



## OUR LADY OF PERPETUAL HELP

13208 LAKESHORE DR. LAKESIDE, CA 92040 | 619.413.1412 | RECTORY@OLPHCHURCH.ORG

SUNDAY, MAY 23, 2021

# PENTECOST SUNDAY

### Mass / Misa

Sunday: 7:30am, 9:00am, 11:00am,

1:00pm Spanish, 3:00pm

Monday - Saturday: 8:00am

Saturday: Vigil 5:00pm

### Confession / Confesión

Saturday: 8:30am - 9:30am

Sunday: 12 - 12:30pm or by appointment

### Adoration / Santísimo

First Friday of the month: after Daily Mass

Saturdays 8:30 - 9:30 am

## MASS READINGS & INTENTIONS

Week of May 23, 2021

**SUN** Pentecost Sunday  
**5/23** *Ac 2:1-21 / Ps 104:24-35b / Rom 8:22-27 / Jn 15:26-27; 16:4-15*  
*+Msgr. Creighton, 5pm (Vigil); +Tony Posey, 7:30am; +Carol Salisbury, 9am; Parish Intentions, 11am; +Dante Lorenzo Olea, 1pm; Victoria Burrows, Healing, 3pm*

**MON** *Ps 104:24-34, 35b; Joel 2:18-29; 1 Cor 12:4-11*  
**5/24** *+Frances Kucia, 8am*

**TUE** *Ps 104:24-34, 35b; Gen 11:1-9; 1 Cor 12:12-27*  
**5/25** *+Jina Chung, 8am*

**WED** *Ps 104:24-34, 35b; Ezek 37:1-14; Jn 20:19-23*  
**5/26** *+Msgr. Creighton, 8am*

**THU** *Ps 29; Isa 1:1-4, 16-20; Rom 8:1-8*  
**5/27** *+Marilyn Crop, 8am*

**FRI** *Ps 29; Isa 2:1-5; Rom 8:9-11*  
**5/28** *+Frank Nichil, 8am*

**SAT** *Ps 29; Isa 5:15-24; Jn 15:18-20, 26-27*  
**5/29** *Marion Lenore Arnold, 8am*

**SUN** The Most Holy Trinity  
**5/30** *Isa 6:1-8 & Ps 29 / Rom 8:12-17 / Jn 3:1-17*  
*+Elsa Karcher, 5pm (Vigil); +James Cauifield, 7:30am; Parish Intentions, 9am; +Judie Albarella, 11am; +Tim Nihil, 1pm; Katherine Hepler, 3pm*

### **Congratulations to all who received their sacraments of First Holy Communion and Confirmation this weekend!**

Thank you to all those who helped prepare the children for their sacraments. Thank you Bishop Dolan for coming and celebrating Mass.

*Beginning on June 6th, 7:30am Mass will be moved to 7:00am.*

### **BULLETIN ANNOUNCEMENTS**

Please send your bulletin announcement, with exact wording, to [nora.mendez@olphchurch.org](mailto:nora.mendez@olphchurch.org) with "Bulletin Request" as the subject by *Monday* for inclusion in the next week's edition.

**Please send all bulletin announcements for June 6, by Wednesday, May 26.**

### *Meet the OLPH Staff!*

Rev. Derek Twilliger  
 Pastor

Rev. Joe Khuyen Van Lai  
 Associate Pastor

#### Deacons

Dennis O'Neil  
 Patrick Root  
 Mark Silvia  
 Daniel Ramos

#### Faith Formation Ministry:

Patrick & Margot Rivera  
 Directors of Religious Ed.  
 619-443-5110

Nathan Poe

Director of Jr. High School (6-8th)  
[nathan.poe@olphchurch.org](mailto:nathan.poe@olphchurch.org)  
 619-443-1477

Alfredo Fuentes

Director of High School  
[alfredo.fuentes@olphchurch.org](mailto:alfredo.fuentes@olphchurch.org)  
 619-443-1477

Nora Mendez

Director of Young Adult Ministry  
 and Communications  
[nora.mendez@olphchurch.org](mailto:nora.mendez@olphchurch.org)

Deacon Mark Silvia

Director of RCIA  
 619-443-7180

Katie Belcher

Director of Music & Liturgy  
[katie.belcher@olphchurch.org](mailto:katie.belcher@olphchurch.org)

#### Parish Office

Gary Grohman - Business Manager  
 Karen Woollard - Office Manager  
[karen.woollard@olphchurch.org](mailto:karen.woollard@olphchurch.org)

#### Maintenance

Nick Nevandro

## A Gospel Reflection from Fr. Joe

### SPIRIT OF LIFE'S NEWNESS

Dear friends in Christ,

First of all, I invite you to say a short and yet beautiful prayer: “Come, Holy Spirit!” This is the kind of prayer prayed by the Apostles gathered in the Upper Room with Mary, the Mother of Jesus, and some other women on that First Pentecost.

In the First Reading from the Acts, Luke tells the story of the coming of the Holy Spirit on Pentecost Day with special events, thus implying a new creation, a repetition of the first creation where the Divine Breath of God gives life. Pentecost comes as the close of Jesus’ ministry of redemption and opens a new age of sanctification, when the fruits of redemption gained by Jesus will be administered to all people by the grace of the Holy Spirit.

Today’s Second Reading from Paul’s Letter to the Galatians reminds us how, as baptized people, we should conduct ourselves, for we have received the Spirit that empowers us to call God, “Abba! Father!” Since we have been born again through faith and have the gift of a new heart and new spirit, we should live by God’s Spirit and are not to gratify the cravings of the flesh. We are not to embrace the worldly ways of living that are opposed to the Spirit.

Without doubt the Holy Spirit is of great importance to all of us. Without him, we, like the Apostles after Jesus ascended into heaven, would be still standing helpless and looking up at the clouds with our mouths hanging open.

Pentecost performs a miracle upon the lives of the Apostles and upon the early Church. Look at what happens to the Apostles on Pentecost. Before that day, they are fearful people hiding behind locked doors. But the Holy Spirit comes upon them, confirming them in faith, invigorating them with truth, and throwing off their discouragement, frustrated dreams, and fears. The Holy Spirit renews in them everything they hear and learn from Jesus, giving them new life and making them new people.

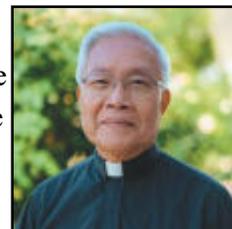
Pentecost also performs a miracle upon the whole world. By the coming of the Holy Spirit the world has been changed. The wind of Pentecost overthrows the pagan idols and divides people into two groups, the believers and the non-believers. A world full of vice has now been resplendent with Christian virtues. Virtues unknown before are now practiced by those whom the Holy Spirit has taken possession: real mutual love, love of holiness, of virginity and purity, love of the cross, of suffering and pain, love of poverty and sacrifice. He renews the face of our souls and we are changed to live as new men and new women. The Holy Spirit is the heart and soul of all Christian life.

John’s gospel speaks of the Holy Spirit as the Advocate sent to us from the Father. He is the Spirit of truth, like an honest lawyer who defends and guides and supports our cause before God and before the world. He urges us to persevere in our beliefs. This description of the Holy Spirit as an Advocate clearly speaks of God’s personal interest in us. The Holy Spirit will guide us into all the truth, making us confident witnesses for the Good News of Jesus, as we show the world that there is more to life than mere survival or pleasure.

Proclaiming God’s Good News of love and truth is what the world today needs so much: truth, because it alone can save from the evil; love, because it alone can give life.

This weekend some of our children received their First Holy Communion and some received Confirmation. We wish and pray that they always be with the Holy Spirit to make them healthy, holy, and happy people. Congratulations!

- Fr. Joe





## Seasons of Hope

### Bereavement Support Group

We are resuming the Seasons of Hope Bereavement Ministry at OLPH.

If you have lost someone you love, you are welcome to join us for Seasons of Hope. It does not matter how long ago it has been. We are a Catholic support group facilitated by people who have lost loved ones.

This Christ-centered support group is for you if any of these are true:

- You are looking for friends in Christ to share your journey of sorrow.
- You've been trying to figure out the meaning of your grief.
- You want to get on with life but haven't been able to.
- You find comfort in the teaching of Christ.
- You are open to new ways of coping with your grief.
- You don't want to feel alone anymore.

Please join us for support, healing, and prayer Wednesday nights at 7pm beginning June 9, 2021

Register with Deacon Mark Silvia:

Phone or Text: (619) 729-6207

Email: [mark.silvia@cox.net](mailto:mark.silvia@cox.net)



OUR LADY OF PERPETUAL HELP

## MINISTRY SUNDAY

EVERY SUNDAY IN MAY AFTER ALL MASSES

### Interested in working for OLPH?

We are looking for someone to fill a janitorial position. It would be 10 to 12 hours a week with no benefits. Call the parish office for more information.

### Eucharistic Home Visits

Have you ever considered taking **Jesus** to parishioners who, due to circumstances beyond their control, can no longer attend Mass? The homebound need you! You would be well trained and shadow a minister until you feel comfortable to be on your own.

Contact: **Mike and Michelle Gandy (619) 449-9359.**

### Ministry of St. Joseph the Worker

We provide help to the sick, the old, and the disabled. We provide rides to church, local stores, doctor appointments, help with minor house repairs, and a list of fair contract workers for larger house repairs. Interested in volunteering or being part of the ministry?

Contact: **Mike Gelsomino 619-561-2393.**

### Homeless Ministry (Faithful Friends)

The parish homeless ministry is in need of socks, large, x-large shirts, jeans, jackets, sweatshirts and sleeping bags. For more information, contact: **Michelle Gandy (619) 449-9359.**

### Small Church Communities (SCC)

Small Church Communities helps us stay spiritually connected to our Faith, the Church & the community by meeting once a week, discussing upcoming Sunday's readings & how to apply the Gospel in our daily lives. Contact: **Michelle Gandy (619) 449-9359.**

### KNIGHTS KORNER



Join the Knights of Columbus! You must be male, 18 years of age or older, & a practicing Catholic. Contact: **Ben Byrne (619)277-8514.**

# As Catholics, we are called to serve.

## You did this to me...

In our lifetime there has been no greater example of this than St. Mother Teresa of Calcutta. Soon after hearing God's voice, she resigned her role as Headmaster of a girls' Catholic school and all of its comforts to work in the city slums with the poorest of the poor. When asked *why?*, she simply responded five words... **You did it to me.**

## What is God calling you to today?

While most of us haven't been graced with hearing the audible voice of God, He *does* often speak to us through the yearnings of our own hearts and calls each of us in different ways.

## Please stop by the tables after Mass!

So, if you have a burning in your heart to serve your parish community, whether it be smoldering embers or bright ribbons of fire, if you have some extra time on your hands and would like to volunteer in something meaningful, or have wanted to help in some way during this crisis but don't know how, I invite you to stop by the tables outside after Mass this month displaying the various ministries OLPH has to offer.

## Want to be Catholic?

If you have been thinking about becoming a Catholic, please contact Deacon Mark for information.

The Rite of Christian Initiation for Adults (RCIA) will begin in September. He is happy to answer any questions you may have about what it means to belong to the Catholic Church and what we believe.

Baptized adults who would like to receive the Sacraments of Eucharist and/or Confirmation are welcome too!

**Deacon Mark**

**(619) 729-6207 or [mark.silvia@cox.net](mailto:mark.silvia@cox.net)**

## Annual Catholic Appeal

To those who have already given to the Annual Catholic Appeal, many thanks! To those who have not contributed to ACA, we need your response to reach our assessment. So please give as generously as you can. Our loving response will help continue the Mission of Jesus.

God's blessings! - Fr. Derek

## Art and Environment

Many thanks to our

Art & Environment team who take the time to decorate the Sanctuary. We ask that you not remove and/or rearrange the set-up. Thank you for keeping our parish beautiful!

Come, Holy Spirit, fill  
the hearts of your  
faithful.

And kindle in them  
the fire of your love.

Send forth your Spirit  
and they shall be  
created.

And you will renew  
the face of the earth.



HAPPY PENTECOST SUNDAY!

**Diocesan Family Life: Catholic Prayer Practices & Mental Wellness** 

Join us at 7:00 P.M. on May 27: Ignatian Spirituality and on June 3: The Mass. Register at <https://tinyurl.com/mentalspiritualwellness> or contact [jprust@sdcatholic.org](mailto:jprust@sdcatholic.org).

**Anuncios para el boletín**

Si tiene algún anuncio en *español*, comuníquese con Nora: [nora.mendez@olphchurch.org](mailto:nora.mendez@olphchurch.org) a lo más tardar *el domingo anterior*.  
Por favor de entregar los anuncios para el 6 de junio a lo más tardar el 26 de mayo.

**Catholic Sports**



All young adults are invited to play season #2 volleyball!  
Saturdays, May 8—June 26 at South Mission Beach.  
Register online at [catholicsports.net/sandiego-sports](http://catholicsports.net/sandiego-sports).



Retrouvaille is a marriage program that helps couples in struggling marriages restore and rebuild a healthy and loving relationship. Visit their website at [www.helpourmarriagesandiego.org](http://www.helpourmarriagesandiego.org).

**Small Group Young Adult Men's Bible Study**

Tuesdays, 7-9 p.m. @ the old St. Joseph Center.  
Contact Daniel at [dyao@catholicsports.net](mailto:dyao@catholicsports.net) with any questions!



Sign up & receive parish updates on Flocknote! Go to [catholiclakeside.flocknote.com](http://catholiclakeside.flocknote.com) or text [IGLESIAOLPH](text:IGLESIAOLPH) to 84576 to receive our newsletter.

**Young Adults on Tuesday Nights** 

We are currently doing Word on Fire: Priest, Prophet, King every Tuesday from 6:45-8:00pm through Zoom.  
Contact Nora at [nora.mendez@olphchurch.org](mailto:nora.mendez@olphchurch.org).

**Lost and Found**

Lost something at church? We have rosaries, missals, keys, jewelry, glasses, jackets, and more! Please stop by the office or the back of the church to check it out!

**Worldwide Marriage Encounter** 

WWME is sponsoring virtual marriage experiences to support married couples during this time. Some are only on weekends & others span multiple weeks on a fixed weekday. Couples will explore their individual personality styles, improve listening & communication skills, understand God's plan for their marriage, & learn how to keep their relationship a priority. Questions?  
Visit <https://wwmema.org/>.

**Encuentro Matrimonial Mundial** 

WWME está patrocinando experiencias de matrimonio virtuales para apoyar a las parejas casadas durante este tiempo. Las parejas explorarán sus estilos de personalidad individuales, mejorarán sus habilidades de escuchar y de comunicar, comprenderán el plan de Dios para su matrimonio y aprenderán cómo mantener su relación una prioridad. ¿Preguntas?  
Visite <https://wwmema.org/> o llame al 203-979-6109.

**Ministerio de Matrimonios OLPH**

Los matrimonios se juntan para el crecimiento del Espíritu Santo todos los martes de 7 - 9pm.  
Los primeros lunes del mes, de 7 - 9pm, hay alabanzas y temas bíblicos en el salón al lado de la iglesia.  
¡Todos los matrimonios son bienvenidos!  
No habrá cuidado de niños.  
Coordinadores: Néstor y Magdalena Morán: (619) 654-4649 o (619) 654-4776.



**Llamado Católico Anual**

Considere donar al *Annual Catholic Appeal* para alcanzar nuestra meta parroquial del 2021. ¡Nuestra Señora del Perpetuo Socorro te necesita! Estamos agradecidos por su apoyo. Si todavía no lo ha hecho, llene un pamfletito y puede dejarlo en la canasta o en la oficina parroquial.

**¿Está interesado en trabajar para la Iglesia?**

Estamos buscando a alguien para una posición de limpieza aquí en nuestra parroquia. El trabajo es de 10 a 12 horas a la semana sin beneficios. Llame a la oficina para más información.

**Encuentros de Conversión Católica OLPH**

Te invitamos a alabanzas y pláticas todos los miércoles en el salón grande de 7 - 9pm. El tercer miércoles del mes alabamos al Santísimo desde las 7 - 9pm en la iglesia.

**Apostolado del Señor de la Divina Misericordia**

Están invitados todos los domingos de 11am a 12:30pm a rezar la coronilla y aprender más acerca de la Divina Misericordia en el salón 5. Información: Rocío Fortino al 619-517-9598

**Talleres para Ministros Litúrgicos**

Los talleres de formación de ministros litúrgicos se llevarán a cabo en línea en mayo. Visite el sitio diocesano para registrarse y obtener más información al [sdcatholic.org/workshops](http://sdcatholic.org/workshops).

**El Apostolado de María en la Iglesia Doméstica**

Están invitadas a todos para rezar en familia. Más información con Maria Elena al 619-357-5305.

**Los Apóstoles Más Amados**

Ministerio del Pastoral Juvenil para jóvenes en la preparatoria o de 13 a 17 años de edad. Más información con Jenny en Instagram

**Ministerios Litúrgicos**

Si está interesado en participar como lector, ministro de hospitalidad o ministro de la eucaristía, comuníquese con la oficina de la iglesia.

Ven, Espíritu Santo,  
Llena los corazones de  
tus fieles  
y enciende en ellos  
el fuego de tu amor.

Envía, Señor, tu Espíritu.  
Que renueve la faz de la  
Tierra.



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