



St. Anastasia

CATHOLIC CHURCH

WORSHIP • FAITH • COMMUNITY

August 04, 2024 | Eighteenth Sunday in Ordinary Time

The Lord
gives bread
from heaven.

PSALM 78

WEEKEND MASSES

Saturday | 5PM Vigil

Sunday | 7:30AM, 9AM, 11AM, 5PM

WEEKDAY MASSES

6:30AM | Mon, Wed, Fri

8AM | Mon-Sat

CONFESSION

Wednesday | 5:15-5:45PM

Saturday | 3:30-4:45PM

PASTOR

Rev. Leszek Semik

ASSOCIATE PASTOR

Rev. Greg Rozborski, PhD

PRIEST IN RESIDENCE

Rev. Msgr. Gregory Cox

DEACON

Jose "Joe" Viola

PASTORAL ASSOCIATE

Dianalee Dupree

BUSINESS MANAGER

Fred Balsz

PARISH OFFICE HOURS

Mon-Fri | 8:30AM-4:30PM

*Closed for Lunch 12:30-1:30PM
(CLOSED WEEKENDS)*

Contact Us!

parish@st-anastasia.org



@St.Anastasia90045



@StAnastasiaChurch

GOSPEL MEDITATION- ENCOURAGE A DEEPER UNDERSTANDING OF SCRIPTURE

Since my college days I've loved a song called "Dance with You" by the rock band Live. It touches on the deep mystical hunger of our heart: "I've tasted all the wines/ a half a billion times/ came sickened to your shore/ you showed me what this life is for." These lines resonate with anyone who has feasted on the good things of this world only to be left spiritually hungover and unsatisfied.

We see a similar dynamic evoked by Jesus' words after he feeds the crowd with bread and fish. To teach them to hunger for God, he recalls God's gift of manna-bread for the hungry ancient Israelites. Those folks had grown spiritually sick from the idolatrous food of Egypt yet still longed for more worthless pagan food. So, God sent heavenly bread to nourish their bodies, but also to heal their distrustful hearts. His people — like us — must learn to hunger and thirst for God alone. Before we can receive that which will not disappoint, we first must cease expecting that earthly goods will satisfy us.

We will get to the Lord's teaching on the Eucharist in the next two weeks. But first, he asks us: do you trust me to take care of you? Do you trust me to give you what you need for each day, and to not worry about the next day? Do you see that when you hungrily stuff yourself with the things of this world you become sick and lose your taste for the bread of life? So, our hungry hearts cry out: Lord, help us to trust that you'll provide for our every need. Help us to use only what we truly need. Help us hunger for the goodness of your Son, who is the true bread from heaven. That is what this life is for. — Father John Muir©LPi



WELCOME ALL



BULLETIN ANNOUNCEMENTS

Deadline for any pulpit announcements is **Thursdays by 12N**. If you have any postings for the bulletin, please email bulletin@st-anastasia.org. August 18th bulletin content due: Thursday, August 8th.

ALICE SAFETY TRAINING

ALICE ActiveShooter Response Training

Join us for ALICE Certified Instructor Training hosted by Saint Anastasia School! This 2-Day Instructor training course is designed to teach participants the skills and strategies to increase survivability during the gap between the time a violent event occurs, and law enforcement arrives. Upon successful completion of this course, you will be a Certified ALICE Instructor and will have the knowledge and resources to train others in your community.

When: August 5th and 6th, 2024 8am – 5pm

Where: Saint Anastasia School – Library
8631 Stanmoor Dr. Los Angeles, CA 90045

Register: <https://cvent.me/vXEzL4?RefId=social>

St. Anastasia Online Giving



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Scan the QR code to donate online with
Our Sunday Visitor

Thank you for your continued support

MINISTRY MEETINGS

August 7th: Adult Choir (Every Wednesday at 6:15PM)

August 7th: Men's Morning Hour (Every 1st Wednesday of the month after 6:30AM Mass) Location: Parish Office Conference Room

August 9th: Prayer Group (Every Friday 6pm-8pm) Location: Parish Office Conference Room.

August 14th: Baptismal Ministry (The 2nd Wednesday of the month at 7:30pm) Location: Parish Conference Room

August 15th: Companions on the Journey (Every 3rd Thursday of the month at 10AM-11:30AM) Location: Parish Office Conference Room

Altar Society: (Every Thursday after 8AM Mass and Rosary) Location: Diamond Courtyard w/ light refreshments and treats.



Monday - Friday

Personal Prayer in the Church 6AM - 5PM
Daily Rosary in the Church after 6:30AM & 8AM Mass

Wednesday, August 7th

Divine Mercy Chaplet + Adoration at 5PMt

Wednesday, August 7th

Parish Office Closed for Staff Retreat

Wednesday & Thursday, August 14th & 15th

The Assumption OF The Blessed Virgin Mary
6pm Vigil, 6:30AM, 8AM, 6PM
(Holy Day Of Obligation)

Sunday, August 18th

Ministry Appreciation Luncheon

Thursday, August 22nd

Wellness Mass 5PM

Thursday, August 22nd

Virtus Training 9-12N

(register at calendly.com/stanastasia90045)

Sunday, August 25th

Blessing of the backpacks 9AM

Monday, August 26th

Fingerprinting

(register at calendly.com/stanastasia90045)

Wednesday, August 28th

First Day of School

Monday, September 2nd

Labor Day, Office Closed

MASS INTENTIONS & READINGS FOR THE WEEK

Birthday ★ Support ♦ Anniversary ♥ Memorial †

SUN, Aug 4th: 18th Sunday in Ordinary Time

Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 (24b)/Eph 4:17, 20-24/Jn 6:24-35

7:30 AM Don T. ♦
9 AM Isabel Blankas ★
11 AM Bernadeta Semik †
5PM Olivia Keogh ★

MON, Aug 5th: The Dedication of the Basilica of St. Mary Major
Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/Mt 14:13-21

6:30 AM Gretchen Luna ♦
8 AM Special Intention ♦

TUES, Aug 6th: The Transfiguration of the Lord

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mk 9:2-10

8 AM Brigid Marshall & Peter Mallen ★★

WED, Aug 7th: St. Sixtus II, Pope & Companions, Martyrs;

Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28

6:30 AM Chris Wyatt †
8 AM Yasmin Zaidi ♦

THUR, Aug 8th: St. Dominic, Priest

Jer 31:31-34/Ps 51:12-13, 14-15, 18-19/Mt 16:13-23

8 AM Lucian Shokouh ♦

FRI Aug 9th: St. Teresa Benedicta of the Cross, Virgin and Martyr

Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41/Mt 16:24-28

6:30 AM Jan Semik †
8 AM Ena R. Rodriguez †

SAT, Aug 10th: St. Lawrence, Deacon and Martyr

2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/Jn 12:24-26

8 AM John & Elda Cussigh ††
5PM Esperanza & Abner Daland ††

NEXT SUNDAY'S MASS CELEBRANTS & READINGS

SAT: 5PM	Fr. Semik
SUN: 7:30AM	Msgr. Cox
SUN: 9AM	Fr. Semik
SUN: 11AM	Fr. Rozborski
SUN: 5PM	Fr. Rozborski

First Reading: He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb. (1 Kgs 19:8)

Psalm: Taste and see the goodness of the Lord. (Ps 34)

Second Reading: So be imitators of God, as beloved children, and live in love, as Christ loved us. (Eph 5:1-2)

Gospel: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." (Jn 6:51)

FAITH FORMATION PROGRAMS *& Sacramental Prep*
2024 - 2025

REGISTRATION IS NOW OPEN!

Inviting students from Ages 7 - 12th Grade and Adults ready for OCIA

Welcome to St. Anastasia Catholic Church's Youth Faith Formation program! Classes will run from September - early May. Registration is now open for the 2024-2025 Faith Formation Year!



PARENT ORIENTATION MEETINGS
THU & FRI AUGUST, 22 & 23

SCHOOL OF RELIGIOUS EDUCATION



Our parish religious education program for students who are being raised Catholic, but do not attend a Catholic school. Through this program students will learn basic Catholic teachings, prayers and prepare for the sacraments of Reconciliation and First Communion.

HIGH SCHOOL CONFIRMATION



Preparation typically begins in 9th grade, but open to all HS teens. Students participate in a 2 year program that meets monthly. The this program gives teens the space to encounter Jesus, deepen their knowledge of Catholicism and strengthen their gifts of the Holy Spirit

ADULT OCIA



The Order of Christian Initiation for Adults (OCIA) is for all those searching, exploring and discerning to become Catholic. Whether you are baptized, or not we are here to journey along side you.

We invite all to "Come and See."

Preparation for the new faith formation year is underway, and your help is needed across all of our programs. Opportunities include elementary teaching catechist, co-teacher, hall monitoring, teen youth minister and OCIA Adult program accompaniment. All you need is a willingness to work with our youth and a love for sharing our faith with others.

Training and support will be provided.

**Remember God doesn't always call the qualified.
He qualifies the called!**

Contact Dianalee Dupree by email ddupree@st-anastasia.org
text 310-913-7965

CONGRATS TO OUR NEWLY BAPTIZED



The St. Anastasia Community congratulates the families of the following children recently baptized in our parish.

Madeline G. Hunter M.
 Luke I. Makena R.
 Sophia K.

Lord, pour your Holy Spirit into their hearts and wrap your loving arms around them.

VIRTUS TRAINING



Any person who wishes to volunteer or work at St. Anastasia Catholic Church or School, must go through the VIRTUS® Protecting God's Children® training and be fingerprinted through ADLA. Fingerprinting is by appointment only, on August 26th. To sign up please go to <https://calendly.com/stanastasia90045>

SENIOR SOCIAL CLUB

St. Anastasia Social Club Presents

BINGO LUNCHEON

LUNCH | FUN | PRIZES

Tuesday, August 13th at 12pm

Hot Dog and Chili will be served in Pastor's Plaza. Baseball picnic theme.
 Cost is \$15 Per Person
 RSVP to Lorette at 310-670-2488 by August 10.

LOOKING FOR LECTORS

Interested in participating at weekend Masses while growing in faith and developing the gift of public speaking? **Consider becoming a Lector**

Email Ddupree@st-anastasia.org to connect with our Ministry leaders for training and resources!

MINISTRY APPRECIATION LUNCHEON

MINISTRY LUNCHEON

YOU MAKE A DIFFERENCE

We are so thankful for the MANY volunteers that give of their time, talents, and treasures to keep our church flourishing

Join us after Mass
Sun. August 18th
12N-2PM Pastors Plaza

RSVP by email or text 310-913-7965

BEYOND OUR PARISH

DO YOU WANT TO ADVERTISE WITH US?



AVAILABLE NOW!
PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant faith community!

Stephanie Church from LPi, our bulletin printer, will be securing new ads for our church in the coming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our parish bulletin and/or a digital ad featured on ParishesOnline.com.

LPi Stephanie Church
(800) 950-9952x7880
schurch@4lpi.com

CONFERENCE FOR CATHOLIC SINGLES

Looking to meet faithful single Catholics? August 16th-18th, 2024 - Join 400+ singles coming from all parts of the US (and beyond!) at the 23rd National Conference for Single Catholics in Las Vegas, Nevada (or participate virtually and engage with others via the online socials and small group discussions). This is your chance to connect with like-minded singles of all ages! The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, fellowship and more. (If attending in-person, use the promo code PARISH24 for a discount.) Visit NationalCatholicSingles.com for more information and to register. (Can't find your question answered on the website? Call 704-665-0455.)



ARCHDIOCESE OF LOS ANGELES



INSTEAD OF RUSHING TO PURSUE
A GOAL, TAKE TIME TO
TALK WITH ME

ABOUT IT.

On September 28, 2024 at the Cathedral of Our Lady of the Angels Conference Center, the Archdiocese of Los Angeles will host Rescue Live! with ACTSXXIX. Go to <https://lacatholics.org/rescue-live/> to register for free.

DAUGHTERS OF CHARITY

"Is God calling me?"

If this question is in your heart, the Daughters of Charity invite you to join others seeking God's will for their lives. Join us for a Nun Run, one of the Daughter of Charity discernment retreats, or another discernment opportunity to help you find your calling.

Come & See | Los Altos Hills | September '24
September 27 - September 29

Join us in the Bay Area for a prayerful and reflective religious vocation discernment retreat. Stay with us, pray with us, talk with us and meet others who are discerning.

Check out our site at <https://daughters-of-charity.com/retreats/> or contact Sr. Lisa Laguna, DC at (213) 210-9903 for more information.

There is no cost to participate!

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ADMINISTRATIVE STAFF

Parish Secretary

Nora Jayne Mallen

Parish Office Assistant

Theresa Reilly

Director of Mission Advancement

Vickie Farmer

Music Ministry Director

Kate Comstock

Parish Communications

Danielle Gulalo

Parish Maintenance

Erik Melchor

SCHOOL ADMINISTRATION

School Principal

Angelica Krestin

School Vice Principal

Amanda Kraivanger

LITURGICAL MINISTRIES

Ministry of the Word

Carl Pentis 310-594-0869

Antionette Luxford 310-338-1140

Ministry of Ushers

Damon Le Blanc csrelblanc@gmail.com

Courtyard Hospitality

Sr. Teresita 310-216-2001

Altar Care

Rose De Leonardis 310-567-2707

Altar Server Training

Mary Paquin 310-502-6653

COUNCILS

Finance Council

David Mora

Arts and Education

Andy Kozlowski

Safety Committee

Channing Pourchot

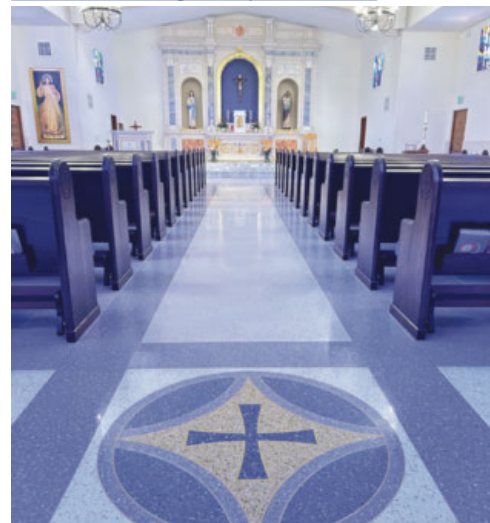
DID YOU KNOW?

August 3-4

What does it mean to be trauma-informed?



To be a trauma-informed person means that you have cultivated an awareness about trauma and the effects it has in people's lives. Trauma is a far more common experience than we would like to believe, and includes, but is not limited to child sexual abuse, genocide, and domestic violence. Trauma-informed people recognize that trauma has a profound, lasting impact, and can leave victims struggling to cope. To learn more, read the VIRTUS® article "Being Trauma-Informed" at <https://lacatholics.org/did-you-know/>



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213-637-7248

www.la-archdiocese.org/org/vocations

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SACRAMENTAL PREPARATION

BAPTISM:

Please contact the Parish Office at 310-670-2243 ext.36 for information, as parents and godparents are required to participate in a prepreparation baptism course. You may also email Dianalee Dupree at DDupree@st-anastasia.org for information on the completion of all requirements. All requirements are to be completed **4 weeks** prior to a scheduled Baptism.

FIRST RECONCILIATION, HOLY COMMUNION, AND HS CONFIRMATION:

Please contact Dianalee Dupree
Call: 310-670-2243 Ext. 51 or
Email: DDupree@st-anastasia.org

ADULT BAPTISM, CONFIRMATION AND EUCHARIST (OCIA):

for information on becoming Catholic contact Parish Office at 310-670-2243 or Email: DDupree@st-anastasia.org

MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed

wedding date. Call the Parish Office: 310-670-2243.

ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family. **DON'T WAIT UNTIL THEIR CONDITION BECOMES DIRE.** Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones.

Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.

FUNERAL PLANNING:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.