

The Beacon

· Newsletter of The Immaculata Church ·

11th Sunday in Ordinary Time

June 13, 2021

Keep FAITH Alive!

Lord, it is good to give thanks to you.

-Psalm 92

Welcome to
The Immaculata

Summer 2021- A Plan for Family Success by Pilar Cárdenas-Gimber, M.A., M.A., LMFT

As we emerge from our homes and resume post-pandemic life, Walt Whitman's words come to mind: "Keep your face always toward the sunshine- and shadows will fall behind you."

Especially this summer, the weight of the world feels a little lighter. We can rejoice and resume family life in a purposeful, meaningful way.

The prospect of our children being home (still) after so many months spent at home already can be daunting. But

there are simple strategies to create a successful Family Summer Plan, which aligns with family values and priorities.

First Allow children time to decompress from the rigor and demands of pandemic school life- Hats off to our children, they have earned their summer break!

Children, adolescents and young adults have had to adjust and perform academically in very uncertain, and demanding circumstances- largely in the



(continued on page 3)



The Immaculata
Staff

Most Reverend Robert W. McElroy
Bishop of San Diego

Most Reverend John Dolan
Auxiliary Bishop of San Diego

Most Reverend Ramon Bejarano
Auxiliary Bishop of San Diego



**Reverend
Matthew D. Spahr**
Pastor
(619) 574-5700



Laura Martin-Spencer
Pastoral Associate
(619) 574-5703
lmartinspencer@sandiego.edu



Janice Corbett
Office Manager
(619) 574-5706
janice@sandiego.edu



Arianna Calio
Youth Coordinator &
Wedding Coordinator
(619) 574-5704
ariannaallen@sandiego.edu



Matt Dolan
Choir Coordinator
(619) 758-3550
mdolan@sandiego.edu



Bea Halk
Youth Faith Formation
Coordinator
(619) 574-5702
bhalk@sandiego.edu



Don McAndrew
Sacristan
(619) 574-5700
djmccandrew@sandiego.edu



Flavia Soria
Parish Secretary
(619) 574-5700
fsoria@sandiego.edu



Dr. Steven Van Wye
Music Director
svanwye@sandiego.edu

Baptism for Infants: Angela Burchak
(619) 574-5708, immbaptisms@gmail.com

Catechesis of the Holy Father

by Pope Francis (June 2, 2021)

Dear brothers and sisters, in our continuing catechesis on prayer, we now consider Jesus as the model of prayer for his disciples. The Gospels show us that the Lord chooses his apostles only after a night of intense prayer. Before every crucial moment in his ministry, Jesus withdraws to pray. Only after long prayer does Jesus question the disciples about their faith in him and then reveal to them his coming passion, death and resurrection. On the mount of the Transfiguration, Peter, James and John then see the Lord in prayer, revealed in his glory as the beloved Son of the Father. At the Last Supper he assures Peter that he has prayed for him, for his conversion and for his future mission. Like the apostles, we too can count on the Lord's prayer to sustain us in our journey of faith and discipleship. The Catechism reminds us that the Risen Jesus, seated at the right hand of the Father, constantly

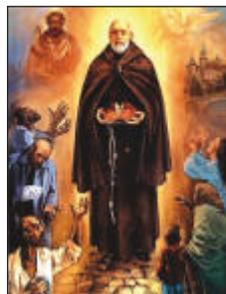


intercedes before him on our behalf (cf. No. 2741). As we strive to persevere in prayer, may we be confident that our petitions will rise to heaven on eagles' wings and, with and in Jesus, always find a hearing before the throne of the Father.

To read more visit <https://www.catholicnewsagency.com/news/pope-francis>

Saint of the Week

St. Albert Chmielowski 1845 -1916. Feast day June 17



Born in Igolomia near Kraków as the eldest of four children in a wealthy family, he was christened Adam. During the 1864 revolt against Czar Alexander III, Adam's wounds forced the amputation of his left leg. His great talent for painting led to studies in Warsaw, Munich, and Paris. Adam returned to Kraków and became a Secular Franciscan. In 1888, when he founded the Brothers of the Third Order of Saint Francis, Servants to the Poor, he took the name Albert. They worked primarily with the homeless, depending completely on alms while serving the needy regardless of age, religion, or politics. A community of Albertine sisters was established later. Pope John Paul II beatified Albert in 1983, and canonized him six years later. His liturgical feast is celebrated on June 17.

To read more www.franciscanmedia.org/saint-of-the-day

(“Summer 2021- A Plan for Family Success” continuation from page 1)

home. This has taken a toll on them mentally, physically, socially and emotionally.

Before moving straight into a summer plan or schedule it is essential to allow children time to decompress from the rigor and demands of pandemic school life, including reuniting more fully with friends.

Preparation:

Parents Set Summer Goals and Priorities- Consider your parenting goals and priorities. Do you want to incorporate quality family time, outdoor time, exercise, personal, academic, and spiritual growth? Your priorities could also include, chores and increased responsibilities, as well as spontaneous fun and independent unstructured alone time. Summer is also a good time to promote volunteer engagement.

Parents and Children Create Independent Bucket Lists- Bucket list items/activities should incorporate previously identified goals and priorities. To avoid the “I’m bored” or end of summer “I didn’t have that great a summer”, or “It’s already over and I didn’t get to do very much” children should be encouraged to create a bucket list of summer activities and experiences. They can share and also use as a personal checklist.

Family Meeting to Set Expectations and Calendar

The meeting to set expectations should be held with all family members present, each prepared with his/her bucket list for summer vacation. Parents should be transparent, explaining to children what their parenting goals are during the summer. The calendar should incorporate items from everyone’s wish list.

Create Summer Calendar- Start by filling in existing commitments, recurring events, etc.

Children (and adults) benefit From Structure and Routine- It is best to keep structure and routine, while also allowing time for spontaneity, and independent, unstructured alone time.

Everybody Has a Say- In order for the family plan to succeed, every member must have a say. This “buy-in” increases cooperation with the calendar created by family members.



Your Family’s Summer Calendar Could Include:

- Family time
- Camping
- Staycation, weekend getaway, or trip
- Outdoor adventure
- Exercise
- Personal enrichment
- Summer reading (some schools and local libraries have Summer Reading Programs)
- Increased chores or responsibilities
- Spiritual growth
- Community and/or volunteer engagement
- Unscheduled time for fun, spontaneity and surprises.

Much of our spiritual and personal growth occurs during quiet, unstructured time- Allow quiet time for family members to encounter God. This can include weekly or daily mass, as well as adoration of the Blessed Sacrament. You might consider a family “prayer writing”, during which children and adults can write (and share if comfortable) prayers of gratitude, or supplication. Years ago we did this as a family, and my (then 9 year old) daughter’s concise prayer was : “Thank you God for the sun and my hamburger bun”

Print, Post, Share your Family Calendar- May you enjoy a joyful, restorative, and enriching summer, and may you encounter God daily.



Mission Statement of The Immaculata

Inspired and strengthened by the Sacraments, Scripture, and Liturgy, we are a vibrant, diverse Roman Catholic community called to serve as faithful disciples of Christ in our lives and ministries. With our Blessed Mother to guide us, we strive to be a beacon of faith and a spiritual home to all who seek God.

MASSES

Monday-Saturday 8:00 a.m.
(Mass inside the church & livestreamed)

Saturday Vigil 4:30 p.m.
(Mass inside the church)

Sunday 7:30 a.m.
(Mass inside the church & livestreamed)

Sunday 9:00 a.m.
(Mass inside the church)

Sunday 11:00 a.m.
(Mass on the East lawn)

EUCCHARISTIC ADORATION

Tuesdays: 7:00-8:00 p.m.
Wednesdays: 8:30 a.m.-12:00 p.m.
& 12:45-2:00 p.m.

SACRAMENT OF RECONCILIATION

Saturdays
3:30 p.m.– 4:15 p.m.
(Inside the church)

OFFICE HOURS

Monday-Friday 8:30 a.m.-4:30 p.m.
Closed on Saturdays & Sundays

(619) 574-5700

theimmaculata@sandiego.edu

Mass Readings & Intentions

11th Sunday in Ordinary Time

June 13, 2021

First Reading

I have lifted high the lowly tree.
Ezekiel 17:22-24

Responsorial Psalm

Lord, it is good to give thanks to you.
Psalm 92

Second Reading

Whether we are at home or away,
we aspire to please the Lord.
2 Corinthians 5:6-10

Gospel

It is the smallest of all seeds, and
becomes the largest of plants.
Mark 4:26-34

Intention:

7:30 a.m. For an end to the pandemic & for its victims
9:00 a.m. For the sick of the parish
11:00 a.m. For All Parishioners

Monday, June 14

2 Corinthians 6:1-10; Psalm 98:1, 2, 3-4; Matthew 5:38-42
Intention: +Sabriya Zaiya

Tuesday, June 15

2 Corinthians 8:1-9; Psalm 146:2, 5-9; Matthew 5:43-48
Intention: +Judith Misage

Wednesday, June 16

2 Corinthians 9:6-11; Psalm 112:1-4, 9;
Matthew 6:1-6, 16-18
Intention: +Norman Charles Sutter

Thursday, June 17

2 Corinthians 11:1-11; Psalm 111:1b-4, 7-8;
Matthew 6:7-15
Intention: +Marcel & Maria Le

Friday, June 18

2 Corinthians 11:18, 21-30; Psalm 34:2-7;
Matthew 6:19-23
Intention: +Aida Diaz

Saturday, June 19

2 Corinthians 12:1-10; Psalm 34:8-13; Matthew 6:24-34
Intention:
8:00 a.m. Edward Lee
4:30 p.m. +Jaye Ann Bosque

Ministries & Programs

Councils

Finance Council

Pastoral Council

Evangelization

New Parishioner Welcome

Faith Formation

Adult

Adult Faith Formation
Becoming Catholic (RCIA)
Book Club
Immaculata Young Adults
Vocations

Youth

High School Youth
Infant Baptism
Middle School Youth
Family-Centered Faith Formation

Family Life & Spirituality

Bereavement Ministry	Mental Health Ministry
Childcare	Parent Faith Sharing
Divorce Support	Parish Rosary
Homebound Ministry	Prayer Support for the Engaged
Knights of Columbus	Sacred Shuttles: Rides to Mass
Ladies of The Immaculata	Witness to Love Marriage Preparation
Marriage Enrichment	Senior Ministry
Men's Chastity	

Liturgy

Adoration of the Blessed Sacrament	Liturgical Environment
Altar Linen Care	Music Ministry
Altar Servers	Ushers/Greeters
Eucharistic Ministers	Youth Music Ministry
Kids Pew Krew	Children's Liturgy of the Word (CLOW)
Lectors	

Parish Fellowship

Divine Diners Donut Ministry Parish Events

Life, Peace & Justice

Creation Care Team	Racial Justice
Food Pantry	Safe Families for Children
Give-Back Sunday Team	St. Vincent de Paul

Stewardship

Other

Mailing Volunteers Safe Environment

For more information on how to get involved in any of our parish ministries & programs contact the parish office (619) 574-5700 or visit theimmaculata.org and click on the Ministries tab.



Immaculata 2021 Family-Centered Faith Formation Year-End Celebration

by Bea Halk, Youth Faith Formation Coordinator

Parents and children enjoyed gathering in person last Sunday for fun, fellowship and an opportunity to share & give feedback on our "Family-Centered Faith Formation" program. The afternoon included picnic lunch, children's games and a time for parent circle with Fr. Matt & Laura Martin-Spencer, Pastoral Associate. Parent sharing revealed that the majority preferred the new family centered approach.

Favorite parts of the new program:

"That we were able to share examples of how each lesson actually applied to our daily lives"

"Spending time with our family discussing our thoughts on faith"

"Flexibility in structuring time to teach the foundation of our faith. No stress in trying to be somewhere on time"

"Involving the entire family drew us closer together"

"The discussions with my son about different aspects of our Catholic identity and faith"

The afternoon concluded with thanks and appreciation to our awesome family mentors and dedicated volunteers for their continued involvement and support.

Registration material for the 2021-22 year can be found on The Immaculata website. Stay tuned for more information.



Immaculata Announcements



**THIS IS MY BODY.
THIS IS MY BLOOD.**

~ Jesus

Adoration of the Blessed Sacrament

Every Tuesday
from 7:00 - 8:00 p.m.
&
Every Wednesday from
8:30 a.m. - 12 p.m. and
12:45 p.m.- 2:00 p.m.

Diocese Announcements



Family Life & Spirituality

Reflections on Fatherhood with St. Joseph

Date: Thursdays, June 24 to July 22
Time: 7:00pm - 8:00pm
Location:
Zoom Online
Cost: FREE

During this Year of St. Joseph, all men are invited to join us for a guided five-part series on the unique and special call to fatherhood as seen through the lens of devotion to St. Joseph. Contact: John Prust, M.Div. Director at (858) 490-8256 or visit jprustsdatholic.org

Courtesy Announcements

Juneteenth — A Day of Hope

Juneteenth marks a historical day that has remained largely unknown to most Americans. It commemorates the Jun. 19, 1865 announcement of the abolition of slavery in Texas. Emancipation did not finally come until Gen. Granger arrived in Galveston and read a declaration of freedom for slaves, almost 2-1/2 years after President Lincoln signed the Emancipation Proclamation. For the Black community, June 19th is our nation's second Independence Day. Bishop McElroy and Bishop Dolan will be celebrating a special Mass to commemorate Juneteenth on Saturday, June 19th, 5:00 p.m., at St. Rita's Church as a reminder of the ongoing struggle for justice. Participate in person or via live-stream on the Diocesan website (<https://www.sdatholic.org/events/list/>)

Attention New Bulletin Coming-Advertisers and Sponsors Needed

Do you own a business? Would you like to remember a loved one with a weekly memorial? Are you looking to reach out to your fellow parishioners every week? Would you like to help The Immaculata in a unique way? If so, why not advertise in our weekly bulletin? Our bulletin needs ads! The ads and sponsorships on the bulletin will allow for us to receive our weekly bulletin at no cost to the church. Kathy Dickens from our new bulletin and parish communication partner, LPI, is working with us now seeking new advertisers for our bulletin. You can reach Kathy at (719) 650-9467 or KDickens@4LPi.com.

Stewardship of Treasure

*For where your treasure is,
There also will your heart be.*

-Matthew 6:21

Week of June 6, 2021

Plate: \$1,606.50
Envelope: \$6,357.00
Online: \$10,526.08
Total: \$18,489.58

Thank you for your generosity!



Foreign & Domestic
Auto Repair

1125 Morena Blvd.
619-276-3263

Renzulli's JEWELRY WORLD

14K • 18K • Platinum
Diamond & Colored Stone Jewelry
Custom Design
Quality Watch & Jewelry Repair



3077 Clairemont Dr. • San Diego, CA 92117
www.renzullisjewelryworld.com • 619.275.1782

Bull's Smokin' BBQ



Huge Outdoor Projector Screen
Dog Friendly

1127 W. Morena Blvd.
San Diego

619.276.2855
bullsmokingbbq.com



**HOLY CROSS CATHOLIC
CEMETERY & MAUSOLEUM**

45th & Hilltop Drive
San Diego, CA 92102

*No Interest Budget Plan
Up to 5 years to pay*

Call 264-3127 Se Habla Español



**PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM**

\$29.95/MO
BILLED QUARTERLY

PLUS
SPECIAL
OFFER

CALL NOW! 1.877.801.7772
WWW.24-7MEDALARM.COM

SPREAD THE WORD

A Thriving, Vibrant
Community Matters



SUPPORT OUR ADVERTISERS



Synergy
Training and Wellness

**Personal Training
for a Healthy Life**

Reinventing the Way YOU Feel!

Private Fitness Studio - In-Home - Virtual Programs

Nate Wehner 425.223.1654

Certified Personal Trainer & Parishioner
Synergytrainingandwellness.com • Clairemont

**ADT-Monitored
Home Security**

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



ADT Authorized Provider SafeStreets

1-855-225-4251

**AVAILABLE
FOR A LIMITED TIME**

**ADVERTISE YOUR
BUSINESS HERE**

Contact **Kathryn Dickens** • kdickens@4LPI.com or (800) 950-9952 x5809

**Call today to see if you qualify
to change Medicare plans through 2/28
with no underwriting!**



Karen M. Hsu

CA Lic. 0B63037

Call: 619.275.2884

Text: 619.840.0186

karen@mybenefitscoachintl.com

www.mybenefitscoachintl.com

**Turning 65? Want extra benefits?
Call me for a custom game plan today.
I help seniors and people with disabilities
make informed plan choices.**

Too Sick for Mass?

SUPPORT OUR PARISH NO MATTER WHERE YOU ARE!

*Sign-up to get your bulletin delivered
right to your inbox!*

www.parishesonline.com



Karen M. Hsu
CA Lic. 0B63037

Check out the affordable health
plan Christians can believe in.
Call for information today.
Absolutely no obligation.

- Large national PPO network (PHCS)
- May lower your health premium by 50%
- Participation meets CA health plan mandate requirement
- Enroll online with ease
- God-honoring customer service professionals

Call or text 619.840.0186 today.
Email karen@mybenefitscoachintl.com



The Last Word

Keep in Your Prayers

*Amen, I say to you, if two of you agree on earth
about anything for which they are to pray,
it shall be granted to them by my heavenly father.*

Matthew 18:19

Healing

Alma Church
Lucia Yandell
Sandy Perretti
Bruce Perretti
Riley Manahan
Leonard Hayden
Mariel Tojino
Dawn Pathman
Marion Griffin
Michael Ebipane

The sick list is updated on a monthly basis. Please call the parish office to add a parishioner to the list.

New Parishioners

Inzunza & Nguyen family

Being Catholic

RCIA - Rite of Christian Initiation of Adults

The RCIA program is especially designed for the following people:

- Not baptized but interested in learning about baptism.
- Baptized in another faith, but interested in the Catholic Church.
- Baptized Catholic but missed out on religious instruction and the sacraments of First Communion and Confirmation.
- Or, if simply, you or anyone you know is interested in examining your faith life, baptism, prayer or the Catholic Church, then this is for you.

For more information, please contact Laura Martin-Spencer at lmartinspencer@sandiego.edu. or call (619) 574-5703.

FOLLOW US @TheImmaculata



Words of Wisdom

HONESTY

**The most important person to
be honest with is myself.**

—Anonymous