWN):

Saturdays: 2–4PM

MISSION

Our mission is to place God first in all things, to proclaim the Gospel of Jesus Christ, and to grow in holiness through prayer, sacraments, and service.

 follow us on facebook @saintmichaelparish

 follow us on tiktok @saintmichaelparish

 Download our app! Text **smpgive app** to **77977**
Text **smpgive** to **77977** for simple online giving

mass intentions

5.31 MONDAY (*Office Closed*)

9AM All Souls in Purgatory † Facebook

6.1 TUESDAY

12NOON Dottie Roussel † Facebook

6.2 WEDNESDAY

12NOON Virginia & Patricio Estrella † Facebook

6.3 THURSDAY

12NOON Funeral Mass Facebook

6.4 FRIDAY

9AM John Munson † Facebook

6.5 SATURDAY (*Reconciliation 2–4PM*)

9AM Joseph Trong Le †

5PM Ed Rudzenski

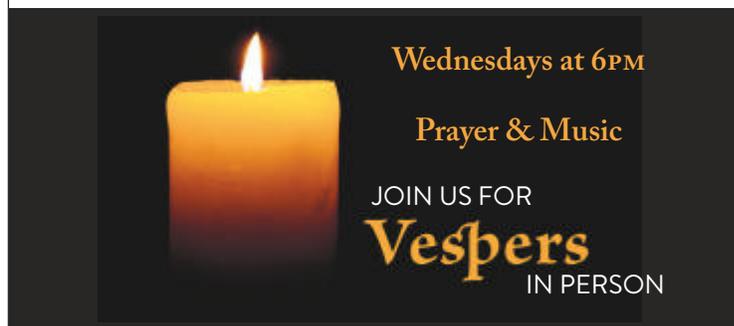
6.6 SUNDAY

7:30AM Elaine Thornton †

9:30AM Art Mulka † YouTube

11:30AM Iris Rodriguez †
Roman Gabriel Rodriguez †

5PM People of SMP



Wednesdays at 6PM
Prayer & Music
JOIN US FOR
Vespers
IN PERSON

We would like to stay in touch with every parishioner!

If there are any changes in your contact information, please contact Mona at mbishop@saintmichaelparish.org or (360) 292-7141.

SCHEDULE YOUR HOLY HOUR!

We now have an online Eucharistic Adoration scheduler. Set up your weekly Holy Hour at <https://smpoly.weadorehim.com>

Cover: Source unknown

Late yesterday afternoon I sat here looking at a blank computer screen trying to think of something for this week's bulletin. I finally realized I needed to simply go home, have some dinner, exercise a bit, shower and rest. I suspect you can all identify with that in your own way whether it be as a mom exhausted by the kids, as a dad coming home after a long day's work, or as a student trying to negotiate Covid protocols and class restrictions.

Sometimes it seems like life is that empty, blank page in front of us and we don't have much of an idea of what to write on it.

When I woke this morning and spent time in prayer, this meditation was offered for Friday's psalm at Mass, psalm 103.

"Bless the Lord, O my soul; and all my being, bless God's holy name.

Bless the Lord, O my soul, and forget not all God's benefits.

First the heavens are high above the earth, so surpassing is God's kindness toward those who fear him.

As far as the east is from the west, so far his God put our transgressions from us."

This is the meditation:

"These words invite us to stay awake to the many blessings that permeate our daily lives.

There is great wisdom here because our blessings only fully enrich our lives when we are aware that we have them. Imagine a friend inviting you to a sumptuous home-cooked meal, and you enjoy it, but you missed the love that the meal represents. I am embarrassed to say that this has happened to me. How much more enjoyable the meals would have been if we had noticed the love behind them. And this is true for all the blessings that we take for granted.

"Take some time today to be aware of the blessings in your life. It is really a joyful experience, because then you discover much of the beauty of your life that you otherwise would miss. And when you give thanks for it all, an even deeper level of joy opens up for you, for then you become more aware of how much you are loved, especially by God."

I'm so grateful to God for the gift of rest to be able to discover the gift of another's prayer. I pray that you take some time each day to be mindful of the blessings before you, especially in the people with whom you interact, and give thanks to them and to God. Your life will be filled with much more peace and joy. Let us hold one another in prayer so that we all may do this and enrich the lives of those around us and of our parish.

Thank you all for being such a rich blessing in my life. I love you.

Fr. Jim



▷ **NOTE ON INCENSE**

The 7:30AM Sunday Mass will always be incense-free. If you are sensitive to incense, we invite you to attend the 7:30AM Sunday Mass on any weekend during which incense is to be used. We place bulletin notices in advance of any planned incense use.

▷ **NOTE ON DAILY LIVE STREAMS**

Beginning June 6, we will no longer live stream all daily Masses. Only Wednesday daily Mass and the 9:30AM Sunday Mass will be live streamed. Please visit Facebook or our website for alternate daily Mass live streams.

▷ **HOMEBOUND?**

If you are permanently or temporarily homebound in a private residence, adult family home, assisted living facility or are hospitalized and wish to receive Holy Communion, please contact Bene Reece at (360) 292-7143 or breece@saintmichaelparish.org.

(If you are hospitalized at St Peter, please contact their Spiritual Care department and let them know you are Catholic and desire to receive the Eucharist. If you are hospitalized at Capital medical center, please contact Bene Reece as above.)

Fraction & Lamb of God

FR. LOU CUNNINGHAM

There are two actions that happen after the Kiss of Peace: the *Fraction of the Host* and the *Lamb of God*. There are several reasons I wanted to put these two acts together. First, they coincide near each other. Second, in the Scriptures, we see a connection between recognizing Christ in Luke 24:35 and Acts 2:42. Third, the Fraction is the name that the Church has given for this rite at Mass. I believe this was done to show us that this is not just any “tearing apart of any old bread.” In the earliest Roman *Ordo* from the 600’s, the Sacred Host was broken in a more intricate way in Rome, but never in a way that was sloppy; all of the pieces were re-arranged as they are in some of the Eastern Rites upon the altar, signifying different parts of the Lamb. The Wikipedia article (link below) is surprisingly helpful! In the Western Rites, what came to be was the priest’s Host being fractured and a small piece of that Host was placed into the Precious Blood. In the past, this was known as the *fermentum*, when a piece of the Sacred Host from the last Mass (or the Bishop’s Mass) was carried by the deacon to the altar and placed into the Precious Blood. This was to signify not only the communion with the bishop at every Mass, but that the same sacrifice and offering was being offered as at the last Mass, going all the way to connecting it to Christ’s offering on the Cross in 33 AD. For more information on this practice, see “The Liturgical Use of Bread” in the Catholic Encyclopedia (linked below).

The singing of the Lamb of God is a litany, just like the Kyrie at the beginning of Mass. There are some prayers that the priest prays at the altar as Christ’s faithful, the laity, sing the *Lamb of God*. They are written out below. The Fraction is a reminder of the Lord’s Body fully poured out and separated from His Blood: and at the *Commixing of the Body and Blood* there is a sacramental recognition of the Resurrection: the Lamb once slain who dies no more (cf. Revelation 5). Now, leading into reception of Holy Communion, the priest cries out, just as John the Baptist did at the Jordan, as He raises up the Lord: *Behold, the Lamb of God!*

EXCERPTED FROM THE ROMAN MISSAL

Then he takes the host, breaks it over the paten, and places a small piece in the chalice, saying quietly:

May this mingling of the Body and Blood of our Lord Jesus Christ

bring eternal life to us who receive it.

130. *Meanwhile the following is sung or said:*

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

131. *Then the Priest, with hands joined, says quietly:*

Lord Jesus Christ, Son of the living God, who by the will of the Father and the work of the Holy Spirit, through your Death gave life to the world; free me by this, your most holy Body and Blood, from all my sins and from every evil;

keep me always faithful to your commandments, and never let me be parted from you.

May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body, and a healing remedy.



FOR FURTHER STUDY SEE

“Paten” on Newadvent <<https://www.newadvent.org/cathen/11541b.htm>>

“Agnus Dei” on Newadvent <<https://www.newadvent.org/cathen/01221a.htm>>

“Liturgical Use of Bread” on Newadvent <<https://www.newadvent.org/cathen/02749a.htm>>

“The Fraction Rite” <<https://www.ewtn.com/catholicism/library/fraction-rite-4639>>

“Fraction (religion)” on Wikipedia <[https://en.wikipedia.org/wiki/Fraction_\(religion\)](https://en.wikipedia.org/wiki/Fraction_(religion))>

“Liturgical Notes on Ceremonial Variations in the Use of the Paten in the Latin Liturgical Rites” in Liturgical Arts Journal <<https://www.liturgicalartsjournal.com/2021/05/liturgical-notes-on-ceremonial.html>>

“Agnus Dei” From *Missa Viri Galilaei* by Palestrina <<https://www.youtube.com/watch?v=27IMWLLF4Yc>>



Holy Land Pilgrimage

WALK THE FOOTSTEPS OF JESUS WITH DEACON JOHN AND LEANNE BERGFORD – FEBRUARY 14 – 24, 2022

Information and sign-up meeting **Wednesday, June 16 at 7PM** via **Zoom**.

Limited space | \$3,795 per person (double occupancy)

- Price includes:
- Round-trip airfare, including all airline taxes
- Accommodation in superior hotels
- All hotel taxes
- Meals as per itinerary (Breakfast and Dinner)
- Land Transportation by deluxe moter coach
- Comprehensive sightseeing as per itinerary with licensed Christian Guide.
- All entrance fees as per itinerary

Presented by Holy Land Tours LLC,
WA License # 604335480-001-0001- Jiryis Alyateem
(503) 866-5698 | holylandtoursllc@gmail.com

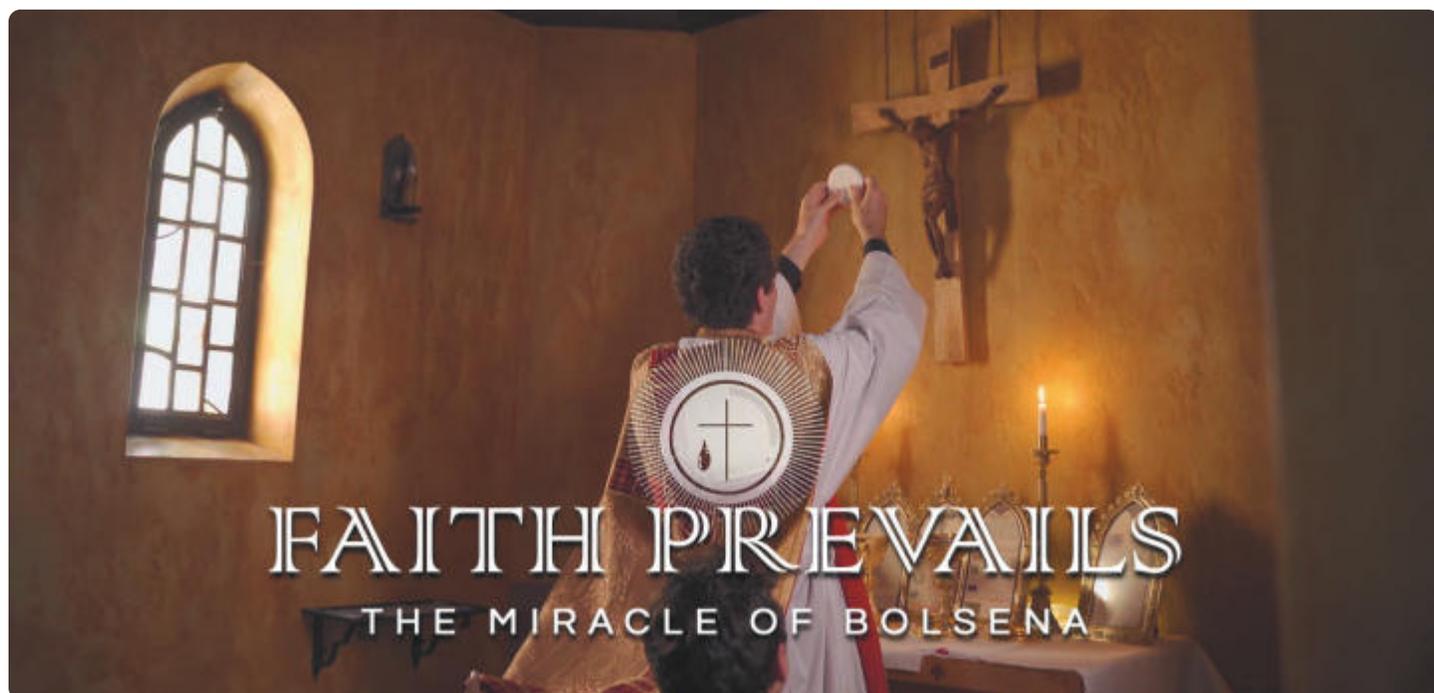
Interested? Questions? Contact Dcn. John at jbergford@saintmichaelparish.org for Zoom link.



Film Premiere at SMP

IN THE DOWNTOWN CHURCH ON JUNE 6, 3:45PM.

The film follows the story of Fr. Peter of Prague and his doubt in the Real Presence. After returning from Rome without the sign he prayed for, he stopped at St. Christina's in Bolsena to offer Mass. The miracle that occurred resulted in the institution of the Feast of Corpus Christi.



WANT
MORE
OUT OF YOUR SPIRITUAL LIFE?

MEN...

THERE HAS NEVER BEEN A BETTER TIME TO BREAK YOUR DISTRACTIONS AND ADDICTIONS.

EXODUS 90 IS A 90 DAY JOURNEY THROUGH PRAYER, ASCETICISM AND FRATERNITY.

OVER 100 MEN HAVE FOUND NEW FREEDOM AT SAINT MICHAEL PARISH. WILL YOU JOIN THEM?

NEW JOURNEY STARTS JUNE 30

EXODUS

CONTACT ANDREW GOLDSTEIN:
AGOLDSTEIN@SAINTMICHAELPARISH.ORG



New Hiking Groups

ASCEND TO NEW HEIGHTS WITH YOUR FAITH FAMILY IN OUTDOOR ADVENTURES & SERVICE PROJECTS

Rise Up is a newly forming group for all ages and families, with hikes at many levels, plus prayer and service opportunities. St. Bernard of Montjoux is the patron saint of this group, and is known for his great service of hospitality and protection to backpackers in the Alps. We may not get to the Alps, but we can model ourselves after this adventurous saint!

The **Pier Giorgio Frassati Group of South Puget Sound** is a hiking/service/prayer group for Young Adults. Groups of all shapes and sizes are forming around the world under the patronage of Blessed Pier Giorgio Frassati! For information about his life visit <https://frassatiusa.org/>

As a young adult, Pier Giorgio often climbed mountains with friends and when reaching the summit, taught them about God. He is well-known for his remarkable service to the poor. Follow the Pier Giorgio Frassati Group of South Puget Sound Facebook page for upcoming hikes and service projects. To the heights!

Contact Bene at breece@saintmichaelparish.org or (360) 292-7143 if you have questions about these groups.

Health Corner

THE BENEFITS OF NAPPING

Many of us think napping is only for kids. However studies have shown that adults benefit from napping as well.

- Napping has shown to help us store memories. Even as little as 10-30 minutes a day can be beneficial. Best time of day 2-3 PM when the body has a natural tendency toward sleepiness.
- Napping can help us regroup and get renewed energy for the afternoon or evening. Studies have shown that a nap is better than coffee for rejuvenation.
- Napping is good to reduce stress which in turn can help the heart by reducing blood pressure. Most of all napping can lift your spirits and boost your mood.

So next time you get the afternoon drowsiness, go for it and take a nap. You will be glad you did!

Landscaping Party

SATURDAY JUNE 12, 9:30AM-NOON

Bring your friends and family and come help keep the downtown campus looking beautiful and well-groomed!

Kady Rensel and Nancy Goerig will divide you into groups and have you work with an expert to tackle your own specific area so you can see the impact of your care. Meet in the labyrinth outside the Parish Center when you arrive to find out where you get to help.

Please bring your gloves, shovels, rakes, pruners, hand tools and buckets as well as water and snacks and join the party!

RSVP appreciated to Nancy Goerig at (360) 259-1416

A quick note about how you can get some farm-fresh produce and support **Our Common Home Farms**—a collaboration between St. Martin's, JP II High School, Sacred Heart Parish, Saint Michael Parish, and Catholic Community Services. You may see JP II volunteers at the farm when you stop by to get your produce!

The produce trailer will open on St. Martin's campus on June 4 starting on Fridays and Saturdays and expanding days from there as more produce becomes available.

The Lesson of Pentecost

A REFLECTION ON PENTECOST AND THE ST. VINCENT DE PAUL MOBILE CLOTHING BANK

For me the lesson of Pentecost is that the Holy Spirit changed the apostles. They were fearful men afraid to leave the safety of the Upper Room (Acts 1:15). But the Holy Spirit filled them with grace and with gifts of courage and understanding that freed them to go out and preach the gospel. They no longer felt isolated or afraid to share the message of hope and love to others. They were empowered by the Holy Spirit to share the gospel message to everyone.

I can't help but think about this gospel story of our Church's birthday and reflect on the work of Saint Vincent de Paul. We Vincentians are called to leave our upper room or comfort zone and follow the example of the apostles by evangelizing, not just through words, but through our ministries that assist the poor and those on the margins.

Last Tuesday, my wife and I saw firsthand the work of Saint Vincent de Paul ministry to the homeless and unsheltered through the Mobile Clothing Bank. Because of COVID-19, Saint Vincent de Paul now offers its clothing program at various locations using a 27-foot U-Haul truck that goes out to those in need to distribute clothes and other items.

Throughout the day, St. Vincent de Paul volunteers made seven stops. They included "the jungle," Ensign Road RVs, the Community Kitchen, the downtown mitigation site, Deschutes Parkway, and Wheeler Road. They served 89 people and distributed 763 items. They included, among other things, jeans, socks, shoes, blankets, backpacks, and propane vouchers.

However, this work was much more than giving stuff to people. It was about connecting with people who are often forgotten and who are regarded as "less than" in our society. For Vincentians, we are all called to serve the poor and to see the face of Christ in their faces. This may involve a kind word, an elbow bump or empathic ear. We Vincentians pray that the Holy Spirit will guide us in our work. Let us recognize the grace that the Holy Spirit gives all of us at baptism and that can be transformative as it was to the apostles on that first Pentecost.

- Dan Roy



Summer Book/Bible Studies

REGISTER ON OUR WEBSITE



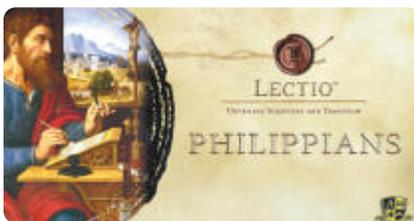
The following studies are now open for registration and will start in June:

THE 21 UNDENIABLE SECRETS OF MARRIAGE

Healthy, life-giving marriages don't happen by accident, they take attention and effort. This book will equip you to create a marriage that God hopes and desires for you.

Tuesday evenings at 6:30PM | Hybrid-zoom and in person at the parish

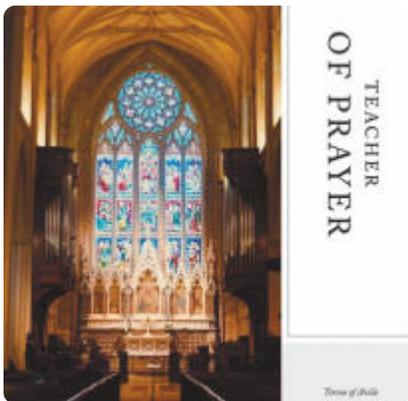
Class begins June 8 and runs for 8 weeks | Fee: \$10



PHILIPPIANS BIBLE STUDY using FORMED

At the heart of this letter is Paul's eloquent hymn of Christ's total gift of self, the model for Paul's life. With his words and the example of his life, Paul exhorts the Philippians to have the mind of Christ, to live a life worthy of the Gospel and, by God's grace, to gain Christ.

Thursday evenings 7-8:30PM | Zoom | Class begins June 10 | Free

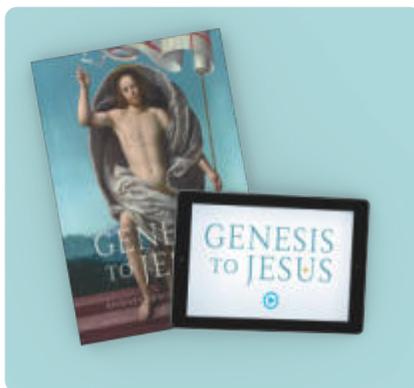


ST. TERESA OF AVILA, TEACHER OF PRAYER

At the heart of this study is the passionate, unrelenting love of St. Teresa of Avila, the famous 16th-century Spanish nun who became the first female Doctor of the Church. With her feminine heart and deep spiritual wisdom, St. Teresa helps us embark on the spiritual journey that takes place within our souls. She guides us through what she coined "The Interior Castle," where Christ abides in the center of our being. Her profound insight, conveyed in this study, leads us to a deepened relationship with Jesus, which empowers us to become pioneers like St. Teresa of Avila, forging our way with love through the new, exciting, and often challenging frontiers we face in life.

Monday mornings at 10AM | In person at the parish (hybrid zoom possible)

Class begins June 7 and runs for 8 weeks | Fee: \$35



GENESIS TO JESUS

What is the Bible, where does it come from, and what is its purpose? How are Catholics supposed to read the Bible and what story does it tell? These are the ever-important questions answered in *Genesis to Jesus*. Join us to learn the basic Catholic principles for reading Scripture and to survey the broad outlines of the books of the Bible and their place in the story of salvation.

Wednesdays at 6PM | In person at Saint Michael Parish

Class begins June 9 and runs for 12 weeks | Fee: \$25

CONTACT

Michaela Moreau at (360) 292-7104 or mmoreau@saintmichaelparish.org

Financial Peace University

On the Solemnity of the Most Holy Trinity, as baptized Christians, we share in the life of the blessed Trinity and seek to invite others to share in God's love. This love extends to our well-being and your family's financial peace. Consider signing up for the Fall FPU class this September. More details to come soon.

FPU Alumni Meeting: Join us on **June 26, 10AM–NOON** via Zoom. Sign up for alerts in SMP Connect (Group: Financial Peace University). Everyone welcome!

Resources:

Info at saintmichaelparish.org/financial-peace-university or FPU Core Team: fpu@saintmichaelparish.org. Our SMP ministry team is here—how can we help?

Facebook: Saint Michael Parish, Olympia—FPU Alumni Closed Group

Small Groups

Many small groups continue to meet year-round and are open to new members. Some groups continue to meet weekly and others meet once or twice a month during the summer months.

Some groups are meeting in person and others via zoom. Consider getting together with your small group for an outdoor cookout this summer! There are many options of materials your group can borrow from the parish and Formed.org is another great resource for materials.

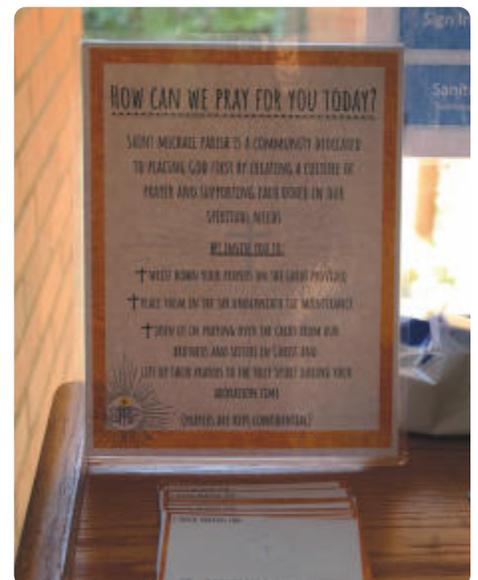
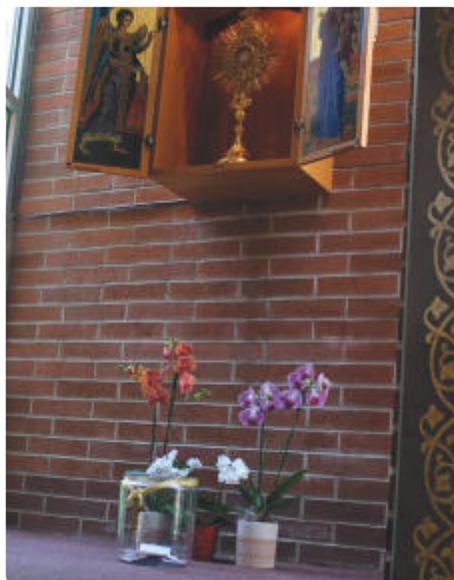
Contact Michaela Moreau at mmoreau@saintmichaelparish.org or (360) 292-7104.



How can we pray for you?

We are committed to Placing God First by creating a culture of prayer. We invite you to stop by our hospitality desk if you need prayer after Mass.

You can also submit your prayer intentions via the prayer jar inside the St. Joseph Chapel! When you enter adoration, grab one of our prayer cards on the sign-in table and fill it out. Drop it in the jar located under the monstrance so that others can lift up your intentions during their adoration time. Prayers are confidential—we are asking people to pray over the intentions placed in the jar but not to remove any cards!



FORMED PICK OF THE WEEK



During the Solemnity of the Most Holy Trinity, we remember a fundamental pillar of our Faith: "God is love" (1 Jn 4:8). This simple statement is the beginning and the ending of our pilgrimage of faith. In this episode of *The Wild Goose*, join Fr. Dave Pivonka as he illuminates God's eternal pouring out of Love. Sign up for free at formed.org/signup

STEWARDSHIP OF TREASURE

July 1, 2020 – June 30, 2021 Donations Received as of May 16, 2021	
Sunday Stewardship	\$21,385
Online Giving	\$33,980
Sunday Loose Donations	\$340
Holy Days	\$703
Youth (Little House)	\$26
Total Offertory	\$56,434
Total Year-to-Date	\$2,844,268

please pray for:

Lucas Oakland
Dan Neuhauser
Karen, Jim & family
Phyllis & Jim Neff
Neva Leons
Catherine Ann
Clare Haris
Elliana Harris
Roman Gallegos
Bernie Nolan
Margaret Bunnell
Mary Morgan
Joshua Mekelburg
Kathryn Trafton
Rick Kranz
Melissa Petruzz
Russell Owens
Donald Dillarrubia
Brian Barkis
Bill Eldridge
Walt Johnson
Johanna Gregorios
Nancy Cosgrove
Peggy Lynch

Andrea Bell
Audrey Finnigan
Tani & Gerry
Rita Turner
Lisa Zander
Jolane Zander
AJ Zander
Lynne Fischer
Catie Shuster
Micah & Amy Hilario & fam.
Jan Putnam
Bob Falkner
Ed Tobacco
Bridget Golson
Alice Baldo
Yutrina Umu
Stan Brandt
Deb Stoeffel
Jen R. & family
Russell & June Hendrick
Fr. Jerry Villarrubia
Kayla Bishop
Vic & Liz Kaufman
Jeanne Wittman

Pauline Nault
Heather Brooks
Jacob Dyson
Lisa & Jolane Zander
Antoinette Wilcoxson
Tom Hackstadt
Kathy Catterson
Bonnie Stover
Helga Natterer
JCA & Raoul Titus
Sue Holt
Suzanne Heaps
George Domonique
Deonne Clesi
Pat Pickett
James Sharp & family
McCarthy Family
Leonard & Vanessa Brammeier
Valorie Kolarik
Debbie
Steve & Eileen Durspek
Ramon S. Borromeo, Sr.
Tom Hinchcliffe
Ilias Murr

Finnley Suthard
Carlos Lara
Cecile Jesse
Colleen Hays
Margaret Feist
Pati Lieninger
Joan & Leslie Anne Bykonen
Suzanne Delia
Mary Isaacson
Jean Meyn
Paul Merritt
Doug Cameron
Bob Kelly
Avis Blowers
David Kinner
Shayne Kinner
George Michael
Diana Weber
Tom Nolan
Sebastian Compton
Linda Phillips
Mary F.
Karen Gummersall
Mary Newbill

To submit prayer requests, call the parish office at (360) 754-4667 or submit your request via our website. If you or someone you know is homebound and wishes to receive regular calls to check on their welfare and even pray with them during this crisis, please call Benedetta Reece at (360) 292-7143.

NEW PATIENTS AND REFERRALS WELCOME
Attila Frank Talaber D.M.D.



**Parishioners get
 a free initial exam
 and four x-rays**

943-4420
www.DrTdental.com

St. Michael's Grad
 Affiliate Professor at UW



www.cutrateautoparts.com

4 locations to serve you!
 LACEY • SHELTON
 ELMA • ABERDEEN

We've Got Your Parts!
360-456-7600 and 360-786-1900

jm JOHN R. MORTON
 CERTIFIED PUBLIC ACCOUNTANT, P.S.
JohnRMortonCPA.com

(360)705-9795
 1950 Black Lake Blvd SW
 Olympia, WA 98512
 Parishioner



SPREAD THE WORD
 A Thriving, Vibrant Community Matters



SUPPORT OUR ADVERTISERS



GREENE REALTY GROUP

SERVING THE LOCAL COMMUNITY
 IN THURSTON COUNTY SINCE 2005

360.528.4160 | @GREENEREALTY | WWW.GREENEREALTY.COM

**Independent Living,
 Assisted Living
 & Memory Care**

CAREPARTNERS
 SENIOR LIVING

Puyallup • University Place
 Lacey • Tacoma • Edgewood

Call Kelley 425.931.2951
carpartnersliving.com

**Invest following
 Catholic guidelines!**

Contact us today for
 a complimentary
 initial meeting.

Andrew and Kaleigh
 Prentice, Parishioners



Andrew T. Prentice, CFP®
 360.754.0490
www.prenticecfp.com

PRENTICE
 FINANCIAL PLANNING LLC

Prentice Financial Planning, LLC is a registered investment advisor. Information presented is for informational purposes only and does not intend to make an offer or solicitation for the sale or purchase of any specific securities, investments, or investment strategies. Investments involve risk and, unless otherwise stated, are not guaranteed. Be sure to first consult with a qualified financial advisor and/or tax professional before implementing any strategy discussed herein. Past performance is not indicative of future performance.

NICHOLSON & ASSOCIATES
 INSURANCE LLC

1802 Black Lake Blvd SW #301, Olympia, WA 98512
360-352-8444

- AUTO
- HOME
- BUSINESS
- LIFE
- HEALTH
- TRAVEL



Protecting what's important to you since 1965

Conveniently located in
 Olympia | Centralia | Vancouver | Packwood
www.nicholson-insurance.com

AVAILABLE FOR A LIMITED TIME

ADVERTISE YOUR BUSINESS HERE

Contact **Michelle Jacobs** to place an ad today!
mjacobs@4LPi.com or (800) 950-9952 x5899

Johnson Insurance Solutions Inc.
 Medicare Made Clear

Brian Johnson - Agent
 Brian@BrianJohnson.Solutions
 360-790-6589

- Your Local Medicare Insurance Options
- RX Prescription Drug Prices

www.BrianJohnson.Solutions
 2116 Caton Way SW Suite 103 • Olympia, WA



We do it all • Residential • Land and Waterfront • Commercial • New Construction • Land Development

Virgil ADAMS REAL ESTATE
360-352-3756 Inc.
www.virgiladamsrealestate.com

"Our Integrity Is Your Security"



PROTECTING SENIORS NATIONWIDE
 MEDICAL ALERT SYSTEM

\$29.95/MO PLUS SPECIAL OFFER
 BILLED QUARTERLY

CALL NOW! 1.877.801.7772 • WWW.24-MEDALARM.COM



KILEY JUERGENS Retirement Planning
 WEALTH MANAGEMENT LLC Investments Management

Independent Fiduciary Financial Advisors
 80+ years of combined team experience

2409 Pacific Ave SE • Olympia • 306-350-4747 • kj-wm.com



EXCEPTIONAL, PERSONALIZED SERVICE - IT'S MORE AFFORDABLE THAN YOU THINK.

FUNERAL Alternatives
 OF WASHINGTON

FuneralAlternatives.org 360-753-1065

Now Hiring Caregivers
 Base Wage: \$16.45-\$19.85
 Excellent Health benefits • Paid Time Off/Retirement
 To apply: ccsww.org/careers

CATHOLIC COMMUNITY SERVICES
 SERVING PEOPLE OF ALL BELIEFS



FREE AD DESIGN WITH PURCHASE OF THIS SPACE.
 800-950-9952



The BEST care for your loved one!

FirstLight HOME CARE

Owned by St. Michael graduate,
 Sarah (Frost) Lane.

Call (360) 489-1621 for a FREE in-home consult!





ADT-Monitored Home Security
 Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

1-855-225-4251





SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY



Expert consultation for all of your insurance needs.

360.943.1820
Bill Yount Insurance Agency LLC
 byount@farmersagent.com

FARMERS' INSURANCE
 Parishioner

OLYMPIA
 PEST MANAGEMENT
 360-819-4120

TUMWATER EYE CENTER
caring eye health solutions that enhance quality of life

Caring eye health solutions for the entire family. Providing precise optical customization on every order.

New patients welcome!

Dr. Douglas & Karen Jeske
 Parishioners

(360) 352-6060 www.tumwatereye.com

DAIKIN
 AIR INTELLIGENCE™
www.daikincomfort.com

Andrew J. Kapust **DDS, PS**
 Diplomate, American Board of Orthodontics
 Diplomate, American Board of Pediatric Dentistry

Orthodontics and Pediatric Dentistry
 344-J Cleveland Ave. • Olympia 360-943-6600
www.getyoursmileon.com
 • New Patients Welcome •

CRU CHURCH RIETZKE JOHNSON, LLC
 Personal Injury Attorneys

Terry W. Church
 Parishioner
 (360) 867-9233
olyinjurylaw.com

Blarney's
 Irish Pub
 Voted Olympia's Best Burger
 Best Sport's Pub

4411 Martin Way S.E.
 Olympia, WA 98516 (360) 491-6292

DICKEY'S
 Remodel & Repair

We Care, and It Shows!

Kitchens, bathrooms, additions, ramps
 5-Time Olympia Master Builder
 Remodeler of the Year

(360) 705-9957
www.Dickey-Inc.com

Master Builders NAHB

ON THE ROAD OF LIFE
 THERE ARE ROCKS.
 THANK GOODNESS.

Commemorating the celebrations of life for 70 years
 Liplin, Liplin, & Risk Princesse

PANOWICZ Jewelers
 United South Jewish & B'nai B'rith
 111 Market St. NE | 360.357.4843 | panowicz.com

CLARUS EYE CENTRE
 CLARUSEYE.COM (360) 456.3200

Jay Rudd, M.D.
 Surgical Eyecare

Sunset Air INC.
 WINDOWS, DOORS, HEATING & AIR CONDITIONING
 (360) 456-4956 • sunsetair.com
 5210 Lacey Blvd. SE, Lacey
 M-F: 7am-6pm, Sat: 8am-5pm

AVAILABLE FOR A LIMITED TIME

ADVERTISE YOUR BUSINESS HERE

Contact **Michelle Jacobs** to place an ad today!
mjacobs@4LPi.com or (800) 950-9952 x5899

L.G. ISAACSON CO.
 MILL & INDUSTRIAL SUPPLIES
 EST 1911

4LPi WE'RE HIRING AD SALES EXECUTIVES

- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT careers@4LPi.com
www.4LPi.com/careers

PROTECTING SENIORS NATIONWIDE
 MEDICAL ALERT SYSTEM

\$29.95/MO PLUS SPECIAL OFFER
 BILLED QUARTERLY

CALL NOW! 1.877.801.7772 • WWW.24-MEDALARM.COM

Pope John Paul II HIGH SCHOOL

Contact us now for your personalized campus tour.

360-438-7600
www.popejp2hs.org

Check out our "Caregiver on the go" program!

ABOVE Home Health
 2962 Limited Lane NW, Ste A • Olympia WA
 Natalya Rubel | 360-350-0123 | care@abovehh.com

BLACK DIAMOND ROOFING, INC.
 "On the slopes since 1997"

Residential and Commercial Roof Systems
 Office: 360.866.2425 Free Estimates
www.blackdiamondroofing.com

ACME FUEL

- Home Delivery of Propane & Heating Oil
- Propane Tank Sales & Leasing
- 24/7 Emergency Since 1925

FAST FUEL

- Top Tier Quality Gasolines
- Premium Quality Diesel Fuels
- Ethanol-Free Gas Available
- 24/7 Access

360-943-1133
www.acmefuel.com
 Parishioner
 416 State Ave. NE • Olympia WA 98501

Black Lake PLUMBING

With over 20 years of experience, we are proud to provide the highest level of services in the plumbing industry.

(360) 791-7836
www.blacklakeplumbing.com • info@blacklakeplumbing.com

24 hour emergency service

Western Meats

Wholesale & Retail Sales
 Custom Cutting
 Serving You Since 1954
 Mon. - Sat. 9-6 & Sun. 9-5

4101 Capitol Blvd S. Tumwater WA 98501
 (360)357-6601 or 1-866-357-6601
www.westernmeats.net

Where Family Means Everything.

FISHER JONES
 Family Dentistry

Supporting Families and Education
 Dr. Matt Fisher • Dr. Jim Jones (parishioner) • Dr. Garrett Barker

(360) 943-4644 www.fisherjonesfamilydentistry.com