Hill Country Senior Center



February 2022

The Hill Country Senior Activity
Centers' Mission is to provide an inclusive community that gathers to enjoy delicious meals, friends, and fellowship. We believe providing opportunities to socialize, learn, contribute through volunteering, and participate in recreational activities, promotes spiritual, emotional, and physical well-being.

MAILING ADDRESS: PO BOX 160, Dripping Springs, Tx

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PHONE: 512-858-4663

WEB: HCSeniorCenter.org

FIND US ON FACE BOOK!

@Hill Country Senior Center

Lunches are now \$5.00 Every Day

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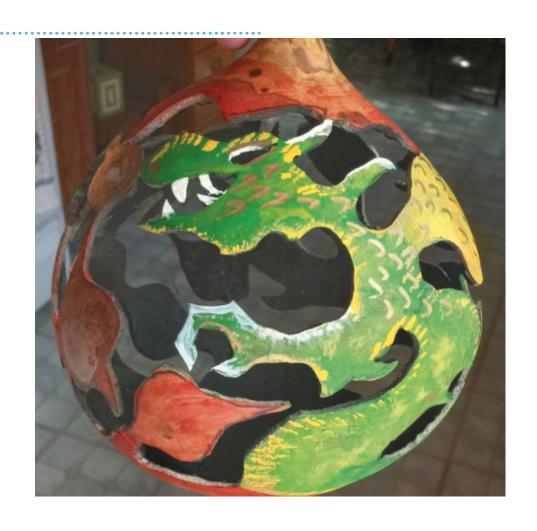
Michael Dindio

Liaison JC Carter



Beautiful
example from
our January
Gourd
decorating
Workshop





Join Teri for Card Making Class on Wednesday Feb 2nd 1:00-3:00 This month the focus will be Valentines Cards

Card Making Class



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Monday	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
	Chicken Spaghetti Green Beans Caesar Salad	Meat Loaf Mashed Potatoes Lima Beans Salad HAIRCUTS	Chef Salad Beets & Onions Crackers	Chicken Strips French Fries White gravy Broccoli/ cauliflower salad
07	08	09	10	11
Chicken Quesadilla Spanish Rice Pinto Beans Salad	Steak Fingers French Fries Glazed Carrots Green Salad	Spinach Lasagne Green Beans Salad	Pulled Pork Sandwich Potato Chips Fried Okra / Salad	Beef Pot Pie Squash Salad
14	15	16	17	18
Cheese Burgers Onion Rings Cottage Cheese Baked Beans	Cobb Salad Pink Stuff Fruit	Chicken Alfredo Broccoli Salad	Beef Fajitas Refried Beans Spanish Rice Salad	Baked Fish Macaroni & Cheese Salad Cauliflower/ cheese
21	22	23	24	25
CLOSED Presidents Day	Baked Potato Broccoli Fruit	Pork Chops Wild Rice Brussel Sprouts Salad	Chicken & Dumplings Peas Cornbread Fruit	Hot Dogs Tater Tots
28				
Chicken Tortilla Soup		LUNCHES \$5 EVERYDAY		

Monday	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video) Exercise 1-3 Dominoes 1-2 Bingo 1-3 Card Making	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy 5PM Volunteer Party	9:30 Video Exercise 1-4 Dominoes 1-2 Chess
07	08	09	10	11
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video) Exercise 1-3 Dominoes 1-2 Bingo	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy with yarn	9:30 Video Exercise 1-4 Dominoes 1-2 Chess
14	15	16	17	18
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video) Exercise 1-3 Dominoes 1-2 Bingo 1-3 Drawing/ painting	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy with yarn	9:30 Video Exercise 1-4 Dominoes 1-2 Chess
21	on machines 9-11 Ping Pong 1-2 Line	Exercise 1-3 Dominoes 1-2 Bingo 1-3 Drawing/	machines 9-11 Ping Pong 1-4 Fiber Therapy	Exercise 1-4 Dominoes
21	on machines 9-11 Ping Pong 1-2 Line Dancing	Exercise 1-3 Dominoes 1-2 Bingo 1-3 Drawing/ painting	machines 9-11 Ping Pong 1-4 Fiber Therapy with yarn	Exercise 1-4 Dominoes 1-2 Chess
21	on machines 9-11 Ping Pong 1-2 Line Dancing 22 8:30 Exercise on machines 9-11 Ping Pong 1-2 Line	Exercise 1-3 Dominoes 1-2 Bingo 1-3 Drawing/ painting 23 9:30(Video) Exercise 1-3 Dominoes 1-2 Bingo 1-3 Drawing/	machines 9-11 Ping Pong 1-4 Fiber Therapy with yarn 24 8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy	Exercise 1-4 Dominoes 1-2 Chess 25 9:30 Video Exercise 1-4 Dominoes

HAIR CUTS!!!

FIRST WEDNESDAY OF EACH MONTH.

PLEASE CALL AHEAD TO SCHEDULE YOUR APPOINTMENT

SUGGESTED MINIMUM DONATION \$10



NEW INFO YOU CAN USE

WE ARE SERVING LUNCH MON- FRI. PLEASE CALL IN FOR RESERVATION BY 10:30 AM. EVERYDAY \$5.00

Free healthy food! Available at St. Marten de Porres Catholic Church. Mondays 9:30-11:00 and 6:00-7:30 400 Post Oak Dr, Dripping Springs, 78620

FREE TIME ON YOU HANDS. THRIFT STORE NEEDS VOLUNTEERS. CALL CHRIS 512-858-4055

Tax E-Filing. Call (512) 858-0954



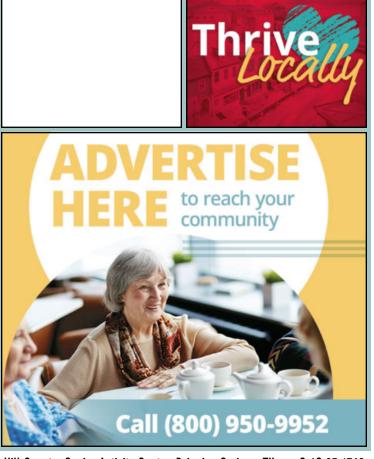
Getting to Know You...

Each month we will spotlight one of our Seniors, Board Members or Volunteers. After lunch we will meet by the fireplace and listen to a brief presentation followed by a



question and answer session. This will be a great way to learn some things about one another's lives. If you would like to participate but aren't comfortable doing this in person, we can do a informal interview and print the story in the Newsletter. Let's support each other and participate in this activity, either through sharing your life's story or being an active listener for someone else.





Community Ambassadors Needed

We would like to see more new faces

At the center. We are looking for volunteers to deliver Newsletters and invite newcomers to the center on an ongoing basis. (as your schedule permits)

Are you

Friendly?

Outgoing?

Enjoy meeting new people

Please see Ann



