



Welcome  
2022

# Hill Country Senior Center

 LOCATION:  
1310 W Hwy 290  
Dripping Springs, TX 78620

 MAILING ADDRESS: PO BOX  
160, Dripping Springs, Tx  
7878620

## January 2022

The Hill Country Senior Activity Centers' Mission is to provide an inclusive community that gathers to enjoy delicious meals, friends, and fellowship. We believe providing opportunities to socialize, learn, contribute through volunteering, and participate in recreational activities, promotes spiritual, emotional, and physical well-being.

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PHONE: 512-858-4663

WEB: [HCSeniorCenter.org](http://HCSeniorCenter.org)

FIND US ON FACE BOOK!  
[@Hill Country Senior Center](#)

Lunches are now \$5.00  
Every Day

## STAFF CONTACTS

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512-858-4055

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THRIFT ASST. MANAGER  
512-858-4055

Roberta Masuelli  
Warehouse Associate  
BOARD OF DIRECTORS  
PRESIDENT  
Dominic Shaw

VICE PRESIDENT  
Mary Lou Jones

SECRETARY  
LAURIE SJOLSETH

TREASURER  
DAVID EDWARDS

MEMBERS AT LARGE  
Anna Voges

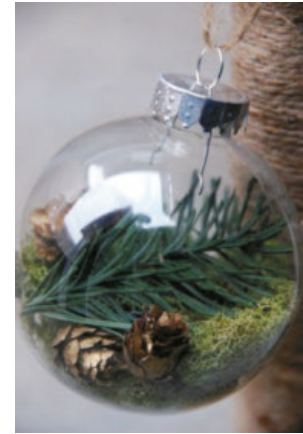
Sharon Heineman

Milena Christopher

Nancy Cunningham

Michael Dindio

Liaison JC Carter



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## THRIFT STORE NEWS

Volunteers needed to “Adopt a Department”

Kitchen ware

Toys

Décor

Outdoor goods.....

Reminder—No mattresses

No Tube Televisions

No Hide-a-Beds



No Paint or other  
Toxic Substances

Help Needed Sorting Merchandise



Fun Facts about January On average, it is the coldest month of the year in the Northern Hemisphere. It is the second month of winter. In the Southern Hemisphere January is a summer month the equivalent of July. Sometimes the Saxons called January the wolf month because hungry wolves would come into their towns searching for food this time of year. For a long period of European history, the start of the New Year occurred in March.

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Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Baked Potato Broccoli Fruit	Chef Salad Beets & Onions Jello	Sweet & Sour Chicken Egg Rolls Chinese Salad <b>HAIRCUTS</b>	<b>Quiche</b> <b>Oven Baked Potatoes</b> <b>Spinach Salad</b>	Cheese Burgers French Fries Cottage Cheese Fruit
10	11	12	13	14
BBQ Sausage Potato Salad Fried Okra	Baked Chicken White Rice Broccoli Green Salad	Beef Tips & Noodles Cauliflower / cheese Cottage Cheese Fruit	Potato Soup Beet & Onions Fruit Crackers	Hot Dogs Chili French Fries Fruit
17	18	19	20	21
Taco Salad Pinto Beans Chips & Salsa Fruit	Baked Fish Wild Rice Cole Slaw Broccoli	<b>Chicken Fried Chicken Mashed Potatoes Green Beans Green Salad</b>	Chicken Salad Okra & Tomatoes Jello	Sloppy Joes Baked Beans Onion Rings Fruit
24	25	26	27	28
Chicken Noodle Soup Ham Sandwich Fruit	Steak Fingers French Fries Brussel sprouts Green Salad	<b>Spaghetti with Meat Sauce Green Beans Garlic Bread</b>	Liver & Onions or Hamburger Steak Mashed potatoes	Tuna Salad Beets & Onions Cottage Cheese Fruit
31				
Pork Kabobs		<b>LUNCHES \$5 EVERYDAY</b>		

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	<b>HAIR CUTS</b> 9:30 (Video )Exercise 1-3 Dominoes 1-2 Bingo	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy 5PM Volunteer Party	9:30 Video Exercise  1-4 Dominoes 1-2 Chess
10	11	12	13	14
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video )Exercise 1-3 Dominoes 1-2 Bingo <b>1:00-3:00 Gourd Decorating</b>	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy	9:30 Video Exercise 1-4 Dominoes 1-2 Chess  <b>Fieldtrip Antique Show New Braunsfels</b>
17	18	19	20	21
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video )Exercise 1-3 Dominoes 1-2 Bingo 12:30—1:00 DS	8:30 Exercise on machines  9-11 Ping Pong 1-4 Fiber Therapy	9:30 Video Exercise  1-4 Dominoes 1-2 Chess
24	25	26	27	28
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30(Video) Exercise 1-3 Dominoes 1-2 Bingo	8:30 Exercise on machines  9-11 Ping Pong 1-4 Fiber Therapy <b>12:45 Getting to know you (Fireside Conversations)</b>	9:30 Video Exercise  1-4 Dominoes 1-2 Chess
31				

### HAIR CUTS!!!

FIRST WEDNESDAY OF EACH MONTH.

PLEASE CALL AHEAD TO SCHEDULE YOUR APPOINTMENT

SUGGESTED MINIMUM DONATION \$10



WE ARE SERVING LUNCH MON– FRI. PLEASE CALL IN FOR RESERVATION BY 10:30 AM. WEDNESDAY \$5.00

Field Trips– Will resume in January

FREE TIME ON YOU HANDS. THRIFT STORE NEEDS VOLUNTEERS. CALL CHRIS 512-858-4055

FINANCIAL DONATIONS ALWAYS APPRECIATED : It's easy to make on-going donations through the website.

**AVAILABLE FOR A LIMITED TIME!**  
**ADVERTISE HERE NOW!**

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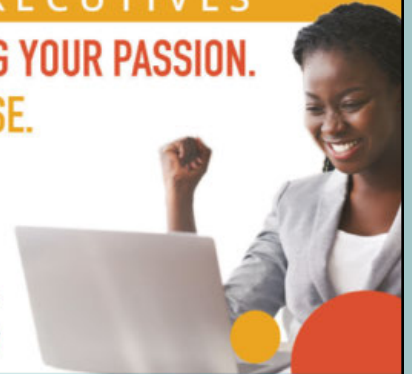
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or **(800) 950-9952 x2511**

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# Getting to Know You...

Each month we will spotlight one of our Seniors, Board Members or Volunteers. After lunch we will meet by the fireplace and listen to a brief presentation followed by a question and answer session. This will be a great way to learn some things about one another's lives. If you would like to participate but aren't comfortable doing this in person, we can do an informal interview and print the story in the Newsletter. The first guest speaker will be Galen Dodson. Let's support each other and participate in this activity, either through sharing your life's story or being an active listener for someone else.



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For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Hill Country Senior Activity Center, Dripping Springs, TX

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## Gourd Decorating Art Class

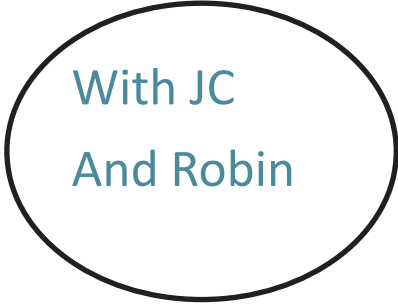
Wednesday January  
12th 1:00-3:00

Limited Space sign  
up!

Paint

Carve

Stain



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our Community!*

