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Our Mission: A Roman Catholic Community celebrating Christ's presence among us.

### ADMINISTRATOR:

Fr. Francis Kim

IN RESIDENCE:

Fr. Timothy McGowan

### RETIRED:

Msgr. Charles E. Hill

Msgr. James Forsen (Pastor Emeritus)

### MASS TIMES

DAILY MASS

Monday - Friday: 8:00a.m.

(This mass is also live-streamed)

### SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m.

Sunday: 8:00 am., 9:30 a.m., and II:00 a.m.

(The Sunday Mass at 8:00 a.m. is also

live-streamed on our website)

### DAILY ROSARY

Monday thru Friday following the 8 a.m. mass

### HOLY HOUR (INSIDE THE CHURCH)

First Friday of each month:

8:30am-9:30am

### CONFESSIONS

(Inside the church, in the Sanctuary)

Saturday: 3:00 p.m. - 4:00 p.m.

and by appointment

### PRIVATE WORSHIP (INSIDE THE

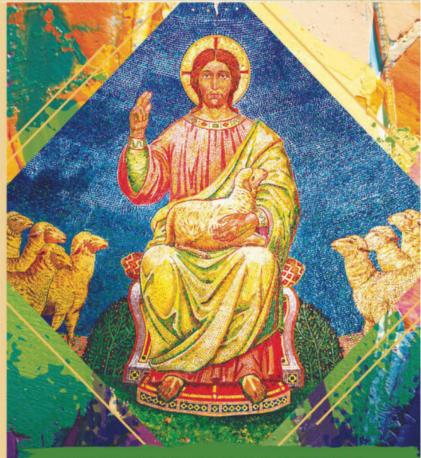
CHURCH)

Monday-Friday: 7:30 a.m. - 4:00 p.m.

Saturday: 8:00 a.m. - 4:00 p.m.

### PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm Closed for lunch 12:00 pm - 1:00pm



## 16TH SUNDAY IN ORDINARY TIME

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd. - Mk 6:34

Excerpts from the Lectionary for Mass @2001, 1996, 1970 CCD. @LPi

JULY 21, 2024

### WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

6561 WEST 88TH STREET LOS ANGELES, CA 90045

### SUNDAY'S READINGS

**FIRST READING** — I will appoint shepherds for them who will shepherd them so that they need no longer fear and tremble; and none shall be missing, says the LORD. (Jer 23:4)

**PSALM** — The Lord is my shepherd; there is nothing I shall want. **(Ps 23) SECOND READING** — In Christ Jesus you who once were far off have become near by the blood of Christ. For he is our peace, he who made both one and broke down the dividing wall of enmity. **(Eph 2:13-14)** 

GOSPEL - When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. (Mk 10:34)

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

### READINGS FOR THE WEEK

MONDAY: SG 3:1-4B OR 2 COR 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/JN 20:1-2, 11-18

TUESDAY: MI 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/MT 12:46-50

**Wednesday:** Jer 1:1, 4-10/Ps 71:1-2, 3-4A, 5-6AB, 15 AND 17/Mt 13:1-9

THURSDAY: 2 COR 4:7-15/Ps 126:1BC-2AB, 2CD-3, 4-5, 6/MT 20:20-28

FRIDAY: JER 3:14-17/Ps 19:8, 9, 10, 11/MT 13:18-23

**SATURDAY:** JER 7:1-11/Ps 84:3, 4, 5-6A, AND 8A, 11/MT 13:24-30

### LIVE THE LITURGY

### Inspiration of the Week

The crowds continue to follow Jesus, and when he sees them, he cannot help but be filled with love for them. Let us take our cue from these devoted disciples of Mark's Gospel, and never, ever stop seeking our Lord.

©LP1

### WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles.

These are very helpful and powerful small articles. Please contact

Candy Blankenship at 310-338-9043 or blank8840@gmail.com
and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving,

Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of

### FUNERAL ANNOUNCEMENTS

Visitation Parish Community extends its sympathy and prayers to the family and friends of

• Robert Lawrence Diver who went home to the Lord on June 27, 2024. He was 47 years old. Funeral Mass will take place Saturday, July 27th at 11:00AM at Visitation.

Please pray for their souls and the souls of all the faithful departed.

### PARISH REGISTRATION

Are you looking for a faith community to call home? Visit our website to register as a parishioner.



SAINTS AND SPECIAL OBSERVANCES

### SUNDAY - JULY 21ST

16th Sunday in Ordinary Time

8:00am - Edward Connoy †

9:30am - For the people of

Visitation Parish

11:00am - Helen Pelka †

### MONDAY - JULY 22ND

St. Mary Magdalene

8:00am - Julie Formes

### TUESDAY - JULY 23RD

St. Bridget, Religious

8:00am - Weitao Liu †

### WEDNESDAY - JULY 24TH

St. Sharbel Makhlūf, Priest

8:00am - Kevin Geiss

### THURSDAY - JULY 25TH

St. James, Apostle

8:00am - Zackary Geiss

### FRIDAY - JULY 26TH

Sts. Joachim and Anne, Parents of the Blessed Virgin Mary

8:00am - Diane Bacon †

### SATURDAY - JULY 27TH

5:00pm - Ana Bertha Manjarrez †

To request a **Mass intention** please call the Rectory 310-216-1145

PRAYER REQUESTS: email them to the following vizprayerrequests@gmail.com If you would like to join in praying for the requests received, please send an email to the prayer request email address.



Thank you for your Donations!

Grieving, and

many, many more.

### MESSAGE FROM FR. FRANCIS

Dear Visitation Family,

In today's gospel Jesus reminds His disciples, "Come away by yourselves to a deserted place and rest a while." In the 16th century, St. Ignatius of Loyola encouraged his Jesuits to be "contemplatives in action." This is timely advice for us in the 21st century, where we are increasingly neglecting the contemplative aspect of our lives. Instead, we are always in action, always on the go, unable to truly rest, and therefore, incapable of experiencing the silence and stillness required to heed the words of the psalmist, "Be still and know God" (Psalm 46:10).

Survey after survey shows that Americans are more burned out today than ever before. We feel pressured to be productive, efficient, "kill two birds (no, three birds!) with one stone." Jesus reminds us of the importance of rest, silence, and stillness. And He was a model for what it means to be a contemplative-inaction, for no matter how busy life was He took the time to go away to a deserted place in order to seek silence and stillness. If our Master did so, we are called to no less. May we cultivate the skill of becoming contemplatives-in-action by taking the time to engage in prayer and self-reflection in order to gain a better understanding of our experiences, THEN taking action for the greater good of our world.

### Don't Forget

Pray, pray, pray!

Your Priest, Fr. Francis fkim@la-archdiocese.org

### SAFEGUARD THE CHILDREN AND VULNERABLE ADULTS

### **DID YOU KNOW?**

Summer safety tips: Ways to prevent unintentional drowning deaths

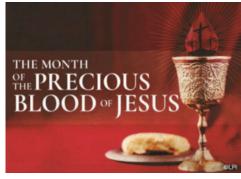
Drowning is the second leading cause of unintentional injury death for children 5-14 years old, and every year in the United States there are more than 4,000 unintentional drowning deaths, according to the Centers for Disease Control and Prevention (CDC). Preventing unsupervised access to water, providing constant, active adult supervision and knowing how to swim are critical layers of protection to help prevent drowning. For more information, visit www.cdc.gov and redcross.org.

### HOSPITALITY

**THANK YOU** to all of you who came to enjoy the Ice Cream Social last Sunday. We salute Ramona Palmer and Toni Kerker (and their helpers) for ensuring this event happens every July!!!

Please join the Knights of Columbus who will be hosting Coffee and Donuts next Sunday, July 28.





### PRAYER:

Eternal Father, I offer Thee the most Precious Blood of Jesus Christ, in satisfaction for my sins, in supplication for the holy souls in Purgatory and for the needs of Holy Church [especially for the soul of (Name)].



PRAYER TO THE SHEPHERD

My Good Shepherd,

There are so many things I don't understand about the paths where you lead and the pastures where you release me. But I believe that you are a Good Shepherd. I have known your protection and provision in so many ways. Please keep me under your care. Amen.



Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. / Amen.

### **ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. / Amen.

## PRAYER FOR AFTER HOLY COMMUNION

Holy Trinity, Father, Son, Holy Spirit, I adore you deeply and I offer you the precious Body, Blood and Divinity of Jesus Christ present in all the tabernacle on earth, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And, for the infinite merits of his most holy Heart and of the Immaculate Heart of Mary, I ask you for the conversion of poor sinners. /Amen

# ANNUAL MISSION COOPERATIVE APPEAL THIS YEAR HELP US WITH TRAINING JESUIT SEMINARIANS IN RWANDA AND BURUNDI



The Rwanda-Burundi Region of the Society of Jesus (Jesuit) was created in 1999. It previously had been part of the Central African Province along with the Democratic Republic of Congo. It is the watershed tragedy of the Genocide in 1994 and regional security problems that caused the split. Today, the Region counts around 100 Jesuits, and more than 70% of them are still in formation. The average cost to train a Jesuit in Africa, per year, is \$9,000, and it takes about twelve years to form one Jesuit priest.

During and after their training, Jesuit priests in Rwanda and Burundi actively work in education, services to help the poor, retreat centers, healing and reconciliation ministries, HIV/AIDS ministry, Refugees Service, youth Ministries, vocation promotion, parish work, ecological and social justice programs.

We are kindly asking for your support to train these seminarians who will serve the Church in the future. Please be generous today in your donation.



On the weekend of July 27/28, the Knights of Columbus will be selling Rancho San Antonio Raffle Tickets after all the Masses in the patio area and the back of the Church.

The drawing will be held September 30, 2024. The proceeds from this raffle support the "The Boys Home of the West" located in Chatsworth. For over 90 years this Catholic Agency has been helping confused, abused, neglected and homeless youth avoid becoming another negative statistic.

For most of these court referred young men, it is their first real chance to succeed. Through the years Rancho San Antonio has helped over 15,000 troubled young men become productive members of their community.

The Knights of Columbus deeply appreciate the generous support that the parishioners of Visitation have given to this drive over the years.

## Parish Religious Education Program (PREP)

We are excited to announce that our Parish Religious Education Program (PREP) for students in Grades 1 - 8, including Sacrament Preparation is now accepting applications for the 2024-25 school year which will begin on September 15th with our Opening Ceremonies. For more information and an application, please visit our website or scan the QR code. We look forward to welcoming your family to PREP at Visitation this fall.



# Confirmation Program for Teens

Registration is open for our parish Confirmation Program which is designed for teens who are interested in receiving the Sacrament of Confirmation. Confirmation at Visitation celebrates the Holy Spirit working in the hearts of our teenagers. The Confirmation process, which takes place over a two-year period, is a time of discernment for our young people to explore, grow and take ownership of their Catholic Faith. If you or someone you know is in the 9th -11th grade and are interested in joining us, please scan the QR code to access more information and the application on our website. We can't wait to welcome you to our first Session Retreat on Sunday, September 22nd starting with the 11:00 am Mass.

OCIA, the Order of Christian Initiation for Adults welcomes those who are considering becoming Catholic and adult Catholics who have not yet been confirmed. The Church is where we encounter God in the Word, in the Sacraments, and in the Saints; to gain an understanding of the source of life and salvation. If you feel called to a work in the world and in the Church, consider joining us! OCIA meets on Mondays at 6:30 pm starting September 16th. For more information, please contact our OCIA Coordinators - Laura and Gilbert Trujillo at RCIA. Visitation@gmail.com.





For additional information about any of our Faith Formation programs, please contact Debra Evans, Director of Religious Education and Sacrament Preparation by phone/text (703) 582-9888 or by email at <a href="mailto:religiouseducationvc@gmail.com">religiouseducationvc@gmail.com</a>

### Faith Formation Volunteers Needed

Go, teach all nations, baptizing them in the name of the Father and of the Son, and of the Holy Spirit. - Mt. 28:19

Are you looking to deepen your faith and share it with others including the next generation? Consider answering Christ's call to be a volunteer Catechist or Catechist Aide with PREP; Adult Core Team Leader or Peer Leader with Confirmation; or accompany adults on their OCIA journey! If you have a heart for Jesus, and for spreading the Good News to children, teens, or adults please contact Debra Evans, Director of Religious Education and Sacrament Preparation by email at religiouseducationvc@gmail.com, or by phone/text (703) 582-9888. We welcome your interest and participation.

### **Prayer**

Dear God, thank you that Jesus gave up what he wanted, just so he could help other people. Help me to follow his example. Amen.

### Mission for the Week

Spend some alone time with Jesus tonight. If you get interrupted because someone else needs help, that's okay. Go help, and then come back to your alone time with Jesus again.

### **Sharing the Gospel**

Have you ever just wanted to be alone for a while? Jesus and his disciples knew what that felt like. They wanted to be alone to talk and rest. but crowds of people were surrounding them. Even when Jesus and his disciples tried to slip away unnoticed, people followed them anyway. They arrived only to find more crowds of people. This was certainly not the quiet time they had planned on. Being patient and kind, Jesus gave up what he wanted, and he began to teach the crowds.

Now color the picture!



Find and circle these words from today's Gospel:

| PLACE<br>APOSTLES<br>ALONE |   |   | GOING<br>BOAT<br>CROWD |   |   |   | SHEPHERD<br>PEOPLE<br>TEACHING |   |   |   |
|----------------------------|---|---|------------------------|---|---|---|--------------------------------|---|---|---|
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### **APOSTLES CREED**

I believe in God, the Father Almighty. Creator of heaven and earth. and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary. suffered under Pontius Pilate. was crucified. died and was buried: He descended into hell; on the third day He rose again from the dead; He ascended into heaven. and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints. the forgiveness of sins, the resurrection of the body. and life everlasting. Amen

### MASS PARTS

MASS OF RENEWAL

### **GATHERING**

SATURDAY Come Let Us Worship the Lord

Refrain Come, worship the Lord, for we are His people The flock that He shepherds, Alleluia

Verse 1 Come, let us sing to the Lord,

And shout with joy to the Rock who saves us Let us come with thanksgiving

And sing joyful songs to the Lord

Verse 2 The Lord is God, the mighty God The great King o'er all other gods

He holds in His hands the depths of the Earth

And the highest mountains as well He made the sea, it belongs to Him The dry land too, was formed by His hand

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### **PSALM**

The Lord is my shepherd; there is nothing I shall want.

### **GOSPEL ACCLAMATION**

Alleluia (Angrisano)

### PREPARATION OF THE TABLE AND GIFTS

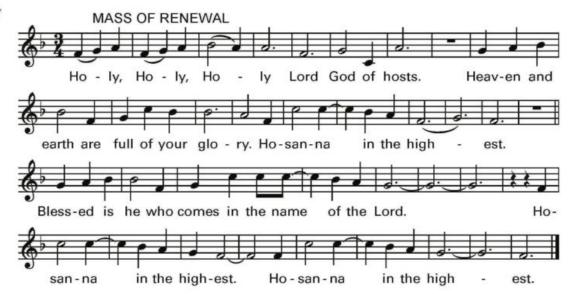
Only in God



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### **HOLY HOLY**



### **MEMORIAL ACCLMATION**

### MASS OF RENEWAL



### **AMEN**

### MASS OF RENEWAL



### LAMB OF GOD

### MASS OF RENEWAL



### COMMUNION

### Shepherd Me, O God



### SENDING

Go Out, Go Out



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