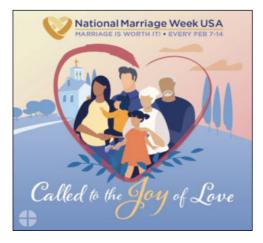


Celebrate National Marriage Week 2022 by USCCB.org, Witnesstolove.org

The observances of National Marriage Week (February 7-14) and World Marriage Day (Sunday, February 13) are an opportunity to focus on building a culture of life and love that begins with supporting and promoting marriage and the family. Our theme for 2022 is "Called to the Joy of Love."

The Sacrament of Marriage is not a one-time ceremony, rather it is a lifelong collaboration with God to bring life and grace to the world through the powerful witness of your love. A marriage movement called *Witness to Love* is offering in celebration of National Marriage Week 2022. Witness to Love's mission is to build and sustain communities of Evangelizing Spouses to Be Light in our world. We believe in building communities that connect couples to Christ and the Church and not just creating content.

(continued on page 3)



The Immaculata Staff

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Most Reverend John Dolan Auxiliary Bishop of San Diego

Most Reverend Ramon Bejarano Auxiliary Bishop of San Diego



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Catechesis of the Holy Father

by Pope Francis (January 12, 2022)

Dear Brothers and Sisters: in our continuing catechesis on Saint Joseph, we now consider Joseph's life as a worker. The Gospels tell us that Joseph was employed as a carpenter of modest in physically means. engaged demanding work. Jesus himself would have learned much about the dignity of labour from Saint Joseph. Work is in fact essential for our human development and for our growth in holiness. Indeed, work is not simply a matter of material benefit or mere profit, but a means of giving sense, worth and shape to our lives, and teaching us to spend ourselves generously for others. Today, we can think of all those workers in our world who struggle to make a living or raise a family, and who

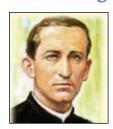


often encounter injustice, exploitation and the threat of unemployment. Let us pray, through the intercession of Saint Joseph the Worker, for the protection of the fundamental rights of all workers, for an increased awareness of the worth of human labour, and for an economic order that will promote the dignity and prosperity of all peoples.

To read more visit https://www.vatican.va/content/francesco/en/audiences/2021

Saint of the Week

Blessed Luigi Variara 1875-1923 Feast day: February 15.



...In 1898, Luigi was ordained a priest. He soon turned out to be an excellent spiritual director. In 1905, the construction of the "Asilo don Unia" concluded, a place capable of hosting up to 150 orphans and lepers, and guaranteeing them education in a trade and future insertion into society. In Agua de Dios, the Sisters of Providence had started the Association of the Daughters of Mary, a group of 200 girls. He served as their

confessor and identified some calls to religious life in the group. Thus, the bold project was born—a unique thing in the Church—of an Institute that would allow the acceptance of leprosy patients. Inspired by the spirituality of Fr. Beltrami, he developed the Salesian "victimal" charism and founded the Congregation of the Daughters of the Sacred Hearts of Jesus and Mary, which today numbers 600 religious. Due to this foundation, he had much to suffer from the misunderstanding of the people and some superiors, who thought it best to remove him from Agua de Dios several times. Like Don Bosco, he was exemplary in obedience. Faced with slander, he did not say a word. Therefore, he was credible because he was obedient. Fr. Rua from Turin encouraged Luigi before he died. Today, Luigi rests in Agua de Dios, in the chapel of his Daughters. Declared Venerable: April 2, 1993; Beatified: April 14, 2002, by St. John Paul II.

To read more visit https://salesians.org/calendar/bl-luigi-variara

("Celebrate National Marriage Week 2022" continuation from page 1)

Couples' Movena

Join us for a couples' novena in honor of #NationalMarriageWeek starting February 5th and ending on St. Valentine's Day, February 14th. Each Day, we'll pray for a different intention and commend our prayers to the intercession of powerful married Saints!

DAY 1 | FEB 5TH



For engaged and civilly married couples preparing to receive the Sacrament of Holy Matrimony; that God may grant them the gift of joy and wisdom during this time of discernment.

Our Father...Hail Mary...Glory Be.,

Sts. Joseph & Mary, pray for usl

dilline.

DAY 6 | FEB 10TH



For couples struggling with addiction of any kind-alcohol, drugs, pornography, social media, work, shopping, gambling-that the Lord may reveal and heal the wound or unmet need that is at the source of the addiction.

Our Father...Hail Mary...Glory Be.

St. Rita of Cascia, pray for usl

DAY 2 | FEB 6TH



For empty nesters and retired couples; that this new phase of their lives may bring renewal in their relationship. May they be inspired to share their time and gifts with those in need, especially young and struggling couples.

Our Father...Hail Mary...Glary Be...

Sts. Joachim & Anne, pray for usl

DAY 7 | FEB 11TH



For separated couples and those recovering from infidelity; that where separation is absolutely necessary, both parties may find safety and healing, while remaining true to their vows and open to reconciliation. We pray that through the power of Jesus' resurrection, honesty, trust, and tenderness may be restored in couples recovering from infidelity.

Our Father...Hail Mary...Glary Be...

St. Thomas More, pray for usl

DAY 3 | FEB 7TH



For couples experiencing the pain of infertility and child loss; that our Blessed Lord may grant healing, acceptance, and meaning, and inspire in them ways to use their gift of love to give life to others.

Our Father...Hail Mary...Glory Be..

Sts. Zechariah & Elizabeth pray for usl

DAY 8 | FEB 12TH



For couples that do not share the same faith; that through the practice of virtue, they may be joined in their pursuit of the true, the good, and the beautiful.

Our Father... Hail Mary ... Glory Be...

St. Monica, pray for us!

DAY 4 | FEB 8TH



For couples strained by a difficult relationship with their child(ren) or family members; that they may seek opportunities to show empathy and forgiveness in the hope of reconciliation.

Our Father...Hail Mary...Glory Be...

Sts. Louis & Zelie Martin, pray for us!

DAY 9 | FEB 13TH



For all couples faithfully living out their vocation to be light in the world; may they know that their efforts, however small, are making God's love known to those around them!

Our Father...Hail Mary...Glary 8e..

Sts. Aquila and Priscilla, pray for us!

DAY 5 | FEB 9TH



For couples experiencing physical or mental illness; that through the virtues of patience and endurance, they may remain faithful to their vow to be true to one another "in sickness and in health," and that they may be surrounded by the support of family and friends.

Our Father...Hail Mary...Glory Be.

St. Gianna Beretta Molla, pray for usl

NATIONAL MARRIAGE WEEK

O God, You created marriage to be the crown of creation, the holy place where your love dwells, and where new life is nourished. Confirm couples in their sacred duty to be light and salt to the world through the gift of love You have given them. Through Jesus' Sacred Heart, increase in all couples empathy, joy, tenderness, and mercy. Through the power of the Holy Spirit, protect couples from apathy, resentment, infidelity, and contempt. God our Father, Who made all things good, help couples to never lose sight of their dignity, even in the midst of conflict, temptation, and despair. We ask this through our Lord, Jesus

St. Valentine and all holy married couples,

M

Mission Statement of The Immaculata

Inspired and strengthened by the Sacraments, Scripture, and Liturgy, we are a vibrant, diverse Roman Catholic community called to serve as faithful disciples of Christ in our lives and ministries. With our Blessed Mother to guide us, we strive to be a beacon of faith and a spiritual home to all who seek God.

MASSES

Monday-Saturday 8:00 a.m. (livestreamed)

Saturday Vigil 4:30 p.m.

Sunday 9:00 a.m. (livestreamed)

Sunday 11:00 a.m.

EUCHARISTIC ADORATION

Tuesdays: 7:00-8:00 p.m. **Wednesdays:** 8:30 a.m.-2:00 p.m.

SACRAMENT OF RECONCILIATION

Saturdays
3:30 p.m.- 4:15 p.m.
(in the church)

OFFICE HOURS

Monday-Friday 8:30 a.m.-4:30 p.m. Closed on Saturday Sunday 8:30 a.m.-12:30 p.m. (619) 574-5700 theimmaculata@sandiego.edu

Christ, Amen. Our Father...Hail Mary.

Mass Readings & Intentions

Fourth Sunday in Ordinary Time February 6, 2022

First Reading

In a vision Isaiah is called to be a messenger for the LORD of hosts. Isaiah responds, "Send me!"

Isaiah 6:1-2, 3-8

Responsorial Psalm

In the sight of the angels I will sing your praises, Lord

Psalm 138

Second Reading

Paul reminds us of the gospel he preached through which we are saved, if we believe it

1 Corinthians 15:1-11 [3-8, 11]

Gospel

Jesus directs Simon to take his boat into deep water for a miraculous catch of fish. Simon and his partners leave all to follow Jesus.

Luke 5:1-11

Intentions:

7:30 a.m. For an end to the pandemic & for its victims
9:00 a.m. For the sick of the parish
11:00 a.m. For all parishioners

Monday, February 7

1 Kgs 8:1-7, 9-13; Ps 132:6-7, 8-10; Mk 6:53-56

Intentions:

8:00 a.m. Elsie Mae Cantera

Tuesday, February 8

1 Kgs 8:22-23, 27-30; Ps 84:3-5, 10-11; Mk 7:1-13 **Intention:** Ana Suazo

Wednesday, February 9

1 Kgs 10:1-10; Ps 37:5-6, 30-31, 39-40; Mk 7:14-23

Intention: + Edward Bryant

Thursday, February 10

1 Kgs 11:4-13; Ps 106:3-4, 35-37, 40; Mk 7:24-30 **Intention:** + Matthew Larson

Friday, February 11

1 Kgs 11:29-32, 12:19; Ps 81:10-15; Mk 7:31-37 **Intention:** + Hugo Tretola, Anna & Susan Tretola (living)

Saturday, February 12

1 Kgs 12:26-32; 13:33-34; Ps 106:6-7, 19-22; Mk 8:1-10

Intentions:

8:00 a.m. + Romana DeLaCruz 4:30 p.m. + Kathleen Marcoccia

Ministries & Programs

Councils

Finance Council

Pastoral Council

Evangelization

New Parishioner Welcome

Faith Formation

Adult

Adult Faith Formation
Becoming Catholic (RCIA)
Book Club
Immaculata Young Adults
Vocations

Youth

High School Youth
Infant Baptism
Middle School Youth
Family-Centered Faith Formation

Family Life & Spirituality

Bereavement Ministry
Childcare
Divorce Support
Homebound Ministry
Knights of Columbus
Ladies of The Immaculata

Marriage Enrichment
Men's Chastity
Mental Health Ministry
Parent Faith Sharing
Parish Rosary
Witness to Love Marriage Preparation

Liturgy

Adoration of the Blessed Sacrament Altar Linen Care Altar Servers Eucharistic Ministers Kids Pew Krew

Lectors

Liturgical Environment
Music Ministry
Ushers/Greeters
Youth Music Ministry
Children's Liturgy of the Word (CLOW)

Parish Fellowship

Divine Diners

Donut Ministry

Parish Events

Life, Peace & Justice

Creation Care Team Food Pantry Give-Back Sunday Team

Racial Justice Safe Families for Children St. Vincent de Paul

Stewardship

Other

Mailing Volunteers

Safe Environment

For more information on how to get involved in any of our parish ministries & programs contact the parish office (619) 574-5700 or visit theimmaculata.org and click on the Ministries tab THE IMMACULATA

LIFE, PEACE & JUSTICE MINISTRIES

"Love One Another"

We See You San Diego

"Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me."
-Matthew 25:40



The mission of *We See You San Diego* is to welcome homeless neighbors by cultivating a loving, safe, judgement-free environment where everyone who enters is treated as an honored guest. What began just a few years ago with a home-cooked dinner for a half dozen people without homes has now grown to serve 150-200 people each week. Every Tuesday at The Resolved Church on Napa Street compassionate families from churches, and businesses contribute their time, talent

and resources to serve hot, home-cooked dinners to our homeless brothers and sisters. *We See You San Diego* fosters community, offering a place to sit, eat, and converse with people who care about where their guests are, have been, and what their future holds.

The weekly gathering is the starting place for relationship-building, ideally leading to a restoration of dignity and identity. Ultimately, the goal is to provide resources and support for guests and to help them break free from addiction, homelessness, and a life on the street. We See You strives to be a presence for those on the street, those looking to leave, and then, be a continuing support to those who have done so.

As a graduate from a year-long recovery program confessed, she felt she had reached "the bottom of the barrel" living in the grime of San Diego streets and doing whatever she could to support her drug addiction. She shared, "I finally did something I should have done a long time ago. I cried out to God for help." She believes He answered, sending her to the *We See You* family. "They did something unbelievable. They treated me like a lady...like a human being." *We See You* ultimately placed her in a faith-based program to overcome her addiction and regain self-esteem. As she stated:

"I have begun to love myself again. And the most intense and wonderful peace...has sprouted deep within my spirit...a peace that can come from only one source...the REDEMPTION of...Jesus Christ...Today, I have something that was long ago forgotten. HOPE!"

For more information on how to serve with We See You San Diego visit weseeyousandiego.com.



Words of Wisdom from Pope Francis

"I must not categorize others in order to decide who is my neighbor and who is not. It is up to me whether to be a neighbor or not."





Read now...

READ



Join fellow Immaculata Parishioners in supporting *We*

See You San Diego as a parish ministry serving our local homeless brothers and sisters.

Read now...

LISTEN



Learn about the 2022 San Diego Homeless Count occurring in

February 2022. The count helps determine federal funding in support of our homeless. Volunteers needed.

Listen now...

EXPLORE



Explore MAP
THE MEAL
GAP, to see the
extent of food

insecurity in specific counties and populations, in this case San Diego children.

Explore now...

Immaculata Announcements

Senior Discussion Group - "Ten Pain Symptoms You Should NOT Ignore."

All are welcome to join our monthly Senior Discussion Group that covers a wide variety of older adult-related issues. For the next meeting we will discuss a topic beneficial to all ages: "Ten Pain Symptoms You Should NOT Ignore." Please join us as we learn and share these important signs to help manage our health. This meeting will be via Zoom on Wednesday, February 9th, from 4:00-5:00 p.m. Laura will stay on to answer any senior-related questions. Register by contacting Laura Runkle calling (619) 920-6449 or lrunkle@gmail.com.

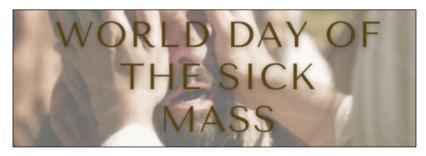
Adult Confirmation Preparation Starts Soon!

All baptized, catechized Catholics seeking to complete their initiation Sacraments are welcome to join this preparation process that begins on Sunday, February 13. The Sacrament of Confirmation completes the graces of Baptism and strengthens Christians to live their faith in the world. If you are interested in this process and would like to set up an initial meeting please email Laura at lmartinspencer@sandiego.edu.

Courtesy Announcements

40 Days for Life Commissioning Masses

Two bilingual Masses at two different locations: February 6, 2022 11:00 a.m. at St. Mary Catholic Church (1170 S. Broadway, Escondido, 92025) and February 13, 2022 10:00 a.m. at St. John of the Cross Catholic Church (8086 Broadway, Lemon Grove, 91945). Main celebrant: Aux. Bishop Ramon Bejarano. 40 Days for Life Spring campaign March 2nd – April 10th. For more information visit https://www.40daysforlife.com/en. Efrain Casillas at ECasillas@sdcatholic.org or (858) 490-8324.



World Day of the Sick Mass

World Day of the Sick Mass, February 12th, 10:00 a.m. at Good Shepherd Church (8200 Gold Coast Drive San Diego, CA 92126). Join Aux. Bishop Dolan for a bilingual Mass which will include anointing of the sick, blessing of caregivers and ministers of the sick, blessing with Lourdes water, and celebrating the Caring for the Whole Person Initiative. The Mass will be livestreamed at goodshepherdparish.net/mass-streaming.

Diocesan Announcements



The diocese is celebrating marriage and married couples in its second annual Marriage Anniversary Mass and Reception. Couples will be able to renew their commitment, in English, Spanish and Vietnamese. Of course, the real language of marriage is love. For more information visit sdcatholic.org or email bolivero@sdcatholic.org.

Stewardship of Treasure

For where your treasure is, There also will your heart be. -Matthew 6:21

Week of January 30, 2022

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The Last Word

Keep in Your Prayers

Amen, I say to you, if two of you agree on earth about anything for which they are to pray, it shall be granted to them by my heavenly father.

Matthew 18:19

Healing

Lucia Yandell Marian Oddo
Sandy Perretti Rita Winrow
Bruce Perretti Millie Prior
Riley Manahan Bruce Boorman
Leonard Hayden Guy Riddle
Dawn Pathman Heleodoro Lopez
Marion Griffin Joel Lopez
Gina DeLapa

The sick list is updated on a monthly basis. Please call the parish office to add a parishioner to the list.

New Parishioners

Regina DeLaCruz

Jacob Omahana & Samantha Allen

Clark Family

Cynthia Claudio

Erin Billings

Reyes Family

Mehra Family

Erika Carino

Join Us for Adoration of the Blessed Sacrament



Tuesdays from 7:00 - 8:00 p.m. & Wednesdays from 8:30 a.m. - 2:00 p.m. in the Immaculata Church

Words of Wisdom

TESTED LIKE GOLD

God wishes to test you like gold in the furnace. The dross is consumed by the fire, but the pure gold remains and its value increases.

—St. Jerome Emiliani