



ST. ANASTASIA CATHOLIC CHURCH

FIFTH SUNDAY OF LENT

MARCH 17TH, 2024

FIFTH SUNDAY OF LENT

PRODUCES
MUCH
FRUIT.

— JOHN 12:24 —



PASTOR

Rev. Leszek Semik

ASSOCIATE PASTOR

Rev. Greg Rozborski

PRIEST IN RESIDENCE

Rev. Msgr. Gregory Cox

DEACON

Jose "Joe" Viola

PASTORAL ASSOCIATE

Dianalee Dupree

BUSINESS MANAGER

Fred Balsz

WEEKEND MASSES

Saturday: 5PM Vigil

Sunday: 7:30AM, 9AM,
11AM, 5PM

DAILY MASSES

Mon, Wed, Fri: 6:30 AM, 8AM

Tues, Thu, Sat: 8AM

CONFESSION

Wednesdays: 5:15 - 5:45PM

Saturdays: 3:30 - 4:45PM

PARISH OFFICE HOURS

Mon-Fri: 8:30AM - 4:30PM

Closed for lunch 12:30-1:30PM

(CLOSED WEEKENDS)

7390 W. Manchester Ave

Los Angeles, Ca 90045

(310) 670-2243

Contact Us:

Parish@st-anastasia.org

GOSPEL MEDITATION

5th Sunday of Lent

A middle-aged woman sat on the couch in my parish office and recounted to me a shocking list of terrible calamities in her life: addictions, terminal illnesses, financial loss, broken relationships, and so on. She smiled as she did so. "Please forgive me," I asked, "but you seem to be smiling as you share this." She said, "Father John, I am totally overwhelmed. But I'm smiling because I just can't wait to see what good things God does with this mess." She expected God would manifest His glory when she most needed it.

This week in the Gospel, God speaks from heaven for the third and final time in Jesus' earthly ministry. It's at a tough moment. Gentiles seek Jesus, who announces his terrible suffering, and then boldly prays, "Father, glorify your name!" John then writes: Then a voice came from heaven, "I have glorified it and will glorify it again." Was the task of drawing the whole non-Jewish world to himself overwhelming? Or was it the terrible specter of crucifixion? Whatever it was, the crushing weight triggers his turning to the Father with an unshakeable expectation of divine glory to burst through. And indeed, it did on Easter Sunday. In our burdens, our greatest strength is to turn to God and boldly ask Him for His glory.

Lenten challenge: This week, I invite you to list out everything which is a burden to you. Write it down. Then add these words: "Father, glorify Your name in all these things!" Put that paper in your pocket or purse when you come to Holy Week liturgies next week. You might smile at the most unlikely times. — **Father John Muir @LPi**



DID YOU KNOW? MARCH 16TH-17TH

March 16-17 || What is a traumatic experience?

The National Child Traumatic Stress Network (NCTSN) defines a traumatic event as a "frightening, dangerous, or violent event that poses a threat to a child's life or bodily integrity." This includes events that victimize the children directly or events of this type that children witness, particularly when the person harmed is a loved one. A child's understanding of safety depends on the safety of his caregivers. For more information, read the VIRTUS® article "Healing from Child Trauma" at <https://lacatholics.org/did-you-know/>



BULLETIN ANNOUNCEMENTS

Deadline for any pulpit announcements is **Thursdays by 12N**. If you have any announcements for the bulletin, please email bulletin@st-anastasia.org. March 24th bulletin content due: **Thursday, March 21st**.



ST. ANASTASIA LENTEN GUIDE

Lenten Guide

Stations of the Cross Every Friday during Lent @7pm	Simple Lenten Meal. February 28th
Lenten Mission Retreat 3/9 - 3/11	Lenten Penance service, March 14th @7pm
Simple Lenten Meal. March 20th	Holy Thursday Mass Service, March 28th @7pm
Good Friday March 29th 3pm- Stations of the cross 7pm- Passion of our Lord	Holy Saturday March 30th 8pm- Easter Vigil
Easter Sunday March 31st 7:30am, 9am & 11am	Pick up your Lenten devotional to dive deeper into Prayer this Lent. One per family please.

Donation Encouraged

DAILY PRAYERS
from Lent and Holy Week 2011

MASS INTENTIONS, WEEKLY READINGS, & MASS CELEBRANTS

DAILY PRAYERS

PERSONAL PRAYER IN THE CHURCH

MONDAYS & FRIDAYS: 6AM - 5PM

TUESDAYS & THURSDAYS: 7AM - 5PM

WEDNESDAYS: 6AM - 6PM

SATURDAYS & SUNDAYS: 7AM - 6PM

DIVINE MERCY CHAPLET + ADORATION
In the Church - Wednesdays at 5PM

DAILY ROSARY

Monday-Saturday
following all 8AM
Masses and after
6:30AM Masses on
Monday, Wednesday
and Fridays



SACRAMENTAL PREPARATION

BAPTISM:

Please contact the Parish Office at 310-670-2243 ext.36 for information, as parents and godparents are required to participate in a prepreparation baptism course. You may also email Dianalee Dupree at DDupree@st-anastasia.org for information on the completion of all requirements. All requirements are to be completed **4 weeks prior to a scheduled Baptism.**

FIRST RECONCILIATION, HOLY COMMUNION & HS CONFIRMATION:

Please contact Dianalee Dupree
Call: 310-670-2243 Ext. 51 or Email: DDupree@st-anastasia.org

Adult Baptism, Confirmation and Eucharist (OCIA):

for information on becoming Catholic contact Parish Office at 310-670-2243 or Email: parish@st-anastasia.org

MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed wedding date. Call the Parish Office: 310-670-2243.

ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family. **DON'T WAIT UNTIL THEIR CONDITION BECOMES DIRE.** Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones.
Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.

FUNERAL PLANNING:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.

MASS INTENTIONS & READINGS FOR THE WEEK

Birthday ★ Support ♦ Anniversary ♥ Memorial †

SUN, March 17th: 5th Sunday of Lent

Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 (12a)/Heb 5:7-9/Jn 12:20-33

7:30 AM - St. Anastasia Parishioners ♦

9 AM - Patrick Strobel ★ †

11 AM - Bernadeta Semik †

5 PM -The Crawford -Mallen Family ♦

MON, March 18th: St. Cyril of Jerusalem, Bishop and Doctor of the Church

Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-3a, 3b-4, 5, 6/Jn 8:1-11

6:30 AM -Wanda & Andrew Stefanski † †

8 AM -The Ross Family ♦

TUESDAY, March 19th: St. Joseph, Spouse of the Blessed Virgin Mary

2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a

8 AM - Wanda & Andrew Stefanski † †

WED, March 20th:

Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56/Jn 8:31-42

6:30 AM -Chris Wyatt †

8 AM -Crystal Rasbot ★

THUR, March 21st:

Gn 17:3-9/Ps 105:4-5, 6-7, 8-9/Jn 8:51-59

8AM - The Extended Narcisse Family ♦

FRIDAY, March 22nd:

Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7/Jn 10:31-42

6:30 AM - The Carmelite Sisters ♦

8 AM- Florette Gauthier †

7PM- Stations of The Cross

SATURDAY, March 23rd: St. Turibius of Mogrovejo, Bishop

Ez 37:21-28/Jer 31:10, 11-12abcd, 13/Jn 11:45-56

8 AM- Andrew Stefanski †

5PM - Esperanza & Abner Daland † †

NEXT SUNDAY'S MASS CELEBRANTS & READINGS

SAT: 5PM Fr. Rozborski

SUN: 7:30AM Fr. Rozborski

SUN: 9AM Msgr. Cox

SUN: 11AM Fr. Semik

SUN: 5PM Fr. Rozborski

First Reading: I have set my face like flint, knowing that I shall not be put to shame. (Is 50:7)

Psalms: My God, my God, why have you abandoned me? (Ps 22)

Second Reading: He humbled himself, becoming obedient to the point of death, even death on a cross. Because of this, God greatly exalted him. (Phil 2:8-9)

Gospel: They brought him to the place of Golgotha—which is translated Place of the Skull— (Mk 15:22)

FIFTH WEEK OF LENT

FAITH FORMATION

SIMPLE LENTEN MEAL

This Wednesday, March 20th, is our last Simple Lenten Meal of Lent 2024! Please RSVP at <https://stanastasiala.flocknote.com/signup/160122> If you would like to bring a dish, please contact Dianalee Dupree at DDupree@St-Anastasia.org. We hope to see you there.



Do you want to volunteer to bring a dish to our next Lenten Meal on March 20th? Contact DDupree@st-anastasia.org to sign up!

Simple Lenten Meal

March 20th @6pm
in the Parish Hall

Lenten Meals are open to our entire parish. It's a great opportunity for fellowship and meeting other families while sharing in one of our community's Lenten traditions.

A HUGE THANK YOU!

On behalf of the entire Parish, we would like to thank Maurice A. for restoring our damaged Baptismal Font. We are so grateful for your hard work.



Thank You

PRAYERS FOR OUR ADULTS IN OCIA

You might see unique rites taking place over the next several weeks as our adult catechumens get ready to receive their Sacraments of Initiation at the Easter Vigil. Their attention shifts from instruction to introspection, as they embark on a phase of purification and enlightenment. We are all asked to partake in this cleansing process during Lent, letting go of anything that prevents us from becoming more intimately connected to God.



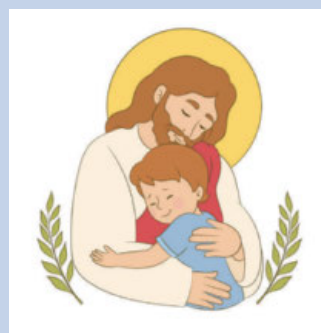
The unbaptized will participate in scrutinies over the next three weeks, meant to help them (and us) examine areas of our lives in need of purification, and pray with openness for God's loving grace. Let us continue to pray for Benjamin, Jeremy, Danielle, and Katia during this period of conversion.

KID'S CORNER

"Loving God, thank you for always being my refuge".

Some days, it can feel like everyone is out to get you. Your family, your friends, your teacher - no one seems to understand you or want to be on your side.

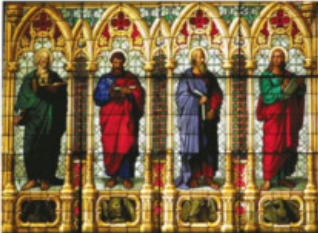
Whenever we have this kind of day, God is always ready to be our refuge. He is the place where we can curl up and feel safe. God loves us more than we love ourselves, and he is there for us. We can trust that God will keep us safe, even when we feel like others want to tear us to pieces. -Living Faith Kids




BIBLE STUDY

St. Anastasia Bible Study

The Four Gospels



- ◆ In the earliest days, Christians were called followers of 'The Way' of the Lord, as described in the Four Gospels.
- ◆ Coming to know Jesus more deeply in the Gospels is the key to building profound confidence and genuine Christian Hope.
- ◆ Our study of **The Four Gospels** begins March 19. Attend either the morning session, 9:00–10:30 am, or the evening session, 7:30–9:00 pm. Meetings are held in the Parish Hall. Materials \$20.
- ◆ No need to register if you signed up for 'Last Things'.



Scan the QR Code, or register at the Parish Office or Online:
(Select 'Giving' menu; press 'Make a Donation' button; scroll down to Bible Study.)
Contact: Carolyn Godlewski ScriptureStudyStA@gmail.com

LIVE THE LITURGY

Inspiration of the week

Jesus reminds us that the grain of wheat can never realize its potential without sacrifice. God has a plan for each one of us. May He give you strength to become who you were born to be.

PARISH LIFE & SCHOOL

HOLYLAND HANDICRAFTS

This weekend, March 16 th /17 th , representatives from the Holyland Handicrafts Company will be here to sell handmade olive carvings and mother of pearl religious items to help support Catholic families living in the holy cities of Jerusalem and Bethlehem. The Catholic population over the years has dropped from 40% to 1%. Jobs for these families are very hard to come by, so they spend months creating items out of olive wood to sell for financial support. The representatives will be here after the Saturday, 5 pm Mass and the Sunday morning Masses. All forms of payment will be accepted.



ST. MARGERT'S CENTER

Don't miss our monthly donation basket after every Mass this Sunday, March 17th, supporting St. Margaret's Center. Since 1987, they have been providing a range of emergency and supportive services, to about 10,000 individuals annually, in the "LAX" area.



NURSES MINISTRY

Stop by the Nurses Ministry Table in the Diamond Courtyard this Sunday, March 17th, for your Blood Pressure screening after the 7:30AM, 9AM, and 11AM Masses— thanks to Angie Tolentino and the nurses who give their time to this ministry.



MINISTRY MEETINGS AND EVENTS

March 19th: Bible Study (Every Tuesday 9-10:30 am or 7:30-9 pm) Location: Parish Hall

March 20th: Adult Choir (Every Wednesday at 6:15PM)

March 21st: Companions on the Journey (Every 3rd Thursday of the month at 10AM-11:30AM) Location: Parish Office Conference Room

March 23rd: Prayer Group (Every Friday 6pm-8pm) Location: Parish Office Conference Room

March 26th :Ministry of Consolation (Every 2nd and 4th Tuesday of the month at 7pm) Location: Parish Office Conference Room

April 3rd : Men's Morning Hour (Every 1st Wednesday of the month after 6:30AM Mass) Location: Parish Office Conference Room

April 10th: Baptismal Ministry (Every 2nd Wednesday of the month at 7:30pm) Location: Parish Hall

Altar Society: (Every Thursday after 8AM Mass and Rosary) Location: Diamond Courtyard w/ light refreshments and treats.



MIDDLE SCHOOL MODERN LIVING

PARISH BALL PROJECT 2024

THANK YOU TO ALL WHO ATTENDED OUR PARISH BALL LAST SATURDAY! DISCO FEVER WAS A SMASHING SUCCESS! YOU CAN STILL SUPPORT OUR SCHOOL PROJECT BY DONATING TO HELP UPDATE THE MIDDLE SCHOOL WITH NEW CLASSROOM FURNITURE AND LOCKERS FOR THE 6TH-8TH GRADERS! YOU CAN DONATE ONLINE BY SCANNING THIS QR CODE, OR CHECKS PAYABLE TO ST. ANASTASIA PTO CAN BE DELIVERED TO THE SCHOOL OFFICE.



SCAN HERE TO DONATE! THANK YOU FOR YOUR SUPPORT!



40 DAYS FOR LIFE



February 14-March 24
40 DAYS FOR LIFE

HELP SAVE LIVES

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion. Through prayer and fasting, peaceful vigils, and community outreach, we have inspired 1,000,000+ volunteers in 63 countries.

[Your presence on the sidewalk matters!](#)

With God's help, here are the proven results:

- Over **24,000** babies saved from abortion
- Over **200** abortion workers converted
- Over **100** abortion centers closed



Here's how to take part:

Vigil location: Outside Planned Parenthood, 14623 Hawthorne Blvd, Lawndale

Vigil hours: 7 am to 7 pm daily, February 14 – March 24, 2024

Local contact: Laura Frederick, 202-361-5166, 40days4lifelawndale@gmail.com

Get involved ...learn more... and sign up for prayer times by visiting:

40daysforlife.com/Lawndale

BEYOND OUR PARISH

MARY AND JOSEPH CENTER

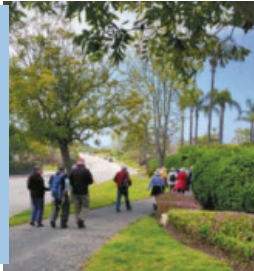


Celebrating 60 Years
REFLECT ~ REST ~ RENEW

Saturday, April 13, 2024
7:00am to 1:00pm

Along the Way: A Pilgrim Walk

Sue Ballotti, Pilgrim and
Labyrinth Facilitator



Join Mary & Joseph Retreat Center for the seventh annual Pilgrim Walk, a 4.8 mile walk through the streets and trails of Palos Verdes to the sacred grounds of the retreat center. As pilgrims, walkers will be blessed, walk to various stations for reflection and to have passports stamped. Modeled after the famous pilgrimage, "the Way", to Santiago de Compostela in Spain, this half day walk is adapted to our own time and neighborhood. All ages and faiths welcome. All activities will be outdoors. Schedule: 7 am registration opens, 7:30 blessing of all pilgrims, first groups depart, walk in a calm meditative way, 11:30: closing prayer and grace, picnic lunch at noon. Please no dogs, strollers, skateboards or bicycles as parts of the trail are narrow, rocky and rough. This walk is of moderate difficulty; wear walking shoes (closed toes), hat, sunscreen and a smile.

Cost: \$40 per person (picnic lunch included). Family for \$60
For those coming from a distance, stay overnight and walk with us in the morning ~ call ahead for costs & availability.
To register call José at (310) 377-4867 ext 250 or email him at jsalas@maryjoseph.org or register online at www.maryjoseph.org.
Please see website for Cancellation Policy.

MARY & JOSEPH RETREAT CENTER
5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867 Fax: (310) 541-1176
www.maryjoseph.org Email: jsalas@maryjoseph.org

KNIGHTS OF COLUMBUS



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FISH FRY DINNERS!



When: Friday, March 1st, 8th, 15th and 22nd
Time: 5:30pm – 7:30pm (or until we're out!)
Where: Knights of Columbus Hall
8049 W. Manchester Ave, Playa Del Rey
How: call 310-821-2324 for a Take-out Order
Meal: Main: Fish, Shrimp, or Combination
Side: Baked Potato, Fries, or Onion Rings (\$3)
All Meals: Cole Slaw and a Dinner Roll
Prices (depending on choices): \$15 to \$18

Dinner proceeds benefit our Scholarship Program
Parking in the Rear Credit Cards Accepted
BINGO starts at 7:30pm

NEIGHBORING PENANCE SERVICES

LOCAL PENANCE SERVICES

St. Gerard Majella	March 7th at 7PM
St. Jerome	March 20th at 7PM
St. Mark	March 10th at 5:30PM
St. Monica	March 26th at 7PM
St. Paul the Apostle	March 26th at 7PM
Visitation	March 18th at 7PM



CHRISTUS MINISTRIES

Are you looking for rest to tend to your soul & cultivate a closer relationship with God? Join other young adults & those young at heart with greater openness & be awakened to what is holy within during the Easter season. Learn more & register here <https://www.christusministries.org/events/silent-apr>



Join others for a five-week online prayer retreat that provides a hands-on experience of Ignatian discernment by integrating daily prayer, discernment of spirits, spiritual direction, spiritual conversation, and practicing key steps of discerning God's will. Learn more & register here <https://www.christusministries.org/events/discernment>

Are you looking to get away to reflect on your personal relationships and their meanings? Or encounter God's love in a whole new way? Join other young adults for a retreat focused on important and significant relationships - with God, yourself, and others. Learn more & register here <https://www.christusministries.org/events/caritas67>



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Oxnard, CA | Jan 27-30, 2024 | CatholicRetreat.org

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PARISH ORGANIZATIONS

Parish Finance Council: David Mora.....670-2243
Men's Club: Chris Turkmany.....200-8021
Knights of Columbus.....821-2324
Arts and Education: Andy Kozlowski.....670-3152
Safety Committee.....Channing Pourchot...670-2243

LITURGICAL MINISTRIES

Ministry of the Eucharist: Linda Schmidt.....397-5691
To the Home Bound..... 670-2243
Ministry of the Word: Carl Pentis.....649-4238
Antoinette Luxford.....338-1140
Ministry of Music: Kate Comstock.....670-2243
MusicMinistry@st-anastasia.org
Ministry of Ushers: Damon Le Blanc
csrleblanc@gmail.com
Courtyard Hospitality: Sr. Teresita.....216-2001
Altar Care: Rose De Leonardis.....567-2707
Altar Server Committee: Mary Paquin502-6653

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213-637-7248

www.la-archdiocese.org/org/vocations

ST. ANASTASIA CATHOLIC CHURCH

ST. ANASTASIA CATHOLIC CHURCH

7390 W. Manchester Avenue

Los Angeles, CA 90045

310-670-2243 Office

310-670-5052 Fax

Website: www.St-Anastasia.org

Email: parish@st-anastasia.org

ST. ANASTASIA CATHOLIC SCHOOL

8631 S. Stanmoor Drive

Los Angeles, CA 90045

310-645-8816 Office



PASTORAL TEAM

Pastor:	Fr. Leszek J. Semik
Associate Pastor:	Fr. Greg Rozborski
Priest in Residence:	Msgr. Gregory A. Cox
Deacon:	Jose "Joe" Viola
Pastoral Associate:	Dianalee Dupree
Business Manager:	Fred Balsz
Parish Secretary:	Nora Jayne Mallen
Director of Music Ministry:	Kate Comstock
Parish Office Assistant:	Theresa Reilly
Safety Administrator:	Kenneth Lance
Bulletin Editor:	Danielle Gulalo
School Principal:	Angelica Krestin
School Vice Principal:	Amanda Kraivanger
Director of Mission Advancement:	Vickie Farmer
Health and Academic Registrar:	Linda Schmidt
School Bookkeeper:	Pauline Diaz
Director of Admissions:	Clare Thomason
Maintenance:	Erik Melchor
PTO-Parent Teacher Organization:	Shannon Matthews
ADESTE (After School Program):	Ofelía Jimenez

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Lidia Vinci.....649-6026

Prayer Group

Lori Mountain.....502-9105

Rosary Ministry

Rose De Leonardis.....567-2707

Respect Life

Teressa Syta.....670-0285

Safe Guard the Children

Parish Office.....670-2243

Homeless Weekend Program/ St. Robert's Center

Cindy Egan.....670-2243

St. Margaret's Center

Mary Agnes Erlandson....672-2208

Senobia Nelson.....291-3047

Catholic Charities

Cindy Begazo.....306-9390

Nurses Ministry

Linda S. Absber.....645-6136

Angie Tolentino.....351-6137

Men's Reflection Group

Vince Mauch 670-2243

Bible Study

Carolyn Godlewski.....670-2243

Email: ScriptureStudyStA@gmail.com

Social Ministry

Laurette Bibeau.....670-2488

Family Visitation Ministry

Sr. Teresita.....216-2001

Ministry of Consolation

Aleida Rodriguez670-2243

Email at: [Ministryofconsolation@](mailto:Ministryofconsolation@St-Anastasia.org)

St-Anastasia.org

Stephen Ministries

Robyn Stein.....670-2243

