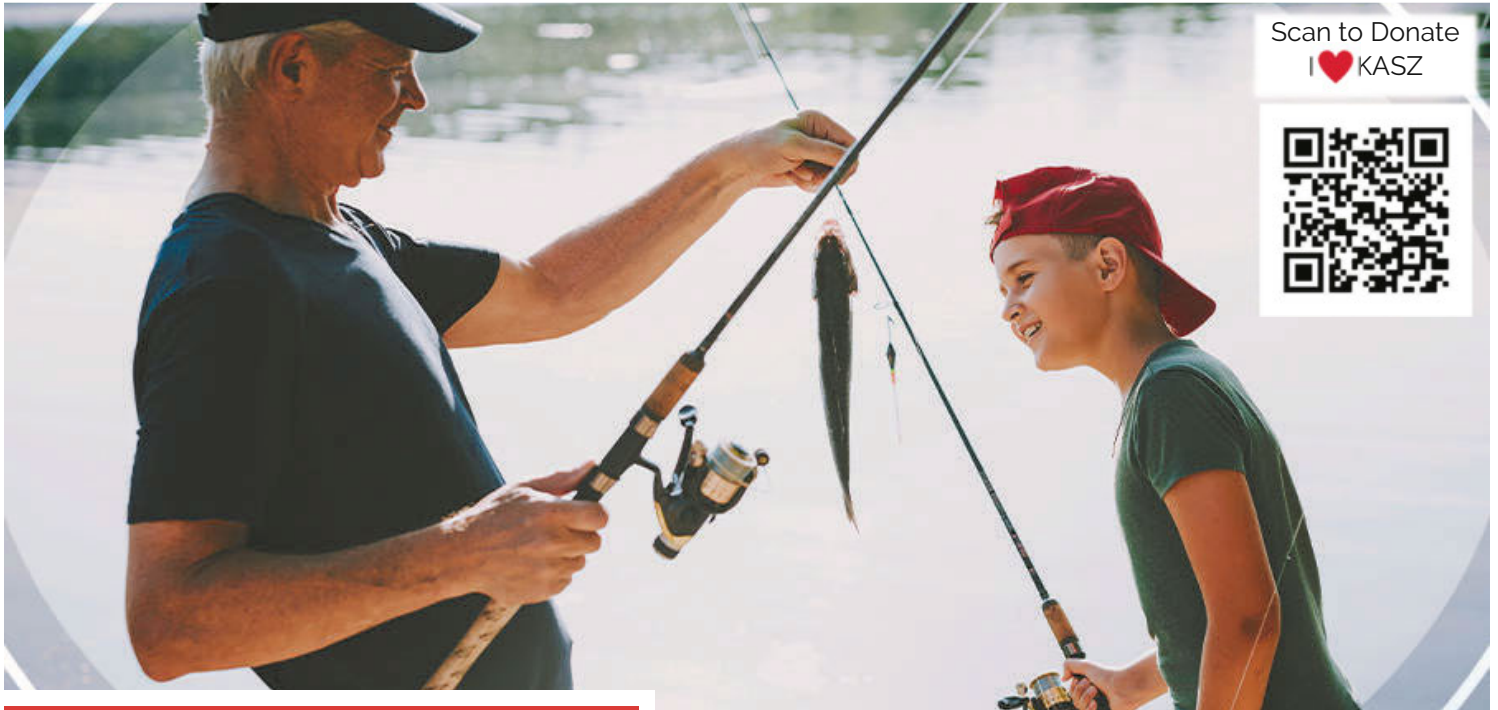




# THE ZONE

## Kyle Area Senior Zone Newsletter



Scan to Donate  
I ❤️ KASZ



**JUNE ISSUE | 2022**



*We Love Our Volunteers!*

Please visit [kasz.org/news/volunteering/](http://kasz.org/news/volunteering/) for ways you can volunteer at KASZ.

### WHAT'S INSIDE

News & Menu	02
Bridging Cultures <i>(Uniendo Culturas)</i>	03
Calendar	04
Don't Delay the Talk	05
Upcoming Events	06
Community Corner	07
Food & Fun	08

### SUPPORT OUR SENIORS

We love KASZ! How about you?!  
Thank you for your support!

 <https://kasz.weshareonline.org>

### UPCOMING EVENTS— MEMBERS PLEASE WEAR YOUR NAME BADGE TO SIGN-IN

#### LET'S CELEBRATE! - HOLIDAYS

- ▶Juneteenth Flag Raising Ceremony  
Sun., June 19<sup>th</sup> 11:30a  
The City of Kyle's First Flag Raising Ceremony. Speakers, Food, Music & More! Details on pg 6
- ▶Flag Day Lunch (\$5.00 per meal)  
Tue., June 14<sup>th</sup> 12:00p  
Come dressed in Red, White & Blue as we celebrate Flag Day!



#### LET'S PLAY! - GAMES

- ▶Bunco Details on pg 6  
Thurs., June 9<sup>th</sup> 12:30p - 2:00p  
Come roll the dice in this game of luck. Please bring a snack to share.
- ▶National BINGO Day  
Mon., June 27<sup>th</sup> 1:00p - 3:00p  
Come play BINGO!

#### LET'S CREATE! - CRAFTING

- ▶Diamond Painting Club  
Weds., Starting June 22<sup>nd</sup> 1:00p  
A fun art project where you "paint by numbers" with crystals. Bring your own project or purchase a starter kit. Contact Janis: [janisclingsmith@gmail.com](mailto:janisclingsmith@gmail.com) to order your starter kit. Details on bulletin board

#### LET'S LEARN! - GUEST SPEAKER & WORKSHOPS

- ▶Tea & Talk w/ Peak Physical Therapy  
Wed., June 15<sup>th</sup> Details on pg 6 1:00p  
Drink some tea & learn about core exercises for improving balance. Q&A

#### LET'S PREPARE! - VOLUNTEER OPPORTUNITY

- ▶Juneteenth Preparation Day  
Thurs., June 16<sup>th</sup> 1:00p - 3:00p  
All hands on deck! Please help with the final needs for 6/19.

*Get in the Zone! Immerse yourself in a Community of Fun, Active & Energized Adults!*



### Birthdays

- 2<sup>nd</sup> - Marcy Regalado
- 4<sup>th</sup> - Pat Chisholm
- 8<sup>th</sup> - David Downs
- 11<sup>th</sup> - Dawn Conley
- 15<sup>th</sup> - Henry Duran
- 17<sup>th</sup> - George Mitchell
- 24<sup>th</sup> - Donna Oliver
- 28<sup>th</sup> - Shirley Koehler
- 29<sup>th</sup> - Pauline Castillo



### JUNE HOLIDAYS

- National Men's Health Month
- Alzheimer's & Brain Awareness Month
- 6<sup>th</sup> - D Day
- 8<sup>th</sup> - National Best Friends Day
- 14<sup>th</sup> - Flag Day
- 19<sup>th</sup> - Father's Day & Juneteenth
- 21<sup>st</sup> - 1st Day of Summer



### MENU \$5 PER PERSON

*\*Subject to Change\**

- 7<sup>th</sup> - [Texas Pie Company]  
Chicken Pot Pie, Roll, Dessert & Beverage
- 14<sup>th</sup> - [Marco's Pizza] dessert provided by Peak Physical Therapy & Sports Medicine Center  
Italian Club, Side, Dessert & Beverage
- 21<sup>st</sup> - Sponsored: Suncrest Home Health & Hospice (BBQ Lunch)  
Brisket, Side & Dessert & Beverage
- 28<sup>th</sup> - [Koy Chinese & Sushi]  
Moo goo gai pan, Fried Rice, Dessert & Beverage



### MIND TEASER

Why do fathers who golf take an extra pair of socks?

*(answer on pg. 8)*

*"When we honor our flag,  
we honor what we stand for as a  
Nation -- freedom, equality, justice,  
and hope."  
- Ronald Reagan.*



### WHERE WE ARE (10/1/21 - 4/30-22) DONATIONS...

#### BUILDING FUND DONATIONS

*We have transferred \$45,850 to the City toward our \$200k portion for the shovel-ready plans. This amount excludes the \$75k we have in reserve in our Money Market bank account.*

- \$ 25,000 KASZ donation to Building Fund
- \$ 75,000 KASZ reserves in our Money Market
- \$ 20,341 Building Fund donations *(Includes WeShare donations)*
- \$ 5,369 Building Fundraising *(Elvis, BBQ, Superbowl, Games)*
- \$ 125,710 TOTAL**



*Bridging Generations...  
Leaving a Legacy*

*Donation comments among Building & General Funds:*

- (\$100) "This is given in memory of Jean Winn (1935 - 2015) KASZ Member and frequent Board Member from 2007 - 2015 also served on many committees." Ed Winn
  - (\$100) "I hope this little bit helps. Praying for this endeavor to finally get off the ground." Nancy Gottschall
  - (\$250) "Per request of Charlotte Clayton a current member. Hope you reach your goal. Regards, Eric Ross"
  - (\$1,000) "In Memory of Wendel (Mac) McAdams" Eva McAdams
- ~ Anonymous Donors: \$10,000, \$5,000 and many more! ~*

#### GENERAL FUND DONATIONS

*We can use General Fund donations (including I Love KASZ) for programs, general expenses, and/or Building Fund donations. However, we cannot use designated Building Fund donations for any general fund expenses.*

- \$ 1,900 I Love KASZ donations
- \$ 1,080 General Fundraising *(Easter, Pancake, Rummage, Santa)*
- \$ 2,980 TOTAL**

### LETTER FROM THE PREZ

HELLO KASZ MEMBERS AND FRIENDS OF KASZ...

The Summer heat is already here. Please stay cool, hydrated & safe from the heat. Remember, KASZ is a cool place to hang out when its hot.

Above, you will find the breakdown of our donation funds (Building & General). We are getting closer to our goal. Keep on sharing about KASZ and it's mission. Don't forget about Amazon Smile...where your shopping helps KASZ. Let family & friends know how they can gift towards KASZ's mission. Together we can reach our goal! Thank you to all those who have donated & pledged.

KASZ's calendar is opening up for new activities during the Summer. Don't miss out, come participate. Wear red, white and blue to Tuesday (6/14) Lunch, in honor of Flag Day. Mark your calendars for a historical activity hosted by KASZ and A&R Auto Center, on June 19th. Kyle's first Juneteenth Flag Raising Ceremony. The day is about celebrating unity & freedom, perfect to add to your Father's Day plans.

Lastly, thank you to all the volunteers that help in so many ways to keep KASZ going for the members and the community. You are the heart of KASZ.

Team KASZ, Larry Simone



**THANK YOU**  
*for your generosity*



Please thank these businesses/organizations for their contributions towards helping our Pancake Breakfast be a Success!

**Pete Longoria w/  
Texas Health Plans**

Website: <https://txhealthplans.com>

**Whataburger (Kyle)**

5401 Farm to Market 1626  
Kyle, TX 78640

***Thank you to all the volunteers who helped throughout the day!***

Please thank all those who helped with the Silent Auction Donations. Visit <https://kasz.org/events-activities/fundraisers/silent-auction/> for a list of businesses & individuals who donated items.

## KASZ IN THE COMMUNITY

Over the next few months you will start seeing changes to the newsletter, website and calendar. Starting with the newsletter, a link and QR code will connect individuals to the current monthly activity calendar in Spanish. At this time, KASZ is unable to publish their newsletter in Spanish, but we are working on a Spanish translation of our website to help bridge languages.

KASZ's calendar is opening up and we are excited to bring back Lotería. In addition, Tejano Dance is in the works of becoming a monthly activity. Look for new movies at the Silver Screen that showcase the Mexican heritage too!

Our doors are always open to all Seniors who benefit from our activities and we hope the new additions will build a bridge in cultures and languages.

En los próximos meses comenzará a ver cambios en el boletín, el sitio web y el calendario. Comenzando con el boletín, vamos a incluir un enlace y un código QR para conectar a las personas con el calendario actualizado de actividades mensuales en español. En este momento, KASZ no puede publicar su boletín en español, pero estamos trabajando en una traducción al español de nuestro sitio web para ayudar a unir idiomas.

Estamos agregando eventos al calendario de KASZ y estamos emocionados de traer de vuelta la Lotería. Además, la Danza Tejana está en el proceso de convertirse en una actividad mensual. ¡Busque nuevas películas en la Pantalla Grande que también muestren la herencia mexicana!

Nuestras puertas siempre están abiertas a todas las personas mayores que se benefician de nuestras actividades y esperamos que las nuevas incorporaciones construyan un puente en culturas e idiomas.



True or False?

More men die from prostate cancer than from any other type of cancer.

(answer on pg. 8)



Do you know a KASZ member who needs a Thinking of You, Get Well or Sympathy card?

Please email their name, address (if known) & reason for card to [kasz78640@gmail.com](mailto:kasz78640@gmail.com)



*Life's Short, Eat More Pie*  
-----  
*Serving Texas since 1988*  
*Happy Baking Y'all!*

Julie Albertson & Spencer Thomas  
202 W. Center • Kyle, TX  
[texaspie@austin.rr.com](mailto:texaspie@austin.rr.com)  
512-268-5885 • [texaspiecompany.com](http://texaspiecompany.com)

**PLEASE JOIN US ON SUNDAYS AT THE KYLE AREA SENIOR ZONE FOR A MUSICAL JAM SESSION!**

**AS THE CENTER IS BEGINNING TO OPEN UP, WE WILL ALSO HAVE GREAT MUSICAL PROGRAMS OF INTEREST TO ALL!**

**STAY TUNED FOR MORE INFORMATION!!!**

**Place Your Ad Here and Support our Community!**

Instantly create and purchase an ad with

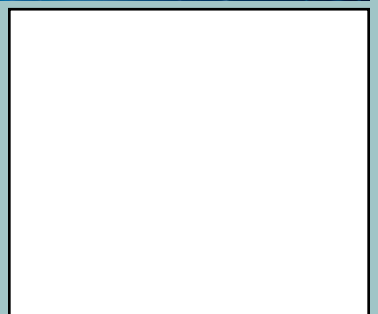
**AD CREATOR STUDIO**



[lpicommunities.com/adcreator](http://lpicommunities.com/adcreator)



Serving the Community Since 2001  
**Sid & Maria Morales**  
Owners  
2600 GOFORTH RD • KYLE, TX  
512-262-2955  
[marilupe12.mm@gmail.com](mailto:marilupe12.mm@gmail.com)  
[mmbodyandautorepair.com](http://mmbodyandautorepair.com)



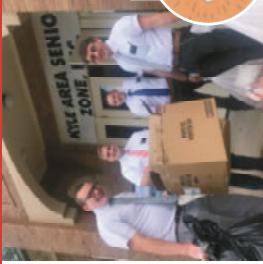











**ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?**

TO ADVERTISE HERE CALL 800.950.9952  
or visit [www.lpicommunities.com/advertising](http://www.lpicommunities.com/advertising)

# KASZ JUNE 2022 CALENDAR

DATES, TIMES & PARTICIPATION FEES SUBJECT TO CHANGE

LIMITED LUNCHES. PLEASE COME EARLY TO PURCHASE YOUR LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>REINDER:</b> Some activities are held at the Kyle Public Library (550 Scott St.) Please check location, found under certain activities.</p>	 <p>1:00p - Crafty Club Loc: Krug Activity Center</p>	<p><i>Please remember to thank our many volunteers!</i></p>  <p>(pictured left: Tuesday lunch volunteers from The Church of Letter-day Saints)</p> <p>9:00a - Games 12:00p - Luncheon 1:00p - Games <b>Cancelled</b></p>	<p><b>BUILDING CLOSED</b></p>	<p>(1 hour delay) - Game Night 6p-9p Loc: Krug Activity Center</p>	<p><b>CITY USE OF BUILDING</b></p>	
<p><b>12</b> KASZENIARS Singing Club 2:00p - 4:00p</p> <p><b>COUNTRY WESTERN DANCE</b> (\$5 donation) 6:00p - 9:00p</p> 	<p><b>13</b> - Senior Crafts 1:00p focus: Neck Tie Crafts &amp; More! Loc: Krug Activity Center - Kyle Quilters 6:00p Loc: Krug Activity Center</p>	<p><b>14</b>  <b>Flag Day</b> - Games 9:00a - Flag Day Luncheon 12p - Games 1:00p - 4:00p  Blood Pressure Screening 12:30p - 1:30p</p>	<p><b>15</b> <b>- Tea &amp; Talk with Peak Physical Therapy</b> 1:00p</p> 	<p><b>16</b>  - Penny BINGO KASZ members only 10:30a - 12p - Volunteer Day Focus: Juneteenth 1:00p - Game Night 5p-9p</p>	<p><b>17</b> <b>Community Event:</b> Dialogue for Peace and Progress 2022- Celebrating Juneteenth Loc: City Hall 7:00p - 8:30p</p>	<p><b>18</b> Kyle Quilters: Sew-all-Day! Potluck (please bring a dish to share) 8:30a - 4:30p</p>
<p><b>19</b> <b>Juneteenth Flag Raising Ceremony</b> 11:30a (details on pg 6)</p>  <p><b>HAPPY Father's DAY!</b></p> 	<p><b>20</b> - Slice of Art 1:30p focus: Cactus Rocks Loc: Krug Activity Center</p>	<p><b>21</b> - Games 9:00a - Luncheon 12:00p - Games 1:00p-4:00p</p>	<p><b>22</b> - Game Day 1p-3p - Planners Club 1p - 3p - Diamond Painting 1p</p>	<p><b>23</b> - Beg. Line Dance Class 10:30a - 12:00p - Game Night 5p-9p</p>	<p><b>24</b>  <b>Silver Screen</b> Movie: Father of the Bride (1991) Time: 4p Hosted by the Kyle Public Library &amp; KASZ Location: Kyle Public Library</p>	<p><b>25</b> <b>KASZ SATURDAY NIGHT DANCE &amp; SOCIAL</b> 6:00p- 9:00p \$5 Tip Appreciated</p> 
<p><b>26</b></p> <p><b>NATIONAL BINGO DAY</b> 1:00p - 3:00p Come play! Come Win!</p>	<p><b>27</b> <b>NATIONAL BINGO DAY</b> 1:00p - 3:00p Come play! Come Win!</p>	<p><b>28</b> - Games 9:00a - Coffee Talk 9:00a - Luncheon 12:00p - Games 1:00p-4:00p</p>	<p><b>29</b> - Game Day 1p-3p - Planners Club 1p - 3p - Diamond Painting 1p</p>	<p><b>30</b> - Beg. Line Dance Class 10:30a - 12:00p - Game Night 5p-9p</p>	<p><b>Community Event:</b> Build A Native Bee House (registration and fee required) 8:00a - 12:00p Location: Krug Activity Center</p> 	

# DON'T DELAY THE TALK

Kyle Area Senior Zone

**An early Alzheimer's diagnosis can make a big difference**

- After 30 years of painting commercial buildings, Mario Martinez of San Jose, CA, had experienced days like this before - grueling hours under a sun-soaked sky, doing back-breaking work. He loved his job, but after spending hours outside he was ready to go home. Mario bent down to pick up his paintbrush, roller & can. Turning back to look at his day's work, he paused. His heart sank. He knew something was wrong. ♦ "Mario came home & told me he had painted the wrong side of the doors on the building," his wife Veronica said. "It was alarming because he's been painting buildings for years & never made this kind of mistake. It worried us both." The couple had both noticed that Mario seemed to be more forgetful recently, but neither had shared their concerns with the other. Now that Mario's memory lapses were interfering with his work, it was time to talk. **Take action through conversation** - "Veronica told me I was asking for more & more help," Mario said. "I told her that I was forgetting a lot of the things she asked me to do. The more we talked, the more I realized

I had a problem. I was forgetting many moments in my life & not enjoying activities that I had enjoyed before." ♦ The couple's difficult conversation led Mario to his doctor's office, & he was eventually diagnosed with Alzheimer's. ♦ Mario is not alone. He is one of more than 5 million Americans living with Alzheimer's - a fatal brain disease that causes problems with memory, thinking & behavior. Every 65 seconds someone in the USA develops Alzheimer's disease & it's the country's sixth-leading cause of death. ♦ Despite Alzheimer's growing impact, many families struggle with discussing the issue. A recent Alzheimer's Assoc. survey reveals that 72% of Americans say that talking to close family members about cognitive decline would be challenging for them. However, having these difficult, but important conversations sooner can prevent a crisis & improve health options & outcomes. **Reach out for help** - To encourage & help more families discuss cognitive problems sooner, the Alzheimer's Assoc., in partnership with the Ad Council, has launched the "Our Stories" campaign. "Our Stories" features real stories of

people who noticed cognitive changes in a family member & took the first, difficult step to initiate a conversation. ♦ "It's understandable that many families are reluctant to express their concerns & start a conversation, but there are good reasons to do so," said Ruth Drew, director of information & support services, Alzheimer's Assoc. "Initiating conversations sooner can enable early diagnosis, which offers many important benefits, including allowing more time for critical care planning, better disease management & providing diagnosed individuals a voice in their future care." ♦ The "Our Stories" website, <https://ourstories.alz.org>, offers families tools & resources, including customizable conversation starters, a list of early signs & symptoms of Alzheimer's, benefits of early diagnosis, a downloadable discussion guide & other resources. ♦ Whether you're noticing changes in yourself or a loved one, starting a conversation about Alzheimer's can be difficult, but it can make a big difference & there are resources to help. When something feels different, it could be Alzheimer's - now is the time to talk. (Courtesy of BPT)

<p><b>GROW YOUR BUSINESS BY PLACING AN AD HERE!</b></p> <p><b>CONTACT US!</b></p> <p>Contact Alex McDowell to place an ad today!  <a href="mailto:amcdowell@lpicommunities.com">amcdowell@lpicommunities.com</a>              or (800) 477-4574 x6677</p> 	<p><b>Kyle Buda Kiwanis Club</b></p> <p>Make a Difference to the Children's Lives! Become a Kiwanian!</p> <p>#KIDSNEEDKIWANIS              #KIWANISNEEDSYOU              #JOINKIWANIS</p> <p><b>CONNECT WITH US:</b>              FACEBOOK: @KYLEKIWANIS              EMAIL: KYLEBUDAKIWANIS@GMAIL.COM</p> 	
<p><b>Affordable &amp; Reliable</b></p> <p><b>A+R AUTO CENTER</b></p> <p><i>Striving to earn your business!</i></p> <p><a href="mailto:aandrautocenter@yahoo.com">aandrautocenter@yahoo.com</a>              2600 Goforth Rd., Kyle, TX • 737-404-0042</p>		

<p><b>Care Patrol™</b>              Safer Senior Living. Your Goal, Our Mission.</p> <p>We help families find Independent Living, Assisted Living, Memory Care and In Home Care Services <b>FREE OF CHARGE.</b></p>	<p><b>Call us today to discuss your needs</b></p> <p><b>Anna McMaster</b>  <a href="mailto:amcmaster@carepatrol.com">amcmaster@carepatrol.com</a>              512-712-4894  <a href="http://carepatrol.com">carepatrol.com</a></p> 
---	--

©2021 CarePatrol Franchise Systems, LLC. Each office is independently owned and operated. CarePatrol is an equal opportunity employer.

## UPCOMING EVENTS

Kyle Area Senior Zone

### Shake, Rattle,

# BUNCO TIME



### & Roll!

**BUNCO**  
**JUNE 9th | 12:30p**

It's the luck of the roll. Do you feel lucky? Come play Bunco, a fun dice game where rolling three of a kind is the goal! *2<sup>nd</sup> Thursday of each Month*  
~ Bring a snack to share ~

Loc: KASZ

### Tea & Talk: Come Learn!



**TEA & TALK W/ PEAK  
PHYSICAL THERAPY**  
**JUNE 15th | 1:00P**

Peak Physical Therapy & Sports Medicine Center will be visiting with a physical therapist. Drink some tea & learn about core exercises for improving your balance. There will be time for Q&A with a physical therapist too!

Loc: KASZ



Hosted by: KASZ and A&R Auto Center

**JUNETEENTH FLAG RAISING  
CEREMONY & PICNIC**  
**JUNE 19th | 11:30A**

Did you know that Juneteenth has a flag? Come to the City of Kyle's first Juneteenth Flag Raising Ceremony & picnic. Learn about the history of the day and the message behind the flag. Speakers, music, food, & more!

Loc: KASZ &  
Mary Kyle Hartson City Square Park

# NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at [www.mycommunityonline.com](http://www.mycommunityonline.com)



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Kyle Area Senior Zone, Kyle, TX

C 4C 05-1868

# HAPPENINGS AROUND YOU\*

- **Tejano Night at the Railhouse (Kyle):** *Thursdays, 7pm* loc: 107 E Center St.
- **WC Clarke: Godfather of Austin Blues plays at Buck's Backyard:** *Thursdays, 6pm - 7:30pm* Loc: 1750 Farm to Market 1626, Buda
- **National Trails Day Scavenger Hunt:** *Sat., 6/4, 9am - 12pm*, The City of Kyle Parks & Recreation Department invites you to participate in a Scavenger Hunt at Waterleaf Park, 628 Abundance Lane. The event is free for all participants. *Registration is required.* To register visit <https://teamsideline.com/kyle>
- **Kyle Market Days - Celebrating Juneteenth:** *Sat. 6/11, 9am-2pm*, There will be a special Juneteenth Proclamation & live performances as well as local vendors, arts & crafts, farm to market items & more! **KASZ has a booth** Loc: 101 S. Burlleson St, Kyle - Mary Hartson Kyle City Square Park
- **Dialogue for Peace and Progress 2022- Celebrating Juneteenth:** *Fri. 6/17, 7pm - 8:30pm*, The Dialogues for Peace & Progress is an event series that works to join community members and leaders for open and honest conversations to raise awareness and, if necessary, facilitate change in the City of Kyle. Loc: Kyle City Hall, 110 W. Center St
- **Kyle Railroad Depot and Museum** *Every Saturday 10am-2pm* throughout the year welcomes visitors and volunteers.

*\*Times & Dates Subject to Change*

Email: [kasz78640@gmail.com](mailto:kasz78640@gmail.com) to share community events in newsletter



## Build A Native Bee House

**Date:** Sat., June 25<sup>th</sup>

**Time:** 8am - 12pm

**Loc:** Krug Activity Center  
101 S. Burlleson St.

Registration required. \$3.00  
<https://teamsideline.com/kyle>

At Legend Oaks, we ensure a comfortable and compassionate environment for your loved one. We are dedicated to working with patients and their families to maximize outcomes and quality of life.



**MEDICARE-RATED FACILITY**

**Admissions Accepted 24/7**

**For questions, tours or requests for more information, our nurse liaison, Amy Saenz, is available 7 days a week at**

**512-734-6467**

1640 Fairway, Kyle, TX 78640 • [www.legendkyle.com](http://www.legendkyle.com)



*Legend Oaks, the Heart of Kyle*

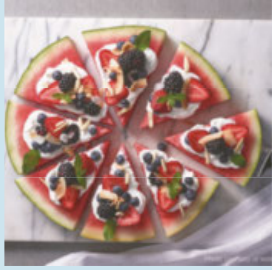
- Short-Term Rehab & Skilled Nursing
- Long-Term Medical Care
- Outpatient Therapy Services
- Palliative Nursing Program
- Specializing in Wound Care
- Respite Care
- Hospice Services

# SUPPORT OUR ADVERTISERS!



# KASZ IN THE KITCHEN

Have a recipe to share? Email: [kasz78640@gmail.com](mailto:kasz78640@gmail.com)



## Sweet Watermelon Pizza

When it comes to fresh fruit, watermelon is a top pick in many households. It's available year-round and makes for a nutritious snack, but its great taste is the reason most people buy watermelon, according to research from the National Watermelon Promotion Board. Not only is watermelon a tasty snack by itself, it's a great complement to other flavors, making it easy to create flavorful pairings. This sweet take on pizza combines watermelon with a host of other good-for-you ingredients for a delicious treat. Healthy enough for breakfast and sweet enough for dessert, this pizza can make its way into your weekly meal rotation. Watermelon travels well, so this recipe makes for an ideal take-along snack when you're on the go.

- Greek yogurt
- Shredded coconut
- Slivered almonds

- Watermelon, cut to 1-inch thick round slice
- Mint
- Berries, such as blueberries, strawberries, or blackberries

Spread yogurt to cover fleshy part of watermelon, leaving room to hold rind. Sprinkle with coconut, mint, berries, and almonds, or other toppings, as desired.

(Courtesy of Family Features) ©LPi



## Father's Day: True or False



- The first Father's Day was celebrated on June 19, 1910?  True or  False
- Chocolates are the most common gift given on Father's Day?  True or  False
- Archimedes is considered to be the father of history?  True or  False
- In Thailand, Father's Day is celebrated on the same day as the late King Bhumibol Adulyade's birthday.  True or  False
- Father's Day is always on the same date each year?  True or  False
- George Washington is called the father of our country?  True or  False
- The day honoring dads was started by Sonora Smart Dodd?  True or  False
- The exact day Father's Day falls depends on the moon?  True or  False
- Vatertag means Father's Day in the Italian language?  True or  False
- Male Seahorses, not females, give birth?  True or  False
- White and red roses are universally considered the official flowers to gift on Father's Day?  True or  False
- Ramajit Raghav was the oldest person to father a child at the age of 96.  True or  False
- In Tibet, it's a Father's Day tradition for the men of the village to tickle each other until the weakest one starts crying?  True or  False

## ANSWERS

Mind Teaser (pg 2) : In case they get a hole in one!

Men's Health (pg 3): False - Lung cancer is the leading cause of cancer deaths in both men & women in the U.S. Prostate cancer is second for men. The American Cancer Society estimates that one in 41 men will die from prostate cancer.

Father's Day True or False (pg 8):  
(1) T (2) F, clothing (3) F, Herodotus (4) T (5) F, third Sunday in June (6) T (7) T (8) F (9) F, German (10) T (11) T (One wears a white rose flower to honor the deceased father & presents a red rose to the living father in order to convey the reverence and love for him (12) T (13) F