

one parish family

**IMMACULATE CONCEPTION | CHRIST OUR HOPE
ST. JAMES CATHEDRAL**

The Twenty-Sixth Sunday in Ordinary Time
Sunday, September 27, 2026



ST. JAMES CATHEDRAL

804 Ninth Avenue
Seattle, WA 98104
206-382-4284
www.stjames-cathedral.org

**IMMACULATE
CONCEPTION CHURCH**

820 18th Avenue
Seattle, WA 98122
206-322-5970
www.icseattle.org

**CHRIST OUR HOPE
CHURCH**

1902 Second Avenue
Seattle, WA 98101
206-448-8826
<https://christourhopeseattle.org>

From the Pastor's Desk | September 27, 2026

ST. JAMES CATHEDRAL | IMMACULATE CONCEPTION | CHRIST OUR HOPE

Dear Friends,
A few weeks ago, on September 1, I had the opportunity to celebrate three Masses for our brothers and sisters incarcerated at the Northwest ICE Processing Center in Tacoma. It was such a privilege to have a few hours with these men and women whose lives have been upended by national policies that are a frontal attack on human dignity. It was a privilege because it allowed me to actually see these people whom we pray for all the time. It was a privilege to look into their eyes and to see not only the pain that is there, but the courage and the hope that is also there.

The first Mass was with about one hundred and sixty men, the second with about half that number and the third Mass was with about thirty-five women. Deacon Juan Lezcano, our Chaplain at the Northwest Detention Center and the Federal Detention Center at SeaTac, accompanied me that day. Deacon Juan ministers at the Detention Center twice per week, on Tuesdays and Sundays. He typically celebrates a Liturgy of Word and Communion, and about once per month a priest comes for confessions and Mass. The ministry of presence and support that Deacon Juan brings week in and week out is such a gift to those men and women.

Being there that day was very moving for me and raised so many questions about how we treat these fellow human beings. To hear the dehumanizing rhetoric of public officials, it is easy to see how some people justify this treatment. But their rhetoric does not match the reality on the ground. I encountered mothers and fathers, sisters and brothers, grandparents and aunts and uncles – people like you and me. And while there are certainly those among the



Visitors place flowers on the fence surrounding the Northwest Detention Center

immigrant community that have committed crimes, we know that immigrants commit crime at a much lower rate than citizens in our country. But that fact does not fit conveniently within the false narrative put forth by those pursuing the unjust and immoral policy goal of mass deportation.

In my time with these brothers and sisters at the detention center, I assured them of our prayers. I assured them that they are not forgotten. I assured them that even though it seems like they have been thrown away like a piece of garbage, they are precious sons and daughters of our God who delights in them. I assured them that they have an irreplaceable dignity as human beings made in the

image and likeness of God.

My friends, it is the violation of their human dignity that makes our current national policy not only unjust and immoral, but sinful. Today, as we celebrate with the Church throughout the world, the 112th World Day of Migrants and Refugees, let us keep our immigrant brothers and sisters in our prayers, and let us pray for a conversion of heart among our public officials. May we match our prayer with untiring work to reverse this path we are on and return to our roots as a nation shaped and blessed by immigrants. We ask that St. Frances Xavier Cabrini, an immigrant and the first canonized saint of the United States, to intercede for us. May she draw close to our immigrant brothers and sisters, and strengthen us for the work of justice.

Fr. Gary F. Lazzeroni
Father Gary Lazzeroni
Pastor

ORDER OF CELEBRATION FOR

Twenty-Sixth Sunday in Ordinary Time

MASS FOR THE SEASON OF CREATION (Saturday 5:30pm)
RECOMMITMENT OF PARISH VINCENTIANS (Sunday Noon)

PRELUDE

Ciacona in F

Johann Pachelbel (1653–1706)

Ricercar

Johann Jakob Froberger (1616–1667)

Introductory Rites

ENTRANCE

For the fruits of all creation

AR HYD Y NOS



1. For the fruits of all cre - a - tion, Thanks be to God.
2. In the just re - ward of la - bor, God's will is done.
3. For the har - vests of the Spir - it, Thanks be to God.



For the gifts to ev - 'ry na - tion, Thanks be to God.
In the help we give our neigh - bor, God's will is done.
For the good we all in - her - it, Thanks be to God.



For the plow - ing, sow - ing, reap - ing, Si - lent growth while we are sleep - ing,
In our world - wide task of car - ing For the hun - gry and de - spair - ing,
For the won - ders that a - stound us, For the truths that still con - found us,



Fu - ture needs in earth's safe keep - ing, Thanks be to God.
In the har - vests we are shar - ing, God's will is done.
Most of all, that love has found us, Thanks be to God.

PENITENTIAL ACT

St. James Mass for Peace

Bern H. Herbolsheimer (1948–2016)



1, 3. Ky - ri - e e - le - i - son.
2. Chri - ste e - le - i - son.

GLORIA

Mass in Honor of St. Benedict
Robert LeBlanc (b. 1948)

ALL:

Glo - ry to God in the high - est, and on earth peace to peo - ple of good will. We

praise you, we bless you, we a - dore you, we glo - ri - fy you, we give you thanks for

your great glo - ry, Lord God heav - en - ly King, O God, al - might - y Fa - ther.

Cantor or Choir:

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

ALL:

For you a - lone are the Ho - ly One, you a - lone are the Lord,

you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spir - it, in the

glo - ry of God the Fa - ther. A - men, a - men, a - - - men.

OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING

Ezekiel 18:25-28

RESPONSORIAL PSALM

Psalm 25
Michel Guimont (b. 1950)

Re - mem - ber your mer - cies, O Lord.

SECOND READING

Philippians 2:1-11

ALLELUIA

St. James Mass for Peace
Bern H. Herbolzheimer

Al - le - lu - ia, al - le - lu - ia.

GOSPEL

Matthew 21:28-32

HOMILY

Father Michael G. Ryan (Saturday 5:30pm, Sunday 10:00am, 5:30pm)

Father Francis Thumbi (8:00am)

Father Sylvester Chanda (Noon)

CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All BOW

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

All STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Jacques Berthier (1923–1994)



The Liturgy of the Eucharist

**All are invited to join in the procession to the altar with any offering you wish to make.
Please follow the direction of the ushers. Thank you for your generosity.**

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Let this mind be in you

Amy Beach (1867–1944)

Let this mind be in you, which was also in Christ Jesus:
who, being in the form of God, thought it was robbery to be equal with God.
But made Himself of no reputation, and took upon Him the form of a servant,
and was made in the likeness of men: and being found in fashion as a man,
He humbled Himself and became obedient unto death, even the death of the Cross.

Wherefore God also hath highly exalted Him,
and given him a name which is above every name:
that at the name of Jesus every knee should bow,
of things in heaven, and things in earth, and things under the earth;
and that every tongue should confess that Jesus Christ is LORD,
to the glory of God the Father.

Philippians 2:5-11

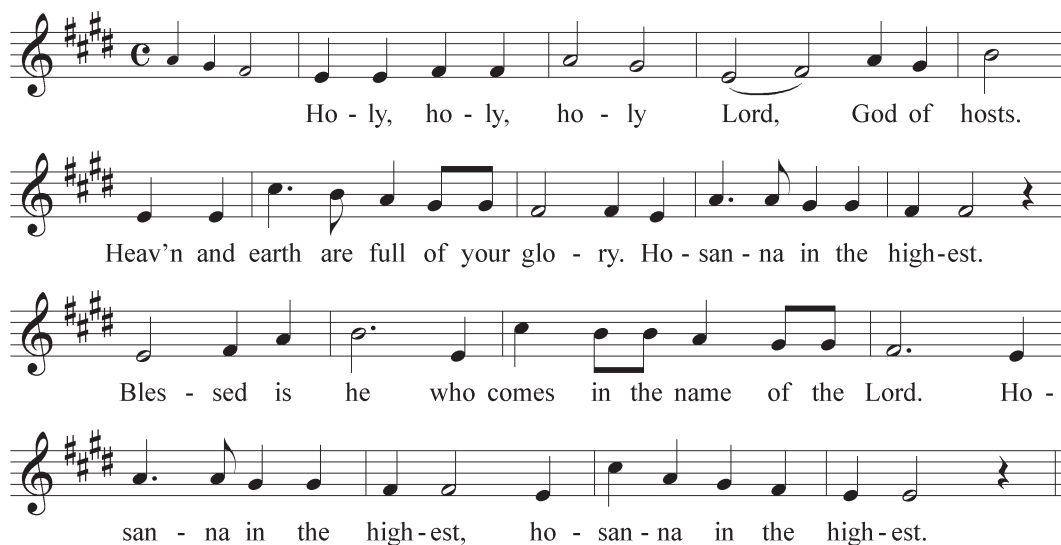
(Sunday evening)

Ave Maria

Camille Saint-Saëns (1835–1921)

SANCTUS

St. James Mass for Peace
Bern H. Herbolzheimer



Ho - ly, ho - ly, ho - ly Lord, God of hosts.

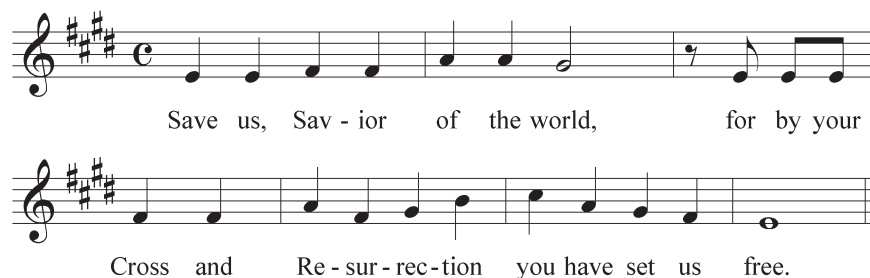
Heav'n and earth are full of your glo - ry. Ho - san - na in the high-est.

Bles - sed is he who comes in the name of the Lord. Ho -

san - na in the high-est, ho - san - na in the high-est.

MEMORIAL ACCLAMATION

Bern H. Herbolzheimer



Save us, Sav - ior of the world, for by your

Cross and Re - sur - rec - tion you have set us free.

AMEN

Bern H. Herbolzheimer



A - men, A - men, A - men, A - - - men.

LORD'S PRAYER No. 246

AGNUS DEI

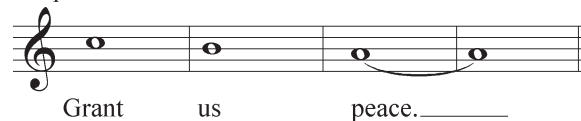
Bern H. Herbolzheimer

Response 1, 2



Have mer - cy on us.

Response 3



Grant us peace.

**Following the Lamb of God, please kneel
until it is time for your row to go to Communion.**

COMMUNION

Be mindful of your word to your servant, O LORD,
in which you caused me to hope:
this has been my comfort in my affliction.

Memento verbi
Mode IV

COMMUNION MOTET (10:00)

Beati quorum via
Charles Villiers Stanford (1852–1924)

Blessed are those whose way is blameless,
who walk in the law of the LORD.

Psalms 119:1

**Upon returning to your place after Holy Communion, please kneel or be seated.
Low-gluten hosts are distributed at the credence table near the presider's chair.**

HYMN OF PRAISE

Our Father, we have wandered
PASSION CHORALE



1. Our Fa - ther, we have wan - dered And hid - den
2. And now at length dis - cern - ing The e - vil
3. O Lord of all the liv - ing, Both ban - ished

from your face; In fool - ish - ness have squan - dered Your
that we do; Be - hold us Lord, re - turn - ing With
and re - stored, Com - pas - sion - ate, for - giv - ing And

leg - a - cy of grace. But now, in ex - ile
hope a - trust to you. In haste you come to
ev - er car - ing Lord, Grant now that our trans -

dwel - ing, We rise with fear and shame, As
meet us And home re - joic - ing bring, In
gress - ing, Our faith - less - ness may cease. Stretch

dis - tant but com - pell - ing, We hear you call our name.
glad - ness there to greet us With calf and robe and ring.
out your hand in bless - ing, In par - don and in peace.

PRAYER AFTER COMMUNION

BLESSING AND DISMISSAL

PROCESSION

Preludium in C
Vincent Lübeck (1654–1740)

THE PARISH FAMILY OF ST. JAMES CATHEDRAL, IMMACULATE CONCEPTION, CHRIST OUR HOPE

ARCHBISHOP OF SEATTLE The Most Reverend Paul D. Etienne | **PASTOR** The Very Reverend Gary F. Lazzeroni
PAROCHIAL VICARS Rev. Francis Thumbi, Rev. Sylvester Chanda | **PASTOR EMERITUS** Very Reverend Michael G. Ryan

ST. JAMES CATHEDRAL, 804 Ninth Avenue

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL MINISTRIES

Maria Laughlin, Director (206-382-4284)
John Marquez, OCIA (Becoming Catholic), Adult Confirmation,
Welcome Back (206-654-4640)
Tami Kowal, Children's Faith Formation, Youth Confirmation (206-219-5822)
Luke Whalon, Children's Faith Formation Associate
Mary Gerrish, Sofia Herrera, Faith Mentors & Faith Friends
Blake Steller, Youth & Young Adult Ministry (206-382-4530)
Margaret Lynch, Weddings (206-382-4854)
Bev Mauser, Louise Mennella, Wedding Coordinators
Yanti Kapoyos, Funerals (206-382-4288)

LITURGY and WORSHIP

Corinna Laughlin, Director of Worship (206-264-2086)
Julie Sharples, Spencer Truong, Dan Hsieh, Stephanie Herrera, sacristy

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist
Christopher Stroh, Assistant Director of Music & Organist
Stacey Sunde, Director of Youth Music
Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)
Peter Burns, Outreach Assistant (206-264-2082)
Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),
Tom Bentler, Matthew Kelley, Nathan Braxton, Marc Blasquez

MENTAL HEALTH and WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Erica de Klerk, Director
Patrick Suhrbier, Legal Services Program Manager
Sayuko Setvik, Tutoring Coordinator
Laura Murton, Legal Services Coordinator

PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)
Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Brian Jones, Facilities Supervisor (206-264-2087)
Alan Frasher, Khai Nguyen, Tan Nguyen, Manuel Echeverry

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm
Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M, F)
Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESSIONS/SACRAMENT of RECONCILIATION

Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM

Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Maria Laughlin for information, mlaughlin@stjames-cathedral.org.

MARRIAGE

Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Margaret Lynch, Wedding Office, 206-382-4854.

ANOINTING of the SICK

In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death.

FUNERALS

for parishioners, Yanti Kapoyos, 206-382-4288

TRIBUNAL ADVOCATES

The parish has several advocates ready to assist with marriage cases (commonly called 'annulments'). Information, Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE

Open weekdays 11-3 and after weekend Masses

CATHEDRAL COLUMBARIUM

Maria Laughlin, 206-382-4284

CATHEDRAL KITCHEN

serves dinner Monday to Friday, 4pm—4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.

PARISH OFFICE HOURS:

Monday to Friday, 9:00 am - 5:00 pm
After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

www.stjames-cathedral.org

IMMACULATE CONCEPTION, 820 18th Avenue

www.icseattle.org

MASS SCHEDULE

11:00 AM Sunday (10:30 AM Rosary)
12:10 PM Wednesday
8:00 AM Sunday - Eritrean Community

CHURCH HOURS

Monday to Friday, 9:00am - 3:00pm, First Saturdays 9:00am-1:00pm

PARISH OFFICE HOURS

Monday to Friday, 9:00am - 3:00pm
By appointment, 206-322-5970, office@icseattle.org

STAFF

Helen Oesterle, Pastoral Associate, 206-322-5970 ext. 602
Shanita Stewart-Burrell, Volunteer/Safe Environment Coordinator, ext. 603
Joseph Fletcher, Maintenance Coordinator, ext. 604
Grace Neri, Administrative Assistant, ext. 601
Michaela Credo, Family Choir, mjcredo08@yahoo.com
Sherrell Mitchell, Gospel Choir, rell4christ@gmail.com

COUNCILS

Pastoral Council, Maria Batayola (Chair)
Finance Council, Jane Powers (Chair)

CONFESSION

Please contact the Parish Office, 206-322-5970

BAPTISM

Celebrations take place at our Sunday Masses. A preparation program for parents/guardians and godparents is required. Information, Helen Oesterle, 206-322-5970.

WEDDINGS and FUNERALS

Helen Oesterle, 206-322-5970, ext 602.

PASTORAL CARE

If you would like to request a home blessing, a communion visit, or the Anointing of the Sick, please contact Father Sylvester Chanda, schanda@stjames-cathedral.org

CHRIST OUR HOPE, 1902 2nd Avenue

<https://christourhopeseattle.org>

MASS SCHEDULE

9:00am Sunday
5:00pm Sunday (Español)
12:10pm Tuesday, Thursday
7:00am Wednesday (Mass or Liturgy of the Hours)

CHURCH HOURS

Daily 6:30am - 8:00pm

PARISH OFFICE HOURS

Monday to Friday 9:00am - 5:00pm
By appointment (206) 448-8826

STAFF

Deanna Tighe, Pastoral Associate (206) 558-9749
Angela Walker, Office Manager (206) 627-4916
Melanie Cruz, Reception (206) 448-8826
Bill McNamara, Director de Coro Hispano (206) 448-8826
Father Paul Magnano, Parish Priest

COUNCILS

Finance Council, Paula Holmes (Chair)
Liturgy Commission, Chuck Middendorf (Chair)
Outreach Commission, Jim Sweeney (Chair)
Pastoral Council, Daniel Fry (Chair)

CONFESSIONS/SACRAMENT of RECONCILIATION

Tuesday, Thursday 11:45am; Wednesday 7:30am

BAPTISM

Celebrated quarterly at Sunday Masses

ANOINTING OF THE SICK

Celebrated quarterly at Mass

WEDDINGS and FUNERALS

Contact the Parish office, (206) 448-8826 or mail@christourhopeseattle.org

PASTORAL CARE

To request a home blessing, communion visit, or the Anointing of the Sick, please contact Fr. Thumbi, frthumbi@christourhopeseattle.org, or the parish office.

WELCOME TO OUR PARISH FAMILY
ST. JAMES CATHEDRAL
IMMACULATE CONCEPTION | CHRIST OUR HOPE

The 26th Sunday in Ordinary Time
September 27, 2026

WELCOME, VISITORS! *If you are a visitor to our parish family, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. We are glad you have joined us.*

ON THE COVER *Have in you the same attitude that is also in Christ Jesus.* Statue of the Sacred Heart of Jesus, Immaculate Conception Church.

FLOWERS ON THE ALTAR AT ST. JAMES CATHEDRAL are offered by Lila, Evelyn, and Joselito Bañez in loving memory of their mother Matilde Bañez on the third anniversary of her death. *Last Sunday, flowers at the statue of the Blessed Virgin Mary in the north transept were offered by Celeste Axelsson and Magnus Widlan in loving memory of Lennart and Augusta Axelsson.*

WINTER BEANIE DRIVE TONIGHT At 6:30pm on Sunday, September 27, gather in the Pastoral Outreach Center, 907 Columbia Street, for a fun evening of crocheting and community. Yarn, crochet hooks, and a simple beanie pattern provided. *Information*, Blake Steller, bsteller@stjames-cathedral.org.

OCTOBER 4 NOON YOUTH MASS, HOSPITALITY, AND RAINBOW SCHOOLS FAIR Please join us for our first youth Mass of the school year! Children are invited to gather in the west vestibule before Mass to join the entrance procession carrying a photo of their pet or a favorite animal for the Feast of St. Francis of Assisi. After Mass, families are invited to Cathedral Hall for lunch and an opportunity to meet representatives from our four Rainbow Schools and our St. James Cathedral Scholarship Program.

OCTOBER 4 NOON YOUTH MASS, HOSPITALITY, AND RAINBOW SCHOOLS FAIR Please join us for our first youth Mass of the school year! Children are invited to gather in the west vestibule before Mass to join the entrance procession carrying a photo of their pet or a favorite animal for the Feast of St. Francis of Assisi. After Mass, families are invited to Cathedral Hall for lunch and an opportunity to meet representatives from our four Rainbow Schools and our St. James Cathedral Scholarship Program.

PARISH REMEMBRANCE *St. James Cathedral has a long tradition of remembering in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle. This week we pray for the parish family of St. John the Evangelist, St. Alphonsus, and St. Benedict in Seattle.*

CHILDREN'S FIRST RECONCILIATION AND FIRST HOLY COMMUNION Did you know that children can prepare for these sacraments at St. James Cathedral through a two-year process beginning in first grade? Our Sunday Children's Faith Formation Program offers Sacramental Preparation 1 for first graders, followed by Sacramental Preparation 2 for second graders, when the sacraments are celebrated. It's not too late to register your first grader. *Information*, Tami Kowal, tkowal@stjames-cathedral.org or 206-219-5822.

ST VINCENT DE PAUL THANKS YOU A middle-aged woman suffered intense health complications following a domestic violence dispute and was struggling to get the rest she needed while still paying her bills. This neighbor contacted the Helpline (<https://svdpseattle.org/get-help/online-help-request-form/>).. Thanks to your donations, we were able to help her with part of her rent. *Information*, Maxine Martin, 858-527-2037 or maxinemartin411@gmail.com

SIG'S MEALS On the last Tuesday of each month, Sig's Meals is a community meal named in honor of beloved Immaculate Conception parishioner and donor, Sig Haugland. New volunteers are welcome! Next gathering—September 29, 3:00pm at Immaculate Conception, Jean Moran Hall Kitchen. *Information*, Alex Soto, 206-271-2463.

JOIN US IN OUR SCHOOL IMMERSION PROGRAM Christ Our Hope has the honor of being located inside a Catholic Housing Services/Catholic Community Services building in Downtown Seattle. This unique setting provides a powerful opportunity for Catholic school students to live out their faith through service with our brothers and sisters in need. The Josephinum is more than just a building; it is a community where the realities of poverty, housing insecurity, and resilience are encountered firsthand. Through the Immersion Program, students are invited into a faith-deepening experience that embodies the Biblical call to love and serve others. Immersions offer the students the chance to step into new experiences, engaging with people who live on the margins. We need adult volunteers to lead small groups of Catholic school students as they participate in activities with the Josephinum residents, such as making lunches or care kits, playing bingo, or doing art projects. After the activities, everyone celebrates Mass together and then shares lunch with the Josephinum residents. Each Immersion is during a school day and runs from 10:00 am to 2:00 pm. The next immersion will be on October 2. *Information*, Deanna Tighe, 206-448-8826 or dtighe@christourhopesseattle.org.

Sacred Steps

CONGRATULATIONS AND GOD'S BLESSINGS to the families of the eleven children baptized at the 10:00am Mass last Sunday: *Cassian, Samuel, Anthony, Citlali, Beia Anne, Dereck, Tu'ihakavalu, Michael, Katherine, Fianna, and Serafina*. We welcome with joy these newest members of the family of faith!

MORNING MOBILITY is offered one Saturday every month, 11:00am-11:45am, at St. James Pastoral Outreach Center. Through 45 minutes of gentle, guided movements, you'll improve flexibility, ease joint stiffness and muscle tightness, and learn mobility exercises you can continue practicing at home. No matter your age or fitness level, this class is for you. Next session will be on October 3. *Information or to RSVP*, Blake Steller, 907-244-6683 or blake@stellercoaching.com.

WHEN A LOVED ONE DIES BY SUICIDE SUPPORT GROUP For anyone who has experienced suicide loss, this 8-week grief support group will encourage you to reflect on how our Catholic faith can facilitate spiritual healing. We will watch the series *When a Loved One Dies by Suicide* together which explores stories of Catholics whose loved ones have died by suicide and explains Church teaching, while providing comfort and support. Co-sponsored by the Seattle Archdiocese Mental Health Ministry. St. James Pastoral Outreach Center, Tuesdays, October 6-November 24, 6:30-8pm. Facilitated by Anisa Ralls. *Registration required*, 206-382-4269 or aralls@stjames-cathedral.org.

MONTHLY FOOT CARE CLINIC Seattle and King County Public Health are offering free monthly foot clinics and blood pressure checks, on the first Wednesday of every month, 1-4pm. The next clinic is October 7. Held at the St. James Pastoral Outreach Center, 907 Columbia St. No registration required.

MONTHLY ART GROUP Sponsored by the Mental Health and Wellness Ministry, Every 2nd Friday of the month, 10-11:30am at the Pastoral Outreach Center, join us in a supportive group to work on art projects and meet new people! No experience needed and all materials provided. The next session will be October 9. Everyone is welcome. *Registration*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

FALL FOREST THERAPY SESSION Sponsored by the Mental Health and Wellness Ministry, led by Certified Forest Therapy Guide Dan Stroh with the nonprofit group Ancient Earth Outings. Join us 10:00am-12pm, Saturday, October 10 at Seward Park for a slow-paced, gentle, and healing walk through nature. Everyone is welcome but space is limited. *Registration required*, Anisa Ralls, aralls@stjames-cathedral.org or 206-382-4269.

MENTAL HEALTH AND WELLNESS RESOURCE FAIR You are invited to the Mental Health and Wellness Ministry's Annual Resource Fair on Sunday, October 11, 11am to 12pm in Cathedral Hall on the USCCB's designated Mental Health Sunday. Enjoy hospitality, meet representatives from organizations in our community and learn about mental health resources that may benefit you or someone you know! *Information*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

OUR PARISH FAMILY BULLETIN is provided at no cost to any of our parishes thanks to our advertisers.

BAPTISM OF YOUNG CHILDREN AT ST. JAMES CATHEDRAL is celebrated monthly at one of the weekend Masses. To prepare, parents and godparents take a class to update their understanding of baptism, to reflect on their responsibility to guide their children in the practice of the faith, and to learn about the many ways our parish supports families. The next baptisms will be celebrated on October 25 and November 22. Is it time to have your young child baptized? *Information*, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org.

CHRIST OUR HOPE WILL BE CELEBRATING BAPTISMS OCTOBER 11 in English at the 9:00am Mass and in Spanish at the 5:00pm Mass. Are you interested in finding out more information about celebrating the sacrament for your child? *Information*, Deanna Tighe, dtighe@christourhopesattle.org.

PARISH FAMILY OUTREACH DAY Saturday, November 7, 9am-10:30am, Christ Our Hope Church. Members of our parish family are invited to gather to share the work of our outreach ministries that serve the marginalized and vulnerable. This time is for current volunteers and for anyone who wants to learn how they can get involved. *Information*, Patrick Barredo, 206-382-4515, pbarredo@stjames-cathedral.org.

HAVE YOU HEARD ABOUT THE FAITH FRIENDS PROGRAM? Part of Children's Faith Formation at St. James Cathedral, Faith Friends gives children with physical, cognitive, and intellectual differences access to parish community and faith formation. Each Faith Friend is paired with a Faith Mentor—a youth who works closely with the child throughout each lesson, allowing them to thrive at their own pace. Interested in learning more or enrolling your child? *Information*, Mary Gerrish at mgerrish@stjames-cathedral.org and Sofia Herrera at spherrera@stjames-cathedral.org.

REFUGEE FUND'S IMPACT With gifts from individuals and foundations, Immigrant Assistance provided emergency financial assistance to approximately 20 households over the past year. Ranging from legal fees to groceries and phone plans, to rent and utility assistance, these small grants bring some relief to immigrant community members navigating many challenges. Some of these families were waiting for a loved one to be released from detention, others were experiencing lengthy delays for their employment authorization documents to be processed, and some families were navigating significant health issues. Immigrant Assistance regularly shares community resources, that might be able to assist with specific needs, in conversations with everyone we are honored to encounter along their journey. We are grateful for your support our immigrant community members. *Questions*, Erica de Klerk, edeklerk@stjames-cathedral.org or 206-382-4511.

PRAYER REQUESTS For anyone in need of prayer, the Mental Health and Wellness Ministry responds to special requests and needs that sometimes can only be answered with prayers. Submit prayer requests to mhm@stjames-cathedral.org.

GAELIC MASS You are invited to join the Irish community at Seattle's annual Mass of Remembrance in the Irish language (Gaelic) being celebrated on Wednesday, October 28, at 7:30pm at St. John the Evangelist Catholic Church, 7916 1st Ave NW, Seattle. The Mass readings, prayers and hymns will be in the Irish language, and the names of recently deceased members and friends of the Seattle area's Irish community will be read aloud. The homily will be delivered in English by Mass celebrant Rev. Fr. John Madigan. Mass booklets in Irish and English will be provided, and a coffee and tea social hour will follow in the church hall. *Information*, jkeane@irishclub.org.

MENTAL HEALTH AND WELLNESS MINISTRY MOVIE GROUP Join the Mental Health and Wellness Ministry on Friday, October 30, 10am-1pm, to watch the movie *Cabrini* together. Popcorn and refreshments will be served! Feel free to bring a sack lunch. All are welcome! Held in the Pastoral Outreach Center 907 Columbia St. *Information*: Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

ALZHEIMER'S ASSOCIATION PRESENTATION *Understanding Alzheimer's and Dementia* is an educational presentation from the Alzheimer's Association. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and Dementia, disease stages, risk factors, current research and treatments, and available resources. Sunday, November 15, 9:00-10:00am, Pastoral Outreach Center, 907 Columbia St. *Registration*, Anisa Ralls, aralls@stjames-cathedral.org or 206-382-4269.

OCD SUPPORT GROUP Free, drop-in support group meetings for adults are held at Swedish Health Services at 747 Broadway in Seattle in the Glaser Auditorium, on 3rd Saturday of each month, 10am-12pm. The 1st hour includes a presentation and discussion for all attendees, the 2nd hour has separate group meetings for OCD, Hoarding, and Friends and Family members of people with a diagnosis. Next meeting is Saturday, October 17. No need to register. *Information*, seattleocd@gmail.com

OUTREACH AND ADVOCACY NEWSLETTER Learn about upcoming events and opportunities as well as stay informed on Catholic social teaching by receiving this monthly newsletter. Subscribe, outreach@stjames-cathedral.org.

THE CATHEDRAL KITCHEN GARDEN provides 2,000 lbs of produce every year for the Cathedral Kitchen meal programs. We are in need of volunteers for our busy season. All skill levels or no skill levels are welcome. We also welcome volunteers with leadership experience. *Information*, Peter Burns, 206-264-2082 or pburns@stjames-cathedral.org.

OPERATION NIGHTWATCH Volunteers are needed to help prep, cook, and serve a hot meal for 150 neighbors in need at ONW. It is a one evening per month commitment. We serve 2 to 4 hours between 5:30pm and 9:30pm. *Information*, Peter Burns, 206-264-2082 or pburns@stjames-cathedral.org.

First Saturdays

Immaculate Conception Church
820 – 18th Avenue
Seattle, WA 98122

Saturday, October 3, 2026
9 am - 1 pm

Activities

9-9:30 am
Adoration of the
Blessed Sacrament

9:30-10:00am
Pray the Rosary

9 am-1 pm
Homemade Cookie
Sampling &
Cookie Recipe
Exchange
*Bring your favorite
cookie recipe!*

Until Noon
Rosary Making
Make your own Rosary

Filipino American History month display



Research Study Invitation

You are invited to participate in a research study that is seeking to understand what factors influence whether people stay or leave the Catholic church. We plan to use surveys to measure things like how closely people follow the precepts of the Catholic Church, their stage of faith development, if they are thinking about leaving, and their religious behaviors. These surveys could show what things are most linked to the decision to leave or stay. Right now, no such surveys exist. This means the Church doesn't have good tools to understand what works or doesn't work. Often, Church leaders rely on guesses or unproven tools, which may not give accurate results.

If you are interested in participating, and you are 18 years or older, scan the QR code below for more information.



Questions? Contact Kyle Mefferd, PhD (principal investigator), KMefferd0304@gmail.com or Sabrina Bierstetel, PhD (principal investigator, Franciscan University of Steubenville) at SBierstetel@franciscan.edu.

Friday, October 2 at 7:30pm
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Linda Strandberg, soprano

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FREE CONCERT! No tickets or reservations required. The concert is after the 6:30pm Taizé prayer service, in the Cathedral. Those attending Taizé may remain in your seat (there will be an approximately 20-minute break). Those who are not attending Taizé may enter the

Cathedral to find a seat beginning at 7:10pm. If the service is still in progress, please enter quietly.

*The Cabrini Center Garage on Marion Street will remain open until **9:00pm** for pay-to-park parking. Limited free parking available in the O'Dea High School lot.*



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Andy Simons, presenter

Information, Maria Laughlin, mlaughterlin@stjames-cathedral.org

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October 17, 2026
Saturday | 10:00 am

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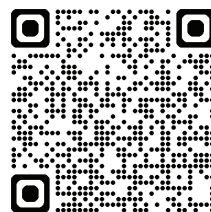
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