



*A Parish Built on Love*

# *The Heart of Ocean Beach*



JUNE 12, 2022 | THE MOST HOLY TRINITY SUNDAY

## *Welcome*

### MASS SCHEDULE

#### Weekday Mass

Monday—Friday | 8:00 am

#### Weekend Mass

Saturday | 4:30 pm  
Sunday | 8:00 am, 10:00 am  
5:00 pm

#### Confession

Monday | 7:30-7:55 am  
Wednesday | 5:30-6:30 pm  
Saturday | 3:15 pm-4:00 pm  
Other | By Appointment

**Rosary & Divine Mercy  
Chaplet:** After Daily Mass

### OUR MISSION

**EMPOWERED BY JESUS,  
THE MISSION OF THE  
CHURCH OF SACRED  
HEART IS TO:**

Strengthen the community  
through worship,

Live the Gospel with Compassion  
and Joy,

And guided by the Spirit meet the  
needs of the people.



## THE MOST HOLY TRINITY

“But when he comes, the Spirit of truth, he will  
guide you to all truth.” - Jn 16:13a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**SACRED HEART CHURCH OF OCEAN BEACH**  
**4776 SARATOGA AVE., SAN DIEGO, CA 92107**  
619 224 2746 | [www.sacredheartob.org](http://www.sacredheartob.org)

**RECOGNIZING OUR MILITARY**

- AM3 Taylor Abram, Air Force
- Lt. Gregory Becker, Navy
- Lt. Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army
- USS Howard (DDG 83)
- U.S. Navy Ship
- Capt. Silas Huff, U.S. Army
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- Tech. SGT. Marcos Portella, Air Force
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Edwin Torres, Navy

**WE LOVE OUR SENIORS**



Thank you Janice Teixeira & Fr. Eis



Thank you Carole Sanders

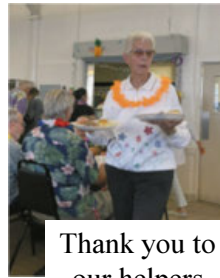
**SACRED HEART OF OB COMMUNITY DINNER & PANTRY**



Our dinner serving schedule is **EVERY OTHER TUESDAY**. Our next Dinner service will be from 5:00 to 7:00 pm in the courtyard on June 14 and 28. Volunteers should show up and be available at 3:00 pm. Dinner service will begin at 5:00 p.m. **We also need cookies. Many blessings on these folks who serve and to HIM for providing willing hands.** If you wish to volunteer you must be vaccinated and in good health.

If you are a family in need of food, or know of one, please contact Jack. For questions, contact Jack Hamlin at (jackhamlin55@gmail.com)

**Please keep us in your prayers. Thank you**



Thank you to our helpers



Thank you Janis Cantu



Thank you to the kitchen crew



**SAVE THE DATE**



**A MAGICAL EVENING**

**Five-Course Dinner & Wine Pairings  
Silent & Live Auctions  
Wine, Wizardry & Wonder**

**August 27, 2022**

**5:30 p.m.**

**Sacred Heart Church of Ocean Beach  
Courtyard**

**\$60.00 per person**

**Reservations begin July 5, 2022**

**@ Sacredheartob.org  
Limited Seating**

*Please Join Us*



**Religious Education**

**Registration open**

Sacred Heart Vacation Bible School  
July 18<sup>th</sup>-22<sup>nd</sup>, 2022

Cost \$55



Our program is designed for children 4 years old to 11 years old. Junior high age children and high school teens can

participate as team leaders. We can always use adult helpers as well. Registration is now open online, [sacredheartob.org](http://sacredheartob.org) website, Children's Religious Education page. For more information contact Stephen Williams at [religioused@sacredheartob.org](mailto:religioused@sacredheartob.org) or call him at 619-224-2746 \*102.

**PATIENCE**

Patience and the passage of time do more than strength and fury.

—Jean de la Fontaine



The love of God has been poured out into our hearts through the Holy Spirit.

—Romans 5:5b

**BIBLICAL ROOTS OF THE TRINITY**

Today’s readings show some biblical roots of what Christians would later call the Trinity. Proverbs showcases the role of Wisdom in the work of creation, portrayed as a reality outside of God but integrated into God’s work of forming the heavens and the earth. We join the psalmist in sharing Wisdom’s delight in God’s handiwork: “O Lord, our God, how wonderful your name in all the earth” (Psalm 8:2). In his letter to the Romans, Paul writes of peace with God through Jesus, and the love of God received through the Holy Spirit, distinguishing God, Jesus, and the Holy Spirit while also displaying their abiding unity. Finally, in the farewell discourse from John’s Gospel, Jesus—who had earlier spoken of himself as Son of the Father—promises his friends that they will receive the Spirit of truth that will teach and guide them after his departure.

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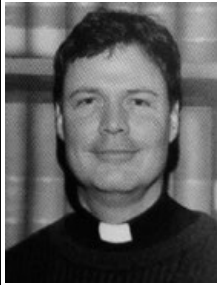
**WELCOME**

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in Ocean Beach since 1911. Thank you for joining us for Divine Worship. We hope you find ways to participate in our life in Christ through the various ministries we offer.

If you find yourself returning here, we invite you to join us as a member of our parish family. Use a registration form available at the HeartBeat Table or in the Parish Office. Or go to the parish website.

**Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially for Baptism or Marriage, as well as eligibility to serve as Godparents or Sponsors.**

**GOSPEL MEDITATION**



No word better describes the Holy Trinity than LOVE. It is a self giving, unifying love that moves our hearts toward all that is good. The abiding love of the Father, Son and Holy Spirit toward each other reminds us that we belong to God and each other. In fact, a perfect reflection of this Trinitarian love is found in marriage as well as in the relationship of a parent for the love of their child. This is no ordinary love! This kind of love is always stepping outside oneself toward another. It is always life giving and transforming.

From a book called “**Finding God in All Things,**” I find this particular paragraph sums up best

our relationship with the Trinity and how we are called to live with one another. "Nothing is more practical than finding God, than falling in love in a quite absolute, final way. What you are in love with, what seizes your imagination, will affect everything. It will decide what will get you out of bed in the morning, what you do with your evenings, how you spend your weekends, what you read, whom you know, what breaks your heart and what amazes you with joy and gratitude. Fall in love, stay in love and it will decide everything." This is the life giving Trinitarian love we are called to live and share, together with the Father, Son and Holy Spirit!

*Fr. Thomas Kelly*

**Today's Readings**

**First Reading** — Before anything was created, the wisdom of God was brought forth (Proverbs 8:22-31).

**Psalm** — O Lord, our God, how wonderful your name in all the earth! (Psalm 8).

**Second Reading** — God’s love has been poured out into our hearts through the Holy Spirit that has been given to us (Romans 5:1-5).

**Gospel** — Everything that the Father has is mine; the Spirit will take from what is mine and declare it to you (John 16:12-15).

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**READINGS FOR THE WEEK**

- Monday:** 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7; Mt 5:38-42
- Tuesday:** 1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16; Mt 5:43-48
- Wednesday:** 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24; Mt 6:1-6, 16-18
- Thursday:** Sir 48:1-14; Ps 97:1-7; Mt 6:7-15
- Friday:** 2 Kgs 11:1-4, 9-18, 20; Ps 132:11-14, 17-18; Mt 6:19-23
- Saturday:** 2 Chr 24:17-25; Ps 89:4-5, 29-34; Mt 6:24-34
- Sunday:** Gn 14:18-20; Ps 110:1-4; 1 Cor 11:23-26;

*Mass for the Intentions*  *for the Week*

- June 11 Saturday**  
 4:30 p.m. Eva Good †  
 Deacon Bob Mulligan †
- June 12 Sunday**  
 8:00 a.m. John Robert Geisler †  
 Patty Barrancotto †  
 10:00 a.m. Manuel Santana †  
 Jose da Luz †  
 5:00 p.m. John Kreklow  
 Mary Pat Kraklow
- June 13 Monday**  
 8:00 a.m. Fr. Hubert Kealy †  
 Sr. Elizabeth Kealy †  
 John Kealy †
- June 14 Tuesday**  
 8:00 a.m. Joni Fernandes
- June 15 Wednesday**  
 8:00 a.m. Henrietta Selina Geisler †
- June 16 Thursday**  
 8:00 a.m. Michael Coakley †
- June 17 Friday**  
 8:00 a.m. Demian Barrancotto
- June 18 Saturday**  
 4:30 p.m. John Theisen †  
 Deacon Bob Mulligan †  
 Dr. Louie Linarelli †
- June 19 Sunday**  
 8:00 a.m. Frank Barrancotto Sr. †  
 10:00 a.m. Father's Day Novena  
 5:00 p.m. John Robert Geisler †



Do you or a loved one need prayers? Our prayer warriors are ready to pray! Go to the SH website & click the link to Prayer Ministry & fill out the prayer request. As God's family, we can count on each other in prayer.

**Please Remember in Your Prayers**

- |                    |                          |
|--------------------|--------------------------|
| Darla Bebrin       | Bill Klatt               |
| Kathleen Blandford | Chris Leben              |
| Janis Cantu        | Ed Lloyd                 |
| George Carrilo     | Patricia Marie           |
| Melinda Carrilo    | Mike McMahon             |
| Sonia Carrilo      | Braylee Mehcz            |
| Aubrey Clark       | Barbara Mellor           |
| Paul Cloutier      | Merola Family            |
| Kat Cloutier       | Joannie Nicoletti        |
| Fr. Charles Eis    | Annunciata O'Malley      |
| Norma Evans        | Mark Price               |
| Daniel Flores      | Matthew Rector<br>Family |
| David Flores       | Pat Schmitt              |
| Henri Guyader      | Margaret Schweizer       |
| Sydney Hansen      | Barbara Seifert          |
| Fr. Ron Hebert     | Gloria Sosa              |
| Jack Hornby        | Ana Soto                 |
| Dolores Illig      | Bryce Stewart            |
| Inoue Family       | Xavier Tan               |
| Gloria Kenny       | Gregory Turton           |
| Peggy Kittler      | Stewart Witt             |

**2022 ANNUAL CATHOLIC APPEAL**  
**Living our Mission**

Brothers and Sisters, Sacred Heart Parish is pleased to participate in the 2022 "Living Our Mission" Annual Catholic Appeal. This appeal supports charitable needs throughout the Diocese of San Diego.

**As of April 30, 2022**  
 Sacred Heart's Goal: \$40,000  
 40 donors have Paid: \$17,285.16  
**Still owed: \$22,714.84**

Please make your intention to the Annual Catholic Appeal now. You can make your contribution online at [giving.sdatholic.org](http://giving.sdatholic.org), (Be sure to select Sacred Heart of Ocean Beach, San Diego.) in the pews, or by picking up a combo brochure/response card here at the parish office. **Thank you for your generosity. Make checks to Diocese of San Diego.**

**Stewardship**

In today's Gospel Jesus talks about life with his Father and the Spirit. He tells his disciples that what belongs to the Father belongs to him, and that the Spirit will take from what is his and give it to them. Jesus helps us understand that the relationship between Father, Son and Spirit is one of perfect sharing and loving generosity. This shared life is the foundation for what we now understand as part of living life in the Trinity. The abundant generosity of those who are good stewards of the gifts entrusted to them give us a glimpse into the love of the Triune God. Does the extent of our generosity give others a glimpse of God's life within us?

**NOVENA OF MASSES FOR FATHERS**

A Novena of Masses for Fathers will be celebrated on June 19 through June 27. If you would like to have your father, living or deceased, remembered in these Masses, please fill out a \*Spiritual Bouquet\* envelope and place it in the collection basket or return it to the parish office by June 15. They will be placed on the altar during the Novena.



**ADORATION OF THE BLESSED SACRAMENT**

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT until 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad.

If you would like the code to the chapel door, email Janice Teixeira at [teixeira@cox.net](mailto:teixeira@cox.net) or 619-246-4955.

**Pray for all of us.**

**Ocean Beach Young Adults**

Summer is here. This is the Young Adult Corner.

**Summer Schedule:**

- \* June 20 - Pedal + Pints  
6:45PM
- July 3 - Barbecue on the Balcony (following 5pm mass)  
Join us following the 5pm mass on Sunday July 3<sup>rd</sup> for barbecue and drinks on the balcony. Questions, call/text Huliana at 858-735-1756.
- July 8 - Padres at the Park  
6:40PM
- July 24 - Beach Volleyball  
1PM
- July 31 - Morning Paddle 9AM
- August 6 - Candelit Mass 8PM
- August 20 - Beach + Bonfire (plus Volleyball Tournament)  
.... And More to Come!!

**Wellness:**

Part of being Catholic, is giving back to yourself and staying healthy.

\* **June 20 - Pedal and Pints** - Have you wanted to try a spin class (indoor cycling) and did not want to try alone. Go with one of our parishioners to Verve (located in Del Mar) for a 45 minute spin class, followed with beers at Harland Brewery. \$29 for the class. RSVP with Huliana [PoyrazogluHulyapoy@Gmail.Com](mailto:PoyrazogluHulyapoy@Gmail.Com) (858) 735-1756 to book your bike.

# PARISH ACTIVITIES & HAPPENINGS

## CARE OF THE WHOLE PERSON

This Diocesan program involves every person in every parish doing their part to provide caring and sharing to anyone in need. The program provides community support, resource referrals and acts of kindness. The Diocese has provided a blueprint for this program. We at Sacred Heart are combining some of our ministries under this umbrella to implement this program especially for our seniors. Join us to discuss how we can further apply the program to Sacred Heart. Join us to discuss your ideas, thoughts and needs. Meeting time and place will be announced in later issues of this bulletin. In the mean time you can contact Janice Teixeira: 619-246-4955, [teixeira@cox.net](mailto:teixeira@cox.net) for more information.

## MISSION DOCTORS ASSOCIATION

Elise Frederick is the Executive Director of Mission Doctors Association. She has worked with MDA for more than 40 years. Prior to joining the MDA team, Elise served with her, then young family, for three years in the Northwest of Thailand. Elise will be speaking at all the Masses at Sacred Heart of OB on June 25<sup>th</sup> and June 26<sup>th</sup> on behalf of Mission Doctors Association as part of the Diocese of San Diego Mission Cooperation Plan.

Since 1959, Mission Doctors Association has made it possible for Catholic Doctors and their families to share their gifts and live their faith at mission hospitals in Africa, Asia, Latin America and the Pacific.

A mission of healing and partnership of hope, Mission Doctors Association invites us to keep all the Mission Doctors and their patients in our prayers. Please consider supporting the life-saving work of MDA with your prayers and financial support for our Mission Co-op weekend. [www.missiondoctors.org](http://www.missiondoctors.org).

## FORGIVENESS

To forgive is to set a prisoner free and to discover that the prisoner is me.

—Anonymous



## Time and Talent Salute:

*We are Grateful for God's gifts to us we thank our volunteer teachers*

### Children Religious Ed Teachers

- Kay O'Brian
- Beatrice Trujillo Fuentes
- Justine White
- Stephen Williams
- Rebecca Martinez
- Lynne Cintron

### Children Liturgy of the Word leaders

- Rebecca Martinez
- Stephen Williams
- Kerry Kostman-Bonilla
- Mary Jo Leone-Fithen

**We are very grateful for the donation your of time and talents to our young children.**



## CALENDAR OF EVENTS

### Peninsula Shepherd Center fundraiser

Join us on Friday, June 24th from 10:00am - 2:00pm in Gooden Hall at **All Souls' Episcopal Church** at 1475 Catalina Blvd for a day of music, a delicious lunch, Opportunity Drawing, Silent Auction and much more! This important annual PSC fundraiser helps provide valuable funding for our programs and services. Tickets are \$25 each or \$22 each for a table up to six guests. Please call (619) 223-1640 To reserve your spot, or call Janice Teixeira (619) 246-4955 for more information.



## Sacred Heart Book Club

WE WILL BE MEETING IN THE RECTORY

Please join us for a casual discussion of **"Ordinary Grace"** by William Kent Krueger, on June 14th at 10:30 am. An unforgettable novel about discovering the terrible price of wisdom and the enduring grace of God!

The San Diego Library has 15 copies with 7 available. Barnes and Noble Point Loma has a paperback version for \$13.49, Amazon Kindle - \$12.99 Call Cindy Krause at 925-639-9089 if you have further questions.

**All are welcome.**

## In Memorium

Please pray for the soul of **Kittie Perreria**, a parishioner for many years. Her funeral will be at Sacred Heart Church on Wednesday, June 15th at 11:00 a.m. with a reception to immediately follow in the Hall.



Please pray for the soul of **Joyce Bettencourt**, a parishioner of Sacred Heart for many years. She died June 1st. Her services are pending.

*May the angels lead them into paradise.*

## Youth Ministry

**Youth Mass is at 5:00 p.m.** every Sunday evening.

**Middle School Youth Group** will meet next on June 28, from 6:00—9:00 p.m. for a bonfire at the beach in OB.

## Interested in a Trip to the Holy Land with Fr. Tom?

He will be leading us on a Holy Land Adventure. This is an all inclusive trip through Israel **April 19-27, 2023.**

For more information please contact Theresa Bagg [tbagg@expediacruz.com](mailto:tbagg@expediacruz.com),

## The Most Holy Trinity

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

*Amen*

*Parish Ministries and Organizations*

6/12/22

**PARISH OFFICE**

Monday through Friday  
Hours: 8:30 AM—3:30 PM  
Closed 12:00 PM—1:00 PM  
for lunch  
619-224-2746

**BAPTISMS**

Contact Dcn. Mark before scheduling a date with friends and relatives.  
deaconmark@sacredheartob.org

**MARRIAGE**

Contact Fr. Tom Kiely 9 Months before planned wedding  
619-224-2746

**FUNERALS**

Contact Janice Teixeira  
619-246-4955

**APPOINTMENTS**

Fr. Tom is available by appointment.  
619-224-2746.

**PARISH STAFF**

☎619-224-2746

Rev. Thomas RJ Kiely,  
Parish Administrator

Rev. Mr. Mark Wieczorek, Deacon  
Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo  
In Residence

Rev. Keith J. Shuley  
In Residence

Stephen Williams  
Director of Religious Education  
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Youth Minister  
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Angela Roberts  
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Ministry of SH of OB Community Dinner  
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Music Ministry  
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religioused@sacredheartob.org  
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Bruce Bauer 619-994-0775  
communications@sacredheartob.org

*Stewardship as a Way of Life*

**Stewardship of Treasure:**

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. These costs include payroll, maintenance and cleaning of buildings, utilities, and supplies. Additionally, your contribution will benefit our sacramental preparation services, liturgical programs, and religious education programs. Prayerfully consider making a recurring weekly or monthly donation to our collection by creating an on-line account through the parish web site; [www.sacredheartob.org](http://www.sacredheartob.org). Thank you for your investment and continued support of our parish!  
God Bless and stay healthy, *The Parish Support Team.*

**ON LINE GIVING**

- Scan this QR code to go directly to our secure online giving site.
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**Thank you for your continued support and faithful giving. Many Blessings, Fr. Tom.**

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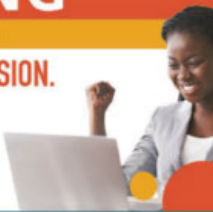
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