

Hill Country Senior Center

March 2022



LOCATION:

1310 W Hwy 290
Dripping Springs, TX 78620



MAILING ADDRESS: PO BOX
160, Dripping Springs, Tx



The Hill Country Senior Activity Centers' Mission is to provide an inclusive community that gathers to enjoy delicious meals, friends, and fellowship. We believe providing opportunities to socialize, learn, contribute through volunteering, and participate in recreational activities, promotes spiritual, emotional, and physical well-being.

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PHONE: 512-858-4663

WEB: HCSeniorCenter.org

FIND US ON FACE BOOK!

@Hill Country Senior Center

Our Own Ruby Sisk Turns 100! Bio on Pg. 7

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Volunteer field trip
to Austin Thrift
Shops & lunch
Thursday March
3rd. 10– 4
2nd trip TBD



Join Ruby and her family and friends to celebrate her 100th Birthday. Don't forget to RSVP.

Saturday
March 19th at 2:00PM



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Monday	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
	Chicken Strips/gravy French Fries Broccoli Normandy	Enchiladas Spanish Rice Pinto Beans Salad HAIRCUTS	Baked Fish Wild Rice Coleslaw Fruit	Pizza Green Beans Salad
07	08	09	10	11
Crispy Tacos Spanish Rice Fruit	Baked Chicken Mashed Potatoes Broccoli	King Ranch Chicken Pinto Beans Salad Chips/salsa	Beef Tips w/ Noodles Green Beans Cucumber Salad	Fish Sandwich French Fries Baked beans
14	15	16	17	18
Broccoli / Cheese Soup Sandwich Pink Stuff	Sausage w/ Sour Kraut Oven Baked Potatoes Jello	Chicken Fried Steak Mashed Potatoes Lima Beans Salad	Salmon Patties Mac & Cheese Green Beans Salad	Tuna Salad Broccoli Salad Cottage Cheese and Fruit
21	22	23	24	25
Cobb Salad Beets & Onions Lime Stuff	Baked Potatoes Chili Cottage Cheese Fruit	Sweet & Sour Chicken, Rice Asian Vegies Asian Salad Egg Rolls	Liver & Onions Or Hamburger Steak Spinach Casserole Mashed Potatoes Fruit	Hot Dogs Onion Rings Baked Beans Fruit
28	29	30	31	
Crispy Chicken Salad Beets	Tostada Spanish rice Cottage Cheese Jello & Fruit	Chicken Spaghetti Green Beans Salad	Chicken Salad 3Bean Salad Fruit Salad	

Monday	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	HAIR CUTS 9:30 (Video) Exercise 1-3 Dominoes 1-2 Bingo	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy Volunteer Field Trip	9:30 Video Exercise 1-4 Dominoes 1-2 Chess
07	08	09	10	11
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video) Exercise 1-3 Dominoes 1-2 Bingo	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy with yarn	9:30 Video Exercise 1-4 Dominoes 1-2 Chess
14	15	16	17	18
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30 (Video) Exercise 1-3 Dominoes 1-2 Bingo Ruby Sisk's 100 yr Old Birthday	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy with yarn	9:30 Video Exercise 1-4 Dominoes 1-2 Chess Ruby's B'Day Party tomorrow
21	22	23	24	25
	8:30 Exercise on machines 9-11 Ping Pong 1-2 Line Dancing	9:30(Video) Exercise 1-3 Dominoes 1-2 Bingo	8:30 Exercise on machines 9-11 Ping Pong 1-4 Fiber Therapy With yarn	9:30 Video Exercise 1-4 Dominoes 1-2 Chess
28				

HAIR CUTS!!!

LINDA'S LAST DAY IS MARCH 2ND. LET HER KNOW HOW MUCH WE'VE APPRECIATED HER ALL THESE YEARS!

WE WISH HER THE BEST!!



NEW INFO YOU CAN USE

WE ARE SERVING LUNCH MON- FRI. PLEASE CALL IN FOR RESERVATION BY 10:30 AM. EVERYDAY \$5.00

Free healthy food! Available at St. Marten de Porres Catholic Church. Mondays 9:30-11:00 and 6:00-7:30 400 Post Oak Dr, Dripping Springs, 78620

FREE TIME ON YOU HANDS. THRIFT STORE NEEDS VOLUNTEERS. CALL CHRIS 512-858-4055

Tax E-Filing. Call (512) 858-0954

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Getting To Know You

Ruby Sisks' Brief Biography

I was born on March 16, 1922 in Stella Arkansas, the sixth of eight children. When I was about five years old, we moved to a big farm in Piggott, Arkansas where we raised corn, cotton, and soybeans. I graduated from Piggott High School in 1940 and went to Washington D.C. to work at the Pentagon in the Adjutant General's Office for several years before moving to Austin, Texas. I worked for the City Manager, Walter Seaholm and eventually met and married Bill Sisk. We both had successful careers in real estate, owning and operating our own business until retirement in 1975. One of the many highlights of my career was when I served as Austin Women's Council President in 1970. Upon retirement, we moved to Dripping Springs, where I was active with First Baptist Church, volunteering at the Senior Thrift Store for 25 years, and volunteering at the Chamber of Commerce Visitor's Center. I also served as President of the Friendship Club for several years.

God blessed me with three daughters, three grandchildren, and six great-grandchildren. Dripping Springs has been a wonderful community for our family and I am honored to call this home.

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<p>NEVER MISS A NEWSLETTER! Sign up to have our newsletter emailed to you at www.mycommunityonline.com</p> 	<p>ADVERTISE HERE to reach your community</p>  <p>Call (800) 950-9952</p>	





GARDENERS NEEDED

It's that time of year! Time to start thinking about planting a new garden. If you are interested in helping...(we will especially need a volunteer to water in the morning several days a week after Ann is gone) please let Ann know.



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