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# ST. ELIZABETH ANN SETON

A MISSIONARIES OF THE HOLY SPIRIT COMMUNITY  
SUNDAY, MARCH 7, 2021

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# M A D E



He made a whip out of  
cords and drove them all  
out of the temple area.

JOHN 2:15A

**Office Hours & Contact Information**

Open by appointment only. Please call or email before coming 425-481-0303

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**Officers and Councils**

**The Pastoral Council**

Gerry Apin, Rolfson Augustine, Beth Boland, Paul Gallagher, Francis Irudayaraj, Jim Krieger, Marco Olivares

**The Finance Council**

Fr. Jose Ugalde, Richard Carlson, Bill Dunnigan, Patty McGoorty, Jon Alejandro

**Seton Sunday News Bulletin**

Fr. Jose Ugalde, Eduardo Cardona

**How to reach us:**

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MyParish



@easbothell



**Welcome to the Parish**

**UPDATE on Parish and Chapel**

Due to recent guidelines from the Governor's Office and recommendations from the Archdiocese, the Parish Offices are open by appointment only. Call or email first, please. Chapel is open from 10-5 Monday, Wednesday Thursday and Friday.

**Mission Statement**

A diverse Catholic family guided by the Holy Spirit, committed to serve others and deepen our relationship with the Heart of Jesus.

**Vision Statement (Who we strive to become)**

- Be Engaged!
- Be Empowered!
- Be Extraordinary!
- Be Holy!
- Belong!
- Be a faith community that is inviting to all.

Welcome! A few important notes on today's liturgy:  
+ Wearing a mask is mandatory whenever you are in the Church. Your mask must cover both your nose and your mouth at all times.

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## WEEKLY PRAYER

### READINGS FOR THE WEEK OF MARCH 7, 2021

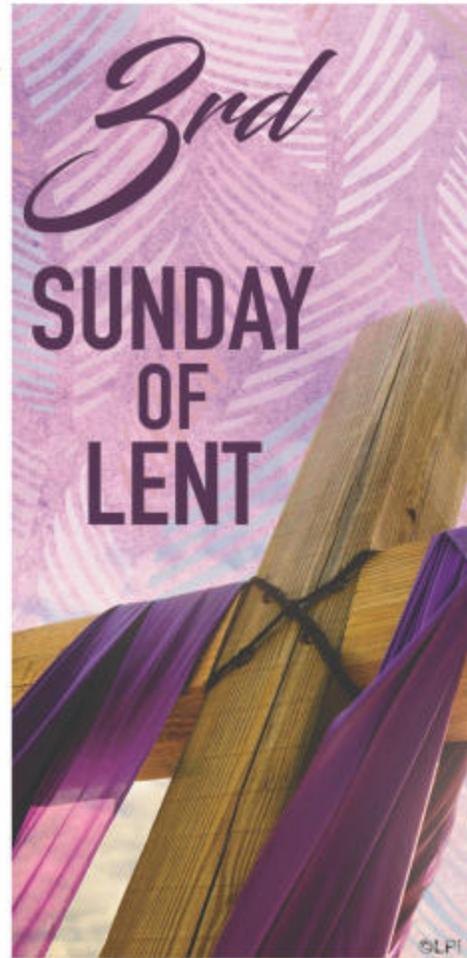
- SUN 3/07** Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/1 Cor 1:22-25/Jn 2:13-25 or Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 [8]/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
- MON 3/08** 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4 [cf 42:3]/Lk 4:24-30
- TUE 3/09** Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35
- WED 3/10** Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20]/Mt 5:17-19
- THR 3/11** Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 [8]/Lk 11:14-23
- FRI 3/12** Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34
- SAT 3/13** Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14
- SUN 3/14** 2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 [6ab]/Eph 2:4-10/Jn 3:14-21 or 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4m 5, 6 [1]/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

### OBSERVANCES FOR THE WEEK OF MARCH 7, 2021

- Sunday:** 3<sup>rd</sup> Sunday of Lent
- Monday:** St. John of God, Religious
- Tuesday:** St. Frances of Rome, Religious
- Sunday:** 4<sup>th</sup> Sunday of Lent; Daylight Saving Time begins

### LIVE THE LITURGY Inspiration for the week

With our world in such constant turmoil and conflict, it makes such good sense to return to the simple directives given in the Ten Commandments. God's unassuming guidelines provide the perfect recipe for ordering our relationships with God, others, and even ourselves. But yet, we are so quick to glance beyond them and even remove them from public view because we foolishly believe we can create something better. Arrogance runs far deeper in the members of our society than we can ever imagine. Lent is a perfect time to call ourselves back to our foundations and the basic relationships that comprise our lives. It is also a time to remember that Jesus is the true sign of God's presence. Everything he says and does, including his suffering and death, is a sign of the God who sent him. The anger we witness when Jesus exhorts those in the temple to stop making his Father's house a marketplace can equally be seen in his anger and frustration over humanity's constant mission to turn God's creation into a secular world. We have a lot of work to do for sure.



*Your words are  
everlasting  
life.*

— PSALM 19 —

## From Fr. Jose's desk

*"Lord, you have the words of everlasting life"*

Dear sisters and brothers in Christ Jesus, we continue with our Lenten retreat. Every Sunday, God himself through his Word gives us the subject of reflection as food for our spiritual and moral life. The theme for this Sunday is *The Word of God gives Everlasting Life*. We read in the book of Exodus that God makes a covenant with the people of Israel. The content of the covenant is found in chapters 19 to 24. In Ex 20: 1-3, 7-8, 12-17, God speaks to his people from Mt Sinai and says "I, the Lord, am your God, who brought you out of the land of Egypt, that place of slavery," and gives them precepts and commandments to help them live well and remain faithful to the covenant they had made with God. I invite you to read this Sunday's first reading and find the precepts and commandments that the Lord gives to his people. These same instructions are for each of us: the baptized, the new people of God. Remember, we are on a Lenten retreat, and God invites us to read and reflect on his Word of eternal life. This first reading sheds many lights on our spiritual and moral life. It makes us examine our lives and see where we are failing God, our neighbor and ourselves.

After reading the first reading, meditating and taking notes, the next step is to pray with Psalm 19: 8-11. Lord, you have the words of everlasting life. *"The law of the LORD is perfect, refreshing the soul; the decree of the LORD is trustworthy, giving wisdom to the simple. The precepts of the LORD are right, rejoicing the heart; the command of the LORD is clear, enlightening the eye."* Reading, meditating and praying the Word of God leads us to contemplate the greatness of God, his love and his mercy. He loves us so much that he wants the best for each of us, his new people.

The Gospel of John presents us with the image of the temple. Jesus travels from Galilee to Jerusalem a few days before the Passover. He heads to the temple where he meets the vendors who have made the temple a market. Jesus tells them, *"Take these out of here, and stop making my Father's house a marketplace."* The Jews react and ask him for a sign. Jesus responds, *"Destroy this temple and in three days I will raise it up."* Jesus teaches us two things: on the one hand, the importance of the temple (house of prayer); on the other hand Jesus is speaking of the temple of his body; he is going to die, but on the third day the Father raises Him up.

Our God is the God of the living and his Word is eternal life. Lent is the time to die and rise again, to make profound changes in our lives. God frees the people of Israel from slavery and sets them on the road to freedom. God does the same with us. He frees us from sin and heals us. Lent reminds us that God walks with us and guides us toward the fullness of everlasting happiness. Prayer helps us keep our relationship with God alive. Let's not stop praying. Amen.

Fr. Jose Ugalde, MSPS

*"Señor, tú tienes Palabras de vida eterna"*

Estimadas hermanas y hermanos en Cristo Jesús, seguimos con nuestro retiro cuaresmal. Cada domingo, Dios mismo a través de su Palabra nos da el tema de reflexión como alimento para nuestra vida espiritual y moral. El tema de este domingo es *La Palabra de Dios es Vida Eterna*. Leemos en el libro del Éxodo que Dios hace una alianza con el pueblo de Israel. El contenido de la alianza se encuentra en los capítulos 19 al 24. En el capítulo 20, 1-3. 7-8. 12-17: Dios habla a su pueblo desde el Monte Sinaí, diciendo, *"Yo soy el Señor, tu Dios, que te sacó de Egipto, donde eras esclavo"* y les da preceptos y mandamientos que les ayudarán a vivir y a ser fieles a la alianza que han hecho con Dios. Te invito a leer la primera lectura de este domingo para conocer los preceptos y mandamientos que el Señor da a su pueblo. Estas mismas instrucciones son para cada uno de nosotros: los bautizados, el nuevo pueblo de Dios. Recuerda, estamos en retiro cuaresmal, y Dios nos invita a leer y reflexionar su Palabra de vida eterna. Esta primera lectura nos da muchas luces sobre nuestra vida espiritual y moral. Nos hace examinar nuestra vida y ver dónde estamos fallando a Dios, al prójimo y a nosotros mismos.

Después de leer la primera lectura, meditar y escribir notas, lo próximo es orar con el Salmo 18, 8-11. Señor, tú tienes palabras de vida eterna. *"La enseñanza (ley) del Señor es perfecta y conforta el alma; inmutables son las palabras del Señor y hacen sabio al sencillo. Sus mandamientos son rectitud y alegría para el corazón; sus preceptos alumbran el camino"*. Leer, meditar y orar la Palabra de Dios nos lleva a contemplar la grandeza de Dios, de su amor y su misericordia. Nos ama tanto que quiere lo mejor para cada uno de nosotros, su nuevo pueblo.

El evangelio de Juan nos presenta la imagen del templo. De Galilea, Jesús va a Jerusalén días antes de la Pascua. Se dirige al templo donde encuentra a los vendedores que han hecho del templo un mercado. Jesús les dice, *"Quiten todo de aquí y no conviertan en un mercado la casa de mi Padre"*. Los judíos reaccionan y le piden una señal. Jesús responde, *"Destruyan este templo y en tres días lo reconstruiré"*. Jesús nos enseña dos cosas: una es la importancia del templo (casa de oración); segundo es que Jesús habla del templo de su cuerpo; va a morir, pero al tercer día el Padre lo resucita.

Nuestro Dios es Dios de vivos y su Palabra es vida eterna. La cuaresma es el tiempo de morir y de resucitar, de hacer cambios fundamentales en nuestra vida. Dios libera al pueblo de Israel de la esclavitud y lo pone en camino de libertad. Dios hace lo mismo con nosotros. Nos libera del pecado y nos sana. La cuaresma nos recuerda que Dios camina con nosotros y nos guía hacia la plenitud de la felicidad eterna. La oración nos ayuda a mantener viva nuestra relación con Dios. No dejemos la oración. Amén.

P. José Ugalde, MSPS



**"COME AND SEE"**

**Where is Jesus leading you?  
Come, discover your vocation this Lent...**

**EUCCHARISTIC ADORATION FOR YOUNG ADULTS:**  
SILENT PRAYER  
SCRIPTURE  
PRAISE AND WORSHIP MUSIC  
GUIDED REFLECTION- FR. JESUS SANCHEZ

Every Thursday from 8:00pm-12:00am during Lent-  
2/18, 2/25, 3/4, 3/11, 3/18, 3/25

Hosted by St. Elizabeth Ann Seton Parish:  
2316 180th St SE, Bothell, WA 98012

Contact Kianna Garmanian, [kianna@easbothell.org](mailto:kianna@easbothell.org) for more details

## NOVENA FOR ST. JOSEPH



*In a new Apostolic Letter entitled *Patris corde* ("With a Father's Heart"), Pope Francis describes Saint Joseph as a beloved father, a tender and loving father, an obedient father, an accepting father; a father who is creatively courageous, a working father, a father in the shadows.*

**Pray with your Parish family a novena asking for St Joseph's intercession:**

- March 11-15: After morning mass (Also livestreamed)
- March 16: 10am Livestreamed only
- March 17-19: after morning mass (also livestreamed)

**Reza con tu familia parroquial la Novena por intercesión de San José:**

- 11-12 marzo: después de misa de 6pm (también televisado)
- 13 marzo: 6pm
- 14 marzo: después de misa de 1pm (también televisado)
- 15 marzo: después de misa de 6pm
- 16 marzo: 7pm sólo televisado
- 17-19: después de misa de 6pm

## Confession Hours

***Mondays (During Lent only) Wednesday after the 9am Mass and 5pm to 5:45pm and Saturdays from 3pm to 4:45 PM***

*You don't need to make a reservation, just sign in when you arrive!*

## Horario de Confesiones

*Lunes (durante Cuaresma Solamente) Miércoles después de Misa 9am y de 5pm a 5:45pm y los Sábados de las 3pm a 4:45pm. No necesita hacer cita. Se registra cuando llegue.*

## Horario de la Capilla

*El Santísimo esta abierto desde 10am a 5pm los Lunes, Miércoles, Jueves, y Viernes. Cupo limitado.*

## Chapel Hours

*The Blessed Sacrament Chapel is open from 10am to 5pm, on Monday, Wednesday, Thursday, and Friday. Limited Capacity.*



*Everyone is encouraged to participate in liturgical celebrations during the Season of Lent. No reservations are required for in-person attendance at these events. Please self-screen before arriving including taking one's temperature. Face masks must be worn at all times while in the church building.*

**DAILY MASS \***

9am (English) and 6pm (Spanish) Mondays, Wednesdays, Thursdays, Fridays  
9am (English) Saturdays

**STATIONS OF THE CROSS \***

Thursdays in Lent : Viacrucis en Español 7:15pm  
Fridays in Lent Stations of the Cross in English 7:15pm

**NOVENA FOR ST. JOSEPH \***

Mar 11 - Mar 19 (except Mar 16 Tuesday)  
English: After 9am morning masses / After Saturday 5pm mass  
Spanish: After 6pm weekday evening masses / After Sunday 1pm mass  
Mar 16 Tuesday English: 10am / Spanish: 7pm

**OPPORTUNITY FOR RECONCILIATION**

Mondays and Wednesdays: 10am and 5pm / Saturdays: 3pm

\* The noted liturgies will be livestreamed through the parish website and Facebook Live.

CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program. It offers opportunities for your family to engage daily with the spiritual pillars of Lent: prayer, fasting and almsgiving. And it's an opportunity for our parish/school to come together as a community and practice the works of mercy with our neighbors and our brothers and sisters around the world.

During the 40 days of Lent, we will encounter the stories of communities in Madagascar, El Salvador and Timor-Leste where CRS is at work. We'll be invited to eat simple, meatless meals from these countries. Through the stories, we'll learn about the principles of Catholic social teaching—and ways we can put them into action during Lent and beyond.

We will reflect on how we are called to recognize the suffering Christ in the most vulnerable members of our global human family. We will see how our prayers, fasting and almsgiving can provide for those worldwide who are most in need, especially those who are hungry and lack proper nutrition.

I'm excited to take this journey with our parish/school community, and to connect the prayer and reflections of each of our families to our global community of faith. I hope you will donate online to the CRS Rice Bowl. Use the link below to donate and If you have any questions, please contact us at \_425-481-0303. Thank you for your time. <https://easbothell.org/online-giving>



## Pastoral Assistant for Administration/Business Manager

Our parish is seeking a full time Pastoral Assistant for Administration/Business Manager. This position oversees and directs the administrative functions for the parish including personnel, finance, technology, facilities, and performs all bookkeeping duties. Assures compliance with Archdiocesan policies and local, state, and federal laws/regulations. Oversees activities relating to Stewardship.

The successful candidate will be an active member of a Catholic parish faith community; have at least 4 years successful experience in management and bookkeeping and B.S. degree or equivalent in related field. Salary DOE and excellent benefits. We hope to have a successful candidate start in March.

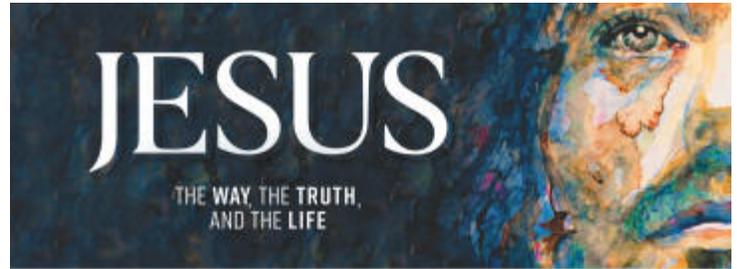
To apply, please forward a resumé and cover letter to [paa@easbothell.org](mailto:paa@easbothell.org).

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## Prayer Shawl Ministry

*Our Prayer Shawl Ministry did not stop because of Covid-19; it is alive and well thanks to our generous parishioners for knitting and crocheting beautiful shawls to comfort those who are ill or alone or just need a hug of comfort. I like how Father Jose calls it 'God's embrace' when you wrap that shawl around your shoulders for comfort! We want you to know that we are here for you. Please call the office, or call me directly, and we will prepare a special shawl for you to pick up. Leave your name and phone number please so that we can contact you. These shawls are for you to ward off your worries and ease your suffering no matter what the cause is. I must thank those who just recently dropped off shawls for our ministry: Carol Taylor, Rose Ann Smith, Rena Siccardi, and Perpetua Delute. (Someone else dropped off a number of shawls, but there is no name and I am unable to thank you for your generosity). All I can say is you are, indeed, the hands and heart of Christ as you create these gifts of comfort. Thank you all.*

*We now have a Prayer Shawl Cupboard in the alcove as you go into the kitchen (right side). There are patterns and beautiful yarn just donated by Sonja Garmanian for our use. Please help yourself to whatever you can use for shawl making. If you know of someone who might be in need of a comforting hug (via a lovely shawl), call me.  
Joan Kluck/Coordinator*



Bible Study: "Jesus: the Way, the Truth, and the Life" meets on Zoom, Tuesday, March 16, 7:00 PM. We will discuss Session 3 - The Desert Way - which includes John the Baptist and the temptation of Jesus. For more information call 425-481-9358.

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## MASS INTENTIONS

You can request Mass intentions!  
Just send them to the parish secretary by email.  
[veronicam@easbothell.org](mailto:veronicam@easbothell.org)

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## INTENCIONES PARA MISA

¡Solicite sus intenciones para Misa! Solamente mande un correo electrónico a la secretaria de la parroquia. [veronicam@easbothell.org](mailto:veronicam@easbothell.org)

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The Archdiocese of Seattle has a Confidential telephone hotline and website for parish staff and parishioners to anonymously raise concerns about suspected unethical behavior by church personnel. You can find more information about this hotline on a poster and in brochures located in the back of the church or by going to: [seattlearchdiocese.ethicspoint.com](http://seattlearchdiocese.ethicspoint.com)

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Reza sabiendo  
que sí hace la  
diferencia



# A WAITING HARVEST

## Vocation Awareness

### The Four Voices of Discernment. Part II

Let us look at these four voices more closely.

The voice of the God will always exude confidence, love, and peace. It will say. "I love you infinitely, no matter what you do or what you decide." As St. Thomas Aquinas points out, God does not love us because we are good; he loves us because he is good. His voice will urge us to desire goodness. To hate evil. To love other people, to repent when we sin, and to show compassion and mercy to others. Many times, in my life, I have heard the voice of God through a sudden unexpected thought, "Why don't you go visit Margaret Jones. She has been so sick lately and she could really use some encouragement and prayer." I had not thought of Margaret in a long time, but the Lord was telling me that she needs a visit.

When I was a vocational director, the Holy Spirit would sometimes speak to me by suddenly filling my mind with a thought to check in on a certain young man who was discerning priesthood. "Call him right now" the Lord seems to say. When a young man would pick up the phone, he would say, I cannot believe this Father. I was just praying to God that he sends me a sign that I should go to the seminary, and here you are calling me." Or a man would tell me that he received a letter from the vocation office inviting him to a retreat on the very day he finished his novena to St. Therese of Lisieux, a novena asking God if he should go to seminary. Such events happened again and again during my ten years as a vocational director.

From the Book  
*"To Save a Thousand Souls"*  
Fr. Brett A. Brannen

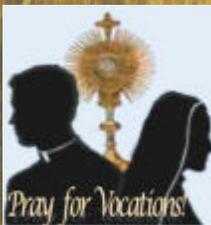
**O Jesus,**  
Our Eternal Pastor,  
Deign to look with merciful eyes  
Upon this part of your loving flock.

**Lord,**  
we need a large number of priests,  
and men and women  
consecrated to the religious life.  
Multiply vocations,  
And sanctify more and more  
your priests,  
And those consecrated  
in the religious life.

We ask you all this  
through the Immaculate Virgin Mary of Guadalupe,  
your sweet and holy Mother.

**Jesus** give us priests  
according to your heart.

**Jesus, savior of all people,**  
save them, save them!



**This week please pray for  
Br. Jesus Romo, M.Sp.S.  
He is a Brother in formation  
with the Missionaries of the  
Holy Spirit. Originally from  
Kent, WA, he is taking  
Theology II classes at the  
Oblate School of Theology in  
San Antonio, TX**

**For information on becoming a  
Religious Priest Missionary of the Holy  
Spirit or a Diocesan Priest contact one  
of the following people:** *Serra Club:*  
Arthur Adams

*Priests:* Fr. Jose Ugalde, M.Sp.S.  
Fr. Jesus Sanchez, M.Sp.S.  
Fr. Manuel Rosiles, M. Sp.S.



# Formation resources

# FORMED®

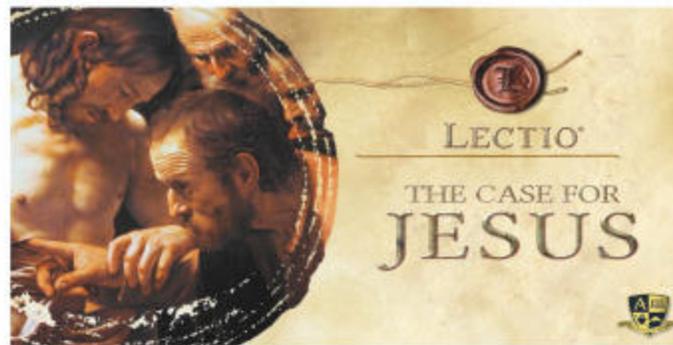
## PICK OF THE WEEK

March 7, 2021

### WATCH

#### EVERYDAY HEROES

Heroism isn't restricted to decorated soldiers or persecuted saints. It's something achievable for all of us even in our ordinary lives. In this documentary, see how the Knights of Columbus have embodied this everyday heroism!



#### LECTIO: THE CASE FOR JESUS

In nine sessions, Dr. Brant Pitre answers the key question of faith: Who is Jesus? Dr. Pitre presents evidence from early Christian and non-Christian writings that attest to the authenticity of the Gospels. Timed to lead up to the Triduum, Dr. Pitre looks in-depth at the accounts of Jesus's Crucifixion and Resurrection and his proclamation of divinity.

### LEARN

### LISTEN

#### 12 STORIES ABOUT AQUINAS WITH PETER KREEFT

St. Thomas Aquinas wrote the equivalent of 500 books, all with a quill pen! Join Dr. Peter Kreeft, an influential teacher of Catholic thought, as he shares some entertaining anecdotes from the life of this genius saint!



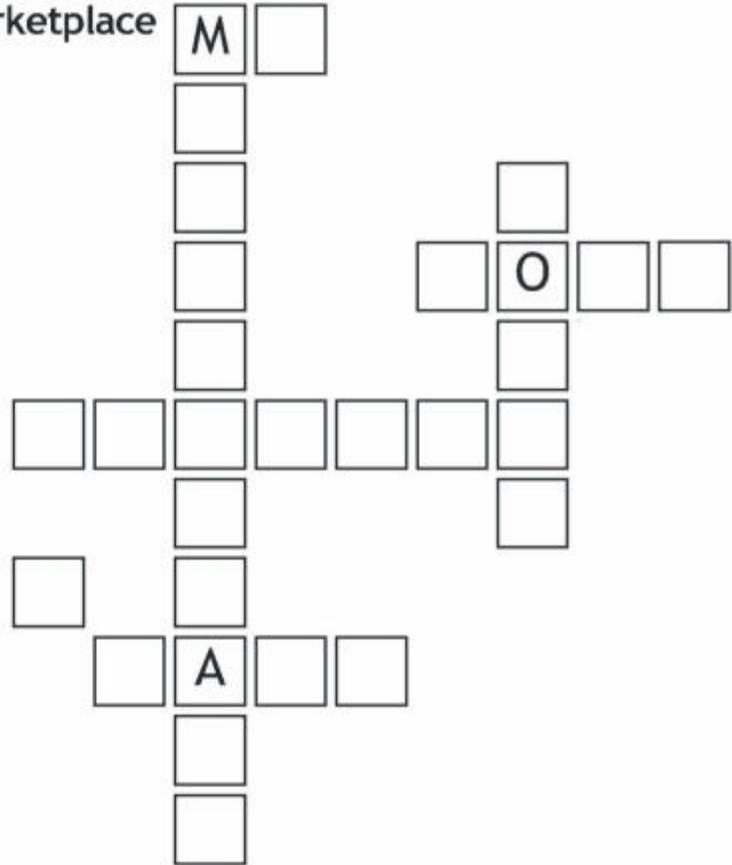
Our parish has a FORMED subscription. To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.

## KIDS CORNER

### READ THE GOSPEL AND COMPLETE A PUZZLE!

Fit this Gospel message into the empty squares:

Don't make my Father's house a marketplace



#### SHARING THE GOSPEL

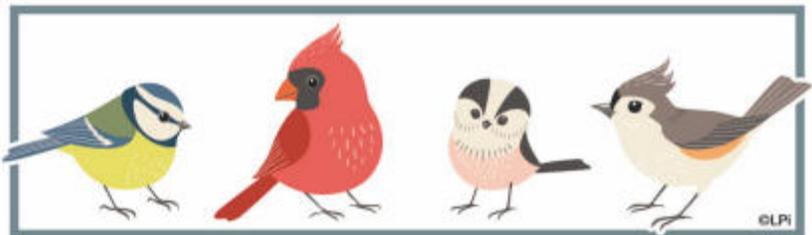
Imagine coming to your church to pray. All around your church, you see people selling animals. It smells like a barn. The animals are loud. The people are shouting. You cannot even pray with all the noise and activity going on around you. That is what Jesus found in today's Gospel. It broke his heart and made Jesus angry. God's house is not supposed to be turned into a barn or a store. It should be special place where people can meet with God and talk to him. Jesus cleaned out his Father's house. He turned it back into a place of prayer.

#### PRAYER

God, my church is a place for prayer. Help me to remember that always.

#### MISSION FOR THE WEEK

Read John 2:13-25 with your family. Ask God to help you keep your church clean. Church should never be a store or a barn. It should be a special place to pray.



**MINISTRIES & GROUPS**

Alpha, Roger Ditto and Lisa Nelson  
 Altar Servers, Jane McKenzie and Veronica Cardona  
 Apostleship of the Cross, Marcia Gimenez  
 Bible Study in English, Julie Jones  
 Bible Study in Spanish, Marcia Gimenez  
 Catholic Social Teachings Min, Jane Smoke/Karyn Sullivan  
 Coffee & Donuts, Roger Ditto and Lisa Nelson  
 EMEs, Ana May Apin and Cuquita Cardona  
 Encuentro Matrimonial, Raquel y Antonio Ramirez  
 Eucharistic Adoration, Kimie Mori  
 Funeral Committee, Marianne Iwamoto  
 Good Samaritans, in transition  
 Guadalupe Committee, Carmen Ramos  
 Homebound Ministers, Marianne Iwamoto  
 Hospitality Team, Tony Fletcher  
 Lectors, Niki Gagner and Elvira Hernandez  
 Linens, Marcia Gimenez  
 "Luz y Vida" Prayer Group, Jose & Angelica Velazquez  
 Music Coordinator, Kathy Egashira  
 Pastoral Council, Paul Gallagher/Gerry Apin  
 Prayer Shawl Ministry, Joan Kluck  
 Prayer Team, Rolf Augustine  
 Pro-Life Ministry, in transition  
 Rise, in transition  
 Sacramentors, Scott Occhiuto  
 Simbang Gabi, Gerry Apin  
 Stavros, Jim Krieger and Marcia Gimenez  
 Symbolon, Roger Ditto and Lisa Nelson  
 Velankanni Community, Johnson Andrews & Benson Babu  
 Women's Fellowship, in transition

**COLLABORATORS IN MINISTRY**

Cascade Serra Club, Ken Christie  
 Catholic Daughters, Kathy Taylor  
 Knights of Columbus, Frank Celli  
 St. Vincent de Paul 425-355-3504

**Please keep the sick among us in your prayers, especially:**

Dorothy Ambrozic	Jason Gagner	Michael Quigley
Salvador Andrada	Laura Gahan	Ritzy Rafer
Rudy Aviles	Ricardo Garcia	Teresita Ramos
Patricia Bailey	Annie Gillen	Arnold Rivera
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*May the Father bless you, the Son heal you and the Holy Spirit comfort you. Amen.*

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