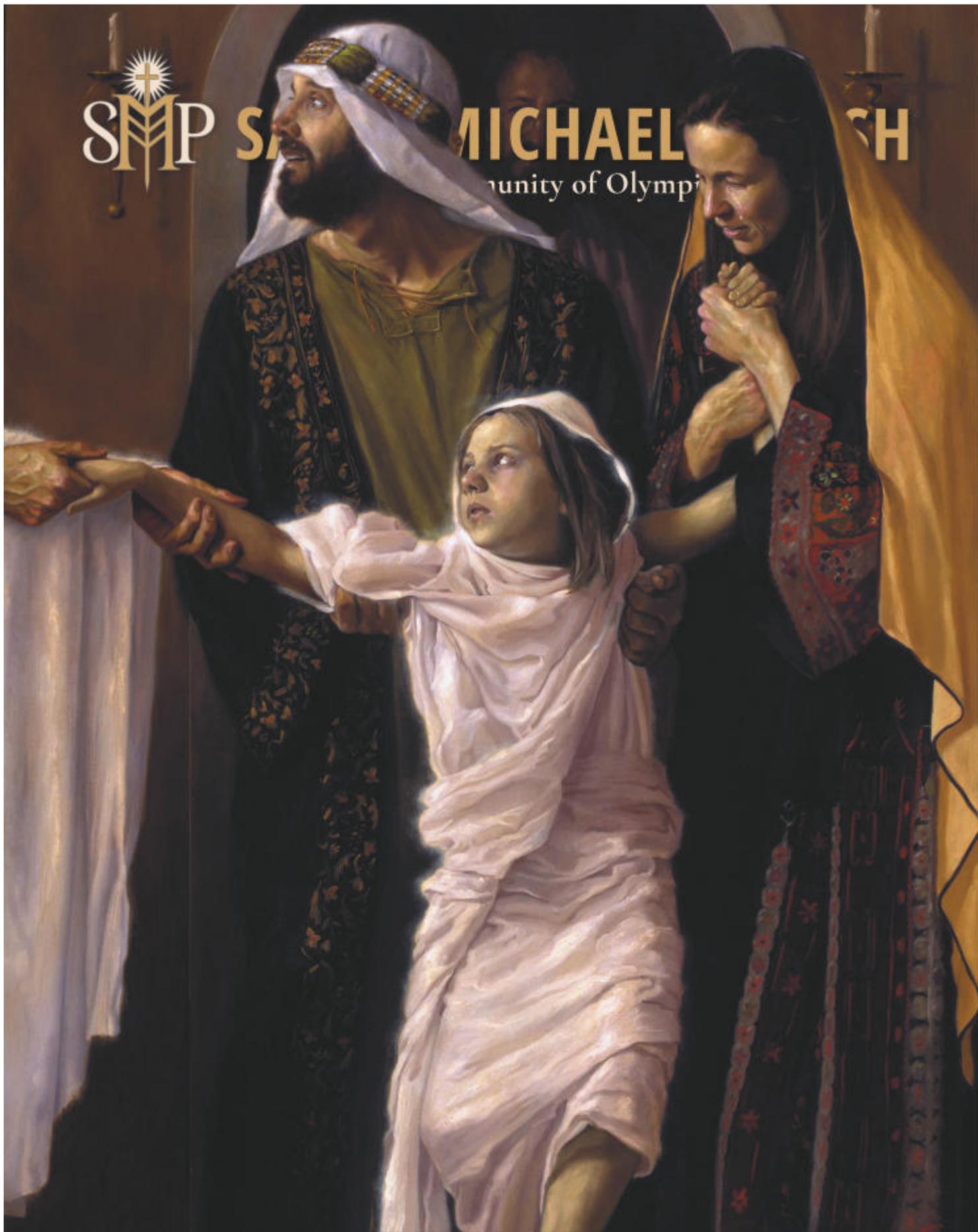




# SAN MICHAEL'S PARISH

Community of Olympians



JUNE 27, 2021 | 13<sup>TH</sup> SUNDAY IN ORDINARY TIME

1208 11th Ave. SE, Olympia 98501  
(360) 754-4667  
www.saintmichaelparish.org

**OFFICE HOURS**

**Monday–Thursday: 9AM–5PM Friday: 9AM–1PM**

**CALVARY CEMETERY** (360) 292-7138  
3850 Cleveland Ave., Tumwater 98501

**ST. MICHAEL SCHOOL** (360) 754-5131

**ST. VINCENT DE PAUL SOCIETY**

*Rent/Utility assistance:* (360) 972-0661  
*General assistance:* stmichaelsvdpoly@gmail.com  
*Office closed until further notice*

**CLOTHING BANK**

*Donations only Sat. 9AM–1PM*

**PREGNANCY AID** (360) 956-7413

**M & F 2–4PM Wed 9AM–12PM**

**PASTOR:**

*Fr. Jim Lee*

**PAROCHIAL VICAR:**

*Fr. Lou Cunningham*

**DEACONS:**

*Rob Rensel*  
*John Bergford*

**MASS TIMES:**

**DOWNTOWN:**

1055 Boundary St. SE

**Monday–Thursday: 12NOON** (*Mondays at 9AM holidays*)

**Friday & Saturday: 9AM**

**Saturday: 5PM**

**Sunday: 7:30AM, 9:30AM, 11:30AM & 5PM**

**WESTSIDE CHAPEL:**

1835 Overhulse Rd. NW  
*Closed until further notice*

**RECONCILIATION TIMES (DOWNTOWN):**

**Saturdays: 2–4PM**

**MISSION**

*Our mission is to place God first in all things, to proclaim the Gospel of Jesus Christ, and to grow in holiness through prayer, sacraments, and service.*

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*mass intentions*

**6.28 MONDAY**

12NOON Roberto Neri †

**6.29 TUESDAY**

12NOON John & Winifred Monahan †

**6.30 WEDNESDAY**

12NOON Angela Wilson † Facebook

**7.1 THURSDAY**

12NOON Marge Pool

**7.2 FRIDAY**

9AM Kenneth Spiller †

**7.3 SATURDAY** (*Reconciliation 2–4PM*)

9AM Fina Damian †  
Dan Damian, Sr.

5PM Larry LaFond †

**7.4 SUNDAY**

7:30AM Pedro & Antonio Benitez †

9:30AM Mr. & Mrs. Leiatua Opetaiia † YouTube  
Richard Keeter

11:30AM Kathy Pool †

5PM People of SMP



**Wednesdays at 6PM**  
**Prayer & Music**  
JOIN US FOR  
**Vespers**  
IN PERSON

**SCHEDULE YOUR HOLY HOUR!**

We now have an online Eucharistic Adoration scheduler. Set up your weekly Holy Hour at <https://smpoly.weadorehim.com>

Cover: Jeff Hein, *Raising of the Daughter of Jairus*, 2003

## IN BETWEEN

In some ways I feel as if I am in a “Holy Saturday moment.” By that I mean a sense of emptiness with Fr. Lou gone and Fr. Thomas not yet having arrived. Even though the two seminarians staying with us—Kyle Rink from the Archdiocese of Seattle and Michael Chochean from the Archdiocese of Milwaukee—are still in the rectory, their lives are filled with work and ministry at Providence St. Peter Hospital. They are involved in clinical pastoral education, a ministry formation program required for most seminarians.

Though I have been used to many transitions with 16 different parochial vicars in my time here at Saint Michael Parish, having Fr. Lou present for three years has been an incredible blessing. As our “extraordinary vicar,” he has been a great grace in the midst of extraordinary times. I know he has touched many of you in his preaching, confessions, baptisms, confirmations, anointings of the sick and celebration of Mass. He has connected personally with many of the families in the parish and especially our young adults. He has brought a youthful enthusiasm that has helped sustain us through the rigors of COVID and encouraged us to stay faithful in the midst of suffering.

He is now off to new adventures. One’s first pastorate is of extreme importance. Sacred Heart Parish in Enumclaw is an excellent first assignment. He will be able to continue to develop his skills in service of the community, get to know the folks and serve them faithfully as he did us. As he told me before he left, he will simply point people to Jesus and help them to grow in love of Jesus and his Church.

So, in this “in-between time” I sense my own grief and loss of a fellow co-worker in the vineyard of the Lord and a brother and friend. I am especially grateful for Fr. Lou’s attentiveness to my growing diminishment because of ALS. He was always ready to help when I asked, and often anticipated my needs as many of you saw when we celebrated Eucharist together.

Please join me in praying for Fr. Lou’s transition and the beginning of this new responsibility. May the Lord bless him abundantly and the Holy Spirit guide him each step along the way. We love you, Fr. Lou. Thank you for everything.

On the first Holy Saturday, the disciples did not know what we know. Not only do I rejoice in Fr. Lou’s new assignment and all that will be ahead for him, I also know that Fr. Thomas will soon be among us bringing his gifts for our community. As a seminarian during his pastoral year with us, he demonstrated a beautiful heart and a great openness to serving where and when needed. He developed a great love for the men’s shelter, detention ministry, visiting the school and working with our Vietnamese community, to name a few areas.

I look forward to beginning this new stage in our ministry with and for you. Please join me in praying for Fr. Thomas and for his transition back to Saint Michael Parish. He returns as a priest ordained by Archbishop Etienne last June in the midst of the lockdown. His parents were unable to come from Vietnam to be with him. There were less than 30 people in the Cathedral that holds close to 1500. None of his brother priests were able to attend except via livestream. Both Fr. Lou and I watched with a sense of sadness of not being able to participate. Therefore, let us welcome him, encourage him, and assist him in growing in his priestly ministry. Most of all, let us pray for him that the Lord will use him powerfully in and through his priesthood on behalf of us all. Welcome Fr. Thomas!

## NOW WHAT?

As I write this, we have yet to receive word from the archdiocese in terms of what might be the next steps in opening up for Mass and many other activities in the Parish. Be assured that when we know, we will communicate this to you clearly through our Saturday emails, our weekly Facebook updates, in the bulletin and on the website as well as announcements at Sunday Mass. As you have in the past, please be patient as we introduce further changes.

We have begun celebrating the Sacrament of Reconciliation in our former reconciliation chapels of St. John Vianney across from the sacristy and St. Padre Pio at the top of the stairs to the right. We will begin to have confessions available on Thursday mornings at 11 am before the noon Mass beginning July 1.

## WEEKLY UPDATES

If you haven’t already noticed, I want to bring your attention to our weekly Saturday update. It should arrive in your inbox—if we have your email address (if not, please do contact us)—every Saturday around noon. If it has not, please check your junk mail. It may have landed there. Each week we offer updates and parishwide communications to keep everyone in touch with happenings in the parish as well as other offerings that may be helpful for you and your family. If you have comments and/or suggestions on how this communication tool can be even more effective, please let us know through an email response. We want to communicate as clearly and effectively as possible. Thank you.

As we enter into this new month, may your summer days be filled with the grace of the Holy Spirit as well as rest, refreshment and enjoyment. Let us continue to hold one another in prayer.

In Christ, through the intercession of Blessed Pier Giorgio, I love you.

*Fr. Jim*

# Blessing & Dismissal

FR. LOU CUNNINGHAM

**A**FTER THE Postcommunion Prayer comes the Final Blessing and Dismissal (unless there are “brief announcements,” before them). The final blessing ends the Mass as we began it: with the Father, the Son and the Holy Spirit. The wording can be a little tricky, because the priest is blessing, not “in the name of” but invoking God’s blessing directly: “May Almighty God, the Father, the Son and the Holy Spirit, bless you.” In the past, the priest has extended his arms up to heaven as if receiving and “catching” God’s blessing from on high. This is the same action he used to be required to do at the beginning of the Eucharistic Prayer -- reaching his arms up to heaven! The blessing is not the priest’s, just as the Eucharistic Prayer is not the priest’s: it is God’s blessing being invoked by His minister at His altar.

Finally, in the dismissal, we receive the word we use for the Holy Mass itself. In Latin, the conclusion is *Ite, missa est*. A literal translation is, “Go, it’s been sent” or “Go, it’s been accomplished.” It is so terse and to the point: Yup, folks—it’s over, go. The Mass has been accomplished, the Sacrifice completed, the Offering has been offered. There is a directness that can almost be shocking! We only received Holy Communion in the last five to ten minutes: now, the priest or deacon is saying “Go!” Many interpretations have been put forward as to why this is the final words of the Mass. What seems to be agreed upon is that this dismissal is one of the more ancient parts of the Mass, as documented by the *Ordines Romani* (see below). It is both a statement of fact (it is accomplished) and a command to actually live into the mystery of Christ in our daily lives, which we have participated in this Holy Sacrificial Meal.

Finally, there are a couple of devotional prayers that the priest used to be required to pray towards the end of Mass. One of which is the “Placeat tibi.” It is a prayer where the priest asks that the service he has done might be pleasing to God and

beneficial for all of those for whom he offered the Mass. I have reproduced the Latin below along with my own translation. I love this prayer, because it is a moment for the priest to remember what he has done, and that it is done for himself, for all of those present, and for the whole world. As he leaves the altar, the priest used to be required to pray the beginning of the Gospel of John, which will end, next week, our study on the Mass.

*Placeat tibi, sancta Trinitas, obsequium servitutis meae: et praesta; ut sacrificium, quod oculis tuae maiestatis indignus obtuli, tibi sit acceptabile, mihi que et omnibus, pro quibus illud obtuli, sit, te miserante, propitiabile. Per Christum Dominum nostrum. Amen.*

*May the carrying out of my service please you, O Holy Trinity, and I beseech you, that the sacrifice, which I, though unworthy, have carried out before the eyes of your majesty, might be acceptable to you, and beneficial for me, and all for whom I have offered it, by your compassion, through Christ our Lord. Amen.*

## FOR FURTHER STUDY SEE

“The Priest in the Concluding Rites of the Mass” <[https://www.vatican.va/news\\_services/liturgy/details/ns\\_lit\\_doc\\_20100422\\_sac-riti-conclusionen\\_en.html](https://www.vatican.va/news_services/liturgy/details/ns_lit_doc_20100422_sac-riti-conclusionen_en.html)>

“Ite Missa Est” on NewAdvent.org <<https://www.newadvent.org/cathen/08253a.htm>>

“Deo Gratias” on Newadvent.org <<https://www.newadvent.org/cathen/04737a.htm>>

“Ordines Romani” on Newadvent.org <<https://www.newadvent.org/cathen/11284c.htm>>

“Blessing” on Newadvent.org <<https://www.newadvent.org/cathen/02599b.htm>>

“Placeat Tibi,” Prayer <<http://preces-latinae.org/thesaurus/PostMissam/Placeat.html>>





## Phil's Camino

Some of you may remember Phil from a writeup in *NW Catholic* a few years ago. Phil Volker lives on Vashon Island. He's been there since the 70's with his wife and is a member of St. John Vianny Catholic Church. Sometime around 2013/14 Phil came across the movie *The Way* about the 500 mile journey across Spain called the *Camino de Santiago de Compostella*. Phil was instantly drawn to this pilgrimage. However, his plan to walk the Camino was interrupted by a devastating diagnosis of Stage IV cancer.

Phil started getting treated for his cancer but this did not deter him from wanting to walk the Camino. He laid out about a half mile path on his property and began walking his imaginary Camino by plotting where he would be on the actual Camino if he were there. This practice went on for more than a year until he was given the green light by his oncologist to make the pilgrimage to Santiago between treatments. Before he left, he happened to meet a producer, Annie, who was in the documentary *6 Ways to Santiago*. She was inspired to make *Phil's Camino* into a movie (now available).

Since his return, Phil has had to continue his cancer treatments, but he meets with four groups per week to discuss his experience on the Camino. Phil has ministered to more than 400 cancer patients and caregivers at his Camino Trail on Vashon. He is an example of a patient that is healed but not cured. Phil admits that this is really the work of the Holy Spirit because he did not plan any of these projects other than to cut a trail on his property and start walking. Marlene Lopp and I had a wonderful experience meeting with Phil and the other cancer patients who were there to walk with him. He created a mini-Crux de Ferro (Iron Cross) which is the highest point on the Camino. People bring a rock which symbolizes an emotional/spiritual burden and leave this burden on the Camino by placing the rock at the foot of the cross. Patients and care givers have the opportunity to do the same at his mini-crux de ferro. Thank you, Phil, for all you do to serve.

Yours in Christ—Kenny Broussard



## Journey of the Heart

During the past 20 years, hundreds of Saint Michael parishioners have made a Journey of the Heart to the Holy Spirit Community Center in Ciudad Juarez. During week-long trips, consisting of prayer, service and simple living with the people who live on the old garbage dump, parishioners have received the gift of a deeper relationship with Jesus. This is Mel's story:

*Whenever I think of my time working at the Holy Spirit center, Juarez, Mexico, I am overwhelmed with thoughts of the people I went with and the people who live there and with whom I worked. Those I went with worked indefatigably day and night helping Holy Spirit Center teachers and staff teach little children and older students who did not qualify to attend public school, prepare and serve food daily to anyone who came for a warm meal, paint and do construction work on center buildings and houses of people the center serves, deliver food to the sick and elderly and many other tasks.*

*From the first day I arrived in Juarez, I was struck by the local people and the happiness they displayed despite their poverty. They live on or near the large city landfill and have the barest necessities, yet they display faith, kindness and joy. I often thought of my own standard of living in the U.S. and how many material things I have in comparison. So much so, I seldom felt hungry seeing the small amount of food they had to eat.*

*I often reflect upon doing construction projects with the most basic of tools. Due to limited funds we used old and outdated equipment. Despite these conditions, our mission team worked with the people at the center to the best of each one's abilities with few complaints. I thank God and Saint Michael Parish for the opportunity to have served the people at the Center. They are wonderful children of God and display a kindness not often seen throughout the world.*

The next Journey of the Heart parish mission trip is being planned for the week of **October 17 -23, 2021.**

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THERE HAS NEVER BEEN A BETTER TIME TO BREAK YOUR DISTRACTIONS AND ADDICTIONS.

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CONTACT ANDREW GOLDSTEIN:  
AGOLDSTEIN@SAINTMICHAELPARISH.ORG




## Music Ministry NEEDS YOU!

God gave you great gifts! Use them to bring beauty to His Church!

As things begin to reopen, the music ministry is in need of new volunteers to serve once or twice per month, including cantors, choral singers, string players, or those with experience or interest in chant.

All new volunteers are invited to an on-boarding retreat on **Saturday, July 10 from 9–11AM in the Parish Center, Room 6.**

Contact Andrew Goldstein, Steward for Music Ministry, at [agoldstein@saintmichaelparish.org](mailto:agoldstein@saintmichaelparish.org)

THE JOURNEY BEGINS JUNE 30

**MAGNIFY 90**

Sisters in Christ, join us as we detach from the world and intentionally practice virtue.

Contact Jackie Shirley to learn more  
[jshirley@saintmichaelparish.org](mailto:jshirley@saintmichaelparish.org)



## Health corner

It's summer and time to eat watermelon! This red delicious fruit is actually really good for you. Watermelon contains *lycopene*, an antioxidant which helps to curb cancer and diabetes as part of healthy lifestyle. Lycopene along with sunscreen can help avoid sunburn. It also contains an amino acid called *citrulline* which may help blood circulation, lower blood pressure, and help us to avoid heart attacks. Watermelon also contains a pigment called *betacryptoxanthin* which has been shown to help joint inflammation. Watermelon contains vitamin A—essential for good eye health.

Juicy watermelon is a healthy way to stay hydrated in the summer. It's a low calorie sweet dessert that will not spike your blood sugar. It is also easy to digest for people who suffer from digestion problems. Most of all, it's just delicious—so enjoy!

## Grief Support

Are you carrying a heavy heart? This has been a difficult year and we invite you to join us for an 8-week grief support group starting soon. Watch the bulletin for dates/times. We'll meet in person at Saint Michael Parish.

More info by contacting Bene Reece at [breece@saintmichaelparish.org](mailto:breece@saintmichaelparish.org)

# Authenticity Changes Lives

By Marcel Lejeune, *Catholicmissionarydisciples.com*

**I**SOMETIMES think the Apostles were complete knuckleheads. How could you watch Jesus raise people from the dead, heal the blind, change water to wine, walk on water, and more... yet doubt or be afraid? Then I realize that I have met the same Jesus and I do the same thing. I have seen Jesus save lives (including my own), heal relationships, free addicts, and more...yet I doubt and am afraid sometimes, too. In someways the 12 were knuckleheads and so are we. But, there is a reason Jesus chose 12 simple and doubtful men to be our first Church leaders. It is because we need to see flawed and imperfect people (like us) mess up, be forgiven, receive grace, and become great saints and evangelists anyway. We need to see authenticity and vulnerability. In fact, our world needs to see it from us, too.

## QUESTIONS WHEN SCARED AND HURTING

Last month, I was in a hospital ICU bed with lots of fear starting to creep in. I had internal bleeding that was not stopping and had already passed out once from blood loss (causing the nurse to call a “code blue” when she thought I had a cardiac event). I asked God a lot of questions that night:

“Can you please make it stop?”

“Why don’t you act?”

“Where are you?”

“Do you care?”

Looking back now, the answers seem so easy to provide. Of course he cares. Of course he was right there holding me close the entire time. In fact, he was moving powerfully in my life, even when he felt far away.

But those answers seemed trite and silly while suffering, scared, and doubtful. Not too long after, I was reminded of how I stand in utter need of God and how powerless I am to save myself. Furthermore, I was reminded that my questions are really universal to the human condition and we need to be more comfortable sharing our fears, doubts, anger, and hurt. When my priest friend came to anoint me, he asked me to picture Jesus holding me in his arms. I felt the healing balm of Jesus surround me and his heart move in love for me. I knew the answers at that moment. It was found when my friend when out of his way to be there for me. A friendship built on authenticity.

Herein lies the lesson—without Catholic disciples who are willing to live authentic lives and share their own vulnerability we won’t be able to reach the world that is crying out for examples of such things!

## SILENCE DOESN’T WORK IN EVANGELIZATION

You are an inadequate example of a Christian disciple. So is every other disciple. That isn’t the point. God is bigger than our limitations and inadequacies and if there is one thing God wants it is

for us to stop relying on our own power and allow him to work through us.

One of the ways God works through us is when we start to talk about our weaknesses. You see this over and over again with the letter St. Paul writes in the Bible. He talks about being the “least of the Apostles”, “foremost of sinners”, and more. This wasn’t just a false humility, but a realization that when Paul had a right understanding of who he really was (and who God really was), that was the point humility could take over. Once humbled, God was able to work through him. Humility is a right understanding of ourselves in light of who God is. Paul knew he was a redeemed sinner, a saint in the making, a true apostle in need of grace, and a limited human being. He also knew God was going to do big things through him IF he did what God asked. What God asked was authenticity in his conversations and relationships. Imagine what would have happened if Paul kept the message of the gospel to himself. Imagine if he wasn’t bold in his preaching. Imagine if he was silent. The fruit of evangelization required him to speak, but with humility and vulnerability. The same goes for us.

## DROP THE MASKS

True authenticity and vulnerability need not be a counseling session, Confession, 12-step group, etc. In fact, it shouldn’t look like those things. It means sharing enough (but not too much) to let others know that the reality of discipleship is not all unicorns and rainbows, but includes crosses. In fact, we are told that part of what we ought to do is help others “count the cost” in discipleship (Luke 14:28). Following Jesus will cost us something. For each of us that cost is different. For the rich young man in Mark 10 it was the possessions he was attached to. For Peter and Andrew it was their Dad and the family business. For some it is friends of family. Whatever we leave behind, there is a kind of mourning that goes with it. Some may look back and long for what they left behind, wondering if the crosses they have now taken up are worth the losses. If that is the case, then our job is not to come provide platitudes, but accompaniment. It isn’t to just give answers, but our love. It isn’t just to be perfect examples of detachment, but to be good friends of those who are questioning and suffering.

Think of how Jesus approached the woman at the well (John 4). He unveiled her pain and wounds, in an honest but kind assessment of where her life was currently at. But, by the end of the conversation she was a transformed woman who ran into town to tell the rest of the world to come meet “the man who told me everything I have ever done.” Bringing her past into the light, then pouring grace on it, allowed her to become authentic and vulnerable herself. This authenticity led to the entire town coming out to meet Jesus and the transformation of many other lives.

She dropped her mask and we are called to do the same, if we want to reach souls for Jesus. Authenticity changes lives.



## Sharing Your Faith: A Primer

We are commanded by Christ to share the Good News. And while that may be easier said than done, evangelization doesn't have to be hard, weird, or forced. Here are some basic steps you can take to quickly and easily share your faith. A short, two minute conversation can change a person's life forever.

- ▶ A face-to-face conversation about Jesus Christ and His Church can begin with an icebreaker. Often it is helpful to give someone a tangible reminder of Christ's love for them, like a Rosary or a holy medal.
- ▶ Invite the person to share something of their story with you. Get to know them as you would anyone you meet for the first time.
- ▶ Consider that this person is loved by God and that the Holy Spirit may have put them in your life so that they can hear the Gospel.
- ▶ Ask them if they go to church or to describe their relationship with God as a way to start talking about faith.
- ▶ Offer to share one good reason why you choose to believe in God or be a Christian.
- ▶ Offer to remember them in prayer daily for the next week. Ask them if they have a particular prayer request.
- ▶ Offer to pray for them on the spot, placing the burden to pray on you and not on them.
- ▶ Ask permission to contact them later and tell them you would like to invite them to a parish event, or even over to your own home. Follow up on your promise to contact them.
- ▶ Invite them to events at SMP or small groups where they can explore the Gospel.

We have to be willing to walk with people as they seek answers to the big questions of life. That means we must be willing to foster an authentic relationship with those we seek to introduce to faith. Have you been walking with someone who's increasingly interested in Christ and His Church? **Give Andrew Casad a call at (360) 292-7127 and discuss the Rite of Christian Initiation for Adults (RCIA).**



## The Journey Continues STRENGTHS CONVERSATIONS

**Tuesday, July 6 at 7PM via Zoom**

Join us for Strengths Conversations once each month as we come together to share and learn. What have others learned that can help me? What have I learned that might help someone else? Let's talk about that!

These casual conversations help us explore our talents (identified by Strengthsfinder assessment). How we are already using them and how can we further develop them? We also reflect on ways that our talents help us to recognize God's presence in our lives and how He invites us to offer our talents in service to others. All are welcome!

For more information and/or zoom link contact Holly Jurica at [smpstrengths@saintmichaelparish.org](mailto:smpstrengths@saintmichaelparish.org)



## Mobile Clothing Bank

Another successful mobile clothing bank took place on June 10! We joyfully distributed 800 items to 101 grateful neighbors (a new high). We once again "sold out" of men's jeans, men's shoes, blankets, pillows, sleeping bags, backpacks and propane vouchers, and also distributed more women's underwear and bras than ever. These are the items we are most in need of as we solicit and screen donations.

Of course, men's and women's coats plus other long-sleeved clothing appropriate for the out-of-doors are very popular but we fortunately get a sufficient amount of those regularly donated by our generous community. Folks now know what it means when the U-Haul pulls up and we are developing name/face familiarity with more and more of our needy neighbors!

## Financial Peace University

Our readings give us stories of healing and in each story, the request for healing is itself a courageous act of faith. Sometimes courage and faith are required to begin financial healing for you and/or your families. Come be part of this village of Financial Peace University.

**A fall class is now on the schedule** and all are welcome including those outside the parish. Class will begin mid-September on Thursday evenings for nine weeks. Please share this invitation to join our village of FPU. Cost is \$50 with materials and resources. Scholarships available for parishioners.

**FPU Alumni Meeting:** Join us on **July 24, 10AM–NOON** via Zoom. Share your stories, ask your questions. Sign up for alerts in SMP Connect (Group: Financial Peace University). Everyone welcome!

### Resources:

Info at [saintmichaelparish.org/financial-peace-university](http://saintmichaelparish.org/financial-peace-university) or FPU Core Team: [fpu@saintmichaelparish.org](mailto:fpu@saintmichaelparish.org). Our SMP ministry team is here—how can we help?

Facebook: Saint Michael Parish, Olympia—FPU Alumni Closed Group

## Rachel's Corner

*“As a man this is something we don't talk about, even with our closest friends. For years I privately carried the guilt, shame and regret over the loss of my child. Attending the retreat allowed me to finally open up and share with others that have been down the same road. Through this I was able to open my heart to receiving God's forgiveness.” – Testimonial*

Once we find a safe place in which to release that burden we carry, we make room for the healing to begin.

### Call for a compassionate, confidential conversation.

English: (206) 920-6413 / Español: (206)-450-7814

Email [projectrachel@ccsw.org](mailto:projectrachel@ccsw.org) or visit [ccsw.org/projectrachel](http://ccsw.org/projectrachel) or [facebook.com/projectrachelww](https://www.facebook.com/projectrachelww).

Project Rachel is a program of Catholic Community Services. *You are loved with an everlasting Love!*

## Put Faith on the Map—VBS!

Embark on an epic quest through hidden ruins, ancient caves, and dense jungles. At **Treasured VBS**, kids dig into action-packed, faith-filled adventures. They'll discover God's greatest treasure isn't diamonds, gems, or gold—it's them!

**August 16–20 at SMP.**

Register on our website!



## Small Groups

### NEXTSTEP FROM EVANGELICAL CATHOLIC

Many groups continue to meet year-round and there are many different options of materials you can use and borrow. There are DVD series from Bishop Barron and The Augustine Institute (among others) and FORMED has many options. Another resource you are invited to check out is Nextstep from Evangelical Catholic. Visit [ecnextstep.com](http://ecnextstep.com) to set up a free account and get started. They have a variety of content. A couple of examples are:

### GUIDE YOUR KIDS

Your goal as a Christian parent or grandparent is for your child to know and love Jesus. How do you help your children become Catholic disciples of Jesus? How do you even begin, and how do you know if you're "doing it right"? No one has all the answers and there is no one right way, but we can discover guidance and insight from prayer and from other parents. In Guide Your Kids, find tips, encouragement, and practical ideas from real, imperfect Christian parents. Let God guide you as you guide them.

### GET MORE OUT OF MASS

The Eucharist is the source and summit of the Christian life, but we don't always experience that reality. The Mass can seem confusing. We sometimes feel bored and distracted. That's normal. But there's also more. You can have a rich, engaging encounter with Jesus in the Mass. There are many prayers, tips, and things you could do to get more out of Mass. Here in this step, you will be given a specific instruction and prayer to use at Mass. Start with this, and then grow from there. And don't worry about whether you have a profound experience or not. The most important thing is your conscious intention to connect with Jesus personally at Mass. Trust and believe that he meets you there.

For more information about joining a small group, questions about *Nextstep*, or to borrow materials please contact Michaela Moreau at (360) 292-7104 or [mmoreau@saintmichaelparish.org](mailto:mmoreau@saintmichaelparish.org).

## FORMED PICK OF THE WEEK



We are celebrating a feast day, consecrated for us by the blood of the apostles. Let us love their faith, their lives, their labors, their sufferings, their confession of faith, their preaching. In honor of Paul, the Apostle of the Gentiles, enjoy this film in the Bible Collection.

Sign up for free at [formed.org/signup](https://formed.org/signup)

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Holy Days	\$105
Youth (Little House)	\$26
<b>Total Offertory</b>	<b>\$59,069</b>
Total Year-to-Date	\$3,086,198

*please pray for:*

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 Nancy Cosgrove  
 Peggy Lynch  
 Andrea Bell  
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 Tani & Gerry  
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 Jolane Zander  
 AJ Zander  
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 Catie Shuster  
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 Pauline Nault  
 Heather Brooks  
 Jacob Dyson  
 Lisa & Jolane Zander  
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 Bonnie Stover  
 Helga Natterer  
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 Mary Isaacson  
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 Emily Riordan  
 John Randall Hall  
 Lynn Valentine  
 Michael "Mick" Milasich  
 Krissy Jones  
 Deanne Clesi  
 Joey P.  
 Fr. Jerry Villarrubia  
 Britni Donaldson  
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 Deveda Puckett  
 Darrell Quinlan  
 Peter Dzurilla

To submit prayer requests, call the parish office at (360) 754-4667 or submit your request via our website. If you or someone you know is homebound and wishes to receive regular calls to check on their welfare and even pray with them during this crisis, please call Benedetta Reece at (360) 292-7143.

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