

# ST MARY CATHOLIC CHURCH

207 N MAIN ST (PO BOX 1443), COUPEVILLE, WA 98239

REV. PAUL R PLUTH, JCL, PASTOR

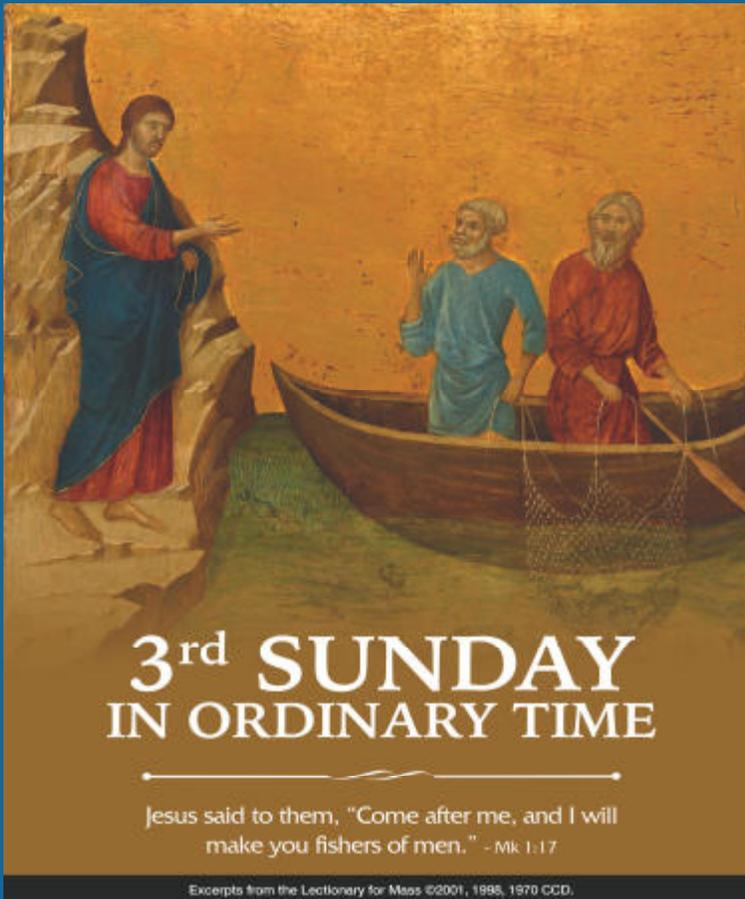
(360) 678-6536

Information@StAugustineOH.org

www.StAugustineOH.org

3rd Sunday in Ordinary Time

24 January 2021



## LIVE THE LITURGY

Inspiration for the week

“Repent and believe in the gospel.” Some type of honest and sincere repentance is necessary for any type of authentic growth and maturity. We have to come to the realization, unless we are happy wallowing in immaturity and superficiality, that the way we have been doing things is not the best or the healthiest. There isn’t a human being alive who hasn’t acted foolishly or erratically at the cost of almost losing a treasured relationship. “Why did I act that way?” is a question we often ponder after some reflection and enlightenment. Faith works the same way. Stumbling through life and bumping up against meaninglessness, a person can begin to see that something significant is missing.

They see that there is merit to a relationship with God and an embrace of faith. Before these can take root, sincere sorrow for past wrong doing, missed opportunities, errors in judgement, and short sightedness is necessary. Repentance is necessary. Then having realized that we were walking in darkness, we can rejoice that by God’s grace, we now see the light. ©LPi

## Catholic Life, Eucharistic Life: Understanding and Living the Eucharist January 25, 2021 6:30pm-8:00pm (Zoom)

**Corinna Laughlin, presenter**



This is the Year of the Eucharist in the Archdiocese of Seattle. In this presentation for St. Mary’s and St. Augustine’s, Corinna Laughlin, Pastoral Assistant for Liturgy at St. James Cathedral, will help us to reflect on the four major movements of the Mass—*Gathering, Word, Presence, and Sending*—and how each of them challenges us to integrate the Eucharist more fully into our daily lives.

As Archbishop Etienne has written, “The Catholic life is a Eucharistic life. We, too, are to be blessed, broken, multiplied and shared so that others may come to know Jesus Christ (see John 6:1-15). Our faith is to be integrated into every aspect of our life.”

*For information and to register, contact Peggy Smith at [psmith@staugustineoh.org](mailto:psmith@staugustineoh.org)*

## Pastoral Council Corner

### Staying Connected with God and Each Other



1. **Year of the Eucharist Webinar:** January 25 at 6:30 PM on Zoom. See announcement on front page of this bulletin.
2. **Bible Study:** See announcement in bulletin.
3. **Cookbook Ministry:** Send recipes for our St. Mary Cookbook by April 4. See announcement in bulletin.
4. **Say the Rosary at home on Tuesdays at 8 PM.** We are offering our prayers at the same time for our St. Mary parishioners, our community and for the end of the pandemic.
5. **Donate to the Gifts from the Heart Coupeville Food Bank** by leaving your food items in the box on the breezeway after Mass. See bulletin for more information.
6. **Let your Pastoral Council or Works of Mercy members know if you or someone you know needs help.** Leave message at St. Mary Parish office: 360-678-6536 or speak directly with any of the Pastoral Council members or Works of Mercy members. You will know them by their badges when you see them at Mass.

### For I was hungry, and you fed me. Matthew 25:35

**Gifts from the Heart Coupeville Foodbank** is in need of our support. They distribute food on the 2nd and 4th Wednesdays of most months here in Coupeville. Please consider our local community in need of our contributions.

**Food** - As a result of the pandemic they have not been able to hold the five largest food drives of the year in 2020. These drives are very important to keep food on the shelves. They had a good stock of essentials going into the pandemic but that inventory has been depleted.

**Need** - On any given distribution this year, they are seeing a 10% to 15% increase over last year in families needing food. They served 141 families this year for Thanksgiving, which is a 13% increase over last year.

There are two ways you can help support our local foodbank. Mail them a check directly to: Gifts from the Heart Foodbank, POB 155, Coupeville, WA 98239 or bring food items to St. Mary's. There will be a collection basket in the breezeway before mass each Sunday.

Items that are the most helpful include, canned meals, (chili, ravioli, etc.) Ramen noodles, canned meats, such as tuna and chicken, cereal, soup, pasta, rice, canned vegetables, and pasta sauce. PLEASE make sure items are not beyond their best buy date or the food will have to be thrown away.

End of Year Tax Statements will be emailed to parishioners with email and mailed to those without by the end of January.

### Please Pray for Our Families & Friends

For those during this COVID-19 pandemic, those who are ill, those who are going to have or are recovering from surgery, those in Careage or other rehabilitation facilities. For our military both at home or deployed, and for those who may be away attending college.

Tina Hamilton - Richard McCormick  
Naomi Puhr - Richard Rezabek

For the repose of the souls of  
**Mike Hay & Diana Borse**

PFC Zachary McCormick,  
US Army National Guard

~Permission is required from the individual prior to adding their name to the prayer list.  
~To include a loved one's name, please call the Parish Office at 360-678-6536.



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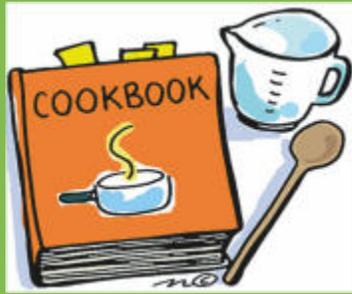


### Unlocking the Mystery of the Bible at St. Augustine & St. Mary January 25-March 22, Mondays at 10 am via Zoom

Many Catholics want to read the Bible but get bogged down by the long stretches that seem not to make sense or get lost among the sea of Old Testament names and places. *Unlocking the Mystery of the Bible*, an eight-part Bible study, helps you uncover the story woven throughout Scripture, so you can get the "big picture" of the Bible and understand what it's all about. Aided by a unique color-coded Bible Timeline™ Chart that arranges the key people, places, and events of the Bible in chronological order, *Unlocking the Mystery of the Bible* will help you pick up the Bible with confidence and understand how you fit into God's plan. Cost with book and 1-year access to videos online is \$25. You can attend for free on class time only.

Email Barb Dumit to sign up: [tb Dumit@comcast.net](mailto:tb Dumit@comcast.net)

## ST. MARY COOKBOOK NEWS



Your favorite recipes are still needed.  
Feel free to enter several of your favorites in any category of cooking!

**RECIPES ARE REQUESTED BY  
APRIL 4, 2021.**

After we know how many we have in each cooking category, we will let you know what categories are needing more recipes...such as, salads, appetizers, main dishes, etc.

Recipes may be emailed to  
pmccormick@staugustineoh.org

Mail to:

St. Mary Church  
Attn. Cookbook  
PO Box 1319  
Oak Harbor, WA 98277

Or

place them in the Recipes Box (located just inside the door to Harrington Hall) before or after Mass.

January 24-31, 2021

Sun 1/24	9:30 am Mass Livestream (St Augustine Catholic Church FB page) 11:15 am Mass (reservation only)
Mon 1/25	9:30am-12 noon call 360-678-6536 or email pmccormick@staugustineoh.org  Year of the Eucharist Webinar - via Zoom
Tue 1/26	9:30am-12 noon call 360-678-6536 or email pmccormick@staugustineoh.org
Wed 1/27	9:30am-12 noon call 360-678-6536 or email pmccormick@staugustineoh.org
Thu 1/28	9:30am - 12 noon Call 360-678-6536 or email pmccormick@staugustineoh.org 11:00-12:30pm Private prayer - wear face mask or no entry, sanitize hands & observe social distancing
Fri 1/29	9:30am-12 noon call 360-678-6536 or email pmccormick@staugustineoh.org
Sat 1/30	No activity
Sun 1/31	9:30 am Mass Livestream on St Augustine Catholic Church FB page 11:15 am Mass (reservation only)



### No Matter How Much You're Hurting, No Marriage Is Beyond Hope!



- \* Are you struggling in your marriage, or do you know someone who is?
- \* Are you disillusioned?
- \* Do you struggle with trust or forgiveness?
- \* Are you considering separation or divorce?
- \* Have you lost hope?

#### Let Retrouvaille Help!

For confidential information, or to register for our upcoming VIRTUAL weekend Feb. 25 - 28, 2021, call Mark and Ronnie at 206-706-2608 or go to [www.helpourmarriage.org](http://www.helpourmarriage.org).

Retrouvaille  
of Seattle



### Rachel's Corner

#### Hope and Healing After Abortion

*"He reveals deep and hidden things and knows what is in the darkness, for the light dwells with him." - Daniel 2:22*

Have you been hiding your shame and regret in a deep and dark place within, hoping no one would ever know? God knows. He wants to help you be free of that burden and discover merciful forgiveness.

**Call for a compassionate, confidential conversation and learn about our upcoming Virtual Healing Series.**

**English: (206) 920-6413**

**Español: (206)-450-7814**

Email [projectrachel@ccswv.org](mailto:projectrachel@ccswv.org). Visit us at [www.ccswv.org/projectrachel](http://www.ccswv.org/projectrachel) or [www.facebook.com/projectrachelwv](https://www.facebook.com/projectrachelwv).

*Project Rachel is a program of Catholic Community Services.*

*You are loved with an everlasting Love!*



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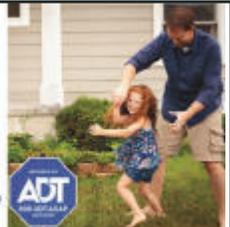
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