



# ST. THOMAS CATHOLIC CHURCH

4415 S. 140TH ST, TUKWILA, WA 98168

206.242.5501

[WWW.SAINTTTHOMASTUKWILA.ORG](http://WWW.SAINTTTHOMASTUKWILA.ORG)

*Under St. Thomas' patronage, our parish aspires to evangelize our world through the beauty of our Liturgical worship; the goodness of our lives empowered by the Holy Spirit and ordered towards holiness in community; and conforming our minds to the Truths of Scriptures and Tradition.*

Fourth Sunday in Ordinary Time, January 30, 2022  
Cuarto Domingo Del Tiempo Ordinario, 30 de Enero de 2022

# FULFILLED



[He said to them],  
"Today this Scripture passage  
is fulfilled in your hearing."

LUKE 4:21

"Hoy mismo se ha cumplido  
este pasaje de Escritura que  
ustedes acaban de oír".

LUCAS 4, 21

## Liturgy Schedule

### Public Weekend Masses—In Church

Saturday: 5 PM English—Livestreamed

Sunday: 8:30 AM Spanish —Livestreamed

10:30 AM English—Livestreamed

### Public Weekday Masses—In Church

Tuesday: 7 PM Spanish

Wednesday: 9 AM English

Thursday: 9 AM English

Friday: 9 AM English

1st Friday & Adoration: 8 AM-Adoration

8:30 AM-Rosary

9 AM-Mass

Adoration ends at 11 AM

All weekday Masses are also livestreamed

### Adoration

Tuesday: 5 PM—6:45 PM

Friday: 9:30 AM—11 AM

### Anointing of the Sick

First Friday of the month, or by appointment.

### Confessions

Tuesday: 6 PM—6:45 PM

Friday: 9:30 AM—10:15 AM

Saturday: 4 PM—4:50 PM

Sunday: 7:30 AM—8:20 AM

### Parish Office Hours

Monday—Thursday: 9 AM—2 PM

Friday: 9 AM—Noon

Saturday & Sunday: Closed

All major holidays: Closed



## The Power of Praise

I am sure enjoying our Wednesday night Bible Study on the Acts of the Apostles. Jeff Cavins, the presenter each Wednesday, does an excellent job of providing helpful insights into the life of the early Church and how they operated with such boldness in sharing the Good News. They faced many challenges, just as we do, but through them all God provided splendidly for all of their needs.

One of the great insights that was shared during our January 19th class was the power and importance of praising the Lord even when things are challenging or difficult. The text we were studying came from the 16th chapter of the Acts of the Apostles when Paul and Silas were singing and praising God while in jail. Suddenly, there was an earthquake that shook the foundations of the jail and the doors flew open and their chains were loosened. They didn't try and escape but remained in the jail because the Holy Spirit helped them stay focused and they were led to help save the life of the jailer who was about to fall on his sword. He then asks Paul and Silas what he must do to be saved. They shared the Gospel and all of his household was baptized.

When our lives are marked by gratitude and praising God for the many blessings we have received, it furthers the light of the Gospel and draws attention to the Lord. This is especially true when we are having great difficulties. We see so many situations in the Bible and in the history of the Church where the witness of faithful and joyful Christians has led to many conversions. It such a great blessing when we are surrounded by people who are happy and grateful instead of people who complain about everything.

Music is a powerful gift that really touches the soul and I'll never forget when I was in college I discovered a Christian music club. Once a month I would get a cassette with beautiful Christian music that drew me into a place of peace and gratitude.

The Enemy always wants to remind us of what we don't have and what is lacking, broken, etc. in our lives. When we make the decision to praise the Lord (especially in difficulties) the focus shifts from ourselves to God who can and wants to do great things – even in the midst of our brokenness and struggles.

*Psalm 34 verse 2 says it so beautifully,  
"I will bless the Lord at all times; his praise shall be always in my mouth."*

*In Christ,  
Fr. James Northrop  
Pastor*

# Parish Phone Directory

## Parish Staff

**Father Jim Northrop, Pastor**  
PH: 206-242-5501 extension 103  
Email: [fnorthrop@thegraceofpentecost.com](mailto:fnorthrop@thegraceofpentecost.com)  
[www.thegraceofpentecost.com](http://www.thegraceofpentecost.com)

**Michelle Miller, Office Manager**  
PH: 206-242-5501 extension 100  
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**Noemi Torres, Coordinator for Hispanic Ministry (Spanish)**  
PH: 206-497-2090 extension 102  
Email: [noemit@sainthomastukwila.org](mailto:noemit@sainthomastukwila.org)

**Mona Fonseca, Coordinator for Faith Formation (English)**  
PH: 206-242-5501 extension 104  
Email: [mona@sainthomastukwila.org](mailto:mona@sainthomastukwila.org)

**Jadelyn Manuel, Bookkeeper**  
Email: [jadelynm@sainthomastukwila.org](mailto:jadelynm@sainthomastukwila.org)

## Finance Council

Fr. Jim Northrop

Jim Duffy

Oren & Kathy Hadaller

Jadelyn Manuel

Michelle Miller

Arturo Garcia Vazquez

Barbara Wu

## Parish Volunteers

**Oren and Kathy Hadaller, Facilities and Maintenance**  
PH: 206-372-3887  
Email: [seatachadallers@comcast.net](mailto:seatachadallers@comcast.net)

**Paul Hardin, Infant Baptism, Youth and Adult RCIA**  
PH: 206-948-6065  
Email: [hardinp@comcast.net](mailto:hardinp@comcast.net)

**Barb Ridge, Coordinator for Liturgy**  
Email: [ollsttliturgya@aol.com](mailto:ollsttliturgya@aol.com)

**Mike Dix, Knights of Columbus—Grand Knight**  
PH: 206-498-6591

**St. Vincent de Paul Helpline**  
PH: 206-767-6449

## **EMERGENCY HELPLINE NUMBERS**

**Suicide Crisis Hotline:** 206-461-3222

**Mental Health Hotline:** 1-866-789-1511

**Teen Link:** 1-866-833-6546 / 206-461-4922

**Crisis Connection:** 1-866-427-4747

**Child Abuse:** 1-866-363-4276

**Domestic Abuse:** 1-800-562-6025

**National Domestic Violence:** 1-800-799-7233

**WA State Domestic Violence:** 1-844-762-8483

**New to St. Thomas? Welcome! Learn more about our diverse and vibrant community by visiting our website at [www.sainthomastukwila.org](http://www.sainthomastukwila.org). Registration forms are online, in the narthex of the Church, and/or in the parish office. Please place all completed parish registration forms in the collection basket or mail it in.**

**Bulletin Notices: *The article deadline is 12 PM (Noon) on the Friday* a week before the weekend you wish it to appear (8 days in advance). Notices about parish events or items of interest to the parish are welcome, however posting cannot be guaranteed. Email bulletin articles/notices to [mona@sainthomastukwila.org](mailto:mona@sainthomastukwila.org)**

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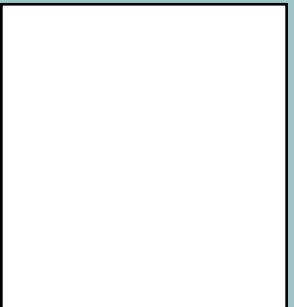
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