

ST. ANASTASIA CATHOLIC CHURCH

FIRST SUNDAY OF ADVENT

DECEMBER 3RD, 2023



PASTOR

Rev. Leszek Semik

ASSOCIATE PASTOR

Rev. Greg Rozborski

PRIEST IN RESIDENCE

Rev. Msgr. Gregory Cox

DEACON

Jose "Joe" Viola

PASTORAL ASSOCIATE

Dianalee Dupree

BUSINESS MANAGER

Fred Balsz

WEEKEND MASSES

Saturday: 5PM Vigil Sunday: 7:30AM, 9AM,

11AM, 5PM

DAILY MASSES

Mon, Wed, Fri: 6:30 AM, 8AM Tues, Thu, Sat: 8AM

CONFESSION

Wednesdays: 5:15 - 5:45PM Saturdays: 3:30 - 4:45PM

PARISH OFFICE HOURS

Mon-Fri: 8:30AM - 4:30PM Closed for lunch 12:30-1:30 (CLOSED WEEKENDS)

7390 W. Manchester Ave Los Angeles, Ca 90045 (310) 670-2243

Contact Us:

Parish@st-anastasia.org





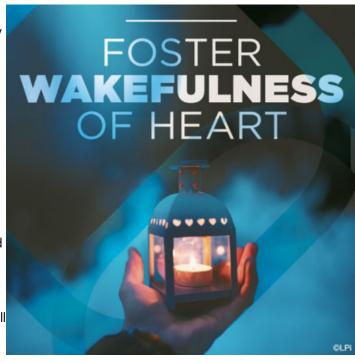


GOSPEL MEDITATION

1st Sunday of Advent

Lately I've been listening to a science-based podcast on healthy daily living. The host frequently discusses the wide range of health benefits of sleep. So, each night I'm trying to get more, and better, slumber, and it's helping me feel energized. So, why in the world should we follow Christ's advice this week? "Watch therefore, for you do not know when the master of the house will come ... lest he find you asleep." Isn't sleep, especially at midnight and cockcrow, a good thing?

Of course, it is. But the wakefulness the Lord calls us to is a deep, personal orientation to Him. A nightly vigil is therefore a metaphor for this, but it's not just that. We should give up real sleep in order to pray, too. This difficult practice is a time-tested way to foster wakefulness of heart. When we give up sleep to pray, it focuses us. We learn that life is not an endless series of days. You and I belong to the Lord — awake or asleep, in life and in death. Sooner or later, even our need for our physical sleep will pass away. And our attentiveness to God — that is, whether we are awaiting Him to meet us — will be all that matters.



May I challenge us this week and this Advent to intentionally give up at least one hour of sleep each week for prayer? Stay up later, wake up in the middle of the night, or an hour earlier, and pray. Will we be a bit more tired the next day? Yes. But we'll be amazed at the spiritual wakefulness that results, too. — Father John Muir ©LPi

HALLOW APP THIS ADVENT

We have partnered with Hallow this Advent; encouraging all parishioners to prepare their hearts this season by incorporating prayer into each day. This Advent, we're inviting you to join Hallow's #Pray25 Challenge:

Join Liam Neeson, Jonathan Roumie, and other amazing guests as we prepare for the birth of Jesus with reflections on the writings of C.S. Lewis. With powerful excerpts from The Four Loves, Mere Christianity, The Great Divorce, and more, we'll meditate on the three comings of Christ – personally into each of our hearts, His Second Coming at the end of time, and as an infant at Christmas. For a limited time,

Hallow is offering a 30-day free trial, allowing you acces to the Advet Pray25. .

Download the app and see how this tool can enrich your prayer life.

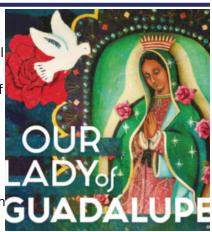
Will you accept

your prayer life.
Will you accept
the Hallow
#Pray25 Advent
Challenge?

OUR LADY OF GUADALUPE

Sister Teresita has blessed our Parish with celebrating the beautiful tradition of "Holy Mary of Guadalupe, mother of life and peace," here at St. Anastasia for over 6 years.!

Join us December 12th at 5PM for Mass, followed by a celebration with music and food! More details to come.



BULLETIN ANNOUNCEMENTS

Deadline for any pulpit announcements is **Thursdays by 12N**. If you have any announcements for the bulletin, please email bulletin@st-anastasia.org. December 17th bulletin content due: **Thursday, December 7th.**

MASS INTENTIONS, WEEKLY READINGS, & MASS CELEBRANTS

DAILY PRAYERS

PERSONAL PRAYER IN THE CHURCH TENT

The Church is open every day:

MONDAYS & FRIDAYS: 6AM - 5PM

TUESDAYS & THURSDAYS: 7AM - 5PM

WEDNESDAYS: 6AM - 6PM

SATURDAYS & SUNDAYS: 7AM - 6PM

DIVINE MERCY CHAPLET + ADORATION

In the Tent - Wednesdays at 5PM

DAILY ROSARY

Monday-Saturday following all 8AM Masses and after 6:30AM Masses on Mon, Wed and Friday

(6:30 Mass temporarily suspended during renovation. Mass Intentions are privately prayed).



SACRAMENTAL PREPARATION

BAPTISM:

Parents and Godparents are required to participate in a pre-Baptism Preparation Course through the Los Angeles Archdiocese at www.LaCatholics.org/baptism. Call the Parish Office at 310-670-2243 for information on the completion of all requirements. All requirements are to be

completed 4 weeks prior to a scheduled Baptism.

FIRST RECONCILIATION, HOLY COMMUNION & HS CONFIRMATION:

Please contact Dianalee Dupree

Call: 310-670-2243 Ext. 51 or Email: DDupree@st-anastasia.org

Adult Baptism, Confirmation and Eucharist (OCIA):

for information on becoming Catholic contact Parish Office at

310-670-2243 or Email: parish@st-anastasia.org

MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed wedding date. Call the Parish Office: 310-670-2243.

ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family. **DON'T WAIT UNTIL THEIR CONDITION BECOMES DIRE**. Call the Parish Office 310-670-2243 or

Email: parish@st-anastasia.org

MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones. Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.

FUNERAL PLANNING:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.

MASS INTENTIONS & READINGS FOR THE WEEK

Birthday ★ Support ◆ Anniversary ♥ Memorial &

SUN, December 3rd: 1st Sunday of Advent

Is 63:16b-17, 19b; 64:2-7/Ps 80:2-3, 15-16, 18-19 (4)/1 Cor 1:3-9/Mk 13:33-37

7:30 AM - Tom Mallen ★

9 AM - St. Anastasia Parishioners

11 Am-Bernadeta Semik 🕆

5PM -Maria de los Angeles Guzman & Bartolo de la Rosa 단다

MON, December 4th:

Is 2:1-5/Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9/Mt 8:5-11

6:30 AM -Sr. Teresita ★

8 AM - David Liebl 17

TUESDAY, December 5th: St. John Damascene, Priest and Doctor of the Church

Is 11:1-10/Ps 72:1-2, 7-8, 12-13, 17/Lk 10:21-24

8 AM - Tracy Zaidi ◆

WED, December 6th: St. Nicholas, Bishop

Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6/Mt 15:29-37

6:30 AM - Chris Wyatt &

8 AM - John Morgan &

THUR, December 7th: St. Ambrose, Bishop and Doctor of the Church

Is 26:1-6/Ps 118:1 and 8-9. 19-21. 25-27a/Mt 7:21. 24-27

8am - Richard Shakouh •

5pm -Rose Morgan ◆

FRIDAY, December 8th: The Immaculate Conception of the Blessed Virgin Mary

Gn 3:9-15, 20/Ps 98:1, 2-3ab, 3cd-4/Eph 1:3-6, 11-12/Lk 1:26-38

6:30 AM - Harriett Hofmann ★

8 AM- Nora Jayne & Family ◆

5 PM- Theresa Caruso &

SATURDAY, December 9th: St. Juan Diego Cuauhtlatoatzin

Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6/Mt 9:35-10:1, 5a, 6-8

8 AM- Emily Shakouh ◆

5PM-Bernadeta Semik 🕆

NEXT SUNDAY'S MASS CELEBRANTS & READINGS

SAT: 5PM	Fr. Leszek
SUN: 7:30AM	Fr. Rozborski
SUN: 9AM	Msgr. Cox
SUN: 11AM	Fr. Leszek
SUN: 5PM	Fr. Rozborski

First Reading: A voice cries out: In the desert prepare the way of the LORD! Make straight in the wasteland a highway for our God! (Is 40:3)

Psalm: Lord, let us see your kindness, and grant us your salvation. (Ps 85)

Second Reading: We await new heavens and a new earth in which righteousness dwells. (1 Pt 1:13)

Gospel: "John the Baptist appeared in the desert proclaiming a baptism of repentance for the forgiveness of sins. (Mk 16:4)

FAITH FORMATION

ADVENT PENANCE SERVICE

Our Advent Penance Service will take place on Wednesday, December 21st at 7PM in the Church Tent. All are invited to experience God's love and the healing graces our Lord offers us through the Sacrament of Reconciliation. Join us by preparing to welcome Jesus anew by reflecting on scripture, praying in song, and "walking" through an examination of conscience prior to the Sacrament of Reconciliation.



DID YOU KNOW? DECEMBER 2ND-3RD

PROTECTING GOD'S

CHILDREN

Garden of healing for victimsurvivors of sexual abuse

With the continuing support of Archbishop José H. Gomez, the third

garden of healing in the Archdiocese of Los Angeles dedicated to victim-survivors of sexual abuse was recently dedicated at Saint Francis de Sales Parish in Sherman Oaks. These gardens are a manifestation of our ongoing care for and support of those impacted by sexual abuse in all its forms. The other two gardens are located at St. Camillus Center for Spiritual Care in Los Angeles. (San Gabriel Pastoral Region) and Our Lady of the Assumption Parish in Ventura (Santa Barbara Pastoral Region). The Archdiocese encourages anyone with information regarding sexual abuse to please make a report to law enforcement and/or the Office of Victims Assistance Ministry at (800) 355-2545 or protect@ la-archdiocese.org. For more information on the abuse prevention and protection efforts of the Archdiocese, please visit https://lacatholics.org/protect/. For more information about the Gardens of Healing, please visit https://lacatholics.org/healing-gardens/

LIVE THE LITURGY

Inspiration of the week

Advent is a time for waiting, for hoping, for praying. It is a time for reflecting on the special work to which God calls us all. Stay alert. Show Him you are listening.

ADVENT GOSPEL REFPLECTIONS

Word on Fire books are here for the Advent Season. For Christians, Advent is not meant to be a time of passive waiting, but rather of hopeful preparation for the coming of the Lord. In this devotional booklet, Bishop Robert Barron invites readers to enter more deeply into the prayerful nature of the season. Advent Gospel Reflections features the full Gospel reading for



each day of Advent, a daily reflection from Bishop Barron, space for journaling and answering reflection questions, and more! These books are available at Mass for all Parishoners (one per family please), at no cost. However, if you enjoy this devotional we ask you consider donating towards the cost to provide future devotionals, at https://www.osvhub.com/st-anastasia/giving/funds/one-time-donation-st-anastasia

BAPTISM BLESSINGS



The St. Anastasia Community congratulates the families of the following children recently baptized in our parish.

Leilani Rose R., Colin K. Tanner James W., Rory S.

Lord, pour your Holy Spirit into their hearts and wrap your loving arms around them.

INTERESTED IN BECOMING CATHOLIC?

OCIA (Order of Christian Initiation of Adults) is the process through which one becomes a full member of the Roman Catholic Church. While coming to know Jesus and His invitation to become a disciple, the OCIA process involves the journey of faith and conversion. A person is



introduced to the beliefs, life, liturgy, and apostolic work of the Catholic Church. For more information email: ddupree@st-anastasia.org

PARISH LIFE & SCHOOL

HOLYLAND SALES

Please join us Saturday December 9th & 10th to shop for all your Holiday gift needs. Holyland Sales will be with us, selling various hand carved items from Jerusalem to support our Catholic brothers and sisters. They will be here after the Saturday 5pm Vigil Mass and on Sunday after the morning Masses. Bring your Christmas lists!

STEPHENS MINISTRY

You Don't Have to Face Your Crisis Alone.

One of St. Anastasia's trained, caring Stephen Ministers will listen and walk alongside you as you deal with life's challenges.

This is a one on one, confidential service available to both men and women.
Contact one of our Stephen Leaders to see whether Stephen Ministry is the answer for you.

Conatct stascares@gmail.com

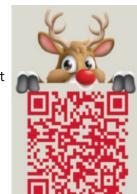


CHRISTMAS GIVING TREE

It is time for St. Margerts's Annual Christmas Program and we need your generous support! We are returning to an in-person event, and preparing a magical day for approximately 1,000 low-income children and their parents. Please bring your unwrapped toys from the "Giving Tree" to our Advent celebration on December 3rd, or to the Parish Office by December 10th . There is also a great need for adult volunteers on event day December 16th , and the two days preceding the event Dec.

14th and 15th. We thank you for your support in advance!

To purchase toys from our Amazon "Wish List", donate, or volunteer, visit us at www.smcxmas.com or scan the QR Code. For more information, please call: (310) 672-2208, or email smcxmas@gmail.com









ADVENT CANDLE LIGHTING

We invite parishioners and families to sign up each week to light our Advent candles.
Please find the sign up board on our News on Wheels board by the Church Tent. The lighting of the candle happens right before the beginning of each Sunday Mass

and includes a special



prayer. Contact or email Dianalee Dupree with any questions: ddupree@st-anastasia.org

SOCIAL CLUB HOLIDAY BINGO

Join the St. Anastasia Social Club in celebrating the holidays at a Christmas Luncheon catered by Olive-it, followed by Bingo. Come and join in the fun. .

Where: St. Anastasia Church Parish Hall/Basement **When:** Wednesday, December 13, 2023 at Noon

Who: All parishioners are invited

Cost: \$12.00 per person

Call Laurette at 310-670-2488 as soon as possible. Seating is



MINISTRY MEETINGS AND EVENTS

<u>December 5th:</u> Bible Study (Every Tuesday 9-10:30 am or 7:30-9 pm) Location: Parish Hall

<u>December 6th</u>: Men's Morning Hour (Every 1st Wednesday of the month after 6:30AM Mass) Location: Parish Office Conference Room

<u>December 9th</u>: Adult Choir (Every Wednesday at 6:15PM)

<u>December 9th</u>: Prayer Group (Every Friday 6pm-8pm) Location: Parish Office Conference Room

<u>December 12th:</u> Ministry of Consolation (Every 2nd and 4th Tuesday of the month at 7PM) Location: Parish Office Conference Room

<u>December 21st</u>: Companions on the Journey (Every 3rd Thursday of the month at 10AM) Location: Parish Office Conference Room

Altar Care Ministry (Every Thursday after 8AM Mass and Rosary) Location: Diamond Courtyard w/ light refreshments and treats.



BEYOND OUR PARISH

ST. MARGARET'S CENTER

Are you looking for a job where you can use your gifts and talent to serve others?

St. Margaret's Center is seeking employees who are



passionate about serving unhoused and low-income households within the LAX communities. Responsibilities: Answering high call volume, making referrals and appointments, general office duties, coordinating delivery of services, and more.

Minimum Requirements: Bilingual (Spanish),
Microsoft Office skills, ability to multi-task, sensitivity to
participants' cultural and socioeconomic
characteristics. Email resume or for more info:
mescandon@ccharities.org

WESTCHESTER MENTAL HEALTH GUILD



Summary of Homeowners Guidelines

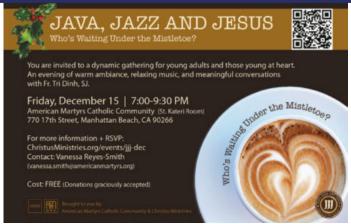
 Participation is open to all residents within the Westchester and Playa del Rey area.

those voted first, second and third place "Fan Favorites."

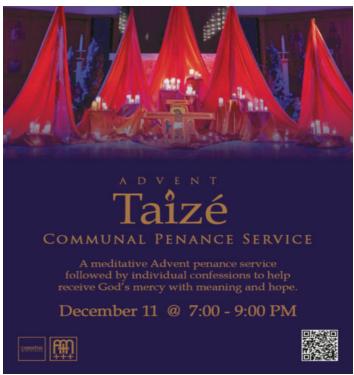
- ¡To enter the contest, you must complete an application here a rev lights tour flyer.pdf and make ca \$40 donation. Your entry entitles you to a complimentary 1 -year WMHG
- membership & a participation gift.
 membership & a participation gift with the participation gift with the participation gift in a participat
- The contest is for exterior decorations only, including decorations in windows that are visible from the exterior.
- Displays must include lights so that the display is visible after dark. Displays should be full, colorful and have a lot of holiday lights.
 Participants should ensure that all lights, animations, and decorations are in place
- and activated by Saturday, December 9.

 Voting for the contest will take place December 9 December 20. However, opportunities to view the holiday decorations will continue to December 26.
- Winners will be announced on December 21

CHRISTUS MINISTRIES



What are you waiting for? Who are you waiting for? How do you tend to deeper longings? Treat yourself to a great way to spiritually prepare for Christmas by relaxing with coffee, jazzy music while engaging in honest conversations about "Who's Waiting Under the Mistletoe?" Join other young adults and those young at heart (18+) for Java, Jazz & Jesus at American Martyrs Catholic Community on Friday, Dec. 15 at 7pm. The evening involves meaningful fellowship & reflection on what a living faith means to you. Visit https://www.christusministries.org/events/iji-dec to register



Join Christus Ministries on Monday, Dec. 11 from 7:00 – 9:00 pm at American Martyrs Catholic Community in Manhattan Beach for a meditative Advent communal penance service with Taizé prayer and an opportunity for individual Confession. Visit https://www.christusministries.org/events/taize-advent to register.



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PARISH ORGANIZATIONS

Parish Finance Council:	David Mora	.670-2243
Men's Club:	Chris Turkmany	200-8021
Knights of Columbus		821-2324
Arts and Education:	Andy Kozlowski	670-3152
Safety Committee	Channing Pourchot	670-2243

LITURGICAL MINISTRIES

Ministry of the Eucharist: Linda Schmidt	307_5601			
To the Home Bound	670-2243			
Ministry of the Word: Carl Pentis	649-4238			
Antoinette Luxford	338-1140			
Ministry of Music: Kate Comstock	670-2243			
MusicMinistry@st-anastasia.org				
Ministry of Ushers: Damon Le Blanc				
csrleblanc@gmail.com				
Courtyard Hospitality: Sr. Teresita	216-2001			
Altar Care: Rose De Leonardis	567-2707			
Altar Server Committee: Mary Paguin	502-6653			

INTERESTED IN BECOMING A PRIEST OR IN RELIGIOUS LIFE?

Call the Office for Vocations 213-637-7248 www.la-archdiocese.org/org/vocations

ST. ANASTASIA CATHOLIC CHURCH

ST. ANASTASIA CATHOLIC CHURCH

7390 W. Manchester Avenue Los Angeles, CA 90045 310-670-2243 Office 310-670-5052 Fax

Website: www.St-Anastasia.org Email: parish@st-anastasia.org

ST. ANASTASIA CATHOLIC SCHOOL

8631 S. Stanmoor Drive Los Angeles, CA 90045 310-645-8816 Office



PASTORAL TEAM

I ACTORAL TEAM			
Pastor:	Fr. Leszek J. Semik		
Associate Pastor:	Fr. Greg Rozborski		
Priest in Residence:	Msgr. Gregory A. Cox		
Deacon:	Jose "Joe" Viola		
Pastoral Associate:	Dianalee Dupree		
Business Manager:	Fred Balsz		
Parish Secretary:	Nora Jayne Mallen		
Director of Music Ministry:	Kate Comstock		
Parish Office Assistant:	Theresa Reilly		
Safety Administrator:	Kenneth Lance		
Bulletin Editor:	Danielle Gulalo		
School Principal:	Angelica Krestin		
School Vice Principal:	Amanda Kraivanger		
Director of Mission Advancement:	Vickie Farmer		
Health and Academic Registrar:	Linda Schmidt		
School Bookkeeper:	Pauline Diaz		
Director of Admissions:	Clare Thomason		
Maintenance:	Erik Melchor		
PTO-Parent Teacher Organization:	Shannon Matthews		
ADESTE (After School Program):	Ofelia Jimenez		

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PARISH LIFE MINISTRIES

Companions on the JourneySue McLaughlin &

Lidia Vinci......649-6026

Prayer Group

Lori Mountain......502-9105

Rosary Ministry

Rose De Leonardis......567-2707

Respect Life

Teressa Syta......670-0285

Safe Guard the Children

Parish Office......670-2243

Homeless Weekend Program/ St. Robert's Center

Cindy Egan.....670-2243

St. Margaret's Center

Mary Agnes Erlandson....672-2208 Senobia Nelson......291-3047

Catholic Charities

Cindy Begazo.....306-9390

Nurses Ministry

Linda S. Absher.......645-6136 Angie Tolentino......351-6137

Men's Reflection Group

Vince Mauch 670-2243

Bible Study

Carolyn Godlewski.........670-2243

Email: ScriptureStudyStA@gmail.com

Social Ministry

Laurette Bibeau..........670-2488

Family Visitation Ministry

Sr. Teresita.....216-2001

Ministry of Consolation

Aleida Rodriguez670-2243

Email at: Ministryofconsolation@

St-Anastasia.org

Stephen Ministries

Robyn Stein............670-2243

