HURCH OF THE // ISITATION

Our Mission: A Roman Catholic Community celebrating Christ's presence among us

ADMINISTRATOR:

Fr. Francis Kim IN RESIDENCE: Fr. Jim Anguiano (Vicar General) Fr. Timothy McGowan

RETIRED: Msgr. Charles E. Hill Msgr. James Forsen (Pastor Emeritus)

MASS TIMES

DAILY MASS Monday - Friday: 8:00a.m. (This mass is also live-streamed)

SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m. Sunday: 8:00 am., 9:30 a.m., and 11:00 a.m. (The Sunday Mass at 8:00 a.m. is also live-streamed on our website)

DAILY ROSARY Monday thru Friday following the 8 a.m. mass

HOLY HOUR (INSIDE THE CHURCH) First Friday of each month: 8:30am-9:30am

CONFESSIONS

Saturday: 3:00 p.m. - 4:00 p.m. and by appointment

PRIVATE WORSHIP (INSIDE THE CHURCH) Monday-Friday: 7:30 a.m. - 4:00 p.m. Saturday: 8:00 a.m. - 4:00 p.m.

PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm Closed for lunch 12:00 pm - 1:00pm "FOR THE BREAD OF GOD IS THAT WHICH COMES DOWN FROM HEAVEN AND GIVES LIFE TO THE WORLD." - JN 6:33

18TH SUNDAY IN ORDINARY TIME

EXCERPTS FROM THE LECTIONARY FOR MASS ${\leqslant}2001, 1998, 1970$ CCD. ${\Leftrightarrow}LPi$

AUGUST 4, 2024

WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

6561 WEST 88TH STREET LOS ANGELES, CA 90045

Tel. 310-216-1145 Fax. 310-846-5421 email: visitationchurch497@gmail.com visitationchurch-la.com

PRAYER BEFORE MASS

Dear Father in heaven, I come before your sacred altar to assist the divine sacrifice of your Son Jesus. Fix my mind on you and by his precious blood wash away all my sins as I repent of having offended you. Grant that we may celebrate this holy mystery with strong faith and devotion. Send us the Holy Spirit of love to ignite our hearts to receive devoutly the Holy Eucharist. Bless our family, our parish, and our community. We ask this through Christ, our Lord, who lives and reigns with you forever and ever. / Amen.

READINGS FOR THE WEEK

MONDAY: JER 28:1-17/PS 119:29, 43, 79, 80, 95, 102/MT 14:13-21 TUESDAY: DN 7:9-10, 13-14/PS 97:1-2, 5-6, 9/2 PT 1:16-19/MK 9:2-1 WEDNESDAY: JER 31:1-7/JER 31:10, 11-12AB, 13/MT 15:21-28 THURSDAY: JER 31:31-34/PS 51:12-13, 14-15, 18-19/MT 16:13-2 FRIDAY: NA 2:1, 3; 3:1-3, 6-7/DT 32:35CD-36AB, 39ABCD, 41/MT 16:24-28 SATURDAY: 2 COR 9:6-10/PS 112:1-2, 5-6, 7-8, 9/JN 12:24-26 Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

LIVE THE LITURGY Inspiration of the Week

Jesus reminds his followers: "Do not work for food that perishes, but for the food that endures for eternal life." We are so often distracted by the world before us, by the here and now. Let us not forget what is eternal. We were made for what is eternal.

WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact Candy Blankenship at 310-338-9043 or blank8840@gmail.com and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.



Our next Hospitality...also known as **"Donut Day"** will be hosted by the Knights of Columbus next Sunday, August 11. Please join them in the courtyard following all of the Sunday Masses.

PARISH REGISTRATION

Are you looking for a faith community to call home? Visit our website to register as a parishioner.

Thank you for your continued support and generosity to Church of the Visitation!



SAINTS AND SPECIAL OBSERVANCES

SUNDAY – AUGUST 4TH 18th Sunday in Ordinary Time 8:00am - Asuncion Laureola † 9:30am - For the people of Visitation Parish

11:00am - Polo Portillo †

MONDAY - AUGUST 5TH The Dedication of the Basilica of St. Mary Major 8:00am - Filomena Macaranas †

<u>TUESDAY - AUGUST 6TH</u> The Transfiguration of the Lord 8:00am - Josesa Bustria †

WEDNESDAY - AUGUST 7TH St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest

8:00am - Corazon Reyes †

THURSDAY - AUGUST 8TH St. Dominic, Priest 8:00am - Andre Rouseyrol †

FRIDAY - AUGUST 9TH St. Teresa Benedicta of the Cross, Virgin and Martyr

8:00am - Yanet Velazquez (Birthday)

SATURDAY - AUGUST 10TH St. Lawrence, Deacon and Martyr 5:00pm - Thomas Gregory †

To request a **Mass intention** please call the Rectory 310-216-1145

PRAYER REQUESTS: email them to the following vizprayerrequests@gmail.com If you would like to join in praying for the requests received, please send an email to the prayer request email address.

ONLINE GIVING FAITH DIRECT Implifing secure given Text \$ amount to 310-361-1262 to give!

Thank you for your Donations!

Find this bulletin and other announcements online: visitationchurch-la.com

MESSAGE FROM FR. FRANCIS

Dear Sisters and Brothers,

As we know, the Olympics are well underway, and many of us may be closely watching the athletes perform incredible feats of athleticism. I remember as a child, my sisters and I would watch the gymnasts execute their flips and turns. Inspired by these gymnasts, we would lay out thick blankets on the floor and perform our own cartwheels and handstands, imitating what we observed.

This mimicking behavior is a significant way young children learn—by taking in the words and actions of the adults in their lives. A child's mind is like a sponge, absorbing their surroundings quickly and readily. I wonder, then, what our children are absorbing from the words and actions of their current surroundings, including those of so-called "mature" adults, such as politicians, celebrities, religious leaders, and even parents. Are our actions and words filling these young minds with superficiality, divisive rhetoric, and greed? Or are we setting examples, not of perfection (which is a great danger), but of a sincere willingness to learn, be open-minded, and humble?

What sort of future do we envision for our society? May we, then, put that vision into practice today.

Don't Forget

• "The one who avoids prayer is avoiding all that is good." - St. John of the Cross

Take good care, Fr. Francis fkim@la-archdiocese.org

SAFEGUARD THE CHILDREN AND VULNERABLE ADULTS

What does it mean to be trauma-informed?

To be a trauma-informed person means that you have cultivated an awareness about trauma and the effects it has in people's lives. Trauma is a far more common experience than we would like to believe, and includes, but is not limited to child sexual abuse, genocide, and domestic violence. Trauma-informed people recognize that trauma has a profound, lasting impact, and can leave victims struggling to cope. To learn more, read the VIRTUS® article "Being Trauma-Informed" at lacatholics.org/did-you-know/.

PRAYER FOR AFTER HOLY COMMUNION

Holy Trinity, Father, Son, Holy Spirit, I adore you deeply and I offer you the precious Body, Blood and Divinity of Jesus Christ present in all the tabernacle on earth, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And, for the infinite merits of his most holy Heart and of the Immaculate Heart of Mary, I ask you for the conversion of poor sinners. /Amen



Since the 16th century Catholic piety has assigned entire months to special devotions. The month of August is traditionally dedicated to the Immaculate Heart of Mary. The physical heart of Mary is venerated (and not adored as the Sacred Heart of Jesus is) because it is united to her person and is the seat of her love (especially for her divine Son), virtue, and inner life. Such devotion is an incentive to a similar love and virtue.

This devotion has received new emphasis in this century from the visions given to Lucy Dos Santos, oldest of the visionaries of Fatima, in her convent in Tuy, in Spain, in 1925 and 1926. In the visions Our Lady asked for the practice of the Five First Saturdays to help make amends for the offenses committed against her heart by the blasphemies and ingratitude of men. The practice parallels the devotion of the Nine First Fridays in honor of the Sacred Heart.

On October 31, 1942, Pope Pius XII made a solemn Act of Consecration of the Church and the whole world to the Immaculate Heart. Let us remember this devotion year-round, but particularly through the month of August.

Excerpted from The Prayer Book by Reverend John P. O'Connell, M.A., S.T.D. and Jex Martin, M.A.



Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. / Amen.

Viz Senior

Come to O'Grady Center and have a Senior Fun Day.

Join us on Wednesday, August 7 at 1:30 pm in the O'Grady Center

Come have some fun, have some snacks and plan more Senior Fun Days. Have an idea or two, please share it with us.

Valet Parking will be provided.

Need a ride? Give a ride? Let us know.

Marlene Kaufman / Mary Lou Ward/ Toni Kerker

> Questions? call Marlene 310-365-8211

Eucharistic Miracle of Tidal Wave Recedes in Tumaco, Colombia – 1906

Contributed by: Katie Canty

On the morning of January 31, 1906, an 8.0 magnitude earthquake rocked off the coast of South American.

Shortly afterward, the inhabitants of a village in Tumaco, Colombia saw an enormous wave forming in the ocean. They ran to the front of the church and begged the Pastor, Fr Gerardo Larrondo to immediately organize a Eucharistic procession.

Fr. Gerardo consumed a host and placed a large Host in the monstrance, and led the faithful toward the beach, saying: "Let's go my people. Let us go toward the beach and may God have pity on us!"

They marched toward the beach, weeping and crying out to God.

As they arrived at the beach, Fr. Larrondo with the monstrance in hand, bravely went to the shoreline. As the wave was arriving, he raised the consecrated Host in the monstrance, and made the Sign of the Cross in the air.

The wave progressed a little more but suddenly, the people in amazement, cried out: "A Miracle, A Miracle!".

As if stopped by an invisible force, the powerful wave that threatened to destroy the village of Tumaco suddenly came to a halt and began to recede, while the ocean quickly returned to its normal level.

Tumaco, Colombia was the only place in the region that did not suffer the loss of life or major damage from this tidal wave.



THANK YOU BULLETIN ADVERTISERS

This bulletin is subsidized completely by those companies whose advertisements appear on the last page. If you have the opportunity, you may thank them in the name of our parish by using their products or services. **Do you have a business and would like to participate as a sponsor of our bulletin?** You may contact LPi at 1-800-950-9952

Parish Religious Education Program (PREP)

We are excited to announce that our Parish Religious Education Program (PREP) for students in Grades 1 - 8, including Sacrament Preparation is now accepting applications for the 2024-25 school year which will begin on September 15th with our Opening Ceremonies. For more information and an application, please visit our website or scan the QR code. We look forward to welcoming your family to PREP at Visitation this fall.



Confirmation Program for Teens

Registration is open for our parish Confirmation Program which is designed for teens who are interested in receiving the Sacrament of Confirmation. Confirmation at Visitation celebrates the Holy Spirit working in the hearts of our teenagers. The Confirmation process, which takes place over a two-year period, is a time of discernment for our young people to explore, grow and take ownership of their Catholic Faith. If you or someone you know is in the 9th -11th grade and are interested in joining us, please scan the QR code to access more information and the application on our website. We can't wait to welcome you to our first Session Retreat on Sunday, September 22nd starting with the 11:00 am Mass.

OCIA, the Order of Christian Initiation for Adults welcomes those who are considering becoming Catholic and adult Catholics who have not yet been confirmed. The Church is where we encounter God in the Word, in the Sacraments, and in the Saints; to gain an understanding of the source of life and salvation. If you feel called to a work in the world and in the Church, consider joining us! OCIA meets on Mondays at 6:30 pm starting September 16th. For more information, please contact our OCIA Coordinators - Laura and Gilbert Trujillo at RCIA. Visitation@gmail.com.





For additional information about any of our Faith Formation programs, please contact Debra Evans, Director of Religious Education and Sacrament Preparation by phone/text (703) 582-9888 or by email at religiouseducationvc@gmail.com

Faith Formation Volunteers Needed

Go, teach all nations, baptizing them in the name of the Father and of the Son, and of the Holy Spirit. - Mt. 28:19

Are you looking to deepen your faith and share it with others including the next generation? Consider answering Christ's call to be a volunteer Catechist or Catechist Aide with PREP; Adult Core Team Leader or Peer Leader with Confirmation; or accompany adults on their OCIA journey! If you have a heart for Jesus, and for spreading the Good News to children, teens, or adults please contact Debra Evans, Director of Religious Education and Sacrament Preparation by email at religiouseducationvc@gmail.com, or by phone/text (703) 582-9888. We welcome your interest and participation.



Called to Renew Update for July 2024

Visitation Church Goal: \$590.000

Pledged: \$902,200.00

Total Paid: \$328,664.96

CALLED TO RENEW "It is not how much you give, but how much love you put into giving." - St. Theresa of Calcutta

To pledge/ donate please go to: https://calledtorenew.org/parishes/visitation

Questions about your pledge?

Our Family | Our Parish | Our Community

Need to update payment information?

Please contact Called to Renew Campaign Office Phone: (213) 637-7555 (select option 1) for Pledge Fulfillment Specialists or Email: CTRFulfillment@la-archdiocese.org

If you are interested in paying your pledge via stock, please visit https://lacatholics.org/stock



Beyond the Ordinary, A Yearly **Appeal Like No Other**

Together in Mission exclusively supports the most impoverished parishes and schools in the Archdiocese of Los Angeles. This unique annual appeal is an opportunity for people to join in action as one united family imitating Christ. Join us in celebrating the generational support that has sustained Catholic communities for over 30 years.

Visitation Parish Goal: \$59,133.00		
Amount Pledge: \$52,790.00		89.3%
Amount Paid: \$47,024.27		79.5%
ver (under) Goal vs Amount Paid	(\$12,108.73)	-20.5%

The Archdiocese of Los Angeles Office of Annual Appeals 6th Floor 3424 Wilshire Blvd. Los Angeles, CA 90010

Why do we do that? **Catholic Life Explained**

CONFESSION

QUESTION:

If God knows everything we do, why do we need to go to Confession?

ANSWER:

Another term for the Sacrament of Confession is the Sacrament of Reconciliation. We go to this sacrament not only to confess our sins, but to be reconciled with God. Of course, this begs the question, "If I can pray to God on my own, why can't l be reconciled to God on my own?" In the seven sacraments, we recognize the importance of community. Sacraments like baptism or matrimony happen in the context of the wider church to remind us of the communal impact of our lives. We are not alone in our walk of faith!

We don't need to confess our sins in front of the whole community - thank God! But going to the Sacrament of Reconciliation is a tangible reminder that our sins affect not only ourselves and our relationship with God, but others as well. Jesus gave his Apostles authority to forgive sins in his name. Through this sacrament, we are really, truly forgiven by God Himself. We receive an outpouring of grace and strength to sin no more and our relationship with Christ and his Body, the Church, are restored.

Prayer

God, fill me up with love for Jesus. Amen.

Mission for the Week

If you believe in Jesus, you can look forward to heaven one day.

Read Revelation 21:3-7 with your family. Heaven will be wonderful!

Sharing the Gospel

Just one day earlier, Jesus multiplied five loaves of bread and two fish to feed over five thousand people. In today's Gospel, some of those people came looking for Jesus, hoping to get another free lunch. They didn't understand that Jesus wants all people to believe in him.

Through faith in Jesus, you can live forever. In heaven you will never be hungry or thirsty again.

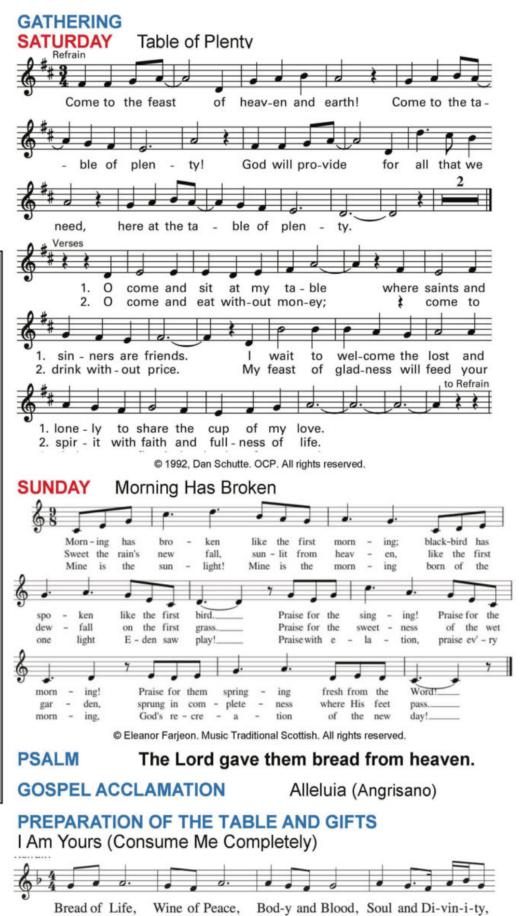
Now color the picture!

Unscramble words from today's Gospel:

FOOD THIRSTY MIRACLE		LIFE HUNGRY COMES
fodo	<u>f o o d</u>	
mricael		
mnana		-
berad		-
lfie		
cmose		-
hnurgy		
fatih		-
thritys		







APOSTLES CREED

I believe in God. the Father Almighty. Creator of heaven and earth. and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit. born of the Virgin Mary, suffered under Pontius Pilate. was crucified. died and was buried: He descended into hell: on the third day He rose again from the dead: He ascended into heaven. and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints. the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

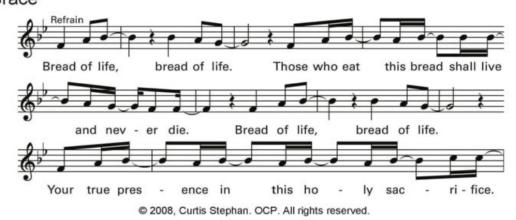
MASS PARTS

MASS OF RENEWAL



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COMMUNION Miracle of Grace



Church of the Visitation - Los Angeles, 90045

SENDING SATURDAY



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Visitation Church, Los Angeles, CA

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MERCY BAGS FOR ST MARGARET'S CENTER

One way we are answering the call to serve the poor at Visitation, is to assist St. Margaret's Center in providing hygiene bags for the homeless and working poor that they serve.

Please consider contributing 3-5 Mercy Bags that you assemble at home and bring to church on the designated

weekend. CVS and Ralphs each have a travel section with inexpensive kits and products to choose from. Below is the recommended content list from St. Margaret's for the most needed items. Use a large Ziplock for the contents of each Mercy Bag.



- Soap or Body Wash
- Shampoo and Conditioner
- Deodorant
- Body Lotion

- Razor and Shaving Cream
- Toothbrush and Toothpaste
- Socks (Unisex tube socks)
- Comb
- Chapstick

HOW CAN YOU HELP?

Assemble 3-5 Mercy bags into Gallon Ziplocks at home with your family

Bring your Mercy Bags to the back of the church the weekend of August 11th

Consider making an extra bag or two to keep in your car to give to someone in need.

Contact Dan Smith if you have access to large amounts of these products for donation. dsmithwestchester@gmail.com

CHURCH OF THE VISITATION

Westchester, CA <u>www.visitation-la.com</u> 310.216.1145