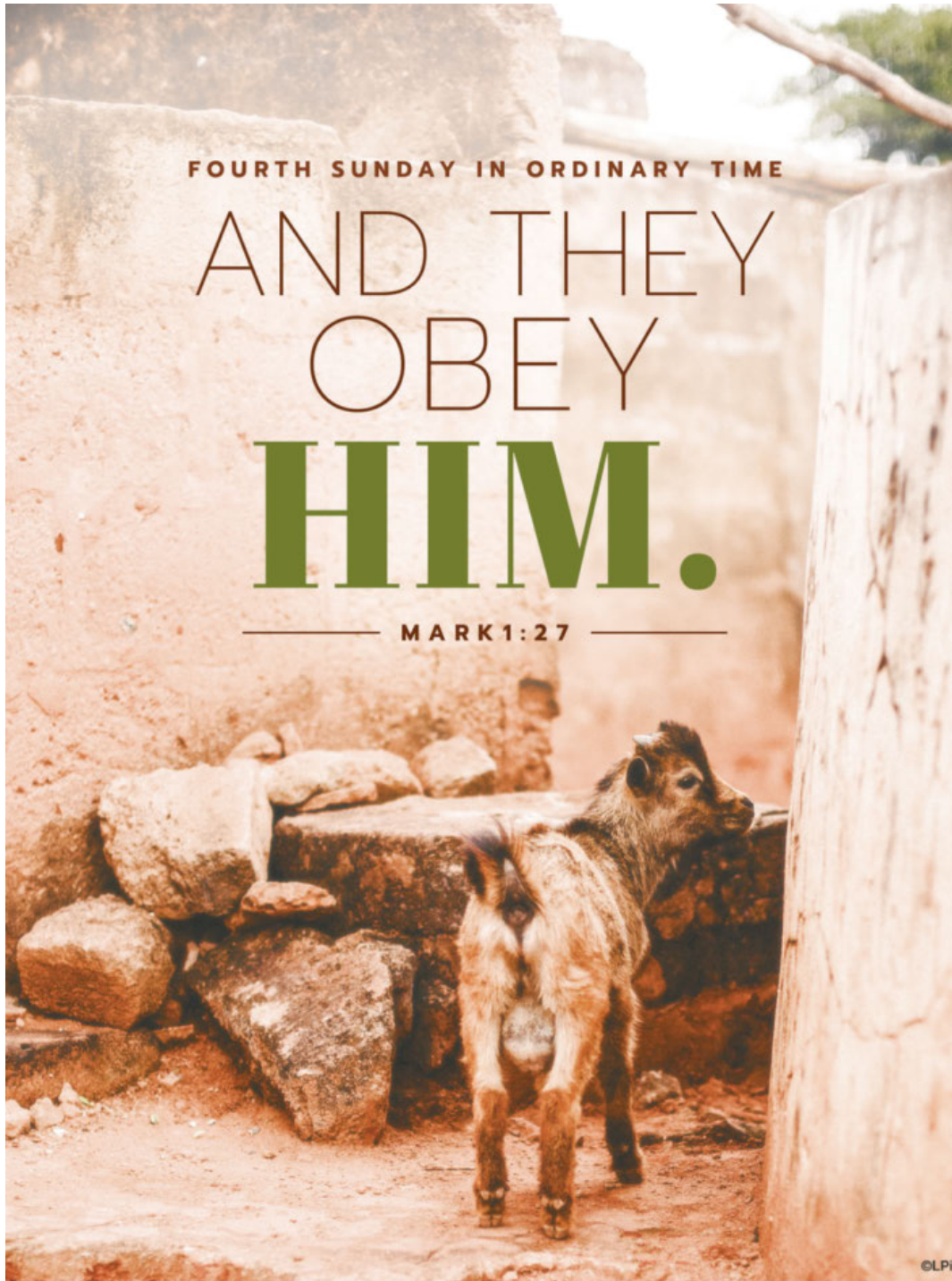




# ST. ANASTASIA CATHOLIC CHURCH

**FOURTH SUNDAY IN ORDINARY TIME**

**JANUARY 28TH, 2024**



FOURTH SUNDAY IN ORDINARY TIME

AND THEY  
OBEY  
**HIM.**

MARK 1:27

**PASTOR**

Rev. Leszek Semik

**ASSOCIATE PASTOR**

Rev. Greg Rozborski

**PRIEST IN RESIDENCE**

Rev. Msgr. Gregory Cox

**DEACON**

Jose "Joe" Viola

**PASTORAL ASSOCIATE**

Dianalee Dupree

**BUSINESS MANAGER**

Fred Balsz

**WEEKEND MASSES**

Saturday: 5PM Vigil

Sunday: 7:30AM, 9AM,  
11AM, 5PM

**DAILY MASSES**

Mon, Wed, Fri: 6:30 AM, 8AM

Tues, Thu, Sat: 8AM

**CONFESSION**

Wednesdays: 5:15 - 5:45PM

Saturdays: 3:30 - 4:45PM

**PARISH OFFICE HOURS**

Mon-Fri: 8:30AM - 4:30PM

*Closed for lunch 12:30-1:30PM*

**(CLOSED WEEKENDS)**

7390 W. Manchester Ave

Los Angeles, Ca 90045

(310) 670-2243

**Contact Us:**

Parish@st-anastasia.org

## GOSPEL MEDITATION

I love movies about exorcisms. Apparently, so do many others. The 2023 movie “Nefarious” features a possibly possessed inmate on death row. Critics were not impressed, but audiences scored it at 97% on the website Rotten Tomatoes. Most people have an appreciation for the demonic realm, even if cultural elites are generally embarrassed about it. As is standard in exorcism movies, the afflicted person (in this case, a man named Edward Brady) thinks and acts like multiple persons. He is someone besides himself. We know what that is like. We feel fake sometimes, not ourselves.

The same dynamic is on dramatic display this week in the Gospel. Jesus the Exorcist approaches a possessed man who utters, “What have you to do with us, Jesus of Nazareth?” Notice the plural, us. The basic effect of the demonic is division. The man’s identity is fractured, divided, and thus many. Jesus powerfully expels the spirit by saying, “Quiet! Come out of him!” Jesus’ word has the power to restore the man’s singularity — him — and indeed it does.

All this helps us to dismiss childish images of demons sporting red goat tails. Equally, it overcomes the cultured aloofness that dreams demons are mere metaphors for evil. We see instead that fallen angels are conscious and intelligent beings who orient their agency toward division. They bring about schism where there should be unity, e.g., in persons, families, communities, politics, and so on. Thankfully, Jesus commands demons to flee from all these places to restore wholeness and peace. What if we made room for his word where we need it?

— Father John Muir ©LP



## MINISTRY MEETINGS AND EVENTS

**January 30th: Bible Study** (Every Tuesday 9-10:30 am or 7:30-9 pm) Location: Parish Hall

**January 31st: Adult Choir** (Every Wednesday at 6:15PM)

**February 2nd: Prayer Group** (Every Friday 6pm-8pm)  
Location: Parish Office Conference Room

**February 3rd: St. Robert’s Center** (7:30am-11:30am)  
Location: 211 3rd ave, Venice )

**February 7th : Men’s Morning Hour** (Every 1<sup>st</sup> Wednesday of the month after 6:30AM Mass) Location: Parish Office Conference Room

**February 15th: Companions on the Journey** (Every 3<sup>rd</sup> Thursday of the month at 10AM) Location: Parish Office Conference Room

**February 28th: Baptismal Ministry** (Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday the month at 7:30pm) Location: Parish Hall

**Altar Society:** (Every Thursday after 8AM Mass and Rosary) Location: Diamond Courtyard w/ light refreshments and treats.

**Ministry of Consolation** The Ministry of Consolation will restart on Tuesday, February 27th at 7pm.



## PARDON OUR DUST

January 29th we will be starting the next phase of our remodel, which will be installing our new acoustic treatment! This installation will require scaffolding to be in the Church for the entirety of the project, which will take approximately 4-5 weeks. We want to point out that while the work is being done, business hours Monday -Friday, it will be a bit loud. We do apologize as this may disrupt any private prayer time. We appreciate your patience and support as we embark on this next phase of our Church remodel.



## LIVE THE LITURGY

### Inspiration of the week

*With one swift command, Jesus freed a man from the possession of evil spirits. He has that same power to banish the shadow of sin from our own lives. Let’s invite him into our hearts, asking him to cleanse the darkness he finds there.*

# MASS INTENTIONS, WEEKLY READINGS, & MASS CELEBRANTS

## DAILY PRAYERS

### PERSONAL PRAYER IN THE CHURCH

MONDAYS & FRIDAYS: 6AM - 5PM

TUESDAYS & THURSDAYS: 7AM - 5PM

WEDNESDAYS: 6AM - 6PM

SATURDAYS & SUNDAYS: 7AM - 6PM

**DIVINE MERCY CHAPLET + ADORATION**  
In the Church - Wednesdays at 5PM

### DAILY ROSARY

Monday-Saturday  
following all 8AM Masses  
and after 6:30AM Masses on  
Monday, Wednesday and Friday



## SACRAMENTAL PREPARATION

### BAPTISM:

Please contact the Parish Office at 310-670-2243 ext.36 for information, as parents and godparents are required to participate in a prepreparation baptism course. You may also email Dianalee Dupree at [DDupree@st-anastasia.org](mailto:DDupree@st-anastasia.org) for information on the completion of all requirements. All requirements are to be completed **4 weeks prior to a scheduled Baptism.**

### FIRST RECONCILIATION, HOLY COMMUNION & HS CONFIRMATION:

Please contact Dianalee Dupree  
Call: 310-670-2243 Ext. 51 or Email: [DDupree@st-anastasia.org](mailto:DDupree@st-anastasia.org)

### Adult Baptism, Confirmation and Eucharist (OCIA):

for information on becoming Catholic contact Parish Office at 310-670-2243 or Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)

### MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed wedding date. Call the Parish Office: 310-670-2243.

### ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family. **DON'T WAIT UNTIL THEIR CONDITION BECOMES DIRE.** Call the Parish Office 310-670-2243 or Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)

### MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones.  
Call the Parish Office 310-670-2243 or Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)

**Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.**

### FUNERAL PLANNING:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.

## MASS INTENTIONS & READINGS FOR THE WEEK

Birthday ★ Support ♦ Anniversary ♥ Memorial †

**SUN, Jan 28th: 4th Sunday in Ordinary Time Celebrate Catholic Schools Week**

Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/1 Cor 7:32-35/Mk 1:21-28

7:30 AM - Ben Oakley †

9 AM - Dennis Little †

11 AM - Don T. ♦

5 PM - St. Anastasia Parishioners ♦

**MON, January 29th:**

Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/1 Cor 7:32-35/Mk 1:21-28

6:30 AM - Don T. ♦

8 AM - Brigid & Jim Marshall ♥

**TUESDAY, January 30th:**

2 Sm 18:9-10, 14b, 24-25a, 30-19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

8 AM - Maisey White ★

**WED, January 31st: St. John Bosco, Priest**

2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

6:30 AM - Joan John †

8 AM - Jan Semik †

**THUR, February 1st:**

1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

8 AM - Elsie Trapp †

**FRIDAY, Feb 2nd: The Presentation of the Lord, World Day for Consecrated Life**

Mal 3:1-4/Heb 2:14-18/Ps 24:7, 8, 9, 10/Lk 2:22-40 or 2:22-32

6:30 AM - Julie Schultz ♦

8 AM - Mary Williams ♦

**SATURDAY, February 3rd: St. Blaise, Bishop and Martyr; St. Ansgar, Bishop**

1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

8 AM - Fr. Mark Beard †

5PM - St. Anastasia Parishioners ♦

## NEXT SUNDAY'S MASS CELEBRANTS & READINGS

*The Mass schedules will continue, but our celebrants will vary the next few weeks due to Fr. Leszek's departure to Poland to attend his fathers funeral. Please keep Mr. Jan Leszek and his family in your prayers, May he rest in peace,*



**First Reading:** I am filled with restlessness until the dawn. (Jb 7:4)

**Psalms:** I am filled with restlessness until the dawn. (Jb 7:4)

**Second Reading:** If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! (1 Cor 9:16)

**Gospel:** He cured many who were sick with various diseases, and he drove out many demons. (Mk 1:34)

# FAITH FORMATION

## SPOTLIGHT ON *FORMED!* PREPARING FOR A MEANINGFUL LENT

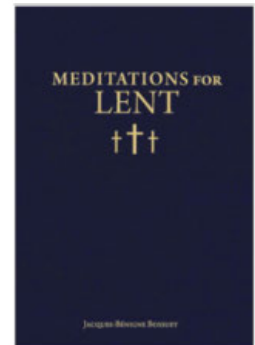
It gives us great joy to share with you that our Parish now has a subscription to FORMED, a premier online platform filled with over 4,000 Catholic studies, movies, audio dramas, talks, e-books, and even cartoons for our children. This week we are spotlighting one of the many contents you can enjoy on FORMED, and that is *Meditations for Lent* by Jacques-Bénigne Bossuet.

Lent sure comes early this year (Easter, too)! You can use this free download this Lent to help draw you closer to Christ through powerful meditations, that complement the daily readings at Mass during the Lenten season. If you read and meditate briefly on just one of them each day in Lent, I guarantee that this good French bishop's eloquence will soon have you not merely remembering the events of Christ's journey to His Crucifixion; it will have you spiritually walking with Him on that journey, which is precisely what we are called to do in Lent!

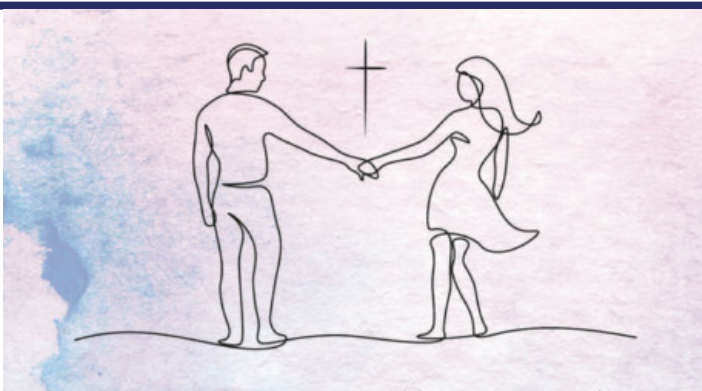
This book and SO much more is available to you as a Parishioner at St. Anastasia. To download this book visit <https://watch.formed.org/meditations-for-lent-by-jacques-benigne-bossuet>

To gain access to all of FORMED's content, follow these simple steps:

1. Go to <https://signup.formed.org/>
2. Enter our parish's zip code



## WEDDING ANNIVERSARY BLESSINGS



Today, January 28th, and every last Sunday of the month—we invite those couples married in that month to receive a special blessing after each Mass.

## BAPTISMAL MINISTRY IS BACK!

We are excited to be re-introducing St. Anastasia's Baptismal Ministry Team! The importance of this Ministry is to help parents and godparents understand the meaning of baptism, and help them embody their roles as leaders in their child's faith journey. The Ministry will begin meeting February 28th at 7:30pm. If you are interested in joining this Ministry, please reach out to Dianalee Dupree at [DDupree@St-Anastasia.org](mailto:DDupree@St-Anastasia.org).



## MINISTRY OF CONSOLATION



ST. ANASTASIA  
CATHOLIC CHURCH

Ministry of Consolation

**Save the Date!!**  
**TUESDAY, FEBRUARY 27th,**  
**From 7 to 8 pm**

\*\* The Ministry of Consolation will soon be back, with a new grief support program, designed not just for those grieving but everyone open to learn about grief \*\*

**Resource: Grieving with Great Hope**  
**Offering Prayerful, Practical and Personal grief support!**  
**The 7 Intentions of Mourning**  
*A Guided Pathway to Healing and Hope*

Presented through the Good Mourning Ministry, founded by John & Sandy O'Shaughnessy, from Our Lady of Good Counsel Roman Catholic Church in Plymouth, Michigan.

More information to follow. Stay tuned with our weekly bulletins.

For questions or information, please contact Aleida Rodriguez

**"Blessed are they that mourn, for they shall be comforted"**  
- Matthew 5:4




## BULLETIN ANNOUNCEMENTS

Deadline for any pulpit announcements is **Thursdays by 12N**. If you have any announcements for the bulletin, please email [bulletin@st-anastasia.org](mailto:bulletin@st-anastasia.org). February 11th bulletin content due: **Thursday, February 1st**.


# PARISH LIFE & SCHOOL

## CATHOLIC SCHOOLS WEEK




**National Catholic Schools Week**

National Catholic Schools Week (CSW) is an annual celebration of Catholic education in the United States. From January 28 to February 3, here at St. Anastasia, we will celebrate Catholic Schools Week with special Masses, assemblies and other activities for students, families, parishioners, and community members to celebrate what makes our Catholic school so great! We could never be the wonderful school we are today without the help from our Parishioners and school families. You could help us celebrate by donating to our Panther Fund, which directly benefits our students with new enrichment programs. Thank you for your generosity.



**Donate to the Panther Fund here!**



## OPEN HOUSE THIS WEEKEND!



**ST. ANASTASIA PANTHERS**

**JR. K - 8TH GRADE**

**JOIN US FOR**


**OPEN HOUSE**

Sunday, January 28<sup>th</sup>

10AM-12N following our 9AM Family Mass

## ST. ANASTASIA 2024 MUSICAL

St. Anastasia Catholic School  
presents



**The Addams Family**  
a New Musical 2024

Friday, February 2 at 7pm  
Saturday, February 3 at 2pm  
Saturday, February 3 at 7pm

**El Segundo Performing Arts Center**  
640 Main Street



**TICKETS - \$15**

On sale Friday, January 12 at 7pm  
[our.show/sta-addams](http://our.show/sta-addams)

Our students have worked so hard preparing for the production and would love to have your support! You have three opportunities to see the production.

Performances will take place on Friday, February 2nd at 7 PM, Saturday, February 3rd at 2 PM, and Saturday, February 3rd at 7 PM. We hope you will join us for this wonderful show.

## SAVE THE DATE! PARISH BALL 2024



*St. Anastasia Parish Ball*

**DISCO FEVER**

*Saturday • March 2nd 2024 • 6pm - 12 midnight*

*Hilton Los Angeles Culver City*

Please save the date for the BIGGEST event of the year - the annual Parish Ball! Join us on Saturday, March 2, 2024 from 6pm-Midnight for DISCO FEVER at the Hilton Los Angeles Culver City! Invitations and link to register online to come soon -

### SPONSORSHIP OPPORTUNITIES!


We are pleased to present our sponsorship packages for the 2024 Parish Ball! This is a great opportunity to support the event, as well as enjoy some great benefits! Some of the sponsorships packages include reserved seats for the Christmas Show and 2025 Spring Musical!


For more information on sponsorship please contact Vickie Farmer at [VFarmer@st-anastasia.org](mailto:VFarmer@st-anastasia.org)

# BEYOND OUR PARISH

## KNIGHTS OF COLUMBUS

### Religious Appreciation Dinner





Tuesday, February 13<sup>th</sup>  
Knights of Columbus Hall  
8049 Manchester Avenue  
Playa del Rey

Social at 6:30, Dinner at 7:00  
\$20.00 for Adults  
\$10.00 for Children under 12

Please RSVP to Alan Engler  
alanengler@aol.com  
or  
310-569-8508

## KNIGHTS OF COLUMBUS



**K of C Council #3744**  
**Proudly Presents Our**

## FISH FRY DINNERS!





**When:** Friday, February 16<sup>th</sup> and 23<sup>rd</sup>  
**Time:** 5:30pm – 7:30pm (or until we're out!)  
**Where:** Knights of Columbus Hall  
 8049 W. Manchester Ave, Playa Del Rey  
**How:** call 310-821-2324 for a Take-out Order

**Meal:** Main: Fish, Shrimp, or Combination  
 Side: Baked Potato, Fries, or Onion Rings (\$3)  
 All Meals: Cole Slaw and a Dinner Roll  
 Prices (depending on choices): \$15 to \$18

Dinner proceeds benefit our Scholarship Program  
 Parking in the Rear Credit Cards Accepted  
 BINGO starts at 7:30pm

## RE CONGRESS



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# SAVE THE DATE

# FEBRUARY 15-18


ANAHEIM CONVENTION CENTER

YOUTH DAY | \$35 PER PARTICIPANT

ADULT DAYS | \$75 PER PARTICIPANT


Price increases to \$40 for Youth Day and \$85 for the Adult Days in mid-January 2024

## SERRA MENS RETREAT



# Men's Retreat

February 2-4, 2024



Moments of Grace

During difficult times we may not be aware of God's grace. However, grace always abounds. How is this possible? At any given time we have the opportunity to bring about goodness. The choice is ours. What we can count on is the fact that our God is never outdone in generosity. Being aware of God's constant presence in our lives helps us to live each moment to the fullest. Cultivating moments of grace allows us to see the bigger picture and be a blessing to others on our journey. Join us at Serra for a weekend retreat to discover how each moment can be filled with grace.

Presenter:  
Sr. Julie Fertsch, SSJ

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Parish: \_\_\_\_\_ City: \_\_\_\_\_

Please Note: A \$50 per person non-refundable deposit is required for registration

Single Room \$310.

Double Room \$250 per person, Roommate Name: \_\_\_\_\_

Please check if this is your first overnight retreat at Serra Retreat

Do you NEED a room on the first floor? Yes or No

First Floor rooms are very limited. Please let us know if you have any medical reasons that require you to be on the first floor: \_\_\_\_\_

Specific rooms are not guaranteed/ALL rooms have adjoining bathroom

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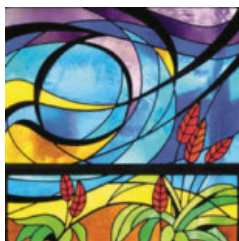
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Our Sunday Visitor



Login information  
Thank you for your  
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### PARISH ORGANIZATIONS

Parish Finance Council: David Mora.....670-2243  
Men's Club: Chris Turkmany.....200-8021  
Knights of Columbus.....821-2324  
Arts and Education: Andy Kozlowski.....670-3152  
Safety Committee.....Channing Pourchot...670-2243

### LITURGICAL MINISTRIES

Ministry of the Eucharist: Linda Schmidt.....397-5691  
To the Home Bound..... 670-2243  
Ministry of the Word: Carl Pentis.....649-4238  
Antoinette Luxford.....338-1140  
Ministry of Music: Kate Comstock.....670-2243  
*MusicMinistry@st-anastasia.org*  
Ministry of Ushers: Damon Le Blanc  
*csrleblanc@gmail.com*  
Courtyard Hospitality: Sr. Teresita.....216-2001  
Altar Care: Rose De Leonardis.....567-2707  
Altar Server Committee: Mary Paquin .....502-6653

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213-637-7248

[www.la-archdiocese.org/org/vocations](http://www.la-archdiocese.org/org/vocations)

# ST. ANASTASIA CATHOLIC CHURCH

### ST. ANASTASIA CATHOLIC CHURCH

7390 W. Manchester Avenue  
Los Angeles, CA 90045  
310-670-2243 Office  
310-670-5052 Fax  
Website: [www.St-Anastasia.org](http://www.St-Anastasia.org)  
Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)

### ST. ANASTASIA CATHOLIC SCHOOL

8631 S. Stanmoor Drive  
Los Angeles, CA 90045  
310-645-8816 Office



### PASTORAL TEAM

Pastor:	Fr. Leszek J. Semik
Associate Pastor:	Fr. Greg Rozborski
Priest in Residence:	Msgr. Gregory A. Cox
Deacon:	Jose "Joe" Viola
Pastoral Associate:	Dianalee Dupree
Business Manager:	Fred Balsz
Parish Secretary:	Nora Jayne Mallen
Director of Music Ministry:	Kate Comstock
Parish Office Assistant:	Theresa Reilly
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Health and Academic Registrar:	Linda Schmidt
School Bookkeeper:	Pauline Diaz
Director of Admissions:	Clare Thomason
Maintenance:	Erik Melchor
PTO-Parent Teacher Organization:	Shannon Matthews
ADESTE (After School Program):	Ofelia Jimenez

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### PARISH LIFE MINISTRIES

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Sue McLaughlin &  
Lidia Vinci.....649-6026

**Prayer Group**  
Lori Mountain.....502-9105

**Rosary Ministry**  
Rose De Leonardis.....567-2707

**Respect Life**  
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